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20 **Abstract**

21 The Cauvery basin in Southern India is experiencing transboundary issues due to increasing water
22 demand. This study analysed water balance components and the impact of agricultural water
23 management (AWM) interventions in the Upper Cauvery catchment of the Cauvery basin. Results
24 showed that the study catchment receives an average of 1280 mm of annual rainfall. Of this, 29%
25 (370 mm) flows downstream, 54% (700 mm) contributes to evapotranspiration (ET), and 17%
26 (215 mm) contributes to groundwater recharge and surface storage. Rainfall varies from 700 mm
27 to 5400 mm and the Western Ghats (mountain pass) are the main source of freshwater generation.
28 The estimated ET in different watersheds ranged from 500-900 mm per annum. An increase in the
29 allocation of freshwater supplied by all the three reservoirs (Hemavathi, Harangi and KRS) was
30 observed in the canal command areas, from 1450 Million Cubic Meter (MCM)/year in 1971-1980
31 to 3800 MCM/year in 2001-2010. AWM interventions harvested 140-160 MCM (13-20 mm) of
32 surface runoff upstream of the Upper Cauvery and reduced inflow into the Krishnaraja Sagar
33 reservoir by 2-6%. The study findings are useful for designing and planning suitable water
34 management interventions at basin scale.

35

36 **Key words:** water balance, surface runoff, watershed treatment, reservoir inflow

37

38

39 **1. Introduction**

40 Fresh water availability is essential to ensure food security for an ever increasing population.
41 Agriculture in rainfed areas is characterized by water scarcity, land degradation, low resource
42 inputs and low productivity. India's net sown area of 141 million ha of which 55% is rainfed, has
43 a cropping intensity of 135%. Agricultural productivity, generally, oscillates between 0.5 and 2.0
44 ton/ha with an average of 1.0 ton/ha (Rockström et al., 2009; Wani et al., 2011; Bhattacharyya et
45 al., 2016; GoI, 2018; Rao et al., 2015; Fischer, 2015; Fischer and Connor, 2018). Irrigated land
46 which constitutes 45% of the total agricultural area, contributes about 55% to the total food
47 requirement and consumes almost 70% of freshwater resources of the country (Green et al., 2020;
48 GoI, 2015).

49
50 With limited scope of crop intensification in canal command areas, the focus has shifted towards
51 increasing groundwater (GW) recharge in dryland areas. A number of public welfare programs
52 such as watershed development, The Mahatma Gandhi National Rural Employment Guarantee Act
53 (MGNREGA), and Pradhan Mantri Krishi Sinchayee Yojana (PMKSY) have been initiated since
54 1980 as drought mitigation measures (Tiwari et al., 2011; Krishnan and Balakrishnan, 2012; NITI
55 Aayog, 2017, 2019). Since 1990, about US\$ 14 billion have been invested on drought mitigation
56 measures such as field bunds, farm ponds, check dams, terracing, rejuvenating community ponds,
57 also known as agricultural water management (AWM) interventions (Mondal et al., 2020). *In-situ*
58 water harvesting interventions (e.g., contour/graded bunds) enables improvement in soil moisture
59 availability by enhancing the landscape's infiltration capacity, conserving moisture, and
60 controlling soil erosion (Garg et al., 2011; Singh et. al., 2014). Often, larger fields are divided into
61 relatively smaller plots to reduce runoff velocity and harvest a fraction of the runoff across the

62 field bunds. On the contrary, *ex-situ* interventions harvest a fraction of surface runoff that drains
63 out from agricultural fields. *Ex-situ* interventions such as check dams and farm ponds have a
64 capacity varying from 100-10000 m³ (Jain et al., 2007; Singh et al., 2014; Garg et al., 2020).
65 Despite concerted efforts and investments India has made in various drought mitigation measures,
66 the impact of AWM interventions on water balance components has not been fully understood
67 (Bouma et al., 2011; Glendenning and Vervoort, 201), with some studies focusing on one or two
68 components of land use change and crop production and others focused on the conceptual
69 framework (Batchelor et al., 2003; Shiferaw et al., 2008).

70 Studies undertaken in the water sector have mostly focused on multi-purpose, large-scale projects
71 (major reservoirs) to address food security (Goyal and Surampalli, 2018; Bhanja and Mukherjee,
72 2019); mapping water use efficiency (Garg et al., 2012b); crop intensification (Jayne et al., 2004;
73 Heller et al., 2012; Pellegrini and Fernández 2018); and analyzing socio-economic impacts
74 (Whitehead et al., 2018; Bhave et al., 2018); migration (Tilt et al., 2009; Deshingkar, 2012;
75 Weinthal et al., 2015); and transboundary issues (Sood and Mathukumalli, 2011; UNEP-DHI and
76 UNEP, 2016). To the best of the authors' knowledge, the impact of AWM interventions on
77 hydrological processes at catchment/basin scale have not been investigated thoroughly. However,
78 a few studies have analyzed their impact at micro (<10 km²) and meso (10-100 km²) scale
79 watershed hydrology either by comparing paired watersheds (Zégre et al., 2010; Singh et al., 2014;
80 Sultan et al., 2018) or before and after watershed treatment impacts (Huang and Zhang, 2004;
81 Lodha and Gosain, 2007; Nyssen et al., 2009; Garg et al., 2011; Mekonen and Tesfahunegn, 2011).

82 The focus of all these studies was to quantify the impact of watershed interventions on surface
83 runoff, agricultural productivity, and upstream-downstream trade-offs. The knowledge generated
84 from micro and meso-scale watersheds was very important, it may not directly be applicable for

85 catchment or basin-scale decision making due to the difference in scale (Vinogradov et al., 2011;
86 Gentine et al., 2012).

87

88 Soil and Water Assessment Tool (SWAT) is a widely used hydrological model that uses a
89 geographic information system (GIS) interface to capture landscape variability and runs on daily
90 time step. SWAT has been used to simulate water resource assessment (Krysanova and White,
91 2015; Gupta et al., 2020); map agriculture water productivity (Garg et al., 2012b; Thokal et al.,
92 2015; Ahmadzadeh et al., 2016); optimize reservoir operation (Wu and Chen, 2012; Anand et al.,
93 2018); study the impact of land use and management practices (Krysanova and White, 2015; Jodar-
94 Abellan et al., 2019); climate change effect (Narsimlu et al., 2013; Uniyal et al., 2015; Marin et
95 al., 2020); and quantify various ecosystem services (Dile et al., 2016a,b; Lee et al., 2018). It has
96 also been used to analyze upstream-downstream water balance at meso- (Dile et al., 2016 a,b),
97 catchment, and basin scales (Masih et al., 2011).

98

99 SWAT can capture hydrological response to AWM interventions and could be customized for a
100 micro-scale community watershed to a large-scale river basin depending on data availability
101 (Glavan and Pintar, 2012). It has been used to evaluate the impact of soil conservation measures
102 on runoff and sediment transport (Berihun et al., 2020; Betrie et al., 2011; Dile et al., 2013,
103 2016a,b; Worku et al., 2017; Mekonnen et al., 2018; Woldesenbet et al., 2017, 2018; Horan et
104 al., 2021). It also allows the estimation of the integrated impacts of changes in land use-land
105 cover (LULC) and biophysical factors under different land management interventions (Arnold et
106 al., 2012; Berihun et al., 2020).

107 This study aimed to analyze the impact of various AWM interventions on downstream water
108 availability in the Upper Cauvery sub-basin of southern India. The Cauvery basin experiences
109 severe water scarcity for up to 8 months a year, affecting over 35 million people (Ferdin et al.,
110 2010; Hoekstra et al., 2012). The specific objectives of the study are: (i) to understand the water
111 utilization pattern in major reservoirs of the Upper Cauvery catchment; (ii) to analyze water
112 balance components of the entire catchment; and (iii) to analyze the impact of AWM interventions
113 on reservoir inflow into the Krishnaraja Sagar (KRS).

114

115 **2. Materials and Methods**

116 **2.1 Study Area**

117 The Cauvery river basin is one of the largest basins in southern India with a catchment area of
118 81,155 km². The river flows through the states of Karnataka (42.2%), Tamil Nadu (54%) Kerala
119 (3.5%), and Puducherry (0.2%) (India-WRIS WebGIS, 2014). The basin faces water stress and a
120 number of socio-economic and political challenges. The availability of freshwater in the basin has
121 declined due to increasing population, crop intensification, industrialization, and fast urban growth
122 over last two decades. Competing demands for the water from agriculture, domestic, and industrial
123 sectors have exacerbated the situation. The agriculture sector is one of the largest consumers of
124 freshwater in this basin, with agricultural land being the major land cover type (>50%). The food
125 security and livelihood of millions of farmers mainly depends on freshwater availability (both
126 surface and groundwater resource). The river basin is characterized by large spatial variability in
127 terms of rainfall, land use, topography, soil type, and various land management factors (Sreelash
128 et al., 2020).

129

130 The Upper Cauvery catchment was chosen to study the impact of AWM interventions as it is
131 situated in the uppermost part of the basin and relatively independent in terms of hydrological
132 processes. The catchment covers 10619 km², ~ 13% of the total basin. The entire Upper Cauvery
133 catchment lies in Karnataka, covering parts of Chikkamagaluru, Kodagu, Hassan, Mandya, and
134 Mysore districts (**Figure 1**). Average annual rainfall in the catchment is 1280 mm with a huge
135 spatial variability of 600 mm to 5400 mm. The catchment includes several tributaries including
136 Hemavathy and Laxmanthirtha, which join the Cauvery river and flow into the KRS dam (outlet
137 of the study basin). The maximum storage capacity of the KRS reservoir is 1275.7 MCM. There
138 are two other major reservoirs in the Upper Cauvery basin, Hemavathy and Harangi, with a
139 maximum storage capacity of 926.8 MCM and 228.6 MCM, respectively (**Figure 1**).

140

141 **2.2 Data Collection**

142 **Figure 2** describes the methodological approach followed based on the study's objectives. The
143 study first analyzed the hydrology of the Hemavathy, Harangi and KRS reservoirs using long-
144 term measured data on inflow, utilization in agriculture (canal command), and release into
145 downstream rivers (*section 3.2*). Water balance components of the Upper Cauvery catchment
146 were estimated using SWAT simulation (refer *sections 3.3 and 3.4*). Using a calibrated model
147 setup, the impact of AWM interventions on the KRS reservoir was analyzed and further
148 projected by describing two future scenarios in 2030 and 2040 (*section 3.5*).

149 The daily rainfall data of 23 rain gauge stations for the period 1979-2013 (**Figure 1**) was
150 collected along with daily maximum and minimum temperature gridded data at the scale of
151 0.125° from the India Meteorological Department (IMD). Daily relative humidity, sunshine
152 hours, and wind speed for three climate stations (Bengaluru, Thrissur, and Coimbatore) were

153 collected for the same period. The Digital Elevation Model (DEM) of the study area at 90 m
154 spatial resolution was downloaded from the CGIAR Consortium for Spatial Information
155 (<http://srtm.csi.cgiar.org>). The land use/land cover (LULC) map of the study area at a 1:250000
156 scale was collected from the National Remote Sensing Centre (NRSC). Crop statistics data was
157 obtained from the government platform (<https://data.gov.in/>) and web-based land use statistics
158 (<http://aps.dac.gov.in/LUS/Index.htm>). The soil map of the study area was acquired from the
159 National Bureau of Soil Survey and Land Use Planning (NBSS&LUP). The study also used the
160 soil database developed by the International Crops Research Institute for the Semi-Arid Tropics
161 (ICRISAT) during 2005 and 2019 for previous studies in Karnataka (Wani et al., 2017; Anantha
162 et al., forthcoming).

163
164 The daily discharge data from seven rain gauge locations (Sakelshpur, Akkihebbal MH Halli,
165 Akkihebbal, Kudige, Chuchunkatte, and KM Vadi) was obtained from India-WRIS WebGIS
166 (<http://www.india-wris.nrsc.gov.in/>). Information on monthly storage, inflows, and outflows of
167 three major reservoirs between 1970 and 2010 were obtained from the Command Area
168 Development Authority (CADA) of Hassan, Kodagu, and Mysore districts. A map of the irrigated
169 area (command area) under these reservoirs was obtained from the National Water Development
170 Agency (NWDA), Bengaluru. Data on the number and type of structures constructed, total treated
171 area along with investments between 2006 and 2012 was sought from watershed development
172 department, Bengaluru.

173

174 **2.3 Model Description**

175 SWAT is a semi-process based model that operates on a daily time step. The study catchment was
176 divided into nine major land uses/land covers (**Figure 3** and **Table 1a**). In the study area, 51% of

177 the total geographical area is under agriculture, 31% is forest, 11% is fallow/shrubland, and 7%
178 comprises settlement, water bodies and other uses/covers. There are two major soil types, clay
179 (6395 km², 58%) and clay loam (4551 km², 42%). The entire catchment was further classified into
180 three land slopes: 0-5% covering 6415 km² (59%), 5-10% covering 2716 km² (25%), and greater
181 than 10% covering 1816 km² (16%). With all these combinations, the entire study area was divided
182 into 129 meso-scale watersheds and 4432 Hydrological Response Units (HRUs). The daily
183 rainfall, maximum and minimum temperatures, relative humidity, wind speed, and solar radiation
184 between 1981 and 2013 were provided as inputs to the model.

185
186 **Table 1a** shows the major land use classes in the study area and crop management details provided
187 as inputs to the model. Two major upstream reservoirs (Hemavathy and Harangi) were modeled
188 by creating the reservoir nodes at the respective sites. Their maximum storage capacity, water
189 spread area, and the volume required to fill the emergency spillway were provided from actual
190 records. Delineated watersheds and HRUs belonging to the canal command areas of the respective
191 reservoirs were demarcated and assigned as sources of irrigation. Rice was cultivated during both
192 rainy (*kharif*) and post-rainy (*rabi*) seasons in these HRUs. An auto-irrigation rule was assigned
193 to the model for irrigation management. Initializing auto-irrigation enables the automatic
194 continuation of irrigation during the crop period whenever soil moisture levels are depleted below
195 defined limits (Hao et al., 2015; Vories et al., 2017; Chen et al., 2020).

196
197 Sorghum was grown during the rainy season (rice: July to November; sorghum: July to 15
198 November; and vegetables: July to December) and post-rainy season (rice and vegetables: January
199 to April) as per LULC other than command areas. During the post-rainy period, crops were

200 supported with supplemental irrigation and the groundwater aquifer was mapped as a source of
201 irrigation in the drylands. Details such as date of sowing, harvesting, tillage operations, and
202 fertilizer application were provided based on farmers' interviews.

203
204 **Table 1b** show the input values provided for the model and their parameterization. We found that
205 available water content (field capacity-permanent wilting point) and soil depth are the most
206 sensitive soil physical parameters. Soil biophysical data retrieved from NBSS&LUP and ICRISAT
207 was used as direct input. Sensitive parameters such as Curve number, REVAP_MN, GWQMN, and
208 GW_DELAY that control hydrological processes were used to calibrate the model.

209
210 Reservoir nodes were created in different micro-watersheds to represent the AWM interventions.
211 Based on the data collected from the Department of Agriculture, Government of Karnataka,
212 equivalent water harvesting capacities were assigned both for *in-situ* and *ex-situ* interventions. The
213 main differences between *in-situ* and *ex-situ* interventions are the surface area, depth of water
214 harvesting, and infiltration rates. Field bunds are common *in-situ* interventions that harvest runoff
215 water to a maximum height of 0.2-0.4 m, generally across the slope. So the water spread area is
216 relatively greater than in farm ponds that are excavated pits of 2-3 m depth to harvest surface
217 runoff (**Figure 4**). The water spread area to harvest 1 m³ of runoff water through *in-situ* and *ex-*
218 *situ* interventions are 5-10 m² and 0.5-1.0 m², respectively. In addition, water infiltration rates of
219 4 mm/hr in farm ponds and 12 mm/hour in field bunds were measured (based on 10 locations) at
220 Lakumanahalli micro-watershed in Chikkamagaluru district (**Table 2a**).

221

222 The model was run on daily time step between 1981 and 2013. It was calibrated by comparing
223 simulated surface runoff with observed flow data at seven gauging sites and inflows measured at
224 three reservoir locations. Model's performance was evaluated using three statistical indicators: Root
225 Mean Square Error (RMSE), Nash-Sutcliffe efficiency (NSE), and Coefficient of Determination
226 (R^2). A low RMSE value indicates better model performance. The NSE values ranged from $-\infty$ to
227 1, with values less than or very close to 0 indicating 'unacceptable' or 'poor' model performance
228 and values equal to 1 indicating 'perfect performance'. R^2 ranged from 0 to 1, with a value of 0
229 indicating no correlation between simulated and observed values.

230 *Scenario generation*

231 Four land management scenarios were developed to analyze the impact of AWM interventions on
232 inflows into the KRS reservoir.

- 233 ▪ **No intervention scenario:** This scenario represents the control condition. All the reservoir
234 nodes are removed from the model set up (those that captured *in-situ* and *ex-situ*
235 interventions). This scenario does not exclude the ancient tank system and Hemavathy and
236 Harangi reservoirs as these are integral parts of the catchment.
- 237 ▪ **Current stage (2020):** This is the current SWAT set up calibrated with existing rainwater
238 harvesting interventions. Investments in *in-situ* and *ex-situ* interventions were found to be
239 in the ratio of 70:30 and current AWM density (intervention retention capacity/ha)
240 implemented in drylands was 20-25 m³/ha.
- 241 ▪ **Future scenario 2030:** Current structure density in the study basin is 25 m³/ha. The
242 Government of Karnataka is emphasizing the construction of farm ponds and similar
243 interventions with a minimum storage capacity of 150 m³ on smallholder farmers field (less
244 than 2.0 ha of farm land) under the farm pond scheme (GoK, 2014). Such interventions are

245 likely to lead to an additional 50 m³/ha retention in one decade, thereby increasing
246 rainwater harvesting capacity to 75 m³/ha which was considered in the simulation.

247 ■ **Future scenario 2040:** Further, it is assumed that harvesting intensity in the study area
248 will reach 125 m³/ha under this scenario.

249 *Model calibration:* The model was calibrated at ten sites (seven runoff gauges and three
250 reservoirs using the periods shown in table 3 . Following the successful calibration, the model
251 was run with the abovementioned scenarios.

252

253 **Table 2b** shows model inputs for developing no intervention, 2030, and 2040 scenarios.

254

255 **3. Results**

256 **3.1 Rainfall Characterization**

257 Variability of measured rainfall from 23 stations between 1979 and 2013 is presented on a yearly
258 time scale in **Figures 5a** and **5b**. Out of the 23 stations, average annual rainfall at 10 stations was
259 less than 1000 mm; at 5 stations between 1000 mm and 2000 mm; at 7 stations between 2000 mm
260 and 3000 mm and at 1 station more than 4000 mm. Bhagamandala in Kodagu district (station no
261 15) received the highest annual average rainfall (5400 mm) and Channarayapatna in Hassan district
262 (station no 8) received the lowest (720 mm). However, there was huge a variation in the temporal
263 scale as shown in **Figure 5b**. Overall, the average annual rainfall of the study area was 1280 mm.

264

265 **3.2 Decadal Analysis of Inflow, Water Uses and Downstream Release in Major Reservoirs**

266 Krishnaraja Sagar, Hemavathy, and Harangi reservoirs located in the catchment have been
267 functional since 1934, 1979, and 1982, respectively. A storage capacity of about 1242 MCM was
268 created through the Hemavathy and Harangi reservoirs during 1979-1982. The measured actual

269 inflows and major outflows (canal and river releases) of the three reservoirs were analyzed for four
270 decades: 1971-1980, 1981-1990, 1991-2000, and 2001-2010. The average decadal inflows into the
271 KRS reservoir fell by a third from 5500 MCM/year to 3500 MCM/year during 1981-1990
272 compared to 1971-1980 due to the construction of two upstream reservoirs (Harangi and
273 Hemavathy). Inflows into the KRS reservoir during 1991-2000 and 2001-2010 were 4200
274 MCM/year and 4000 MCM/year, respectively. Inflows into the Harangi reservoir over the last
275 three decades were 900-1000 MCM/year, and in the Hemavathy reservoir 2200-2500 MCM/year
276 (**Figure 6a**). Not much inter-decadal variation in inflows was observed as they are located on the
277 most upstream side and receive runoff from the Western Ghats region that has least anthropogenic
278 interference.

279 The annual average canal releases of KRS, Hemavathy, and Harangi reservoirs for four decades
280 was 47%, 55% and 61% of total inflow in the KRS, Harangi and Hemavathy are presented in **Figure**
281 **6b**. The canal command area of Harangi reservoir is located in the Upper Cauvery catchment
282 whereas 85% of the Hemavathy canal command area is located in the study catchment and the rest
283 lies outside the basin. In contrast, the canal command area of the KRS reservoir lies completely
284 outside the Upper Cauvery catchment. An increasing trend towards the release of canal water from
285 all the three reservoirs has been observed. Total surface water utilization (canal water release) for
286 agriculture was 1450 MCM in 1971-1980; 2500 MCM in 1981-1990; 3500 MCM in 1991-2000,
287 and 3800 MCM in 2001-2010. Of the total inflow received into KRS reservoir, water released for
288 the canal command area increased from 27% (of total inflow) in 1971-1980 to 47% in 2001-2010.
289 Similarly, water utilization in agriculture (released to the canal command area) in the Harangi
290 reservoir increased from 30% in 1981-1990 to 55% in 2001-2010, respectively and in the
291 Hemavathy reservoir it increased from 26% in 1981-1990 to 61% in 2001-2010.

292 Average annual reservoir releases to downstream locations for all the four decades are presented
293 in **Figure 6c**. With reduced inflows and increased canal water release, the downstream release
294 from KRS reservoir declined by over 55%, from 3600 MCM in 1971-1980 to 1950 MCM in 2001-
295 2010. Similarly in both the upstream reservoirs (Harangi and Hemavathy), water release
296 downstream declined from 68-69% (of total inflow) in 1981-1990 to 36-43% in 2001-2010.

297

298 **3.3 Model Performance**

299 **Figure 7** presents the model's performance by comparing simulated flow with observed flow data
300 at four out of seven gauging stations of Kudige, Sakaleshpur, Chuchunkatte, and Akkihebbal and
301 inflows into Hemavathy and KRS reservoirs on a monthly time scale between 1981 and 2013. The
302 flow data for Sakaleshpur, Chuchunkatte, and Akkihebbal was only available for 2002-2014, 2008-
303 2014, and 2002-2014 respectively. In general, the simulated flow at monitoring locations agreed
304 with the observed values as well as matched the peaks. However, at Kudige gauging station
305 (**Figure 1, Figure 7a**) and inflow at Hemavathy (**Figure 1, Figure 7f**), simulated flow was
306 underestimated. Runoff at upstream locations is generated from the Western Ghats. It is possible
307 that the data from the rain gauges did not capture the entire rainfall variability of the Western Ghats
308 region. There was a steep gradient of rainfall from 2000 mm to 5000 mm within 100 km distance
309 which was not captured fully due to limited rain gauge monitoring. The model's performance in
310 simulating inflows at monthly scale into the KRS reservoir shows that it captured the rising limb,
311 peaks, and recession limb of inflows quite well; however, the peaks were over-predicted for a few
312 events. Model performance was further evaluated by estimating RMSE (174 MCM); NSE (0.85);
313 and R^2 (0.88), indicating that the model was in consonance with observed data. The model
314 performance statistics from all the gauging stations and reservoirs are summarised in **Table 3**. Out

315 of 10 sites, R^2 was found to be more than 0.75 in 8 sites; and NSE was equal or more than 0.5 at 8
316 sites. Overall, the model was able to capture the catchment hydrology considerably well.

317

318 **3.4 Water Balance Components**

319 Rainfall is split into major water balance components: evapotranspiration, runoff, and change in
320 water storage. The average annual rainfall of the catchment was 1280 mm and varied from 880
321 mm to 1880 mm between 1981 and 2013. Of this, 54% (700 mm) of total rainfall was split into
322 ET (590 mm to 800 mm), 29% (370 mm) as catchment outflow (170 mm to 630 mm) and the
323 remainder 17% (215 mm) as change in water storage (**Figure 8a**). In the current case, the inflow
324 to the KSR reservoir is considered as outflow from the catchment as KRS is located at the outlet
325 of the catchment.

326

327 **Figure 8b** shows the water balance components for a wet (2007), normal (2008), and dry (2012)
328 year. The annual rainfall received during wet, normal, and dry years was 1686 mm, 1403 mm, and
329 1115 mm, respectively. Most of the rainfall went towards ET estimated to be 600-750 mm, which
330 is 40-60% of the total rainfall received. The surface runoff generated was 715 mm (42% of rainfall)
331 in a wet year; 450 mm (34%) in a normal year, and 325 mm (29%) in a dry year. The change in
332 groundwater recharge was in the order of 130-230 MCM, of which 11-14% was generated by the
333 received rainfall. A comparison of dry, normal, and wet years revealed that the most sensitive
334 water balance component is surface runoff, followed by groundwater recharge with changing
335 rainfall conditions from year to year.

336

337 **Figure 9** shows the spatial variability in major water balance components (rainfall, ET, runoff and
338 change in groundwater storage) for the selected wet (2007), normal (2008), and dry (2012) years
339 across the Upper Cauvery. The Western Ghats received the highest rainfall (> 3000 mm), with
340 rainfall decreases from west to east. Spatial data showed that 40% of the catchment received less
341 than 1000 mm rainfall, 35% between 1000-2000 mm, and 25% above 2000 mm during the normal
342 year. The distribution changed to 40% (<1000 mm), 40% (1000-2000 mm), and 20% (>2000 mm)
343 in a dry year and 45% (<1000 mm), 25% (1000-2000 mm), and 30% (>2000 mm) in a wet year.
344

345 ET varied with rainfall distribution. ET in the Western Ghats was higher than in agricultural lands.
346 More number of rainy days and forest cover generated ET as high as 700-900 mm in different
347 rainfall years; however, the extent declined in a dry year compared to a wet year. ET for about
348 10% of the catchment was less than 500 mm, between 500-900 mm for 80% of the area, and >900
349 mm for 10% of the area in a dry year. In normal and wet years, ET for about 88-90% area was
350 simulated to range from 500-900 mm and >900 mm for 10-12% of the area of the Upper Cauvery.
351

352 Change in groundwater storage was mapped on a spatial scale for selected dry, normal, and wet
353 years. Results from the model showed negative groundwater balance in more than 50% of the area
354 in a dry year, as water withdrawal in these watersheds had been higher than the recharge. Negative
355 groundwater balance was found in 20% of the area in normal years and 3% in wet years.

356 Runoff, an important source of freshwater, was found to be the most sensitive water balance
357 component with variable rainfall. In a dry year, more than 50% of the catchment produced less
358 than 100 mm of runoff, about 25% between 100 mm and 500 mm, and 25% more than 500 mm.
359 This proportion changed to 25% (< 100 mm), 40% (100-500 mm), and 35% (> 500 mm) in normal

360 and wet years. **Figure 10** shows the spatial variability in simulated runoff coefficients within the
361 catchment. Runoff coefficient in 50% of the area was <0.15 , and in 40% of the area 0.15-0.45
362 during a dry year. The runoff coefficient in 30% of the area was <0.15 and in 60% of the area 0.15-
363 0.45. The remaining 10% of the area had more than 0.45 runoff coefficient during a normal year.
364 Runoff coefficient for 25% of the area was less than 0.15, for 45% of the area 0.15-0.45, and for
365 30% of the area more than 0.45 in a wet year.

366

367 **3.5 Impact of AWM Interventions**

368 **Figure 11** summarizes the simulated KRS reservoir inflow under the four land management
369 scenarios. Under the no-intervention scenario, the annual inflows during wet, normal, and dry
370 years were 7800 MCM, 4300 MCM, and 3100 MCM, respectively. Under the 2020 scenario,
371 inflows fell by 2-6% due to various water harvesting interventions. Under the 2030 and 2040
372 scenario, simulation suggested that intensifying AWM interventions would reduce KRS inflow by
373 6-15%. Simulation suggested greater flow reduction in normal and dry years (by 10-15%)
374 compared to wet years (4-6%).

375

376 **Figure 12a** compares the efficacy of AWM interventions in terms of total water harvested at
377 upstream watersheds during wet, normal, and dry years and under three different land management
378 scenarios (2020, 2030, and 2040). Under the current scenario (2020), about 140-220 MCM/year
379 freshwater was harvested which is equivalent to 13-20 mm at catchment scale. With increased
380 intensity of AWM interventions in 2030 and 2040, simulated results showed 300-440 MCM/year
381 (28-41 mm) and 460-610 MCM/year (43-57 mm) of water harvested in upstream watersheds,
382 respectively. Simulation suggested that AWM interventions filled 8-12 times of the total storage

383 capacity created under the current scenario. The number of fillings fell with increased density of
384 interventions as the number of fillings in future scenarios (i.e., 2030 and 2040) was simulated to
385 be 6-11 and 5-11 times, respectively (**Figure 12b**).

386
387 **Figure 13** summarizes the water harvested in upstream watersheds under dry, normal, and wet
388 years and also under 2020, 2030, and 2040 AWM scenarios. Currently (in 2020), more than 80-
389 90% of watersheds in the uplands are harvesting less than 25 mm runoff, including during wet
390 years and less than 10% of them are harvesting runoff between 25 mm and 100 mm. With increased
391 intensity of AWM interventions, simulation demonstrated that about 40-50% of the watersheds
392 would harvest runoff less than or equal to 25 mm, 20-30% of them would harvest between 25-75
393 mm, and 10-20% of them would harvest more than 75 mm in 2030.

394
395 **3.6 Uncertainties in the Model**

396 Though catchment hydrology is complex to model due to heterogeneity in the topography, soil
397 types, rainfall, land use, and management practices, an effort was made to do so by using secondary
398 data and field measurements to reduce the uncertainty in results. The density of rain gauge stations
399 is low, approximately one rain gauge for every 460 km². This low density, especially in the
400 Western Ghats region, may not be able to capture the rainfall's spatial variability adequately.
401 Rainfall in the Western Ghats varies from 1000 mm to 5000 mm within a 50-100 km radius. We
402 also realized that inflow modeled at upstream reservoirs was far lower than the observed data at
403 Harangi. Within the model's set up, we assumed a limited cropping system whereas in reality there
404 is a multiple cropping system and associated land management. Number of AWM interventions
405 were simplified by creating reservoir node either of *in-situ* or *ex-situ* type for each watershed. This

406 may also generate uncertainty as the responses of different AWM interventions depend on their
407 catchment (location), type, and capacity.

408

409 **4. Discussion**

410 The study showed that a major portion of freshwater in the catchment came from the Western
411 Ghats. The runoff coefficient of the Western Ghats was as high as 60-70%. Thus, rainfall of more
412 than 3000 mm generated over 2000 mm of runoff. Results also showed that freshwater generated
413 from drylands was comparatively low as most of the rainfall was in the form of ET. More than
414 50% of the catchment, especially in the dry and normal years, generated 100 mm runoff or less
415 with a runoff coefficient of 15-20%.

416

417 Under the current scenario (2020), AWM interventions implemented in the drylands as a drought
418 mitigation strategy harvested 25-30 mm of water while the rest was available for downstream
419 users. However, catchment scale water balance showed that flow reduction at the KRS reservoir
420 due to AWM interventions was less than 6% of the total inflow generated. Runoff generated from
421 the Western Ghats is a major contributor to the KRS reservoir (surplus from Harangi and
422 Hemavathy reservoirs). However, the increased density of AWM interventions could be a matter
423 of concern for command area authorities as the inflow at KRS reservoir may decline by 6-15% by
424 2040.

425

426 The results showed that water allocation in canal command areas from all three reservoirs
427 increased at the rate of 60 MCM/year. Water release from the KRS reservoir declined from 3600
428 MCM in 1971-80 to 1950 MCM in 2001-2010, indicating a 55% reduction in downstream of the

429 Upper Cauvery basin. Out of this, only 2-6% is due to AWM interventions and the rest due to
430 water allocation in canal command areas. A water balance analysis showed that runoff generated
431 from dryland areas during deficit years was relatively poor. Even under the no-intervention
432 scenario, the runoff generated was far lower than the required demand from the canal command
433 area. AWM interventions have however created a little more deficit against total freshwater
434 demand at KRS but at the same time it might be helpful for alleviating drought at uplands. The
435 amount of water harvested by AWM interventions in a dry year was comparable to that in a wet
436 year. Since AWM interventions harvest a little surface runoff from frequent events, there was not
437 much difference in their efficacy between different rainfall years. These interventions were found
438 to harvest runoff 8-12 times/year of its storage capacity.

439

440 AWM interventions in the drylands are meant to alleviate crop water stress by enhancing soil
441 moisture availability, providing life-saving supplemental irrigation through locally harvested
442 runoff; enhancing groundwater recharge and crop intensification. Our analysis showed that water
443 harvested from AWM interventions was equivalent to one or two supplemental irrigations (~25-
444 30 mm) which could be in the form of enhanced soil moisture or blue water availability depending
445 on the local situation and management. However, the resulting gains in crop productivity and crop
446 intensification due to such interventions was beyond the scope of this study. In this basin, there is
447 an apparent trade-off between local benefits and downstream water availability. Upstream
448 development brings regional equity, as the uplands mostly suffer from water scarcity, poor
449 productivity, and land degradation whereas a little reduction in the flow at the KRS reservoir could
450 be compensated by promoting improved water management practices.

451

452 Previous studies in the semi-arid tropical central and southern India have reported altered
453 watershed hydrology due to AWM interventions, with a reduction in runoff by 30-50% compared
454 to no-intervention conditions. However, at the same time, these watersheds transformed the
455 landscape. Singh et al. 2014 reported that check dams harvested 8.2 to 9.5 times the total storage
456 capacity developed in one of the degraded landscapes of central India, with rainfall ranging from
457 750-1050 mm. AWM interventions enhanced groundwater recharge (by 30-50%), crop
458 productivity (by 50-200%), crop intensification (by 30-50%), and controlled soil erosion and land
459 degradation (by 70-90%) compared to the non-intervention stage (Garg et al. 2011, 2012a; Singh
460 et al. 2014). Garg et al. (2011) modeled the impact of various AWM interventions on hydrological
461 processes in the Osman Sagar catchment (736 km²) of Musi basin in the semi-arid tropics of
462 southern India. The study reported that AWM interventions in the meso-scale watershed reduced
463 inflow into the Osman Sagar reservoir by 40% but improved groundwater recharge and crop
464 intensification by 30% and enhanced crop yields and farm incomes in upstream areas. This also
465 reduced flow intensity and sedimentation in downstream water bodies. In the trade-off between
466 upstream and downstream, there were more upstream benefits and relatively minor negative
467 impacts on downstream flow.

468

469 Rainfed areas hold great untapped potential in terms of addressing food security and sustainable
470 development goals that can be unlocked using resource conservation technologies. At the same
471 time, irrigated agriculture has to keep productivity levels high despite reduced resource availability
472 which, historically, used to be met from upstream sources. With developments upstream,
473 downstream irrigated ecosystems need to enhance water use efficiency by adopting conservation

474 measures and demand management strategies. This study's outcomes will help stakeholders design
475 and prioritize development plans for better water management in the basin.

476 **4. Conclusions**

477 An analysis was done of the water balance components of the Upper catchment of Cauvery basin.
478 A Soil and Water Assessment Tool (SWAT) was applied to investigate the basin's hydrology. The
479 model was calibrated at ten sites (seven runoff gauges and three reservoirs). The historical changes
480 in inflow pattern, canal releases, and downstream flow in all the three main reservoirs were
481 analyzed using observation datasets. The model was further parameterized to quantify AWM
482 interventions in the upstream areas. In addition, four land management scenarios representing no-
483 intervention, current status (2020), 2030, and 2040 were generated. Following were the key
484 findings:

- 485 • There is increasing water allocation for agriculture in the canal command areas from the
486 three main reservoirs. Surface water utilization for agriculture which was 1450 MCM/year
487 in 1971-1980 increased to 3800 MCM/year in 2001-2010. The average increase in water
488 allocation for agriculture is 60 MCM per year. The increased allocation led to a 55%
489 decline in water released from the KRS reservoir to the downstream river, from 3600
490 MCM/year in 1971-1980 to 1950 MCM/year in 2001-2010.
- 491 • The main source of fresh water in the catchment comes from the Western Ghats region,
492 which receives more than 3000 mm of rainfall. The runoff coefficient of this region was
493 more than 60%. The average annual rainfall in the basin is 1280 mm, 29% of this generated
494 outflow from the catchment; 54% was in the form of ET, and the remaining 17%
495 contributed to change in soil water storage.

- 496 • More than 50% of the drylands portion of the catchment receives rainfall ranging from 700
497 mm to 1200 mm. Most of it is in the form of ET and less than 15-20% generates surface
498 runoff. The change in groundwater storage in the drylands was mostly negative as
499 groundwater withdrawal exceeded recharge most of the time.
- 500 • The model suggested that various *in-situ* and *ex-situ* interventions harvested surface runoff
501 of about 140-160 MCM/year under the current implementation status (which is equivalent
502 to 13-15 mm). This has reduced inflow into the KRS reservoir by less than 6%. Increasing
503 the density of AWM interventions in the future (i.e., 2030 and 2040) is expected to harvest
504 300-440 MCM (28-41 mm) and 460-610 MCM (43-57 mm) of surface runoff in the
505 uplands, respectively. This may reduce inflow into the KRS reservoir by 15% at most.

506 These findings are useful for stakeholders such as development agencies, water authorities, water
507 companies, reservoir managers, decision makers, local authorities/councils and farmer
508 associations to understand the upstream and downstream trade-offs that will enable them to take
509 informed decisions.

510

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518

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758

759 **List of Figures**

760 **Figure 1:** Upper Cauvery sub-basin, major streams, location of rain gauges, stream gauges and
761 major reservoirs in the catchment.

762

763 **Figure 2:** Schema of the adopted methodology.

764

765 **Figure 3:** Land Use Land Cover (LULC) map of the Upper Cauvery catchment (2016-17).

766

767 **Figure 4:** Conceptual diagram of field bund (*in-situ*) and farm pond (*ex-situ*). Figures are not at
768 scale.

769

770 **Figure 5.** (a) Spatial variation and (b) temporal variation in annual rainfall at 23 rain gauge
771 stations of the Upper Cauvery sub-basin during 35 years (1979-2013).

772

773 **Figure 6:** Decade-wise analysis of the measured (a) water inflows into reservoirs, (b) release
774 from reservoirs into canals and (c) release from reservoirs into river of the Harangi, Hemavathy,
775 and KRS reservoirs (label values indicate percent of total inflow).

776

777 **Figure 7:** Monthly time series of observed (red) and simulated (blue) streamflow/ reservoir
778 inflows for (a) Kudige gauge site, (b) Sakleshpur, (c) Chuchunkatte, (d) Akkihebbal, (e)
779 Hemavathy, and (f) KRS reservoir.

780

781 **Figure 8a:** Major water balance component (rainfall = outflow+ ET + change in storages) of the
782 Upper Cauvery catchment between 1981 and 2013. The sum of the three components is equal to
783 the total rainfall in respective years.

784
785 **Figure 8b:** Water balance in the Upper Cauvery catchment during wet (2007), normal (2008), and
786 dry (2012) years. (Numbers in the figure indicate the percentage rainfall in a particular year.)

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788 **Figure 9:** Spatial variability in different water balance components for selected wet (2007),
789 normal (2008), and dry (2012) years.

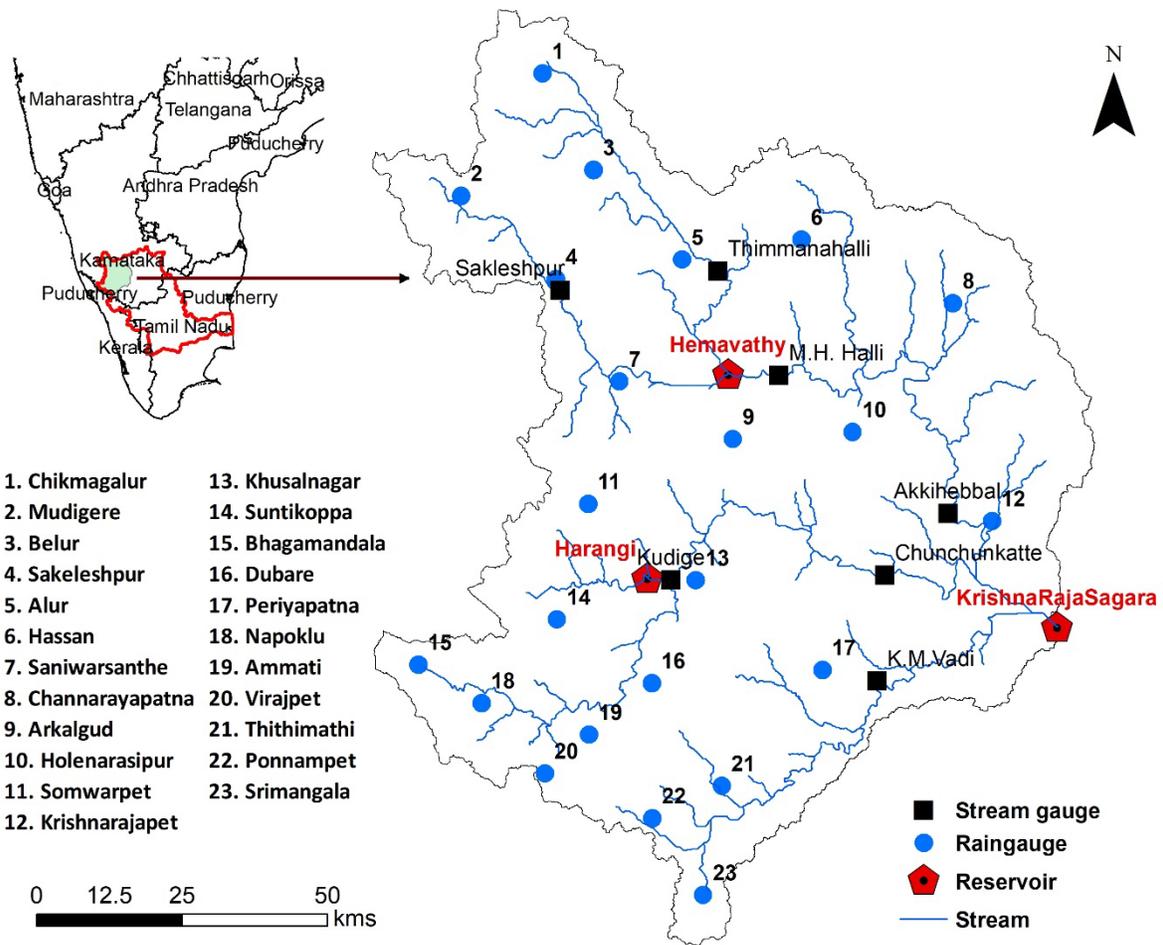
790
791 **Figure 10:** Spatial variability in simulated runoff coefficients in different micro-watersheds of the
792 Upper Cauvery catchment for selected wet (2007), normal (2008), and dry (2012) years.

793
794 **Figure 11:** Impact of interventions on inflows into the KRS reservoir. Label values indicates
795 percentage decrease with respect to the no intervention scenario.

796
797 **Figure 12: (a)** Water harvested by *in-situ* and *ex-situ* interventions and (b) number of fillings
798 during wet, normal, and wet years under 2020, 2030 and 2040 land management scenarios.

799
800 **Figure 13:** Spatial variability of total harvested water due to various AWM interventions for
801 2020, 2030 and 2040 scenarios under wet (2007), normal (2008), and dry (2012) years,
802 respectively.

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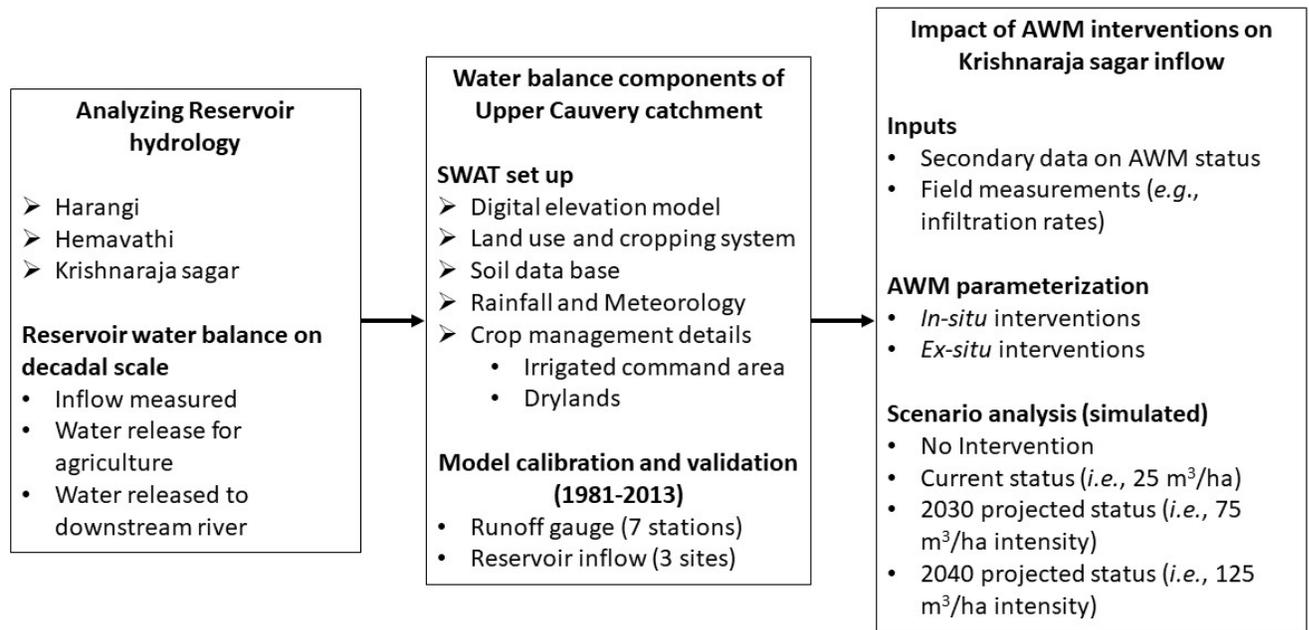


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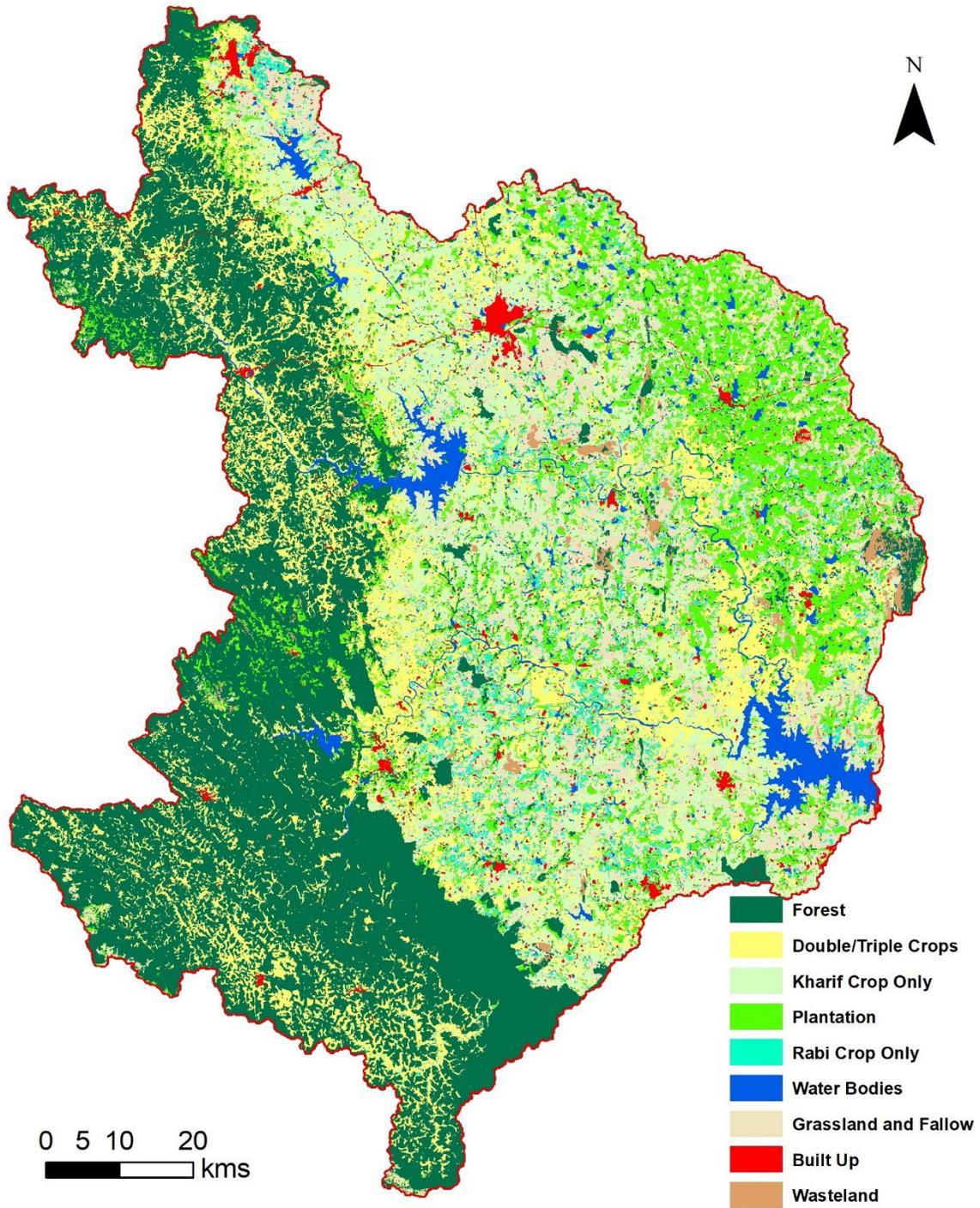
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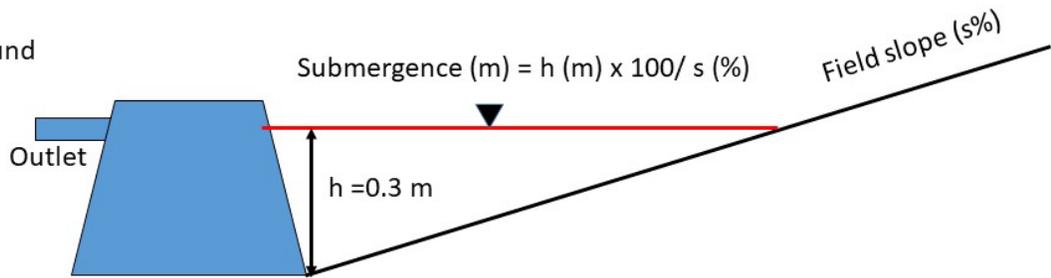
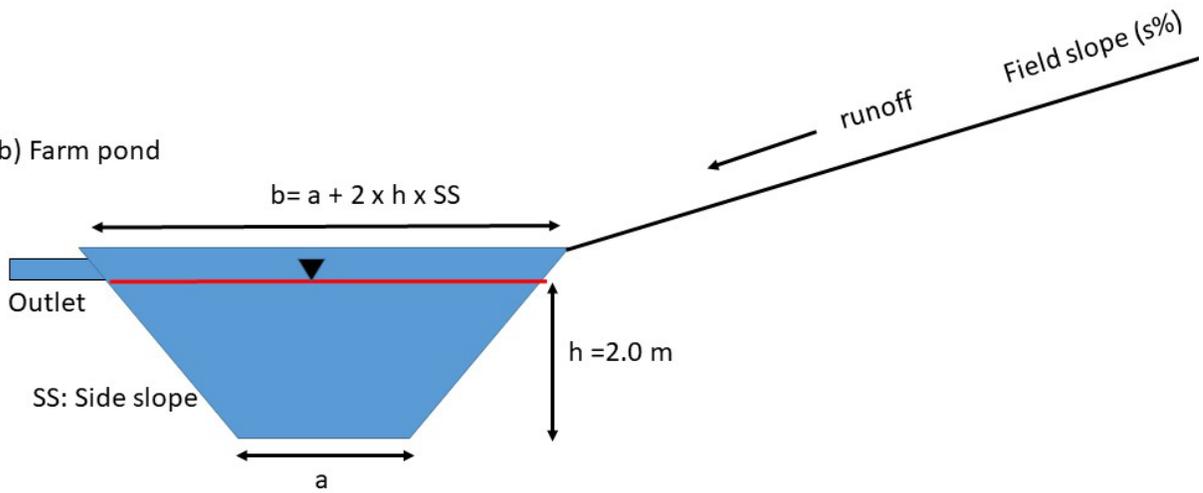


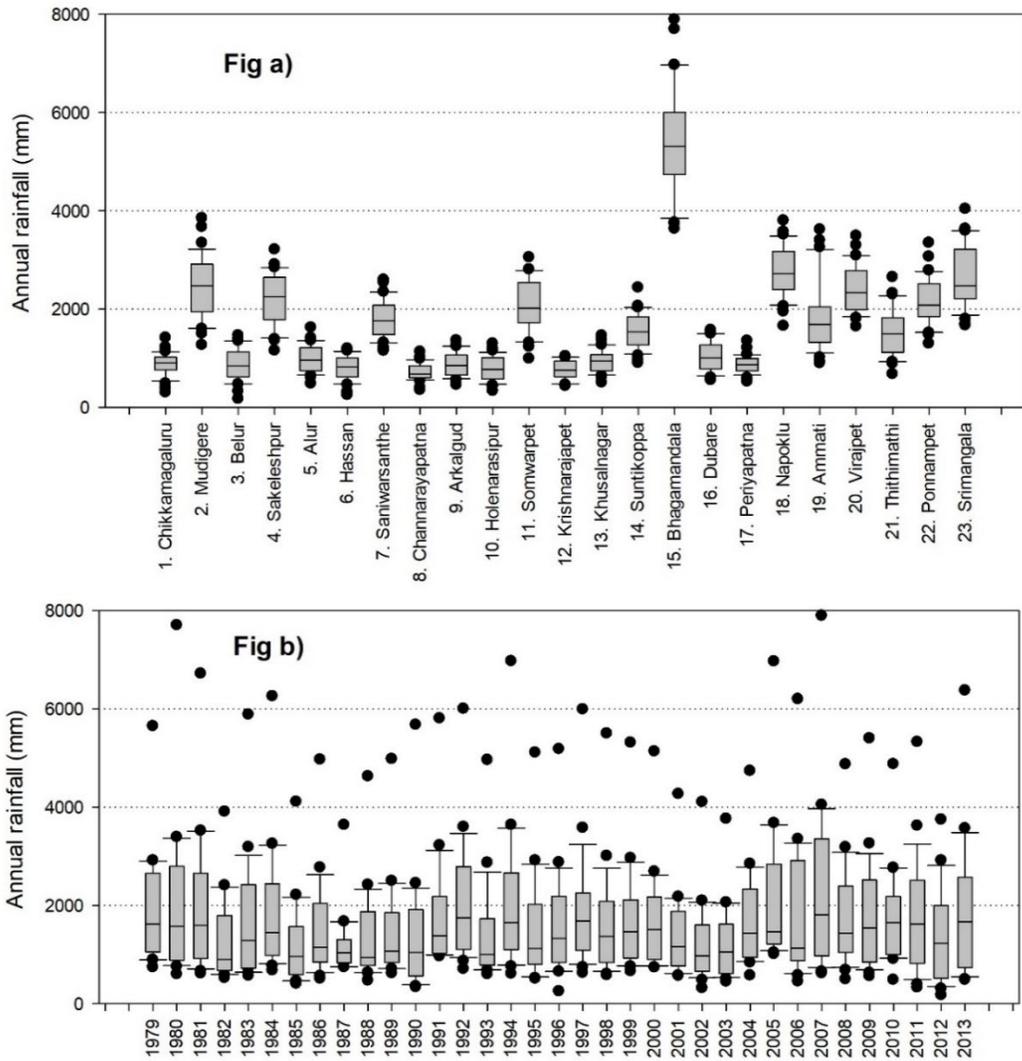
Fig b) Farm pond



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820 not drawn to scale.

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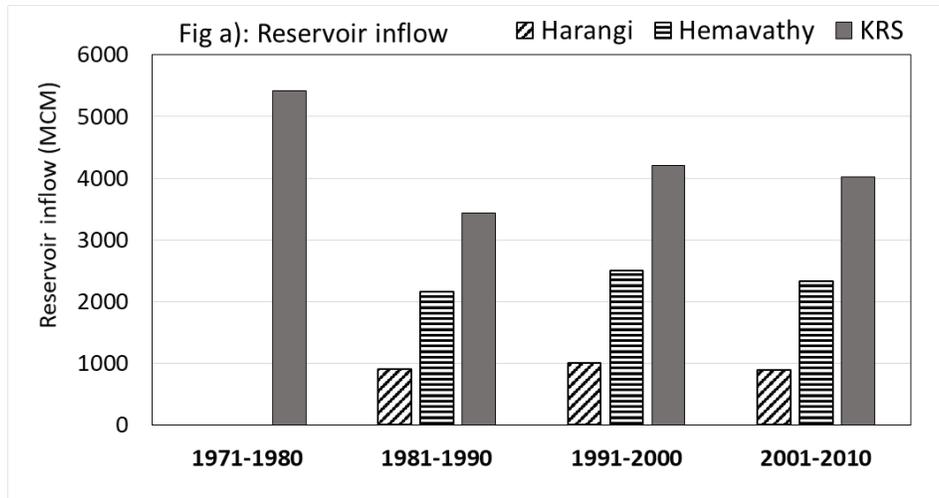
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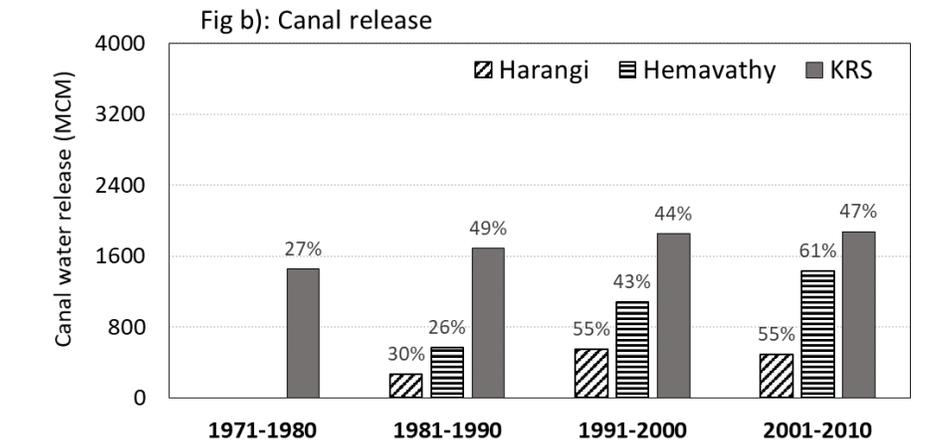
824 **Figure 5.** (a) Spatial variation and (b) temporal variation in annual rainfall at 23 rain gauge
 825 stations of the Upper Cauvery sub-basin during 35 years (1979-2013).

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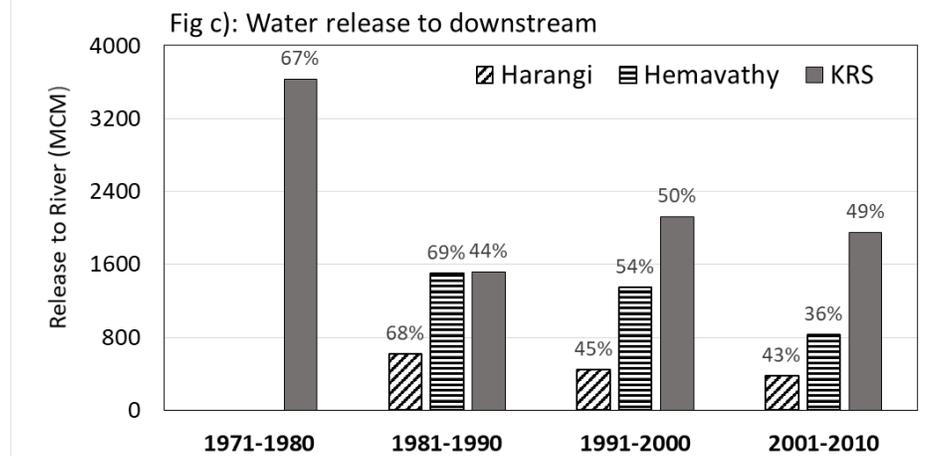
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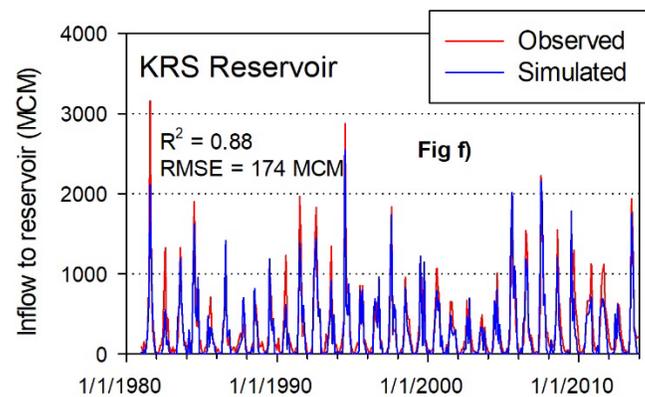
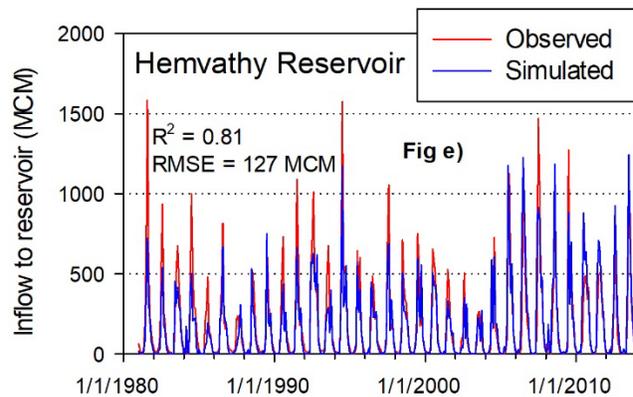
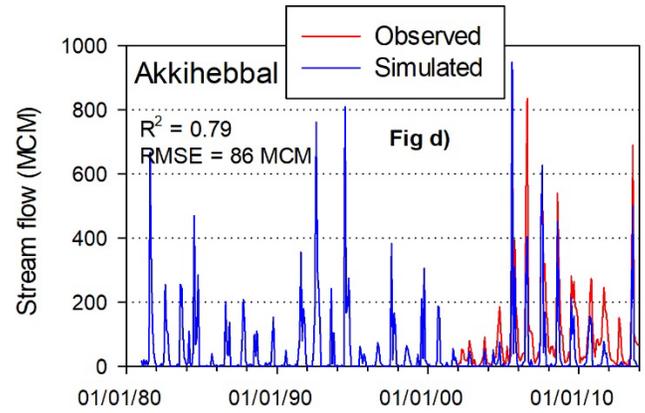
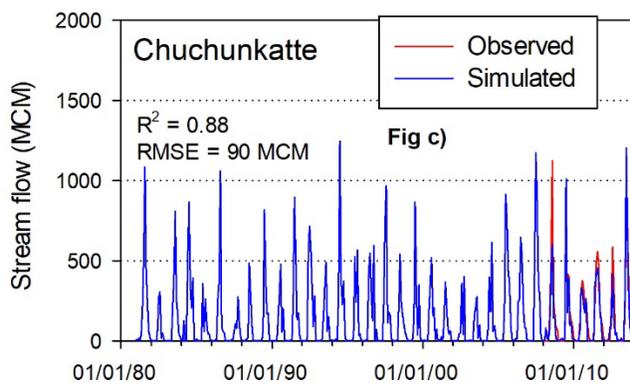
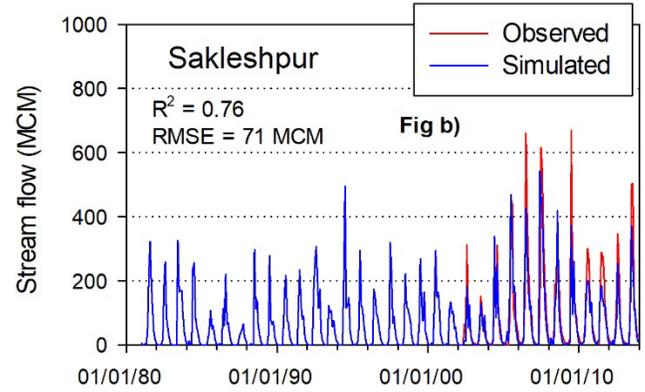
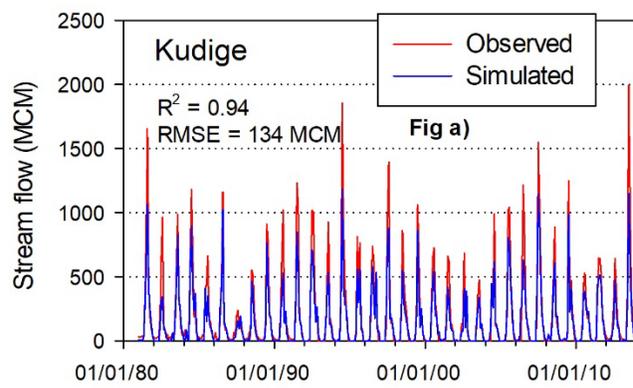
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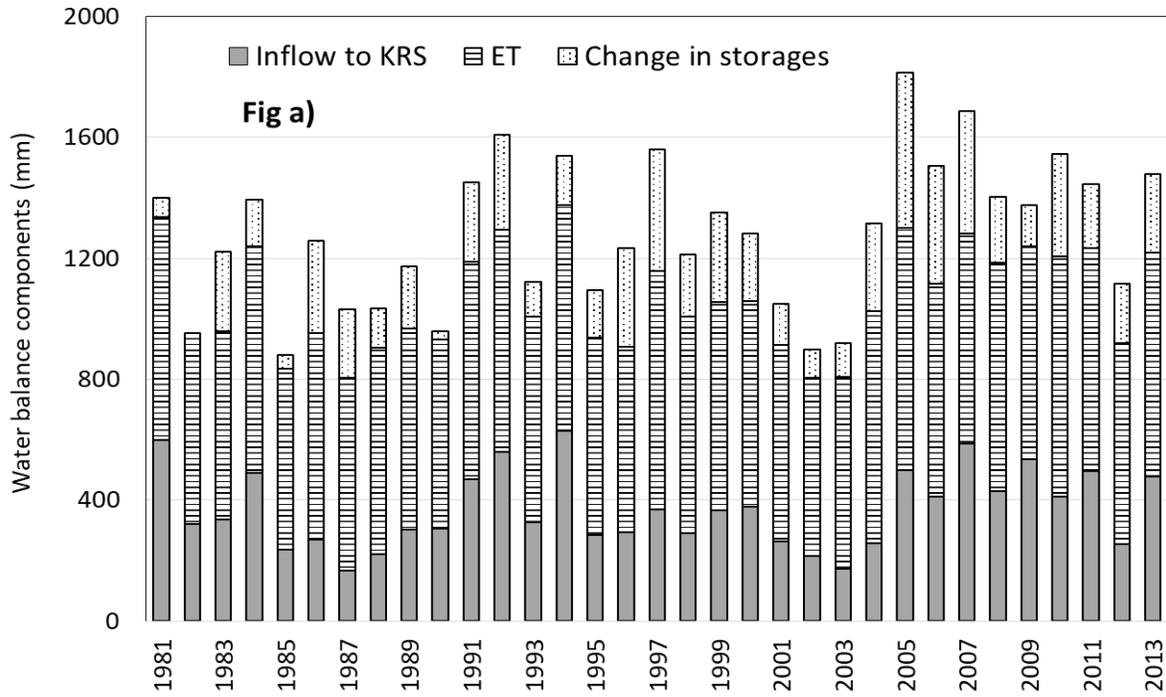


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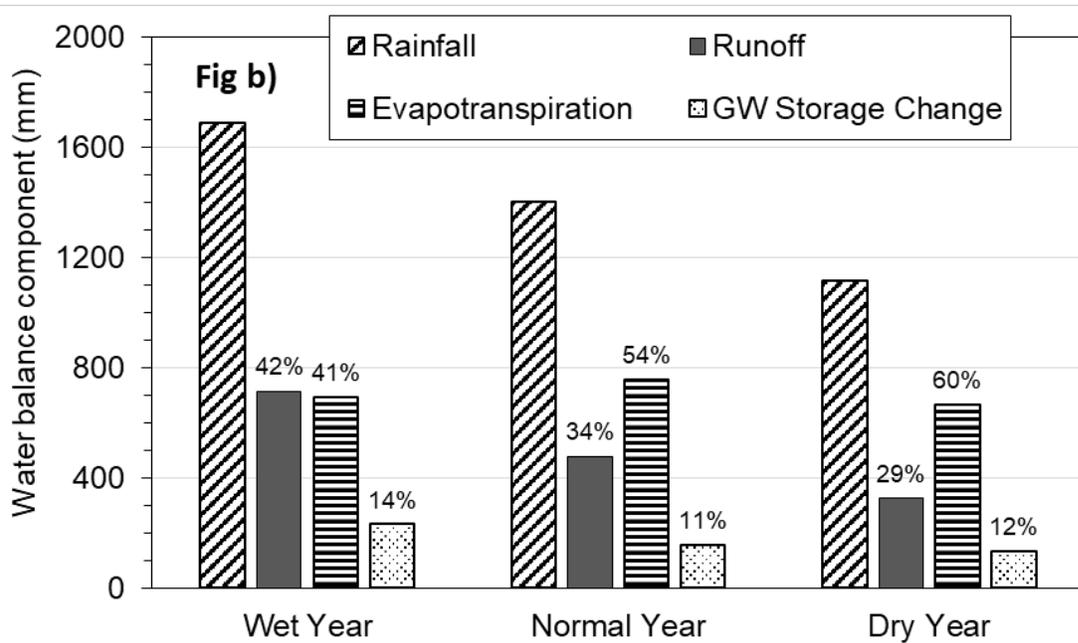
837 **Figure 7:** Monthly time series of observed (red) and simulated (blue) streamflow/ reservoir inflows
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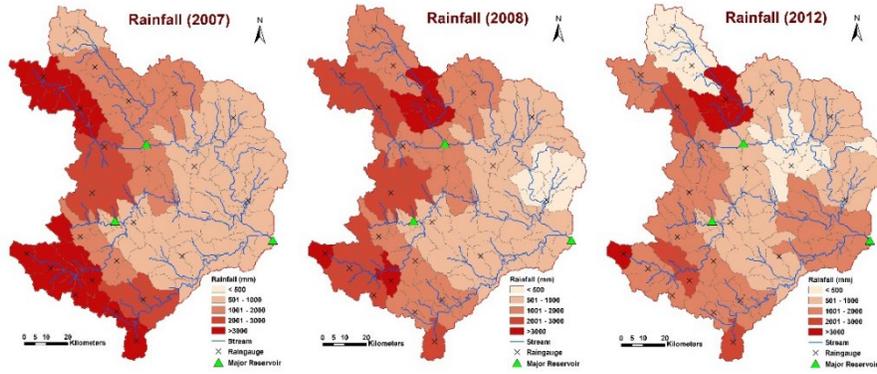
842 **Figure 8a:** Major water balance component (rainfall = outflow+ ET + Change in storages) of the
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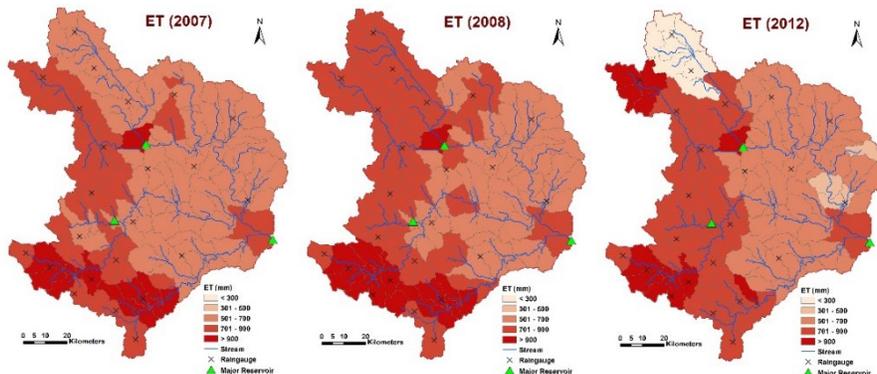
846

847 **Figure 8b:** Water balance in the Upper Cauvery catchment during a wet (2007), normal (2008)
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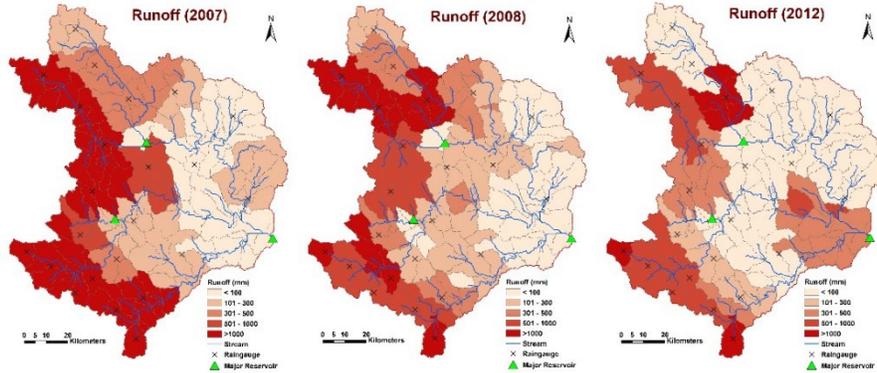
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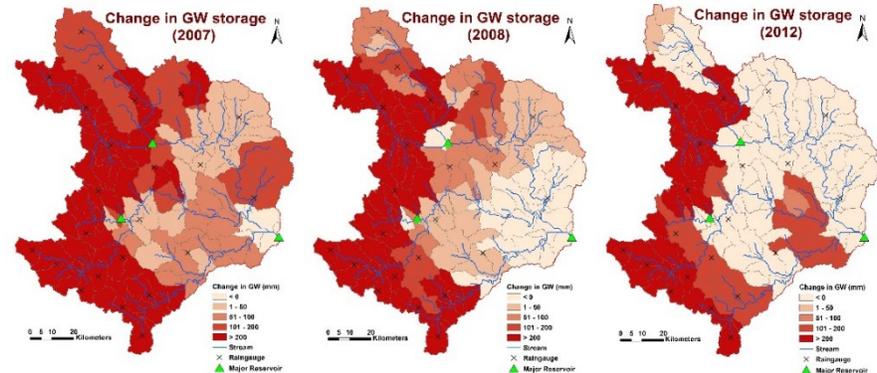
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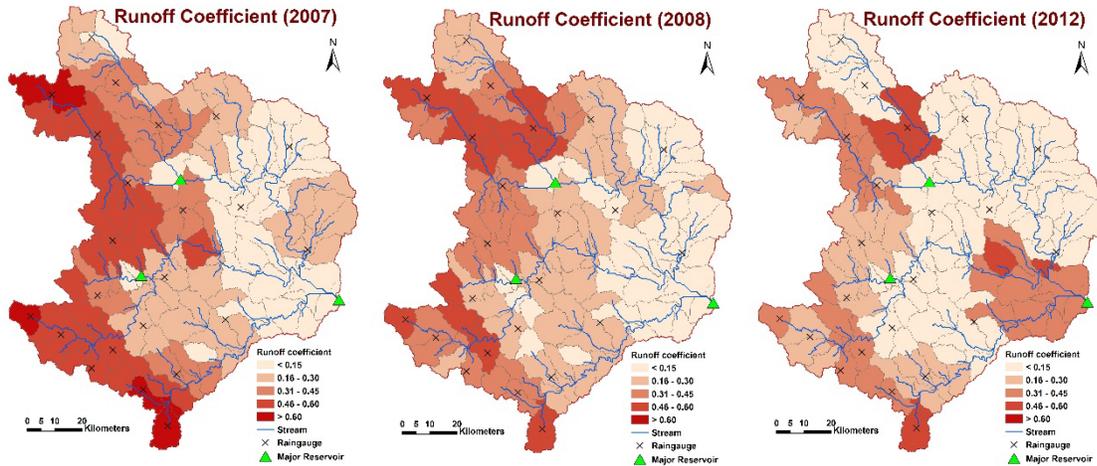
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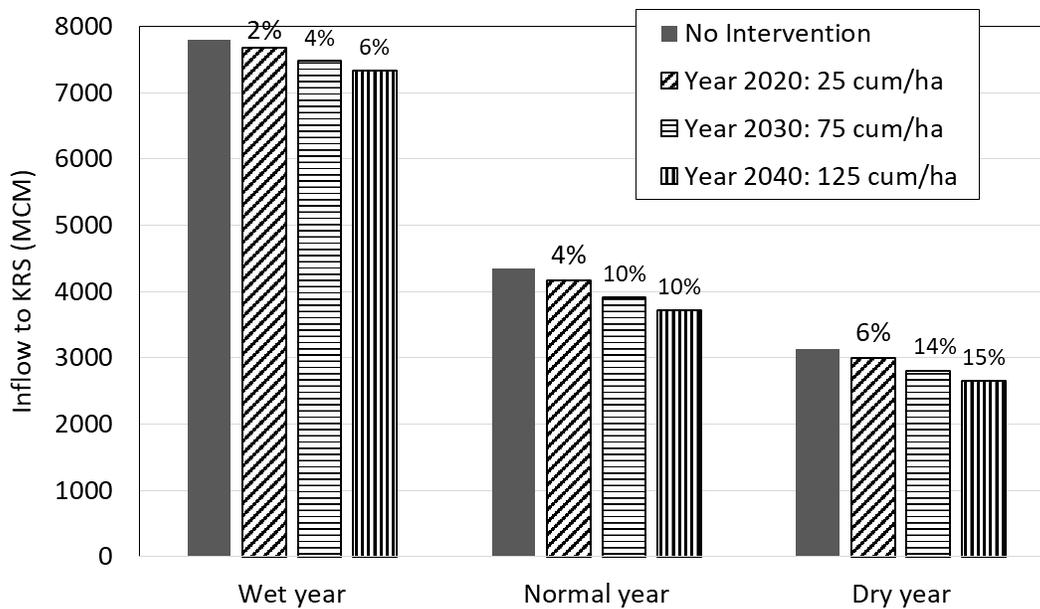
855 **Figure 9:** Spatial variability in different water balance components (rainfall, ET, runoff, and
856 change in GW storage) for selected wet (2007), normal (2008) and dry (2012) years.



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858 **Figure 10:** Spatial variability in simulated runoff coefficients in different micro-watersheds of the
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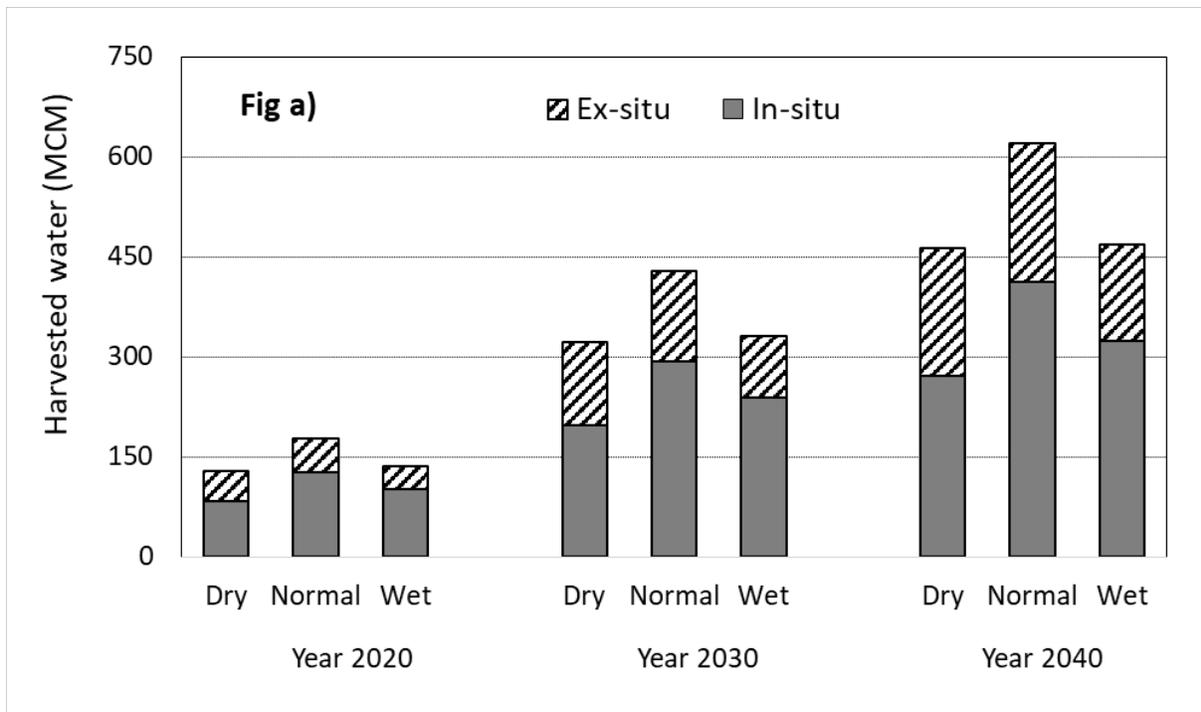
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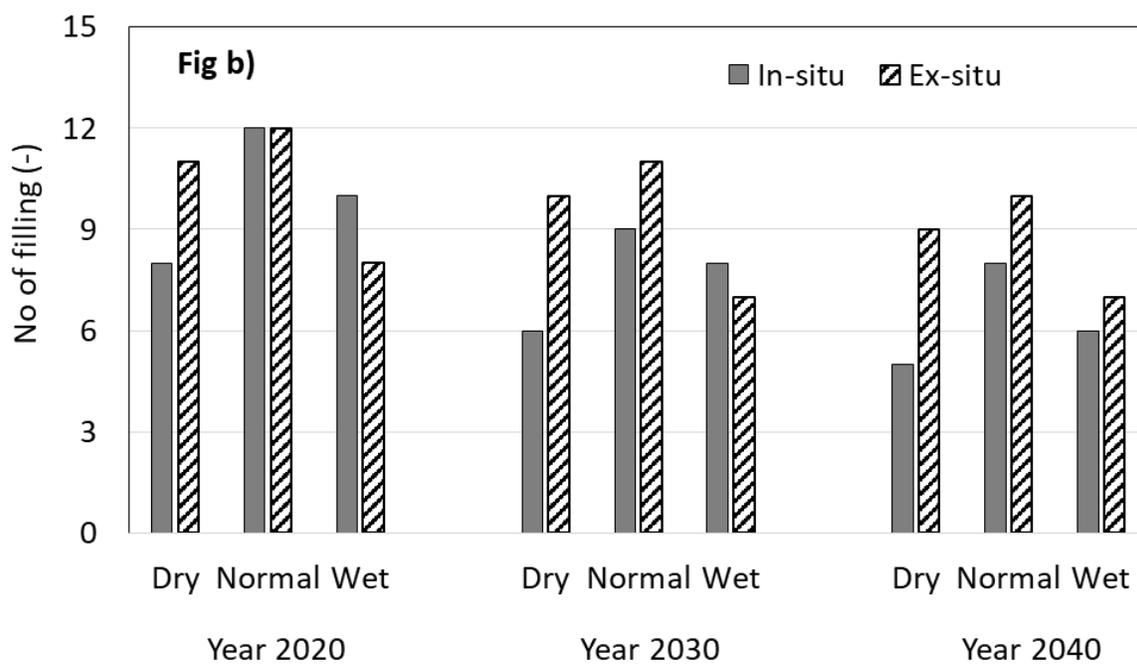
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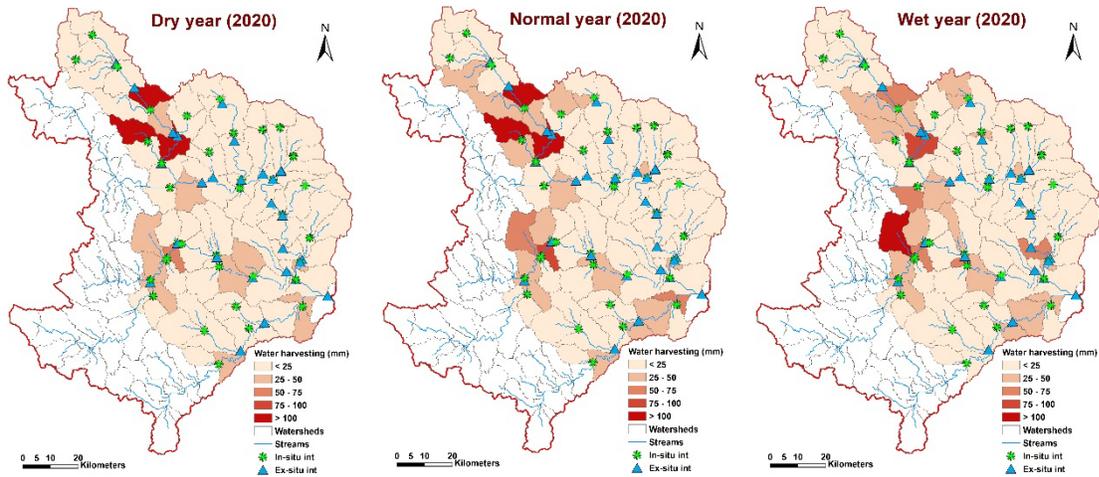


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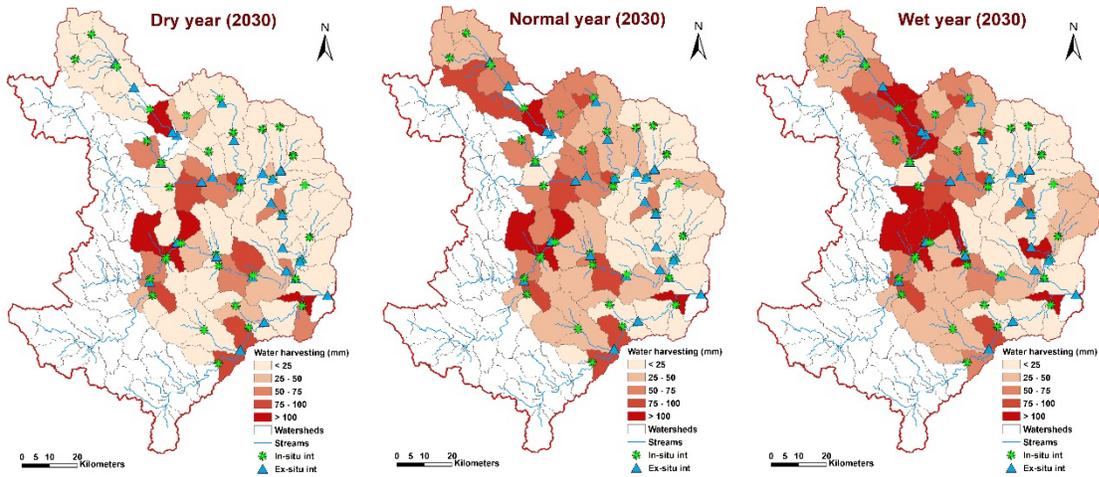
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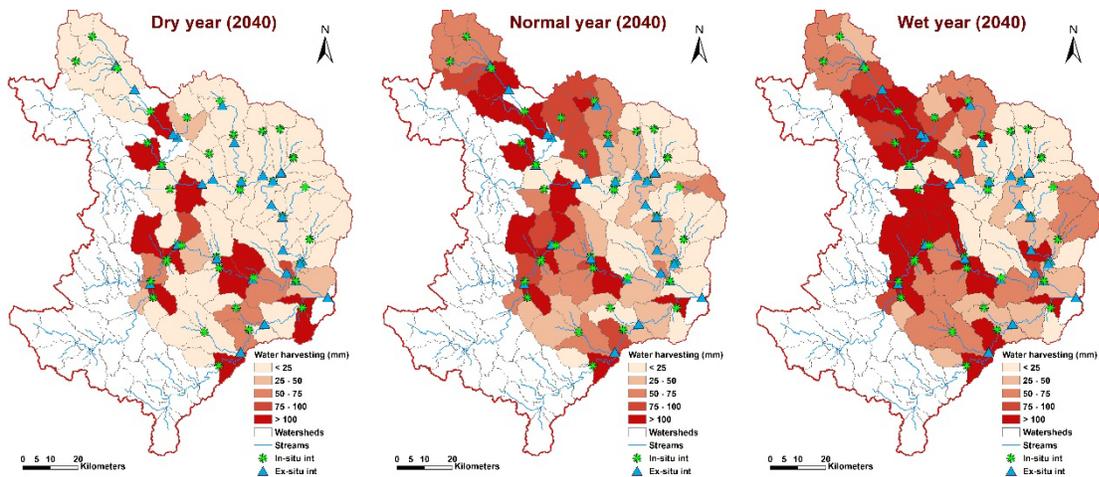
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872



873 **Figure 13:** Spatial variability of total harvested water due to various AWM interventions for
874 2020, 2030 and 2040 scenarios under the wet (2007), normal (2008) and dry (2012) years,
875 respectively.

876 **List of Tables**

877

878 **Table 1a:** Land use/ land cover (LULC) statistics and crop season.

Major class	LULC	Area (km ²)	Area (%)	Modeled as	Period
Built up area	Built up	210	2%	Settlement	-
Agriculture	Rainy season crops	1300	12%	Sorghum, rice	15 Jun-15 Oct
Agriculture	Post-rainy season crops	441	4%	Sorghum	15 Nov- 30 Mar
Agriculture	Double/triple crops	2443	23%	Sorghum, rice	15 Jun-15 Oct, 1 Jan- 31 Apr
Wasteland	Current fallow	1151	11%	Rangeland	Perennial
Horticulture	Plantation crops	1286	12%	Coconut	Perennial
Forest	Forest	3391	31%	Forest	Perennial
Wasteland	Wasteland	119	1%	Rangeland	Perennial
Water	Water	427	4%	Water	-

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881 **Table 1b:** Model inputs and calibration parameters.

Variable (unit)	Parameter name	Parameter value	Source
Sand content (%)	SAND	20 (10-30)	NBSS&LUP*
Silt content (%)	SILT	28 (20-35)	NBSS&LUP
Clay content (%)	CLAY	53 (35-70)	NBSS&LUP
Bulk density (g cm ⁻³)	SOL_BD	1.29 (1.24-1.33)	NBSS&LUP
Available water content (mm H ₂ O/mm soil)	SOL_AWC	0.14	NBSS&LUP
Soil depth (mm)	SOL_Z	750 (300-1200)	NBSS&LUP
Saturated hydraulic conductivity (mm/hr)	SOL_K	6.6 (6.03-7.12)	NBSS&LUP
Curve number	CN2	82 (72-92)	Calibrated
Groundwater revapcoeff (-)	GW_REVAP**	0.02	Default
Threshold depth of water for revap in shallow aquifer (mm H ₂ O)	REVAP_MN***	750	Calibrated
Threshold depth of water in the shallow aquifer required to return flow (mm H ₂ O)	GWQMN	1000	Calibrated
Groundwater delay time (days)	GW_DELAY	31	Calibrated
Surface runoff lag coefficient	SURLAG	4	Default
Base flow alpha factor	ALPHA_BF	0.375	Calibrated

882 *NBSS&LUP: National Bureau of soil Survey and land use planning

883 ** Groundwater revapcoeff: Water may move from the shallow aquifer into the overlying
 884 unsaturated zone. As GW_REVAP approaches 0, movement of water from the shallow aquifer to
 885 the root zone is restricted. As GW_REVAP approaches 1, the rate of transfer from the shallow
 886 aquifer to the root zone approaches the rate of potential evapotranspiration.

887
 888 *** REVAP_MN: Threshold depth of water in the shallow aquifer for "revap" or percolation to
 889 the deep aquifer to occur (mm H₂O).

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892 **Table 2a:** Parameterization of *in-situ* and *ex-situ* AWM interventions

Parameters	Parameter	<i>Ex-situ</i> interventions	<i>In-situ</i> interventions
Name of structure		Farm pond	Field bunds
Maximum water harvesting depth (m)	Depth of water (h)	2.0	0.3
Cross section (m ²)- Refer Figure 4	AREA	14	2.25*
Hydraulic conductivity of the reservoir bottom (mm h ⁻¹)	RES_K	4	12
Water harvesting capacity (m ³)	VOL	100 m ³ /farm pond	90 m ³ /Land holding**

893 * Land slope= 2%.

894 ** Field bunds of 0.4 ha field (1 acre land holding) = 40 m.

895

896 **Table 2b:** Model inputs to capture Agriculture Water Management scenarios

897

Scenario/Time period	Unit	No intervention stage	Current stage	Future stage 1	Future stage 2
		Before 2000	2020	In 2030	In 2040
Total treated area with <i>in-situ</i> intervention	km ²	0	3350	3350	3350
Total treated area with <i>ex-situ</i> intervention	km ²	0	2782	2782	2782
Model parameter (RES_VOL) under <i>in-situ</i> intervention	MCM	0	10	31	52
Model parameter (RES_VOL) under <i>ex-situ</i> intervention*	MCM	0	4	13	22

898 * In addition to the major reservoirs (KRS, Harangi, and Hemavathy).

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Table 3: Model performance statistics to simulate monthly inflows during calibration

Reservoir /gauge station	Data availability / calibration periods	Observed average monthly flow (MCM)	Simulated average monthly flow (MCM)	RMSE (MCM)	PBIAS	R ²	NSE	RSR
Hemavathy	1981-2013	193	174	127	48.14	0.81	0.79	0.46
Harangi	1981-2013	79	40	88	81.20	0.77	0.49	0.72
KRS	1981-2013	328	265	174	47.46	0.88	0.85	0.39
Akkihebbal	2002-2013	25.97	43.32	86.81	54.63	0.79	0.72	0.59
Chuchunkatte	2008-2013	169	141	90	18.08	0.88	0.86	0.37
KM Vadi	1981-2013	27	71	73	-210.04	0.80	-0.90	1.38
Kudige	1981-2013	207	157	134	33.64	0.94	0.83	0.41
MH Halli	1981-2013	93	74	81	66.95	0.67	0.60	0.64
Sakaleshpur	2002-2013	97	83	71	14.73	0.76	0.75	0.50
Thimmanahalli	2001-2013	4.95	16.44	41.09	-88.11	0.30	-1.16	1.61

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