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1 **Natural revegetation of bog pools after peatland restoration**
2 **involving ditch blocking – the influence of pool depth and**
3 **implications for carbon cycling**

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27 **Abstract**

28 Throughout the last two centuries peatlands have been subject to extensive
29 drainage, typically through the digging of ditches. Ecosystem restoration now focuses
30 on damming or infilling these ditches to increase biodiversity and to provide a range of
31 ecosystem services such as carbon sequestration and water provision. We surveyed 60
32 bog pools created following ditch blocking (alone) on a blanket bog in north Wales.
33 Eighteen months after restoration the mean total pool vegetation cover was 76%. There
34 was a strong negative relationship between pool depth and *Eriophorum* cover ($r^2 =$
35 0.74), and a weaker positive relationship between depth and *Sphagnum* cover ($r^2 =$
36 0.35). Observations showed that pools had been colonised by various invertebrate
37 species. Pool dissolved organic carbon (DOC) concentrations were not connected to
38 pool vegetation, suggesting that catchment-scale processes drive DOC. Other studies
39 have shown that *Eriophorum* generates large methane fluxes, and that *Sphagnum* can
40 act as a methane sink. Therefore we recommend that pools should be deeper than 0.5 m
41 to give the greatest carbon benefit, whilst noting that this is unlikely to significantly
42 affect DOC fluxes.

43 Keywords: ditch blocking, vegetation, DOC, bog pool, peatland restoration, greenhouse
44 gas

45

46 **1. Introduction**

47 Northern peatlands are a vitally important component of the global carbon cycle,
48 storing an estimated stock of 547 Pg of carbon (Yu *et al.*, 2010). Additionally,
49 peatlands are important for biodiversity, as numerous species of invertebrates, birds and
50 bryophytes are restricted to such habitats (Warner & Asada, 2006). On both local and

51 global scales, peatlands have been damaged through drainage and peat extraction, but
52 attempts are now being made to restore them through ecological engineering techniques.
53 Restoration ecology, as a discipline, was outlined by Aber & Jordan (1985) as a tool
54 that could “provide a framework for this systematic study and reconstruction of
55 communities and ecosystems”, “broaden the scope of ecology”, and pave the way for
56 the “generalization and simplification of ecological theory”.

57 In the United Kingdom (UK) peatland restoration is typically carried out through
58 the blocking of drainage ditches (figure 1), with the aim of raising the water table and
59 encouraging the establishment of peat-forming plant species such as *Sphagnum*.
60 Blocking takes place using dams constructed from a variety of materials including peat,
61 plywood, plastic and heather bales (Armstrong *et al.*, 2009). A more complex method
62 is that of infilling, where dams are constructed and the base of the ditch is compressed
63 by mechanical force to destroy any soil pipes that might flow beneath the ditch.
64 Following restoration pools form behind dams, and in natural peatlands these pools are
65 critical biodiversity hotspots (Mazerolle *et al.*, 2005).

66 There are few studies of pools and of the effect of ditch blocking on peatlands
67 that have solely been drained, as most of the literature has focussed on cutaway
68 peatlands where drainage and harvesting have both occurred. In an Irish study on an
69 abandoned cutaway peatland, pools of standing water were colonised by *Juncus*
70 *bulbosus* var. *Fluitans* which spread to provide a substrate for the growth of *Sphagnum*
71 *cuspidatum* and *Sphagnum auriculatum*. The stabilisation of the water table using a
72 peat bund increased the rate of this re-colonisation, resulting in the spread of these same
73 pool species after two years (Farrell & Doyle, 2003). It has been noted elsewhere that
74 *S. cuspidatum* can act as an aquatic pioneer species by forming a semi-floating raft

75 suitable for further colonisation by other species (Money & Wheeler, 1999). For the
76 restoration of pools in a Canadian cutaway peatland, *Sphagnum* species were taken from
77 a natural site and transferred using the ‘moss layer transfer technique’. After three
78 growing seasons *Sphagnum* cover reached 50% along pool margins (Poulin *et al.*,
79 2011). Another Canadian study found that the stocking of pools with aquatic plants had
80 no effect on vegetation colonisation, and that four years after restoration pH and
81 dominant plant species differed from natural pools. The authors suggested that an
82 increased stocking density might promote vegetation recolonisation (Mazerolle *et al.*,
83 2005).

84 Another pioneer plant of peatlands is *Eriophorum vaginatum*. Ditch blocking
85 has been observed to promote the spread of *E. vaginatum* (Komulainen *et al.*, 1998,
86 Lavoie *et al.*, 2005), and it can colonise pool margins (Poulin *et al.*, 2011). It typically
87 colonises bare peat with a lower water table, but can tolerate higher water tables
88 (Kivimäki *et al.*, 2008). The vegetation response to the creation of pools is important
89 from the perspective of the carbon and greenhouse gas budget of a site. Vascular plants
90 can act as ‘chimneys’ by transporting gas directly to the atmosphere via their
91 aerenchymatous tissue, and they also provide substrates for methanogenesis via root
92 exudation and litter production (Marinier *et al.*, 2004).

93 As vegetation communities change following peatland restoration, it is possible
94 that an associated change occurs in the fluvial carbon balance. Dissolved organic
95 carbon (DOC) is exported from peatland catchments in drainage waters, and its
96 production is affected by numerous factors, including vegetation (Palmer *et al.*, 2001).
97 For example, Armstrong *et al.* (2012) noted that *Calluna* was associated with high DOC
98 concentrations in both a plot-scale (pore water) and a ditch-scale (surface water). DOC

99 is of interest for various reasons: it is a component of the carbon cycle; it can affect the
100 functioning of aquatic ecosystems (Karlsson *et al.*, 2009); it is expensive to treat in raw
101 water supplies, and it can have negative effects on human health due to trihalomethane
102 formation during water treatment (Chow *et al.*, 2003).

103 In this study, we investigated the recolonisation of bog pools that were formed
104 through ditch blocking. We hypothesised that shallow pools would be dominated by *E.*
105 *vaginatum* whilst *Sphagnum* species would form as floating rafts as pool depth
106 increased. Additionally, a link between pool vegetation and characteristics, and DOC
107 was investigated. Finally, the dams are specially designed to feature small overflow
108 paths that channel water to either side of the dam. By measuring DOC concentrations
109 in transects of successive downstream pools we also aimed to resolve whether DOC was
110 produced or degraded between pools, leading to changes in concentrations down pool
111 sequences.

112

113 **2. Materials and Methods**

114 The study was carried out at the head of the Afon Ddu catchment (latitude
115 52.97°N, longitude 3.84°W) on the Migneint, an Atlantic blanket bog, in Snowdonia
116 National Park, north Wales (UK). The bog has been extensively drained, with ditches
117 spaced 10-20 m apart, but no peat harvesting has occurred. Ditches were blocked in
118 February 2011 using the infilling method and peat dams, and pools of various sizes
119 formed behind. Pools are typically 2 m wide and 2-3 m long, but much larger ones have
120 formed. Approximately 1600 pools have been created. Sampling took place in August
121 2012. A random selection of 60 pools was made. This included three transects where
122 either five or seven successive pools in the same ditch were surveyed down-slope. The

123 dimensions of each pool were measured, and a depth measurement taken from the
124 centre of the pool. Vegetation cover at the surface of the pool was estimated by sight to
125 the nearest 5% (except for very low incidences of cover that were estimated at 2.5%),
126 for each species, and the plant species recorded. A water sample was taken from the
127 middle of each pool for lab analysis and stored in the dark at 4°C. All pools were
128 surveyed on the same day to allow a robust comparison, as DOC concentrations can
129 fluctuate seasonally, and according to the prevailing meteorological and hydrological
130 conditions. Additionally, pool size may change following drought or precipitation.
131 Seven control water samples were taken from an unblocked ditch to compare against
132 pool samples.

133 Water samples were analysed the day after collection. Absorbance was
134 measured at a wavelength of 263 nm using a Molecular Devices M2e Spectramax plate-
135 reader. DOC concentrations were then calculated from this absorbance using a
136 previously established calibration curve for the site. This wavelength was chosen as it
137 gave the highest r^2 (0.91) value and lowest residual variance (RMS = 16.9).

138 A linear regression model was used to investigate the relationship between pool
139 characteristics and vegetation cover. A multiple regression model using pool depth,
140 area, and species vegetation cover as predictors of DOC was not significant, so a
141 simpler method was used. Mean values were calculated for pools with $\geq 50\%$ cover of
142 *Sphagnum* or *Eriophorum* (one pool where both vegetation types were present at 50%
143 cover was not included). The area from each pool to the top of the slope was measured
144 and used as an estimate of upstream contributing area, and therefore flow rate, although
145 the contributing area was somewhat uncertain due to changes to drainage patterns
146 induced by the restoration work. Statistical analysis was performed using SPSS v16.0.1

147 (IBM Corporation, <http://www-01.ibm.com/software/analytics/spss/products/statistics/>).

148

149

150 **3. Results**

151 *3.1. Physical pool characteristics and vegetation colonisation*

152 There was considerable variation in the physical characteristics of the pools and
153 the proportion of vegetation colonisation (table 1). Pools were mainly colonised by *E.*
154 *vaginatum* (with some *Eriophorum angustifolium*) and *Sphagnum* species
155 (predominantly *S. cuspidatum*); respective means were 37% (standard error = 3.2%) for
156 *Sphagnum* and 38% (SE = 3.6%) for *Eriophorum*. Two pools showed significant
157 amounts of algal growth, and a small area of one pool had been colonised by *Juncus*
158 *effusus*. Both mean and median total vegetation cover values were above 75%, and only
159 seven pools had less than 50% vegetation cover, indicating a high level of
160 recolonisation with only small areas of open water.

161

162 Table 1. Summary statistics for data from 60 pools. SE is the standard error of the
163 mean.

	Mean	SE	Median	Minimum	Maximum
Depth (m)	0.41	0.04	0.33	0.03	1.15
Width (m)	1.96	0.09	1.9	0.7	4.2
Length (m)	2.78	0.36	1.8	0.7	17.9
Area (m ²)	6.37	1.04	3.48	0.63	46.54
Total vegetation cover (%)	76	3.03	81	10	100
DOC (mg L ⁻¹)	22.09	0.42	21.6	16.75	30.29

164

165 There was a strong negative relationship between pool depth and *Eriophorum*
166 colonisation (figure 2), and at depths greater than 0.5 m *Eriophorum* only grew on the

167 shallow pool margins. The relationship between pool depth and *Sphagnum* cover was
168 positive but weak (figure 3), with large variations in cover at deeper depths; for
169 example, at approximately 0.8 m depth different pools displayed *Sphagnum* cover from
170 0% to 90%. There was no evidence that upstream contributing area (and therefore flow
171 rate) influenced species cover.

172 **Figure 2. Percentage cover of *Eriophorum* versus pool depth for 60 pools. Linear**
173 **regression $r^2 = 0.74$, $p < 0.001$. Filled circles indicate pools where *Eriophorum* was**
174 **only present in the shallow pool margins.**
175

176 **Figure 3. Percentage cover of *Sphagnum* versus pool depth for 60 pools. Linear**
177 **regression $r^2 = 0.35$, $p < 0.001$.**
178

179 3.2. DOC concentrations

180 Mean pool DOC concentration was 22.09 mg L^{-1} (SE = 0.42 mg L^{-1})(table 1).
181 DOC concentration was 22.8 mg L^{-1} ($n = 18$, SE = 0.8 mg L^{-1}) for *Sphagnum* pools, and
182 21.6 mg L^{-1} ($n = 21$, SE = 0.6 mg L^{-1}) for *Eriophorum* pools. This difference was not
183 significant at $p = 0.05$ (two-sample t-test). Further analysis revealed no significant
184 relationships between DOC concentrations and pool area or depth. The results from the
185 three ditch transects measuring DOC concentrations in each successive down-slope pool
186 showed that there was no consistent cumulative production or degradation of DOC
187 down the transects (figure 4). The mean DOC concentration for samples from the
188 unblocked ditch was 20.5 mg L^{-1} ($n = 6$, SE = 0.4 mg L^{-1}); one sample was removed as
189 its concentration was very low (9.76 mg L^{-1}), possibly due to the ditch intersecting with
190 a groundwater emergence point.

191

192 **Figure 4. DOC concentrations for three ditch transects (indicated by different**
193 **lines), where successive down-slope pools were surveyed. Pool number 1 is at the**

194 top of the transect, and each subsequent pool is the next one down-slope along the
195 ditch.
196

197 **4. Discussion**

198 *4.1. Vegetation colonisation*

199 Our results show that ditch blocking has been successful in creating bog pools
200 with consistently high rates of vegetation colonisation after eighteen months. *E.*
201 *vaginatum* and *S. cuspidatum* were the primary colonising species, with additional
202 colonisation by *E. angustifolium*, *Juncus effusus*, algae, and other *Sphagnum* species.
203 Our hypothesis that shallower pools would favour *Eriophorum* growth was supported,
204 with *Eriophorum* cover decreasing linearly with pool depth. At depths greater than 0.5
205 m *Eriophorum* was restricted to shallow pool margins, and cover was reduced to $\leq 5\%$ at
206 depths greater than 0.8 m. Poulin *et al.* (2011) noted a similar response, with pool
207 margins being colonised by *Eriophorum*, and suggested that this invasion might be a
208 transient phase in the early stages of restoration. *Sphagnum* cover increased with pool
209 depth, although this relationship was weaker than that between *Eriophorum* and depth,
210 with large variation in cover at greater depths. There are several possible reasons for
211 this. It has been suggested that deep pools that form behind dams can make vegetation
212 establishment difficult, as the low level of light penetration reduces the rate of
213 vegetation colonisation (Ramchunder *et al.*, 2009). DOC can affect photic depth
214 (Monteith *et al.*, 2007) but this seems an unlikely control on vegetation colonisation as
215 *Sphagnum* cover and DOC concentration were unrelated. Additionally, DOC effects on
216 photic depth would only impede vegetation growth if *Sphagnum* was establishing from
217 the base of the pool, not as floating mats. Boatman (1977) established that differences
218 in nutrient supply could explain *S. cuspidatum* growth in bog pools, and there is some

219 spatial variation in ditch nitrate concentrations at the experimental site (M. Peacock,
220 unpublished data). Another possible explanatory factor could be the profile of the ditch
221 sides, as steep sides could impede the establishment of *Sphagnum*.

222 Numerous restoration studies have reported high methane fluxes from areas of
223 *Eriophorum* (Mahmood & Strack, 2011, Tuittila *et al.*, 2008, Marinier *et al.*, 2004,
224 Komulainen *et al.*, 1998), although *Eriophorum* colonisation on bare peat does lead to
225 the creation of a carbon dioxide sink (Tuittila *et al.*, 1999). Balanced against this, *S.*
226 *cuspidatum* has been shown to consume methane through symbiosis with
227 methanotrophs (Raghoebarsing *et al.*, 2005) and this mechanism is found in *S.*
228 *cuspidatum* globally (Kip *et al.*, 2010). *Sphagnum* is also desirable as it enhances the
229 carbon sink of the ecosystem and, for Boreal peatlands, increases the strength of this
230 sink in spring and autumn, relative to vascular plants (Kivimäki *et al.*, 2008). Finally,
231 Pelletier *et al.* (2007) found that methane flux decreased with increasing pool depth at
232 two sites, possibly because lower sediment temperatures reduced methanogenesis
233 (although a third site showed the opposite relationship; this was attributed to greater
234 ebullition). A later study confirmed this result, with larger fluxes of both methane and
235 carbon dioxide being recorded in smaller, shallower pools. Methane fluxes from pools
236 of 0.7 m depth were up to five times smaller than fluxes from pools of 0.3m depth
237 (McEnroe *et al.*, 2009). There is also the opportunity for methane oxidation within the
238 water column itself (Bastviken *et al.*, 2008). Considering this, methane fluxes should be
239 lower in deeper pools.

240

241 *4.2. Controls on DOC*

242 DOC concentrations were not affected by the dominant type of vegetation
243 colonising the pools. This was somewhat expected; the upstream ‘catchment’ draining
244 into each pool is typically large, flow rates are moderately high, and water residence
245 times within individual pools are therefore short. A direct influence of pool vegetation
246 on DOC would thus require either rapid consumption or production of DOC within the
247 pools, which is unlikely given the largely terrestrial source of DOC in peat drainage
248 waters (Evans *et al.*, 2007) and the relatively recalcitrant nature of this DOC over short
249 time periods (e.g. Wickland *et al.*, 2007; del Giorgio and Pace, 2008). Instead, it is
250 likely that DOC will be driven by large-scale hillslope characteristics such as terrestrial
251 vegetation cover, soil carbon pool, peat cover and hydrology (Aitkenhead *et al.*, 1999,
252 Palmer *et al.*, 2001, Dawson *et al.*, 2004). The similarity of mean DOC concentrations
253 among pools, down transects and in comparison to an unblocked control ditch also
254 suggests that pools do not exert a strong influence on the processing of DOC. As a final
255 caveat, we acknowledge that a simplified model is presented here; in reality each pool
256 may receive water (and therefore DOC) from the peat upslope and either side of the
257 blocked ditch, as well as from the upslope pools.

258

259 4.3. Zoological changes

260 Ditch blocking on this site created 1600 new bog pools. This large amount of
261 standing water is likely to benefit Tipulidae species and any bird species that predate
262 Tipulidae (Carroll *et al.*, 2011). On the spot observations supported zoological changes,
263 with the pools being used by invertebrates such as diving beetles (genus: *Dytiscus*),
264 whirligig beetles (family: Gyrinidae), and pond skaters (family: Gerridae). The frog

265 species *Rana temporaria* was regularly sighted in pools, and there was evidence that
266 *Lagopus lagopus scotica* (red grouse) used the pools for drinking/feeding.

267

268 4.4. Implications for restoration

269 Taken as a whole these findings suggest that ditch blocking can be used as a
270 suitable restoration technique to create vegetated bog pools. After eighteen months the
271 mean total vegetation cover was 76%. However, there is potential for the pools to
272 gradually paludify in the long term (Lindsay, 2010) and for succession to lead to the
273 growth of species such as *Calluna vulgaris*, *Vaccinium myrtillus*, *Erica tetralix*, and
274 *Empetrum nigrum*. On the other hand, further *Sphagnum* growth may occur, and long-
275 term monitoring is essential to determine if this is the case. At another nearby (1.5 km
276 away) site on the Migneint blanket bog, ditch blocking was observed to lead to
277 extensive *Eriophorum* colonisation on bare peat within ditches, resulting in large
278 methane fluxes to the atmosphere (Cooper *et al.*, 2013). Considering this, restoration
279 techniques should aim to minimise the extent of areas of bare peat between pools. At
280 the site studied here, the creation of bog pools was not a specific restoration objective,
281 but has emerged as a positive side-effect that has increased the biodiversity of the
282 ecosystem. As well as biodiversity, restoration also has the potential to enhance the
283 provision of other ecosystem services, such as landscape aesthetics (Kimmel & Mander,
284 2010).

285 To ensure that the restoration achieves the best result in terms of the peatland
286 greenhouse gas balance, our results suggest that pools should be deeper than 0.5 m.
287 This will limit the invasion of *Eriophorum* which would otherwise result in large
288 methane fluxes, and also promote *Sphagnum* growth which can act as a carbon dioxide

289 and methane sink. Lavoie *et al.* (2003) however, point out that restoration activities that
290 result in large areas of *Eriophorum* are not necessarily failures, as a process of
291 vegetation succession has been initiated; this may lead to *Sphagnum* colonisation within
292 5-10 years (Lindsay, 2010). Deeper pools should also provide a less favourable
293 environment for methanogenesis, and will lead to a longer upward travel time for
294 methane, and hence greater opportunity for methane oxidation, dependent on the
295 oxygen concentration profile of the pool. Neither biotic nor abiotic pool characteristics
296 were associated with DOC concentrations and thus pool creation can be focussed on the
297 balance between carbon cycling, vegetation colonisation, and zoological diversity.

298

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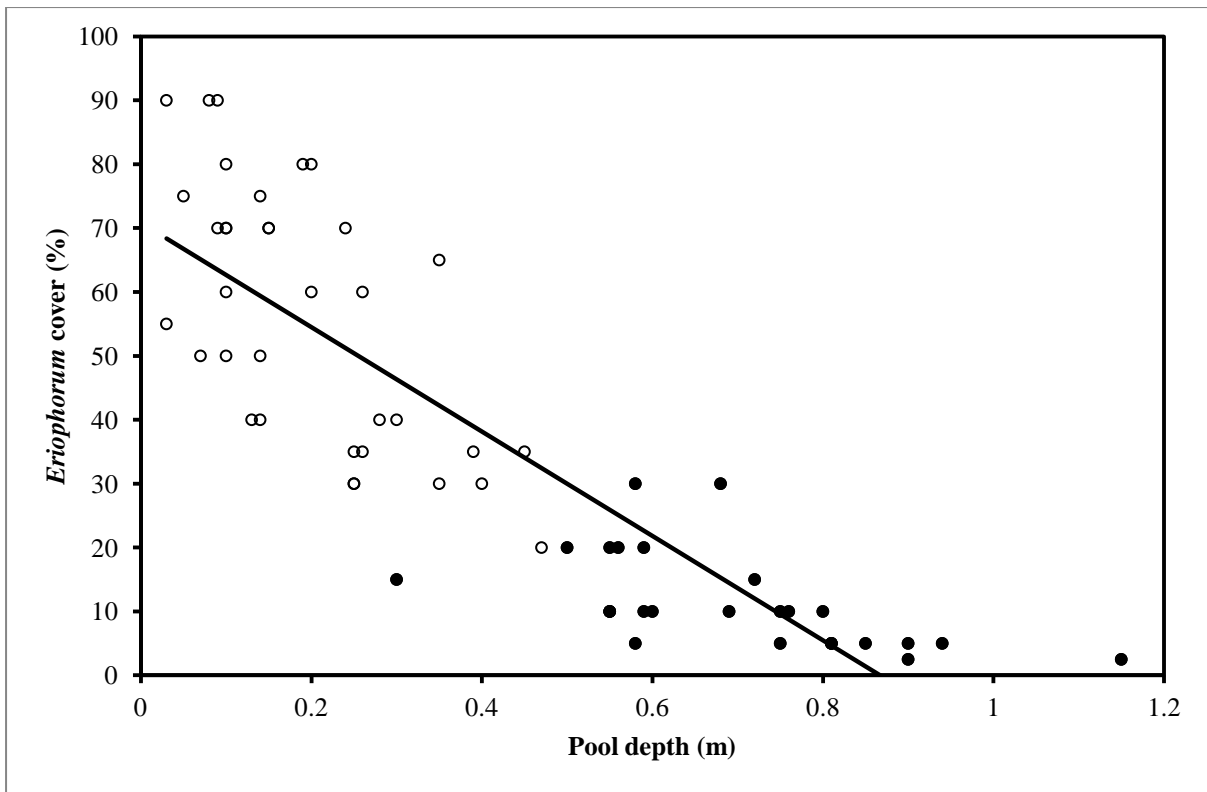
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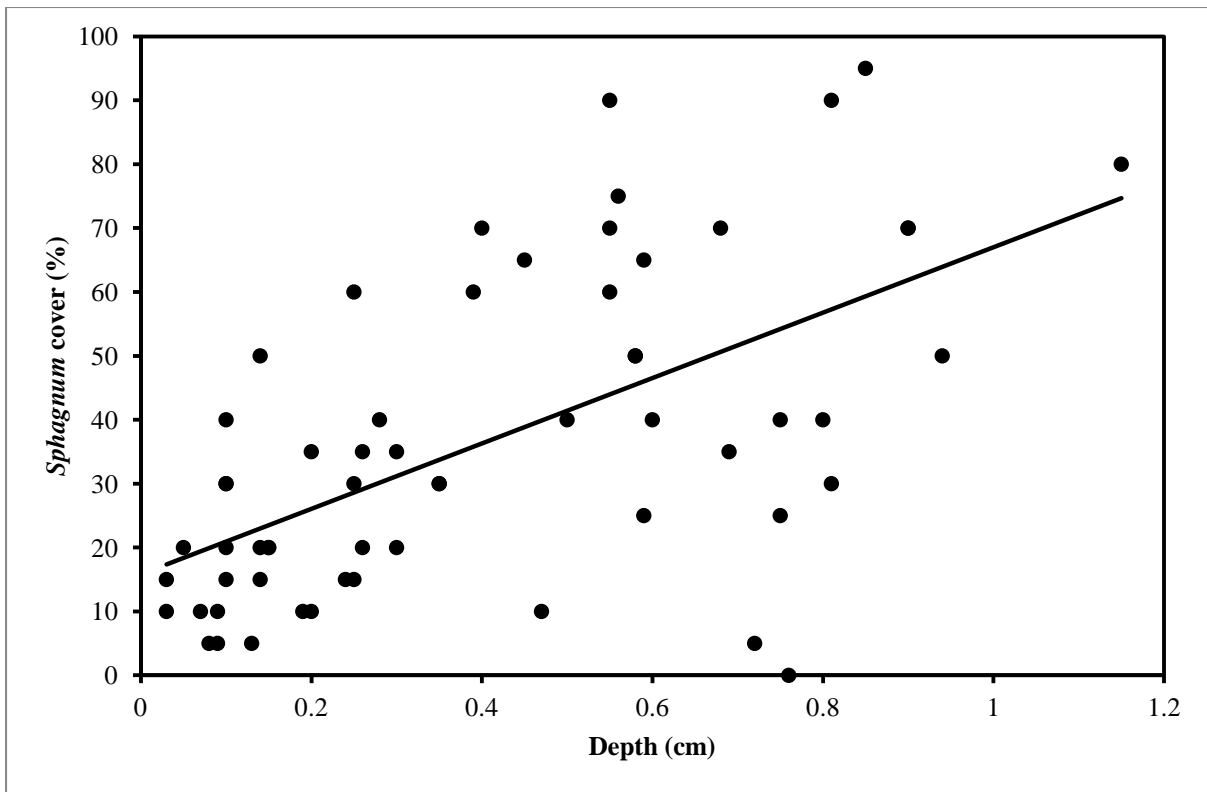
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Figure 1. Ditch blocking at the study site in the Afon Ddu catchment.





Figure(s)

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