Direct monitoring is revealing how submarine turbidity currents work

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20 Abstract

- 21 Seafloor sediment flows called turbidity currents form the largest sediment accumulations,
- deepest canyons, and longest channels on Earth. It was once thought that turbidity currents
- 23 were impractical to measure in action, especially due to their ability to damage sensors in
- 24 their path. However, recent studies successfully monitored turbidity currents in detail, and
- 25 this review summarises resulting major advances in knowledge. Monitoring identifies new
- triggering mechanisms from dilute river-plumes, and shows how rapid sediment
- accumulation may precondition slope failure, but that the final triggers may be delayed and
- subtle. Turbidity currents are consistently more frequent than predicted by past models,
- 29 including at sites located >300 km from any coast. Faster ($> \sim 1.5$ m/s) flows are driven by a
- dense near-bed layer at their front, whilst slower flows are entirely dilute. This frontal layer
- 31 sometimes erodes very large volumes of sediment, yet maintains a near-uniform speed,
- 32 leading to a new model of behaviour. Monitoring shows how flows sculpt canyons and
- channels via extremely fast-moving knickpoints, and how deposits originate. Emerging
- 34 technologies can now underpin widespread monitoring of turbidity currents, with lower costs

35 and risks, so that sediment and carbon fluxes due to turbidity currents can compare to other 36 major global transport processes. 37 38 Introduction 39 40 Turbidity currents are mixtures of sediment and water that travel downslope because they are 41 denser than the surrounding water [1]. They are fascinating due to their prodigious scale and 42 power (Fig. 1; Supplementary Table 1). For example, a turbidity current that broke all 43 telecommunication cables across the NW Atlantic in 1929 had a sediment volume of about 44 200 km³ [2,3], which is ~30 times the global annual sediment flux from all rivers, and bigger 45 than the largest subaerial landslide in the last 350,000 years (Fig 1b; Supplementary Table 1). 46 These cable breaks showed the 1929 flow travelled at speeds of up to 19 m/s and ran out for 47 over 800 km (Fig. 1a) [2,3]. In 2020, turbidity currents initiated at the mouth of the Congo 48 River travelled for > 1,100 km through the Congo Submarine Canyon offshore West Africa 49 [4] (Fig. 1a). These flows accelerated from 5 to 8 m/s and eroded ~2.65 km³ of sediment (Fig. 50 1b). They broke both seabed telecommunication cables to West Africa, causing the internet to 51 slow from Nigeria to South Africa, just when capacity was most needed during Covid-19 52 related lockdowns [4,5]. 53 54 Turbidity currents have wider importance for many reasons. As shown by the 1929 NW 55 Atlantic and 2020 Congo Canyon flows, turbidity currents commonly break networks of 56 seabed telecommunication cables [2-7] that now carry over 99% of global intercontinental 57 data traffic, as they have much greater bandwidth than satellites [7]. These cables form the 58 backbone of the internet, and they are critical for many aspects of our daily lives, from 59 intercontinental phone traffic to financial markets and cloud data storage [7]. Turbidity 60 currents also play an important role in transfer and burial of fresh organic carbon in marine 61 sediments, which remove CO₂ from the atmosphere, regulating climate over geologic time 62 scales [8-10] (Fig. 2b,c). It was once thought that terrestrial organic carbon supplied to the 63 oceans was mainly oxidized on continental shelves [11-13], and turbidity currents were 64 omitted from analyses of global carbon cycles [11-13]. However, recent work suggests burial

of terrestrial organic via turbidity currents can be highly efficient [8,9], and global estimates

of organic carbon burial in marine sediments may thus need to be revisited (Fig. 2b) [14].

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68 Organic carbon is also the basis for all non-chemosynthetic marine food webs, and turbidity 69 currents may thus play a key role in functioning of seabed ecosystems [15,16]. Rapid and 70 sustained deposition of organic-carbon-rich sediment by turbidity currents can also favour 71 chemosynthetic communities [16], whilst sometimes extremely powerful flows may scour 72 life from the seafloor [5,17]. Turbidity currents and their carbon transport are linked to 73 human activities, as they can be generated by seabed trawling [18], or transfer microplastics 74 and other pollutants into the deep-sea [19]. Turbidity current deposits (called turbidites) also 75 provide a record of Earth history. This potentially includes long-term and therefore valuable 76 records of other important geohazards such as major earthquakes [20-22], or river-floods [4]; 77 although it can be very challenging to infer the triggering mechanism for an ancient turbidite 78 with confidence. Thick and extensive turbidite deposits in the rock record also host major oil 79 and gas reserves in many locations worldwide [23]. 80 Major advances in understanding have previously been made using analyses of rock outcrops, 81 82 seabed cores, and turbidity currents within laboratory experiments or numerical models [e.g. 83 1,24-26]. But the most remarkable aspect of submarine turbidity currents is how few direct 84 measurements we previously had from these flows [27-31], ensuring that they were poorly 85 understood [32]. Indeed, it was once thought to be impractical [33] to measure turbidity 86 currents directly in the oceans, due to their location, infrequent occurrence, and ability to 87 badly damage (or entirely remove) sensors left in their path. 88 89 However, over the last decade or so, a series of ambitious projects have used new sensors and 90 methods to provide the first detailed measurements within submarine turbidity currents (Fig. 91 4). They have consistently used acoustic Doppler current profilers (ADCPs) mounted on 92 moorings (Fig. 4e) to measure flow velocity profiles at frequencies of seconds to minutes, 93 including at multiple places along the flow pathway [34-53]. Projects were initially 94 conducted in shallow (< 500m) water [38,39], where logistics are easier and costs lower, 95 before moving into deeper (up to 2 km) water [35-37], and then finally capturing extremely 96 large events that reach water depths of 4-5 km [4] (Fig. 4b-d). Direct flow monitoring has 97 been combined with detailed time-lapse mapping of the seabed [35,38,39,54], tracking of 98 heavy objects (Fig. 4f) [35,52], sediment traps inside the flow [41-42,51], and coring of 99 seabed deposits [50,51] to make significant advances in our understanding of how turbidity 100 currents work. These projects have not been without challenges and risks, such as needing to

recover broken moorings drifting across the ocean surface near the Congo Canyon before

their locator beacons stopped transmitting, all during a Covid-19 related lockdown [4,5], finding and recovering severed and buried cabled infrastructure [48], or when turbidity currents occurred only on the last days of field campaigns [50].

This paper is the story of what recent direct monitoring studies can tell us about these fascinating flows. It addresses some of the most fundamental questions about turbidity currents, which include: (1) How are turbidity currents caused, and how reliably do they record other major geohazards (e.g. earthquakes or floods)? (2) How frequent are turbidity currents, and what are the wider implications for organic carbon cycles (Fig. 2)? (3) What are turbidity currents: entirely dilute suspensions or driven by dense near-bed layers? (4) How do flows evolve and behave? (5) How do flows sculpt the seafloor, and (6) how are turbidity currents recorded by their deposits? It finishes with brief suggestions for key future work.

Causes of turbidity currents

Turbidity currents are caused by four general types of processes [55,56] (Fig. 5a). First, turbidity currents can form from disintegration of underwater landslides [3,55,56] that may have a variety of preconditioning factors (e.g. rapid sediment accumulation) and final triggers (e.g. earthquakes or repeated wave loading). Second, turbidity currents may originate via sediment-laden river discharge that is denser than seawater, and thus plunges to move along the seabed as a 'hyperpycnal flow' [58] (Fig. 5a), although such conditions are rare. Third, sediment settling from surface river plumes with much lower sediment concentrations than hyperpycnal flows may generate turbidity currents [39,58] (Fig. 5a). Fourth, turbidity currents can be initiated by oceanographic processes that transfer sediment to canyon heads, which may be located far from river mouths [27,55,56]. Oceanographic processes include storm waves and tides, or internal waves that move along density interfaces within the ocean (Fig. 5a) [27,55,56].

Recent direct monitoring shows that generation of turbidity currents by surface river plumes can occur at a far wider range of river mouths than once thought. It was previously believed that it only occurred when sediment concentrations in rivers exceeded 1 kg/m³. However, monitoring at Squamish Delta (Canada) showed that surface river plumes with sediment concentrations as low as 0.07 kg/m³ can generate frequent turbidity currents [39], sometimes even more frequently than landslide-triggered turbidity currents [59]. This means that a much

136 larger fraction of river mouths globally have the potential to cause turbidity currents [39]. 137 The exact mechanism by which turbidity currents originate below such dilute surface plumes 138 is still uncertain, but it may be linked to generation of mobile fluid-mud-like layers on the 139 seabed [39,47,48], or sediment trapping via estuarine circulation, or both [39]. 140 141 Direct monitoring also shows that turbidity currents are caused in many locations by a 142 combination of river floods and tidal cycles (Fig. 5b-d), representing both riverine and 143 oceanographic processes. At both Squamish Delta and nearby Fraser Delta in British 144 Columbia, Canada, turbidity current activity switches on above a threshold river discharge, 145 and turbidity currents tend to occur at spring low-tides that produce stronger offshore directed river plumes, in combination with easily remobilised seafloor mud layers [38,39,47,48]. 146 147 Timing of exceptionally large turbidity currents in Congo Canyon offshore West Africa 148 show they are associated with major (1-in-50-year) river floods (Fig. 5c). However, these 149 turbidity currents finally occurred several weeks to months after the Congo River's flood 150 peak (Fig. 5c), typically at spring tides [4] (Fig. 5d). 151 152 Thus, there may be significant time delays after river floods before the turbidity currents are 153 eventually triggered (Fig. 5b). Submarine canyon heads can act as sediment 'capacitors', 154 which are later discharged, often due to a rather minor external perturbation such as spring 155 tides (fig. 5d) [4,60]. For example, multiple huge canyon-flushing flows in Congo Canyon 156 occurred several weeks or months after a river flood peak (Fig. 5c) [4], and a similar pattern 157 is seen elsewhere, albeit with shorter delays. For example, a turbidity current occurred 2-3 158 days after a huge flood along the Gaoping River in Taiwan [6], whilst landslide-triggered 159 turbidity currents occurred hours after the flood peak at the Squamish Delta [61]. It appears 160 that sediment builds up and stays on the seabed, before a final, often subtle trigger [4,60,61] 161 (Fig. 5b). Such delays therefore complicate the relationship between the timing of major 162 external events (e.g. floods and earthquakes) and turbidity currents. Indeed, in a few cases, 163 direct measurements shows that turbidity currents may be triggered without any obvious 164 synchronous external trigger. A turbidity current that moved at 4-7 m/s and ran out for 50 km 165 in Monterey Canyon occurred on a day without a storm, river flood or earthquake [60]. 166 167 Triggers of 'canyon-flushing' events are especially important because it has been proposed 168 that deep-sea turbidites can record major earthquakes in some settings. If reliable, turbidite 169 paleo-seismology would be valuable, as these marine records can go back further in time than

almost all records on land [20-22]. However, care is needed as there are potential pitfalls. Earthquake triggered turbidites need to be distinguished reliably from turbidites triggered in many other ways, and we need to test whether all or only some major earthquakes trigger distinctive turbidity currents [21,22]. It has been proposed that only earthquakes produce synchronous turbidites over very extensive (>100 km) areas [20]. However, correlating individual turbidite layers over such distances is challenging, especially for ancient layers if uncertainties in radiocarbon dates are similar to earthquake recurrence intervals [20,22], and tropical cyclones also affect very large areas [22]. Turbidites with multiple fining-upward pulses have been linked to peaks in ground motion during earthquakes [20], but turbidity currents with multiple pulses can also be generated by river floods [36,37,46]. Repeated earthquake shaking may also potentially cause sediment to consolidate and become stronger in some locations [62]. However, significant advances have been made in 'testing the tests' for earthquake triggered turbidites, and understanding which sites are better suited for turbidite paleoseismology. For example, Howarth et al. [21] showed there was a consistent spatial relationship between earthquake ground motions during the 2016 Kaikōura earthquake and coseismic turbidites. McHugh et al. [63] also showed how the M_w 9 Tohoku-Oki earthquake offshore Japan in 2011 remobilised a layer of surface sediment that was just a few centimeters thick. Exceptionally well-dated turbidites in varved lakes can be correlated with confidence and provide compelling evidence for earthquake triggering [64].

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Direct monitoring also tests how turbidity currents may record major river floods [46,58]. At least offshore from the Congo River, a single river flood may produce a cluster of multiple turbidity currents in following years [4] (Fig. 5c). Direct monitoring of the Var system in the Mediterranean showed how (non-earthquake) landslides and floods may produce turbidity currents with multiple pulses, such that multi-pulsed deposits are not a unique criterion for identifying earthquake or flood triggering [46]. Finally, turbidites may provide important insights into how volcanic islands collapse [65], and whether this occurs in one or multiple stages, which is critically important for tsunami magnitude.

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Flow frequency and its wider implications

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Direct monitoring of turbidity currents has consistently found that turbidity currents are more frequent than previously expected (Fig. 3e; Supplementary Fig. 1), such as by sequence stratigraphic models [66] (Fig. 3c,d). These sequence stratigraphic models infer that most

modern turbidity current systems are inactive, and that activity is mainly restricted to periods of falling or low global sea-level (Fig. 3c) [66]. This is because post-glacial sea-level rise has flooded continental shelves, causing almost all submarine canyon-heads to become detached from river mouths (Fig. 3d), so that only ~180 of ~9,500 submarine canyons currently extend to within 6 km of shore [67,68].

However, direct monitoring now shows that modern-day turbidity current systems in a range of settings can be highly active. For example, over 100 turbidity currents occurred on

of settings can be highly active. For example, over 100 turbidity currents occurred on Squamish Pro-delta in Canada in ~3 months [38,39,59,61], whilst turbidity currents in the upper Congo Canyon lasted for over a week (Supplementary Fig. 1d) and are active ~30% of the time [36,37]. Turbidity currents occurred even in canyons fed by rocky shorelines that lack obvious sediment sources [43]. More powerful canyon-flushing turbidity currents may also be more frequent than once thought, as they can be linked to river floods with recurrence intervals of a few decades (Fig. 5c) [4], as well as major earthquakes with longer recurrence intervals [17]. Frequent and powerful flows were also measured outside of submarine canyons and channels. For example, dozens of flows occurred on the open-slope of the Fraser Pro-delta, some with velocities of > 6 m/s [47,48]. Most surprisingly, it was found that 4-6 powerful (5-8 m/s) flows occurred in Whittard Canyon each year, despite this canyon being >300 km from the nearest shoreline [69] (Supplementary Fig. 1a-c). Indeed, Whittard Canyon in the N.E. Atlantic is as active as Monterey Canyon in California, whose head is located tens of meters from the shoreline [15,35]. There are several thousand other 'shoreline-detached' canyons similar to Whittard Canyon [67,68], and this raises the question of their flow activity [69].

Direct monitoring is thus consistent with some previous studies that challenged prevailing models of dormant turbidity current systems during sea-level [e.g. 70] (Fig. 3d). Other lines of evidence than direct monitoring also suggest that turbidity currents may transfer sediment efficiently to the deep-sea, even when submarine canyon heads are not located within a few kilometers of river mouths (Fig. 3e). Prograding wedges of sediment (clinoforms) offshore from major rivers can reach canyon heads (Fig. 3e). This is the case for the huge Ganges-Brahmaputra River that alone supplies ~16% of all riverine sediment to the ocean [71] (Fig. 2d), with dated cores showing a submarine canyon-head some 130 km from the river mouth is highly active [72]. Oceanographic processes likely play a key role in producing these highly active turbidity current systems located far from river mouths. For example, waves

238 and tides may resuspend sediment and transport it efficiently across continental shelves to 239 submarine canyons [73], as documented by studies of the continental shelf offshore from the 240 Eel River that show 70-80% of sediment was lost over the shelf edge (Fig. 3e) [74]. 241 242 Thus, the present-day turbidity current 'pump' may be much more active than once thought 243 (Figs. 2 & 3e). This may have significant wider implications for transfer and burial of organic 244 carbon in the deep-sea [8,14], which affects atmospheric CO₂ levels and thus climate over 245 long (> 1,000 year) time scales [8,10,13,14]. Previous analyses of global carbon burial in the 246 oceans neglected the role of turbidity currents, assuming that terrestrial organic carbon 247 supplied by rivers was buried almost exclusively within deltas or continental shelves [11,12]. 248 Past studies also inferred most terrestrial organic carbon was remineralised on continental 249 shelves, as occurs offshore from the Amazon River [11,12, 75], such that the global burial 250 efficiency of terrestrial organic carbon in marine sediments was low (10-44%) [11-13]. 251 However, recent work suggested terrestrial organic burial by turbidity currents can be highly 252 efficient (>60-100%) in a wide range of settings 8,14]. They include the exceptionally large 253 Bengal Fan (Fig. 2d) [8], as well as fjords [76] and systems fed by small mountainous rivers 254 in Oceania [9]. This recently led to revised global estimates for mass-flux (~62-90 Mt C/yr) 255 and efficiency (31-45%) of terrestrial OC burial in marine sediments [14]. Photosynthesis in 256 the surface ocean produces a far greater (50,000 MtC/yr) amount of organic carbon [77], but 257 only 90-130 MtC/yr of that marine carbon is buried at the seabed (Fig. 2b) [10-14,77]. Thus, 258 burial flux of terrestrial organic carbon from turbidity currents approaches that due to settling from the surface ocean [14], although only marine carbon produced via photosynthesis in the 259 260 surface ocean will affect atmospheric pCO₂ and thus climate on shorter term (<100 yr) time 261 scales (Fig. 2c) [78]. 262 263 Almost all rivers would connect directly to submarine canyons during glacial low-stands 264 [67,68], so that global burial flux of terrestrial organic carbon will likely increase to >60-80% 265 [14]. This raises the possibility that terrestrial organic carbon burial by turbidity currents 266 varies systematically and substantially through glacial-interglacial cycles [79]. It is often 267 inferred that changes in surface ocean productivity further reduced atmospheric pCO₂ levels 268 during glacial periods [e.g. 78]. But more efficient terrestrial organic carbon burial by 269 turbidity currents could also have acted as a positive feedback to reduce atmospheric pCO₂ 270 levels during glacials, albeit over much longer (> 1,000 years) timescales [79]. Thus, the 271 magnitude of change in organic carbon burial flux via turbidity currents between glacial and

inter-glacial periods (~30-95 Mt/yr) can rival changes in global organic carbon burial proposed to drive other longer-term climate fluctuations [14]. For example, Li et al. [80] inferred comparable changes in global organic carbon burial flux (~90 Mt/yr) were an important positive feedback for global warming during the Neogene.

A more active turbidity current carbon pump may also have significant implications for seabed life, as organic carbon underpins most marine food webs [81]. Turbidity currents also physically disturb ecosystems by scouring the seabed, sometimes to depths of tens of meters, or by depositing thick sediment layers that smother ecosystems [17]. Rapid accumulation of organic-rich sediment can also lead to chemotrophic ecosystems resembling those around black smokers [82]. Thus, impacts of turbidity currents on marine life warrant further analysis.

Monitoring projects are also showing how human activities may trigger turbidity currents, and thus impact wide areas of the seafloor. For example, it has been shown how bottom trawling can both smooth (plough) the seabed, and initiate turbidity currents that travel down canyons [18]. This canyon-monitoring work built upon previous remarkably determined efforts to record how cold and dense water masses formed on continental shelves could sometimes cascade down submarine canyons [83]. It took almost a decade of research cruises to record these strong dense water cascades in action, but it showed how direct measurements can lead to major advances [83]. More recently, it is being shown how turbidity currents may disperse microplastic and other pollutants [19], or ventilate the deep ocean with warmer and more oxygenated water [84].

What turbidity currents comprise

There has long been controversy over what turbidity currents comprise [1,26,86-86]. This debate centres on whether they are entirely dilute and fully turbulent sediment suspensions, as for most rivers, or driven by dense near-bed layers that resemble debris flows [86]. This debate is not just in the detail; it is critical because the basic physics of dense or dilute sediment flows are very different, and there is a need to know what type of flow to model in the laboratory or numerically [86]. Geologists tried to answer this question by examining turbidite deposits, but the answer is often ambiguous, especially when deposits comprise massive or planar laminated sand (i.e. Bouma sequence divisions T_A and T_B) [86].

307 Detailed measurements from within turbidity currents thus play a key role in understanding 308 their internal nature (Fig. 6). They show the velocity structure of turbidity currents can differ 309 significantly from laboratory experiments, where a faster-moving body feeds a slower-310 moving head (Fig. 6b) [33]. Measurements from the Congo Canyon show that turbidity 311 currents instead comprise a fast-moving frontal zone ('frontal cell') that outruns a much 312 slower-moving body, leading to flow stretching [36,37] (Fig. 6a,b). Such stretching might 313 explain the surprising week-long duration of Congo Canyon flows (Fig. 6a). Elsewhere, sand-314 dominated turbidity currents also displayed a short-lived (< 30 min) frontal cell where 315 velocities are fastest (Fig. 6c), but these flows only lasted for minutes to hours (Fig. 6c; 316 Supplementary Fig. 1d) [34,35,41,45,46,50,53]. They lacked the sustained week-long body 317 seen in Congo Canyon flows (Fig. 5a), presumably because Congo Canyon flows contain 318 more mud that settles slowly [36,37]. 319 320 There is also mounting evidence that faster (>1.5 m/s) turbidity currents contain denser near-321 bed layers at their front, which drive the flow (Fig. 6) [35,38,40]. Multibeam echosounders 322 imaged denser near-bed layers at Squamish Delta (Canada) [38], but only in fast-moving 323 (>1.5 m/s) flows, although their exact sediment concentration is unknown. Transit (flow 324 front) velocities in Monterey Canyon were quicker than maximum velocities measured by 325 ADCPs (acoustic Doppler current profilers) inside the flow [35]. This was initially puzzling, 326 as the flow front must push through surrounding seawater that retards its progress. But 327 ADCPs typically do not measure within a few meters of the bed, and this suggest the 328 presence of a thin and fast layer near the bed [35]. Even more surprisingly, very heavy (up to 329 800 kg), dense (up to 6 g/cm³) and irregularly shaped objects (Fig. 4f) were carried for 330 several kilometres down Monterey Canyon at speeds of up to 4 m/s, comparable to maximum 331 flow speeds [35, 52]. These objects had different mass, densities and shapes, yet sometimes 332 moved together in lock step [35, 52]. Dense near-bed layers appear to have entombed and 333 rafted the heavy objects (Fig. 4f), and this is supported by a conductivity probe that dipped 334 close to the bed to record sediment volume concentrations of >11% [49]. Pope et al. [40] then 335 used an equation that predicts vertically-averaged sediment concentrations using 336 independently measured flow velocities and thicknesses, and a friction coefficient (Fig. 6c-e). 337 This Chezy-equation was applied to turbidity currents in Bute Inlet (Canada) to show that fast 338 (>1.5 m/s) flows were relatively dense $(>\sim10\%$ and up to 38% sediment volume; Fig. 6c), 339 whilst slower moving flows were entirely dilute (Fig. 6e; [40]). The dense parts of flows

carry most of the sediment and drive the overall event [40], and they are likely characterised by strongly damped turbulence and hindered settling, as well as grain-to-grain interactions.

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Additional strong evidence shows that slower moving flows are entirely dilute (Fig. 6e). For example, acoustic backscatter measurements from ADCPs can be used to derive sediment concentrations, after making some assumptions about grain sizes [36, 37]. This method concludes that the overlying sediment cloud and trailing body (Fig. 6a) typically has sediment concentrations of just 0.1 to 0.001% by volume in the Congo Canyon [37].

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Field evidence also supports a view that flows may evolve from having a dense near-bed layer to become entirely dilute and fully turbulent as they decelerate [35,40]. For example, dense near-bed layers were not observed by multibeam sonars in slower flows at Squamish Delta [38], and objects were not carried for such long distances at more distal sites in Monterey Canyon [35]. Pope et al. [40] used the Chezy-equation to show how flows evolved from having a dense frontal layer to being entirely dilute as they decelerated (Fig. 6c-e).

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Behaviour of turbidity currents

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Submarine turbidity currents have been compared to terrestrial river systems, such as in the way they produce meandering channels, but their behaviour differs in some fundamental regards [24]. Unlike rivers, turbidity currents are driven by the weight of sediment they carry, and density differences with surrounding seawater. Turbidity currents that erode the seabed can therefore become denser and faster, causing even more erosion and acceleration, producing a positive feedback termed 'ignition' (Fig. 7b) [25]. Alternatively, erosion and deposition of sediment may be balanced, such that turbidity currents maintain a uniform velocity and near equilibrium state (Fig. 7c) [4, 25]. Finally, deposition of sediment will reduce flow densities and thus velocity, leading to further sediment settling, such that flows dissipate (Fig. 7a).

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Direct monitoring measurements can now test these basic hypotheses for how turbidity currents behave. Detailed information on spatial changes in flow front speed is only available from a handful of sites, but these datasets show a remarkably consistent pattern (Fig. 7d) [4,40,87]. Flow behaviour tends to bifurcate, depending on initial velocities (Fig. 7d).

373 Initially faster-moving flows (>4-5 m/s) sustain near-uniform front velocities or gradually accelerate, and thus runout much further [4,87]. Flows that initially travel at slower speeds die out over much shorter distances (Fig. 7d) [4,87]. It is not yet clear why some flows (but not others) reach these higher initial speeds, but it could result from initial remobilisation of larger volumes of sediment, which then produces thicker and denser flows.

Three further key insights emerge from comparison of changes in flow speeds at different sites (Fig. 7d). First, previous theory predicts sediment grain size and settling velocity should have a strong impact on the threshold flow speed needed for either ignition or autosuspension [25]. However, a similar threshold speed (4-5 m/s) occurs in sand-dominated (Monterey Canyon) and mud-dominated (Congo Canyon) settings (Fig. 7d) [4,87]. The critical initial speed needed for ignition or autosuspension therefore appears to be independent of the settling velocity of individual grains, perhaps because faster flows have dense near-bed layers where grains interact and do not settle individually. Second, although initial front speeds are a good predictor of ignition-autosuspension, they are a poor predictor of runout distance, or depth and volume of erosion. For example, flows with speeds of 5-8 m/s in Congo Canyon ran out for > 1,100 km, and eroded a huge sediment volume, equivalent to 19-35% of the annual flux from all rivers [4], whilst flows travelling initially at similar speeds in Monterey Canyon ran out for >50 km, and caused little net erosion of the seabed (Fig. 7d) [35,52,87]. Third, although ignition may occur, it occurs gradually over long distances, and many flows tend towards a near-uniform front speed (Fig. 7d). Indeed, flows in the Congo Canyon combine elements of ignition (erosion of the seabed) and elements of autosuspension (near uniform flow front speeds) [4].

This has led to a new 'travelling wave' model (Fig. 7e) for how turbidity currents evolve, in which flows may be highly erosive (as for ignition) yet maintain near uniform speeds (as for autosuspension) [4,87]. In this model, the event is driven by a dense, partially liquefied, near-bed layer (travelling wave) at its front [4,87]. Erosion at the base of the dense layer, is balanced by sediment deposition or transfer into a trailing dilute sediment cloud, leading to near-uniform speeds (Fig. 7e). However, this model may not hold in unconfined settings, such as basin plains, where very long (up to 2,000 km) runouts on low gradients (0.05°) can occur without significant seabed erosion [86,88]. In such settings, slow settling cohesive mud may provide the flow's main driving force. Indeed, mud may form vast fluid-mud layers that only come to a halt and pond in bathymetric lows at the far end of deep-sea basins [86,89].

Observations in Monterey Canyon also point to the importance of seabed properties and processes of sediment entrainment for turbidity current behaviour [87]. One of 16 flows monitored in 2016-18 accelerated within the mid-canyon, and this was the only flow to occur in summer months [87]. It seems most likely that this summer event either entrained a seasonally developed weak mud-layer, or triggered local failure of the seabed, thereby causing anomalous mid-canyon acceleration [87]. Time-lapse mapping of the Congo Canyon also shows erosion of the seabed may be extremely patchy and localised on the canyon floor, even where flows speeds remain relatively uniform [4,5]. Local areas of deep (20-30 m) erosion are associated with waterfall-like features called knickpoints (Fig. 6). Indeed, cable break observations worldwide show sequences of cables breaking and surviving, suggesting uneven seabed erosion may be ubiquitous [4-6, 90]. It is not inevitable that a fast turbidity current will break a cable. Cables that break may be located close to knickpoints, whereas cables that survive are located away from knickpoints [4,5]. This could be tested by further time-lapse mapping. Understanding and predicting rates of seabed erosion are a remaining grand challenge, and it is critical for flow modelling, as patterns of erosion or deposition may control flow behaviour [91].

How turbidity currents sculpt the seabed

Repeat (time lapse) mapping of the seabed is also providing major new insights into how turbidity currents interact with the seabed [4, 17, 35, 38, 39, 43, 52, 57, 48, 54, 59, 92, 93]. It is also showing how turbidity currents may differ in key regards from terrestrial rivers [25]. For example, flows exist in one of two basic states; supercritical flow is thinner and faster, whilst subcritical flow is slower and thicker. A critical Froude number (Fr) separates supercritical (Fr > 1) from subcritical (Fr < 1) flow, with this Froude number being proportional to flow speed and inversely proportional to the density contrast between flow and surrounding medium [94-97]. Subcritical flow occurs in most terrestrial rivers and produces bedforms such as dunes and ripples that migrate down-slope. However, turbidity currents are more prone to supercritical flow than rivers, due to their lower density contrast with surrounding seawater, and often faster speeds [94-97]. There is indeed mounting evidence that supercritical turbidity currents are widespread on the seafloor [98]. Spectacular trains of up-slope migrating bedforms have been mapped on submarine canyon floors worldwide [35,38,39], on open continental slopes [98], and flanks of volcanoes [99]. Combined flow monitoring and time-lapse seabed mapping has shown how these up-slope

442 migrating bedforms are linked to instabilities in supercritical flows [38,50], termed cyclic 443 steps, which lead to repeated alternations of supercritical and subcritical flow separated by 444 hydraulic jumps [94-97]. 445 446 Time-lapse mapping is also showing how up-slope migrating knickpoints that are 10-30 m 447 high may dominate submarine channel-bend evolution (Supplementary Figure 2) [92]. 448 Knickpoints can occur in river channels. However, their submarine cousins can be much 449 faster moving and migrate for hundreds of meters or more each year, driven by overpassing 450 turbidity currents [92, 93]. Knickpoints in rivers are caused by external processes such as 451 fault-uplift, sea-level variation and changes in bedrock, but this is not normally the case for 452 submarine knickpoints that are formed by internal processes such as cyclic steps or seabed 453 loading and failure [92]. These seabed knickpoints excavate submarine channels, whilst 454 depositing sediment in adjacent downstream areas (Supplementary Fig. 2) [92]. Knickpoints 455 also play a key role in how sediment, organic carbon and pollutants may be shuffled in 456 multiple stages to the deep-sea [100]. 457 458 In meandering rivers, secondary (across-channel) flow at bends tends to sweep sediment 459 towards the inner-bank to form point bars [24]. However, vigorous debate has centred on 460 whether the secondary flow in turbidity currents occurs as in rivers, with near-bed flow 461 towards the inner-bank of a bend, or is reversed with near-bed flow towards the outer-bank 462 [24,101,102]. Flow monitoring at a bend in the Congo Canyon suggests that two secondary 463 flow cells occur, with near-bed flow sweeping sediment towards the outer bend [103]. But 464 knickpoint migration may be more important than secondary flow patterns for bend 465 evolution, at least in some settings (Supplementary Fig. 2) [92,100]. 466 467 Turbidity currents were first proposed to explain the origin of huge underwater canyons that 468 were discovered in the 1800s on ocean and lake floors [1,104,105]. Available time-lapse 469 mapping currently only extends for a few decades at most [92,106], but it is starting to help 470 understand how these canyons form. For example, time-lapse mapping of the Kaikōura 471 Canyon offshore Aotearoa New Zealand, before and after a major (M_w 7.8) earthquake in 472 2016, shows how the earthquake caused widespread failure of the canyon-rim and other areas 473 [17]. This produced a turbidity current that caused gravel waves to move down-canyon and eroded > 1 km³ of sediment, a volume that is 2-3 times the sediment entering the ocean 474 475 annually from Aotearoa rivers. This flow swept seabed life from a canyon that had one of the

highest benthic biomasses on Earth, and carried \sim 7 Mt of particulate organic carbon to the deep-sea [17]. Time-lapse mapping of the Congo Canyon revealed that turbidity currents eroded \sim 2.6 km³ of sediment in just one year, and flushed this sediment and associated organic carbon into the deep-sea [4]. These repeat surveys show how fresh organic carbon from river floods may be fast-tracked by turbidity currents, and explain how organic carbon burial by turbidity currents may be highly efficient (Fig. 2b,d; Fig. 3) [8]. Time-lapse studies have also showed how canyon-flank collapse may produce landslide-dams with implications for sediment and organic carbon transfer. A \sim 0.09 km³ canyon-flank landslide dammed the Congo Canyon, causing temporary storage of a further \sim 0.4 km³ of sediment with \sim 5 Mt of (mainly terrestrial) organic carbon [106]. The trapped sediment was up to 150 m thick, and extended >26 km up-canyon of the landslide-dam, and this dammed sediment is currently being eroded and gradually released [106].

Meter-scale resolution seabed surveys are being collected using autonomous underwater vehicles (AUVs) that fly at just a few tens of meters above the seabed, providing major new insights into how submarine channel and fan systems operate [35, 43, 52, 107-110]. Previous influential models of such systems assumed that channels bifurcated down-slope at their termination, to form a distributary network, in the same way that many rivers bifurcate to create deltas [111]. However, AUV mapping of submarine channel mouth terminations now show that only a single main channel is active, although there may be fields of scours and bedforms, as well as adjacent headless channels that fail to connect to the main channel [109]. This channel mouth geomorphology is radically different to that seen in laboratory experiments [112], and its significance for flow processes remains poorly understood.

Understanding how deposits are formed

Ancient turbidity current deposits (turbidites) form rock sequences in numerous locations worldwide, which can be kilometers thick, and accumulate over thousands to millions of years [111,113]. Geologists have proposed models for how flows and deposits are linked, based on this rock record, but such models are difficult to test without observing the flow itself [86]. Direct measurements from active flows are thus now being combined with analysis of seabed cores to directly show how parent flows are recorded by their deposits. These studies are producing major new insights, albeit only for processes operating over

rather short (days to a few years) time-scales, rather than longer term processes occurring over thousands of years.

For example, seabed cores were combined with time-lapse mapping and direct flow measurements to show how trains of cyclic step bedforms created by supercritical flows [38] are recorded in deposits [50]. It showed how individual flow deposits comprising mainly massive sand are linked to dense near-bed layers. Up-slope migration of single bedforms initially produced backstepping stratal geometries, yet they were then eroded by migration of subsequent bedforms with complex and offset crests to leave complex nested scours [50,114].

Time lapse mapping has also been used to understand completeness of turbidite deposits, and how much of initially deposited sediment is finally preserved in the rock record. For example, ~90 near-daily surveys spanning ~3 months [38] mapped patterns of erosion and deposition offshore Squamish Delta [115]. They show that only 11% of sediment originally deposited within channels was preserved, even on these very short (3 month) time scales [115]. Seabed cores in Monterey Canyon were combined with direct flow measurements, as well as moored traps that captured sediment from within the flow [51,81,98]. This work showed sand can be restricted to a few meters above the canyon floor, and internal tides occurring between turbidity currents stir up fine-mud, so that the fine-mud is poorly recorded in sand-dominated canyon floor cores [51]. Organic carbon may also be kept in suspension, such that it is underrepresented in seabed cores [81].

A puzzling feature of individual ancient turbidite beds is that they have a distinctly bimodal distribution of thickness and internal deposit types [116]. Thicker (>40 cm) beds tend to contain intervals of massive and planar laminated sand, whilst thin beds (<40 cm) tend to comprise only ripple cross-laminated sand and overlying mud [116]. Long distance mapping of individual turbidite deposits shows how flows may evolve from thick to thin beds, with a relatively sharp termination of massive and planar-laminated intervals [86,117]. Direct monitoring may now explain why turbidite deposits are bimodal [40]; faster flows contain a dense near-bed layer that can deposit massive and planar-laminated sand, whilst slower flows are entirely dilute and produce thinner turbidite deposits with cross-bedding (Fig. 6c,e) [40].

Future directions

There are now exciting opportunities to use direct monitoring data from turbidity currents to test computational or analytical flow models, design more realistic laboratory flume experiments, or understand deposits. Models and flume experiments need to simulate nearbed layers with high (10-30%) sediment concentrations in faster (>~1.5 m/s) flows. A key challenge is to develop a robust theoretical framework for how such hyper-concentrated layers behave, in which turbulence is damped strongly, grain settling is hindered, yet deposition occurs incrementally rather than en-masse. This framework would be comparable to that developed recently for even higher sediment concentration debris flows by Iverson and others [119], where en-masse deposition occurs.

This review is also a rally call for widespread global monitoring of turbidity currents, over longer timescales, and underpinned by a new generation of sensors that are deployed at significantly lower cost and risk. The current situation is broadly comparable to trying to understand how rivers work globally, using sporadic and incomplete monitoring from just ~10 sites, mainly smaller streams. We need to study locations where occurrence of turbidity currents would be more surprising, as shown by work in Whittard Canyon (Supplementary Figure 1) [69], or other types of system such as those with hyperpycnal flows.

A key issue is that moored sensors tend to be broken by faster (> 5m/s) turbidity currents [4, 118], such that other types of sensors are needed that can be placed outside the active flow, and thus out of harm's way. Seismic signals (ground shaking) [120] or acoustic noise [121] emitted by turbidity currents may underpin a new generation of sensors that remotely sense turbidity currents from a safe distance. Indeed, an exciting development is that submarine landslides may also be remotely sensed using seismic signals, at low cost, simultaneously over large ocean basins. Fan et al. [122] use such signals to infer that 75 of the 85 landslides that occurred in a 7-year period in the Gulf of Mexico were triggered by remote and sometimes moderate earthquakes, which were hundreds or even thousands of kilometers away [122]. Lower cost sensing systems are also needed that relay data back to base via surface floats and satellites, rather than being retrieved by expensive vessels [118]. Without these lower cost systems, we will only ever have funds to study just a few sites.

Currently, direct monitoring is good at measuring flow velocities (Fig. 6); yet the most important parameter may be the flow's sediment concentration and density, as this is what drives the flow [1], and determines sediment mass-flux. Future monitoring studies need to

- focus on how to measure sediment concentration in turbidity currents, as well as how flows
- erode the seabed, as mass-exchange with the bed often dominates overall flow behaviour
- [91]. Methods to constrain mass fluxes, together with a more global monitoring network,
- could then answer a remaining grand scientific challenge. This is to determine the global
- sediment and organic carbon fluxes carried by turbidity currents, and their fundamental
- controls, and therefore how these fluxes compare to other major global sediment and carbon
- pumps on Earth (Fig. 2a-c).

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PJT wrote the initial manuscript, with comments from all other authors. All authors played a

leading role in collection and analysis of direct flow monitoring data.

Competing Interests

The authors have no competing interests.

909 **Key Points**

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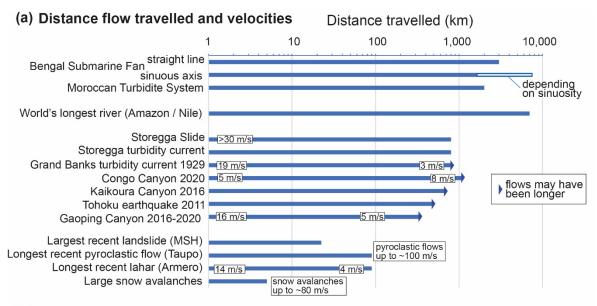
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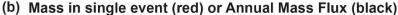
• It was once thought that submarine turbidity currents were impractical to monitor in action, but detailed monitoring is now possible, and it is revealing major new insights.

- Monitoring identifies new triggers for flows, such as from very dilute river plumes, and consistently shows turbidity currents are much more frequent than predicted by past (e.g. sequence stratigraphic) models.
- Due to turbidity currents, the global burial efficiency of terrestrial organic carbon (28-45%) in marine sediments is significantly higher than previous estimates, and even higher (> 60-80%) during glacial low-stands.
- Faster (> ~1.5 m/s) turbidity currents are driven by a dense (10-30% concentration) near-bed layer at their front, which needs inclusion in flow modelling, whilst slower flows are entirely dilute.
- This dense frontal layer sometimes erodes large sediment volumes (as for ignition), yet maintains a near-uniform speed (as for autosuspension), leading to a new (travelling wave) model for flow behaviour.
- Monitoring shows how flows sculpt canyons and channels via supercritical bedforms (cyclic steps) and extremely fast-moving knickpoints that are internally generated, and how deposits record flow processes (e.g. cyclic steps).

929 Glossary 930 931 Turbidity current: An underwater avalanche of sediment and water that is denser than the 932 surrounding water, and thus moves down-slope along the ocean or lake floor. 933 934 Turbidite: Layer of sand and mud that has settled out from a turbidity current to form a 935 deposit on the ocean or lake floor. 936 937 Ignition: Positive feedback leading to acceleration of a turbidity current due to seafloor 938 erosion that causes the flow to become even faster and denser, leading to more erosion. 939 940 Autosuspension: A near-equilibrium state that occurs when settling of sand and mud from a 941 turbidity current is balanced by seafloor erosion, leading to near uniform flow velocity. 942 943 Dissipation: Negative feedback loop leading to deceleration of a turbidity current, as settling 944 of sand and mud causes the flow to become less-dense and slower, causing further settling. 945 946 Acoustic Doppler current profiler (ADCP): Sensor emitting a sound-pulse that is scattered 947 from sand and mud particles within a turbidity current, which measures the speed of those 948 particles at different heights above the seabed to produce a velocity profile. 949 950 Frontal cell: The frontal part of faster-moving ($> \sim 1.5$ m/s) turbidity current that is faster 951 than the rest of the flow, and contains a near-bed layer with high sediment concentrations. 952 953 *Knickpoint*: An abrupt step in a submarine channel or canyon profile that resembles a water-954 fall. 955 Supercritical flow: Flows can exist in two basic states that are either thin-and-fast 956 957 ('supercritical') flow or thick-and-slow ('subcritical') flow, which are separated by a 958 hydraulic jump. 959 960 Submarine fan: A large-scale accumulation of sediment formed by turbidity currents that comprises a canyon, channel with levees, and lobe at the end of the channel. 961 962

963 Submarine canyon: A valley that is deeply incised into the seafloor through which turbidity 964 currents flow, which is much deeper than a submarine channel. 965 966 Submarine channel: A channel that is less deeply incised into the seafloor through which 967 turbidity currents flow, whose upraised flanks (called levees) may lie above the surrounding 968 seabed. 969 970 Levee: Upraised flanks of a submarine channel that lie above the surrounding seafloor, which 971 are formed by overspill of turbidity currents from the channel. 972 973 Lobe: Area that lies beyond the end of a submarine channel, where turbidity currents expand, 974 and which is often characterised by unusually rapid sediment deposition and scours. 975





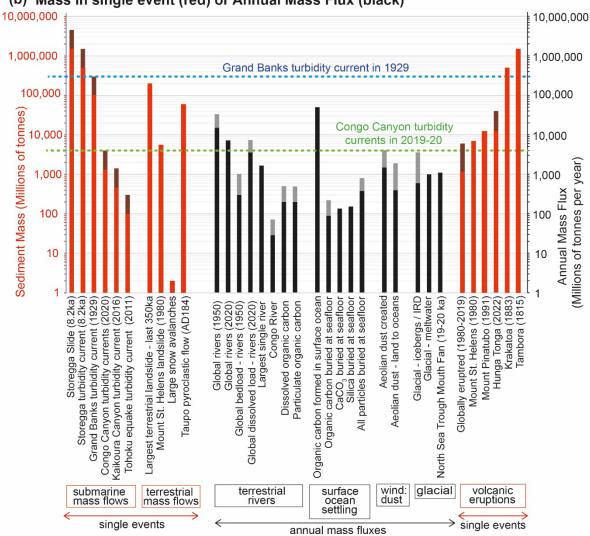


Figure 1. Comparison between turbidity currents and various other major global sediment transfer processes, showing turbidity current are one of the most important sediment transfer processes ('pumps') on Earth. (a) Distance that flows travel (km) and their velocities (m/s). (b) Mass of sediment carried by individual events (in red), and as annual sediment mass fluxes (in black), with uncertainties as grey additional bars. The sediment mass carried by the Grand Banks turbidity current in 1929 (blue dotted line; [3]) and Congo Canyon turbidity currents in 2020 (green dotted line; [4]) are indicated. Supplementary Table 1 provide further information and lists source literature used for the distances, speeds, masses or annual mass fluxes that are quoted.

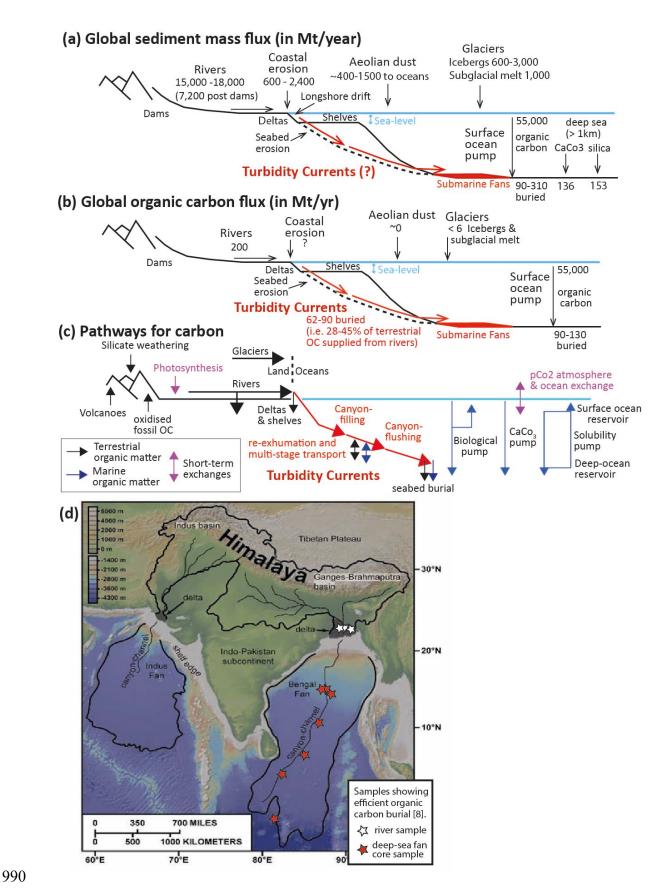


Figure 2. Turbidity current play a globally important role in organic carbon burial. (a) Global sediment mass fluxes (in Mt/yr; see Figure 1 and Supplementary Table 1 for original

data sources). (b) Global organic carbon mass fluxes (in Mt/yr). A future grand challenge is to quantify global sediment and organic carbon fluxes in turbidity currents [14]. (c) Pathways for global organic carbon cycling. Burial of organic carbon by turbidity currents affects atmosphere pCO₂ and thus climate, but over long term (> 1 ka) time scales. Terrestrial organic carbon pathways in blue. Processes that exchange carbon with atmosphere on short term in purple. Estimate of terrestrial organic carbon burial (62-90 MtC/yr) in marine sediments by turbidity currents is from [14]. (d) Burial of organic carbon by turbidity currents can be highly efficient, such as within the huge Bengal Submarine Fan [8]. Organic carbon types and amounts in river samples (white stars) resemble those in deep-sea cores (red stars). Bathymetry data reproduced from the GEBCO_2021 Grid, www.gebco.net

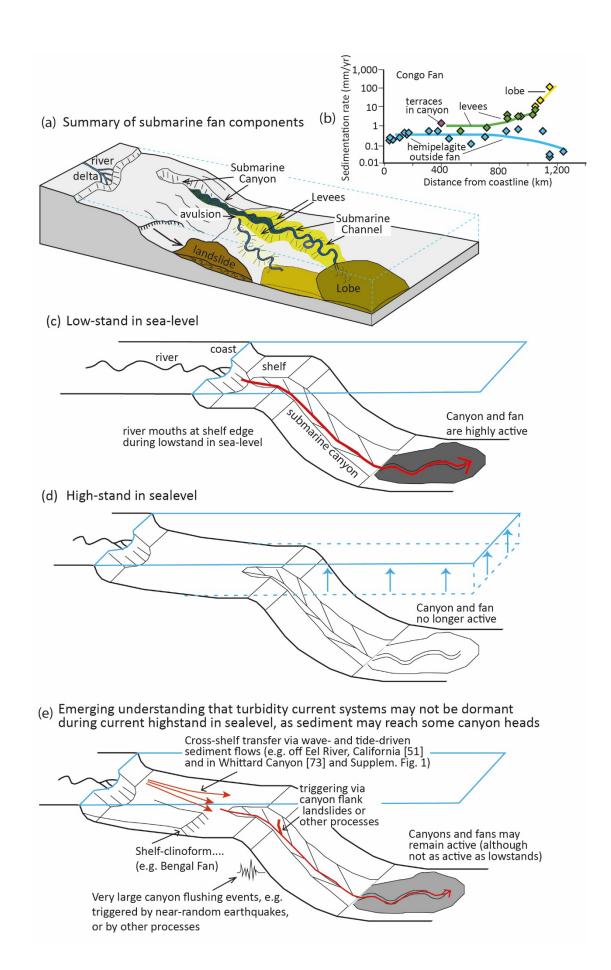


Figure 3. Submarine fans and frequency of turbidity current activity. (a) Summary of the main elements of a submarine fan. (b) Sedimentation rates in different parts of the Congo Submarine Fan (after [124]). (c) At glacial low-stands in sea-level, most river mouths will connect directly to submarine canyon-heads [67,68], so that turbidity currents are highly active on submarine fans [66,70]. This is also the case for the small number of modern canyon-heads that connect directly to river mouths (e.g. Congo Canyon [4] or Gaoping Canyon [9,41,42]). (d) Previous sequence (e.g. stratigraphic models) proposed that submarine canyons are dormant during high-stands in sea-level [66], as river mouths are separated from most canyon heads. (e) However, there is an emerging view that turbidity current systems are surprisingly active during the present day high-stand in sea-level [70]. For example, turbidity currents occur in Whittard Canyon, despite being 300 km from the nearest coast [69], and flows occur for 30% of the time in the upper Congo Canyon [36, 37] (Supplementary Fig. 2). Sediment can also be transferred efficiently across the shelf via wave or tide action to the canyon head (e.g. Eel Shelf in California) [73,74], or via progradation of large clinoforms (e.g. Bengal Fan in the Bay of Bengal) [72].

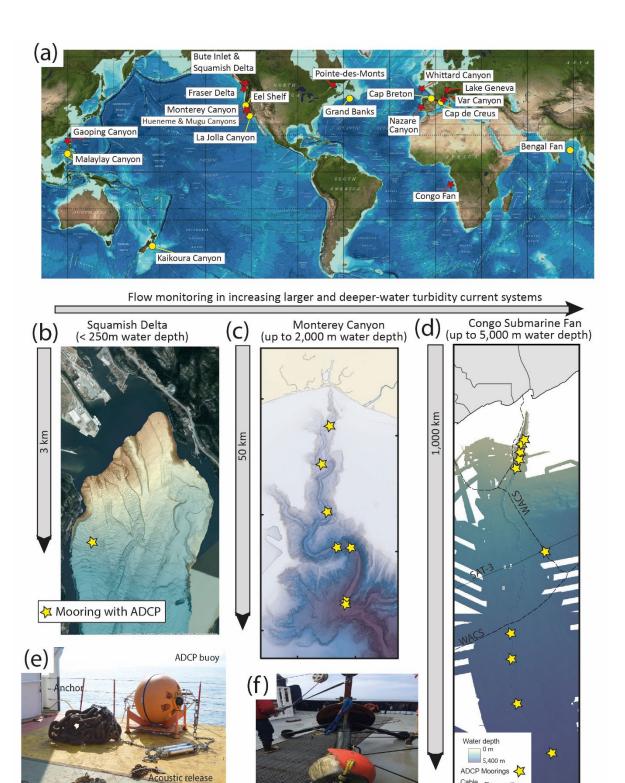


Figure 4. Direct monitoring of turbidity currents. (a) Map of just ~12 locations (red stars) worldwide where turbidity currents have currently been monitored in detail [27-54,61,69, 125-126] and other key locations (yellow circles) mentioned in the text. Image reproduced from the GEBCO world map 2014, www.gebco.net. Flow monitoring has moved from **(b)** smaller systems in shallow water such as Squamish Delta [38-39,50,59,61,115] where

logistic are easier, to (c) larger systems in moderate depths such as Monterey Canyon [34,35,51-52,60,87], and (d) finally very large systems in deep-water such as the Congo Fan, where turbidity currents broke the WACs and SAT-3 telecommunication cables (dotted lines) in 2020 and 2021 [4,36,37]. (e) These studies included moorings with an acoustic Doppler current meter (ADCP) in a buoyant float connected to a heavy (e.g. 1 tonne) anchor via a wire or chain, and recovered by remote triggering of an acoustic release [118]. Mooring shown here is on deck of a research vessel before deployment in Congo Canyon. (f) Heavy frame weighing 800 kg that slid for ~7 km down Monterey Canyon at speeds of up to 4.4 m/s [35,52]. It moved at a similar speed to much smaller objects, suggesting that they were rafted in a dense near-bed layer [35,52].

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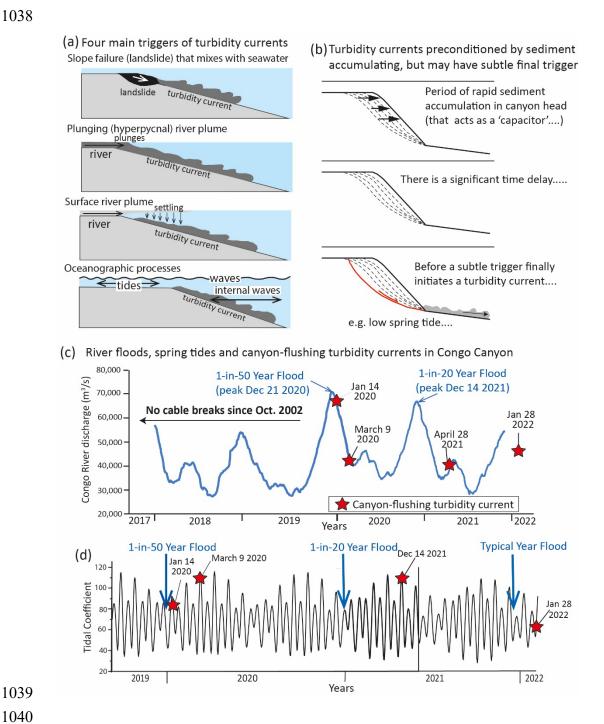
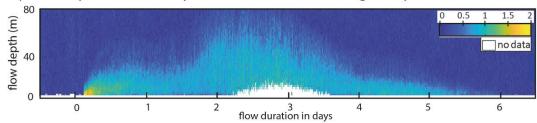


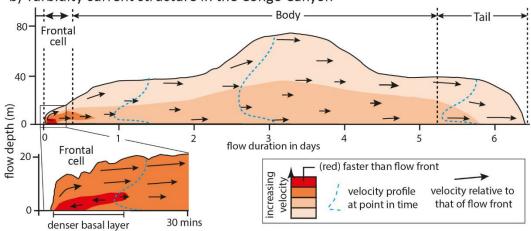
Figure 5. New insights into causes of turbidity currents. (a) Four main causes of turbidity currents [55,56] are (i) slope failures (landslides), (ii) plunging of hyperpycnal river plumes that have high enough sediment concentrations to be denser than seawater [57], and (iii) sediment settling from surface river plumes [39,47-48,58]. It has emerged that surface river plumes with very low (< 0.07 g/l) sediment concentrations can generate turbidity currents [39], such that turbidity currents may occur offshore a wider range of rivers than once thought. (iv) Oceanographic processes such as storm waves, tides and internal waves that can

supply sediment to canyon heads and trigger flows (including via landslides). (b) Significant time delays may occur between periods of rapid sediment accumulation in canyon heads, and final triggering of turbidity currents by subtle external triggers [4,60-61]. (c,d) River floods and tides combine to generate turbidity currents at many sites worldwide, including four extremely powerful turbidity currents (red stars) that flushed the Congo Canyon in 2020-2022 [4,5]. This cluster of canyon-flushing turbidity currents are associated with major floods along the Congo River, but occurred several weeks to months after the flood peaks, often at spring tides [4,5].

a) Turbidity current velocity data measured in the Congo Canyon



b) Turbidity current structure in the Congo Canyon



Three types of turbidity current structure in Bute Inlet

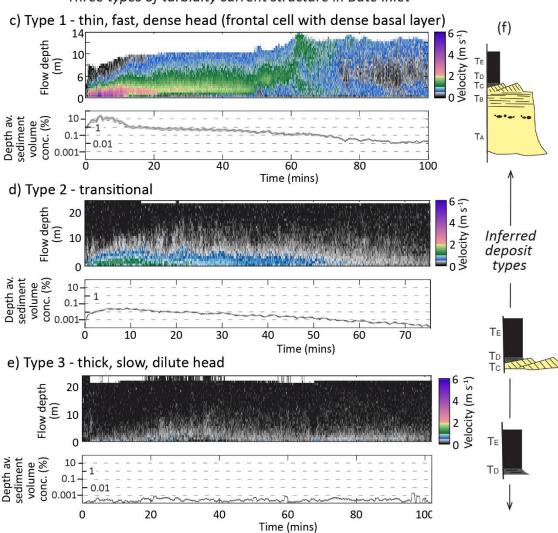


Figure 6. New insights into internal structure of turbidity currents. (a) Velocity time-1058 1059 series of a turbidity current in Congo Canyon measured by an ADCP mooring [after 36]. (b) 1060 Summary of velocity structure of Congo Canyon turbidity currents. They comprise a near-1061 bed frontal zone ('frontal cell') that is faster and denser than the rest of the flow, and runs 1062 away from a trailing body and tail, causing the flow to stretch [36]. This structure differs 1063 from laboratory flows in which a faster body feeds a slower head [33]. (d-f) Three types of 1064 turbidity currents observed in Bute Inlet. Plots show time-series of velocity and layer-average 1065 sediment volume concentration derived via the Chezy equation [after 40]. Faster (>1.7 m/s) 1066 Type 1 flows have a frontal cell with a fast and dense near-bed layer, as in Congo Canyon 1067 flows. This dense layer drives the event and dominates sediment flux [40]. Slower Type 3 1068 flows are entirely dilute, and lack a dense and fast frontal layer, whilst type 2 flows have 1069 intermediate speeds and sediment concentrations. A single turbidity current may evolve from 1070 Type 1 to Types 2 and 3 as it decelerates [40]. (f) Inferred types of turbidite deposit likely 1071 formed by different types of flow, with Bouma sequence intervals (T_A to T_E) marked [40].

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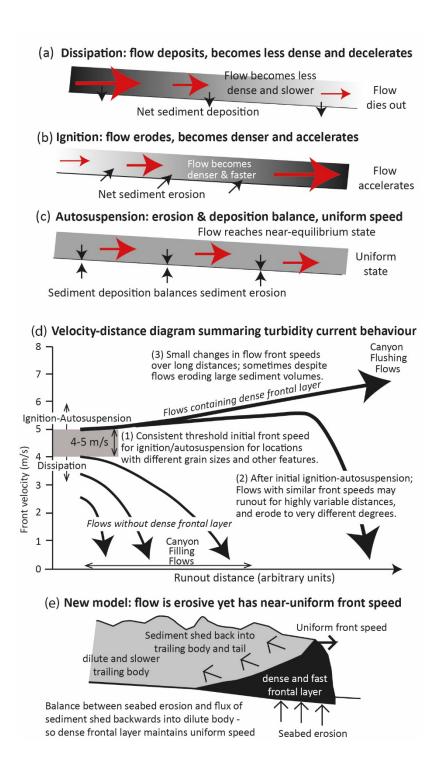


Figure 7. A new view of how turbidity currents behave. Past models inferred flows either **(a)** deposited sediment and dissipated; **(b)** eroded, became denser and faster, and accelerated (ignited); or **(c)** balanced erosion and deposition to create a near-equilibrium uniform velocity (autosuspending) state [25]. Red arrows denote flow speed; black arrows are sediment exchange with the bed. **(d)** Summary of changes in flow front speeds seen in direct field measurements, showing how flow behaviour diverges if an initial threshold speed of 4-5 m/s

is exceeded [4,87]. The threshold speed is independent of dominant sediment grain size. (e)

New 'travelling wave' model in which flows may both erode the seabed (as in ignition) and
sustain near uniform speeds for long distances (as in autosuspension) [4,87]. The flow
contains a dense frontal layer in which seabed erosion is balanced by sediment shed back into
a dilute trailing body.