

1 Scientific drilling projects in ancient lakes:  
2 Integrating geological and biological histories

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26 *Keywords:* ancient lake; long-lived lake; deep drilling; evolutionary biology; methodology;  
27 paleolimnology

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54 ABSTRACT

55 Sedimentary sequences in ancient or long-lived lakes can reach several thousands of meters in  
56 thickness and often provide an unrivalled perspective of the lake's regional climatic, environmental,  
57 and biological history. Over the last few years, deep drilling projects in ancient lakes became  
58 increasingly multi- and interdisciplinary, as, among others, seismological, sedimentological,  
59 biogeochemical, climatic, environmental, paleontological, and evolutionary information can be  
60 obtained from sediment cores. However, these multi- and interdisciplinary projects pose several  
61 challenges. The scientists involved typically approach problems from different scientific perspectives  
62 and backgrounds, and setting up the program requires clear communication and the alignment of  
63 interests. One of the most challenging tasks, besides the actual drilling operation, is to link diverse  
64 datasets with varying resolution, data quality, and age uncertainties to answer interdisciplinary  
65 questions synthetically and coherently. These problems are especially relevant when secondary data,  
66 i.e., datasets obtained independently of the drilling operation, are incorporated in analyses.  
67 Nonetheless, the inclusion of secondary information, such as isotopic data from fossils found in  
68 outcrops or genetic data from extant species, may help to achieve synthetic answers. Recent  
69 technological and methodological advances in paleolimnology are likely to increase the possibilities of  
70 integrating secondary information, e.g., through molecular dating of molecular phylogenies. Some of  
71 the new approaches have started to revolutionize scientific drilling in ancient lakes, but at the same  
72 time, they also add a new layer of complexity to the generation and analysis of sediment core data.  
73 The enhanced opportunities presented by new scientific approaches to study the paleolimnological  
74 history of these lakes, therefore, come at the expense of higher logistic, communication, and analytical  
75 efforts. Here we review types of data that can be obtained in ancient lake drilling projects and the  
76 analytical approaches that can be applied to empirically and statistically link diverse datasets for  
77 creating an integrative perspective on geological and biological data. In doing so, we highlight  
78 strengths and potential weaknesses of new methods and analyses, and provide recommendations for  
79 future interdisciplinary deep drilling projects.

80

## 81 **1. Introduction**

82 The vast majority of the world's lakes has existed or will exist for up to a few ten thousand years  
83 (e.g., Brooks, 1950). Primarily due to sediment infill, they become progressively shallower and  
84 subsequently vanish. Ancient or long-lived lakes, on the contrary, exist for over 100,000 years (100  
85 ky), sometimes millions of years (My) (Brooks, 1950; Gorthner, 1994; Martens, 1997). They typically  
86 occur in settings where sedimentation rates are low or balanced by subsidence (Cohen, 2012).  
87 Accordingly, most of today's ancient lakes are oligotrophic and situated in active tectonic graben  
88 settings or impact craters with low sediment supply from the catchment.

89 Because of the long-term availability of accommodation space (Jervey, 1998), sediment sequences  
90 in ancient lakes can reach several hundreds to thousands of meters in thickness (e.g., Scholz et al.,  
91 1993, 2011; Lindhorst et al., 2015). Lake deposits contain material that mostly derives from the lake  
92 proper and the catchment area and, hence, provide an unparalleled perspective of the lake's history  
93 through time (O'Sullivan, 2004). Combining the paleolimnological records from different lakes  
94 permits to reconstruct continental and global environmental, and climatological histories. It is this  
95 potential, captured in the often continuous lacustrine sedimentary archives, that has inspired several  
96 deep drilling projects in ancient lakes (reviewed in Cohen, 2012; Fig. 1).

97 However, over the past decades, drilling operations became increasingly multidisciplinary, as data  
98 bearing on physical, chemical, biochemical, and biological research questions can also be obtained  
99 from sediment cores. Because of a wealth of new information, scientists from different fields, such as  
100 sedimentology, climatology, geochemistry, paleolimnology, paleontology, biochemistry,  
101 microbiology, evolutionary biology, physics, and modeling, currently aim to use ancient lakes as  
102 paradigms to interactively look into natural phenomena from various angles, emphasizing the need for  
103 truly interdisciplinary collaborations (*sensu* O'Sullivan, 2004; Birks and Birks, 2006).

104



105

106 **Fig. 1.** Map showing location of ancient lakes with a presumed age of > 1 My at which deep drilling has been  
 107 done (Cohen, 2012; Russell and Bijaksana, 2012).

108

109 Multidisciplinary and interdisciplinary studies enable a more holistic approach to scientific  
 110 problems, provide excellent opportunities for hypothesis-driven research, and are likely to have greater  
 111 success in generating a widespread interest in the broader scientific community. However, these  
 112 projects pose several challenges for the diverse science teams. The interests of the various groups  
 113 involved need to be aligned; participants may lack the required knowledge of other disciplines;  
 114 traditions and common practices may differ widely between disciplines. Finally, larger teams increase  
 115 the challenge to communicate and coordinate efforts effectively. The various goals of individual teams  
 116 call for compromises on several levels, such as drill site selection, subsampling strategies, and choice  
 117 of analyses (see section 2.1.1.). Life-scientists are typically not familiar with drilling operations and  
 118 often lack basic geological knowledge whereas earth-scientists may not be acquainted with  
 119 biochemical or biological procedures. More practically, the difficulty arises that life-scientists do not  
 120 know exactly how to retrieve the archives they hope to study, and that earth-scientists cannot evaluate  
 121 applicability and performance of biological methods. Similar problems persist on smaller scales, and  
 122 given the rapid advancement of many of the individual fields, specialists may even struggle with

123 methodological innovations in their field over the often year-long duration of deep drilling projects,  
124 involving the planning, the actual drilling campaign, and the interpretation of the final datasets. These  
125 issues are also relevant for core storage, which may affect geological and biological properties  
126 differently. Sedimentologists are typically acquainted with long-term changes in sediments after core  
127 retrieval, but others may draw erroneous conclusions when linking biological and geological data  
128 without accounting for potential contamination, drilling artifacts, decay processes, and other  
129 complications (see section 2.1.2.). In general, greater logistic, communicative, and administrative  
130 efforts are required with increasing complexity of interdisciplinary projects, and drilling methods may  
131 have to be optimized to guarantee the required data quality.

132 Perhaps the most challenging task, however, is to integrate the diverse datasets various teams  
133 collect from drilling cores. These datasets typically have differences in resolution, data quality, and  
134 dating uncertainty, but combining them is required to answer interdisciplinary questions. Whereas the  
135 physical linkage of information directly obtained from sediment cores is, in most cases, relatively  
136 straightforward due to the chronological constraints on the data, the challenge grows when primary  
137 data, i.e., data generated from sediment cores or in boreholes, are to be linked with external  
138 (secondary) data, i.e., data obtained independently of the drilling operation. Examples of secondary  
139 data sources include stable isotope information from fossils found in outcrops (see section 2.1.6.) or  
140 genetic information from extant species (see section 3.3.).

141 Here we review the types of geological and biological data that can be obtained from ancient lake  
142 drilling projects (section 2.) and the methods that can be used to analyze these data against the  
143 backdrop of the abovementioned practical and analytical challenges (section 3.). Acknowledging the  
144 increasing number of approaches and analyses that can be applied to drilling data, we narrow our  
145 focus on data and methods that have a high potential towards integrating geological and biological  
146 data and for hypothesis-testing related to interdisciplinary questions. We also provide a retrospect on  
147 how the actual drilling operation and conditions of sediment-core storage can affect data and  
148 subsequent multi- and interdisciplinary analyses. Although this review focusses on extant ancient  
149 lakes, some of the information given might also be applicable to lakes from the past and even young  
150 lakes.

151 Our aim is to provide scientists from various disciplines with a background to strengthen  
152 interdisciplinary approaches to ancient lake drilling projects. We thus explain data acquisition and  
153 analyses in broad terms and provide information as to the underlying fundamental principles that may  
154 be equally useful for earth and life scientists. Given this scope, we refrain from detailed discussions  
155 that are constrained to a specific field, nor do we provide a historic overview of drilling operations for  
156 which other reviews exist (Cohen, 2012).

157 As such, this review intends to encourage scientists from diverse disciplines to join scientific deep  
158 drilling projects, and to utilize these unique records of global change during the earth's history for  
159 understanding current and future changes on a planetary scale.

## 160 **2. Data and methods**

### 161 *2.1. Geological data and methods*

#### 162 *2.1.1. Site selection and drilling strategies*

163 Careful consideration of the drill site(s) and the drilling strategy are a prerequisite to optimize the  
164 chances that the goals of a deep drilling project can be reached. Scientific objectives are the foremost  
165 criteria for the selection of drill sites and strategies, but financial and time constraints also have an  
166 distinct impact. The extensive infrastructure needed and the shipping of highly specialized gear are  
167 important cost factors of deep drilling (Fig. 2).

168



169

170 **Fig. 2.** Deep Lake Drilling System of DOSECC (USA) in operation at Lake Ohrid. In this case, the equipment  
171 had to be shipped from Salt Lake City (USA) to this inland lake on the Balkans (photo credits: T. Wilke).

172

173 Given a certain budget, the costs for logistics, including the transport of the drilling equipment to and  
174 from the lake and daily operational expenses (e.g., labor costs, fuel consumption, daily shuttle of drill  
175 team and cores), define the number of drilling days. Technical failures, weather delays, or lithologies that  
176 are challenging to drill are difficult to predict and may further reduce available drilling time. In contrast,  
177 unexpected drilling progress may provide the opportunity to drill deeper than anticipated or to add  
178 additional sites, addressing for example 2<sup>nd</sup> or 3<sup>rd</sup> order scientific objectives. For these reasons, a well-  
179 calculated budget, which includes sufficient contingency to cover unforeseen costs and/or delays, may  
180 significantly increase the chances for success. Finally, site selection may also be influenced by the time  
181 required for daily commutes of the drill teams to and from the drill site. Experience has shown that the  
182 one-way commute time should not exceed 1.5 h when working in 12 h shifts.

183 Most of the scientific criteria for site selection and drilling strategies are reviewed in Cohen (2012).  
184 Catchment characteristics, such as the location of inlets, providing terrigenous, clastic, and organic  
185 sediments to the basin, the bathymetry and surrounding topography, and the presence of undisturbed  
186 successions may affect site selection. However, bathymetry, catchment topography, and the location of  
187 inlets may have changed over time, especially in tectonic basins. Most commonly, the site selection is  
188 therefore based on data from reflection-seismic surveys, providing information about bathymetry and the



189 three-dimensional sub-bottom sediment structure, as well as the stability of sediments in target areas. For  
190 most scientific questions, areas with undisturbed sedimentation are preferred, but for others, such as the  
191 reconstruction of earthquake history, a focus on disturbed successions may be beneficial (e.g., Takemura  
192 et al., 2013). Moreover, most drilling campaigns focus on the depocenter of a lake. If biological  
193 questions are of interest, such a drilling strategy will almost certainly omit valuable information of the  
194 nearshore benthic communities where most of the biodiversity is concentrated (see also section 2.2.2).  
195 However, during initial lake phases or massive drops in lake level, shallow water species may have lived  
196 nearby the depocenter and thus be preserved in the old sediments just overlying the basement rock (e.g.,  
197 Wagner et al., 2014a). Coring in shallower or littoral regions is facing other problems, such as obtaining  
198 discontinuous or incomplete records of biotic evolution, hydrological characteristics, and catchment  
199 processes. In these environments, sediments from the initial lake phase or low-level periods will be  
200 missing.

201 The drilling strategy also includes criteria, such as the number of drill sites, their priorities, or the  
202 number of holes per site needed for a composite core. As a general rule, the site with the highest  
203 scientific priority should be drilled first, as unforeseeable technical or weather issues may delay the  
204 coring progress. However, it may be advisable to start with a site of secondary priority, for example, if  
205 the sedimentary characteristics are poorly known or if the main drill site requires high logistic efforts. In  
206 many campaigns, the initially retrieved sediment cores have a poorer quality compared to cores drilled at  
207 later stages of the operation, because drill and science teams need to develop communication and drilling  
208 strategies (e.g., the choice of drill tools) suitable for the encountered lithologies. As core recovery in a  
209 single borehole can be as low as 10% (see also section 2.1.2.), parallel coring is needed to fill the gaps.  
210 Sometimes 3–4 holes are required to obtain 100% or close to 100% recovery at one site (resulting into a  
211 so-called composite core).

212 In some cases, the drilling strategy may need to be adapted to effectively address specific scientific  
213 questions or deviating lithological intervals. For example, in studies focusing on subsurface microbial  
214 activity, contamination by drilling fluids needs to be minimized and samples may need to be taken  
215 directly upon recovery of the cores (see section 2.2.3.). If the exact depth of the recovered sediments is  
216 not of highest priority, the hole of the first core drilled for subsurface biosphere studies can be used for

217 borehole logging (section 2.1.3.) and to obtain initial information about lithological characteristics at  
218 depth. This facilitates adaptation of drilling strategies for the subsequent holes and sites to be drilled.

219 In summary, several criteria affect site selection and drilling strategies. Because of the specifics of  
220 each lake, these criteria need to be balanced carefully based on the exact setting encountered. Meticulous  
221 preparation, including the collection of site-specific information, such as data on sediment structure from  
222 seismic surveys and lithological characteristics from pilot coring surveys may serve to construct a  
223 drilling strategy that can then be evaluated against scientific objectives, budget, logistic requirements,  
224 and the available time.

### 225 *2.1.2. Coring techniques and data recording*

226 The main lake coring tool is a piston-type corer, which allows penetration under hydraulic power into  
227 generally cohesive sediments of various aggregation up to a pre-determined length. This tool permits  
228 collection of the least 'contaminated' or 'disturbed' type of core as it is pushed into the formation ahead  
229 of any disturbance caused by the rotational drill bit and sediments are collected before they get into  
230 contact with drilling fluids. Before the actual drilling, the piston corer is sealed with a piston to avoid  
231 contamination of the drill string with surface lake water and cuttings or cavings, which may be in the  
232 borehole before and during the core collection, to enter the coring tube.

233 In soft to firm clays, sample recovery can be 100%. The slight under-pressure caused by the piston  
234 avoids shearing of sediment packages in front of the corer during penetration, but it leads to expansion of  
235 the core, particularly at its top and may promote degassing. In more granular sediments, compression  
236 rather than expansion is common due to grain packing. Moreover, as the drill string is frequently  
237 advanced to the next firing point by the length of recovery rather than the length of the core barrel, there  
238 can be overlap of 'strata' between two core runs, with the top of a subsequent sample consisting of  
239 cavings from the previous sample. It is not easy to completely clean the borehole in this type of sediment  
240 and the coarser and less cohesive it is, the more likely it will be that full recovery of the section will not  
241 fill the core barrel due to packing and dewatering occurring. Again, recalibration of any subsample depth  
242 with regard to the composite borehole log and marker horizons will ensure that correct depths for  
243 correlation with other scientific data results are achieved. Although the core length may not reflect the

244 full sampled length, the stratigraphic coverage typically will be complete and essentially free from other  
245 types of mechanical disturbance and fluid mixing. Therefore, piston cores allow for the best stratigraphic  
246 resolution of all drill-sampling method.

247 Other frequently used lake drilling tools are the extended nose corer and the alien corer. Both of those  
248 tools require a rotation while coring. The core is cut and collected into the core barrel in close proximity  
249 to the drill bit while it is operating and, hence, while fluid discharge is required to keep the drill bit cool  
250 and clear of cuttings. This makes it difficult to allow the core an undisturbed passage into the core barrel,  
251 and results in artifacts by the drilling and the use of drilling fluid. These artifacts depend also on the  
252 lithology of drilled sediments, but there may be mixing of drilling and formation fluids, or selected  
253 portions of the core may be washed away, and disturbance to the structure and stratigraphy of the core  
254 may also occur.

255 The extended nose corer is used when the material in the stratigraphic section is non-cohesive or  
256 friable but becomes too coarse or compacted to be able to operate a piston corer for any reasonable  
257 length into the subsurface. To use this corer, the sediment needs to be still soft or granular enough to  
258 allow extending a thin diamond bit nose ahead of the main bit and main fluid flush when progressing the  
259 hole. Ideally, the core will enter the extended bit section without too much interference or influence from  
260 the rotation and drilling fluid. If there is any movement of the drill string due to heave of the platform  
261 while drilling, then discs of core and cuttings may also occur and show up as bands in the core. Recovery  
262 is unlikely to reach 100% even under ideal conditions.

263 The alien or rotary core barrel is essentially a method of collecting cores from hard, cohesive  
264 sediments. It may selectively wash away material that is too soft or non-cohesive before it can be  
265 properly cut to enter the core barrel. It may also induce drilling fractures in otherwise good quality rock.  
266 There is always an interaction between the drilling and formation fluids as the core is being cut and  
267 collected. Recovery will range from poor (<10%) to excellent (100%), depending on lithology, weather  
268 conditions, and type of drill bit. However, good recovery does not equate to quality core for laboratory  
269 analyses given the earlier highlighted artifacts. The length of the recovered core may not be a good  
270 reflection of the length of the stratigraphic section cored. Harder material is most likely to be recovered  
271 while soft material can be crushed or washed away, thus reducing its occurrence in the recovered

272 stratigraphy. In these cases, composite borehole log interpretation, utilizing borehole geophysical and  
273 Multisensor Core Logger (MSCL) data, is important to indicate what sections are recovered and how  
274 they are to be placed in the actual stratigraphy. Stratigraphic resolution with this type of corer will be  
275 very good in hard materials but will quickly diminish where uncemented, friable, or non-cohesive  
276 sediments occur in the section. Subsamples of such cores, hence, need to be carefully extracted.

277 In general, core portions used for bulk analyses should be disassembled and cleaned of foreign  
278 materials before use. If, in later years, bulk samples are made available for analyses by scientists that  
279 were no part of the drilling team, it is important that the core's full history is known, so that anomalous  
280 or unexpected results can be interpreted in the light of possible artifacts of the drilling, storage or  
281 preparation of the material. Detailed drilling and core interval logs should be held with the composite  
282 geological core log and identify, as a minimum, the type of drilling and coring tools used, and details of  
283 any drilling mud/fluid utilized. The latter information is important to eliminate geochemical anomalies in  
284 scientific results. For example, contact of long-deposited sediments with current lake water may leave a  
285 signature in the stored core. Although the drilling mud will not directly affect fossil material (sections  
286 2.2.1., 2.2.2.), unless there are secondary reactions during storage, it may affect microbial activity,  
287 metabolites, and decay products as some types of drilling mud contain guar, which is a food source. For  
288 microbiological studies (see section 2.2.3.), tracers used to detect 'contamination' need to be  
289 documented. Moreover, if microspheres were utilized, they may still be present in some samples.

290 Subsamples of sediment cores from scientific drilling projects are increasingly being used for  
291 multidisciplinary studies in a much wider scientific aspect than that of the original project and thus  
292 particular emphasis should be placed on understanding the circumstances in which the original data were  
293 collected and records were archived (for a review see Cohen, 2012). Any subsample from a core section  
294 needs to have the depth of the core section as an unmistakable criterion, as correlation depths derived  
295 from the correlation of cores from parallel holes (so-called core composites) may change with results  
296 from ongoing measurements (e.g., high resolution logging). Ideally, these core composites are  
297 recalibrated to borehole logging data prepared from a number of boreholes at the same site. However,  
298 significant marker horizons (e.g., tephra deposits), being used as the correlation basis for the composite  
299 borehole log are not always available.

300 Storage in controlled and cool temperatures will minimize moisture loss, bacterial activity (see  
301 section 2.2.3.) and ancient DNA decay (see section 2.2.6.), and allow physical property measurements to  
302 be extended by a few months. Cooler temperatures will also slow down any secondary chemical  
303 reactions or existing core alteration.

304 Drilling operation and coring methodology define initial core quality and determine the degree of  
305 physical or chemical 'contamination' that may be anticipated. Archiving and storage imprints, further  
306 characteristics on the core, and accurate subsampling interpretation require a full tracking record of the  
307 core from collection to interpretation with subsample positions clearly archived in relation to the final  
308 composite borehole log. These logs should also show where subsamples have been taken from and  
309 regularly updated as new information is generated.

### 310 2.1.3. Borehole logging

311 Borehole logging is the process of measuring physical, chemical, and structural properties of  
312 penetrated geological formations via tools that are lowered into a borehole on a wireline cable. It  
313 provides *in situ* information about the physical properties of the rock or sediment strata and groundwater.  
314 Borehole logs deliver a continuous record that provides information on the lithological changes with a  
315 precision of decimeters to a few centimeters. Since it allows depicting actual depth and petrophysical  
316 characteristics, information from borehole logging is often used in combination with seismic reflection  
317 data to construct geological models. In addition, the combination of downhole logging data and  
318 petrophysical datasets from several drill holes and cores from the same site are essential to construct a  
319 composite lithological log. More recent applications include the derivation of paleoclimatic indicators  
320 and cyclostratigraphic analyses.

321 The main components of logging equipment are a surface unit, winch, cable, and logging tools  
322 equipped with variable detectors and/or sensors. The surface unit is used to control the measurements,  
323 including the movement of the tool in the borehole. It also provides the energy supply to the tool and  
324 records, displays, and stores the data generated in the borehole. The depth of the measurement in the  
325 borehole is independently recorded by a gauge on the winch. To allow depth correlation between all  
326 logging runs, each tool is equipped with a gamma ray sensor, which records the formation's natural

327 gamma radioactivity caused by its occurring contents of uranium (U), thorium (Th), and potassium (K).

328 A number of tools have been developed over the recent decades that maximize the number of  
329 physical parameters that can be measured in slim boreholes. The equipment, field application, and  
330 analytical methods have been described by, e.g., Ellis and Singer (2007) and Rider and Kennedy (2011).  
331 The most important tools/physical aspects of borehole logging in a lake drilling project are spectral  
332 gamma ray (natural gamma ray plus contents of U, Th, and K), magnetic susceptibility, resistivity,  
333 acoustic velocity, vertical seismic profiling (VSP), dipmeter, and caliper (borehole diameter and  
334 orientation). Furthermore, tools that register the density, neutron porosity, and the content of a selection  
335 of geochemical elements of the drilled formations are available. These tools emit ionizing radiation and  
336 contain either radioactive sources or neutron accelerators. The regulations for the import and export of  
337 these tools are complex and differ from country to country, which regularly limits their use in ancient  
338 lake drilling projects. Tools based on optical methods like video cameras or optical televiewers exist as  
339 well, but they cannot usually be operated in lake drillings because the drilling fluids are not translucent.

340 The various downhole logging methods together with a sensor configuration adapted to the  
341 measurement conditions is used to obtain data from a limited, irregular rock volume. The vertical and  
342 radial extent of this volume is influenced by the borehole diameter, the physical properties of the content  
343 of the borehole, the ratio of the borehole diameter to the diameter of the tool, the position of the tool in  
344 the borehole, and the design of the tool (detector size, electrode spacing, transmitter-receiver spacing,  
345 radioactive source-detector spacing). Thus, each tool has a characteristic depth resolution and an average  
346 radial depth of investigation under the given conditions.

347 The logistical effort involved with transport and installing logging equipment at the drill site can be  
348 high, particularly when the gear has to be transported to a floating drilling barge. These barges are  
349 typically not equipped with heave compensation, so that logging operations need to be conducted during  
350 appropriate weather conditions. Final decisions about holes to be logged during or at the end of drilling  
351 operations can change quickly and are dependent on the overall progress of the drilling operation.

352 Downhole logging measurements in ancient lake drilling projects are typically made in  
353 unconsolidated sediments. Due to the specific sensor requirements, most physical parameters have to be  
354 measured in an open hole. To reduce the impact of potential borehole wall collapses, logging is

355 performed in borehole sections. Their number and individual length (down to 30 m) need to be defined  
356 in close cooperation with the drilling supervisor and leads to a significant prolongation of the logging  
357 time. The logging speed depends on the tools/sensors used, and has a large influence on the quality of the  
358 data. Typical logging speeds are between 60 m h<sup>-1</sup> and 600 m h<sup>-1</sup>. The sampling interval also influences  
359 data quality. It is typically 5–10 cm, with a vertical resolution of about 20 cm.

360 The quality of the borehole logs are dependent on the measurement conditions and the depth  
361 resolution of the tool. The conditions of logging are determined primarily by the borehole geometry, the  
362 physical properties of the drilling fluid (density, electrical resistivity, pH, neutron braking, and  
363 absorption properties), and the properties and size of the flushed and invaded zone. Borehole logging is  
364 thus an important and versatile tool in ancient lake drilling projects and applications include:

365 i) Lithological classification of the strata penetrated by a borehole.

366 Characteristic physical rock parameters, especially when combined, can be used to determine or  
367 confirm the lithology of the rocks or sediment successions. The most useful parameters for this are  
368 gamma radiation, magnetic susceptibility, resistivity, acoustic velocity, and caliper.

369 ii) Site-to-site/hole-to-hole correlation of lithological units.

370 Correlation of lithological units are crucial for obtaining core-composites and for linking stratigraphic  
371 positions across boreholes (see section 2.1.2.). Best suitable are gamma-radiation and magnetic  
372 susceptibility. Furthermore, magnetic susceptibility data has the potential for identifying tephra layers  
373 that are important chronostratigraphic marker horizons in sediment successions.

374 iii) Paleoenvironmental/paleoclimatic reconstructions.

375 Paleoclimatic indicators were derived from physical properties of the sediments from lakes  
376 El'gygytgyn (Nowaczyk et al., 2013), Van (Baumgarten and Wonik, 2014), and Ohrid (Baumgarten  
377 et al., 2015). Sediment records from these lakes display strong shifts in physical and chemical  
378 properties with depth that are tied to different environmental/climatic states.

379 iv) Cyclostratigraphic analyses.

380 Contrasting physical properties and therefore changes in the sediment characteristics can trigger  
381 cyclic changes in the logging data. Cyclostratigraphic analyses in lakes based on physical parameters  
382 from cores and/or boreholes were conducted by Nowaczyk et al. (2013), Baumgarten and Wonik

383 (2014), and Baumgarten et al. (2015). Under favorable sedimentation conditions, results from  
384 cyclostratigraphic analyses based on downhole logging data even allow estimates of varying  
385 sedimentation rates and establishment of reliable age-depth relationships (see section 2.1.4.).

386 v) Time-depth conversions.

387 Measurements of acoustic velocities in boreholes are useful for the interpretation of shipborne  
388 seismic reflection surveys. Therefore, for the geological modeling based on seismic data, downhole  
389 logs (acoustic velocity and VSP) can provide essential information necessary to develop time-depth  
390 conversions for seismic datasets.

391 vi) Inference of structural/tectonic features.

392 Important information needed for tectonic and structural geology investigations include the dip angle,  
393 strike direction, and angle of formations. These parameters can be inferred in the borehole using a  
394 dipmeter tool. Layers with thicknesses as small as 1–2 cm can be detected.

395 vii) Hydrogeological and geotechnical parameters (e.g., clay content, porosity).

396 Data registered from the acoustic velocity logging tool can be used to determine porosity.

397 Assumptions about the lithology and fluid properties based on local knowledge or other  
398 measurements have to be made to estimate porosity. Spectral gamma ray logs may help to distinguish  
399 between different clayey sediments based on their U, Th, and K content. Acoustic velocity logs via  
400 the compression modulus provide indirect information about the storage coefficient of the rock or  
401 sediment successions.

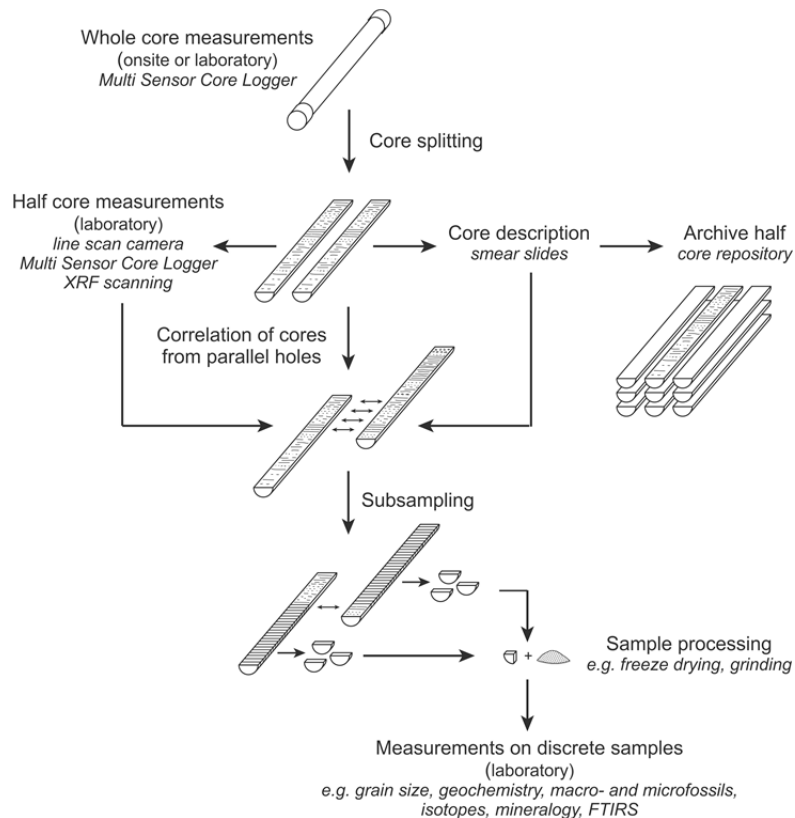
402 Due to technical difficulties, micro-resistivity imagers and nuclear magnetic resonance (NMR)  
403 equipment have not been applied in slim boreholes so far (for details of the methods see, e.g., Kenyon,  
404 1997; Coates et al., 1999; Dunn et al., 2002). With the former method, detailed, high-resolution spatial  
405 data providing structural and textural information can be obtained from the measurement of resistivity  
406 with a large number of electrodes (Lovell and Parkinson, 2002). Using a NMR tool, a real time  
407 permeability log may be possible. Also, the application of interpretative methods for hydrocarbon  
408 exploration and basement rock data (e.g., multivariate statistics) to ancient lake drilling projects can  
409 provide further possibilities to combine geophysical data from boreholes with other geophysical and  
410 geochemical datasets towards more holistic analyses in the future.



411 2.1.4. *Sediment-core data*

412 Standard measurements on sediment cores can be separated into those conducted on whole core  
413 sections, on split core surfaces, and on discrete samples (Fig. 3).

414



415

416

417 **Fig. 3.** Generalized scheme of core processing for basic sedimentological analyses. Individual steps and analytical  
418 methods may vary across projects.

419

420 Whole core measurements are typically performed just after drilling on site and/or shortly before core  
421 opening in the laboratory. For these purposes, so-called multi-sensor core loggers (MSCL), which can be  
422 described as a logging bench unit, are commonly used. MSCL systems allow stepwise measurements of  
423 geophysical parameters at centimeter resolution and are commonly equipped with variable  
424 sensors/detection systems for magnetic susceptibility, gamma ray density (GRAPE), P-wave velocity,  
425 natural gamma spectroscopy, and resistivity (e.g., Weber et al., 1997). These datasets provide a first,  
426 rough overview about changes in sediment composition (density, detrital/magnetic mineral content, U-,  
427 Th-, K-concentrations) before the cores are opened and sediments are exposed to the atmosphere. They

428 are useful to establish hole-to-hole correlations, to identify gaps in the core recovery, and to assist  
429 adjusting the drilling strategy. P-wave velocity data are needed to establish time/depth conversions for  
430 acoustic and seismic reflection datasets, thus allowing for more sophisticated interpretations of seismic  
431 units and their correspondence to changes in lithology. Furthermore, obtaining these whole core  
432 measurements is a prerequisite for geomicrobiological sampling (see also section 2.2.4.), which needs to  
433 be undertaken in the field shortly after core recovery and consumes entire core sections. Hence, if  
434 geomicrobiological datasets need to be tied to a stratigraphy/chronology or compared to other analyses  
435 obtained on overlapping intervals later on, this can only be achieved using whole core MSCL datasets.  
436 MSCL datasets can be biased by cracks in the sediments due to gas expansion or by incompletely filled  
437 liners, such as is common when using rotational drilling tools (see section 2.1.2.).

438       Macroscopic lithological core descriptions on split core surfaces, supported by microscopic smear  
439 slide analyses of major biogenic and minerogenic sediment components, are used to define major  
440 lithologic (i.e., pelagic sediments, mass wasting deposits, tephra layers) and sedimentary/stratigraphic  
441 units. This information is not only important to determine changes in the depositional environment but  
442 also allows more targeted lithotype-specific subsampling strategies to be developed. Detailed and  
443 spatially highly resolved (down to 0.2 mm) geochemical analyses on split core surfaces can be  
444 performed using X-Ray Fluorescence (XRF) core-scanners. Newer systems allow the analysis of major  
445 and minor elements heavier than Al at high precision and permit, besides inference of relative changes in  
446 concentration, also quantification upon calibration (e.g., Russell et al., 2014). Relative changes in  
447 intensities as well as ratios of specific elements are useful indicators for changes in sediment  
448 composition (e.g., Melles et al., 2012), sediment provenance (e.g., Kylander et al., 2013), redox  
449 conditions (e.g., Naeher et al., 2013; Costa et al., 2015), diagenetic overprinting, grainsize/depositional  
450 processes (e.g., Bloemsma et al., 2012; Francke et al., 2016), and to identify the occurrence of tephra or  
451 cryptotephra layers (e.g., Vogel et al., 2010a). The quality of the data depends on the analytical time and  
452 on several sedimentological characteristics, such as surface smoothness, water content, or grain size  
453 distribution. XRF scanning of marine and lacustrine core sequences has become a standard method to  
454 obtain a rapid, spatially highly resolved overview of changes in element composition, but the method is  
455 time consuming at high resolutions. Requiring an analysis time of up to several hours per meter sediment

456 core, the scanning of several sediment sequences from one site with a total length of hundreds of meters  
457 may take several weeks. Moreover, due to the high scanning resolution, the amount of data produced is  
458 immense and often requires smoothing or filtering in order to facilitate the identification of major trends  
459 of element variation in sediment cores and to reduce background noise. Therefore, careful selection of  
460 the resolution based on other data, e.g., reduction of resolution if a section of sediments appears  
461 homogeneous, for example, due to bioturbation or mass movement processes, can significantly reduce  
462 measurement time and facilitate data handling.

463 Analytical methods on discrete samples comprise a broad range of granulometric, geochemical, and  
464 biological methods. Much variation exists in the amount of preparation and time that are required to  
465 apply individual methods, e.g., sample preparation or identification of micro- and macrofossils can be  
466 very time consuming. Significant differences also exist in the required amount of sediment needed to  
467 perform each analysis. Some geochemical methods require only a few milligrams of powdered material,  
468 but others, such as paleontological studies may need several grams of sediment or more. Both labor-  
469 intensity and availability of material affect the sampling resolution, with the separation between  
470 subsequent samples usually varying from one centimeter to several decimeters.

471 Granulometric analyses are used to obtain information on sediment transport history and energy  
472 (fluvial, aeolian, pelagic, gravity driven). The measurement of grain-size distributions can be done  
473 relatively fast with a laser particle size analyzer for sand- to clay-sized fractions, as are common in  
474 lacustrine sediments. However, sample preparation is necessary to extract information on transport and  
475 depositional processes unbiased by autochthonously derived sediment components. Sample preparation  
476 can be labor-intensive if removal of organic matter, carbonates (authigenic, biogenic), biogenic silica  
477 from diatoms, phytoliths, or sponge spicules is required. Standard geochemical analyses often comprise  
478 the measurement of total organic carbon (TOC), total inorganic carbon (TIC), total nitrogen (TN), total  
479 sulphur (TS), and require only relatively low amounts of powdered material. TOC and TN  
480 concentrations are useful indicators that provide estimates on changes in intralacustrine productivity  
481 (e.g., Wagner et al., 2009; Vogel et al., 2010b) and/or changes in the supply of terrestrial organic matter  
482 (e.g., Meyers, 2003). However, TOC and TN concentrations in the sediment are not only influenced by  
483 their initial fluxes but also by the degree of post-burial remineralization, which in most settings is

484 controlled by lake-mixis and the availability of oxygen in the hypolimnion and top sediments (e.g.,  
485 Melles et al., 2007). TIC concentrations are a measure of the amount of carbonate, which can be present  
486 in biogenic, endogenic, detrital, and/or authigenic form in lacustrine sediments. Calcite and aragonite  
487 (both  $\text{CaCO}_3$ ) are the predominant carbonate phases in most freshwater settings and changes in their  
488 concentrations are usually driven by temperature, productivity, and hydrological variations (e.g., Kelts  
489 and Talbot, 1990; Wick et al., 2003; Wagner et al., 2009; Vogel et al., 2010b). However, other carbonate  
490 phases, such as siderite ( $\text{FeCO}_3$ ), dolomite ( $\text{CaMg}(\text{CO}_3)_2$ ), and/or ankerite ( $\text{Ca}(\text{MgFeMn})(\text{CO}_3)_2$ ), can  
491 also be present in certain settings (e.g., De Decker and Last, 1988; Stevens et al., 2012; Lacey et al.,  
492 2015). Moreover, the measurement of isotopes, such as carbon or oxygen isotopes (see section 2.1.6.),  
493 require relatively small quantities of sediment if the concentration of biomineralized carbon or oxygen is  
494 sufficient.

495 A new analytical method that has been applied in recent deep drilling projects for the analysis of  
496 discrete samples is Fourier Transformed Infrared Spectroscopy (FTIRS). FTIRS is a relatively fast and  
497 cost efficient method, which requires small sample amounts and can be used to infer absolute  
498 concentrations of biogenic silica (bSi), carbonate (TIC), and organic matter (TOC) with a single  
499 measurement (Vogel et al., 2008; Meyer-Jacob et al., 2014a). The low processing time might be  
500 important for the continuous analysis of long drilling sequences (e.g., Meyer-Jacob et al., 2014b) and for  
501 high-resolution studies of specific time slices in these sediment records (e.g., Cunningham et al., 2013).  
502 Further applications of FTIRS involve the determination of relative changes in the abundance of  
503 different carbonate phases (Lacey et al., 2016).

504 Overall, the combination of information from individual proxies and future progress in the  
505 development of analytical methods as well as scanning and logging techniques will significantly help to  
506 improve the study of environmental changes from sedimentary records in ancient lakes.

#### 507 *2.1.5. Age-depth models*

508 Creating a reliable and robust chronological framework is fundamental for drilling studies across  
509 disciplines and, hence, also for the synthesized interpretation of paleoenvironmental, climatological, and  
510 biological data. Age-depth relationships in non-marine records are commonly established by combining

511 absolute chronological information from radiometric and magnetic dating methods, and from varve  
 512 counting with chronostratigraphic information derived from comparisons of a proxy response to a  
 513 reference record (e.g., Nowaczyk et al., 2013; Stockhecke et al., 2014; Francke et al., 2016). Similar to  
 514 dendrochronology (tree ring counting), varve counting provides robust age-depth control points as  
 515 varves consist of thin (millimeter scale), characteristic seasonal summer and winter deposits (so-called  
 516 laminae). However, the preservation of varves in lacustrine sediments may depend on several factors,  
 517 such as the absence of sediment-dwelling organisms or the presence of anoxic bottom water conditions.

518 Obtaining absolute ages from radiometric dating techniques (Table 1) or techniques that utilize  
 519 radiometrically induced lattice effects in certain mineral phases requires the presence of suitable/datable  
 520 materials in the studied sediment sequence (reviewed in Bradley, 2014). In addition, the different dating  
 521 methods cover different time ranges. Consequently, various radiometric dating techniques are typically  
 522 used in combination and choices depend on the age range covered in a core, the anticipated/estimated  
 523 age of a specific dating point, and the presence of suitable materials. Whereas the relative error of some  
 524 of these techniques is small, absolute uncertainties increase in the deeper sediment record and obtained  
 525 dates can be biased by a variety of physical and chemical effects. Nevertheless, dates from radiometric  
 526 methods provide the most precise chronological tie points, and are therefore introduced as 1<sup>st</sup> order  
 527 constraints in age-depth calculations.

528

529 **Table 1**

530 Selected absolute dating techniques for sediment cores. ESR = Electron Spin Resonance; OSL = Optically  
 531 Stimulated Luminescence. <sup>10</sup>Be refers to burial dating.

532

	<sup>14</sup> C	Ar/Ar	U/Th	U/Pb	OSL	ESR	<sup>10</sup> Be
Material	Organic matter/ carbonate fossils	Volcanic glass	Endogenic/ authigenic carbonates	Endogenic/ authigenic carbonates	Quartz/ feldspar	Carbonates	Quartz
Age range (My)	0–0.05	~0.01–4,600	0–0.5	1–4,600	0.001–0.2	0.001–0.2	~0.01–4
Precision (%)	1–5	5	1	0.1–1	~10	~10	10–20

533

534 Additional 1<sup>st</sup> order constraints can be obtained by correlating the chemical composition of tephra

535 layers to the volcanic eruption of which the age is known or to tephra layers with identical composition  
536 found in other, well-dated sediment sequences (e.g., Wulf et al., 2008; Sulpizio et al., 2010; Vogel et al.,  
537 2010a; Leicher et al., 2015). However, an unequivocal correlation of tephra layers to known eruptions  
538 based on their chemical composition is, due to the often encountered similarity in glass shard chemistry  
539 of ejectas from different eruptions, not always straightforward. In recent studies, these limitations have  
540 been partly overcome by additional measurement of the trace element and isotope chemistry of glass  
541 shards (e.g., Sulpizio et al., 2013; Insinga et al., 2014; Albert et al., 2015; Tomlinson et al., 2015).

542 Further independent age control can be provided by paleomagnetic data. Polarity reversals and  
543 excursions of the earth's magnetic field are common in the geological record (Merrill et al., 2006).  
544 Moreover, the intensity and vector (secular variation) of the Earth's Magnetic Field varies within  
545 magnetic chrons. As magnetic particles will be aligned during and after settling on the lake floor, their  
546 orientation in the sediment core depends on the direction and strength of the ambient magnetic field  
547 during or shortly after deposition (depositional remnant magnetization, DRM). Alignment of particles  
548 during deposition is, however, not always an instantaneous process and different factors, such as the  
549 lock-in depth of DRM (i.e., the sediment depth where magnetic particles are aligned to the ambient  
550 magnetic field, important for sedimentation rates of  $<10 \text{ cm ky}^{-1}$ ; Roberts and Winklhofer, 2004) and  
551 early diagenetic formation of ferrimagnetic minerals (important in low oxygen environments) should be  
552 considered (see Tauxe, 1993; Roberts et al., 2013 for more details). Age information from well-dated,  
553 paleomagnetic reference records can be transferred to the analyzed sediment sequence, if similar  
554 magnetic features were identified (Peck et al., 1996; Frank et al., 2002; Nowaczyk et al., 2013). A  
555 number of magnetic reversals and excursions have been dated using absolute radiometric dating methods  
556 (Laj and Channel, 2009 and references therein). This is, however, not yet the case for the entirety of  
557 these events in the geological history. In some cases, the chronology of the paleomagnetic reference  
558 records is based on synchronization of marine benthic oxygen isotope data of either individual or stacked  
559 records with orbital parameters, standard oxygen isotope stacks (SPECMAP and LR04), or ice-core  
560 records (GISP2). Where absolute age control of paleomagnetic events based on radiometric methods is  
561 absent, ages derived from magnetostratigraphy should not be regarded as absolute age control points.

562 Downhole magnetostratigraphic measurements can be performed even with logging-while-drilling

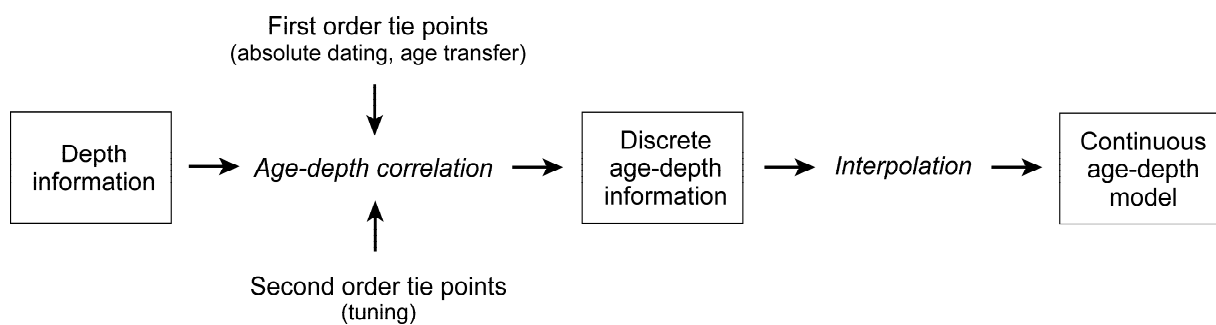
563 tools, such as the geological high-resolution magnetic tool (GHMT), which is based on high-precision  
564 measurements of the total magnetic field and the susceptibility field with a magnetometer. Combining  
565 these two measurements with the Earth's total magnetic field at the surface close to the borehole allows  
566 deriving *in situ* remnant magnetizations of the drilled sedimentary units (Luthi, 2001; Paulissen et al.,  
567 2011).

568 Correlation of a proxy response measured in a sediment record to local insolation or to the global  
569 benthic foraminifera oxygen isotope stack LR04 (Lisiecki and Raymo, 2005), which primarily displays  
570 ice-volume/sea-level changes during the Quaternary, is a chronostratigraphic method that is often used to  
571 refine age-models when independent age control points are sparse. At Lake Ohrid, for example,  
572 variations in the length of local insolation during summer and winter trigger changes in the primary  
573 productivity and mixing in the lake (Francke et al., 2016). These variations affect the TOC content of  
574 Lake Ohrid's sediments, which allow tuning the total organic carbon concentrations with the Earth's  
575 orbital parameters (i.e., local summer insolation and winter season length). At Lake El'gygytgyn, various  
576 stratigraphic parameters, which are related to the redox conditions at the lake floor and to the climatic  
577 conditions in the surroundings of the lake, show variation synchronous with the northern hemisphere  
578 insolation and the global benthic isotope stack LR04 (Nowaczyk et al., 2013).

579 Tuning of a proxy response against reference records requires a thorough understanding of the  
580 processes that shape the proxy response to interpret possible leads and lags compared to the reference  
581 dataset (Prokopenko et al., 2006). This is particularly important in lake studies as proxy/forcing  
582 relationships are strongly dependent on site characteristics. Ideally, leads and lags between proxy  
583 responses and reference records should be tested on horizons for which absolute time markers are  
584 available in both the studied and reference records. Zanchetta et al. (2015) showed that tuning against an  
585 absolutely-dated reference record from the vicinity of the study site can improve the understanding of a  
586 proxy response compared to insolation and ice-volume reference records. Furthermore, this approach  
587 may enable the identification of the synchronicity or asynchronicity of climate events compared to the  
588 reference records and other, absolutely-dated regional records. The feasibility of such endeavors,  
589 however, depends on the availability of suitable reference records in the region.

590 Chronological constraints adopted from tuning against a reference record comprise two potential

591 errors: Uncertainties introduced by the tuning and the uncertainty of the age model of the reference  
 592 record. Therefore, these tie points are not independent and introduced as 2<sup>nd</sup> order constraints (e.g.,  
 593 Nowaczyk et al., 2013; Francke et al., 2016). For example, the chronology of the global benthic isotope  
 594 stack LR04, which is frequently used as reference record (see above), comprises uncertainties in a range  
 595 of  $\pm 4$ –40 ky for a timeframe of 0–5.3 My, as the age model of LR04 is based on tuning the benthic  
 596 isotope data to the 21 June insolation at 65°N (Lisiecki and Raymo, 2005). For records younger than 1  
 597 My (a relevant range for most lake sediment studies), the error of LR04 is estimated close to  $\pm 4$  ky.  
 598

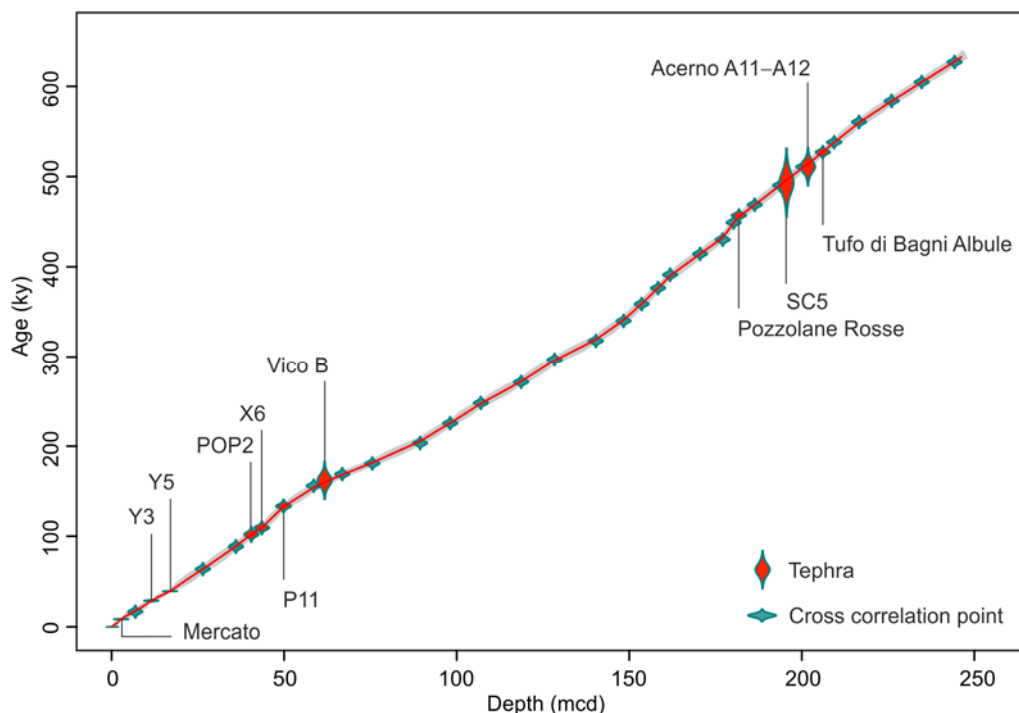


599  
 600  
 601 **Fig. 4.** Flow chart illustrating the required steps to establish an age-depth model.

602  
 603 Once a sufficient number of data points have been obtained via the outlined methods, a quantitative  
 604 age-depth model can be calculated by interpolation between the individual age control points (Fig. 4).  
 605 For this purpose, various interpolation methods, such as linear interpolation, linear regression, polymodal  
 606 interpolation, or smooth spline interpolation, can be used. Considering the sedimentological  
 607 characteristics, expected sedimentation rates, and other stratigraphic information, including the position  
 608 of event layers (mass wasting deposits, tephra layers) and hiatuses forms the basis for deciding which  
 609 interpolation method is most appropriate. Linear interpolation implies abrupt changes in the  
 610 sedimentation rate at each age control point (cf. Blaauw, 2010; Blaauw and Christen, 2011), which, in  
 611 most cases, is not supported by the lithological characteristics and stratigraphic information from the  
 612 studied sediment succession. Polymodal or smooth spline interpolation methods calculate more gradual  
 613 changes of sedimentation rates and are often more suitable for age-depth modeling. Non-linear changes  
 614 in sedimentation rates between two age points are incorporated in new age-depth modeling software, e.g.  
 615 Bacon v2.2 (Blaauw and Christen, 2011), which has been applied only recently for age-depth modeling



616 on long lacustrine sediment sequences (e.g., Shanahan et al., 2013; Francke et al., 2016). It uses  
 617 Bayesian statistics and Markov Chain Monte Carlo iterations to infer the accumulation history based on  
 618 a priori assumptions about the sedimentation rate and its variability over geological time (Fig. 5).  
 619 Another advantage of this approach is that uncertainties of tuning and independent age points can  
 620 directly be included into the age-depth modeling (Fig. 5).  
 621



622  
 623 **Fig. 5.** Age model of the DEEP site sediment sequence from Lake Ohrid (Macedonia, Albania) down to 247.8  
 624 meter composite depth (mcd) corresponding to an age of 637 ky. Modified from Francke et al. (2016).  
 625

626 In summary, age-depth models, which reveal the relationship between increasing sediment depth and  
 627 age (Fig. 5), are a prerequisite to integrate and interpret biological and geological data. However, as each  
 628 dating technique has its specific limitations, their respective uncertainties should be considered during  
 629 age-depth calculations (Blaauw and Heegaard, 2012).

### 630 2.1.6. Stable isotopes

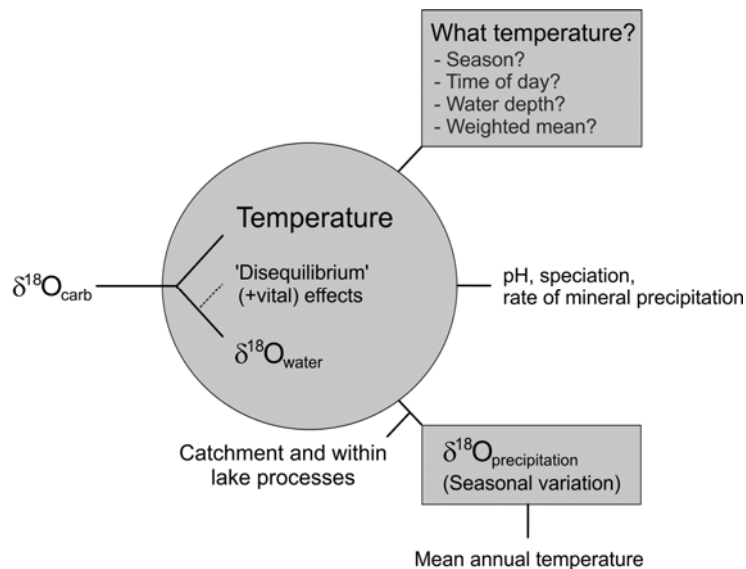
631 The analysis of stable isotope ratios in mineralized components from lake sediments (Leng and  
 632 Marshall, 2004), are well established in paleoclimatology, paleolimnology, and limnogeology since the  
 633 early work of McCrea (1950) and Urey et al. (1951). Stable isotopes (in particular  $\delta^{18}\text{O}$  and  $\delta^{13}\text{C}$ ; Leng

634 and Marshall, 2004) are incorporated into a number of different components that precipitate or grow in  
635 lake waters and subsequently get deposited within the sediments, for example shelly materials, fine  
636 grained calcium carbonate crystals (a chemical precipitate called endogenic carbonate), and diatoms  
637 (siliceous algae, see also section 2.2.2.). Paleoclimate studies commonly use changes in the isotope  
638 compositions throughout the sediment succession to infer changes in either temperature ( $\delta^{18}\text{O}$ ) or the  
639 isotopic composition of lake water ( $\delta^{18}\text{O}/\delta^{13}\text{C}$ ). With  $\delta^{18}\text{O}$ , the latter could be a function of changes in/or  
640 at the source of water to the lake (changes in moisture source) or the precipitation/evaporation balance.  
641 By looking at changes in  $\delta^{18}\text{O}$  through time, and depending on the characteristics of the lake in question,  
642 it is possible to reconstruct an aspect of paleoclimate for a particular location. With  $\delta^{13}\text{C}$ , changes are  
643 usually ascribed to the source of the dissolved carbon ion or changes in productivity of the aquatic plants  
644 and phytoplankton, which preferentially utilize  $^{12}\text{C}$  (Leng and Marshall, 2004).

645 In ancient lakes, where the isotope composition of the lake water has been demonstrated to reflect  
646 mean annual precipitation, it has been shown that a signal of climate change can be determined from the  
647 analysis of biogenic calcite from the shells of benthic ostracods, which live below the thermocline and  
648 are thus not affected by seasonal shifts in temperature or evaporation. For endorheic lakes, the isotopic  
649 composition of the carbonate has been shown to reflect lake-level, most significantly between glacial-  
650 interglacial cycles. In Lake Ohrid, for example, these cycles suggest that the lake has been subject to  
651 hydroclimate fluctuations on orbital and millennial timescales (Lacey et al., 2016).

652 Despite an increase in the application of stable isotope techniques in paleolimnology, interpreting  
653 stable isotope results can be challenging. These challenges may be general or specific to a core, lake, or  
654 basin. The vast majority of studies focus on oxygen isotopes because their interpretation can be linked  
655 directly or indirectly to climate change. Factors that have an influence on the oxygen isotope  
656 composition of the lake water ( $\delta^{18}\text{O}_{\text{lakewater}}$ ) are given in Fig. 6. The oxygen isotope composition of water  
657 in hydrologically open lakes ( $\delta^{18}\text{O}_{\text{water}}$ ) will dominantly reflect the isotopic composition of the  
658 precipitation received by the lake ( $\delta^{18}\text{O}_{\text{precipitation}}$  or  $\delta\text{p}$ ). Many studies have shown that the  $\delta^{18}\text{O}$  signature  
659 of mean annual precipitation varies globally between regions and covariation in  $\delta\text{p}$  (and  $\delta\text{D}$ ) defines a  
660 global meteoric water line (Craig, 1961). Outside the tropics, where ‘amount’ effects (relating to intense

661 precipitation events) are common, and  $\delta p$  varies systematically with mean annual temperature (Clark and  
 662 Fritz, 1997; <http://isohis.iaea.org/GNIP>),  $\delta p$  thus broadly correlates with latitude and altitude of a site  
 663 (Bowen and Wilkinson, 2002 and references therein). The global relationship between changes in  $\delta p$   
 664 with temperature is referred to as the ‘Dansgaard relationship’ (after Dansgaard, 1964).  
 665



666  
 667  
 668 **Fig. 6.** Overview of factors that can influence the isotope composition of a lacustrine carbonate or biogenic silica  
 669 ( $\delta^{18}\text{O}$ ). For equilibrium mineral precipitation, the oxygen isotope composition of the mineral is controlled only by  
 670 the temperature and by the isotope composition of the lake water from which the mineral precipitated. If a mineral  
 671 is precipitated in isotope equilibrium, paleotemperature equations can be used to estimate past temperatures and  
 672 their changes. Other factors, such as pH, mineral speciation, and rates of mineral precipitation, may affect the  
 673 fractionation relationship. (From Leng and Marshall, 2004).

674  
 675 In many lacustrine environments it cannot be assumed that either the modern or past  $\delta^{18}\text{O}_{\text{lakewater}}$ ,  
 676 reflect that of mean annual precipitation. The residence time of water in the lake and modification of  
 677 water compositions by catchment and lake processes are particularly important to consider as  
 678 evaporation will affect the water composition. The size of a lake in comparison to its catchment is  
 679 important because the isotope composition of rain and snowfall are very variable on short time scales: A  
 680 lake therefore needs to be big enough and well enough mixed for its isotope composition to ‘average out’  
 681 the short-term variation and reflect mean annual precipitation. The greatest degree of variation in the  
 682 isotope composition of rainfall occurs on the time scale of hours to days. Seasonal variation in

683 precipitation is likely to be much more significant in small, short residence time lakes as these tend to  
684 have  $\delta^{18}\text{O}_{\text{water}}$  values that are regularly displaced by later precipitation. However, if the inference of intra-  
685 seasonal fluctuations is of interest, growth increments analyses of the isotope composition of molluscan  
686 shells will often provide intraseasonal information (Kaandorp et al., 2005; Taft et al., 2012; Leng and  
687 Lewis, 2014).

688 At temperate latitudes, monthly mean rainfall  $\delta^{18}\text{O}$  typically have an overall range of 2–8‰. The  
689 range increases with continentality of the site. At such sites, winter rainfall has significantly more  
690 negative  $\delta^{18}\text{O}$  than its summer equivalent. If a lake is very small in relation to its catchment (with  
691 residence times of  $< 1$  year), winter rainfall will be physically displaced by summer rainfall and thus  
692  $\delta^{18}\text{O}_{\text{water}}$  will be influenced by seasonal variation. Therefore, deep ancient lakes with their long water  
693 residence time are particularly useful for isotope studies. The precise isotope composition of lake water  
694 at any time will depend on the amount of rain in the different seasons and the degree of mixing of winter  
695 and summer rainfall. Even in lakes with relatively long overall residence times, surface waters may have  
696 isotope compositions that reflect summer rainfall rather than mean annual precipitation if the waters  
697 become stratified.

698 The  $\delta^{18}\text{O}$  of components within lake sediments contain information on temperature, and there are  
699 many empirically derived 'paleotemperature equations'. During equilibrium precipitation, carbonates for  
700 example, have  $\delta^{18}\text{O}$  compositions that decrease by about 0.24‰ for each 1°C increase in temperature  
701 (Craig, 1965). There is a number of paleotemperature equations for the equilibrium precipitation. For  
702 example, Kim and O'Neil (1997) proposed an equilibrium fractionation relationship, which was  
703 reordered by Leng and Marshall (2004). Assuming that equilibrium precipitation has occurred, the  
704 interpretation of oxygen isotope data in terms of paleotemperatures requires an understanding of two  
705 processes that have opposing effects on the composition of a carbonate or silicate precipitate. At  
706 intermediate and high latitudes, the oxygen isotope composition of mean annual precipitation correlates  
707 directly with change in temperature with a gradient of approximately  $+0.6\text{‰ }^{\circ}\text{C}^{-1}$  (Dansgaard, 1964).  
708 Opposing this effect from being transferred directly into the sediment record, the equilibrium isotope  
709 fractionation between carbonate and water has a gradient of around  $-0.24\text{‰ }^{\circ}\text{C}^{-1}$ . For many lake records,

710 the carbonate response to temperature will be dominated by the change in the isotope composition of  
711 precipitation and effectively ‘damped’ by the opposing effect of mineral-water fractionation. In this case,  
712 the measured carbonate values will covary with temperature – with an increase of  $\sim 0.36\text{‰ }^{\circ}\text{C}^{-1}$  (Eicher  
713 and Siegenthaler, 1976). This is reasonable for the paleoclimatic interpretation of many lakes but it  
714 implicitly assumes that  $\delta p/dT$  always changes according to the Dansgaard relationship.

715 Evaporation has a major influence on the oxygen isotope composition of any standing water body.  
716 For closed (terminal) lakes, where water loss is mainly through evaporation, lake waters tend to have  
717 high  $\delta^{18}\text{O}$  (Fig. 6). Measured  $\delta^{18}\text{O}$  (and  $\delta\text{D}$ ) values are always higher than those of average precipitation  
718 as the lighter isotopes of  $^{16}\text{O}$  and ( $^1\text{H}$ ) are preferentially lost to evaporation. Isotope records from such  
719 lakes show large swings in composition as the ratio of the amount of precipitation to evaporation (P/E)  
720 change with climate. Any interpretation of the isotope records from a lake must take into account the  
721 hydrology of the lake and likely changes in hydrology that may have occurred in the past.

722 Endogenic carbonates are still the most commonly utilized materials for stable isotope analysis.  
723 Endogenic carbonates are formed by photosynthetic utilization of  $\text{CO}_2$  and resultant calcium carbonate  
724 supersaturation (often mistakenly referred to as authigenic carbonate). In most temperate and high-  
725 latitude regions, endogenic carbonates are precipitated mainly in the summer months during periods of  
726 maximum phytoplankton productivity (Leng et al., 1999b, Teranes and McKenzie, 2001). In mid-latitude  
727 and tropical lakes, phytoplankton growth may occur throughout the year although other mechanisms,  
728 such as supersaturation, may also cause continuous carbonate precipitation (e.g., the Dead Sea aragonite;  
729 Niemi et al., 1997). More commonly in the tropics, carbonate precipitation is related to phytoplankton  
730 blooms associated with annual lake-water mixing and nutrient availability (*sensu* Lamb et al., 2002). The  
731 advantage of using endogenic carbonate in stable isotope studies is that it provides an integrated climate  
732 signal for the whole sample, which may be time-averaged over several years, depending on  
733 sedimentation rate. However, there are some potential problems. It can be difficult to distinguish  
734 between authigenic (diagenetic carbonate formed within the sediment) and allogenic (detritus derived  
735 from the terrestrial environment) carbonates, especially in karstic regions, so there is always the  
736 possibility of contamination of the isotope signal from a washed-in component (cf. Hammarlund and  
737 Buchardt, 1996). Some carbonates do not precipitate in equilibrium with their environments.

738 Disequilibrium effects (often called ‘vital effects’ in biogenic materials) have been attributed to rates of  
739 precipitation, pH effects, incorporation of metabolic fluids, and growth in microenvironments not typical  
740 of the water body as a whole (Leng and Marshall, 2004). Also, there are several endogenic carbonate  
741 minerals that could precipitate out in a lake and each mineral has its own mineral-water fractionation  
742 (see above). In freshwater systems, calcite ( $\text{CaCO}_3$ ) usually forms. However, with increasing  
743 evaporation, other forms can occur, such as aragonite ( $\text{CaCO}_3$ ) and dolomite ( $\text{CaMg}(\text{CO}_3)_2$ ) (e.g., Lake  
744 Bosumtwi; Talbot and Kelts, 1986). Physically separating different carbonate minerals is not easy,  
745 although respective protocols are available (e.g., Dean et al., 2015). Diatom silica  $\delta^{18}\text{O}$  is being  
746 increasingly utilized in paleolimnology, and many of the issues are the same as with carbonates.  
747 However, the main consideration is that almost pure diatom samples are required as extraction  
748 techniques will liberate oxygen from all the components in the sediment (Leng and Barker, 2006).

749 Overall, isotope geochemistry is an essential part of paleoclimatological and (paleo-) limnological  
750 research. Over the last few decades, the analysis of isotopes in carbonate materials has contributed  
751 significantly to our understanding of a broad array of environmental change research. Nevertheless,  
752 advances are still to be made. These include better preparation, analysis, and interpretation of some of  
753 the less routine materials (other than carbonate), such as biogenic silica and chironomid chitin (Leng and  
754 Henderson, 2013). There is also the up and coming field of determining the excess of  $^{13}\text{C}$ – $^{18}\text{O}$  bonds in  
755 clumped isotopes (Leng and Henderson, 2013). Bulk carbon and nitrogen isotope ratios within organic  
756 materials are also frequently analyzed but do not provide specific information and, therefore, are not  
757 further discussed here. Moreover, paleoenvironmental studies targeting paleohydrology and biome  
758 dynamics increasingly use carbon and hydrogen isotope ratios of specific organic sources and  
759 compounds, such as leaf waxes and algal lipids (for details see chapter 2.2.4).

## 760 2.2. *Biological and paleontological data and methods*

### 761 2.2.1. *Macrofossils*

762 Macrofossils include all remains of organisms from the remote past large enough to be visible  
763 without a microscope. Although fossils are widely reported from lake sediment cores, obtaining

764 macrofossils is often a hope, though rarely an objective of drilling campaigns. The larger individual  
765 fossils are, the smaller the chance that such fossils will be picked up in a sediment core. The diameter of  
766 drill cores (typically 48–85 mm) sets a strong constraint on the possible recovery of macrofossils and  
767 their size. Even fossils with a maximum linear size of 2–4 cm unlikely fall within the categories of  
768 exquisite preservation and complete recovery. An additional difficulty for the recovery of macrofossils is  
769 that cores are typically cut and observed perpendicular to bedding planes, so that macrofossils may easily  
770 be overlooked. Recovery of macrofossils from a drilling core may also require disturbing the sediments  
771 more than is desirable at the early stages of core documentation (see section 2.1.2.). To overcome this  
772 issue, CT- or radiographic images can be obtained of core sections during the core documentation  
773 procedure just after opening a core.

774 Macrofossils may be obtained from sediment cores as complete body fossils, such as mollusks, plant  
775 leaves, or isolated biomineralized parts, such as bones, teeth, charophyte oogones, seeds, plant cuticles,  
776 and wood fragments (Taviani et al., 2000; Reinthal et al., 2011; Cohen, 2012; Pepe et al., 2013, Mazzini  
777 et al., 2015). Lake sediments regularly yield fossils with exceptional preservation (e.g., Richter and  
778 Wedmann, 2005; Smith, 2012), and sometimes the temporal resolution is extraordinary, i.e., centennial  
779 to even annual scales (Bell et al., 2006; Hunt et al., 2008; Van Bocxlaer and Hunt, 2013). The choice of  
780 drilling sites affects the chances to recover macrofossils as well as fossil preservation (reviewed in  
781 Cohen, 2012). For example, drilling in the deeper waters of a meromictic lake is unlikely to yield many  
782 macrofossils because the benthic habitats at these sites can usually be expected to have been inhabitable  
783 for benthic life for most of the lake's history (see section 2.1.1.), although remains of pelagic organisms,  
784 such as lake sardines (Cyprinidae) may end up in such cores (Reinthal et al., 2011). Hence, macrofossils  
785 from nearshore habitats generally can be found only in low abundances in offshore cores. Drill sites  
786 relatively close to the shores, in general, provide greater potential to recover macrofossils (Harzhauser et  
787 al., 2013). However, such sites usually contain large proportions of sand and gravel (indicative for  
788 greater water energy and poorer preservation potential), and are subject to sediment redeposition, which  
789 makes them undesirable targets for paleoclimate studies and difficult to drill (see also section 2.1.1.).  
790 Mid-lake topographic highs are often selected as disturbance can be anticipated to have been limited, but  
791 such sites are unlikely the most suitable target of drilling from the perspective of macrofossil recovery. If

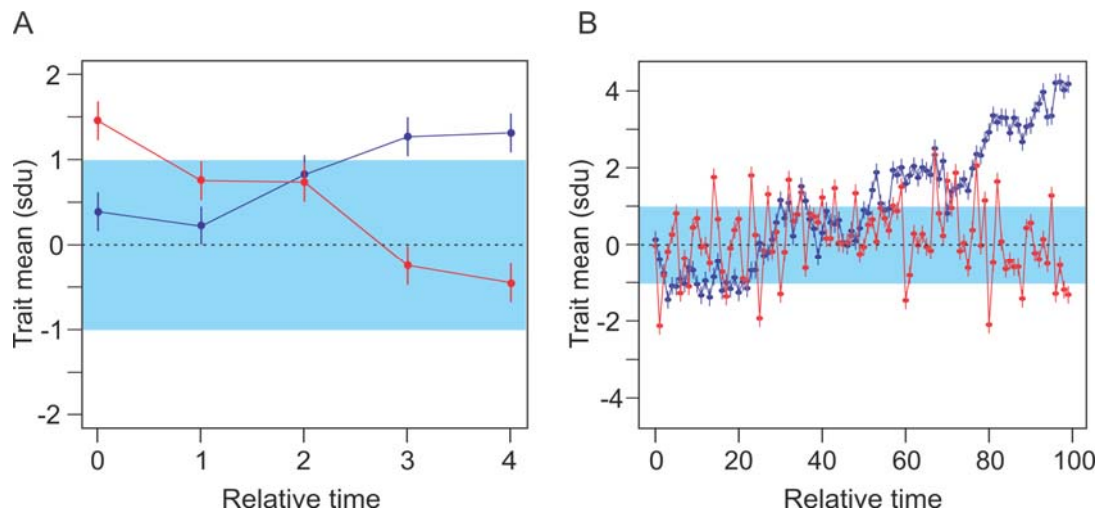
792 recovered, macrofossils may serve several research goals, and because of the practical limitations to find  
793 macrofossils, we discern here between goals that can be reached with a low number of specimens and  
794 those that require the sampling of larger numbers of macrofossils.

795 Single or scarce macrofossil finds may provide valuable information for the study of  
796 paleoenvironments or organismal evolution. They can also facilitate dating analyses, either directly if the  
797 fossil provides datable substances (e.g., charcoal, shells, seeds of terrestrial plants, etc.), via the study of  
798 ancient amino acids (see section 2.2.5.), or if the macrofossil can be placed into a biostratigraphic  
799 framework for the studied basin. It can also be used indirectly if the fossil can be inserted with  
800 reasonable constraint into a time-calibrated phylogeny of extant taxa (see section 2.2.9.). Moreover,  
801 macrofossils may provide unique opportunities for paleolimnological reconstructions, either via isotope  
802 studies (see section 2.2.8.) or via reconstructions directly based on the fossils' properties or habitat  
803 characteristics (see section 3.1.). Beyond calibrating the molecular clock (see section 3.2.), macrofossils  
804 may give a good insight into organismal evolution including information on how long the taxon is  
805 present in the basin, on ancestral character states (see section 3.4.), and on morphological adaptation by  
806 comparing the morphology of the fossil to that of modern populations. In the most fortunate case, the  
807 fossil may be exceptionally preserved so that attempts to isolate ancient amino acids or DNA can be  
808 undertaken (see sections 2.2.5., 2.2.6.).

809 However, most biological goals relate to community changes over time or morphological evolution,  
810 and thus require sampling multiple taxa or individuals per interval (also see section 3.1.). As indicated  
811 above, chances to recover macrofossils in substantial numbers relate first to the size of such fossils, but  
812 furthermore also to preservation potential (e.g.,  $\text{CaCO}_3$ -bearing fossils will corrode when deposited  
813 below the local carbon compensation depth), general abundance, and lifestyle (e.g., benthic vs. pelagic).  
814 Therefore, most of the macrofossils that can be used for goals requiring abundant finds are only  
815 marginally larger than microfossils (e.g., fish teeth, or small mollusks; see section 2.2.2.). Continuity of  
816 the recovery of such fossils throughout a core relates primarily to the preservation potential under  
817 changing chemical conditions (dissolution, corrosion, and abrasion diminish preservation potential) and  
818 the patchiness of a taxon's occurrence. Patchy taxa can be expected to occur with great numbers at few  
819 intervals, whereas more evenly distributed taxa would occur in smaller numbers throughout more



820 intervals within a sediment core. The abundance of the target taxon per interval of sediment is the main  
821 determinant of the resolution at which the taxon's macrofossils can be studied. For example, if an  
822 interval of 2 cm of sediment yields on average 40 seeds, but only 2 fish teeth and 4 mollusks, then the  
823 core can be analyzed in 2 cm intervals for plant remains, but perhaps only in 10+ cm intervals for the  
824 study of fish teeth and mollusks, which affects the power to discover trends (see the simulation in Fig. 7).  
825



826  
827  
828 **Fig. 7.** The feasibility to detect ecological or evolutionary signals from drilling data depends on the length of a time  
829 series (here expressed as relative time). Simulated time series of a morphological trait (scaled in within-sample  
830 standard deviation units; sdu) are represented in A) and B). The trait indicated in blue was simulated with a model  
831 of directional change, the red trait with a model of morphological stasis. Parameters were identical for each model  
832 in A and B. Only over an extended period of time (B), morphological stasis and directional change can be  
833 distinguished (blue area = 2 sdu). Modeling was performed in R 3.3.1 (R Development Core Team, 2015) with the  
834 paleoTS package (Hunt, 2006, 2012).  
835

836 Upon detecting macrofossil remains in lacustrine sediment cores, the specimens are usually picked  
837 out, identified and/or counted prior to further analyses, such as dating or the study of biomarkers, isotope  
838 and element geochemistry. The advantage of using macrofossils for the latter studies is that analyses may  
839 be performed on a single fossil and may yield data on, e.g., seasonal fluctuations. This procedure allows  
840 obtaining a more accurate signal than when individuals are pooled or a sample of bulk organic remains is  
841 analyzed, because these latter samples provide averaged signals.

842 Identifications of macrofossils may be challenging because taphonomic processes, such as time

843 averaging, sorting, and post-mortem pooling (e.g., deposition of two taxa with fine-scaled habitat  
844 differences in the same assemblage), might considerably alter the amount of variation observed in a  
845 fossil assemblage in comparison to that in a modern population (e.g., Bell et al., 1987; Bush et al., 2002).  
846 Furthermore, chronospecies or taxa with character states intermediate to those of two or more modern  
847 species remain a problem. They result in the poor applicability of identification keys and potentially in  
848 doubtful identifications—much of these aspects are inherent to fossils and hence, apply for microfossils  
849 as well. Initial exploratory analyses may be conducted to examine occurrence data (counts) belonging to  
850 different groups of taxa (e.g., endemics vs. non-endemics), or to calculate biodiversity or community  
851 estimators/indices to compare a number of target assemblages (e.g., faunal and floral compositions  
852 before, during, and after a climatic or geological event). If qualitative observations suggest potential  
853 morphological changes, measurements may be taken to accurately document these changes through time.  
854 Such measurements can range from traditional caliper-measurements to studies of size and shape with  
855 fractal dimensions or geometric morphometrics. The choice for a particular method typically depends on  
856 the complexity of the signal, the time required to document/measure a single specimen, and the total  
857 number of specimens to be studied. ‘Targeted macrofossils’ may also be studied with more time-  
858 consuming 3D scanning methods and/or biogeochemical analyses (e.g., to document chemical  
859 composition, to study diagenetic processes, or to get information on an environmental proxy).

860 After exploratory analyses, more in-depth statistical and time-series studies can be undertaken.  
861 Fossils (mainly microfossils) encountered in sediment cores are regularly used for analyses of  
862 community composition, often in relation to environmental change (e.g., Cohen et al., 2007; Kröpelin et  
863 al., 2008; Harzhauser et al., 2013; also see sections 2.2.2., 2.2.3.) or to document morphological change  
864 and evolution in the fossil record (e.g., Pearson and Ezard, 2014 and references therein). For studying  
865 shape/community changes related to environmental change or organismal evolution, statistical and time-  
866 series analyses provide a useful framework to explore and test relationships between predictor variables  
867 and organismal change, or to fit models of morphological evolution. Major determinants of the power of  
868 such time-series approaches to discover ecological patterns will be the strength of the association  
869 between the predictor variables and organismal/community change, the range of values of the predictor  
870 variable observed throughout the core, and the variation in the dependent variable. To reliably document

871 patterns of morphological evolution in a fossil lineage, a major determinant of analytical power will be  
872 the ratio of variation within individual samples to the changes between consecutive samples. For  
873 example, fewer specimens per interval will be required to document a strong morphological trend in a  
874 time series with limited within-sample variation than for a time-series with the same trend and great  
875 within-sample variation. Additionally, as mentioned, the number of sampled intervals throughout the  
876 core for which all required data are available and, hence, the length of the time-series is a determining  
877 factor of analytical power (Fig. 7). To assess the feasibility of time-series analyses with drill core data,  
878 detailed analyses of the anticipated patterns of change and the various components that contribute to the  
879 variation in fossil assemblages may be required. Explorations examining variation in homologous or  
880 analogous modern faunas and floras may be required to understand how different sources of variation  
881 contribute to the total variation observed in fossil assemblages. Dieleman et al. (2015) presented such an  
882 exploration for the study of fossil cichlid teeth from the African crater Lake Challa.

883       Offering suggestions on how future lake drilling campaigns could be designed optimally for the study  
884 of macrofossils is not easy. First, strategies depend on the group of macrofossils that is specifically  
885 targeted. Second, each ancient lake has unique ecosystems that differ from those of other lakes and the  
886 design of the program needs to be adjusted to the specific target lake. Third, the multidisciplinary nature  
887 of many drilling operations may regularly weaken the feasibility of obtaining a continuous fossil record  
888 due to compromises in site selection (Cohen, 2012; also see section 2.1.).

889       Nevertheless, promising subprojects based on macrofossils can be constructed, and the following  
890 aspects can augment the potential of such programs. Drilling campaigns usually aim to retrieve multiple  
891 cores and one (or some) of the drilling locations may be selected where abundant macrofossils can be  
892 expected (e.g., Wagner et al., 2014a). Moreover, fossil-bearing outcrops may be present in the basin, and  
893 these too may contain a rich archive of faunal and environmental history. An outstanding example is the  
894 mollusk fauna from the Turkana Basin (Williamson, 1981, 1985; Van Bocxlaer et al., 2008). However,  
895 this example also highlights that interpretations of outcrop data are highly dependent on the available  
896 stratigraphic control. Integrating data from lake drilling and the study of fossiliferous outcrops would be  
897 a powerful approach to eliminate the weaknesses of individual strategies, and hence to solidify the  
898 documentation of the lake's natural history. Specific hypotheses that were constructed based on the study

899 of the modern fauna and that are testable with macrofossils from sediment cores can provide good  
900 objectives for a drilling strategy that maximizes the potential to recover macrofossils.

901 Several future trends in data generation and analyses specifically geared to macrofossils are  
902 conceivable. An important starting point is the diameter of the core. Bigger diameters would increase the  
903 potential to obtain macrofossils, however, they would also increase the chance of technical difficulties.  
904 Core scanning (i.e., CT-scanning) in a way that allows the non-invasive detection of various  
905 macrofossils on bedding planes based on biomineral concentrations, density contrasts, or shape would be  
906 invaluable to select targeted parts of the cores for detailed examination, with minimal disturbance to  
907 other parts. Furthermore, more automated methods in fossil retrieval and visualization would help and  
908 speed up the development of goals based on large numbers of fossils. Automated identification,  
909 measurement, and digitization would greatly facilitate the study of macrofossils, but the desirability of  
910 such developments ranges beyond the drilling communities at large (e.g., Houle et al., 2003).

#### 911 2.2.2. *Microfossils*

912 Lake sediments are also valuable archives of microfossils, i.e., remains or traces of organisms from  
913 the past that require a microscope for study. Typical microfossils in sediment cores include plant pollen  
914 from seed plants, single-celled protists with biomineralized shells (e.g., calcareous dinoflagellate cysts  
915 and siliceous diatoms), as well as small shelled invertebrates, such as ostracods and micromollusks. As  
916 the latter share many characteristics with macrofossils (see section 2.2.1.), this review focuses mainly on  
917 the discussion of pollen and diatom microfossils, which have great potential for environmental studies  
918 based on lake-cores.

#### 919 920 *Diatoms*

921  
922 Diatoms (phylum Bacillariophyta) are photosynthetic eukaryotes. Their silica shell ('frustule')  
923 preserves exceptionally well, making diatoms one of the most abundant microfossil taxa in lacustrine  
924 systems (Gross, 2012). Moreover, the frustules often display species-specific ornamentation, providing  
925 important information for identification and classifications (Round et al., 1990).

926 Ancient lakes regularly display an exceptional diatom biodiversity (Cocquyt, 1998; Levkov et al.,

927 2007; Mackay et al., 2010; Kulikovskiy et al., 2012; Wagner et al., 2014a) with the total number of  
928 morphotypes often exceeding 1,000 (Levko and Williams, 2012). Most diatom species are benthic; only  
929 few species are euplanktonic and spend their entire life cycle in the water column (Stoermer and Edlund,  
930 1999; Khursevich and Prokopenko, 2009; Snyder et al., 2013; Recasens et al., 2015).

931 Current diatom research in ancient lakes strongly focuses on the reconstruction of paleoenvironments  
932 and past environmental fluctuations. One of the most frequently used approaches is the chronological  
933 assessment of changes in species composition and relative abundances of the dominant species at various  
934 temporal scales (orbital, millennial, centennial, or pluriannual). These community studies are typically  
935 undertaken at low taxonomic resolutions (i.e., species from one or several genera are combined) and with  
936 a relatively large number of valves to be counted per sampled sediment interval (e.g., 400–600). As  
937 habitat characteristics and ecological preferences of many diatom species are well characterized, the  
938 collective diatom community found in a sediment sample then becomes an important source for analysis,  
939 e.g., with paleoecological transfer functions (see section 3.1.).

940 However, given that diatom communities in ancient lakes are often dominated by endemic species,  
941 approaches based on transfer functions may be problematic due to the lack of analogues in the existing  
942 calibration sets. In fact, given the old age of many diatom fossils in ancient lakes, they may not even  
943 have extant analogues in the lake (= supralimital evolution; Wesselingh, 2007; Mackay et al., 2010).  
944 Nonetheless, some attempts have been made to establish modern diatom calibration sets for ancient lakes  
945 (e.g., Lake Baikal; Mackay et al., 2003). These attempts try to overcome the limitation of missing  
946 modern analogues by examining modern species compositions along environmental/spatial gradients  
947 within the lake. Moreover, some studies suggest that species with similar size and comparable  
948 ultrastructural features have similar ecological preferences (e.g., Winder et al., 2009), and this  
949 assumption may also be used in establishing calibration sets. In combination with other proxies (e.g.,  
950 biogeochemical data derived from the same sediment record), these new approaches enable a more  
951 reliable paleoenvironmental interpretation of diatom communities (Bradbury, 1999).

952 Another focus of research on diatoms obtained from ancient lake sediment cores is the assessment of  
953 a lake's primary productivity (*sensu* Battarbee, 1986). As diatoms are important primary producers, their  
954 concentration is a good indicator for productivity and epilimnetic nutrient availability (Zhang et al.,

955 2016). Productivity data have been used, for example, to identify successive glacial and interglacial  
956 stages (Rioual and Mackay, 2005; Melles et al., 2012; Meyer-Jacob et al., 2014b). This approach is  
957 especially promising if environmental fluctuations are not anticipated to have caused significant changes  
958 in diatom species composition (e.g., Cvetkoska et al., 2015).

959 However, diatom concentrations in drill cores may be affected by taphonomic processes, such as  
960 differential dissolution (Ryves et al., 2006). Parameters, such as low temperature, high pH, high detrital  
961 mineral content, and grazing, may (selectively) decrease valve preservation, and can lead to the loss of  
962 specific taxa, morphological details on individual frustules, or even the entire assemblage (Mackay,  
963 2007; Reed et al., 2010). Moreover, biases in diatom concentrations may result from inwash of  
964 specimens from rivers, or from the loss of specimens via the lake's outflow (O'Sullivan, 2004). In  
965 addition, diatom concentrations do not account for size differences in taxa or changes in sediment  
966 accumulation rates. Therefore, the biovolume accumulation rate, i.e., diatom concentration divided by  
967 sediment accumulation rate and corrected for size differences between taxa (O'Sullivan, 2004), could be  
968 a more powerful proxy for a lake's productivity (Rioual and Mackay, 2005).

969 Several other aspects complicate interpretations of diatom records from ancient lakes (Bradbury,  
970 1999). Besides the taxonomical and ecological uncertainties mentioned above, only a fraction of the  
971 actual (endemic) biodiversity is known. Moreover, recent changes in diatom species and genus concepts  
972 have led to an introduction of more than 5,000 new names (Fourtanier and Kociolek, 2011). Even  
973 specialists with several years of experience have difficulties keeping up with these changes and, more  
974 importantly, to unify their taxonomic opinions with those of colleagues. Finally, diatom analyses are  
975 time consuming, thus limiting the number of samples that can be analyzed. Therefore, samples from  
976 sediment cores are often subdivided and analyzed in parallel by several researchers, creating a potential  
977 bias in observations. Moreover, species within common planktonic genera, such as *Cyclotella* and  
978 *Stephanodiscus*, differ in morphological features that are difficult to assess with a light microscope,  
979 potentially increasing determination errors. The problem of taxonomic accuracy is further increased by  
980 the cryptic nature of some closely related diatom species, on the one hand, and by a partially high  
981 phenotypic plasticity, potentially driven by environmental factors, on the other hand (e.g., Cvetkoska et  
982 al., 2012; García et al., 2012). These problems are progressively addressed via molecular analyses and by

983 cultivation experiments, which have shown that diatoms can change morphological features during  
984 cultivation (e.g., Abarca et al., 2014; Rose and Cox, 2014). Nonetheless, diatom studies can provide very  
985 valuable insights into the primary productivity of ancient lakes, and into the interpretation of past  
986 environmental changes (see section 3.1.).

987

### 988 *Pollen*

989

990 Plant pollen produced by terrestrial seed plants is frequently deposited in lacustrine systems by wind  
991 ('pollen rain'), riverine inflow, and animals (e.g., O'Sullivan, 2004). Similar to diatoms, pollen is often  
992 well-preserved in long sediment cores. The high resistance to degradation under anoxic/hypoxic  
993 conditions is due to the polymer sporopollenin, which is a component of the outer wall (= exine) of  
994 pollen grains (Brooks and Shaw, 1978).

995 The pollen deposited in sediment cores from ancient lakes is an important archive of past  
996 environmental and climatic changes. Pollen is typically present throughout the sediment core, thus  
997 enabling continuous analyses over long time scales. Moreover, their deposition is usually only affected  
998 to limited extent by hydrological and chemical changes within the lake, and, hence, pollen records  
999 typically provide accurate reflections of terrestrial events near the studied lake (O'Sullivan, 2004).

1000 Finally, pollen deposition in sediment cores may permit the reconstruction of regional changes as pollen  
1001 rain is often dispersed over long distances. Thus, that the record may contain the signal of both local and  
1002 regional drivers of environmental change (e.g., Wagner et al., 2014a).

1003 As the composition and provenance of pollen in lake cores are often complex due to varying pollen  
1004 productivity and dispersal rates (Faegri et al., 1989), significant efforts have been made to understand the  
1005 extent to which these records represent past vegetation covers (e.g., Davis et al., 2013; Schüler et al.,  
1006 2014; Trondman et al., 2015; see also section 3.1.) and, hence, how such records should be interpreted.

1007 Pollen is generally identified to the genus level, because the pollen of many closely related species  
1008 cannot be distinguished using transmission light microscopy. Subsequent paleoreconstructions are  
1009 generally done using pollen diagrams, which utilize information on pollen composition, concentration,  
1010 and influx values (Berglund and Ralska-Jasiewiczowa, 1986). Past vegetation covers and floral  
1011 compositions can then be related to the underlying climatic drivers. Tzedakis et al. (1997), for example,

1012 observed a close correlation between herbaceous vegetation and ice volume at a global scale during  
1013 glacial intervals, whereas forest physiognomy and development appeared closely related to changes in  
1014 temperature and humidity during interglacials. This study and following work (Tzedakis et al., 2001)  
1015 reinforced evidence for a broad correspondence between climate signals provided by pollen data in long  
1016 lacustrine records and oxygen isotopes from marine cores. Other pollen records have allowed to link  
1017 short-term vegetation oscillations and centennial-scale climatic events on various smaller scales (e.g.,  
1018 Dansgaard et al., 1993; Broecker, 1994; Bond and Lotti, 1995). Pollen records from cores of ancient  
1019 lakes that have a well-established chronology can thus provide a better understanding of climate forcing  
1020 from local to global scales over several glacial/interglacial cycles (Litt et al., 2014; Sadori et al., 2016).

1021 Other objectives of pollen analyses in long and continuous sediment records are the reconstruction of  
1022 species dynamics, dating of extinction events (see also section 3.2.), and the inference of possible refuge  
1023 areas. Bertini (2010), for example, could show that extinction events following climate changes did not  
1024 occur synchronously across ecosystems. However, geographically-related records, in general, may show  
1025 somewhat different vegetation dynamics. Part of the problem is that many previous sediment records  
1026 have not been studied with a high temporal resolution and/or lack a precise chronological control.

1027

1028 Given the challenges and limitations outlined above for diatom and pollen microfossil analyses from  
1029 sediment cores, the following recommendations for future deep drilling projects are suggested:

1030

- 1031 i) Microfossil studies should be hierarchically structured. As analyses from long records are very  
1032 laborious and time-consuming, the first target should be to produce low/medium resolution data  
1033 (e.g., skeleton pollen diagrams with key pollen curves, Sadori et al., 2016 or stratigraphic diatom  
1034 diagrams, Cvetkoska et al., 2015). This enables a preliminary chronological alignment with major  
1035 environmental and climatic fluctuations. Only then, high-resolution diatom and pollen studies  
1036 should be conducted.
- 1037 ii) The temporal sampling design should adhere to the main question and time-scale of the respective  
1038 project. However, in case of uncertainties about the temporal resolution required, subsampling  
1039 should be set up in a way that samples for higher resolution studies are available even if a first



1040 analysis is to be conducted in lower temporal resolution. This is because resampling of sediment  
1041 cores that are already in long-term storage may be difficult and/or costly.

1042 iii) Sediment subsampling should be coordinated (see section 2.1.4.). In order to be able to combine  
1043 microfossil data sets and link them to other biotic and abiotic data generated in multidisciplinary  
1044 deep drilling projects, samples should, whenever possible, be taken from the same sample depth.

1045 iv) Protocols for sample preparation and microfossil identification to be used by all biologists involved  
1046 in the project have to be implemented. A ‘taxonomy working group’ should be established that  
1047 elaborate and share the taxon list with all investigators, defines diagnostic characters for  
1048 problematic taxa, solves taxonomic disputes, and implements quality control procedures (e.g.,  
1049 Munro et al., 1990).

1050 v) Microfossil studies should involve specialists in climate reconstruction and empirical modeling at  
1051 an early stage to improve data quality and the power of subsequent analyses.

1052

1053 We expect to see considerable advances in microfossil biodiversity research in the future, partly  
1054 driven by ongoing deep drilling projects in ancient lakes. Comparative molecular investigations of recent  
1055 taxa, particular for diatom analyses, may help clarifying systematic problems, mainly in respect to  
1056 cryptic species and species with high phenotypic plasticity (Kermarrec et al., 2013). Robust species-level  
1057 phylogenies could then be used to statistically identify those morphological character states or  
1058 combinations thereof that have a high diagnostic power. These characters could possibly also be applied  
1059 to paleo-morphotypes.

1060 As to future pollen fresearch, a better link to studies of plant macrofossils could be established (Birks  
1061 and Birks, 2000; see also section 2.2.1.). Macrofossils can often be identified with more taxonomic  
1062 precision than pollen, and in the context of lake drilling, they may provide supplementary information,  
1063 particularly on water plant communities (Birks and Birks, 2000; Sadori et al., 2010), and taxa that  
1064 produce very little or no pollen. Integrated paleobotanical analyses may allow creating a more  
1065 comprehensive picture of paleoenvironmental changes in ancient lakes and their watersheds.

1066 Another promising development is the 3D reconstruction of microfossils. Whereas scanning electron  
1067 microscopic 3D approaches are still costly and time consuming (e.g., Mansilla et al., 2015), light

1068 microscopic 3D solutions are meanwhile offered by several companies.

1069 Bioinformatic advances in image analyses have also led to improved automatic identifications of  
1070 diatoms (e.g., Jalba et al., 2005; Mosleh et al., 2012; Kloster et al., 2014) and pollen (Guru et al., 2013;  
1071 Holt and Bennett, 2014; Marcos et al., 2015), potentially reducing processing time and identification  
1072 biases. Future improvements may further increase the performance of these approaches beyond their  
1073 current application as preliminary sorting tools.

### 1074 2.2.3. *Subsurface biosphere*

1075 Over the past decades, marine and continental drilling projects have shown a growing interest in  
1076 understanding the role of microbes in the complex chemical reactions occurring in the sediments and or  
1077 the sediment/water interface (Konhauser, 2007). Microbial activity in the water column of modern lakes  
1078 and oceans is well known in comparison to effects of microbial life in sediments, but despite controversy  
1079 on specifics, scientists generally agree that the impact of the deep marine biosphere on global  
1080 biochemical cycles is massive (Whitman et al., 1998; Kallmeyer et al., 2012). As a result, there has been  
1081 a substantial increase in investigations dealing with microbial activity in freshly retrieved sediments  
1082 (D'Hondt et al., 2002; Inagaki, 2010). This hidden microbial mass as well as the study of the interactions  
1083 between microbes and sediments in the marine environment is known as 'deep biosphere research'.  
1084 Analogously, the study of active microbes in lake sediments through scientific drilling have been labeled  
1085 as 'subsurface biosphere research'. Many microbes in this subsurface biosphere grow extraordinarily  
1086 slowly and under extreme conditions (Røy et al., 2012). Their study is critical to understand the  
1087 physiological abilities and biogeochemical impact of subsurface life within the sedimentary column.

1088 Subsurface biosphere studies have only recently been implemented in continental deep drilling  
1089 projects (Vuillemin et al., 2010; 2013a, b; 2014a; b; Glombitza et al., 2013; Thomas et al., 2014, 2015;  
1090 also see Ariztegui et al., 2015 for a detailed description of the different sites).

1091 The systematic study of the subsurface biosphere in lacustrine sediments will allow geologists and  
1092 biologists to identify the magnitude and impact of microbes during early diagenesis on both sediments  
1093 and biological remains. Geomicrobiological studies permit the identification of signatures of former  
1094 microbial activity recorded in the sediments as well as investigating their impact in biogeochemical

1095 cycles. Some open questions are:

1096 i) What are the source, composition, and global significance of subsurface communities in lacustrine  
1097 basins?

1098 ii) What is the impact of environmental change on subsurface biodiversity? Do changes in  
1099 environmental conditions generate changes in microbiomes population diversity and density?

1100 iii) How does the diversity and activity of microbial life vary with depth, geochemistry, sediment  
1101 composition, and age?

1102 iv) How does the diversity of active and non-active microbes relate spatially across the lacustrine basin  
1103 at given time slices?

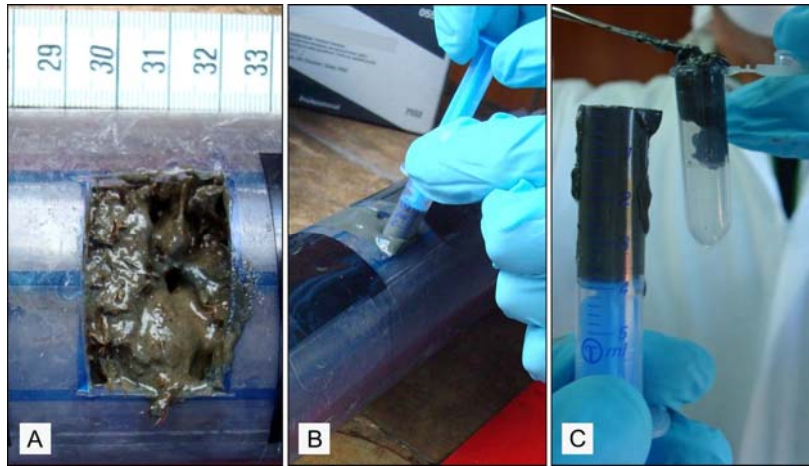
1104 v) How do microbes resolve the paucity of nutrients and energy as well as the limits of life in the  
1105 subsurface of lakes under contrasting physicochemical conditions?

1106 vi) What is the influence of subsurface communities on paleoenvironmental and paleoclimatic proxies,  
1107 minerals, and hydrocarbon reservoirs? How do they alter sediments and hence the data and  
1108 interpretations of other workers on deep drilling cores?

1109 Cell counts in recent continental deep drilling in mesosaline Lake Potrok Aike (Patagonia, Argentina)  
1110 and alkaline Lake Van (Turkey) indicate variable microbial activity at sediment depths reaching down to  
1111 100 mcd (Vuillemin et al., 2010; Kallmeyer et al., 2015). Additionally, investigations in hypersaline  
1112 Dead Sea sediments (Levantine region) have shown a dominant Archaea population down to 200 mcd  
1113 (Thomas et al., 2014, 2015). These results indicate that further research is critical to obtain more detailed  
1114 information about the fine-scale mechanisms controlling microbial life in the deep subsurface of ancient  
1115 lake sediments while answering several of the aforementioned questions.

1116 Compared to their marine counterparts, the study of lacustrine sediments is often logistically easier.  
1117 However, the implementation of subsurface biosphere studies in lake systems has required new sampling  
1118 techniques that provide the needed aseptic conditions to avoid contamination. Whereas most ocean  
1119 drilling vessels have a dedicated laboratory for geomicrobiological sampling on board, the size and  
1120 configuration of lake drilling platforms prevent setting up a comparable sampling laboratory with  
1121 conditions of asepsis. Therefore, special on-shore facilities are required to solve this problem. Core  
1122 sections are transported to this laboratory as frequently as possible, depending on the logistics of the

1123 drilling (e.g., distance to the shore, frequency of drilling, and crew rotation; also see section 2.1.).  
1124 Moreover, *in situ* sampling procedures allow recovering aseptic samples as well as determining the  
1125 presence of active microbes (Fig. 8; for details see Vuillemin et al., 2010).  
1126



1127  
1128  
1129 **Fig. 8.** Subsurface biosphere sampling from sediment cores obtained from Lake Potrok Aike (Patagonia,  
1130 Argentina). A) Sampling window cut in the core under aseptic conditions. B) Methane sampling. C) DNA sampling  
1131 (photo credits: A. Vuillemin and D. Ariztegui).  
1132

1133 Ideally, a geomicrobiological study should be planned well ahead of the start of a drilling operation. It  
1134 is preferable to have a dedicated core for microbiological and geochemical studies. This will secure the  
1135 best possible sampling conditions but can cause problems of hole-to-hole correlation because the  
1136 microbiological results have to be tied with other sedimentological, biological, and geochemical  
1137 parameters as well as core chronologies. To overcome this issue of missing stratigraphic information,  
1138 petrophysical properties (whole core MSCL; see section 2.1.4.) of cores dedicated for  
1139 geomicrobiological research can be measured in the field, or borehole logging can be used (see section  
1140 2.1.3). These petrophysical or logging datasets can then be used to generate at least a rough hole/core-to-  
1141 hole/core correlation and help to embed the geomicrobiological datasets into the common stratigraphic  
1142 framework and other continuously generated datasets from other holes/cores of the same site.

1143 In some cases it may, for logistical and/or budgetary reasons, not be possible to dedicate an entire  
1144 drill core to microbiological investigations. If this is the case, there is the possibility to sample the core  
1145 catchers for microbiological studies. When working with core catcher materials, special care should be

1146 taken to avoid contamination. A recent study that utilized core catcher samples for microbiological  
1147 analyses from the Dead Sea ICDP sediment cores and followed appropriate sampling protocols, has  
1148 proven to produce reliable results (Thomas et al., 2014, 2015).

1149 The significance and validity of the results of subsurface biosphere studies is largely dependent on the  
1150 quality, speed, and prevailing conditions of the initial sampling. Hence, it is critical to attain a  
1151 methodological standardization for all lake and ocean deep drilling sites in order to be able to compare  
1152 results between different campaigns and environments. A generalized protocol would allow reducing the  
1153 impact of contamination issues, determining the best method to accomplish on-site cell counting,  
1154 choosing the appropriated sampling methods for further molecular characterization, and designing a  
1155 proper strategy for sample archiving. Due to the different nature of each drilling project, a protocol for  
1156 standardized biological sampling, processing, and analysis would be a significant accomplishment.  
1157 Recently, the development of genomics and the emergence of high-throughput DNA sequencing  
1158 technologies have been opening up new possibilities including the expansion of databases, which contain  
1159 crucial information to define the metabolic pathways of different microbes (also see section 2.2.5.). The  
1160 latter combined with laboratory culture experiments will be critical to constrain the impact of active  
1161 microbes on, for example, the carbon cycle and diagenetic processes in the sediments.

1162 As in ocean research, a main challenge for the development of subsurface biosphere studies in  
1163 lacustrine settings is to communicate the potential of these investigations to the broader scientific  
1164 community participating in deep drilling projects. It is also important to involve geomicrobiologists in  
1165 discussions about the effects of an active biosphere on the subsurface environment and sediment  
1166 composition. Paleoclimatological reconstructions largely depend on the use of a variety of petrophysical,  
1167 geochemical, and biological proxies. Proxy responses are typically interpreted to reflect the  
1168 environmental/climatic conditions during the time of deposition. However, organic compounds (ancient  
1169 DNA, see section 2.2.5; biomarkers, see section 3.3.) as well as element and isotope compositions (see  
1170 section 2.2.8.) may be altered by microbially induced processes long after deposition, thus biasing and  
1171 complicating the interpretation of proxies. A precise understanding of the influence of different  
1172 microbial communities on compositional changes after burial is of vital importance for a better  
1173 understanding of proxy responses and their interpretation.

#### 1174 2.2.4. *Biomarkers*

1175 Biomarkers are source-specific organic molecules, i.e., they are synthesized by living organisms in  
1176 aquatic or terrestrial settings for specific organic tissue types, e.g., cell membranes or protective and  
1177 supporting tissue, or to fulfill specific functions, e.g., energy storage or pigmentation. The presence of  
1178 such compounds in lacustrine sedimentary records is a testimony that, in the past, certain groups of  
1179 organisms occurred in aquatic and terrestrial habitats of the catchment of the studied lake basin. In  
1180 ancient lakes, occurrences of organisms may even be modified by geological processes, such as tectonic  
1181 subsidence or uplift, changing catchment topography, and material fluxes within the watershed. This, in  
1182 turn, can be detected by biomarkers. Very few individual biomarkers are species-specific, and there is  
1183 considerable overlap in biomarker profiles of large groups of organisms. Still, many biomarkers can be  
1184 chemotaxonomically assigned to groups of organisms that characterize a specific habitat. Furthermore,  
1185 organic matter pools of living and decaying biomass (aquatic/terrestrial vegetation, sinking  
1186 particles/plant litter, soil organic matter) produce equally specific combinations of biomarkers, i.e., an  
1187 organic geochemical fingerprint that can be interpreted to represent an ecosystem (e.g., Holtvoeth et al.,  
1188 2016). Thus, ‘source-specific’ may refer to a specific organic matter pool, a group of organisms, or to  
1189 individual species. The most fundamental distinction as to the sources of organic matter in sedimentary  
1190 records that biomarkers can provide is between aquatic and terrestrial plant biomass, based on the fact  
1191 that vascular plants (higher land plants) require structurally supportive and protective tissues that are not  
1192 present in non-vascular, aquatic plants. Some other biomarkers indicate highly specific adaptations of their  
1193 source organisms to environmental conditions. For example, pigments of anaerobic phototrophic bacteria  
1194 indicate past anoxia in the photic zone of the water column when found in lacustrine sediments (Hanisch  
1195 et al., 2003; Castañeda and Schouten, 2011).

1196 The association of biomarkers to specific ecological functions or conditions highlights a fundamental  
1197 principle behind many biomarker applications in paleo-environmental research. Organic matter  
1198 inventories over time may document fluxes in various biomarkers in response to largely climatically  
1199 controlled environmental parameters, e.g., temperature and the supply of moisture. Factors, such as  
1200 catchment topography and lake bathymetry, also determine organic matter pools through, for example,

1201 soil thickness and stability, weathering and erosion rates, run-off modes, the extent of the littoral, all of  
 1202 which also affect organic matter degradation during storage, transport, and deposition. Thus, the two  
 1203 main approaches in biomarker studies are to infer i) sources of organic matter and ii) environmental  
 1204 parameters (Table 2.)

1205

1206 **Table 2**

1207 Biomarker-based approaches that determine sources of organic matter and environmental parameters, with  
 1208 examples of relevant literature.

1209

Parameters	Molecular evidence	References
Organic matter source		
Aquatic biomass (phytoplankton/algae, zooplankton, macrophytes, bacteria, archaea)	- chemotaxonomic compounds, incl. membrane lipids, storage lipids, pigments - compound-specific stable isotopes ( $\delta^{13}\text{C}$ , $\delta^2\text{H}$ , $\delta^{15}\text{N}$ )	Volkman et al. (1998), Meyers (2003), Castañeda and Schouten (2011)
Terrestrial vegetation (woody/non-woody vegetation, angiosperms/ gymnosperms, C3/C4 plants)	- chemotaxonomic compounds and compound distributions, incl. membrane lipids, leaf waxes, lignin phenols - compound-specific stable isotopes ( $\delta^{13}\text{C}$ , $\delta^2\text{H}$ , $\delta^{15}\text{N}$ )	Meyers (2003), Castañeda and Schouten (2011)
Soil organic matter (belowground biomass, incl. degraded plant debris, roots, bacteria, archaea, fungi)	- biomarkers from soil microbial organisms (membrane lipids) - biomarkers from root material (suberin monomers)	
Burned biomass	- pyrogenic compounds	Denis et al., 2012
Environmental parameters		
Lake surface temperature (LST)	- alkenone unsaturation index ( $\text{Uk}_{37}$ , from $\text{C}_{37}$ alkenones of haptophyte algae) - tetraether index ( $\text{TEX}_{86}$ , from glycerol dialkyl glycerol tetraethers/GDGTs of aquatic archaea)	Castañeda and Schouten (2011); Schouten et al. (2013)
Mean annual air temperature (MAT)	- methylation and cyclisation of branched archaeal tetraethers (MBT, CBT)	
Moisture source (hydrology)	- compound-specific hydrogen isotopes ( $\delta^2\text{H}$ )	Huang et al. (2002, 2004), Sachse et al. (2004)
Soil pH	- MBT, CBT	Weijers et al. (2007), De Jonge et al. (2014)

1210

1211 Both approaches are frequently applied in paleoenvironmental studies as ecosystem functions are  
1212 adjusted to environmental parameters. In tropical and subtropical settings, for example, information on  
1213 moisture supply and evapotranspiration, which can be detected by plant wax  $\delta^2\text{H}$ , can be combined with  
1214 carbon isotope data of the same plant wax  $\delta^{13}\text{C}$  (e.g., Berke et al., 2012) to trace the abundance of C4  
1215 vegetation through time. Carbon and hydrogen isotope records indicating shifts in climatically controlled  
1216 hydrology and types of organic matter can then be used for climate modeling (Aichner et al., 2015).

1217 Lipid biomarkers provide highly specific proxy data that support and validate data from other organic  
1218 sediment components, in particular, palynological and bulk organic matter data (see section 2.2.2.).  
1219 Relatively fast and cost-efficient bulk geochemical proxies, such as carbon to nitrogen ratios ( $\text{C}_{\text{org}}/\text{N}_{\text{tot}}$ ),  
1220 bulk organic carbon isotopes ( $\delta^{13}\text{C}_{\text{org}}$ ) or hydrogen and oxygen indices (HI, OI) from Rock-Eval  
1221 pyrolysis, are useful tools to explore aspects of environmental variability. Although bulk proxies provide  
1222 limited environmental information, they do have the potential to indicate major changes in sources  
1223 and/or fluxes of organic matter (see Meyers, 2003 for a review). Furthermore, bulk analyses facilitate the  
1224 formulation of detailed hypotheses and the design of targeted, high-resolution biomarker studies. A  
1225 popular strategy for paleoenvironmental analyses therefore is to compare biomarkers with proxy data  
1226 from palynology and bulk organic geochemistry. Examples include studies of East African lakes,  
1227 combining pollen data with compound-specific carbon and hydrogen isotope data, lignin composition,  
1228 and lake surface temperature data (Tierney et al., 2010; Berke et al., 2012).

1229 A basic problem is that biomarkers, as any organic substance left behind by a deceased organism, are  
1230 affected by microbial and physicochemical degradation, which can occur before or after deposition in the  
1231 sediments. Nitrogen- and oxygen-containing compounds, such as carbohydrates or amino acids, are  
1232 prone to microbial degradation (see also section 2.2.3.), whereas molecules based on hydrocarbons, such  
1233 as lipids, may preserve source-specific information over geological timescales, i.e., over hundreds of  
1234 millions of years (e.g., Marynowski et al., 2011; Izart et al., 2012; Rohrsen et al., 2013). The oldest  
1235 deep-time context from which biomarkers have been interpreted dates back ~1.6 billion years  
1236 (Pawlowska et al., 2013). Microbial degradation may selectively alter the relative amounts of lipid  
1237 biomarkers of different recalcitrance or that are bio-accessible, e.g., in a clay mineral matrix. In order to



1238 minimize diagenetic bias, biomarker proxies are generally based on ratios or distributions of compounds  
1239 of the same compound class that also likely derive from similar source tissue types.

1240 In the following, we discuss some practicalities of biomarker approaches, focusing on the recovery of  
1241 paleoenvironmental records from ancient lakes, and including strategic considerations in order to gain  
1242 maximum and reliable information from biomarker studies.

1243 Lipid biomarkers are principally extracted from sediment samples by organic solvents through the  
1244 application of a range of extraction techniques, in particular sonication, accelerated solvent extraction  
1245 (ASE), and microwave-assisted solvent extraction (MAE), all of which are fast methods for high sample  
1246 throughput (Camel, 2000; Kornilova and Rosell-Melé, 2003). Although time consuming and using  
1247 greater quantities of solvent, Soxhlet extractions are a suitable option for the study of sediments with  
1248 very low organic matter content. Once extracted, the lipids can be identified and quantified by gas  
1249 chromatography-mass spectrometry (GC-MS). In cases where differences in ionization during GC-MS  
1250 analyses may lead to quantitative bias, a standard gas chromatograph fitted with a flame ionization  
1251 detector (GC-FID) is used for quantification instead. A typical application is the quantification of  
1252 haptophyte-derived alkenones, which can provide information on paleo-surface water temperatures (Uk<sub>37</sub>  
1253 LST proxy, Table 3). Larger molecules, such as bacterial bacteriohopanepolyols (BHPs) or archaeal  
1254 glycerol dialkyl glycerol tetraethers (GDGTs), which also provide temperature proxies for lake surface  
1255 waters as well as for soils, are analyzed by high-performance liquid chromatography-mass spectrometry  
1256 (HPLC-MS). Lignin phenols used for vegetation reconstructions or terrestrial input can be analyzed  
1257 efficiently by pyrolysis-gas chromatography-mass spectrometry (Py-GC-MS; e.g., Ishiwatari et al.,  
1258 2006). For compound-specific stable isotope analyses ( $\delta^{13}\text{C}$ ,  $\delta^2\text{H}$ ,  $\delta^{15}\text{N}$ ), compound classes or individual  
1259 compounds can be isolated either through standard flash chromatography or automated preparative  
1260 methods (prepGC, prepHPLC).

1261 However, a single lab is rarely able to produce the complete suite of biomarker proxy data. One  
1262 possibility to increase material- and cost-efficiency of multiproxy biomarker studies is to design a  
1263 coordinated approach and to distribute splits of the total lipid extracts (TLEs) for various applications  
1264 rather than bulk sediments samples.

1265 The inter- and intra-habitat heterogeneity of biomarkers leads to the fundamental problem that  
1266 biomarker-based proxies often are not interchangeable between investigated lake basins. Therefore, it is  
1267 highly recommended to include a survey of the modern biomarker sources within the catchment of an  
1268 environmental archive (biogeochemical fingerprinting) when planning biomarker-based  
1269 paleoenvironmental research. In this context, it is crucial to correctly identify the major sources of  
1270 sedimentary organic matter. For example, rather than the living vegetation itself, plant litter is a major  
1271 source of terrigenous organic matter. This is important as the biomarker composition of plant litter is  
1272 already altered compared to living biomass due to degradation processes that begin as soon as a plant  
1273 dies. Soils are another major organic matter pool within many lacustrine basins. Furthermore, as they  
1274 accumulate over time, soils integrate the biogeochemical signature of the changing vegetation cover and  
1275 its degradation products and of belowground biomass (root material plus fungal and bacterial biomass).  
1276 Thus, biogeochemical fingerprinting of the major organic matter pools facilitates the correct  
1277 identification of the sources of the organic matter in lake sediments and helps assessing potential input of  
1278 pre-aged material, which can lead to considerable bias in high-resolution records (Douglas et al., 2014).  
1279 A large uncertainty also affects the interpretation of stable isotope data, in particular, for hydrogen  
1280 isotopes (Sachse et al., 2012). Determination of the carbon and hydrogen isotope composition of  
1281 biomarkers from the major organic matter pools in the modern environment of a lacustrine catchment is  
1282 needed in order to improve the understanding of the impact of hydrological changes on compound-  
1283 specific isotope compositions (see Wilkie et al., 2013 for the Lake El'gygytgyn drilling project). For  
1284 paleotemperature reconstructions, a surface sediment-surface water calibration is highly recommended  
1285 due to the many factors that can bias biomarker-based temperature proxies in lacustrine settings.

1286 Unless sediment cores are stored in a freezer, microbial breakdown processes continue to alter  
1287 organic matter in the sediments. Samples for biomarker studies should therefore be taken from the cores  
1288 at the earliest possible occasion and then be frozen (ideally at  $-80\text{ }^{\circ}\text{C}$ ) or freeze-dried as soon as possible  
1289 to prevent further microbial degradation. Even after freeze-drying, cold storage is advisable in order to  
1290 preserve labile biomarkers, such as mono- and poly-unsaturated fatty acids.

1291 During sampling and storage, it is crucial to avoid contamination with organic compounds derived  
1292 from petroleum products such lubricants and plastics (also see section 2.1.2.). Polyethylene (PE), which

1293 is commonly used for soft plastics, such as sampling bags or the lids of sample containers, releases a  
1294 series of compounds, in particular branched alkenes with quaternary carbon atoms (BAQCs), which can  
1295 contaminate even freeze-dried sediment during prolonged storage (Brocks et al., 2008; Holtvoeth,  
1296 unpublished data). Samples should be transferred into furnaceed glass jars or vials, or into containers lined  
1297 with combusted foil (aluminum foil heated to 450°C for at least 4 h).

1298 The study of biomarkers preserved in lacustrine sediments has developed strongly ever since their  
1299 potential for paleo-environmental reconstructions was recognized and developed from the late 1960s  
1300 onwards (e.g., Cranwell, 1973; Brooks et al., 1976). This is largely due to the rapid advance of analytical  
1301 technology and the increase in analytical capacity. Promising analytical methods are established using  
1302 advanced detectors for mass spectrometry, such as a quadrupole time-of-flight mass detector (GC/Q-  
1303 TOF) or orbitraps, increasing resolution and precision in the detection of molecular fragments.  
1304 Moreover, high-temperature GC-MS applications extend the range of GC-amendable compounds  
1305 towards high-boiling biomarkers (e.g., wax esters, triacylglycerides, GDGTs; Sutton and Rowland,  
1306 2012). A dynamic field with great potential for biogeochemical fingerprinting of archaeal and bacterial  
1307 organic matter sources and reconstructions of microbial ecology is the analysis of compounds derived  
1308 from bacteriohopanepolyols (BHPs; Talbot et al., 2003; Zarzycki and Portka, 2015) and of intact polar  
1309 lipids (IPLs; Rethemeyer et al., 2010; Tierney et al., 2012; Buckles et al., 2014). A recent and entirely  
1310 different approach to the use of biomarkers as indicators of ecosystem change is the application of  
1311 advanced statistical programs integrated in the analytical software for identifying the key variables in  
1312 biomarker screening data that may include hundreds of compounds in an environmental sample  
1313 (lipidomics, environmental metabolomics; Bundy et al., 2009). Finally, genetic research targeting  
1314 enzymatically controlled molecular adaptations of organisms to certain environmental conditions is  
1315 fundamentally changing the conventional interpretation of biomarker data. Rather than linking a  
1316 biomarker to the presence of a certain organism or groups of organisms, it can instead be assigned to a  
1317 specific ecological niche (e.g., Welander et al., 2012). This change in view is important for the  
1318 understanding of the geochemical fingerprint that past ecosystems left behind and opens up new  
1319 possibilities to interpret assemblages of biomarkers that, individually, had been regarded as unspecific.

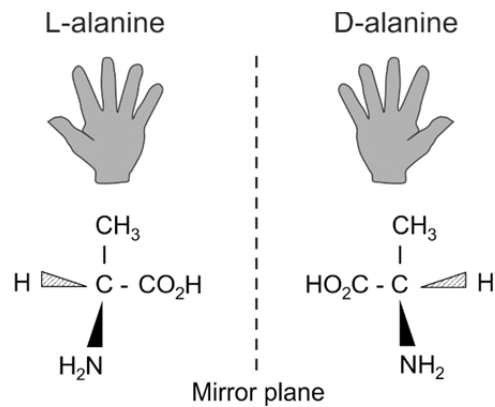
1320 2.2.5. *Ancient amino acids*

1321 Towards the end of the 19<sup>th</sup> century, the first identification of the likely remains of proteins in fossils  
1322 paved the way for their use in the earth sciences. Amino acids, the building blocks of proteins, are found  
1323 in all living tissues and can be preserved in subfossil biominerals, such as shells, as well as in sediment.  
1324 Analysis of these ancient amino acids has proved important for three main avenues of research: dating  
1325 (via amino acid geochronology), species identification (via paleoproteomics), and to assess the integrity  
1326 of the organic matter for other biomolecular studies (e.g., aDNA).

1327 Amino acids can be used for dating purposes because of amino acid racemization (AAR), i.e., the  
1328 time-dependent breakdown of proteins (and their constituent amino acids) in fossils. Spanning an age  
1329 range from 10 years ago up to as long ago as a few million years, the method is applicable to the whole  
1330 of the Quaternary Period (see Lowe and Walker, 2015 for a recent review). Advances in  
1331 chromatography, preparation methods, and the choice of material for dating have greatly improved the  
1332 accuracy of the methods, and demonstrate the technique's potential for developing regional Quaternary  
1333 chronologies around the world (e.g., Penkman et al., 2011; Wehmiller, 2012). Identification of  
1334 endogenous amino acids in Cretaceous and Paleogene samples (Miller and Hare, 1980; Penkman et al.,  
1335 2013) opens up the opportunity to use other protein degradation reactions to date material over much  
1336 longer timescales.

1337 The 20 naturally-occurring amino acids all have a central carbon atom (the  $\alpha$ -C) with four attached  
1338 groups: an amino group (NH<sub>3</sub>), a carboxylic acid group (COOH), hydrogen (H), and a side chain (R) that  
1339 defines the type of amino acid. In glycine, the side chain is H, but for all other amino acids, the  $\alpha$ -C has  
1340 four different groups (Fig. 9). The four distinct groups connected by single bonds make the  $\alpha$ -C a chiral  
1341 center, meaning that it can exist as two stereoisomers: the *laevo* (L-form) and *dextro* (D-form), named  
1342 after the optical activity of glyceraldehyde. In living organisms, proteins are almost exclusively made  
1343 from the L-form. However, this dominance of one form is thermodynamically unstable, so after death, a  
1344 spontaneous reaction occurs to balance the abundance of both forms. The extent of AAR is analyzed by  
1345 gas or liquid chromatography and recorded as a D/L value. AAR continues until a dynamic equilibrium  
1346 is reached (usually D/L=1). First applied to fossil shells (Hare and Abelson, 1968), AAR geochronology

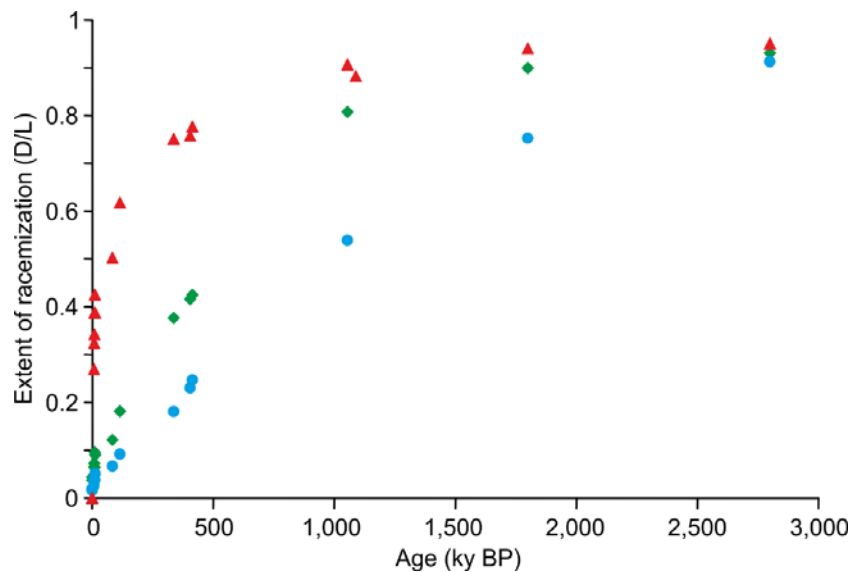
1347 measures the extent of this degradation in fossils as an index of relative age (an aminostratigraphy),  
 1348 which can provide calibrated ages in combination with known-age samples or detailed temperature  
 1349 records (Fig. 10). This then may allow correlation of deposits with the marine oxygen isotope stage  
 1350 (MIS) record (for lacustrine deposits see McCoy, 1987; Bowen et al., 1989; Magee et al., 1995; Oviatt et  
 1351 al., 1999; Kaufman, 2003a; Ortiz et al., 2004; Penkman et al., 2011), to a sub-MIS level for at least the  
 1352 Late Pleistocene.  
 1353



1354

1355 **Fig. 9.** Most amino acids have no plane of symmetry, just like hands, so their mirror images are non-  
 1356 superimposable and therefore distinct from each other. The breakdown of left-handed molecules to the right-handed  
 1357 form over time provides a mechanism for estimating age of fossil material.

1358



1359

1360 **Fig. 10.** The increase in racemization in the opercula of the snail species *Bithynia tentaculata* with age for the free  
 1361 amino acid (FAA) aspartic acid (Asx; red symbols) and the total hydrolysable amino acids (THAA) valine (Val;

1362 blue symbols) and alanine (Ala; green symbols) from British deposits with independent geochronology. Asx  
1363 racemizes rapidly and is therefore most valuable for separating sites younger than MIS 7 in these temperate  
1364 deposits. Val, in contrast, racemizes more slowly and is able to differentiate between sites back to the Pliocene, but  
1365 provides poorer resolution for young sites. Utilizing multiple amino acids with different rates of degradation  
1366 therefore enables greater time depth and age resolution. Image modified from Penkman et al. (2011).

1367

1368 Protein degradation consists of a series of chemical reactions that are dependent on time, but also on  
1369 environmental factors (e.g., pH, availability of water, temperature), which can confound the time signal.  
1370 These difficulties in AAR's early applications have led to a focus on analyzing 'closed-system' protein  
1371 from fossil samples (Towe, 1980), where the fraction of protein analyzed is physically or chemically  
1372 shielded from the environment. The chemically-isolated 'intra-crystalline' fraction found in mollusk and  
1373 egg shells forms such a closed system, meaning that the AAR within this fraction is solely dependent on  
1374 time and temperature, and therefore predictable (Brooks et al., 1990; Sykes et al., 1995; Penkman et al.,  
1375 2008). AAR has been particularly successful in dating carbonate fossils (shells, eggshells, foraminifera,  
1376 ostracods) and in long-lived biominerals (e.g., corals), providing age information *within* an individual  
1377 sample (Hendy et al., 2012). In subfossil samples, the different proteins break down at different rates, so  
1378 analyses are undertaken on monospecific samples (usually individual mollusk shells, a few mg in  
1379 weight). Labs performing AAR have developed dating frameworks for a large number of commonly  
1380 occurring species, but tests can be undertaken on additional species to examine whether they would be  
1381 suitable for AAR dating. The crystal phase of calcite (e.g., opercula, eggshell, ostracods) are more stable  
1382 over longer timescales and are therefore preferred for material of Early and Middle Pleistocene age  
1383 (Penkman et al., 2011).

1384 The rate of breakdown towards D/L equilibrium in the intra-crystalline fraction is still affected by  
1385 temperature, so comparative frameworks need to be applied from regions with a broadly similar  
1386 temperature history. However where age control is available, the extent of racemization can then be used  
1387 to estimate the effective diagenetic temperatures (Kaufman, 2003b). Published amino acid data are now  
1388 being archived by NOAA and are freely available at <http://www.ncdc.noaa.gov/paleo/aar.html>.

1389 The advent of soft-ionization mass spectrometers made protein sequence identification more routine,  
1390 and this was soon applied to fossil material (Ostrom et al., 2000). The ordering of the amino acids in a

1391 peptide chain (its sequence) can be diagnostic of the species from which it came, and therefore  
1392 identification of specific ancient proteins informs on the past biota (Buckley and Wadsworth, 2014).  
1393 While the evolutionary picture from proteins is not as detailed as that from aDNA (as changes in the  
1394 peptide sequences are significantly slower), proteins are significantly more stable than DNA (see section  
1395 2.2.6.), allowing identification of peptide sequences (and hence phylogenetic information) from material  
1396 where aDNA is not recoverable (Cappellini et al., 2011). Focusing initially on Pleistocene bones and  
1397 shell, this technique has primarily been applied to terrestrial deposits, but the excellent preservation of  
1398 organic material in lake sediments (often due to anoxic conditions) lends itself to the expansion of  
1399 paleoproteomics to lacustrine material.

1400 For all biomolecular analyses, it is critical to identify and exclude contamination. One advantage of  
1401 protein analysis is that (unlike aDNA) proteins do not have to be amplified for detection, while the  
1402 predictable nature of protein degradation enables identification of modern contamination (e.g., Buckley  
1403 et al., 2008). Amino acid analysis of sedimentary material provided a useful tool for identifying the  
1404 presence of original biomolecules, and hence helped authenticate the oldest DNA sequences yet  
1405 recovered (Willerslev et al., 2007).

1406 A non-specialist can collect material and/or sediment samples in the field, and samples should be  
1407 stored at or below room temperature. Biominerals for AAR dating are typically obtained from wet-  
1408 sieved residues of sediment samples. Development of better preparative and analytical methodologies is  
1409 allowing analysis of smaller and more degraded samples, while protein databases to match recovered  
1410 sequences against are ever-growing, enabling more accurate species identifications. Amino acids and  
1411 proteins are present in geological samples, and our abilities to use the geochronological and biological  
1412 information they hold are advancing rapidly.

#### 1413 2.2.6. *Ancient DNA*

1414 The analysis of ancient DNA (aDNA), i.e., DNA of long-dead specimens (Krause, 2010), has become  
1415 an emerging field in evolutionary biology and paleoecology during the last decades (e.g., Hofreiter et al.,  
1416 2001; Pääbo et al., 2004; Willerslev et al., 2014; Hagelberg et al., 2015; Birks and Birks, 2016). Ancient  
1417 DNA provides a unique opportunity to assess paleo-biodiversity, and to unravel past evolutionary and

1418 environmental processes by comparing genetic information of fossil and extant organisms. Moreover, as  
1419 the nucleotide sequence of DNA fragments ('DNA sequences') can be digitally encoded in a  
1420 standardized way and stored in public databases, newly generated DNA sequences are directly  
1421 comparable to previously generated data.

1422 Ancient DNA may be isolated from (parts of) specimens preserved in sediment cores (incl.  
1423 mummified tissues, bones, teeth, or other biomineralized material) or, more commonly, as 'sedimentary  
1424 aDNA', i.e., organismal DNA that has been released into the water or directly into the sediment, often in  
1425 the absence of visible fossils (Parducci et al., 2013, 2015; Pansu et al., 2015). However, aDNA is often  
1426 of poor quality compared to DNA from samples of extant organisms as DNA molecules exponentially  
1427 degrade in smaller fragments after the death of an organism (Hofreiter et al., 2001; Allentoft et al., 2012).  
1428 In addition, microorganisms may digest aDNA and even introduce mutations (Hofreiter et al., 2001;  
1429 Krause, 2010 and Allentoft et al., 2012). These microbial effects are of particular concern for  
1430 sedimentary aDNA analyses, as the respective DNA molecules are largely unprotected against the  
1431 environment. Other factors determining degradation are, among others, time, environmental temperature,  
1432 oxygen content, pH, sediment type and composition, and presence of free water (Allentoft et al., 2012;  
1433 Hagelberg et al., 2015). Once a critical sequence length of approximately 15–25 nucleotides is reached,  
1434 these DNA fragments lose their unique fingerprint and can no longer be used for comparative studies.

1435 The two main methods to decode aDNA are PCR-directed sequencing and direct sequencing. For  
1436 PCR-directed sequencing, short oligonucleotides ('primers') have to be designed that selectively bind to  
1437 a complementary aDNA target region. The advantage of this method is that a specific region (e.g., a  
1438 particular gene or part of a gene) can be targeted, that the number of read errors is relatively low, and that  
1439 contamination (e.g., through microbial DNA) is limited by the use of taxon-specific primers.  
1440 Disadvantages are that the aDNA fragments targeted have to be relatively long (typically several  
1441 hundreds of nucleotides) and the need to design specific primers, which is often difficult in the absence  
1442 of reference data. In contrast, direct sequencing does not require specific primers and thousands or  
1443 millions of short aDNA fragments can be directly encoded using 'next generation sequencing' platforms  
1444 (e.g., Metzker, 2010; Mardis, 2011). These high-throughput methods work well with highly degraded  
1445 aDNA fragments (i.e., with fragments as short as 25 nucleotides; Storvall et al., 2013), but the numerous



1446 individual aDNA reads have to be assembled using reference databases, which so far cover mainly  
1447 ‘model’ organisms. Moreover, as no taxon-specific primers are used, contamination with exogenous  
1448 DNA may constitute a major problem even though parts of these contaminations can be recognized *a*  
1449 *posteriori* using bioinformatic tools (e.g., Schmieder and Edwards, 2011).

1450 Despite numerous methodological advances, aDNA analyses from lake-core materials remain  
1451 problematic. Reasons are the small amount of available material, the highly degraded nature of aDNA  
1452 from sediment cores, read errors, contamination, and incomplete reference databases (*sensu* Krause,  
1453 2010; Pedersen et al., 2013; Birks and Birks, 2016). Therefore, aDNA from lake sediments is currently  
1454 mainly used for biodiversity assessments of Late Pleistocene and Holocene communities (Bissett et al.,  
1455 2005; Anderson-Carpenter et al., 2011; Boessenkool et al., 2014; Pansu et al., 2015), particularly as  
1456 complementary information to fossil data (*sensu* Jørgensen et al., 2012; Parducci et al., 2013).

1457 Though respective analyses from ancient lake cores are still lagging, we expect to see more paleo-  
1458 biodiversity assessments based on aDNA analyses in future deep drilling projects. Given that shallow  
1459 areas in ancient lakes are typically more biodiverse than deep sites, we suggest to retrieve aDNA samples  
1460 from near-shore sediment cores (although temperature and O<sub>2</sub> content in these areas might be higher,  
1461 thus accelerating degradation; see also sections 2.1.1. and 2.2.1. about the disadvantages of near-shore  
1462 sites and Cohen, 2012 for issues related to geological conditions in general). A principle problem is  
1463 contamination with exogenous DNA. Therefore, cores have to be sampled under aseptic conditions and  
1464 sedimentary aDNA sampling is ideally done directly in the field. However, previous studies have shown  
1465 that aDNA can also be isolated from lake sediments after long-term refrigeration at 4°C (Bissett et al.,  
1466 2005). Respective procedures of field sampling are similar to those used in deep biosphere studies  
1467 (Ariztegui et al., 2015; also see section 2.2.4.). For this reason, coupling aDNA and subsurface biosphere  
1468 studies in ancient lake drilling projects is advisable.

1469 Future studies will probably use direct high-throughput sequencing, perhaps extending the time frame  
1470 of analyses to the Middle Pleistocene. However, the usefulness of high-throughput approaches may also  
1471 increase once more extensive reference DNA datasets are established that include genetic information on  
1472 both fossil and extant species. We therefore recommend to couple future aDNA studies in ancient lake  
1473 drilling projects with genetic and genomic studies on extant species (see also section 3.3.).

1474 2.3. *Data accessibility and storage*

1475 Long-term core and sample storage as well as data accessibility and curation are of fundamental  
1476 importance in light of the immense financial, logistic, labor, and intellectual efforts associated with  
1477 scientific drilling projects. Over the last decades, core repositories (e.g., Bremen Core Repository  
1478 (BCR), Bremen, Germany; Kochi Core Center (KCC), Kochi, Japan; National Lacustrine Core  
1479 Facility (LacCore), Minneapolis, USA), equipped for core processing and particularly designed for the  
1480 long-term storage of cores, samples, and data were established in order to service the scientific drilling  
1481 community and to guarantee the accessibility of samples, relevant drilling metadata, and initial core  
1482 descriptions (ICD) for extended periods. Project parties of scientific drilling projects are  
1483 conventionally obliged to generate ICD-data, which typically encompasses whole core and split core  
1484 MSCL data, split core surface imaging, visual core descriptions, smear slide analysis, and core  
1485 correlation points (Fig. 3). ICD data is crucial for subsequent sample selection by those directly  
1486 involved, or others that intend to study samples after the moratorium has ended (commonly two years  
1487 after drilling).

1488 All relevant metadata and initial datasets generated on-site during drilling and laboratory-based  
1489 core processing should, by default, be uploaded into dedicated, specific databases such as the ICDP  
1490 Drilling Information System (DIS) for archival in professionally managed server facilities. In order to  
1491 assure globally unique identifiers (Sample ID's) for long-term traceability between samples and data,  
1492 International Geo Sample Numbers (IGSNs; <http://www.geosamples.org/aboutignsn>) for each type of  
1493 sample generated should be registered and assigned appropriately through the System for Earth  
1494 Sample Registration (SESAR, <http://www.geosamples.org/>) by each project. Furthermore,  
1495 fundamental datasets along with datasets published in scientific publications by scientific drilling  
1496 project parties have to be made available through online databases such as PANGAEA  
1497 (<http://www.pangaea.de/>) and/or NOAA National Geophysical Data Center Index to Marine and  
1498 Lacustrine Geological Samples (<http://www.ngdc.noaa.gov/mgg/curator/curator.html>) in accordance  
1499 with ICDP and national funding agency rules.

1500        However, most of the data storage and data sharing policies outlined above only apply to primary  
1501 data generated from sediment cores. In contrast, there are still no generally accepted rules for storing  
1502 and sharing secondary data and materials obtained during drilling campaigns. As a minimum,  
1503 geological and biological voucher materials should be deposited in a freely accessible and  
1504 internationally recognized scientific collection. Moreover, data should be made available through  
1505 major public databases such as NCBI's GenBank (<http://www.ncbi.nlm.nih.gov/genbank>), the  
1506 Paleobiology Database (<https://www.paleobiodb.org>), or the citable Dryad Digital Repository  
1507 (<https://datadryad.org>).

### 1508    **3.    Integrating geological and biological data**

1509        In section 2, we have shown that many different types of data, both geological and biological, can  
1510 be obtained from drilling campaigns. Despite this rich variety of data types, lake drilling long  
1511 remained the domain of earth scientists. As a result, many geological and paleolimnological analyses  
1512 are well established and have been reviewed abundantly before (e.g., Cohen, 2003; O'Sullivan, 2004).  
1513 In comparison, the use of organismal approaches to sediment-core data for questions related to  
1514 environmental and evolutionary biology are newer, and therefore we focus here on data analysis  
1515 methods that fall within this scope. We start with paleolimnological reconstructions as a nexus of  
1516 environmental inquiry between strictly geological and biological approaches, then discuss the  
1517 consequences of environmental change for biological diversification processes, and finally deal with  
1518 aspects of the natural history of biota, i.e., timing evolutionary events and tracing character evolution.

#### 1519    *3.1.    Paleolimnological reconstruction*

1520        A major goal of scientific drilling projects in ancient lakes is the reconstruction of their  
1521 paleolimnology and paleoclimate (Cohen, 2012). Sediment records revealed, for example, regional  
1522 climatic and environmental expressions of Milankovitch/glacial-interglacial cycles (e.g., Hooghiemstra,  
1523 1989; Kashiwaya et al., 2001; Wagner et al., 2014a) and their extremes in polar and tropical realms (e.g.,  
1524 Cohen et al., 2007; Melles et al., 2012).

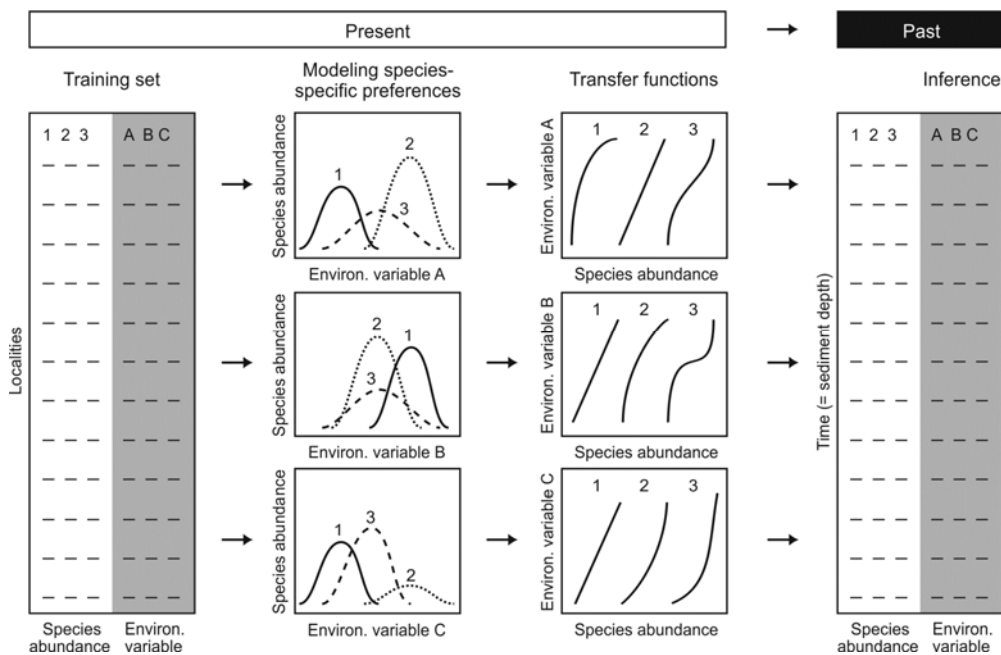
1525 Traditionally, paleolimnological reconstructions are primarily based on micro- and macrofossils, both  
1526 from sediment cores (primary data) and outcrops (secondary data) (see sections 2.2.1., 2.2.2.). However,  
1527 modern reconstructions also integrate sedimentological, geochemical, and isotope information, thus  
1528 enabling a more comprehensive assessment of paleoconditions in a given lake and its watershed. These  
1529 conditions include, for example, past lake-level fluctuations (Filippov and Riedel, 2009) or changes in  
1530 water depth (Lyons et al., 2016; Magyar et al., 2006), oxygen conditions (Costa et al., 2015), salinity  
1531 (Mischke et al., 2010), water temperature (Goodwin et al., 2003; Castañeda and Schouten, 2011;  
1532 Recasens et al., 2015), or primary productivity (Langlet et al., 2007; Recasens et al., 2015).  
1533 Paleolimnological reconstructions often provide a well-informed picture about past regional (e.g.,  
1534 Bergner and Trauth, 2004; Stager et al., 2009) or local environmental conditions (e.g., Mourguiart et al.,  
1535 1998). Although the resolution and the indicative power of paleolimnological reconstructions largely  
1536 depends on the availability and quality of the respective fossil record, preserved biological recorders  
1537 sometimes reflect past climate and environmental changes even on the scale of decades or years (e.g.,  
1538 Ghinassi et al., 2015).

1539 Analytical approaches for paleolimnological reconstructions range from qualitative to semi-  
1540 quantitative and quantitative analyses. Qualitative inference is based on linking ecological and  
1541 environmental information using indicator species, whereas semi-quantitative analyses utilize estimated  
1542 changes in fossils proportions and involve a link between environmental and biotic information (Cohen,  
1543 2003; Birks et al., 2012; also see section 2.2.). These approaches usually employ models  
1544 ('paleoecological transfer functions', Fig. 11) that correlate modern species assemblages (i.e.,  
1545 composition or abundances) and their environmental characteristics ('calibration'; Cohen, 2003; Juggins  
1546 and Birks, 2012). Subsequently, fossils are used to infer paleoenvironmental conditions based on the  
1547 revealed assemblage-environment relationship. Transfer functions require a reference data set (=   
1548 'training set'), i.e., a data matrix that contains information on the distribution and abundance of recent  
1549 species, either found in the water column or in surface sediments, together with information on the  
1550 environmental variables that drive these distributional patterns. Ideally, a training dataset should be  
1551 produced under controlled laboratory conditions, subjecting an organism or community (e.g.,  
1552 phytoplankton) to a range of environmental conditions for establishing a causal link between the

1553 environmental (independent) variable and a set of response (dependent) variables (Saros et al., 2012).  
 1554 However, because of the often complex relationship between environmental and distributional data,  
 1555 these models are typically built with data from a range of modern lakes.

1556 For ancient lakes, the training of transfer functions might be restricted to the lake itself due to the lag  
 1557 of analogues for endemic taxa (see also section 2.2.2.; Mackay et al., 2003). However, care is required,  
 1558 because the non-independency of the training and testing datasets may cause statistical problems (for  
 1559 details see Cohen, 2003).

1560



1561  
 1562

1563 **Fig. 11.** Flow of transfer function development for paleolimnological reconstructions. Species abundances (Arab  
 1564 numerals) and environmental variables (letters) are measured in extant assemblages. These data are used to model  
 1565 species-specific curves of environmental preferences, which then can be utilized to develop and refine predictive  
 1566 functions of environment-abundance relationships using fossil assemblages from time-resolved sediment-core  
 1567 samples in the lake of interest (modified from Fritz et al., 1999).

1568

1569 Whereas it is typically straightforward to produce environmental and biological datasets from extant  
 1570 lakes, it is naturally more difficult to obtain the necessary fossil record from sediment cores. Of concern  
 1571 are site selection (i.e., drilling shallow or deep sites; see also section 2.1.1.), continuity of records, as well  
 1572 as data quality and resolution. The latter aspects are particularly important because they strongly affect  
 1573 the applicability of transfer functions. It is also important to account for diagenetic and taphonomic

1574 processes that might mask or even mislead interpretations (see sections 2.2.1., 2.2.2.). Environmental  
1575 reconstruction based on transfer functions and sediment proxies can give conflicting information for the  
1576 interpretation of the same paleoenvironment (Cohen, 2003). Therefore, it is necessary to assure that there  
1577 is, indeed, a causal link between the physico-chemical variable and the bioindicators' response (Juggins,  
1578 2013). Strategies have to be developed to implement uncertainty in paleolimnological reconstructions.  
1579 Another challenge is the need to disentangle individual and joined effects of multiple causal factors in  
1580 the species-environment relationships (Juggins, 2013). Moreover, the species-environment relationship  
1581 needs to be constant over time (i.e., no niche shift; for a critical assessment of transfer functions see also  
1582 Juggins, 2013). These environmental variables should cover the range of environmental variation in the  
1583 particular time frame of interest.

1584 Systematic knowledge and taxonomic concepts, in general, are major sources of misinterpretation of  
1585 communities, meta-communities, and related ecological measures. For example, the biological relevance  
1586 of morphological characters for species delimitation in the fossil record (e.g., diatoms, ostracods,  
1587 mollusks) should be studied in extant analogs ideally using an integrative taxonomic approach based on  
1588 phylogenetic relationships and character evolution analyses (see section 3.4.). New methods to be  
1589 developed should also identify and estimate the range of effects of diagenetic and taphonomic processes  
1590 on the records used for paleolimnological reconstructions (Birks et al., 2012).

1591 Undoubtedly, we will see several technical and methodological advances in the future, including  
1592 improved dating of sediment records (e.g., Shanahan et al., 2013; Zanchetta et al., 2015; see also section  
1593 2.1.5.), high-resolution datasets (Lacey et al., 2015), and high-throughput technologies (Tolu et al.,  
1594 2015), allowing a more efficient production of long-term datasets that can be used for paleolimnological  
1595 reconstructions (also see Seddon et al., 2014).

1596 The application of new proxies for paleolimnological reconstructions, such as biomarkers, is rapidly  
1597 increasing as the relative costs for analytical instrumentation are coming down (section 2.2.4.). By now,  
1598 a broad range of proxies has been established for lacustrine sediment records. These markers allow  
1599 tracing temperatures, both surface water and mean annual air temperature, and moisture supply as key  
1600 climatic factors in habitat dynamics (reviewed in Castañeda and Schouten, 2011). Paleothermometry  
1601 based on estimations of racemization rates of different amino acids is another direction of analytical

1602 developments (Collins and Demarchi, 2014; see also section 2.2.6.). Further aspects of ecosystem change  
1603 that can be targeted through biomarker proxy applications are photic zone anoxia or the dynamics of the  
1604 terrestrial surroundings, including vegetation change, biomass burning, and soil erosion (see section  
1605 2.2.4), all of which affect the trophic state of a lacustrine ecosystem.

1606 Despite the exiting results derived from integrating geological and biological data for  
1607 paleolimnological reconstructions, there are many questions remaining how past ecosystem dynamics  
1608 have shaped extant structures, resilience, and dynamics of ancient lakes. Future drilling projects might  
1609 also aim at identifying early ecosystem warning signals for catastrophic regime shifts, and they may  
1610 attempt to identify common environmental signals in multiple records spanning different spatial and  
1611 temporal scales. Methods should be implemented that address problems of time lead and lag, conflicts  
1612 between datasets derived from the various proxies used, data uncertainties, and spatial autocorrelation.

### 1613 3.2. *Consequences of environmental change: A biological diversification perspective*

1614 The often extraordinary endemic species richness and high morphological disparity of ancient lake  
1615 taxa have inspired evolutionary biologists to unravel the underlying mode, tempo, and drivers of  
1616 biological diversification. Increasingly, non-biologists, such as geologists and climatologists, are also  
1617 interested in the balance between speciation and extinction events – the two sides of biological  
1618 diversification. Their reasoning is straightforward: linking environmental and evolutionary data in space  
1619 and time may help inferring and possibly even quantifying the consequences of past geological and/or  
1620 climatic change. Moreover, information on past speciation and extinction events can be used to assess if  
1621 and how an ecosystem can buffer such perturbations, i.e., its ecosystem resilience. Finally, an  
1622 understanding of how abiotic factors have driven diversification processes in the past might help to  
1623 predict the impact of future environmental changes on the biotic world under various global change  
1624 scenarios (Condamine et al., 2013; Lawing and Matzke, 2014).

1625 Indeed, integrating chronologically constrained primary geological and biological datasets from  
1626 sediment cores has become a quasi-standard in interdisciplinary drilling projects. Increasingly, these data  
1627 are supplemented with secondary data such as fossil or stable isotope information from outcrops (see

1628 sections 2.1.6., 2.2.1., 2.2.2.) or with genetic information from extant species (section 3.3.). Three main,  
1629 non-exclusive objectives are of potential interest:

- 1630 i) Inferring the drivers of diversification; of concern are, for example, potential effects of changes in  
1631 temperature, lake-level fluctuations, and tephra depositions on speciation and/or extinction events  
1632 (e.g., Schultheiß et al., 2009; Brown et al., 2010; Wagner et al., 2014c; Jovanovska et al., 2016).
- 1633 ii) Inferring the tempo of speciation; of relevance are whether, for example, environmental perturbations  
1634 affect changes in diversification rates over time and triggered radiation events (e.g., Day et al., 2008;  
1635 Sherbakov, 1999; Schön and Martens, 2011; Wysocka et al., 2014).
- 1636 iii) Inferring the mode of speciation; of interest are, for example, whether intralacustrine barriers or lake-  
1637 level associated vicariance events have promoted allopatric speciation (Trajanovski et al., 2010;  
1638 Koblmüller et al., 2011; Schreiber et al., 2012) or whether environmental changes opened new  
1639 ecological niches, thus promoting adaptive radiation (e.g., Schön and Martens, 2004; Herder et al.,  
1640 2008; Young et al., 2009; Muschick et al., 2012, 2014).

1641 Previous studies, for example, have shown that lake-level changes in ancient lakes had very different  
1642 effects on their endemic taxa. Depending on the magnitude of lake-level changes, the ecosystem  
1643 resilience of the respective lake, and the resistance of its biota, these changes may have caused massive  
1644 extinction events across higher taxa (e.g., Schultheiß et al., 2009, 2011), selective extinction in some but  
1645 speciation in other taxa (e.g., Kroll et al., 2012; Takahashi and Moreno, 2015; Weiss et al., 2015), or no  
1646 visible effect on patterns of diversification (e.g., Föller et al., 2015).

1647 However, linking geological and biological data from drilling projects, particularly in the context of  
1648 hypothesis testing, is not always straightforward (see also section 3.4.). This issue is particularly true  
1649 when secondary data are used, which are not *per se* chronologically constrained with the primary  
1650 sediment core data. For example, linking a sequence of diversification events inferred from DNA  
1651 phylogenies to a series of lake-phases (e.g., Kroll et al., 2012) is challenging because of uncertainties in  
1652 the timing of both datasets. Furthermore, even when a correlation can be demonstrated, it does not imply  
1653 causality. In addition, drilling projects largely focus on the generation of abiotic data, which may not  
1654 affect tempo and mode of diversification directly. Instead, abiotic changes possibly act indirectly through  
1655 biotic drivers such as changes in character states (Hansen, 2014; Cantalapiedra et al., 2014; Salzburger et



1656 al., 2014; see also section 3.4.) or community structures (Hauffe et al., 2015). Moreover, to unravel the  
1657 consequences of environmental change (*sensu* Condamine et al., 2013; Lawing and Matzke, 2014), it is  
1658 not only important to understand if abiotic drivers are involved, but also to what extent. These problems,  
1659 however, are not unique to scientific deep drilling projects (Rabosky and McCune, 2010).

1660 In the following, we therefore exemplify recent developments of statistical approaches that allow  
1661 testing specific hypotheses about drivers of diversification. Depending on the type of dataset to be linked  
1662 in drilling projects, three categories of analyses can be distinguished.

1663 The first set of methods (secondary + secondary datasets) is based on dated molecular phylogenies  
1664 and tests for deviation from a constant diversification rate (see also section 3.3. and Morlon, 2014). In  
1665 particular, the methods of Stadler (2011a, 2011b), Morlon et al. (2011), and Rabosky (2014) allow  
1666 detecting distinct shifts and a non-linear time-dependence of diversification rates. These molecular data  
1667 can be complemented by another set of secondary data, i.e., biotic factors hypothesized to drive  
1668 diversification such as habitat use or changes in morphological character states (see also section 3.4. and  
1669 the review of Ng and Smith, 2014).

1670 The second set of methods (secondary + primary datasets) uses dated molecular phylogenies in  
1671 combination with abiotic factors that can be directly obtained from the sediment core and/or the  
1672 borehole. Though the idea of abiotic control on diversification ('Court Jester hypothesis'; Barnosky,  
1673 2001) is conclusive, to the best of our knowledge, only two approaches exist for testing the influence of  
1674 abiotic factors on speciation and extinction events (Condamine et al., 2013; Cantalapiedra et al., 2014).  
1675 The method of Cantalapiedra et al. (2014), for example, enables the identification of the relative  
1676 importance of abiotic versus biotic drivers, their consequences on diversification rates, and the change of  
1677 rates over time. Previous studies have indicated an interplay of present-day abiotic factors, such as area  
1678 and depth of the African Great Lakes, and biotic characteristics, such as mating behavior, in determining  
1679 the probability of cichlid lineages to form intralacustrine species flocks (Wagner et al., 2012).

1680 The third set of methods (primary + primary datasets) for inferring drivers of biological  
1681 diversification uses dated origination and extinction events obtained from fossils, their biotic features,  
1682 and abiotic conditions. The estimation of diversification rates based on fossil occurrence including  
1683 taphonomic uncertainties is constantly improving (Foote, 2000), and the influence of abiotic drivers on

1684 these rates can be assessed using standard regression techniques (e.g., Neubauer et al., 2015). However,  
1685 an alternative framework suggested by Silvestro et al. (2014) enables a simultaneous inference of  
1686 diversification rates and identifies how these rates are shaped over time by biotic or abiotic factors. This  
1687 allows including various factors such as morphological changes, standing species richness for diversity-  
1688 dependent diversification, and environmental changes.

1689 Whereas these three sets of methods have largely improved our ability to test evolutionary hypotheses  
1690 based on data derived from interdisciplinary deep drilling projects, they all share the same major  
1691 limitations and pitfalls:

- 1692 i) Typically only the influence of a single abiotic or biotic driver of diversification can be estimated  
1693 due to the current lack of tests for multiple drivers (Rabosky and McCune, 2010; Morlon, 2014).
- 1694 ii) Most analyses require a large set of species for correctly identifying the effect of a driver (Davis et  
1695 al., 2013). Though many ancient lake species flocks are relatively species rich, the statistical power  
1696 for smaller flocks might not be sufficient. For such cases, simulations have been suggested (Rabosky  
1697 and Goldberg, 2015). Another option to increase the power is to test for a common signal across  
1698 species groups by combining the phylogenetic information from several species flocks (i.e.,  
1699 phylogenetic meta-analyses; Adams, 2008).
- 1700 iii) Constraining primary and secondary datasets from drilling projects is often challenging because they  
1701 are independently dated. Moreover, the dating uncertainties of primary datasets from sediment cores  
1702 (see section 2.1.5.) may be lower by orders of magnitudes than those of some secondary datasets  
1703 (Wilke et al., 2009; see also section 3.3.).
- 1704 iv) Environmentally-triggered diversification events frequently occur with a time lag (Stadler, 2011b;  
1705 Dynesius and Jansson, 2014), making a direct link of geological and biological datasets difficult. A  
1706 solution for this problem could potentially come from the field of epidemiology where the spatial  
1707 extent and duration of disease outbreaks and their causes are analyzed (e.g., Liang et al., 2010). In  
1708 interdisciplinary drilling projects, similar approaches (e.g., marked point pattern analyses; Ripley,  
1709 1976) could be used to identify abiotic drivers and the temporal extent of their influences on species  
1710 diversification.
- 1711 v) The ability to estimate extinction rates based on phylogenies remains difficult (Rabosky, 2010) and

1712 the incorporation of the fossil record has been advocated (Quental and Marshall, 2010). However, as  
1713 macrofossils are rare in sediment cores (section 2.2.1), statistical approaches would need to be  
1714 applied that enable inferring extinction rates based on phylogenies alone (e.g., Morlon et al., 2011).  
1715 vi) Another problem involves the suitability of the model taxa studied. Many ancient lakes harbor a high  
1716 number of endemic species, often with diverse niches and different life styles (e.g., benthic vs.  
1717 planktonic and generalist vs. specialist). However, baseline studies are necessary to verify that the  
1718 candidate taxa, indeed, represent suitable model systems for the questions of interest in terms of, for  
1719 example, monophyly and species richness (for details of sampling requirements and potential  
1720 sampling biases see section 3.3.).

1721  
1722 In general, the candidate abiotic and biotic drivers to be studied in interdisciplinary deep drilling  
1723 projects have to be selected based on the specific scientific objectives. Apart from ‘standard’ abiotic  
1724 factors such as lake-level changes, desiccation, and salinization events, parameters such as temperature  
1725 and productivity (Condamine et al., 2013) have been proposed to influence diversification events and  
1726 rates. Biotic drivers might be even more diverse. The underlying mechanisms and causality of some  
1727 biotic drivers are well understood (e.g., the pharyngeal jaw of cichlids, Salzburger et al., 2014; depth  
1728 preferences, Stelbrink et al., 2015), whereas the influence of species richness and composition on  
1729 diversification is controversially discussed (e.g., Day et al., 2008; Harmon and Harrison, 2015; Hubert et  
1730 al., 2015; Rabosky and Hurlbert, 2015). Also, the timeframe of evolution has to be considered when  
1731 linking geological and biological datasets. Some ancient lakes such as lakes Baikal (e.g., Müller et al.,  
1732 2001) and Ohrid (e.g., Albrecht and Wilke, 2008) are considered to harbor many old species or groups of  
1733 species. Other lakes, though being old, experienced a series of major environmental perturbations, and  
1734 the respective endemic species are often comparably young. Examples are Lake Malawi (e.g., Genner et  
1735 al., 2007), the Caspian Sea (e.g., Dumont, 1998), and Lake Titicaca (e.g., Benavides, 2005; Kroll et al.,  
1736 2012). Due to the young age of many taxa and problems of incomplete lineage sorting (for details see  
1737 section 3.3.), phylogenetic relationships may be difficult to ascertain. In such cases, the use of primary  
1738 data, such as fossils from the sediment core, is recommended for the study of old and/or long-term  
1739 diversification processes, though sufficient data are rarely available.

### 1740 3.3. Molecular dating

1741 The ability to reconstruct older evolutionary events based on aDNA (see section 2.2.6.) remains  
1742 limited. However, the lack of aDNA may be compensated for using DNA information from extant  
1743 specimens. During organismal evolution, mutations become fixed over time (= substitutions) in the  
1744 genome. Comparing these substitutions using DNA sequences of individuals that share a common  
1745 ancestor may allow to reconstruct past evolutionary events, potentially driven by ecological,  
1746 environmental, and/or geological processes (*sensu* Avise, 2000). A large ancestral population of  
1747 lacustrine animals may, for example, become separated into two geographically separated  
1748 subpopulations due to a severe lake-level lowstand. These resulting subpopulations might then evolve  
1749 independently. After time, the two subpopulations thus become genetically distinct and potentially even  
1750 new species. By comparing the substitutional patterns of the extant subpopulations/species using  
1751 statistical approaches, the genetic structure of the common ancestor of these populations/species at the  
1752 time of population subdivision (= ‘most recent common ancestor’) can be reconstructed. Under certain  
1753 conditions, these divergence events might be time-calibrated using a methodology called molecular  
1754 dating. This approach is based on the molecular clock hypothesis (Zuckerkandl and Pauling, 1965),  
1755 which relates nucleotide or amino acid substitutions to time. In other words, knowing the number of  
1756 substitutional differences between extant populations/species may allow for calculating divergence time  
1757 and thus the age of the underlying event that potentially drove the separation of the ancestral population.

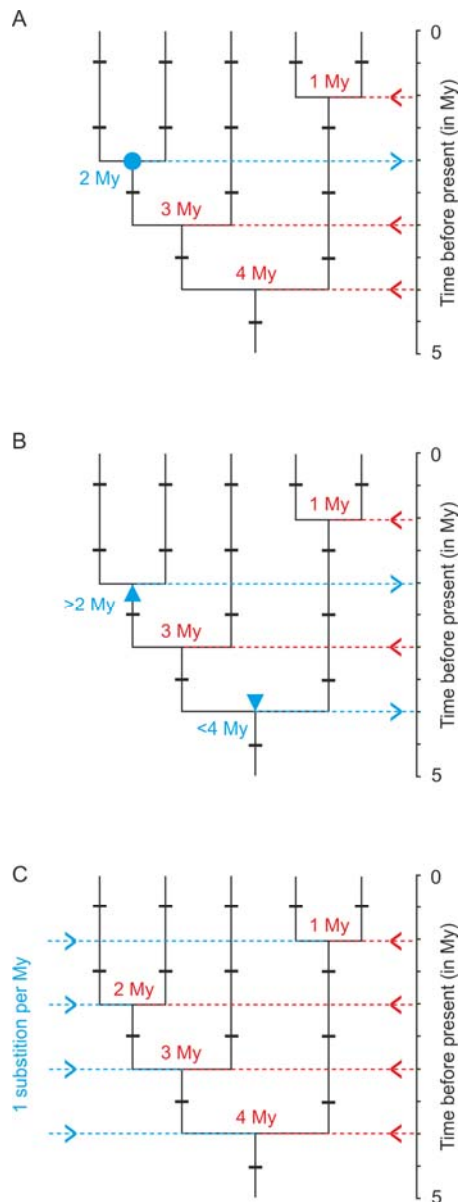
1758 Today, molecular dating is widely used in evolutionary biology to infer such past evolutionary  
1759 events. However, the accuracy and even the applicability of molecular dating have long been subject to  
1760 controversy (e.g., Takahata, 2007; Wilke et al., 2009; Ho, 2014; Ho and Duchêne, 2014). Substitution  
1761 rates may, for example, vary among taxa, with life history traits, and/or over time, making a precise  
1762 dating of evolutionary events challenging. They are gene-specific and highly sensitive to problems such  
1763 as incomplete lineage sorting and substitutional saturation. Moreover, results from molecular dating  
1764 analyses can easily be misinterpreted if, for example, the sampling design of extant species is insufficient  
1765 (e.g., Wilke, 2004; Wilke et al., 2009; Friedman et al., 2013). For most of these problems, test statistics  
1766 and mathematical solutions are available, which have made molecular dating statistically sound.

1767 However, a problem that continues to exist is that the molecular clock has to be calibrated in order to be  
1768 able to calculate absolute times. This can be done using calibration points or bounds from externally  
1769 derived dates such as ages of fossil occurrences and biogeographical events (e.g., vicariance events  
1770 resulting from the closure of the Isthmus of Panama or the Mediterranean Salinity Crisis; Ho et al.,  
1771 2015). Alternatively, calibration can be achieved via external clock rates that are gene- and often also  
1772 taxon- or trait-specific (reviewed in Wilke et al., 2009). All of these different calibration methods have in  
1773 common that uncertainties introduced by the calibration process often far outcompete mathematical  
1774 problems with the clock approach.

1775 The two main approaches that are currently used for molecular dating are molecular clock and  
1776 coalescence analyses. The former typically calculates divergence times between species or groups of  
1777 species by estimating the number of substitutions that occurred along the respective branches of a  
1778 phylogenetic tree (Fig. 12). The latter models the timing of demographic and spatial expansion events of  
1779 populations (e.g., mismatch analyses; Rogers and Harpending, 1992), or past changes in population sizes  
1780 (e.g., Bayesian Skyline Plots; Ho and Shapiro, 2011).

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**Fig. 12.** Methods for calibrating molecular clock trees. Substitutions along the branches of a phylogenetic tree are shown as black rectangles. A) Calibration with point(s) from externally derived dates. In this example, the known age of a divergence event (blue circle and blue dashes line) is used to estimate the timing of three other divergence events in the tree (red dashed lines). B) Calibration with bounds from externally derived dates. In this example, the known minimum and maximum ages of two divergence events (upward and downward pointing blue arrows, respectively, and blue dashes lines) are used to estimate the timing of two other divergence events in the tree (red dashed lines). C) Calibration with a known external molecular clock rate. In this example, a fixed external clock rate of 1 substitution per My and derived depth of nodes in the tree (blue dashed lines) are used to calculate absolute divergence ages (red dashed lines). For reasons of clarity, error bars of calibration uncertainties are not shown.

1795 Both molecular clock and coalescence analyses have been used extensively in ancient lake studies  
1796 including lakes Baikal (e.g., Sherbakov, 1999; Koskinen et al., 2002; Fazalova et al., 2010), Tanganyika  
1797 (e.g., Nevado et al., 2013; Koblmüller et al., 2015), Malawi (e.g., Genner et al., 2010; Schultheiß et al.,  
1798 2011), and Titicaca (e.g., Kroll et al., 2012). However, despite the high potential of molecular clock  
1799 approaches, as yet there are only few examples for the application of molecular dating in ancient lake  
1800 drilling projects. Wagner et al. (2014b), for example, found a temporal correspondence between a lake-  
1801 level low stand in Lake Prespa on the Balkan as inferred from sediment-core data, the Late Pleistocene  
1802 Toba eruption, and a spatial expansion in the lake's most abundant mussel species. Moreover, Föller et  
1803 al. (2015) used lineages-through-time plots (i.e., a visualization of the number of accumulated  
1804 evolutionary lineages over time inferred from molecular clock analyses; Harvey et al., 1994) and  
1805 diversification-rate analyses in an attempt to link major environmental events inferred from the deep  
1806 drilling project in Lake Ohrid to changes in diversification rates of endemic species.

1807 Certainly, molecular clock analyses will gain more importance in future deep drilling projects.  
1808 However, given the 'vagaries' (Ayala, 1997) of the molecular clock, we recommend a careful planning  
1809 of molecular dating approaches. This concerns the choice of methods, molecular markers, calibration  
1810 means, and taxa. The latter requires especially thorough planning because sampling in ancient lakes can  
1811 be expensive and time consuming, and incomplete sampling may bias molecular dating results. As a rule  
1812 of thumb, molecular clock analyses in ancient lakes work best with large, monophyletic groups of  
1813 endemic species – so-called species flocks (e.g., Schön and Martens, 2004). They typically evolved  
1814 within the lake and thus are likely to reflect its environmental, ecological, and geological history.

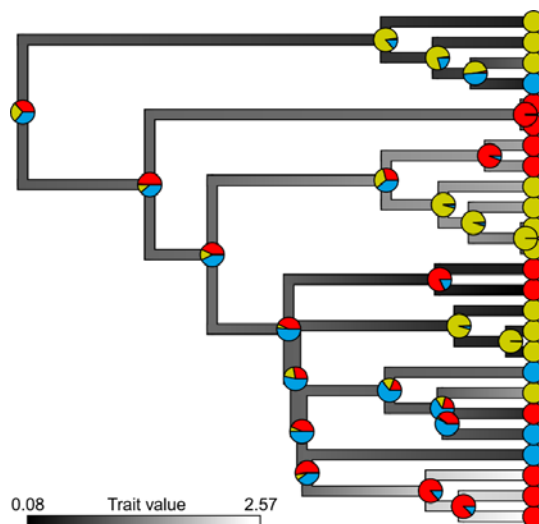
1815 Research on the behavior of the clock, calibration means, and data basis is continuing at high pace.  
1816 Of interest for drilling projects in ancient lakes are, for example, newly developed models that enable  
1817 improved fossil calibrations (e.g., Heath et al., 2014; Gavryushkina et al., 2015). However,  
1818 notwithstanding the progress that will be made in the future, confidence intervals of molecular dating  
1819 results will likely remain wide. It is therefore important to consider these uncertainties in all conclusions  
1820 made based on molecular clock or coalescence approaches in order to avoid misinterpretations (reviewed  
1821 in Hipsley and Müller, 2014; Warnock et al., 2015).

1822 3.4. *Tracing character evolution*

1823 Understanding character (= ‘trait’) evolution of a species’ individual characters over time, such as  
1824 changes in morphological/anatomical traits, ecological niches, functional roles in ecosystems,  
1825 reproductive modes, or changes in geographic distributions, is of great relevance for linking geological  
1826 and biological histories in ancient lakes. Tracing character evolution ideally involves groups of species  
1827 that originated within the lake (species flocks) and which are comparatively old, thus allowing for  
1828 inferring character evolution along the lake’s entire geological history.

1829 Studies of character evolution can be done utilizing two main approaches. The first involves the  
1830 direct observation of character-state change using chronological fossil information, often supplemented  
1831 with other primary information obtained from the sediment cores. Examples include stratigraphic series  
1832 of gastropods (Williamson, 1981; Van Bocxlaer and Hunt, 2013) and diatoms (e.g. Khursevich, 2006).  
1833 However, continuous, high quality fossil information is typically not available (see section 2.2.1.) or only  
1834 for selected groups of microfossils (section 2.2.2.). In the latter case, secondary data have to be used, i.e.,  
1835 information on characters states of extant species together with a hypothesis about their evolutionary  
1836 relationships (typically a phylogenetic tree).

1837 There are two particular interests in tracing character evolution along a phylogenetic tree. The first  
1838 involves ‘ancestral state reconstruction’, i.e., the reconstruction of either categorical or continuous  
1839 character states back in time (sometimes also referred to as ‘character mapping’ or ‘character  
1840 optimization’; see Fig. 13).



1841



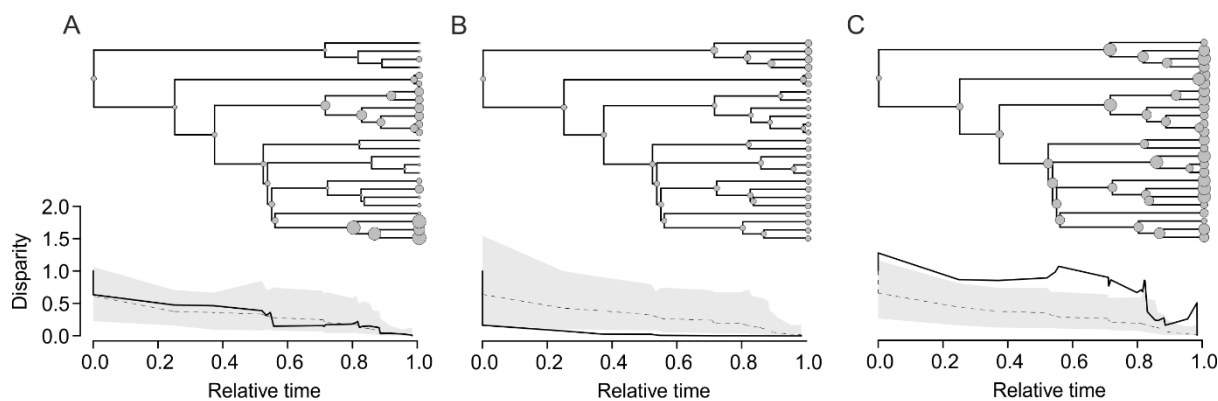
1842  
1843 **Fig. 13.** Tracing character ('trait') evolution along a phylogeny. Either categorical (pie charts) or continuous (grey-  
1844 step gradient) character states can be estimated along the branches of a phylogeny solely based on trait information  
1845 of extant species. Uncertainties of character tracing are here exemplified for the categorical states by the  
1846 proportions of the pie charts, but uncertainty can also be estimated for continuous traits.

1847  
1848 The second interest concerns modeling tempo (i.e., trait divergence per time) and mode (e.g.,  
1849 adaptive, non-adaptive, divergence, convergence) of mainly continuous character evolution. The  
1850 underlying assumption is that these two parameters might not be constant over time but are potentially  
1851 driven by extrinsic factors (*sensu* Schluter, 2000; Coyne and Orr, 2004). This assumption offers the  
1852 possibility to test the effects of geological, climatic, and/or environmental changes in ancient lakes  
1853 inferred from sediment cores on species traits over time using specific models. Thereby, a major goal of  
1854 interdisciplinary deep-drilling projects can be addressed – understanding the consequences of  
1855 environmental change for the biotic evolution of ancient lake taxa as well as the capacity of an ancient  
1856 lake to buffer such perturbations.

1857 Three testable models are particularly useful for ancient lake studies (Fig. 14). The simplest model  
1858 ('Brownian motion'; Edwards and Cavalli-Sforza, 1964), assumes a constant trait mean of species over  
1859 time, which would indicate that extrinsic factors have no effect on character evolution (Fig. 14A).  
1860 Because of its neutral characteristic, it is often used as null model to compare to empirical data.

1861 The 'early burst model' assumes that character variance decreases exponentially with time (Blomberg  
1862 et al., 2003; Harmon et al., 2010; Fig. 14B). It can, for example, be used to test whether the formation of  
1863 an ancient lake triggered the onset of adaptive radiations (*sensu* Schluter, 2000). The third, the 'Hansen  
1864 model', allows species to be influenced by past environmental events but assumes that the trait mean  
1865 adapts to an optimum over time (Fig. 14C; Hansen, 1997). This model focusses on the relationship  
1866 between environment and the pull towards an optimal character state ('selection'; see Hansen, 2014).

1867 Potential changes over time in tempo and mode of character evolution can be visualized by disparity-  
1868 through-time plots (Harmon et al., 2003; see Muschick et al., 2012 for an example from Lake  
1869 Tanganyika), displaying mean pairwise differences of traits among all species of one clade that is present  
1870 at a particular moment in time (Fig. 14).



1871

1872

1873 **Fig. 14.** Simulation of three modes (A–C) of trait evolution (grey circles) showing their signatures in the respective  
 1874 disparity-through-time plots (trait divergence  $\sigma^2 = 0.3$ ). Observed traits at the tips of the phylogeny are used to  
 1875 estimate the 95% confidence interval over time (grey area). Deviation of the observed disparity (solid black line)  
 1876 from this expectancy may indicate periods of environmental influence on evolution or changes in selection strength.  
 1877 A) Brownian motion, which is a model of phylogeny-wide stasis in trait mean and the null expectancy in  
 1878 evolutionary studies. B) Early burst of trait evolution with decreasing trait variance over time. C) Hansen model of  
 1879 trait evolution with trait mean approaching an optimum.

1880

1881 However, tracing character evolution is subject to several pitfalls and challenges. Phylogeny-based  
 1882 analyses of character evolution through time can be biased as morphological exuberant species may be  
 1883 more prone to extinction (Huang et al., 2015). The effects of missing extinct species on phylogeny-based  
 1884 character analysis has not been studied comprehensively yet (but see Albert et al., 2009; Slater et al.,  
 1885 2012). However, fossil species may provide complementary insights into character evolution (e.g., Van  
 1886 Bocxlaer and Hunt, 2013; Benson et al., 2014) and could be used to fine-tune or even verify models of  
 1887 character evolution (Betancur-R et al., 2015). Another challenge is that information on species traits and  
 1888 detailed information on morphology, ecological attributes, and distribution of the taxa of concern is often  
 1889 sparse. Quality issues include sampling completeness, taxonomic coverage, the presence of cryptic  
 1890 species, and DNA marker choice, all affecting the quality of phylogenetic trees (node support,  
 1891 resolution) and subsequent state reconstructions (ambiguous states).

1892 Examples of tracing character evolution in ancient lakes include studies on the effect of lake origin on  
 1893 changes in morphological traits. Gonzalez-Voyer and Kolm (2011), for example, showed two periods of  
 1894 increased morphological disparity in Lake Tanganyika, the older was related to the initial colonization

1895 after lake origination but the younger one could not be explained by limnological history. Tracing  
1896 character evolution was also used to infer trophic specialization and coloration patterns of endemic  
1897 invertebrates of the ancient Malili Lakes of Sulawesi, Indonesia (von Rintelen et al., 2004, 2010) and to  
1898 uncover convergent evolution in ancient lakes (e.g., Meixner et al., 2007; Young et al., 2009). The latter  
1899 phenomenon has been puzzling evolutionary biologists for years (e.g., Mahler et al., 2013) and might be  
1900 of eminent importance for the interpretation of fossil records from sediment cores. Other applications  
1901 include reconstructing the colonization history of ancient lakes over time (e.g., Van Bocxlaer et al., 2015;  
1902 Daniels et al., 2015), habitat or niche occupation of ancient lake species such as the colonization of rocky  
1903 habitats in Lake Tanganyika by cichlids (Koblmüller et al., 2004), or the bathymetric range evolution of  
1904 limpet gastropods in lakes Baikal (Stelbrink et al., 2015) and Ohrid (Albrecht et al., 2006).

1905 From a methodological point of view, there are three trends in tracing character evolution that might  
1906 be of importance for future deep drilling projects. First, phylogenetic uncertainties (Sorenson et al., 2014;  
1907 Shi and Rabosky, 2015) and character variance caused by measurement errors or intraspecific variation  
1908 (Revell, 2012; Clavel et al., 2015) need to be considered. Second, shifts in the tempo (i.e., different rates  
1909 of trait divergence; Eastman et al., 2011; Thomas and Freckleton, 2012) or mode (e.g., from neutral  
1910 divergence to adaptation; Clavel et al., 2015) of character evolution over time are to be identified, which  
1911 may help mitigating erroneous ancestral state reconstruction (King and Lee, 2015). Third, characters  
1912 may not evolve independently of each other but co-vary or even constrain one another. Therefore,  
1913 multivariate evolutionary models that simultaneously use a set of characters with several states each are  
1914 being designed (Freckleton, 2012; Mahler et al., 2013; Adams and Collyer, 2015; Clavel et al., 2015).

1915 Whereas most earlier attempts did not integrate geological and evolutionary data from ancient lakes  
1916 at once, such integration is becoming increasingly important in analyses of character changes. Integrated  
1917 approaches allow to test whether geological or environmental changes previously inferred from deep  
1918 drilling campaigns had an effect on patterns of character change in extant species (e.g., Danley et al.,  
1919 2012; Van Bocxlaer and Hunt, 2013; Lyons et al., 2015; Stelbrink et al., 2015). Potential drivers of  
1920 previously inferred changes in species traits can also be studied with data that are subsequently generated  
1921 from deep drilling campaigns (e.g., von Rintelen et al., 2010 for Lake Towuti and Trajanovski et al.,  
1922 2010 for Lake Ohrid).

1923 For future deep drilling campaigns, we expect to see more explicit attempts to link geological and  
1924 biological histories. As more phylogenetic data become available, future comparative analyses across  
1925 taxa will help shed light on general evolutionary processes in ancient lakes that affect entire communities  
1926 (e.g., Salzburger et al., 2014). If common temporal signals in phylogenies can be detected (e.g.,  
1927 simultaneous character or rate changes across taxa; O’Meara et al., 2006), a more straightforward link  
1928 between environmental changes and evolutionary patterns may be established. These signals could also  
1929 help to understand the biological consequences of environmental change in ancient lakes, even when  
1930 fossil information is absent.

#### 1931 **4. Conclusions**

- 1932 1) Over the past years, scientific drilling projects in ancient lakes became increasingly interdisciplinary  
1933 and have intensified the use of secondary data, i.e., data obtained independently of the drilling  
1934 operation. Comprehensive interdisciplinary projects enable a more holistic view on scientific  
1935 problems and provide excellent opportunities for hypothesis-driven research.
- 1936 2) One of the most challenging tasks for answering novel research questions in deep drilling projects is  
1937 to link diverse datasets with different resolutions, different data qualities, and potentially different  
1938 age uncertainties to solve complex problems.
- 1939 3) Careful consideration of drill sites and drilling strategies are a prerequisite to optimize the chances  
1940 that the goals of a deep drilling project can be reached. Meticulous preparation, including the  
1941 collection of site-specific information from pilot studies may serve to construct a strategy for  
1942 collecting primary and secondary data that can then be evaluated against scientific objectives,  
1943 budget, logistic requirements, and the available time.
- 1944 4) Accurate subsampling and data interpretation requires a full tracking record of the core. Moreover,  
1945 sediment subsampling should be coordinated and samples should, whenever possible, be taken from  
1946 the same sample depth to aid data integration.
- 1947 5) Data analyses should be hierarchically structured. As studies from long records are very laborious  
1948 and time-consuming, the first target should be to produce low/medium resolution data. Only then,

- 1949 high-resolution analyses are to be conducted.
- 1950 6) Though many new methods and analyses (e.g., analysis of isotopes in organic materials, high  
1951 throughput image analyses and high throughput DNA sequencing, low-concentration biomarker  
1952 analyses, studies of ancient amino acids and ancient DNA, molecular dating) are of high potential  
1953 for integrating diverse datasets, their weaknesses in terms of resolution, quality of data, and  
1954 practicability have to be considered.
- 1955 7) Whereas the physical linkage of primary information obtained from sediment cores is, in most cases,  
1956 straightforward due to the chronological constraints on the data, integrating secondary data and/or  
1957 interpretations into a consistent representation of the natural history of ancient lakes remains  
1958 challenging.
- 1959 8) Moreover, in most previous deep drilling projects, geological and biological data were linked  
1960 empirically. However, recent statistical developments enable a better mathematical integration of  
1961 diverse types of datasets and the testing of hypotheses based on specific null models.
- 1962 9) For future deep drilling campaigns we expect to see more explicit attempts to statistically link  
1963 geological and biological histories aided by methodological advances in data generation (e.g.,  
1964 automated methods of fossil retrieval, visualization and identification) and data analyses (e.g., a  
1965 better integration of uncertainties in age-depth calculations).
- 1966 10) Interdisciplinary projects should integrate earth and life scientists, statisticians, and modelers in the  
1967 planning phase, to establish clear communication strategies, to align interests, and to discuss data  
1968 requirements.
- 1969 11) Finally, the interdisciplinary character of modern deep drilling projects not only requires a  
1970 constant adaptation to methodological innovations, but also targeted scientific training  
1971 components. Therefore, thematic workshops, network training events and/or field schools,  
1972 particularly for early stage researchers, should be an integrative part of interdisciplinary deep  
1973 drilling campaigns.

1974 **Glossary**

- 1975 *Accommodation space*: Available space for accumulation of sediments.
- 1976 *Adaptive radiation*: Rapid diversification of species accompanied by adaptation into various niches. The
- 1977 term is used both to describe an evolutionary process as well as the result of this process.
- 1978 *Age-depth model*: Synthetic model that explains the relationship between sediment depth and sediment
- 1979 age in depositional environments.
- 1980 *Allopatric speciation* (= *geographical speciation*): Speciation due to the evolution of (geographical)
- 1981 reproductive barriers in populations that prevent or interfere with gene flow.
- 1982 *Amino acid racemization*: Spontaneous reaction describing the interconversion between the chiral forms
- 1983 of an amino acid.
- 1984 *Aminostratigraphy*: Relative dating framework based on the extent of amino acid racemization in
- 1985 subfossil biominerals.
- 1986 *Anagenesis*: Directional evolutionary change from an ancestor species to a descendant species without
- 1987 lineage splitting (also see chronospecies).
- 1988 *Ancestral polymorphism*: The amount of heterogeneity that is present in an ancestral population prior to
- 1989 the separation of the descending species.
- 1990 *Ancestral state reconstruction*: Reconstruction of ancestral phenotypic or genetic states of species along
- 1991 a phylogenetic tree based on information of extant taxa.
- 1992 *Ancient lake*: A lake that has continuously existed for > 100 ky or even > 1 My. The meaning of the term
- 1993 is not universally accepted. Some authors use this term synonymously with ‘long-lived lake’. Others
- 1994 use the term ancient lake only for extant long-lived lakes.
- 1995 *Ancient lake species flock*: Species rich, monophyletic group of endemic taxa that typically evolved
- 1996 within the lake (i.e., intralacustrine).
- 1997 *Bioindicator*: Extant species that are used to infer the present ecological conditions of an ecosystem.
- 1998 *Biomarker, sedimentary*: Source-specific organic molecules (‘molecular fossils’).
- 1999 *Biovolume accumulation rate*: Diatom concentration divided by sediment accumulation rate and
- 2000 corrected for size differences between taxa.

2001 *Borehole logging*: Process of measuring physical, chemical, and structural properties of penetrated  
2002 geological formations using logging tools that are lowered into a borehole on a wireline cable.

2003 *Bottleneck, genetic*: Sudden decrease in population size, which potentially reduces the genetic variation  
2004 within a population.

2005 *Coalescence analyses*: Population genetic analyses that relate patterns of genetic diversity in an extant  
2006 population to its demographic history.

2007 *Chronospecies*: Arbitrary divisions of a single evolutionary lineage, defined on the basis of  
2008 morphological change within the lineage (also see anagenesis).

2009 *Cladogenesis*: Evolutionary branching of an ancestor species into two or more descendant species.

2010 *Composite core*: Layer-to-layer correlation of core segments from multiple boreholes drilled at the same  
2011 drill site, i.e., best-case scenario of a continuous, undisturbed sediment profile.

2012 *Convergence*: Similarities that have arisen independently in two or more organisms that do not share a  
2013 common ancestry.

2014 *Cyclostratigraphy*: Study of stratigraphic records of astronomically forced climate cycles.

2015 *Depocenter*: Location of the thickest deposit in a sedimentary basin.

2016 *Divergence time*: Time since separation of descendent taxa from a most recent common ancestor.

2017 *Endemism*: Characteristic of a taxon that is restricted to a geographic location (such as an ancient lake).

2018 *Evolution, biological*: Change in heritable traits of populations from generation to generations.

2019 *Evolution, biotic*: Gradual change in the structure, composition, or dynamics of biological objects or  
2020 systems.

2021 *Evolution, geological*: Gradual change in the structure, composition, or dynamics of geological objects  
2022 or systems.

2023 *Global benthic isotope stack*: Stack of 57 benthic marine  $\delta^{18}\text{O}$  records reflecting global ice volume and  
2024 deep ocean temperature for the past 5.3 My, often used as stratigraphic reference record.

2025 *Hiatus*: Discontinuity ('break') in the stratigraphic succession.

2026 *Incomplete lineage sorting*: Phenomenon that not all genetic lineages are segregated at the time of  
2027 species splitting.

2028 *Interdisciplinarity*: Integration of two or more scientific disciplines.

2029 *Intralacustrine*: Within a lake.

2030 *Lineages-through-time plot*: Plot showing the accumulation of lineages through time in a time-calibrated  
2031 phylogeny.

2032 *Lake proper*: Lake body excluding peripheral water bodies or effluents/affluents.

2033 *Long-lived lake*: A lake that has continuously existed for > 100 ky or even > 1 My. Some authors use this  
2034 term synonymously with the term ‘ancient lake’.

2035 *Macrofossils*: Remains of organisms from the remote past large enough to be visible without a  
2036 microscope.

2037 *Magnetic susceptibility*: A measure of the degree of magnetization of a material after the application of a  
2038 magnetic field.

2039 *Microbiome*: It refers to the entire microbial population within a specific environmental niche.

2040 *Microfossils*: Microscopically small remains of organisms from the remote past.

2041 *Molecular clock*: A concept that correlates number of nucleotide or amino acid substitutions (i.e.,  
2042 mutations fixed in the genome) to time.

2043 *Multidisciplinarity*: Concurrent combination of two or more scientific disciplines.

2044 *Phylogenetic tree*: Graphical representation of evolutionary (genealogical) relationships of several  
2045 species or other units, which are assumed to have a common ancestor.

2046 *Pollen rain*: The cloud of airborne pollen produced by plants.

2047 *Proxy*: Measured variable used to model or generate the value of a variable that is typically more  
2048 difficult to obtain.

2049 *Radiation, evolutionary*: Event of rapid cladogeneses.

2050 *Relaxed clock*: A dating approach that relaxes the assumption of a single substitution rate within a  
2051 phylogeny and allows rates to vary across the branches.

2052 *Resilience, ecosystem*: Ability of an ecosystem to resist disturbances.

2053 *Speciation*: Evolutionary process leading to new species.

2054 *Species flock*: In ancient lakes, monophyletic group of endemic species that evolved intralacustrine.

2055 *Stable isotope*: An isotope of an element that does not tend to decay over time.

2056 *Substitution rate*: Here used in terms of number of fixed mutations per site and time unit.



2057 *Subsurface biosphere*: Term used to designate the active microbial life in lacustrine sediments in analogy  
2058 to deep biosphere that refers to the marine environment.

2059 *Tephra*: Pyroclastic material ejected from a volcano including fragmented rocks and smaller particles.

2060 *Trait*: An inherited morphological, molecular, or ecological characteristic of a species.

2061 *Trait-specific clock*: A single molecular clock rate of a specific gene that can be assigned to a range of  
2062 taxa that share similar biological and life history characteristics that are supposedly affecting rate  
2063 heterogeneity.

2064 *Transfer functions, paleoecological*: Models that correlate modern species assemblages and their  
2065 environmental characteristics to fossil assemblages for reconstructing past environmental conditions.

2066 *Watershed*: Catchment area of a drainage basin.

## 2067 **Acknowledgements**

2068 This work was supported by German Research Foundation (DFG) grants WA 2109/11, WI 1902/7,  
2069 WI1902/13, and AL 1076/6, 9 to B. Wagner, T. Wilke, and C. Albrecht, respectively, by the European  
2070 Commission, Marie Skłodowska-Curie Action Innovative Training Network 642973 ‘Pontocaspian Rise  
2071 and Demise (PRIDE)’ to F. Wesselingh and T. Wilke, by an Alexander von Humboldt Fellowship to B.  
2072 Van Bocxlaer, by Swiss National Science Foundation (SNSF) grants 20FI21\_153054/1 and  
2073 200021\_153053/1 awarded to H. Vogel and D. Ariztegui as well as SNSF grants 200020-119931/2,  
2074 200021-132529 and 200020-149221/1 to D. Ariztegui. Many of the results presented here have been  
2075 possible through the financial support of various ICDP-sponsored projects. We also thank the editor and  
2076 two anonymous referees for valuable and constructive comments that significantly improved the paper.

2077

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