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1 Inferring past trends in lake-water organic carbon
2 concentrations in northern lakes using sediment
3 spectroscopy

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15

16 ABSTRACT

17 Changing lake-water total organic carbon (TOC) concentrations are of concern for lake
18 management because of corresponding effects on aquatic ecosystem functioning, drinking water
19 resources and carbon cycling between land and sea. Understanding the importance of human
20 activities on TOC changes requires knowledge of past concentrations; however, water-monitoring
21 data are typically only available for the past few decades, if at all. Here, we present a universal
22 model to infer past lake-water TOC concentrations in northern lakes across Europe and North
23 America that uses visible-near-infrared (VNIR) spectroscopy on lake sediments. In the
24 orthogonal partial least squares model, VNIR spectra of surface-sediment samples are calibrated
25 against corresponding surface-water TOC concentrations ($0.5\text{--}41\text{ mg L}^{-1}$) from 345 Arctic to
26 northern temperate lakes in Canada, Greenland, Sweden and Finland. Internal model-cross-
27 validation resulted in a R^2 of 0.57 and a prediction error of 4.4 mg TOC L^{-1} . First applications to
28 lakes in southern Ontario and Scotland, which are outside of the model's geographic range, show
29 the model accurately captures monitoring trends, and suggests that TOC dynamics during the 20th
30 century at these sites were primarily driven by changes in atmospheric deposition. Our results
31 demonstrate that the lake-water TOC model has multi-regional applications and is not biased by
32 post-depositional diagenesis, allowing the identification of past TOC variations in northern lakes
33 of Europe and North America over timescales of decades to millennia.

34

35 **Introduction**

36 Changes in total (or dissolved) organic carbon (TOC/DOC) concentrations have been observed
37 in many lakes across the northern hemisphere over the past few decades, with increasing trends in

38 most regions, but also declines in some areas¹⁻³. TOC in inland waters is an important component
39 of the global carbon (C) cycle, as the pathway between the terrestrial environment and the ocean,
40 lakes and rivers contribute to greenhouse gas emissions and sequester C in their sediments⁴⁻⁵. In
41 the functioning of aquatic ecosystems, TOC concentrations play a fundamental role by
42 influencing physical and chemical water properties, and consequently the structure of biological
43 communities⁶. For example, TOC affects water acidity⁷, dissolved oxygen levels⁸⁻⁹, water color
44 and thus light and heat penetration¹⁰⁻¹¹, which in turn regulate the development of thermal
45 stratification and hypoxia/anoxia. TOC is also strongly bound to nutrients, and together these
46 factors influence species distributions and habitat availability for primary producers (bacteria,
47 algae) to fish and thus the productivity of aquatic ecosystems¹²⁻¹⁶. Furthermore, TOC affects the
48 transport and sequestration of metals and organic pollutants¹⁷, the development of toxic algal
49 blooms¹⁸ and associated costs for drinking water treatment¹⁹⁻²⁰.

50 Increasing TOC trends in Europe and NE North America have largely been attributed to
51 reduced sulfate deposition and the subsequent recovery of soils from acidification, which
52 increases organic matter solubility and thus TOC export from terrestrial to aquatic environments¹.
53 Following such a recovery, future TOC dynamics in these and other regions will be dominated by
54 other stressors (e.g., changes in land use, nitrogen deposition, climate change) that affect the
55 composition and size of the terrestrial TOC pool as well as the transport of TOC between
56 terrestrial and aquatic environments. For example, over the next few decades climate-mediated
57 changes in hydrology and land cover are projected to alter C cycling and TOC levels in lakes
58 across boreal, subarctic and Arctic landscapes²¹⁻²⁵. To provide realistic scenarios for these future
59 changes in TOC concentrations and their associated implications for aquatic ecosystems, it is
60 crucial to understand the role of single natural and anthropogenic stressors and their individual

61 contribution to current and past changes in TOC levels. Monitoring data are critical for analyzing
62 current trends but are available for relatively few lakes and span a few decades at most.

63 Paleolimnological studies have shown that it is possible to reconstruct past trends in TOC/DOC
64 concentrations in lakes from sediment records using inference models based on visible-near-
65 infrared (VNIR) spectroscopy²⁶⁻²⁹. VNIR spectroscopy is a fast, inexpensive and non-destructive
66 technique that is particularly sensitive to changes in organic matter quality. The technique is
67 widely used for quality control in industrial processes but has also become an important tool in
68 environmental and biological studies to determine, for example, plant and animal tissue
69 composition³⁰, different soil constituents³¹ and chlorophyll-*a* concentrations in sediments³². By
70 employing a transfer function between VNIR spectra of lake-surface sediments (i.e., the most
71 recently accumulated material) and corresponding TOC/DOC concentrations in the water
72 column, the method allows for the reconstruction of long-term data from sediment cores on the
73 scales of decades to millennia. These long-term data provide critical knowledge about TOC
74 changes in response to past environmental change, natural long-term TOC variability and
75 reference levels prior to human disturbances. For example, recent studies in southern and central
76 Sweden showed that the current TOC increase was preceded by a long-term decline over the last
77 500 to 1000 years in response to increasing human land use^{27-28, 33}. In southern Sweden, changes
78 in acid deposition were identified as an important factor contributing to TOC dynamics during
79 the 20th century³⁴⁻³⁵. In other studies, the technique has allowed the tracking of TOC/DOC
80 variations throughout the Holocene in response to environmental changes that have included
81 treeline migration, mire development and permafrost dynamics^{26, 36-40}.

82 The existing VNIR inference models for lake-water TOC/DOC are based on regional lake
83 calibration sets from Sweden²⁶⁻²⁸ and Canada²⁹. However, first applications of these models to
84 sediment records from outside their geographical calibration range suggest that the technique

85 may not be geographically restricted^{29, 39}, and that it might be possible to develop a universal
86 model for lakes across large environmental gradients. Such a supra-regional model would allow
87 for the application of the technique in other regions without the time and expense required to
88 generate a sufficiently large regional calibration set.

89 Here, we combine sediment and water chemistry data from 345 lakes from Canada, Greenland,
90 Sweden and Finland to establish a universal VNIR lake-water TOC inference model for northern
91 lakes in Europe and North America (hereafter referred to as the NL-TOC model). The calibration
92 lakes span large vegetation and climate gradients from the Arctic across the boreal forest to the
93 northern temperate zone (Fig. 1). To evaluate the NL-TOC model's performance, we applied it to
94 sediment records from lakes that are located a) within (boreal Sweden, subarctic Canada) and b)
95 outside (United Kingdom, northern temperate Canada) the model's geographic calibration range,
96 and compared sediment-inferred to monitored lake-water TOC/DOC trends. By applying the
97 model to a series of annually laminated sediment cores collected from the same lake over a 27-
98 year period⁴¹⁻⁴², we further assessed whether post-depositional (diagenetic) changes in the
99 sediment composition distort the reconstructions of past TOC levels.

100

101 **Materials and methods**

102 **Calibration samples.** The NL-TOC model is based on surface-sediment samples and
103 corresponding lake-water TOC measurements from 345 lakes covering a TOC range from 0.5 to
104 41 mg L⁻¹. The model includes samples from previously developed models for Sweden (n=146;
105 0.7–22 mg TOC L⁻¹)²⁶⁻²⁸ and Canada (n=142; 0.9–41 mg TOC L⁻¹)²⁹, as well as additional
106 samples from Finland (n=47; 0.5–18 mg TOC L⁻¹) and Greenland (n=10; 4.9–28 mg TOC L⁻¹).
107 The study lakes span a large geographic and environmental gradient from the high Arctic to

108 boreal and northern temperate zones, and from western Canada across to eastern Fennoscandia,
109 and vary in elevation from sea level to 1387 m above sea level (a.s.l.). The calibration set covers
110 a climate range with mean July air temperature from 3.5 to 17.0°C and range in mean annual
111 precipitation from <150 to 1900 mm. Catchment vegetation ranges from polar desert in the
112 Canadian high Arctic through tundra and boreal coniferous forests to mixed coniferous and
113 deciduous forest in southern Sweden. The lakes vary in depth from 2 to 49 m, and are relatively
114 undisturbed by human activities, except for atmospheric deposition and some agriculture and
115 infrastructure developments, predominantly in southern Sweden. Lake characteristics vary from
116 (ultra)oligotrophic to eutrophic (TP: 0.1–68 $\mu\text{g L}^{-1}$) and from acidic to alkaline (pH 3.5–8.8)
117 (Table S1).

118 Surface sediments (topmost 0.5 cm or 1.0 cm) for the calibration model were generally
119 recovered from the deepest part of each lake using a gravity corer, except for some high Arctic
120 lakes where samples were taken mostly at shallower near-shore sites (<1 m water depth), as these
121 lakes typically maintained extensive ice covers, even in summer. Surface water sampling (within
122 uppermost 1 m of water column) and water chemistry analyses followed standard protocols. TOC
123 concentrations used for the calibration are mostly based on single measurements, except for 47
124 Swedish reference lakes (<http://miljodata.slu.se/mvm/>), which were sampled at least four times
125 per year and the average TOC concentrations over the 3 years prior to sediment sampling were
126 used in model development. More information about lake characteristics and limnological
127 variables can be found in Table S1 and in the respective regional model papers^{26-27, 29}. The NL-
128 TOC model is calibrated against TOC concentrations because these were quantified for all lakes
129 in contrast to DOC. In lakes for which DOC and TOC were measured (n=241), DOC
130 compromised on average 87% of the TOC pool.

131 **Diagenesis series.** Nylandssjön (62° 57' N, 18° 17' E; 34 m asl) is a 17.5 m deep, mesotrophic
132 boreal-forest-lake with a surface area of 0.28 km² located at the coast of the Gulf of Bothnia in
133 northern Sweden. Since the beginning of the 20th century when the lake was culturally
134 eutrophied, hypolimnetic hypoxia has occurred regularly during the summer and winter, leading
135 to the formation of annually laminated (varved) sediment. The varved character of the sediment
136 enables accurate subsampling of individual years, and sediment cores have been repeatedly
137 recovered from Nylandssjön over the past four decades using a freeze corer⁴¹⁻⁴². In this study, we
138 used sediment cores recovered in 1983, 1985, 1989, 1992, 1993, 1997, 2002, 2004, 2006, 2007
139 and 2010. This core series allows tracking the influence of post-depositional, diagenetic
140 processes on the composition of sediment that accumulated in the 1982 varve (surface varve of
141 1983 core) after 2, 6, 9, 10, 14, 19, 21, 23, 24 and 27 years.

142 **Long-term TOC reconstruction lakes.** We applied the NL-TOC model to sediment records
143 from six lakes, with three each located within and outside the model's geographical calibration
144 range (Fig. 1). The lakes located within the geographic range of the model include Långsjön (60°
145 43'60" N, 16° 25'46" E; 239 m a.s.l.; $Z_{\max} = 6$ m; area = 0.07 km²) and Gipsjön (60° 39'01" N,
146 13°37'23" E; 376 m a.s.l.; $Z_{\max} = 14$ m; area = 0.67 km²). Both of these are humic, naturally
147 acidic (pH = 6.1/5.5 in 2010–2012) lakes located in the spruce and pine-dominated boreal forest
148 of south-central Sweden, and have been part of the Swedish freshwater monitoring program since
149 1987²⁸. Slipper Lake (64°35'65" N, 110°50'07" W; 460 m a.s.l.; $Z_{\max} = 17$ m, area = 1.9 km²) is a
150 slightly acidic (pH = 6.4), oligotrophic tundra lake in the central Canadian subarctic, located ~50
151 km north of the current treeline^{29, 43}.

152 Lakes located outside of the geographic limits of the model include Heney Lake (45° 23' N,
153 79° 07' W; 351 m a.s.l.) and Eagle Lake (44° 40'19" N, 76° 40'26" W; 198 m a.s.l.), which are
154 oligotrophic lakes surrounded by mixed coniferous and broad-leaved forests in south-

155 central/southern Ontario, Canada. Heney Lake is a relatively small (0.21 km²) acidic lake (pH =
156 5.9 in 2010–2012), with a maximum depth of 6 m, and has been regularly sampled for DOC and
157 other lake-water variables since 1978 as part of the Ontario Ministry of the Environment and
158 Climate Change's long-term monitoring program at the Dorset Environmental Science Centre.
159 Eagle Lake is a slightly alkaline (pH = 7.9), comparatively large (6.65 km²) and deep (31 m) lake,
160 and DOC concentrations have periodically been measured since 2001⁴⁴. Round Loch of Glenhead
161 (55°5' N, 4°25' W; 298 m a.s.l.) is an oligotrophic moorland lake in south-west Scotland, United
162 Kingdom. The lake has a surface area of 0.13 km², a maximum depth of 14 m⁴⁵ and is part of the
163 United Kingdom Upland Waters Monitoring Network (UWMN), formerly the UK Acid Waters
164 Monitoring Network, with data extending back to 1988. The lake was acidified by atmospheric
165 acid deposition during the last century and is currently recovering, with a pH of 5.3 in 2011–
166 2013⁴⁶.

167 All sediment cores were radiometrically dated by analyzing ²¹⁰Pb, ²²⁶Ra (via its granddaughter
168 isotope ²¹⁴Pb), ¹³⁷Cs, and ²⁴¹Am using gamma spectrometry. Resulting age-depth relationships for
169 the past 100–150 years were calculated using the constant rate of ²¹⁰Pb supply (CRS) dating
170 model⁴⁷. For Gipsjön, Långsjön and Slipper Lake, sediment ages beyond the dating range of ²¹⁰Pb
171 were constrained by accelerator mass spectroscopy (AMS) radiocarbon ages determined on
172 terrestrial macrofossils and bulk sediments. Deeper sediments from Heney Lake, Eagle Lake and
173 Round Loch of Glenhead were not radiocarbon dated and sediment ages beyond the ²¹⁰Pb dating
174 range were estimated based on linear extrapolations of the ²¹⁰Pb chronologies. Additional
175 information regarding site descriptions, sampling and dating techniques can be found in detailed
176 studies of the sediment records from Långsjön and Gipsjön²⁸, Slipper Lake^{29, 43}, Heney Lake⁴⁸,
177 Eagle Lake⁴⁴, and in the SI for Round Loch of Glenhead (Fig. S1).

178 Because of the potential mobility of sulfur in sediments, we used total lead (Pb) concentrations
179 in the sediment records from Heney Lake, Eagle Lake and Round Loch of Glenhead as an
180 indicator of the level of atmospheric pollutant deposition in the respective areas. Over the last
181 two centuries Pb emissions increased in a similar manner to sulfur dioxide emissions following
182 industrialization as a consequence of increased ore smelting, combustion of coal and, later,
183 leaded gasoline, which peaked in the 1970s⁴⁹⁻⁵¹. In the Canadian lakes, Pb was measured on
184 freeze-dried powdered sample material by wavelength dispersive X-ray fluorescence using a
185 Bruker S8 Tiger spectrometer, while a Spectro XLAB2000 X-ray fluorescence spectrometer was
186 used for Round Loch of Glenhead.

187 **VNIR spectroscopy and model development.** Prior to spectroscopic analyses, sediment
188 samples were freeze-dried and subsequently sieved (125 μm mesh) or ground to a fine powder to
189 remove the effects of water and particle size on the VNIR signal. VNIR spectra were recorded
190 with a FOSS XDS Rapid Content Analyser in diffuse reflectance mode. Each sediment sample
191 spectra represents a mean of 32 scans at 2-nm resolution in the wavelength range from 400 to
192 2500 nm. The measured diffuse reflectance (R) of light in the VNIR region was transformed to
193 apparent absorbance (A) following the equation: $A = \log(1/R)$. Orthogonal Partial Least Squares
194 (O-PLS) regression modeling⁵² was used to establish the calibration model between the VNIR
195 spectral information of the surface sediments and the corresponding measured TOC concentration
196 in the surface water. Prior to numerical analysis, VNIR spectra were centered, while TOC
197 concentrations were standardized and square-root transformed. To evaluate the model
198 performance, we used the cross-validated (CV) coefficient of determination (R^2_{cv}) and the root
199 mean square error of cross-validation (RMSE_{CV}) (in mg TOC L^{-1}) resulting from seven-fold
200 cross-validation. PLS modeling and lake-water TOC reconstruction were performed using
201 SIMCA 14.0 (Umetrics AB, Umeå, Sweden).

202

203 **Results and discussion**

204 **Northern lakes TOC model.** The calibration between 345 surface sediment VNIR spectra and
205 corresponding measured lake-water TOC concentrations resulted in a 7-component OPLS model
206 with an R^2_{cv} of 0.57 and $RMSE_{CV}$ of 4.4 mg L^{-1} (10.9% of TOC gradient) (Fig.2, Table S2). The
207 internal performance of the NL-TOC model is slightly less accurate than, but comparable to, the
208 previously published regional TOC/DOC models for Sweden and Arctic Canada ($R^2_{cv} = 0.61$ –
209 0.72 ; $RMSE_{CV} = 1.6$ – 4.4 mg L^{-1} (10.8–11.3% of TOC/DOC gradient)^{26-27, 29}. Part of the
210 discrepancy between sediment-inferred and measured TOC concentrations results from the fact
211 that most lake-water TOC concentrations used for the calibration are based on single
212 measurements ($n=291$), which do not account for inter- and intra-annual TOC variability, which
213 can be large in lakes with low residence time, and/or high mean concentrations. For example, in
214 the 47 Swedish reference lakes, the only lakes in the calibration set with multiple measurements
215 ($n \geq 4$ per year), TOC varied substantially over the 3 years preceding sediment sampling, with an
216 average standard deviation of 2.0 (0.5 – 6.1) mg L^{-1} (18.5% (6.1–58.0%) of the mean TOC
217 content) across all lakes. High TOC concentrations are less accurately inferred and commonly
218 underestimated (Figs. 2 and S2), which is likely a consequence of having few lakes with high
219 TOC in the calibration set (13 lakes with $\text{TOC} > 20 \text{ mg L}^{-1}$).

220 **Impact of diagenesis on lake-water TOC reconstruction.** The NL-TOC model infers an
221 average TOC concentration of $7.6 \pm 0.3 \text{ mg L}^{-1}$ ($n = 11$) for the sediment varve from Nylandssjön
222 that formed in 1982, which has been repeatedly sampled from sediment cores that were recovered
223 over the subsequent 27 years (Fig.3). No relationship was found between sediment aging and
224 inferred lake-water TOC content ($R^2 = 0.003$; $p = 0.87$). Previous studies have shown that

225 sediments in Nylandssjön undergo strong early diagenetic changes in the first three decades after
226 sediment deposition (but especially in the first 5–10 years), altering the organic matter quantity
227 and quality (e.g., C and nitrogen (N) content, C and N isotopes, specific biomarkers). For
228 example, post-depositional changes led to an average total C loss of 23% (20% after 5 years), a
229 total nitrogen loss of 35% (30% after 5 years) and consequently an increase in C/N ratios from
230 ~10 to ~12 within 27 years after deposition^{41-42, 53}. Despite these diagenetic changes, sediment-
231 inferred lake-water TOC concentrations remain unaltered, which demonstrates that sediment
232 aging does not bias the reconstruction of lake-water TOC dynamics over the last few decades.
233 The robustness of the method to diagenesis during these early critical years, when diagenetic
234 processes are greatest, strongly suggests that diagenesis is also not a major factor influencing
235 lake-water TOC reconstructions over longer timescales, when diagenetic changes are more
236 subtle.

237 **Sediment-inferred long-term trends.** Långsjön, Gipsjön (Sweden) and Slipper Lake (Canada)
238 are located within the NL-TOC model's calibration range (Fig.1). Inferred lake-water TOC
239 concentrations for these lakes match previously published long-term trends based on the regional
240 Swedish and Canadian TOC/DOC models, respectively, as well as available monitoring trends
241 for the past three decades (Fig.4). As shown previously with the regional Swedish model, the
242 universal NL-TOC model shows a long-term declining trend since the 17th century (Fig.4a-b) for
243 Långsjön and Gipsjön, which has been attributed to human landscape alteration through early
244 forest grazing and farming in central Sweden²⁸. Compared to the regional model, the universal
245 NL-TOC model somewhat underestimates absolute values during the monitoring period for
246 Långsjön, but with a closer match in Gipsjön. This demonstrates that the model's reduced site-
247 specificity compared to the regional model does not affect the ability to predict past TOC trends

248 but may lower the accuracy of the approach. When applied to Slipper Lake (Canada), the NL-
249 TOC model closely reproduces the dynamics inferred by the Canadian DOC model²⁹ (Fig.4c).
250 Heney Lake, Eagle Lake (Canada) and Round Loch of Glenhead (Scotland, UK) are located
251 outside of the NL-TOC model's geographical calibration range (Fig.1). Inferred TOC trends for
252 the three lakes are in good agreement with monitoring data and capture the ongoing TOC
253 increase (Fig.5). While sediment-inferred absolute TOC values match measured DOC
254 concentrations in Heney Lake and Eagle Lake, the NL-TOC model slightly overestimates (~2 mg
255 L⁻¹) DOC concentrations monitored in Round Loch of Glenhead. Long-term TOC reconstructions
256 for the three lakes show a similar pattern, with higher TOC levels prior to a pronounced decline
257 during the 20th century, followed by the currently observed TOC increase (Fig.5). Prior to ~1900
258 C.E., TOC values were relatively stable in Heney Lake (6.8 ±0.5 mg L⁻¹) and Eagle Lake (6.1
259 ±0.4 mg L⁻¹), while past dynamics in Round Loch of Glenhead were more complex, with inferred
260 TOC values around 5–7.5 mg L⁻¹ during ~1500–1700 C.E. followed by elevated values around 8–
261 10 mg L⁻¹ during ~1700–1850 C.E. By the late-19th to early-20th century, TOC decreased in all
262 lakes by 50–70%, from concentrations in the range of 6–7.5 mg L⁻¹ to minimum values of 2–3.5
263 mg L⁻¹ during the mid-20th century. Recovery of TOC levels started in the 1980's and 1990's in
264 Heney Lake and Eagle Lake, and by the 1970's in Round Loch of Glenhead, with inferred
265 concentrations for the topmost samples of 4.6, 4.7 and 7.0 mg L⁻¹, respectively.
266 The three lakes are located in areas that experienced notable acid deposition during the past
267 century, and soils and surface waters in these areas are currently recovering from the effects of
268 acidification². For example, diatom-based pH reconstructions showed a distinct pH decline from
269 5.5 to 4.8 in Round Loch of Glenhead following industrialisation^{45, 54}. In all lakes, sediment-
270 inferred TOC dynamics closely follow changes in sulfate deposition and mirror the increase in
271 sulfur dioxide emissions in the late 19th to early 20th century, as well as emissions reductions

272 since the 1970's^{50, 55-56} (Fig. 6). The concurrent changes strongly suggest that TOC dynamics in
273 these lakes were mainly driven by changes in deposition chemistry during the 20th century. These
274 data support the assumption that the currently observed TOC increase in these former high
275 deposition areas is largely a response to reduced acid deposition, promoting TOC export from
276 catchment soils to the lakes¹. All three of these study lakes record inferred TOC decreases in
277 concert with the rise of total Pb concentrations (a robust proxy for changes in deposition of
278 atmospheric pollutants, including sulfur, following industrialization) in the sediments, which
279 emphasizes their common response to acid deposition (Fig 6).

280 Current TOC concentrations remain beneath inferred pre-industrial levels in the two Canadian
281 lakes, which suggests the potential for TOC to increase further by an order of $\sim 2 \text{ mg L}^{-1}$ in the
282 latter phase of recovery from acidification. However, human activities (road and cottage
283 development, forestry, mining) over the past ~ 150 years have altered the lakes' catchment
284 characteristics such as vegetation cover and composition, complicating the identification of
285 appropriate TOC reference levels, such as recorded in the long-term land-use driven changes in
286 south-central Sweden²⁸. In addition, other concurrent environmental changes in response to
287 climate change or atmospheric N deposition may have further shifted the post-acidification TOC
288 baseline⁵⁷. For Round Loch of Glenhead, the identification of pre-industrial TOC levels is more
289 difficult because of the landscape's long history of anthropogenic disturbance, including land
290 clearance, burning, and grazing, over several millennia. Elevated TOC levels prior to the TOC
291 decline coincide with a period of increased blanket peat erosion around the lake^{45, 58}, which
292 would have increased the input of terrestrial-derived organic matter and thus elevated the lake's
293 TOC load. Inferred TOC for this period may therefore overestimate pre-industrial reference
294 conditions, suggesting that current TOC concentrations in Round Loch of Glenhead might have
295 already returned to, or possibly exceeded, pre-industrial levels.

296 The strong agreement between monitored and sediment-inferred TOC/DOC trends, as well as
297 the consistent response to a common environmental stressor (i.e., acid deposition) for lakes in
298 different geographic regions, demonstrates that the NL-TOC model can accurately infer past
299 lake-water TOC trends, even in regions outside of its geographic coverage. With its wide
300 applicability across large environmental gradients, the universal NL-TOC model is a powerful
301 tool for the fast, cost-efficient reconstruction of long-term TOC dynamics in northern lakes
302 across Europe and North America, and potentially also in other northern regions for which
303 regional calibration sets do not yet exist. Application of the technique can provide new insights
304 into long-term C cycling in inland waters, help to identify the confounding effects of concurrent
305 changes in TOC when interpreting biotic changes in aquatic community structures, and to
306 determine appropriate reference conditions for drinking water management. Knowledge about
307 past TOC variations will help to refine process-based TOC/DOC models^{34, 59-60}, and thus better
308 predict future changes in surface-water chemistry.

309

310 ASSOCIATED CONTENT

311 **Supporting Information.** The Supporting Information is available free of charge on the ACS
312 Publications website at DOI:

313 Summary of mean lake-water chemistry for the regional calibration sets (Table S1), measured
314 and sediment-inferred TOC concentrations for lakes included in the NL-TOC model (Table S2),
315 ²¹⁰Pb chronology for Round Loch of Glenhead (Figure S1), and the difference between measured
316 and sediment-inferred TOC versus measured TOC concentrations (Figure S2).

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509

510 FIGURE CAPTIONS

511 **Figure 1.** Location map of the lakes included in the Northern lakes total organic carbon (TOC)
512 model (colored symbols) and lakes for which lake-water TOC reconstructions are presented in

513 this study (stars). Different symbol colors and shapes refer to the individual sample sets from
514 Canada, Greenland, Sweden and Finland, respectively.

515 **Figure 2.** Measured versus sediment-inferred lake-water total organic carbon concentrations
516 (TOC; $\text{mg}\cdot\text{L}^{-1}$) for the Northern lakes TOC model resulting from internal cross-validation, where
517 different symbol colors and shapes refer to the individual sample sets from Canada, Greenland,
518 Sweden and Finland, respectively.

519 **Figure 3.** Sediment-inferred lake-water total organic carbon concentrations (TOC; $\text{mg}\cdot\text{L}^{-1}$) using
520 the Northern lakes TOC model (open circles) for the 1982 sediment varve from Nylandssjön,
521 northern Sweden, and the respective relative C loss in the samples (area plot)⁴¹ based on the
522 original concentration in the 1983 core (16.1 wt% C), which demonstrates the impact of
523 diagenesis on the sediment organic matter composition over 27 years. The horizontal black line
524 indicates average inferred lake-water TOC concentration across all samples of the 1982 varve.

525 **Figure 4. a-b)** Monitored (light grey line plot; annual average – dark blue line plot) versus
526 sediment-inferred lake-water total organic carbon concentrations (TOC; $\text{mg}\cdot\text{L}^{-1}$) for two lakes in
527 central Sweden using the Swedish (filled circles)²⁸ and the Northern lakes TOC model (open
528 circles). Insets represent an enlarged view of the period 1975–2015 C.E. **c)** Sediment-inferred
529 lake-water dissolved organic carbon concentrations (DOC; $\text{mg}\cdot\text{L}^{-1}$) using the Canadian lake-
530 water DOC model (filled circles)²⁹ and sediment-inferred lake-water TOC concentrations using
531 the Northern lakes TOC model (open circles) are plotted against sediment depth for Slipper Lake,
532 Canada.

533 **Figure 5.** Monitored lake-water dissolved organic carbon concentrations (DOC; $\text{mg}\cdot\text{L}^{-1}$; light
534 grey line plot; annual average – dark blue line plot) versus sediment-inferred lake-water total

535 organic carbon concentrations (TOC; $\text{mg}\cdot\text{L}^{-1}$; open circles) by the Northern lakes TOC model for
536 Heney Lake and Eagle Lake, Ontario, Canada, and Round Loch of Glenhead, Scotland, UK.
537 Sample ages older than ~ 1870 C.E. are based on extrapolations of the ^{210}Pb chronologies and
538 insets represent an enlarged view of the period 1975–2015 C.E.

539 **Figure 6. a)** Estimated historical sulfur dioxide (SO_2) emissions from the USA and Canada⁵⁰
540 (black diamonds) and the United Kingdom⁵⁶ (grey squares) in mega tonnes (Mt). **b-d)** Lake-
541 water TOC (open circles) versus total Pb concentrations (area plot; proxy for changes in
542 deposition of atmospheric pollutants, including sulfur, following industrialization) in the
543 sediment for Heney Lake, Eagle Lake and Round Loch of Glenhead, exemplifying the influence
544 of changes in atmospheric deposition chemistry on lake-water TOC dynamics. Sediment sample
545 ages older than ~ 1870 C.E. are based on extrapolations of the ^{210}Pb chronologies.

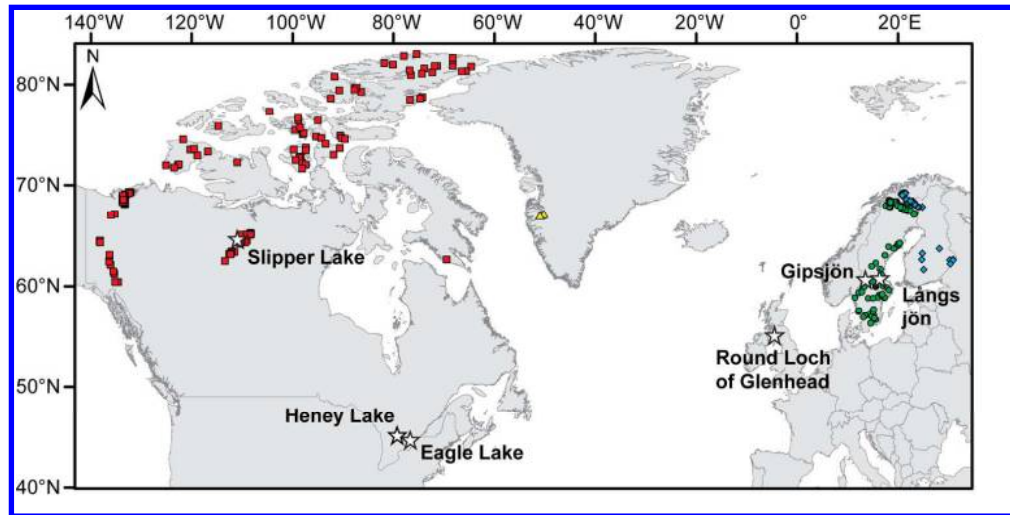


Figure 1. Location map of the lakes included in the Northern lakes total organic carbon (TOC) model (colored symbols) and lakes for which lake-water TOC reconstructions are presented in this study (stars). Different symbol colors and shapes refer to the individual sample sets from Canada, Greenland, Sweden and Finland, respectively.

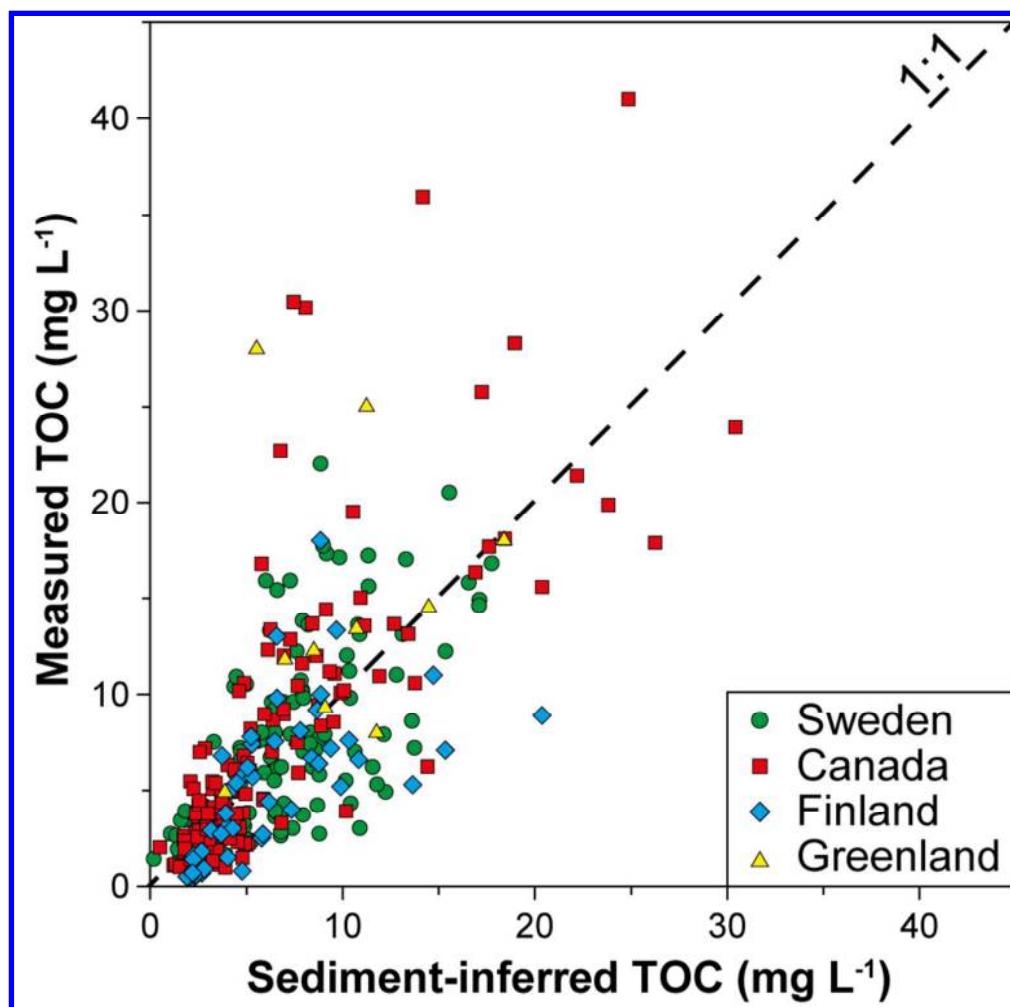


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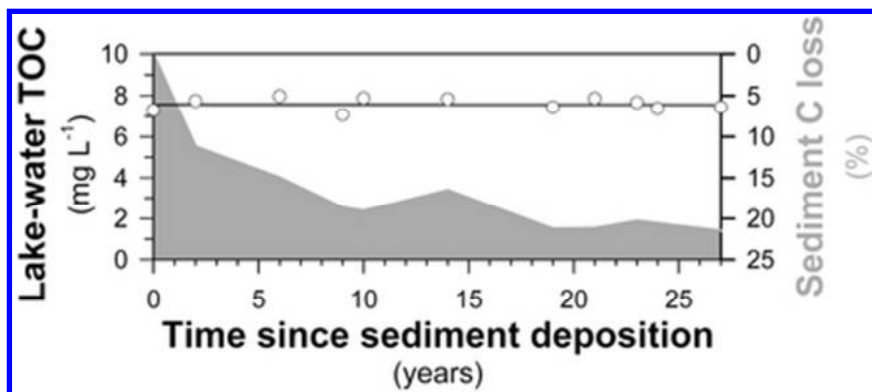


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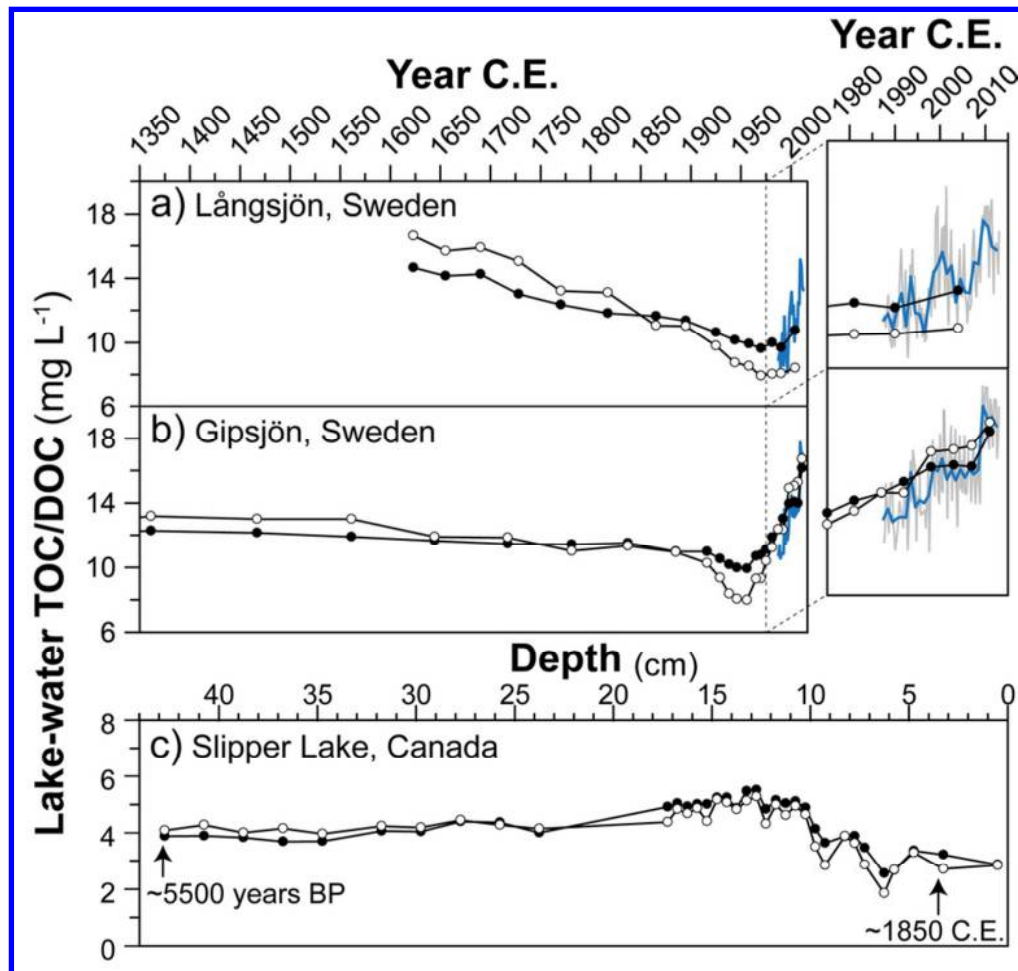


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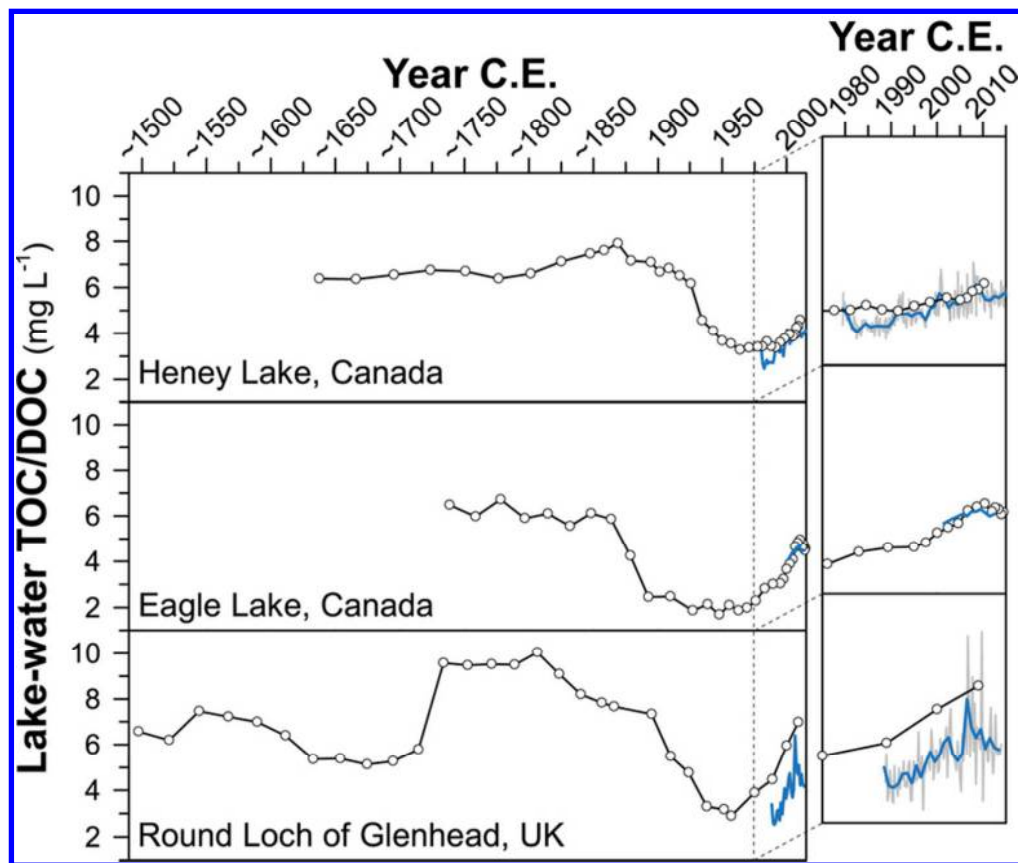


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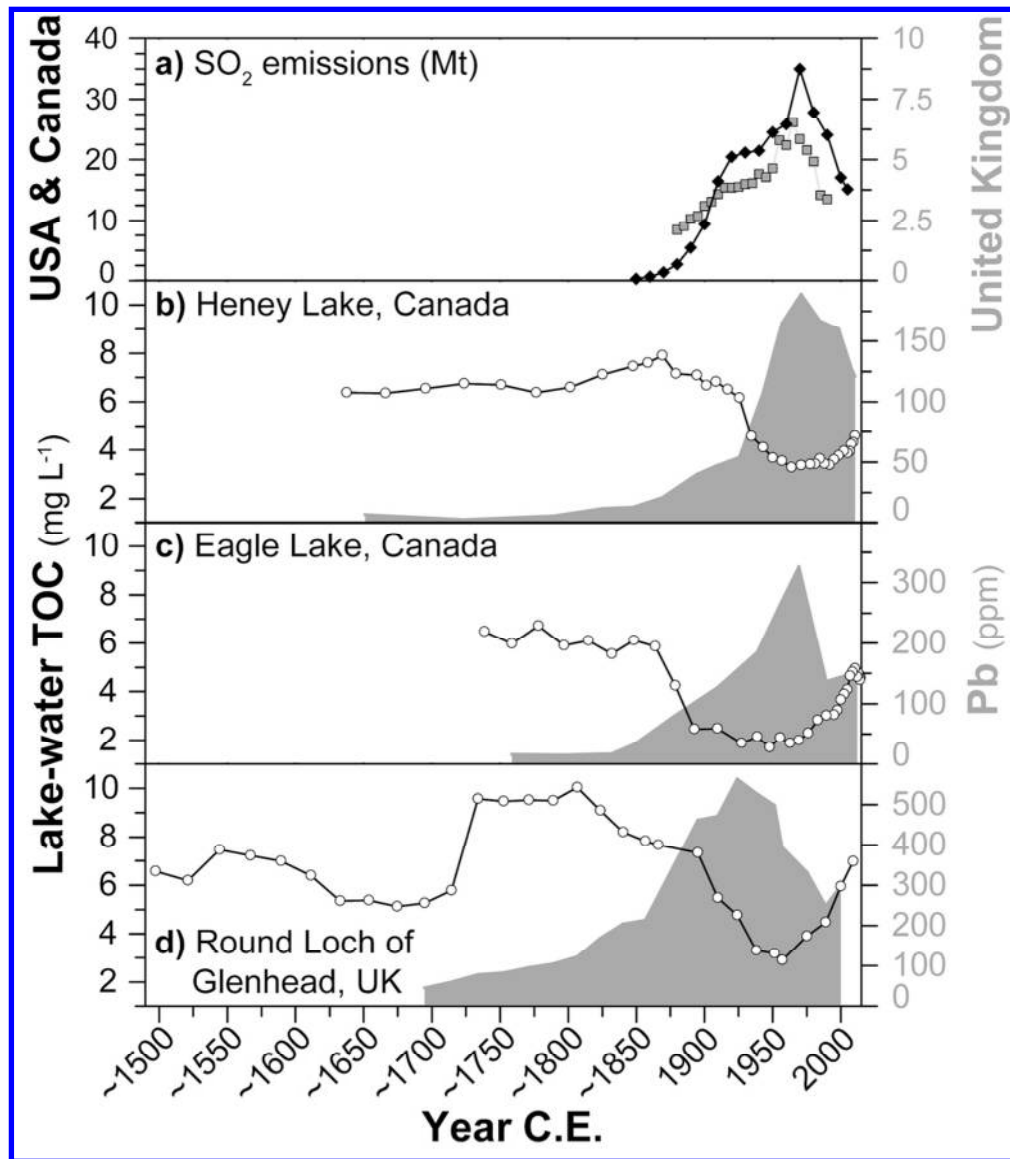
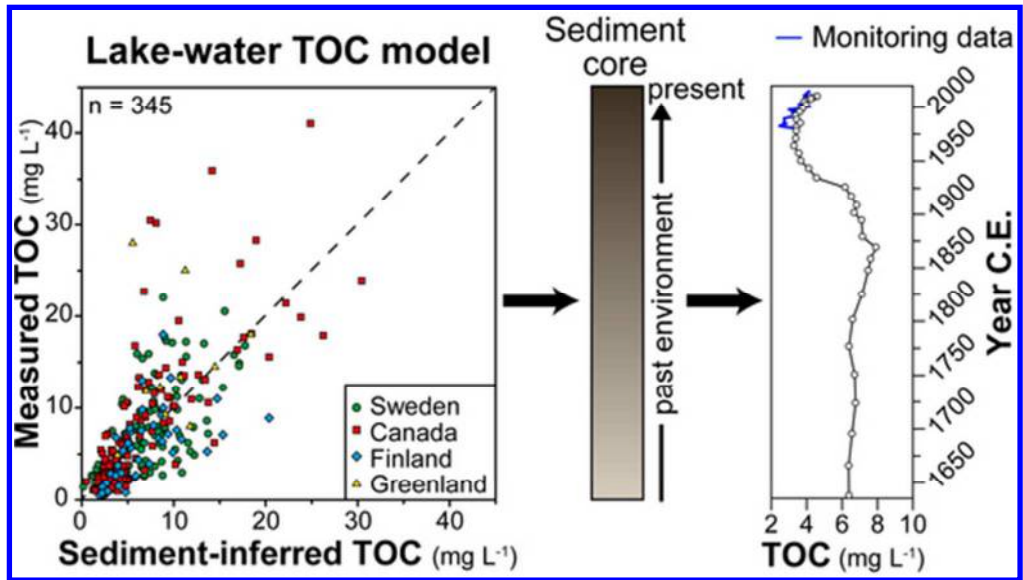


Figure 6. a) Estimated historical sulfur dioxide (SO₂) emissions from the USA and Canada⁵⁰ (black diamonds) and the United Kingdom⁵⁶ (grey squares) in mega tonnes (Mt). b-d) Lake-water TOC (open circles) versus total Pb concentrations (area plot; proxy for changes in deposition of atmospheric pollutants, including sulfur, following industrialization) in the sediment for Heney Lake, Eagle Lake and Round Loch of Glenhead, exemplifying the influence of changes in atmospheric deposition chemistry on lake-water TOC dynamics. Sediment sample ages older than ~1870 C.E. are based on extrapolations of the ²¹⁰Pb chronologies.



TOC Art