

X-Ray Computed Tomography: A Novel Non-Invasive Approach for the
2 Detection of Microplastics in Sediments?

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8 **Highlights**

- A new application of Computed Tomography (CT) in microplastics research is
10 proposed
- CT scans reveal non-invasive study of microplastics in sediments could be
12 possible
- Larger microplastics in artificial cores were all digitally recovered and isolated
- Scans of natural River Thames cores show data on sediment structure lost by
14 other methods

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22 **Abstract**

As a non-invasive imaging technique, this study explores the application of
24 Computed Tomography (CT) in microplastics research, assessing its potential to
distinguish different types and sizes of microplastics (polypropylene, polyethylene
26 terephthalate, polyethylene, and polyvinyl chloride) from homogenised river-
estuarine sediment. When layered in artificial sediment cores, all microplastic types
28 could be observed by CT imagery with good contrast. Large microplastics (4 mm
diameter) were detectable when distributed randomly amongst the sediment (spiked
30 cores with sufficient difference in X-ray attenuation (based on image gray level
intensity) to allow segmentation between type. Due to limitations on scan resolution,
32 smaller microplastics ($\leq 125 \mu\text{m}$ diameter) could not be detected. Scans of two
sediment cores from an urban tributary of the river Thames (UK) revealed two
34 distinctive sediment structures which could influence microplastic accumulation. This
information would be lost using conventional density-based separation procedures.
36 Although more work is needed, this study presents a novel application of CT that
could enhance microplastics research.

38 **Keywords**

X-ray Computed Tomography, polymer, sediment core, microplastic pollution, image
40 analysis, River Thames

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1 Introduction

46 Microplastics have repeatedly been found within aquatic sediments around the globe
over the past twenty years, such that it is now generally agreed that microplastics
48 are ubiquitous within these environments (Thompson 2004, Barnes *et al.* 2009,
Andrady 2017, Rochman 2018). Frequent interaction with microplastics by aquatic
50 organisms has been found to cause possible biological effects, ranging from physical
abrasions and internal blockages to toxicity from xenobiotics (including plastics
52 acting as vectors for persistent organic pollutants- or POPs, when ingested) (Teuten
et al. 2009, Wright *et al.* 2013). However, the consequences of microplastic
54 pollutants remain poorly understood, and often contested (Jovanović 2017;
Triebkorn *et al.* 2018; Windsor *et al.* 2019).

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To tackle the microplastics problem effectively, significantly more data is required to
58 elucidate the behaviour of these pollutants. A key component of this is to understand
when and how microplastics are transported or stored in aquatic bed sediments
60 between microplastic sources and their sinks. Analysis of sediment cores has
previously revealed the existence of historical microplastic accumulation records as
62 well as the effects of urbanisation on vertical abundance of microplastic particles
(Carson *et al.* 2011; Li *et al.* 2020, Lloret *et al.* 2021).

64

At present, the majority of studies utilise an invasive density separation stage to
66 recover microplastic particles. This involves the agitation of the sample with a heavy
liquid (often NaCl or ZnCl₂) of a density that causes microplastic particles to float to
68 the surface while sediments settle out (Mohamed Nor & Obbard 2014, Nuelle *et al.*

2014, Coppock *et al.* 2017, Hurley *et al.* 2018). Further stages to improve abundance
70 estimations are often used, including the use of additional density separations and
the digestion of organic matter in the samples, yielding microplastic recovery rates of
72 between 55% and 99% depending on the exact methodology followed (Hidalgo-Ruz
et al. 2012, Nuelle *et al.* 2014, Miller *et al.* 2017, Hurley *et al.* 2018). Suspected
74 microplastic particles can also be chemically characterised using analytical
techniques such as Fourier-transform infrared spectroscopy (FT-IR) and Raman
76 spectroscopy to improve the accuracy of estimations (Hidalgo-Ruz *et al.* 2012,
Lusher *et al.* 2016). Density separation steps rely upon the destruction of the
78 sediment structure to extract microplastic particles and yield a low vertical resolution
of microplastic abundance, making it difficult to develop a precise understanding of
80 microplastic storage and transfer in sediments.

82 X-ray Computed Tomography (CT) is a three-dimensional non-destructive imaging
technique, which could in theory allow for the non-invasive identification of
84 microplastics in situ from sediment samples (Mooney 2006, Taina *et al.* 2008). Using
X-ray imaging, grayscale images of samples can be produced based upon the the X-
86 ray attenuation of different materials (as determined primarily by bulk density and
electron density) (Heeraman *et al.* 1997, Wildenschild *et al.* 2002, Helliwell *et al.*
88 2013). In CT, a series of 2D X-ray projection images are collected of the sample as it
undergoes a 360° rotation. These images are then computationally reconstructed to
90 yield a 3D volumetric data output, with different materials represented by different
image gray level values. In general, low-density materials appear dark (low gray
92 level) and high density materials appear lighter (high gray level). More

comprehensive descriptions of the fundamental principles of CT operation can be
94 found within Wildenschild *et al.* (2002) and Mooney *et al.* (2012).

96 Over the past two decades, CT imaging has been increasingly used in soil and plant
sciences to investigate soil characteristics and biophysical interactions at sub-
98 micrometre scale (Heeraman *et al.* 1997, Mooney 2006, Schrader *et al.* 2007, Taina
et al. 2008, Helliwell *et al.* 2013). Despite significant technological advances, few
100 studies have applied the technique to the investigation of microplastic particles and
their environmental interactions. CT images have been used to investigate the shape
102 and structure of microplastic particles in sediments of Hiroshima Bay (Sagawa *et al.*
2018), and the technique has been paired with neutron tomography to investigate
104 microplastics in an artificial sand core (Tötzke *et al.* 2021). In this current study, the
utility of CT was explored as a novel technique for the non-destructive analysis of
106 microplastics in river sediments.

108 The aims of this investigation were threefold:

- 110 1) Identify whether CT imaging could distinguish between layers of plastics and
layers of river sediments in artificial cores (known as layered cores).
- 112 2) Assess microplastic recovery rates using artificial river sediment cores that
were spiked with a known quantity of microplastic particles (known as spiked
cores).
- 114 3) Establish whether the technique could be applied to real-world samples, using
two sediment cores that were obtained from a tributary of the River Thames,
116 UK (cores UT3C and UT3F).

2 Materials and Methods

118 2.1 Sample Preparation

120 A total of four artificial cores for each core type (layered cores and spiked cores)
122 were created in PVC-U tubes by packing with a stock of homogenised intertidal
foreshore sediment (clay 20%, silt 44% and fine sand 34%) collected from a site
124 adjacent to Purfleet (51°29'04.98"N, 000°13'37.96"E) on the river Thames estuary,
UK (Vane *et al.*, 2015). Each of the four cores for both types were spiked with a
126 different plastic polymer to test the influence of plastic type on recoverability. Four
types of primary microplastic were purchased from Sigma Aldrich in February 2022
to develop both types of experimental core. These were polypropylene, polyethylene
terephthalate (PET), polyethylene, and polyvinyl chloride (PVC). These polymers
128 were chosen because they were the four most in demand polymers in Europe in
2021, and were therefore likely to be abundant types of microplastic in the
130 environment (Plastics Europe 2021). The polymers also covered a range of bulk and
electron densities (Table 1) which were hypothesised to have an impact on x-ray
132 attenuation.

134 To simultaneously investigate the effect of microplastic size on recoverability, the
microplastics were selected so that two size categories could be compared: 'large'
136 microplastics (~ 4 mm in diameter), and 'small' microplastics (~125 µm in diameter).
Polypropylene and PET represented large-sized microplastics, while polyethylene
138 and PVC represented small-sized microplastics.

140 The first experimental cores (layered cores) were designed to assess the ability of
the CT scanner to detect plastic particles compared to sediment particles. It was also
142 envisaged this would ascertain whether it was possible to distinguish between
individual microplastic particles contained in a layer. Sediment layers were alternated
144 with three microplastic layers, aiming to have the thickest layer of microplastics at
the bottom of the core, getting progressively thinner up the core (bottom layer 1-2 cm
146 thick, middle layer ~0.5 cm thick, and top layer ~1-2 particles thick), although this
was more difficult to attain for the smaller microplastics (Fig. 1). These layered cores
148 were compiled in small cores of 2.5 cm diameter and 7.5 cm height.

150 The second suite of experimental cores were designed to mimic real-world urban
river samples by spiking 200 g wet mass of sediment with known quantities of
152 microplastic, which were then randomly mixed to make spiked sediment cores of 5.5
cm diameter and 6 cm height (Fig. 1). For cores containing granular microplastics, a
154 total of 70 particles were added, similar concentrations to those found by Horton *et al.* (2017) across several River Thames tributaries (UK), and Willis *et al.* (2017) in
156 the Derwent estuary (Tasmania, Australia). For cores containing microplastic
powders, 0.5 g of microplastics were added since particles could not easily be
158 counted.

160 Two sediment gravity cores were obtained at low tide in February 2022 along a
transect of Barking Creek, a tributary of the River Thames (London, UK). Core UT3C
162 was directly extracted from Barking Creek adjacent to Beckton Creekside salt marsh,
spanning a depth of 0-30 cm (51° 31' 27.5" N, 00° 05' 33.2" E). Core UT3F was

164 taken from the edge of the salt marsh, 35 m landward of UT3C and spanning a depth
of 30-60 cm (51° 31' 27.0" N, 00° 05' 31.5" E). At each site, a polycarbonate tube
166 fitted with a stainless-steel basket catcher was driven into the exposed sediment to
recover core material (Vane *et al.* 2007). Cores were contained in the tubes and
168 sealed for transportation to the laboratory, where they were refrigerated until
analysis. These cores were collected as part of a wider evaluation of microplastics in
170 Thames sediments and are included here to represent two urban environments
namely, urban tributary and salt marsh, where microplastics are thought to
172 accumulate.

174 **2.2 Scanning**

Layered cores were scanned using a Phoenix Nanotom 180NF (GE Sensing &
176 Inspection Technologies GmbH, Wunstorf, Germany) fitted with a 5-megapixel (2316
× 2316 pixels) flat panel detector (Hamamatsu Photonics KK, Shizuoka, Japan) at
178 13.1 µm resolution. The scans consisted of collecting 2160 projection images over a
360 rotation of the sample using an X-ray tube energy, current and detector
180 exposure time of 85 kV, 160 µA and 750 ms, respectively. Scans were made in FAST
mode where the sample rotates continuously without the use of any projection image
182 integration (i.e. single image per projection).

184 All other cores were scanned using a v|tome|x M 240 kV scanner (GE Sensing &
Inspection Technologies GmbH, Wunstorf, Germany), fitted with a DXR-250 flat
186 panel detector (2014x2014) at 35 µm resolution. The scans consisted of collecting
2400 projection images over a 360° rotation of the sample using an X-ray tube

188 energy, current and detector exposure time of 140 kV, 200 μ A and 250 ms,
respectively. Each projection image was the integration of two images. The scanner
190 detector shift option was used to suppress the occurrence of ring artefacts in the
reconstructed data.

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3 Results

3.1 Layered Cores

Reconstructed 3D images of layered cores revealed that it was possible to identify all
196 layers of microplastic particles within the sediment (see Fig. 2 for example 2D image
slices). The microplastics had average gray level values that were consistent for
198 different particles of the same polymer type, reliably representing the true sizes and
shapes of each microplastic type. Most microplastics had a uniform colour
200 throughout, although polypropylene particles were found to have dark void-like
regions in the centre of the particles. These voids are likely a result of the
202 manufacturing process, as a cloudy region could be seen in the centre of each
(otherwise colourless) polypropylene particle upon visual inspection.

204

The average gray level value varied between plastic types, indicating that both the
206 bulk density and atomic number of the plastic material are important properties to
consider when using CT for microplastics analysis (Fig. 3). The average gray level
208 value of polyethylene and polypropylene were most similar, and the two plastics
were also most similar in terms of bulk density and atomic mass. However, there
210 was sufficient and consistent contrast between all plastic types and other materials in

the cores, indicating that it may be possible to use gray level values to uniquely
212 identify each polymer type within a sediment core.

214 **3.2 Spiked cores**

Larger microplastic particles of 4 mm diameter (PET and polypropylene) were easily
216 recognised in scan images of spiked cores with a clear contrast between
microplastic particles and background sediments (Fig 4).

218

To quantify the number of particles in each core and their approximate volumes, the
220 3D CT images were further processed using VG StudioMAX© v2.2.5 (Volume
Graphics GmbH, Heidelberg, Germany). The gray level values for each scan were
222 first normalised by remapping the background 'air' and the column wall to 10000 and
20000, respectively. Microplastic particles were then segmented in 3D to a 'region-
224 of-interest' from the sediment based on their average gray level. The defect analysis
tool was then used to quantify the volume of the particles using the region-of-interest
226 as a mask for each polymer type (Fig 5). Using these detailed reconstructed 3D
images, all 70 microplastic particles could be isolated from other particle types in the
228 cores, based first on the gray level colour of the particles, and then by individual
particle shape and volume. Individual polypropylene particles had a mapped volume
230 of between 23 mm³ and 26 mm³, while PET particles had a mapped volume of
between 15.5 mm³ and 16.5 mm³. *Craig is working on obtaining actual values
232 (these are my estimates from the figures, he is on leave over Easter)*

234 Plastic particles could not be confidently identified in the spiked cores containing the
small 125 μm microplastics (polyethylene and PVC), despite their detectability in the
236 layered cores (seen in Fig. 2). Scan resolution of these images (35 μm) meant that
individual microplastics were represented in images by 3.6 pixels, making it
238 challenging to unequivocally identify microplastic particles as discrete objects
amongst the background sediments in these cores.

240

3.3 Environmental Samples

242 Imaging of environmental samples revealed two distinct cores in terms of sediment
structure (Fig. 6). Core UT3C from Beckton Creek contained few large particles
244 except for the base of the core, and the sediment structure became increasingly
fractured towards the surface. In contrast, core UT3F from the edge of the salt marsh
246 had a clear layering of sediments and contained multiple large particles and root
networks. A range of particle types were visible in the imagery, but it was not yet
248 possible to confidently differentiate microplastic particles from others.

4 Discussion

All four microplastic materials were distinguished from background sediments as well
252 as other plastic types in experimentally layered cores, and the same was true for the
larger microplastic particles in spiked cores. This suggests that it may be possible to
254 uniquely identify different plastic polymer types and isolate them from other particle
types using CT imaging, and therefore use the technique to detect plastic pollution in
256 natural sediment cores. This technique would offer several advantages over other
more invasive microplastics analysis techniques currently in use.

260 Firstly, samples do not require complex preparation or involve the use of (often) expensive and harmful laboratory chemicals over several stages to extract the microplastics (Claessens *et al.* 2013, Coppock *et al.* 2017), although it is noted that the CT instrumentation itself is costly. The microplastics would also not be at risk of degradation from floatation or digestion medias (Lusher *et al.* 2016), and quantification was not significantly affected by the presence of fine sediments (Constant *et al.* 2021, Nava & Leoni 2021). Additionally, the use of CT imaging significantly reduces the occurrence of background/user microplastic contamination compared to invasive techniques, as the samples remain sealed following their collection (Hidalgo-Ruz *et al.* 2012, Fries *et al.* 2013).

270 More research is, however, required to refine the technique before it can be considered a viable practice for identifying microplastics in environmental cores such as UT3C and UT3F. For example, smaller microplastic particles could not be identified when they were randomly distributed in the experimentally spikes cores due to the scan resolution and the increased vulnerability to partial volume effects as a result. CT imaging could therefore be optimal for investigating larger microplastics and mesoplastics, although exact boundaries need to be established. Scale will be particularly important to consider if CT imaging is to be used for the quantification of microplastic fibres- a microplastic shape that is notoriously difficult to accurately identify using existing methods, and often overestimated in studies relying solely on visual identification (Fischer *et al.* 2016, Lusher *et al.* 2016).

282 It could also be argued that the larger microplastic particles were only identifiable in
the spiked cores because the particles were homogenous in shape and colour which
284 made them easy to isolate from the background sediment matrix. However,
identification of microplastic particles was not only possible through visual
286 examination, but they could also be reliably digitally isolated from other particle types
using a threshold volume software by specifying the gray level colour range of the
288 desired plastic. Since the microplastics were also at environmentally relevant
concentrations, this means that the spiked cores were able to demonstrate a
290 promising proof of concept for the use of CT imaging in sediment microplastic
analysis. Further work could seek to isolate a range of microplastic types, shapes,
292 and sizes within the same core to minimise the effect of particle homogeneity.

294 If successful, it may be possible to develop a reference library database of polymer
gray values that can be calibrated between instruments using reference materials,
296 enabling the user to digitally quantify different types of microplastic particles.
Polymer matching libraries have been established in the past for vibrational
298 spectroscopic techniques, so could likely be produced for CT imaging (Primpke *et al.*
2018, Cowger *et al.* 2021, De Frond *et al.* 2021). It could also be possible to apply
300 deep-machine learning approaches to differentiate between plastics and other
material types in cores; there already exist AI segmentation tools to map root
302 networks in soil cores (e.g. Soltaninejad *et al.* 2020, Tötzke *et al.* 2021, Griffiths *et al.*
2022). The retraining of such algorithms to map microplastics would be a feasible
304 first approach at applying CT deep learning to the study of microplastics.

306 Of course, as with existing floatation and spectroscopic techniques, it may be
possible that other naturally occurring particles have similar attenuation properties to
308 microplastics, or that significantly degraded plastics no longer have the same
properties as a virgin polymer, leading to misidentification (Morét-Ferguson *et al.*
310 2010, Imhof *et al.* 2012, Fischer *et al.* 2016, Lusher *et al.* 2016). Repeated imaging
of a wide range of polymers at variable degrees of degradation could aim to resolve
312 this. Neutron tomography has also been suggested as a complementary technique
that may improve identification accuracy, since neutrons are strongly attenuated by
314 plastics and not by sediments and therefore have high visibility in the imagery
(Tötzke *et al.* 2021).

316

CT imaging could also prove a valuable complementary analysis tool to be used
318 alongside established techniques. The examination of the environmental cores using
CT in this study revealed a detailed sediment structure which would not have been
320 preserved using current microplastic analysis techniques. These structures could
prove to be a key factor influencing the storage of microplastics in different
322 sediments, and therefore their analysis is important. In addition, CT could prove
useful for investigating interactions between large microplastics and their
324 environment. For example, artificial sediment cores spiked with a known type and
quantity of large microplastic could be used to simulate relationships between
326 microplastics, sediment microstructure, vegetation, and other interactions which
could then be deciphered through CT imaging.

328

330 **5 Concluding Remarks**

332 This study confirms that CT imaging can distinguish between microplastic particles
and sediments. While further work is needed to make it a robust reproducible
screening technique for the investigation of microplastics in environmental samples,
334 this is an important early step in the use of CT within the field. It presents an
opportunity for the non-invasive detection of microplastics in sediments and has
336 several other advantages over existing techniques.

338 It was found that the technique could be used for investigating the relationships
between larger microplastics, sediment microstructure and other relationships, by
340 simulating natural sediment cores that are spiked with microplastics of a known
polymer material and morphology. Further research could enable the technique to be
342 applied to environmental samples, quantifying the number and types of microplastics
without needing to destroy the sediment structure, spend consumables in the lab, or
344 risk modifying the particle chemistry. Deep machine learning could also be
developed from existing algorithms to map microplastics in cores, significantly
346 improving the speed at which samples can be processed. Alternatively, it could also
be used as a complementary technique to existing microplastic quantification
348 methods where details of the sediment structure would provide a more holistic view
of the data. In each case, CT imaging offers a promising opportunity to improve
350 understanding of microplastic storage, interaction and transfers within sediments.

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