

1 A century of groundwater accumulation in Pakistan and northwest India

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32 Abstract

33 The groundwater systems of northwest India and central Pakistan are amongst the most heavily
34 exploited in the world. Groundwater has been monitored in the region for more than a century
35 resulting in a unique long-term record of groundwater level change. Here we present an analysis of
36 post-monsoon groundwater levels from 1900 to 2010. We show that for the majority of the last
37 century groundwater levels were rising and calculate net groundwater accumulation of c.350 km³
38 (estimated range: 150-450 km³). Large scale irrigation development via canal construction played a
39 defining role in groundwater accumulation during the early twentieth century. More recent, and well
40 documented, groundwater depletion c.75 km³(estimate range: 25-100 km³) occurred during the first
41 decade of the 21st century and was driven by the superimposed effects of low rainfall and large-scale
42 tubewell development. However, between 1970–2000, when large increases in tubewell irrigation
43 began, groundwater levels stabilised as a result of higher than average rainfall. Human activity in the
44 early 20th century increased the total volume of groundwater available prior to large-scale exploitation
45 in the late 20th century.

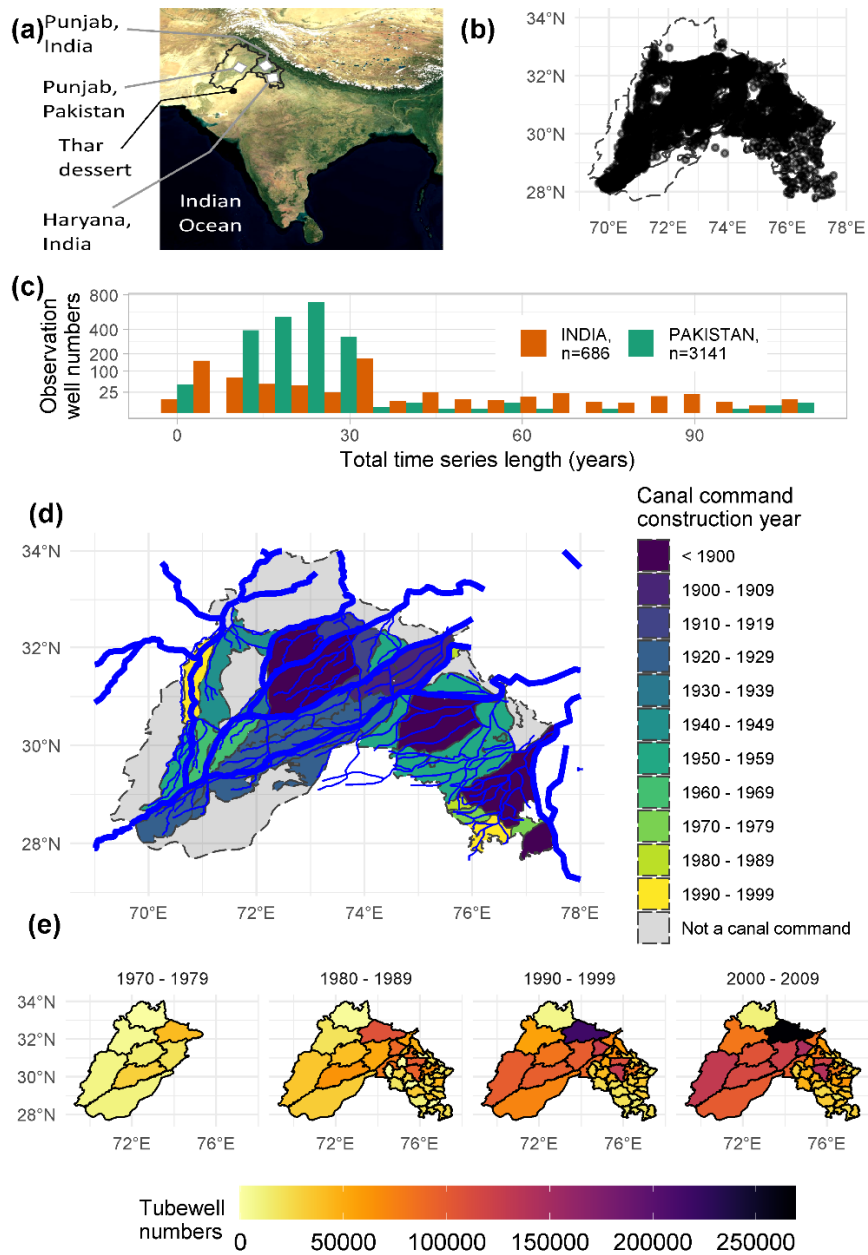
46 Main

47 The transboundary aquifer of central Pakistan and northwest India sits below one of the most
48 intensively irrigated areas in the world. In the first two decades of the 21st century several studies,
49 largely using the Gravity Recovery and Climate Experiment (GRACE) satellites, identified groundwater
50 depletion in the region¹⁻⁶. Declining groundwater levels were attributed to increased groundwater
51 abstraction which began in the late 20th century to supplement surface water irrigation. More recently
52 a number of studies have demonstrated the value of using in-situ measurements of groundwater level
53 to understand the nuance of groundwater level change in the region^{4,7,8}. These studies highlight the
54 impact of changes in monsoon precipitation⁷ and recharge from the vast canal network⁹ as playing an
55 important role in controlling groundwater storage in the region.

56 Northwest India and central Pakistan are vital agricultural areas and have a long history of major
57 surface and groundwater development. The area represents the largest contiguous tract of irrigated
58 land in the world¹⁰ and the most intensively irrigated¹¹. Historically, irrigation was dependent on a vast
59 network of canals. The earliest of these canals date back to the 16th century and were constructed by
60 the Mughals¹². During British rule the canal network was refurbished and expanded^{12,13}. Expansion of
61 the canal network started in the middle of the 19th century, accelerated in the early 20th and continued
62 after Independence in 1947¹²⁻¹⁴. However, in the early 1970s the area irrigated using groundwater
63 surpassed that irrigated by surface water in India for the first time. For a number of reasons, including
64 state policy, the number of irrigation tubewells has increased ever since¹⁵. Northwest India and central
65 Pakistan have become global hotspots of groundwater exploitation^{6,15-17}.

66 To date there has been little consideration of the long-term impact of historical water resource
67 developments on groundwater in the region. Here, for the first time, we investigate groundwater level
68 changes throughout the 20th century in central Pakistan and northwest India (Fig 1a). To do so we have
69 constructed a unique long-term dataset containing 3827 observation well (OW) time-series covering
70 110 years of groundwater level data from 1900 to 2010 (Fig 1b-c and Supplementary Figs 1-4). Our
71 aim here is to: 1) examine changes in post-monsoon groundwater levels during the 20th century and;
72 2) unravel the influence of canal construction (using the regions canal command (CC) network shown
73 in Fig 1d), tubewell development (Fig 1e) and precipitation on long-term groundwater storage in
74 northwest India and central Pakistan. While precipitation and groundwater development are
75 important controls on groundwater level, we demonstrate, for the first time on a regional and
76 centennial scale, that groundwater accumulation driven by large increases in canal irrigation was the

77 defining feature of groundwater level change in northwest India and central Pakistan in the 20th
 78 century.



79

80 Figure 1 – a) The study area, bounded by the black lines, includes the intensively irrigated areas of
 81 northwest India and central Pakistan. Irrigated land is clearly visible running through the centre of the
 82 arid areas west of the Thar desert towards the Indian ocean. © MapTiler © OpenStreetMap
 83 contributors. b) Location of observation wells (OW) used in the study. c) Histogram showing
 84 distribution of OW time-series lengths (see Supplementary Figs. 1-4 for more details of the dataset).
 85 d) Canal command (CC) areas and decade of construction and/or refurbishment. Also shown are major
 86 rivers (thick blue lines) and canals (thin blue lines) in the study area. e) Distribution of, and increase
 87 in, irrigation tubewells across the study area, no data was available prior to 1980 in India or 1970 in
 88 Pakistan.

89 A century of groundwater level change

90 During 1900–1960 groundwater levels in northwest India and central Pakistan show a consistently
91 rising trend except for some areas in central Indian Punjab (Fig 2a-b) where canals were constructed
92 in the 19th century (Fig 1d). From 1960–2000 groundwater levels stabilised and the trend reversed
93 after 2000, although groundwater levels continued to rise in some areas, most notably southwest
94 Indian Punjab and in parts of Pakistan. In India groundwater level declines began in 1980–1989 but
95 became more significant in 2000–2009. Rises in southwest Punjab in 2000–2009 can be explained by
96 continued dominance of canal irrigation^{18,19}. In Pakistan groundwater levels were generally stationary
97 or rising in 2000–2009. Groundwater levels were generally less than 20 m below ground across the
98 region (Fig. 1a). The deepest water levels were in Indian Punjab in 1930–1960 and in Haryana during
99 1950–1960 (Fig 1a and Supplementary Figs 6-7).

100 Influence of canals and precipitation

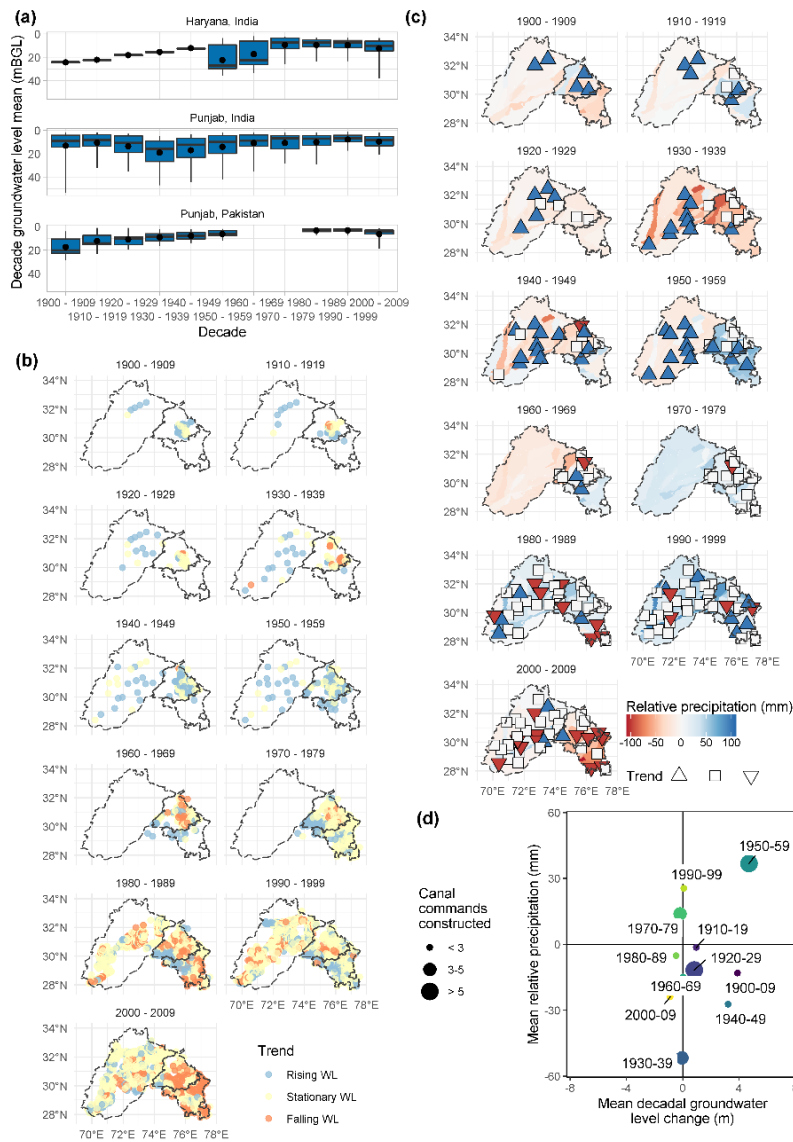
101 Groundwater level changes from 1900–2010 can be explained by a combination of three factors: canal
102 construction (Fig 1d), tubewell development (Fig 1e) and precipitation (Fig 2c-d). During 1900–1960
103 rainfall was below the study period mean (Fig 2c-d). Despite this, and with the exception of Indian
104 Punjab during 1910–1940 (Fig 1a-b), the trend across canal command (CC) areas was of rising
105 groundwater levels (Fig 2a-d). The majority of canals were constructed between 1900-1960 (Fig 1d),
106 explaining rising groundwater levels in this period (Fig 2d). Between 1970–2000 canal construction
107 decreased (Fig 1d and 2d), rainfall was above average (Fig 1c) but groundwater levels were stationary
108 (with some spatial and temporal variability) due to increased tubewell development (Fig 1e). However,
109 by 2000–2009 groundwater level decline occurred across the majority of Indian Punjab and Haryana
110 coinciding with below average rainfall. In Pakistan, where rainfall was nearer the long-term average,
111 water levels were stationary with some south-eastern CCs on the Indian border experiencing rising
112 groundwater levels and others in central Pakistan Punjab experiencing declines.

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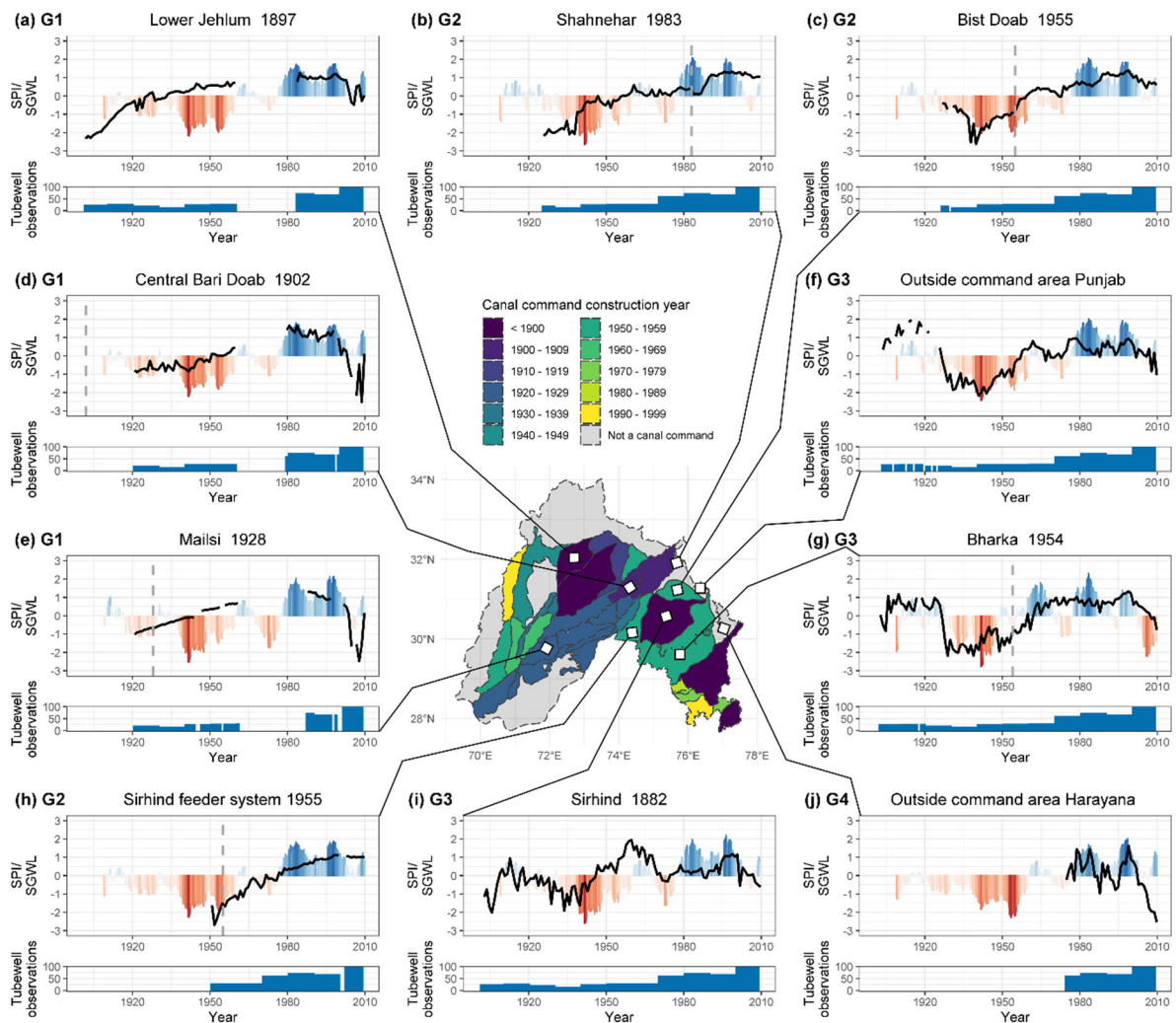
118 Figure 2 – a) Mean groundwater level (metres below ground level – mBGL) in each state and decade.
 119 The black line is the median, the black dot the mean, the 75th and 25th percentiles are shown by the
 120 upper and lower bounds of the blue box respectively and the whiskers represent the 95th and 5th
 121 percentiles respectively. Supplementary Fig. 5. shows outliers. Supplementary Figs 6-7 show maps of
 122 mean decadal OW and CC groundwater levels. b) Mann-Kendall groundwater level trend based on a
 123 minimum of 6 observations from each OW in a decade. Supplementary Figs 8-10 show trend results
 124 using 4, 6, and 8 observations in a decade. c) Map shading shows deviation from mean precipitation
 125 and symbols show mode (>50% OWs) Mann-Kendall groundwater level trend for each CC area
 126 (including prior to CC construction). No symbols mean missing data. Symbol infills are red for falling
 127 groundwater level, blue for rising groundwater level and white for stationary groundwater level.
 128 Supplementary Fig 11 is larger version. d) Mean decadal relative precipitation versus mean decadal
 129 groundwater level change. Individual OWs are coloured to match the scale in Fig 1d. Supplementary
 130 Fig 12 shows individual decadal observations. In decades when rainfall was below mean, i.e. 1970–
 131 1980 and 2000–2009, water levels were lower at the end of the decade than they were at the start.
 132 Points in the lower right, which represent decades 1900–1960, show rising groundwater levels but
 133 below mean precipitation, demonstrating the influence of canal construction on groundwater levels.

134 To further investigate the dynamics of groundwater level change in the region we examined the
135 relationship between the standardised precipitation index (SPI) and standardised groundwater levels
136 (SGWL) in a number of CCs (Fig 3). We consider four broad categories of groundwater level change.
137 The first group show consistently rising groundwater levels throughout the 1900s, then steady or
138 slightly falling groundwater levels and more significant declines in the 2000s. CCs in this first group
139 include the Lower Jhelum (Fig 3a), Central Bari Doab (Fig 3d) and Mailsi CCs (Fig 3e) in Pakistan. Many
140 canals were constructed in Pakistan between 1890–1930 (Fig 3) leading to rising groundwater levels.
141 In Central Bari Doab, groundwater levels were stable until 1940 after which rises occurred.
142 Groundwater level decline occurred in the 2000s coinciding with declines in precipitation and
143 increased tubewell development (Fig 1e). Groundwater levels increased in the latter part of the 2000s
144 due to rising precipitation.

145 The second group display consistently rising water levels throughout the 20th century followed by
146 stable groundwater levels in the 2000s. CCs in this group include Shahnehar (Fig3b) and Bist Doab (Fig
147 3c) in north Indian Punjab and the Sirhind feeder system (Fig 3h) in southwest Indian Punjab, all were
148 constructed between 1950–1990. Shahnehar and Bist Doab display similar behaviour with clear
149 changes in gradient around the time of canal construction. Shahnehar is a small CC that was likely
150 influenced by surrounding CCs prior to construction, explaining rising groundwater levels in the 1930s
151 despite low average rainfall. Sirhind feeder in southwest Punjab experiences the most consistent rises
152 in groundwater level in the 20th century, likely influenced by the higher use of surface water irrigation
153 in this region²⁰.

154 The third group of groundwater level behaviour begins with stable groundwater levels, followed by
155 declines in the 1930s, stables water levels until the 1950s, rises in the 1950s, stable or declining levels
156 in the 1960s and then stable groundwater levels after 1970. Significant declines occur after 1990. This
157 category includes the Bharka (Fig 3g), Sirhind CCs (Fig 3i) and non-CC areas in Punjab (Fig 3f). These
158 areas are strongly influenced by rainfall in the 20th century and groundwater abstraction in the 21st.
159 The fourth category is areas with less extensive canal networks in Haryana (Fig 3j) which display the
160 largest groundwater level fluctuations driven by changing rainfall and increased abstraction after 1990
161 (Fig 1e).

162 The contrast between the Bist Doab and Bharka CCs illustrates the relative importance of canals and
163 rainfall on groundwater level change. In Bist Doab (Fig 3b) groundwater levels increased fastest
164 immediately after CC commissioning in the 1950s but rainfall appears more important thereafter (i.e.
165 lower rainfall in 1970s, 1990s and 2000s). In the Bharka CC, groundwater levels were stable between
166 1960–2000 despite lower rainfall in the 1970s and 1990s illustrating a less immediate but more
167 sustained response to commissioning. Canals appear to have a stronger influence on groundwater
168 levels in the south²¹ than the north where rainfall is higher^{18,22}.



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170 Figure 3 – Mean standardised groundwater level (SGWL), shown by the black line, and standardised
 171 precipitation index (SPI), shown by the coloured histogram (darker colours show higher SPI and vice-
 172 versa), in selected CC and non-CC areas. The date that each CC is constructed is shown in the subplot
 173 title, as is the hydrograph grouping discussed in the text (G1–G4). In cases where the CC was
 174 constructed during the study period the commissioning date is shown by a grey dashed line in the
 175 main plot. The map shows the location of each CC and decade of CC commissioning. The subplot in
 176 each figure shows the mean number of OWs that were used to calculate mean CC SGWL.

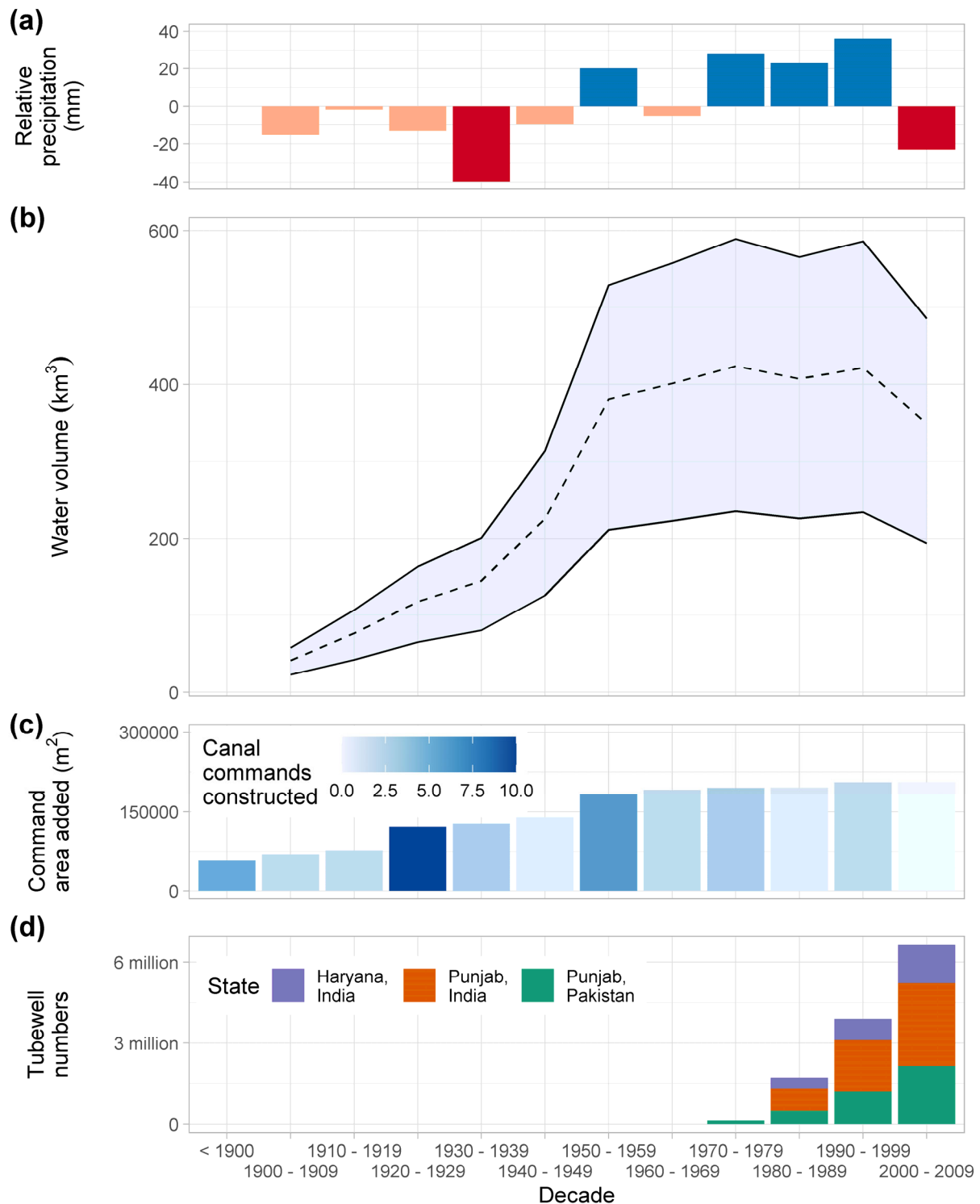
177 A century of groundwater level accumulation

178 We estimate net groundwater accumulation in northwest India and central Pakistan between 1900
 179 and 2010 was c.350 km³ (with an estimated range of 150-450 km³) (Fig 4b, also Supplementary Figs
 180 14-15 for slope estimates and Supplementary Figs 15-17 for state estimates of accumulation). Our
 181 estimates are conservative as there is also evidence that groundwater levels were rising in the latter
 182 part of the 19th century^{23,24}. Groundwater storage peaked in the 1970s. Depletion of groundwater in
 183 the 2000s was c.25-100 km³, similar to previous estimates⁹ and approximately a fifth of net
 184 groundwater accumulation between 1900–2000. The majority of groundwater accumulation occurred
 185 between 1900–1960 which coincided with lower average rainfall (Fig 4a) and significant increases in
 186 total CC area (Fig 4c). Approximately 150,000 km² of CC area was constructed between 1900–1960
 187 which resulted in groundwater level increases despite lower average rainfall (Fig 4a). The highest rate
 188 of groundwater accumulation occurred after construction of CCs in 1920–1940. A second period of

189 canal construction in the 1950s was followed by lower average rainfall in the 1960s resulting in a lower
190 rate of accumulation. After 1960 only about 20 km² of CC was constructed but almost six million
191 tubewells were drilled between 1970–2010. However, because rainfall was higher than average
192 between 1970–1990 groundwater levels stabilised. In 2000–2009 lower average rainfall and
193 continued tubewell development led to groundwater depletion. Tubewell development was
194 concentrated in central Indian Punjab and in a north-south band in central Pakistan Punjab (Fig 1e)
195 which corresponds to areas of declining and deep groundwater levels in 2000–2009 (Fig 2b and
196 Supplementary Figs. 6-7).

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200 Figure 4 – a) Precipitation relative to long-term mean rainfall in the study area for each decade. b)
 201 Estimated groundwater accumulation in the study area. The blue envelope shows the estimated range
 202 of accumulation, the dashed line shows the best estimate, the porosity values used to calculate
 203 groundwater accumulation were based on previous work in the study area. See Supplementary Figs.
 204 15-17 for estimates of accumulation within Haryana and Indian and Pakistan Punjab. Note that slope
 205 estimates were not possible for Pakistan between 1960–1980 so accumulation was not calculated for
 206 this period in Pakistan. c) Number of CCs constructed and area added in each decade. d) Increase in
 207 tubewell numbers in the study area.

208 Human and climate influence on groundwater storage

209 Recent anthropogenic drivers of groundwater depletion in northwest India and central Pakistan are
210 well documented¹⁻⁶. However, by taking a long term view we show that human activity had substantial
211 influence on groundwater prior to large scale exploitation. Human activity has, to a greater extent
212 over a longer period of time, led to increases in the total volume of groundwater available in the
213 region. We demonstrate that, for the greater part of the 20th century, canal construction led to
214 groundwater accumulation. While other studies have identified the importance of canals for
215 groundwater recharge on a smaller spatial and temporal scale^{21,25}, our study is the first to quantify the
216 effect of canals on a regional and centennial scale. The CCs of northwest India and central Pakistan
217 may represent the world's largest, if unintended, aquifer recharge system.

218 The underlying reasons for increased groundwater abstraction in areas historically associated with
219 surface water irrigation are complex^{17,26-28} but include drought²⁸, climatic change⁷ and evolving
220 agricultural and energy policy¹⁵. We demonstrate that the superimposed effects of groundwater
221 abstraction and low precipitation explains groundwater depletion in the 21st century and that higher
222 precipitation from the 1950s to the 1990s offset the effects of increased groundwater abstraction until
223 the 21st century. While canal development was the primary control on groundwater accumulation in
224 the early 20th century, rainfall was important for recharging the aquifer and maintaining elevated
225 groundwater levels later in the century. Recent evidence suggests that monsoon precipitation is
226 decreasing^{7,29} which has implications for groundwater recharge in the region. Nevertheless, the north-
227 westward shift of late season monsoon precipitation³⁰ may offset the effects of overall decreases in
228 monsoon precipitation. In addition to direct recharge from rainfall, increased glacier melt will also
229 affect recharge from canals and rivers^{31,32}. Given the uncertainties associated with these important
230 processes the depletion that occurred in the 2000s illustrates the dangers of continued unmanaged
231 abstraction. Recent studies have shown that modest decreases in abstraction (c.20%)³³ have the
232 potential to decrease rates of groundwater depletion by c.36-67%²⁰. The largest impacts are likely to
233 be in the most heavily exploited areas. In some areas in India groundwater levels have risen in the
234 decade following our study period (2010–2019)²⁰. In other areas increasing salinity may be forcing
235 farmers to use canal water for irrigation resulting in rising groundwater levels²⁰. Where groundwater
236 depletion is high the increased cost of abstraction may moderate demand and slow rates of decline³⁴.

237 Using a unique long-term dataset of post-monsoon groundwater level observations, we demonstrate
238 that throughout the first half of the 20th century groundwater levels were rising across central
239 Pakistan and northwest India, despite lower average rainfall in this period. We identify four categories
240 of long-term groundwater level behaviour and demonstrate that groundwater accumulation can be
241 explained by the interplay of rainfall, canal construction and tubewell development. From 1900–1960
242 approximately 125,000 km² of CC area was constructed. The construction of these canals led to total
243 net groundwater accumulation of c.350 km³ (with an estimated range of 150-450 km³). Much of this
244 accumulation happened when rainfall was below the 20th century average during 1900-1960. Only in
245 the first decade of the 21st century did this trend reverse when approximately a fifth (or c.75 km³, with
246 an estimated range of c.25-100 km³) of accumulated groundwater was lost due to the superimposed,
247 and linked⁷, effects of below mean rainfall and increased groundwater abstraction. The substantial
248 loss of stored groundwater in 2000–2009 serves as a warning about the consequences of over
249 abstraction of groundwater in the region, particularly when severe drought occurs²⁹ inducing
250 increased abstraction⁷ and further groundwater depletion. However, distribution of surface water via
251 canals continues to occur on a vast scale across the region and canal leakage (up to 50%³⁵) will
252 continue to provide a source of recharge^{18,21} counteracting the effects of over abstraction. Small
253 decreases in groundwater abstraction, irrigation efficiency improvements, conjunctive use of surface

254 water and groundwater and, appropriate electricity and agricultural policy have the potential to
255 reverse groundwater depletion in northwest India and central Pakistan^{10,15,17,20,26-28,31,36,37}.

256 Methodology

257 Development of long-term groundwater level dataset

258 To construct the long-term groundwater level dataset, data were collated from a number of different
259 sources. Firstly, groundwater level data were digitised from two historic reports. The first of these
260 reported groundwater levels from the early 1900s to the early 1960s in the Punjab in Pakistan²⁴. The
261 second reported groundwater levels between the early 1900s and mid-1970s in northern Haryana and
262 southern Punjab in India²³. Secondly, digital records of groundwater level representing periods from
263 1895–1960 and 1980–2010 were provided by the Pakistan Water and Power Development Authority
264 for Punjab in Pakistan. Thirdly, long-term hydrographs were digitised from original paper records
265 provided by the Agricultural Department of the Government of Punjab, these represented data from
266 pre-1900 to the early 2000s. Separate, digital records of groundwater level, covering the period from
267 1975–2016 were provided by the Agricultural Departments of Punjab and Haryana. Finally, a dataset
268 containing groundwater levels from both India and Pakistan for the period from 2000–2012 were
269 added to the dataset⁹. The collated dataset, which contains 3827 individual OW records, represents a
270 range of different time-series length and observation frequencies (see Fig 1c and Supplementary Figs
271 1-4). In order to create the maximum possible number of individual continuous time-series records
272 for the study period (1900–2010) historic and recent data were combined. The criteria for combining
273 historic and recent data were, 1) the same OW name or identification number, 2) the same
274 coordinates or, 3) if historic and recent data were within 5 km.

275 Water resource development dataset

276 Tubewell numbers for Pakistan were obtained from the annual statistical abstracts of the Bureau of
277 Statistics Planning & Development Board of the Government of the Punjab. Data prior to 1980 were
278 obtained from the 2003 report³⁸ and more recent data from the 2019 report³⁹. In India tubewell
279 numbers were obtained from the Punjab⁴⁰ and Haryana⁴¹ annual statistical abstracts and the fifth
280 minor irrigation survey⁴². The spatial extent of CCs was obtained from the Indian statistical association
281 and the Pakistan Water and Power Development Authority. Information on the year of CC construction
282 was obtained from two reports available online^{12,14}.

283 Precipitation dataset

284 Precipitation data was taken from Version 4 of the Climatic Research Unit gridded Time Series (CRUTS)
285 dataset⁴³, which has resolution of 0.5°, and covers the whole study area. The CRUTS precipitation data
286 covers a time period from 1901–2018 in the form of monthly precipitation.

287 Data analysis

288 Decadal analysis: groundwater level trend and precipitation

289 Only post-monsoon data was used in the analysis, for three reasons; firstly, to avoid seasonal effects
290 obscuring long-term trends in the Mann-Kendall trend analysis (more details below). Secondly, in
291 some cases observations wells with data prior to 1950 only had post-monsoon groundwater
292 observations, so in order to maximise the amount of historic data in the analysis these wells were
293 included. Thus, for consistency only post-monsoon data was used across the dataset. Thirdly, the
294 process of digitising hydrographs was often ineffective at capturing seasonal groundwater level
295 variations due to deterioration over time, and the general low quality, of many of the paper records.

296 To maximise the number of individual OW time-series used and to ensure the data included in the
297 analysis was optimised to cover the maximum possible temporal and spatial scales represented by the
298 dataset, the analysis was conducted by decade. For calculations of mean water level in each decade,
299 any OW with any data in any decade, was included. Groundwater level trend was calculated using a
300 bootstrapped version of the non-parametric Mann-Kendal trend test (see more details in
301 Supplementary Note 1). By using post-monsoon groundwater level observations seasonal trends did
302 not affect the trend results or slope estimates. When calculating trends, a minimum of six data points
303 within each decade was used which represents 60% of the maximum possible number of data points
304 within each decade for each OW. A basic sensitivity analysis was conducted to understand how the
305 minimum number of observations affected the number of wells included within the bootstrapped
306 Mann-Kendall analysis (see Supplementary Figs. 8 and 9). We tested the effect of using a minimum of
307 4 (Supplementary Fig. 8) and a maximum of 8 (Supplementary Fig. 9) data points within a decade for
308 each OW.

309 Using CRUTS precipitation data we calculated the annual precipitation for each CC. We then estimated
310 the average annual rainfall deviation within CC and each decade relative to the long-term annual
311 precipitation mean for the period from 1901–2009. We also calculated the 96-month standardised
312 precipitation index (SPI)⁴⁴ for each CC, the 96-month period was selected to be consistent with our
313 decadal groundwater level analysis. We compared the 96-month SPI to standardised groundwater
314 levels (SGWL), which was calculated by subtracting the mean and dividing by the standard deviation
315 of groundwater levels within a canal command.

316 Groundwater accumulation and depletion

317 Groundwater accumulation and depletion was calculated for each decade for the period 1900–2000
318 using Sen's slope method. The average slope, CC area and the porosity range for the study area (0.1
319 to 0.25⁴⁵) was used to calculate accumulation in each CC during each decade. Decadal accumulation
320 was then summed to estimate overall groundwater accumulation and depletion. We used a mean
321 porosity of 0.18 for our best estimate of groundwater accumulation which was based on previous
322 work in the study area⁹.

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332 Author contributions

333 DJM conducted the analysis and wrote the manuscript with inputs from AMM, GK and MB. DJM and
334 AMM designed the research. DJM led digitisation of the data, he also collated and cleaned the data.
335 GK and MB collected the data. DC conducted the Mann-Kendall analysis.

336 Data availability

337 The Mann-Kendall trend and Sen slope data for each canal command will be made publicly available.

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