# Predictive modelling of steroid oestrogens in sewage effluent and rivers demonstrates the potential for endocrine disruptive effects in wild fish populations in South Australia

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Endocrine disruption in wild fish has been well characterised in the UK where it has been linked to sewage treatment works (STW) effluent containing the steroid oestrogens:  $17\beta$ -oestradiol (E2), oestrone (E1) and  $17\alpha$ -ethinylestradiol (E2). In Australia, they have been detected in effluents at concentrations similar to those found in the UK and there is some evidence of endocrine disruptive effects in fish downstream of STW's (Batty and Lim, 1999). This study is the first to use predictive modelling to assess the concentrations of steroid oestrogens in South Australian STW effluents and the Onkaparinga River as a preliminary risk assessment for wild fish populations. The

predicted concentrations in STW effluents and the receiving rivers in South Australia were comparable to those in

the UK and when the models were modified to project scenarios under climate change and population growth for

future scenarios, effluent discharge on the Onkaparinga River in South Australia is projected to cause

2050, there was generally an increase in the average concentrations in both countries. Under both present day and

concentrations of steroid oestrogens in receiving waters exceeding the 1ng/L combined EEQ PNEC, suggesting that

without sufficient mitigation there is a risk of endocrine disruptive effects occurring in wild fish populations.

**METHODS** 

### **Predicting Effluent Concentrations** 4 STW's in the UK and 12 in South Australia.

*E1 and E2:* per capita consumption was calculated using a model modified from Johnson and Williams, 2004 which splits a population into cohorts based on their oestrogen excretion.



S = per capita consumption of oestrogen arriving at an STW (ug/d)
U= total oestrogen excreted in urine and faeces for a cohort fraction (fi) of the population.
Cohort fractions (fi) are menstrual females, menopausal females, menopausal females on HRT, pregnant females, males.

Population data from the UK Office for National Statistics (ONS) and the Australian Bureau of Statistics (ABS)

A KT value for E2 of 0.5 assumes that 50% will be degraded to E1 in the sewer system.

**Corroborating the Effluent Model** Modelled data was compared with 6 months of LC/MS-MS data for a UK STW (Baynes et al. 2012).

#### **Predicting River Concentrations**

Based on per capita consumption and predicted effluent concentrations.

*UK:* LowFlows2000-WQX was used to predict concentrations on the River Erewash.

*South Australia:* A modified *Source Catchments* model was used to predict concentrations on the Onkaparinga River.

Predicting Overall Oestrogenic Activity and Risk Assessment

Projecting Oestrogen Concentrations in 2050: The Effects of and Population and Climate Change

Three population projections were produced from the Office for National Statistics, UK and the Australian Bureau of Statistics based on demographic assumptions of future fertility, mortality and migration (High (A), Principle/Medium (B) and Low (C).

These data were used to produce per capita consumption rates for E1 and E2 to model effluent concentrations for 2050. Per capita consumption of EE2 was assumed to remain at day present levels.

*EE2:* based on the number of prescriptions from health services in each country (Runnalls et al., 2010).

 $Effluent Concentration (ug/L) = \frac{per \ capita \ consumption \ (ug/day)}{per \ capita \ flow \ (L/day)} \times (1 - removal)$ 

EEQ (ng/L) = [EE2]/0.1 + [E2]/1 + [E1]/3 PNEC = 1ng/L EEQ (Young et al., 2004)

River models were modified to represent medium sensitivity climate change scenarios with reduced river flow.



Figure 1: Average predicted effluent EEQ (ng/L) for 4 UK STW's and 12 Australian STW's (left) and a comparison between the EEQ from measured (dots) and modelled (lines ) steroid oestrogens (right). Upper, average and lower values were modelled to provide a range based on excretion.

Oestrogen concentrations in effluent in South Australia are predicted to be **similar** to the UK.

The model provides **representative values** for steroid oestrogens at a STW in line with the precautionary principle. Its slightly overestimates the concentrations.



Figure 2: Risk of endocrine disruptive effects in wild fish on the Erewash (left) and Onkaparinga (right) based on the average EEQ (no risk <1ng/L, at risk 1-10ng/L, high risk >10ng/L)

## What does the future hold?

Figure 3: Predicted volume of 176-Oestradiol (E2) (mg/day) arriving at Hallam Fields, UK and SA2, Australia under the three population scenarios (2011-2060)

Per capita consumption of E1 and E2reduced under all population scenarios(aging population effect).(EE2 was assumed to remain constant).

Load arriving at STW's and effluent concentrations of steroid oestrogens are projected to increase under all scenarios (except UKC).





High Population (A), Principle/Medium Population(B), Low Population (C)

Figure 4: Projected average EEQ's for 2050 on the Onkaparinga (left) and the Erewash (right) (no risk <1ng/L, at risk 1-10ng/L, high risk >10ng/L)

Projected **increase** in average downstream EEQ and number of at risk stretches on the Onkaparinga by 2050 in line with the projections. Potential risk to the Mount Bold Reservoir.

Stretches of both rivers downstream of STW's **exceed** the 1ng/L EEQ **PNEC**. The Erewash has eight STW's compared to only one on the Onkaparinga. As a result the whole river is considered at risk. Predicted concentrations for the two rivers are **comparable**.

Projected **increase** in average downstream EEQ on the Erewash under projections A and B only. Projected **decrease** under Projection C (low).

## <u>CONCLUSIONS</u>

Predictive modelling is a good **first tier assessment tool** for producing a representative value for an STW. Not necessarily for day to day analysis. Oestrogens are predicted to be present in UK and South Australian effluents and rivers at concentrations **exceeding** the UK **PNEC** for endocrine disruption in fish. Without mitigation concentrations will potentially **increase** on average in the future.

**References:** Batty, J. and Lim, R. (1999) Morphological and reproductive characteristics of male mosquitofish (*Gambusia affinis holbrooki*) inhabiting sewage-contaminated waters in New South Wales, Australia. *Archives of Environmental Contamination and Toxicology* 36(3): 301-307; Baynes, A. et al. (2012) Additional treatment of waste water reduces endocrine disruption in wild fish – a comparative study of tertiary and advanced treatments. DOI <u>10.1021/es204590d</u>. Johnson, A.C. and Williams, R.W (2004) A model to estimate influent and effluent concentrations of estradiol, estrone and ethinylestradiol at sewage treatment works. *Environmental Science and Technology* 38: 3649-3658; Runnalls, T.J. et al. (2010) Pharmaceuticals in the Aquatic Environment: Steroids and Anti-Steroids as High Priorities for Research. *Human and Ecological Risk Assessment* 16(6): 1318-1338. Young, W. F. et al. (2004) Proposed Predicted-No-Effect-Concentrations (PNECs) for natural and synthetic steroid oestrogens in surface waters. EA R&D Technical Report P2-T04/1. 2004, *EA5098*.

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