

Measurement of the Bioavailability of Potentially Harmful Substances in soil - The "How" and the "Why"

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Sources of Potentially Harmful Elements in soils

- Natural geogenic sources
- Anthropogenic pollution
 - Point source (single identifiable source)
 - Diffuse pollution (dispersed over a wide area)







Exposure biomarkers

Biological markers (biomarkers) can be utilised to estimate levels of exposure to harmful substances.

Following exposure, soluble arsenic is adsorbed from the gastro-intestinal tract and distributed to all bodily systems in the blood, accumulating in many body parts.



Inhalation



Exposure Pathways

Ingestion



The Gastro-intestinal (Digestive) Tract





What are we trying to achieve?







Metals associated with soil can be accidentally ingested

Bioaccessibility: The fraction of contaminant that is dissolved in the gastrointestinal tract and available for uptake

Bioavailability: The fraction of the bioaccessible fraction that crosses the cell wall



Non bioaccessible metals are excreted with undigested soil

Practicalities of the UBM (Version 2)



The UBM method



Stomach and Intestine reagents are prepared according to the protocol



Soil samples are weighed into centrifuge tubes



Soils are extracted with gastric and intestine solutions in a water bath at 37[°] C



Samples are analysed by ICP-AES



Decanted samples are diluted and preserved in 0.1 M HNO₃



Samples are Centrifuged

Comparison of *in vivo* and *in vitro* data for NIST 2710 for the UBM inter-laboratory trial (2006/2007)







In Vivo Validation of the Unified BARGE Method to Assess the Bioaccessibility of Arsenic, Antimony, Cadmium, and Lead in Soils

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Supporting Information



ABSTRACT: The relative bioavailability of arsenic, antimony, cadmium, and lead for the ingestion pathway was measured in 16 soils contaminated by either smelting or mining activities using a juvenile swine model. The soils contained 18 to 25 000 mg kg⁻¹ As, 18 to 60000 mg kg⁻¹ Sb, 20 to 184 mg kg⁻¹ Cd, and 1460 to 40 214 mg kg⁻¹ Pb. The bioavailability in the soils was measured in kidney, liver, bone, and urine relative to soluble salts of the four elements. The variety of soil types, the total concentrations of the elements, and the range of bioavailability test has been developed by the BioAccessibility Research Group of Europe (BARGE) and is known as the Unified BARGE Method (UBM). The study looked at four end points from the in vitro measurements and two compartments in the in vitro study ("stomach" and "stomach and intestine"). Using benchmark criteria for assessing the "fitness for purpose" of the UBM bioaccessibility data to act as an analogue for bioavailability in risk assessment, the study shows that the UBM met criteria on repeatability (median relative standard deviation value <10%) and the regression statistics (slope 0.8 to 1.2 and *r*-square > 0.6) for As, Cd, and Pb. The data suggest a small bias in the UBM relative bioaccessibility measurements of 3% and 5% respectively. Sb did not meet the criteria due to the small range of bioaccessibility values found in the samples.





Summary of the RBA vs RBAc regression statistics for the four end points for As. Black squares show data for the 'stomach' phase and white triangles for the 'stomach & intestine' phase. Error bars represent 95% confidence limits dotted lines show benchmark values.

As



correlation plots for RBAc against RBA for (a) Pb and (b) Cd for the 'stomach' and 'stomach & intestine' phases for the kidney endpoint. Bold dashed dotted line is the line of equivalence, dashed lines are the 95% confidence intervals and the solid lines is the best line of fit



Relative bioavailability %

correlation plots for RBAc against RBA for (c) As and (d) Sb for the 'stomach' and 'stomach & intestine' phases for the urine end point. Bold dashed dotted line is the line of equivalence, dashed lines are the 95% confidence intervals and the solid line is the best line of fit.

How are PHE distributed in the soil components?

CISED Test Chemometric Identification of Substrates and Element Distributions

•Separate aliquots of aqua regia of increasing concentration.

•Passed through the sample under centrifugal force.

•Determination by ICP-AES.

•Chemometric data processing .

•Identification of physico-chemical hosts and the metal distributions within the sample under test.



Example output of CISED



Comparison of the Relative Bioaccessibility of As in the UK



Bioaccessible Pb in London Soil



Appleton J, Cave M, Wragg J. Modelling lead bioaccessibility in urban topsoils based on data from Glasgow, London, Northampton and Swansea, UK. Environmental Pollution 2012.

Organics



Added Difficulties for Organics

- Addition of food
- Glassware
- Analysis (aqueous/organic phases)
- Metabolites





FOREhST Fed ORganic Extraction human Simulation Test

- BGS has modified the RIVM fed state model and combined this with an optimised method for PAH analysis.
- We have developed a robust procedure for PAH in the extraction matrix that could be used by a testing laboratory.



FOREhST

- Simulated the nutritional status of a 2-3 yr old
- Only intestine phase sampled
- PAH separation and analysis by HPLC-Fluorescence detection
- PAHs investigated
 - Benzo(a)anthracene;
 Benzo(b and k)fluoranthene;
 Benzo(a)pyrene;
 Dibenzo(ah)anthracene;
 Indeno(123cd)pyrene.





PAH name	MW	log Kow	PAH No
Benz(a)-anthracene	228	5.61	1
Benzo(b)-fluoranthene	252	6.04	2
Benzo(k)-fluoranthene	252	6.06	3
Benzo(a)-pyrene	252	6.06	4
Dibenz(ah)-anthracene	278	6.5	5
Indeno(123cd)-pyrene	276	6.58	6



Follow up Study

- 26 soil samples from 3 gas works sites of varying ages
- 8 samples from a small horizontal gasworks that was closed in 1950
- 5 samples from an uncontaminated urban garden,
- 4 samples from a small gasworks which was closed 1900 and
- 9 samples from an early small gasworks closed in 1860
- The samples were freeze dried and sieved to <250 µm. Total PAH and FOREhST extractions
- NIR and Mid-IR spectra of the soils

PAHs studied

Ν	naphthalene
Ay	acenaphthylene
Ae	acenaphthene
F	fluorene
Ph	phenanthrene
An	anthracene
FI	fluoranthene
Ру	pyrene
BaA	benz[a]anthracene
Ch	chrysene
BbF	benzo[b]fluoranthene
BkF	benzo[k]fluoranthene
BjF	benzo[j]fluoranthene
BeP	benzo[e]pyrene
BaP	benzo[a]pyrene
Per	perylene
ldPy	indeno[1,2,3-cd]pyrene
DBA	dibenz[a,h]anthracene
BPer	benzo[ghi]perylene

Mid IR Spectra of 27 soils





Noise reduction by PCA filtering

Model Interpretation



Model Predictions





Conclusions







- Quantification is essential validated methods are desirable before bioavailability/bioaccessibility research can be attempted (How?).
- It is not enough to measure "how much" but we also need to understand what makes the contaminant bioavailable (Why?)





