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Contact UKCEH NORA team at  
[noraceh@ceh.ac.uk](mailto:noraceh@ceh.ac.uk)

1 **Modelling lake phytoplankton communities: recent applications of the PROTECH**  
2 **model**

3 J. Alex Elliott<sup>1</sup>

4 <sup>1</sup> UK Centre for Ecology and Hydrology Lancaster, Library Avenue, Bailrigg, Lancashire LA1  
5 4AP, UK

6

7 Keywords: retention time, mixed depth, multiple stressors, eutrophication, climate change

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9 Corresponding author: J. Alex Elliott, Lake Ecosystem Group, UK Centre for Ecology and  
10 Hydrology Lancaster, Library Avenue, Bailrigg, Lancashire LA1 4AP, UK. E-mail:  
11 alexe@ceh.ac.uk

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23 **Abstract**

24 Understanding and modelling the development of lake phytoplankton communities is a  
25 desirable goal, given the importance of these organisms to their ecosystem. PROTECH  
26 (Phytoplankton **Resp**Onses **T**o **E**nvironmental **CH**ange) is one such model which attempts to  
27 do this and its applications over the last 10 years are reviewed here. These studies include:  
28 modelling very large lakes, linking catchment models to PROTECH, simulating oxygen  
29 concentrations, understanding the importance of nutrient source in moderating the influence  
30 of hydraulic retention time. Furthermore, the merits of ensemble lake modelling are  
31 considered, as are the limits of short term forecasting of blooms. Finally, climate change  
32 influences are examined with studies that include nutrient changes and an experiment that  
33 attempts to separate the influences of temperature and mixed depth.

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## 37 **Introduction**

38 Understanding the responses of ecosystems to drivers lies at the heart of most ecological  
39 research. Through quantification of the environment, mathematical relationships can  
40 sometimes be found which describe these responses leading to the possibility for prediction  
41 and modelling. This quantification can be derived from observational field data or  
42 experiments and it was the latter that Colin Reynolds used in the 1980s to explore the nature  
43 of phytoplankton growth rates.

44 Reynolds (1989), through a series of laboratory experiments under idealised  
45 conditions, found relationships between the growth rates of a range of different lake  
46 phytoplankton species and their morphology. Thus, if the surface area, volume and  
47 maximum linear dimension of a species was known, the response of its growth rate to  
48 changes in temperature and light availability could be estimated using equations derived from  
49 Reynolds' experiments.

50 Following this work, Reynolds went on to begin the construction of a computer model  
51 with a colleague, Anthony Irish. At its heart lies the equations of Reynolds (1989) but further  
52 enumeration was required to allow for the effects of nutrient limitation upon growth rates and  
53 various loss processes such as zooplankton grazing, sedimentation and flushing removal.  
54 With the final addition of species-specific daily vertical movements, the biological core of the  
55 new PROTECH (**Phytoplankton Responses To Environmental CHange**) model was  
56 complete. The conception, equations and first 10 years of research of the PROTECH model  
57 was extensively reviewed in Elliott et al. (2010), but this review will consider the new  
58 PROTECH research from the last 10 years after a brief overview of the model.

59

## 60 **The PROTECH model**

61 PROTECH is a 1D-lake phytoplankton community model that works in daily time steps. The  
62 spatial structure is constructed using bathymetry data describing the changing surface area  
63 and volume. This creates a series of vertical layers in the model, each 0.1 m deep. The  
64 physical thermal profile can be either calculated based on daily meteorological inputs (air  
65 temperature, wind speed and air humidity) and inflow water temperature or it can be read in  
66 from observed data or another model. A further physical consideration is to model water  
67 exchange in the lake through inflow and outflow discharge. In PROTECH, it is assumed the  
68 water entering the lake mixes with the surface mixed layer and the water leaving the lake also  
69 comes from this layer unless it is a reservoir system where water is abstracted at depth.

70 The biological component is primarily focused on the phytoplankton community. The  
71 individual phytoplankton are characterised by their morphology, daily movement,  
72 vulnerability to grazing and nutrient requirements to reflect nitrogen-fixation and diatoms  
73 (Table 1). The morphology information is used by the equations from Reynolds (1989) to  
74 create phytoplankton specific potential growth rates for each depth layer in the model,  
75 responding to changing temperature and light availability. The availability of nutrients to  
76 support this growth is checked using specific thresholds (3, 80, 500 mg m<sup>-3</sup> for phosphorus,  
77 nitrate and silica respectively) and the growth rate reduced proportionally if any nutrients are  
78 limiting.

79 Phytoplankton biomass loss is caused by filtration-based zooplankton grazing (the  
80 phytoplankton maximum dimension must be < 50 µm, although there can be exceptions  
81 based on natural observations), sedimentation out of the water column and dilution wash-out  
82 caused by water exchange. Thus, after balancing the growth with the losses, a daily net gain  
83 in biomass can be calculated for each layer in the model. Clearly, the model is more detailed  
84 than this brief overview suggests and for further information it is recommended to consult  
85 Elliott *et al.* (2010). Finally, at the time of the Elliott *et al.* (2010) review, PROTECH had

86 been applied in the peer-reviewed literature to ten water bodies, predominately in the UK  
87 (Table 2). However, since then the model has been used in many more new studies (Table 2),  
88 which are considered in this review.

89

### 90 **Applying PROTECH to large lakes**

91 Pre-2010, PROTECH had mainly been applied to relatively small lakes with the exception of  
92 Lake Erken, Sweden (24 km<sup>2</sup>; Elliott *et al.*, 2007). However, since then it has been applied to  
93 the UK's largest lake, Lough Neagh (383 km<sup>2</sup>; Elliott *et al.*, 2016), Pyhäjärvi in Finland (154  
94 km<sup>2</sup>; Pätynen *et al.*, 2014) and Lake Simcoe, Canada (2899 km<sup>2</sup>; Crossman & Elliott, 2018;  
95 Crossman *et al.*, 2019). Given the model's 1D nature, these studies were a new challenge and  
96 for the first two studies, yet PROTECH performed satisfactory with only one modification  
97 regarding sediment nutrient release, which is discussed below. However, for the very large  
98 Lake Simcoe, the lake had to be divided into three separate basins where two side arms fed  
99 into the large main basin and this approach worked well with the outflows from the separate  
100 side arm simulations becoming inflows into the main basin simulation. It is amusing to note  
101 that these two "side arms" were individually a similar size to England's largest lake,  
102 Windermere!

103         Furthermore, these studies highlighted a weakness in PROTECH regarding the  
104 model's lack of functions to elucidate nutrient release from sediments. In such large surface  
105 area water bodies, sediment inputs can be an important source of nutrients, particularly  
106 phosphorus, and from the three lakes discussed above a forced input of phosphorus had to be  
107 added to the model using observed in-water nutrient data as a guide. Some other lake models  
108 do include such functions (e.g. PCLake (Janse, 1997)) and it is something that will hopefully  
109 be added to PROTECH in the future. However, one of the problems is that such a function

110 would require knowledge of nutrient sediment concentrations, something that is rarely  
111 measured in standard programs of lake monitoring. This lack of data has certainly been the  
112 case in many previous PROTECH studies, hence the forced introduction of nutrients to the  
113 water column using in-lake measurements of nutrients.

114

### 115 **Linking the catchment to the lake through modelling**

116 Lakes are intrinsically part of their catchment and are affected by the types of land that make  
117 up that area. Given this connection, it is understandable that the management of catchments  
118 is a prevalent method for reducing nutrient inputs to lakes and thus improve their trophic  
119 status. It also follows that using models that can adequately describe this connection are very  
120 useful in exploring how changes in land use might impact upon the lake phytoplankton.

121 An example of such a cascade of different models is Norton et al.'s (2012) study of  
122 Loweswater, UK, where a catchment model's (GWLF; Schneidermann et al., 2002) output  
123 was used to drive PROTECH. Loweswater was suffering from poor water quality and  
124 cyanobacteria blooms due to high nutrient inputs from the surrounding farm land. The  
125 investigation tested the relationship between these nutrient inputs and the phytoplankton  
126 produced by the lake through the application of a number of different land use scenarios.  
127 These covered different ratios of livestock (cattle and sheep) as well as more extreme  
128 scenarios such as no livestock with all grassland or all woodland.

129 The wide range of phosphorus loads created by the GWLF model and these nutrient  
130 outputs were used to drive PROTECH. The resultant outputs from the two models allowed  
131 the relationship between nutrient load and the modelled phytoplankton community to be  
132 described (Figure 1). This was interesting because it showed that PROTECH produced two  
133 different responses to the changing phosphorus loads. For example, the annual mean

134 chlorophyll produced by PROTECH grew with increasing loads producing an asymptotic-like  
135 curve whereas the increase in the cyanobacteria part of the community was linear (Figure 1).  
136 Thus, the study suggested there was an escalating trend cyanobacteria dominance within the  
137 community with increasing input nutrient load, despite a declining rate in production of  
138 overall biomass.

139

140

#### 141 **Modelling oxygen concentrations in PROTECH**

142 Oxygen was not a variable originally considered in PROTECH, so in a study that wished to  
143 simulate the potential impact of climate change on the Vendace (*Coregonus albula* (L.)) fish  
144 species, the Lake OXYgen model (LOX; Bell et al., 2006) was added into PROTECH (Elliott  
145 & Bell, 2011). LOX works by dividing the vertical component of the lake into two layers  
146 (epilimnion and hypolimnion) and its equations were used to create a new sub-routine in  
147 PROTECH. By using PROTECH's temperature and chlorophyll data, LOX can estimate the  
148 dissolved oxygen concentrations in the two layers and through a simple depth function create  
149 an oxygen profile from the surface to the bottom of the lake.

150         If the approach of other lake models is considered, LOX's complexity is comparable  
151 to PCLake's oxygen calculations (Janse, 1997), but is simplistic compared to DYRESM-  
152 CAEDM (Hamilton & Schladow, 1997), which uses process-based calculation throughout all  
153 of its layers, Nevertheless, LOX proved effective both for the Vendace study in  
154 Bassenthwaite Lake, UK ( $R^2 > 0.7$  against fortnightly observed  $O_2$ ; Elliott & Bell, 2011) and  
155 for the Lake Simcoe, Canada, study ( $R^2 > 0.8$  against monthly mean observed  $O_2$ ; Crossman  
156 & Elliott, 2018) where the impacts of catchment land use changes on the lake's oxygen  
157 concentrations were simulated.

158

159 **The effect of changes in hydraulic retention time**

160 Building upon previous PROTECH studies (Elliott et al., 2009; Elliott, 2010), further work  
161 explored the importance of changing hydraulic retention time upon phytoplankton. Many  
162 aspects of weather are predicted to change in the future and in a study focused on the  
163 eutrophic Loch Leven, UK, PROTECH was used to assess the relative importance of  
164 increasing water temperature and changing retention time (Elliott & Defew, 2012). The  
165 study showed clearly that changes in inflow, both increase and decreases, were of greater  
166 importance than temperature increase as large as 4 °C. In general, increased inflows which  
167 caused a reduction in retention time were detrimental to the slower growing species in the  
168 model leading to the heightened presence of smaller, faster growing phytoplankton.  
169 However, this flow effect had a seasonal aspect to it because at times of year with naturally  
170 low flows (e.g. summer), an increase actually benefited the phytoplankton by providing more  
171 nutrients at a time when they were limiting growth. This was because the source of nutrients  
172 to the lake were assumed to be diffuse leading to an increase in flow delivering a greater  
173 nutrient load to the lake.

174 This importance of nutrient source was explored further in a PROTECH study of  
175 Bassenthwaite Lake, UK (Jones et al., 2011). This model experiment recognised the  
176 relationship between nutrient load to a lake and the type of nutrient source. Specifically, this  
177 means a load derived from a point nutrient source is independent of the flow whereas a  
178 diffuse source load changes in proportion with inflow. To test the importance of source, 32-  
179 year flow scenarios were run based on a number of climate change scenarios. These runs  
180 provided a large range of retention times over which annual and seasonal means could be  
181 calculated.

182           The results showed that the sensitivity of nutrient source to changes in flow was  
183 seasonally dependent: winter and autumn were the least responsive with spring and summer  
184 being the most sensitive. Furthermore, for the sensitive seasons, the nature of the relationship  
185 was greatly dependent upon nutrient source. Thus, for the flow-independent scenarios short  
186 retention times produced less phytoplankton biomass than when retention time was long  
187 (Figure 2). Conversely, with flow dependence, high inflows increased biomass and low  
188 flows saw little decline in chlorophyll (Figure 2). The mechanism behind these differences  
189 was the balance between the dilution loss of biomass caused by high flows and the potential  
190 to bring more nutrients into the lake and thus stimulate more phytoplankton growth.  
191 Therefore, whilst the former is a universal effect with high flows, the latter can only happen  
192 under the flow-dependent (diffuse) conditions.

193

#### 194 **Ensemble modelling**

195           Uncertainty in model parameters and construction is a constant issue. An approach used in  
196 other disciplines (e.g. weather forecasting) is to apply different versions of the same model  
197 (the most common approach) or different models (much rarer) to the same scenarios and then  
198 amalgamate the results to provide a predicted mean and uncertainty envelope. In ecology,  
199 though, it is a method that seems to be rarely used therefore, in Trolle et al. (2014) an  
200 ensemble of different lake models was applied to Lake Engelsholm, Denmark.

201           Three lake models formed the ensemble: DYRESM-CAEDYM (Hamilton &  
202 Schladow, 1997), PCLake (Janse, 1997) and PROTECH. It should be noted that this  
203 approach of using independently created models for the ensemble is rare and clearly has a  
204 greater capability of capturing more levels of uncertainty than would be gained from simply  
205 using re-parametrisations of one model. For calibration and validation, a three-year

206 simulation was conducted and model performance at the daily and monthly level was  
207 assessed using observation data to determine the coefficient of determination ( $r^2$ ) and relative  
208 absolute error. These statistics showed clearly that the mean values created from the three  
209 individual models' outputs was a better fit to the observations than any individual model  
210 managed to produce. Coupled with that, the combination of the models also produced an  
211 uncertainty range using the minimum and maximum values from the models. This showed  
212 that the greatest area of uncertainty was during the summer where phytoplankton biomass  
213 was at its highest. Using this baseline, a number of climate change scenarios were then run  
214 for the lake and showed that small increases in water temperature increased both the total  
215 phytoplankton and cyanobacteria biomass.

216

### 217 **Forecasting phytoplankton abundance**

218 Being able to forecast phytoplankton abundance in a way similar to weather forecasts is a  
219 challenging goal but it was attempted recently using PROTECH. This ambitious programme  
220 of research had two phases, the first being to test and understand the behaviours of  
221 PROTECH when driven by high frequency in-lake observations (Page et al., 2017). This was  
222 done using sub-daily buoy data collected from three lakes in the English Lake District  
223 (Blelham Tran, Esthwaite Water and Windermere). The results revealed that the most  
224 difficult aspect of forecasting was not the future weather uncertainty but rather the  
225 uncertainty surrounding the daily nutrient load to the lake.

226 Building upon this initial testing, a second phase of modelling used historic weather  
227 forecasts that used an ensemble of 50 simulations of 10-days-ahead weather to drive the  
228 model coupled with stochastic perturbations of model parameters (Page et al., 2018). This  
229 allowed PROTECH, day by day, to forecast a range of possible futures and create an

230 uncertainty envelope. Windermere and Esthwaite Water were used for these tests and the  
231 results were compared to the benchmark prediction of persistence i.e. the chlorophyll  
232 concentration will not change over the 10-day forecast period and is reset to equal new  
233 observation data when they become available every two weeks. Given this criteria,  
234 PROTECH was only better than the persistence forecast at a forecast range of less than six  
235 days. In terms of the cyanobacteria forecast, the model was not successful of predicting its  
236 biomass, showing the limitations of the approach at predicting specific species although it  
237 was more successful at predicting functional types i.e. low-light or low-nutrient specialists.

238

### 239 **Climate change and nutrient load impacts**

240 Building on previous PROTECH investigations (Elliott et al., 2006; Elliott & May, 2008),  
241 two additional studies were conducted examining the combined impact changing temperature  
242 and nutrient load. These studies explored lakes that were different to the previous studies,  
243 specially a larger lake (Windermere, UK) and a deep lake with a small surface area  
244 (Rostherne Mere, UK).

245 Windermere is England's largest lake (64 m deep, 14.7 km<sup>2</sup> surface area) and has  
246 been a focal point for tourism in the English Lake District for over 100 years (McGowan et  
247 al., 2012). Correspondingly, the lake has been under ever-growing anthropological pressure  
248 both in terms of its usage and ecosystem health. How those pressures would affect  
249 Windermere in the future was the subject of a PROTECH investigation where water  
250 temperature and nutrient load were altered in a factorial modelling experiment (Elliott, 2012).

251 Assessing the impact of these changes, it was clear that the simulated spring diatom  
252 bloom was more influenced by the changes in temperature than nutrients, showing earlier  
253 bloom peaks with increasing temperature. However, in the summer period increasing

254 nutrient load and water temperature synergised to enhance cyanobacteria growth. This led to  
255 more days of exceedance of the World Health Organisation's cyanobacteria threshold of 10  
256 mg m<sup>-3</sup>, but nutrients were the crucial factor with the reduced nutrient scenarios greatly  
257 limiting the temperature impacts.

258 Rostherne Mere is a very different lake to Windermere with a depth of 31 m but only  
259 a surface area of 0.49 km<sup>2</sup> (Radbourne et al., 2019). This basin shape leads to it having a  
260 long, stable period of stratification lasting 9-10 months and to a depth of 10 m. Historically,  
261 the lake has suffered from eutrophication driven by external nutrient sources, which led to the  
262 diversion upstream of sewage effluent in 1991. However, due to the strong stratification in  
263 the lake and corresponding sediment nutrient release, recovery has been very slow (Moss et  
264 al., 2005). Therefore, to explore the potential future trajectories of recovery for Rostherne  
265 Mere, the PROTECH model was applied (Radbourne et al., 2019).

266 The study used future climate scenarios from the UKCP09 projections (Murphy et al.,  
267 2009) and coupled them with a range of external and internal nutrient scenarios. The results  
268 reinforced the importance of the internal nutrient problem, quantifying that substantial  
269 reductions in this source for decades would be needed to see improvements in the lake.  
270 However, the scenarios towards the end of 21<sup>st</sup> century actually showed a reduction in  
271 phytoplankton biomass because, with an increase in stratification length, the reliance by  
272 phytoplankton upon external nutrients increased and given that this source had been reduced,  
273 late summer biomass declined. Nevertheless, the winter overturn of the water column still  
274 brought the considerable amounts hypolimnion nutrients to the surface, meaning that long-  
275 term recovery was still hindered.

276

277 **Disentangling mixed depth and temperature effects**

278 The thermal structure of a lake varies annually in temperate regions with the formation and  
279 dissipation of stratification occurring in many lakes. Physically, temperature and mixed layer  
280 depth vary together as both variables can influence each other. However, changes in  
281 temperature and mixed depth effect phytoplankton communities in different ways with the  
282 former influencing cell metabolic processes and the latter effecting light and nutrient  
283 availability. Given this correlation between temperature and mixing, it is very difficult to  
284 attribute cause and relative importance to any observed changes in the lake phytoplankton.

285 Therefore, a PROTECH experiment on Blelham Tarn, UK, was conducted to separate  
286 these relative effects by forcing the modelled lake structure (Gray et al., 2019). Essentially,  
287 this meant artificially manipulating the mixed depth in the model independently of changing  
288 the temperature and *vice versa*. Whilst such a thing would be highly unlikely in the real  
289 world, it did allow great insight into the relative importance of changes in mixing and  
290 temperature. For example, whilst stratification length was prevented from changing in the  
291 model scenarios, increasing temperature alone caused an earlier spring bloom by accelerating  
292 growth rates in the phytoplankton. Given such advances in bloom timing have been observed  
293 in lakes (e.g. Thackeray et al., 2010), this model experiment shows that although changes in  
294 stratification can be a cause of such advancement, temperature alone is capable of producing  
295 the same effect.

296 Another emergent model result concerned cyanobacteria blooms in the summer and  
297 autumn periods. Here, two different types of cyanobacteria dominated with different mixed  
298 depths as temperature increased. Thus, the *Dolichospermum*-type in PROTECH thrived with  
299 shallow mixing whilst the *Planktothrix*-type dominated with deep mixing. This suggested that  
300 a shallowing of mixed depth in lakes where mixing is not too deep (e.g. < 5 m) would see  
301 greater blooms of buoyant cyanobacteria. Conversely, lakes that currently experience blooms

302 of low-light tolerant phytoplankton, like *Planktothrix*, might see a decline in their dominance  
303 if the deeper mixing (e.g. > 10 m) seen in those lakes shallowed in the future.

304

### 305 **The legacy of Colin Reynolds: PROTECH**

306 This review forms part of a special issue celebrating the legacy of Colin Reynolds who sadly  
307 passed away in December 2018. That legacy includes PROTECH, a model which Colin was  
308 so fundamental in conceiving and creating. When I was lucky enough to fall under Colin's  
309 mentorship and begin to use PROTECH, we used to joke that the model was a digitization of  
310 his brain, taking his great knowledge of phytoplankton and turning it into the "0s and 1s"  
311 binary of the computing world!

312         Of course, since those early days, PROTECH has continued to be applied to lakes all  
313 around the world, flourishing and developing to face new challenges and creating a growing  
314 body of research, the latest of which has been reviewed here. I have no doubt that in the  
315 future PROTECH will continue to contribute to our understanding of lakes and their  
316 phytoplankton, and that through such work, an important part of Colin's legacy will live on.

317         Finally, I would like to record here my heartfelt thanks to Colin for all the support he  
318 gave me over the years: he was a great mentor, colleague and, perhaps most importantly,  
319 friend. You are missed by me, every day.

320

321

322 Table 1. Some examples of the information used by the model to simulated a given  
 323 phytoplankton.

Name:	<i>Chlorella</i>	<i>Asterionella</i>	<i>Dolichospermum</i>
Maximum Dimension $\mu\text{m}$	4	130	75
Surface Area $\mu\text{m}^2$	50	6690	6200
Cell Volume $\mu\text{m}^3$	33	5160	29000
Grazed:	True	True	False
Diatom:	False	True	False
Nitrogen fixer:	False	False	True
Move per day:	Down 0.1 m	Down 0.2 m	Light condition ( $\mu\text{mol photon m}^{-2} \text{ s}^{-1}$ ): >100 = Down 0.3 m >30 = Down 0.1 m <30 but >10 = No move <10 = Up 0.1 m

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336 Table 2. List of lakes and reservoirs where PROTECH has been applied and tested in peer-  
 337 reviewed studies. Studies post-2010, considered in this review, are highlighted in **bold**.

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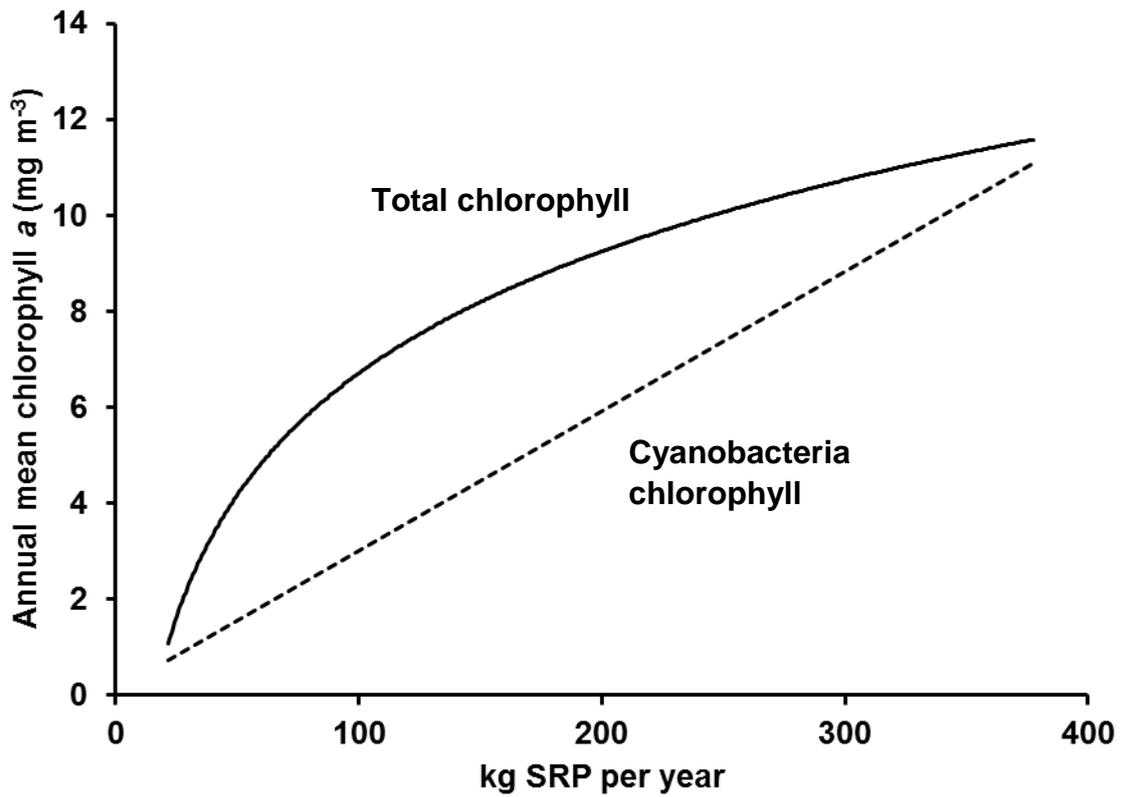
Water body (Country)	Trophic status	Reference
Bassenthwaite Lake (UK)	Mesotrophic/Eutrophic	Elliott et al., 2006; Bernhardt et al., 2008
Blelham Tarn (UK)	Eutrophic	Elliott et al., 2000; <b>Gray et al., 2019</b>
El Gergal Reservoir (Spain)	Eutrophic	Elliott et al., 2005
<b>Lake Engelsholm (Denmark)</b>	<b>Eutrophic</b>	<b>Trolle et al., 2014</b>
Esthwaite Water (UK)	Eutrophic	Elliott, 2010
Lake Erken (Sweden)	Mesotrophic	Elliott et al., 2007
<b>Farmoor Reservoir (UK)</b>	<b>Mesotrophic/Eutrophic</b>	<b>Hutchins et al., 2018</b>
Loch Leven (UK)	Mesotrophic/Eutrophic	Elliott & May, 2008; Elliott & Defew, 2012
<b>Loweswater (UK)</b>	<b>Eutrophic</b>	<b>Norton et al., 2012</b>
Myponga Reservoir (Australia)	Eutrophic	Lewis et al., 2002
<b>Lough Neagh (UK)</b>	<b>Eutrophic</b>	<b>Elliott et al., 2016</b>
<b>Pyhäjärvi (Finland)</b>	<b>Mesotrophic/Eutrophic</b>	<b>Pätynen et al., 2014</b>
QE II Reservoir (UK)	Eutrophic	Reynolds et al., 2005
<b>Rostherne Mere (UK)</b>	<b>Eutrophic</b>	<b>Radbourne et al., 2019</b>
<b>Lake Simcoe (Canada)</b>	<b>Mesotrophic</b>	<b>Crossman &amp; Elliott, 2018;</b> <b>Crossman et al., 2019</b>
Ullswater (UK)	Oligotrophic	Bernhardt et al., 2008
Wastwater (UK)	Oligotrophic	Elliott & Thackeray, 2004
<b>Windermere (UK)</b>	<b>Mesotrophic</b>	<b>Elliott, 2012</b>

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345 Fig. 1 The modelled relationship between changing Loweswater catchment soluble reactive  
346 phosphorus (SRP) load and annual mean concentrations of total (solid line) and cyanobacteria  
347 (dashed line) chlorophyll *a*. Adapted from Norton et al. (2012) removing the individual  
348 scenario data points to show only the relationships.

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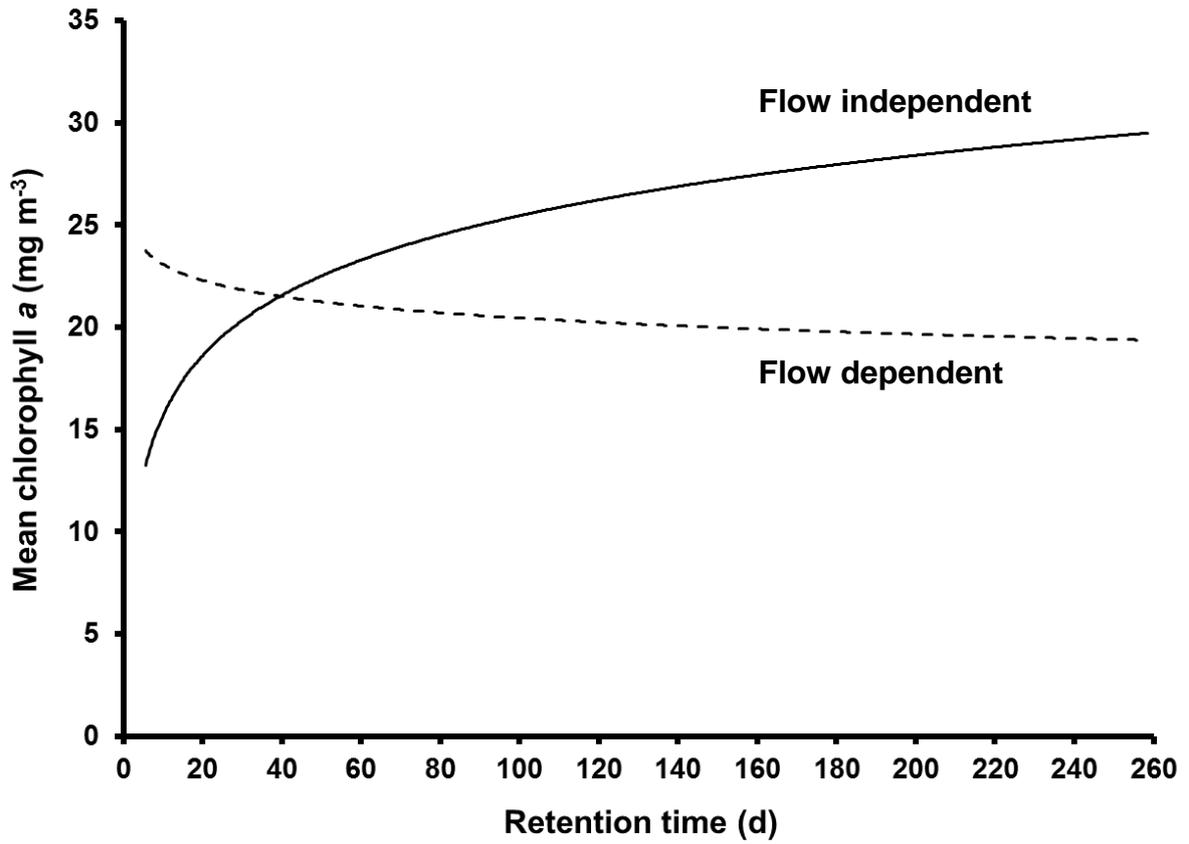
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357 Fig. 2. Illustration of the modelled relationship between summer mean chlorophyll and  
358 retention time when the nutrient source for the lake is either flow independent (solid line) or  
359 flow dependent (dotted line).

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460