

1 Does high-resolution modelling improve the spatial analysis of föhn flow over the Larsen C ice shelf?

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3 Abstract

4 The ice shelves on the east coast of the Antarctic Peninsula (AP) have been disintegrating for over  
5 two decades. Surface melting induced by föhn winds has been proposed as a driver of this  
6 disintegration. Föhn winds are adiabatically warmed, dry winds, formed by the interaction of a  
7 mountain range with perpendicularly approaching winds, in this case of the AP mountains with the  
8 prevailing circumpolar westerlies. Assessing their impact is difficult due to sparse observations and  
9 relatively low-resolution operational forecasts. We have carried out high-resolution simulations  
10 using the Weather Research and Forecasting (WRF) model to provide more detailed simulations of  
11 the spatial distribution of the föhn air. The analysis presented here covers the period from May 10<sup>th</sup>  
12 to 22<sup>nd</sup>, 2011, and focuses on two föhn events during this period. Results show that a stable  
13 boundary layer can reduce the impact of föhn, as can the occurrence of cooler föhn jets.

14 Keywords: Föhn winds, föhn jets, regional modelling, WRF, high-resolution, Larsen C ice shelf.

15 Introduction

16 The Antarctic Peninsula (AP) mountain range stretches over approximately 1500km, from Drake  
17 Passage in the north, to Ellsworth Land in the south (Figure 1a). Its average elevation is 1500m, and  
18 approximately 80% of the area is permanently ice covered by ice sheets, glaciers or adjacent ice  
19 shelves. During the 20<sup>th</sup> century this was the fastest warming region on earth, however in the last 16  
20 years, this warming has paused (Turner *et al.*, 2016).

21 The AP Mountains provide a barrier between the warm, maritime climate to the west, and the cold,  
22 continental climate to the east. Locations on the west coast are, on average, around 10°C warmer in  
23 annual mean temperature than those at the equivalent latitude and elevation on the east coast  
24 (Cook and Vaughan, 2010). Despite the cold eastern climate, several ice shelves have disintegrated,  
25 in particular Larsen A in 1995, shortly followed by Larsen B in 2002.

26 The Larsen ice shelf comprised of four ice shelves (Larsen A to D). Larsen C Ice Shelf is the focus of  
27 this study, and is the largest remaining ice shelf of the group (Figure 1b). Prior to 2013, it was largely  
28 believed that this ice shelf was stable for the foreseeable future. However, a rift has opened on the  
29 southeastern edge of the ice shelf and approximately 10% of ice volume may be lost in the near  
30 future (Jansen *et al.*, 2015). Calving of ice shelves is a natural process, but due to the location of the  
31 rift, the ice shelf may become unstable once the calving event has occurred.

32 One proposed theory for the destabilisation of ice shelves is the 'föhn hypothesis'. This has been  
33 studied over Larsen B by Cape *et al.* (2015) and the Larsen C ice shelf by Elvidge *et al.* (2015, 2016)  
34 amongst others. It theorises that föhn winds have increased in frequency due to a contraction and  
35 strengthening of the circumpolar vortex. The circumpolar vortex is a persistent low pressure system  
36 in the upper atmosphere, centred over the interior of the Antarctic continent that generates the  
37 predominant, westerly flow of air around the Antarctic. When westerly winds interact with the AP,  
38 warm and dry föhn winds can develop. They can induce and enhance surface melt on the ice shelf.

39 Due to the large spatial area, and remote location, observations of föhn winds using Automatic  
40 Weather Stations (AWS) are relatively sparse compared with, for example, European observational  
41 networks. We have used archived regional model output at 5km horizontal resolution to analyse  
42 föhn winds in conjunction with observations. However, the complex, local interactions with the

43 boundary layer can be misrepresented in the relatively coarse model output, leading to inaccuracies  
44 in quantifying the impact of föhn events. For global climate models, 5km horizontal resolution is very  
45 fine. However, for regional modelling of the AP region, finer resolution is required to accurately  
46 simulate the small topographical features, and to resolve boundary layer processes.

47 Using higher-resolution models (1.5km horizontal resolution) may provide additional information on  
48 the spatial distribution and the vertical structure of mesoscale features such as föhn events.  
49 However, running high-resolution models is computationally expensive and time consuming. A  
50 useful compromise is to simulate case studies of individual föhn events, such as those by Elvidge *et*  
51 *al* (2015, 2016). The case study presented here was conducted to assess the added benefits of using  
52 higher-resolution output, for modelling föhn events.

### 53 Föhn winds over Larsen C ice shelf

54 Föhn winds are predominantly generated by two processes; thermodynamic warming, and  
55 isentropic drawdown. Thermodynamic, or 'classical' föhn theory, is the textbook föhn development  
56 (Figure 2a).

57 Low level air masses with sufficient momentum can ascend the windward (western) side of the AP.  
58 The ascending air initially cools at the dry adiabatic lapse rate ( $10\text{K km}^{-1}$ ) but, once condensation and  
59 precipitation occurs, it continues to ascend at the approximate saturated adiabatic lapse rate of  $6.5\text{K}$   
60  $\text{km}^{-1}$ . Once the air mass overcomes the mountains, it descends down the lee slope and, having lost  
61 moisture on the upwind slope, warms at the dry adiabatic lapse rate of  $10\text{K km}^{-1}$ . Consequently the  
62 air mass is adiabatically warmer, and drier, than air at the same altitude on the windward side of the  
63 mountain.

64 The second mechanism is isentropic drawdown (Figure 2b). Low level blocking of air on the  
65 windward side of the mountains prevents ascent of the air mass. During westerly winds, this  
66 blockage causes advection of potentially warmer and drier air from aloft.

67 Föhn onset is characterised by a decrease in relative humidity and an increase in air temperature.  
68 Sometimes, an increase in wind speed also occurs. Föhn events are frequent and spatially extensive  
69 over Larsen C. They can reach over 250km in the north-south direction, and up to 130km in the  
70 west-east direction in observations and in a 5km horizontal resolution model (Turton, 2017).

### 71 Data and Methods

72 Observational data from two AWS sites were used to validate the model output. AWS1 is located at  
73 approximately 400m a.s.l on Cole Peninsula, an outcrop at the foot of the AP. AWS2 is located at a  
74 distance of  $\sim 130\text{km}$  from the AP, on the flat, homogeneous ice shelf (Figure 1b). Air temperature,  
75 relative humidity, wind direction and wind speed observations from both AWSs have been averaged  
76 into six-hourly time points centred on 00, 06, 12 and 18UTC from 10<sup>th</sup> May, 00UTC to 22<sup>nd</sup> of May,  
77 00UTC.

78 For this study, model data from two configurations of the Polar Weather Research and Forecasting  
79 (WRF) model were used. Polar WRF is a modified version of the WRF model in which  
80 parameterisations of surface, boundary layer and cloud processes have been optimised for more  
81 accurate simulation of the polar atmosphere (Hines and Bromwich, 2008).

82 The first configuration of Polar WRF was used in the Antarctic Mesoscale Prediction System (AMPS),  
83 run by the National Center for Atmospheric Research, USA. AMPS was originally developed for  
84 operational support for the US Antarctic Program (Powers *et al.*, 2012), and has archived 5km

85 horizontal resolution forecasts for the AP for the period of interest. For more information on the set  
86 up of AMPS and WRF see Powers *et al.*, (2012). Archived AMPS data were used as the coarser-  
87 resolution output, and are referred to as '5km' in this article.

88 The second configuration of Polar WRF has a horizontal resolution of 1.5km and an enhanced  
89 vertical resolution, increasing the number of levels from 44 in the 5km run, to 70 in the 1.5km run.  
90 This was run from the 10<sup>th</sup> to 22<sup>nd</sup> May 2011 (the case study period) to simulate two föhn events.  
91 Output from this simulation is referred to as '1.5km'. Data have been extracted at 00, 06, 12 and  
92 18UTC to compare with observations.

93 The föhn events were identified prior to this study using two algorithms for detection. Briefly, the  
94 six-hour averaged data must meet a number of requirements in both the observations and model  
95 output. At AWS1 (AWS2), the observed relative humidity must be below 52% (73%), or 59% (79%) if  
96 accompanied by a temperature rise of 3°C (Turton, 2017). The different thresholds allow for the föhn  
97 air characteristics to weaken as it propagates across the ice shelf. For both locations a decrease in  
98 relative humidity of at least 15% over 12 hours also indicated föhn air. These thresholds were chosen  
99 after climatological analysis of the data revealed relatively low frequency but extremely dry and  
100 warm conditions. To identify a föhn period from the 5km model data, the method developed for  
101 detecting föhn winds over South Georgia by Bannister and King (2015), was adapted for use over the  
102 AP. The potential temperature upwind of the AP (in undisturbed flow) and just above the height of  
103 the AP (~2000m) was tracked eastwards, over the AP. On the lee side, the minimum altitude of the  
104 same potential temperature was located. If the change in height of the potential temperature, from  
105 its upwind elevation to the lee side elevation, was greater than 500m then a föhn event was  
106 identified.

## 107 Results

### 108 Observed characteristics at AWS1

109 Two föhn events were identified at AWS1. The first föhn event (föhn #1) spanned 84 hours from  
110 18UTC 11<sup>th</sup> to 06UTC 15<sup>th</sup> May 2011 (Figure 3). This event was characterised by a rapid decrease in  
111 relative humidity from 84% prior to the event to 22%, 30 hours into the event (Figure 3a). The  
112 increase in air temperature was also fairly rapid, rising from -25.5°C prior to the event to 5.1°C 96  
113 hours later (Figure 3b). The wind speed remained low with an average of 3.7ms<sup>-1</sup>. The end of this  
114 föhn event was less well defined due to a gradual increase in relative humidity, and no decrease in  
115 temperature. The wind direction turned from northwesterly to southeasterly, which indicated  
116 cessation of the föhn.

117 Föhn #2 was shorter (42 hours), spanning from 00UTC 16<sup>th</sup> to 18UTC 17<sup>th</sup> May 2011. The relative  
118 humidity decreased in steps down to a minimum value of 37% (Figure 3a). The average temperature  
119 was warmer than during the first föhn event (4.7°C) (Figure 3b). The wind direction was also more  
120 variable, although the wind speed was higher (6.0ms<sup>-1</sup>). The end of the föhn event was marked by a  
121 15.5°C drop in temperature, and a steep (29%) rise in relative humidity.

### 122 Observed characteristics at AWS2

123 Two föhn events were identified at AWS2, but they were shorter than at AWS1, as the föhn air had  
124 to travel across the ice shelf, and interact with a stable boundary layer before being observed at  
125 AWS2. Föhn #1 persisted for 12 hours, from 00UTC to 12UTC 15<sup>th</sup> May 2011. Its onset was  
126 characterised by a very sharp drop in relative humidity of 18% in six hours (Figure 3c). The air  
127 temperature rise was more gradual, increasing from -28.3°C (at 00UTC 14<sup>th</sup> May) to 0.5°C (at 06UTC

128 15<sup>th</sup> May) (Figure 3d). The wind speed peaked at 11.5ms<sup>-1</sup>. The end of the föhn event was marked by  
129 an increase in relative humidity and the wind direction became northeasterly.

130 Föhn #2 was 18 hours long from 00UTC to 18UTC 16<sup>th</sup> May 2011. The onset was characterised by a  
131 large decrease in relative humidity to a minimum of 67% (Figure 3c). The air temperature increased  
132 by 2.7°C at föhn onset (Figure 3d). The wind direction returned to northwesterly and wind speed  
133 increased (8.9ms<sup>-1</sup>) for a short period. A gradual decrease in air temperature, and a stepped increase  
134 in relative humidity marked the end of the event.

### 135 Simulation of near-surface characteristics

136 The föhn events were captured by both the 5km and 1.5km resolution model data, but with varying  
137 degrees of success. The simulations of the near-surface characteristics throughout the case study  
138 were more accurate at AWS1, with smaller biases than at AWS2 (Table 1).

139 At AWS1 the initial decrease in relative humidity which characterised the onset of föhn #1 was  
140 simulated relatively well by both runs (Figure 3a), however the very low relative humidity values  
141 were not captured. The relative humidity during föhn #2 was better modelled than föhn #1. Overall,  
142 the 1.5km run had smaller humidity biases than the 5km run at AWS1.

143 The air temperature was represented very well by both models at AWS1. The peak in temperature  
144 on the 13<sup>th</sup> May was not captured by either run (Figure 3b). The 1.5km run had slightly smaller mean  
145 biases than the 5km run for air temperature.

146 During non-föhn conditions at AWS2, the 5km run simulated the relative humidity with greater  
147 accuracy. The 1.5km run underestimated the relative humidity, which lead to larger mean biases and  
148 poor correlation with the observations (Table 1). However, during föhn conditions, the 1.5km run  
149 performed better. The timing of the relative humidity decrease at föhn #1 onset was simulated too  
150 early by the 5km run.

151 At AWS2 the air temperature was overestimated by both model runs prior to the föhn onset, but  
152 increased in accuracy during the föhn events. The stepped decrease in temperature after föhn #2  
153 had ended was well simulated by the 1.5km run.

154 At AWS1 the wind speed was largely overestimated by both resolution models, however the  
155 accuracy was improved at AWS2. Both resolution runs had difficulty simulating the wind direction  
156 (not shown).

### 157 Spatial Distribution of Föhn Events

158 The limited observations available provide an incomplete picture of the spatial structure of föhn  
159 events. A regional model can provide additional spatial details and high-resolution models can reveal  
160 features such as gap flows, localised enhancements and other small-scale phenomena.

161 The 1.5km run has revealed that the spatial extent of the two föhn events was different. During föhn  
162 #1, propagation of föhn air across the ice shelf was slow. The increase in temperature was observed  
163 at the foot of the mountains for two days, but the near-surface temperature over most of the ice  
164 shelf remained below -10°C for the majority of the event. This was due to the presence of a cold,  
165 stable boundary layer over the ice shelf. The föhn winds had to erode this cold air as they  
166 propagated eastwards. By the end of föhn #1, the air temperature across the ice shelf was 0-2°C,  
167 with some areas close to the foot of the AP as warm as 4°C, allowing for widespread surface melting  
168 to occur for some (but not the entire duration) of the event.

169 As föhn #1 had already removed the cold air pool over the ice shelf, the warming signal during föhn  
170 #2 was widespread from the onset onwards. However, the impact of the warm winds was reduced  
171 by the presence of bands of cool, moist air in the '1.5km' run (Figure 4b). These 'föhn jets', as  
172 described by Elvidge *et al.* (2015), are a type of gap flow, which introduce cool and moist air into the  
173 surrounding föhn air. As the jet-air flows through gaps and passes in the mountain range rather than  
174 ascending and descending the full height of the AP, it experiences less cooling on the windward side,  
175 and less warming on the lee side of the AP (Elvidge *et al.*, 2015).

176 These jets were not static over the ice shelf. The cessation of föhn #2 at AWS2 was likely due to one  
177 föhn jet moving over the location, whereas at AWS1, the föhn event continued for a further 30  
178 hours. The interaction between the föhn air and the föhn jets has implications for the surface energy  
179 budget and the spatial distribution of föhn-induced melting and sublimation when temperatures are  
180 above freezing.

181 Three elongated föhn jets were clearly visible in the temperature output from the '1.5km' run,  
182 orientated in a northwest to southeast direction. However, in the '5km' only small patches of cool  
183 air were simulated (Figure 4a), which did not resemble the thin, elongated shape of the jets. The jets  
184 were also not visible in the relative humidity output from the 5km run.

185 The end of föhn #2 at AWS1 was characterised by the displacement of the warm air by an incoming  
186 cooler air mass. At 00UTC on the 18<sup>th</sup> May, a cold, southerly flow pushed colder air over the ice shelf,  
187 and removed the föhn air from the foot of the AP Mountains. The '1.5km' run accurately modelled  
188 the timing of the cold air advancement. In the '5km' data, this cold air mass arrived earlier, and was  
189 spread north over the ice shelf faster, bringing föhn conditions to an earlier end.

#### 190 Vertical Structure of Föhn Flow

191 The isentropic drawdown was present in both simulations. The vertical structure of the föhn winds  
192 was represented somewhat more clearly by the '1.5km' run (Figure 5). This simulated two dips in  
193 potential temperature, are likely due to the presence of a hydraulic jump, where the faster flowing  
194 air over the AP meets the relatively stationary air on the lee side. The smaller-scale topography likely  
195 controls the location of the hydraulic jump. The hydraulic jump was not represented in the '5km'  
196 run. Instead, a broader area warm-air advection was present (Figure 5).

197 The asymmetry in low-level air temperature between the windward and leeward side of the  
198 mountain during föhn events was more clearly simulated by the '1.5km' run. In the '5km' run, the  
199 cold air pool was still present on the ice shelf, however in the '1.5km' run the föhn air had  
200 penetrated to the surface. The '1.5km' run therefore resolved the erosion of the cold pool by the  
201 föhn winds better than in the '5km' run.

202 The improved representation of the topography in the high-resolution model (Figure 5b) likely  
203 contributed to more clearly-defined isentropic drawdown and the simulation of the föhn jets.

#### 204 Discussion

205 The purpose of this study was to evaluate the representation of föhn winds in coarser (5km) and  
206 higher (1.5km) resolution modelling, and assess the additional spatial information gained from using  
207 a high-resolution model. Running high-resolution models is both costly and time consuming, which  
208 limits the current study to a 12-day case study. However, for mesoscale features such as föhn  
209 events, especially in the observationally-sparse Antarctic, high-resolution modelling is crucial for  
210 understanding the spatial distribution, vertical structure and near-surface characteristics of the  
211 events.

212 The biggest advantage of using a higher-resolution model is the representation of small-scale  
213 features. Föhn jets, which stretched across the ice shelf, and intersected the warmer, drier föhn air  
214 throughout the second föhn event, were simulated only by the 1.5km run. These features were first  
215 identified in the Met Office Unified Model and in aircraft observations by Elvidge *et al.* (2015). The  
216 5km resolution model failed to capture the shape and extent of the föhn jets as clearly as the  
217 '1.5km' run.

218 The föhn jets may be responsible for the poor correlation and large mean biases at AWS2. With  
219 AWS1 being situated at the foot of the AP, almost all descending föhn air will be captured by both  
220 the observations and the model. The important role föhn jets and the stable surface layer play at  
221 AWS2, complicates matters here. If the model misrepresents the location, spatial extent, or timing of  
222 the föhn jet, then observations and model are likely to disagree significantly. Similarly, if the model  
223 does not accurately resolve the topography, including the gaps that allow the jets to form, this will  
224 cause additional bias between the observations and simulations. The relative humidity values from  
225 observations and AMPS were calculated with respect to (w.r.t) ice when temperatures were below  
226 freezing, however the WRF case study output relative humidity w.r.t a mixed phase. This may cause  
227 a small amount of difference in the relative humidity values, however this isn't the case of the large  
228 mean bias at AWS2.

229 Increasing the vertical resolution provided more details about the structure of the föhn air. This may  
230 be crucial for assessing the impact of föhn winds on surface melt and sublimation. During much of  
231 föhn #1, a stable surface layer shielded the ice shelf from the warm, föhn air and reduced the  
232 duration of the warming. However, as the second föhn event arrived soon after the removal of the  
233 cold pool by föhn #1, near-surface warming from föhn #2 was extensive, and may have caused  
234 widespread surface melting. This was not simulated to the same extent by the '5km' run, which had  
235 an accordingly lower vertical and horizontal resolution.

## 236 Conclusion

237 High-resolution modelling has provided additional information on the interaction of föhn air with  
238 cold, stable surface layers over the Larsen C ice shelf, and the ability of föhn air to penetrate it. The  
239 propagation of the warm and dry air across the ice shelf was clearly simulated in the high-resolution  
240 run. Furthermore, föhn jets, which are the likely cause for the (early) cessation of föhn #2 at AWS2,  
241 were simulated by the 1.5km but not by the 5km model.

242 High-resolution models can more accurately assess the potential impact of föhn air on the surface  
243 energy balance, surface melting and sublimation of the Larsen C ice shelf, due to the more accurate  
244 representation of the atmospheric boundary layer and mesoscale features. However, until the  
245 available computing power increases, the use of such high-resolution models is limited to case  
246 studies, and lower-resolution models will have to be used for climatological studies. Comparing how  
247 high- and low-resolution models respectively simulate föhn winds, helps us to understand the  
248 strengths and weaknesses of the latter, thus enables us to understand the limitations of  
249 climatological studies carried out with lower-resolution models.

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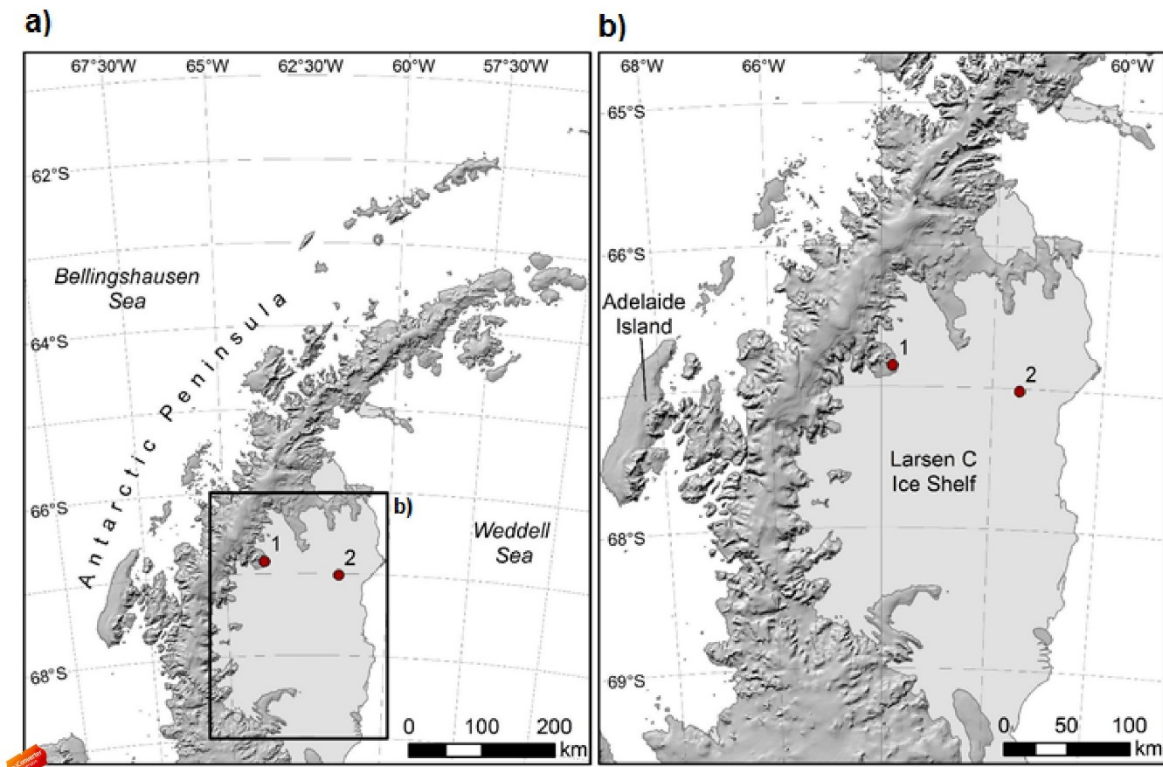
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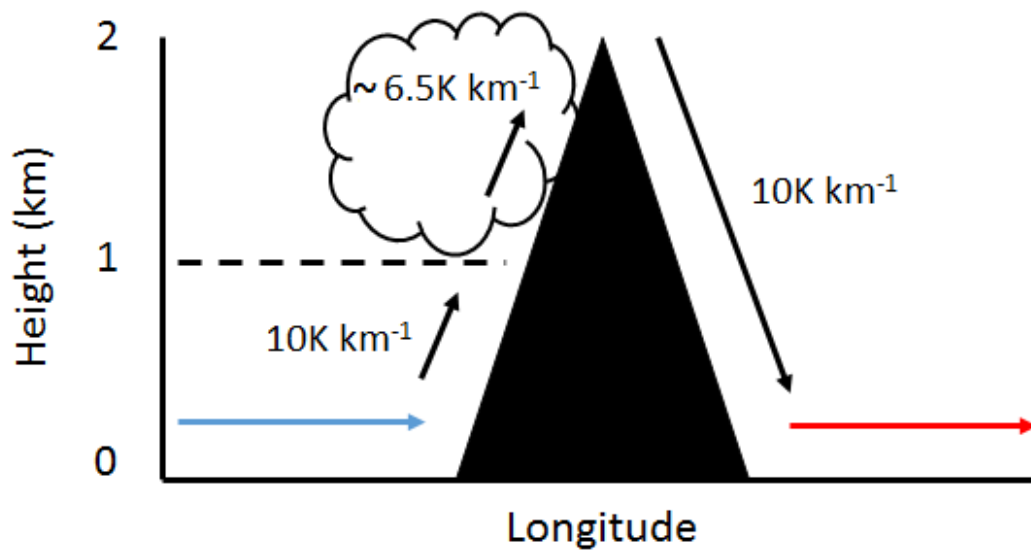
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280 Figure 1: a) Map of the Antarctic Peninsula region and bordering seas. Red markers 1 and 2 refer to  
 281 AWS1 and AWS2 locations respectively. The Larsen C ice shelf is highlighted by the black box. b) Map  
 282 of the Larsen C ice shelf, Antarctic Peninsula and Adelaide Island. Figures courtesy of MAGIC  
 283 department at the British Antarctic Survey.

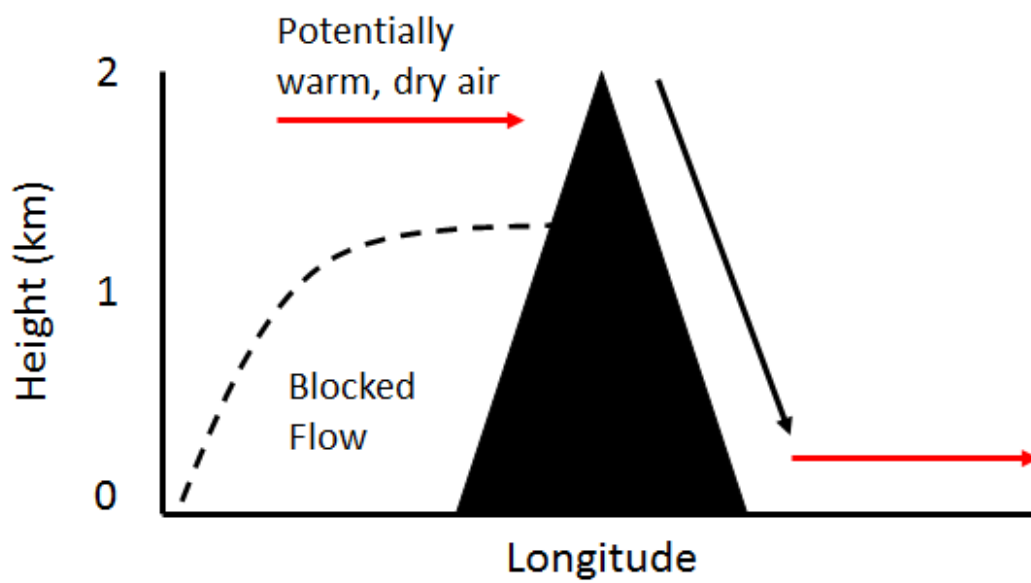
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a) Thermodynamic



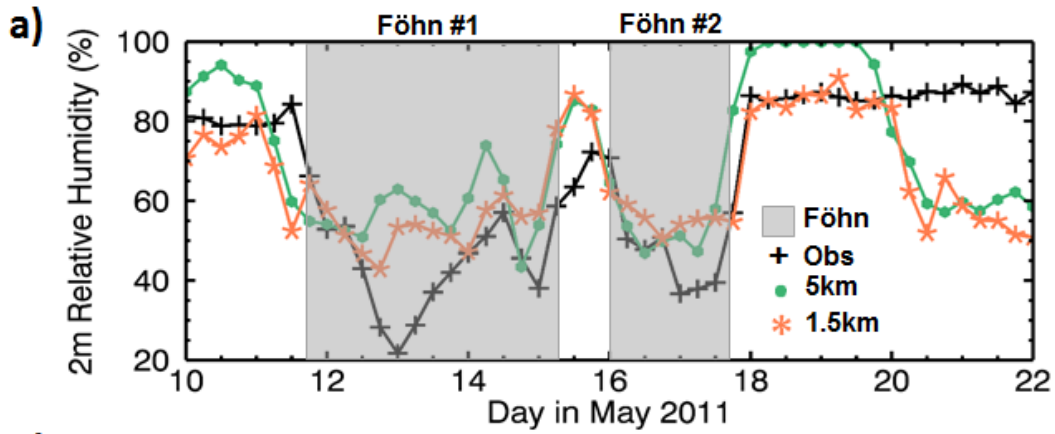
b) Isentropic Drawdown



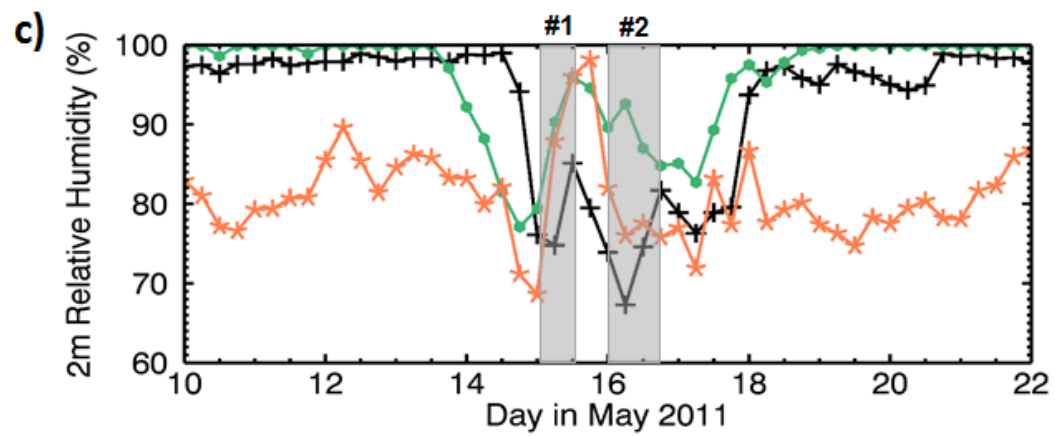
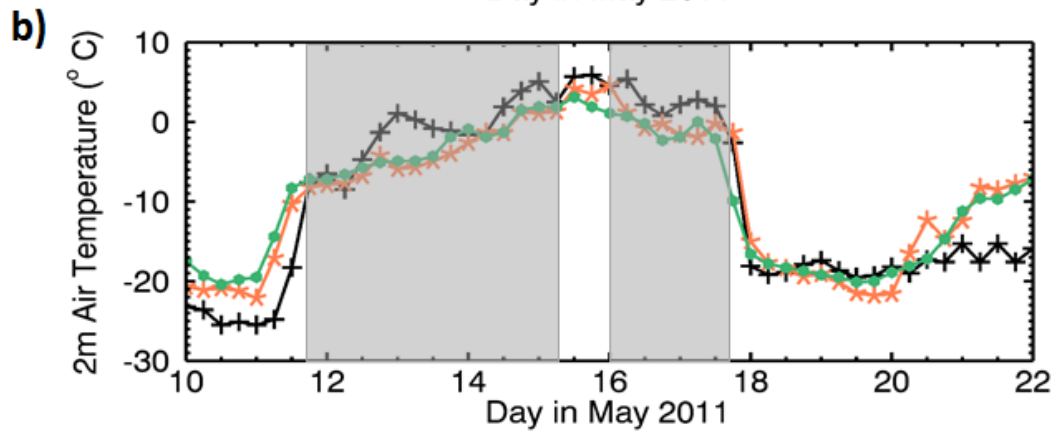
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286 Figure 2: The thermodynamic (a) and isentropic drawdown (b) mechanisms responsible for föhn  
287 development over idealised topography.

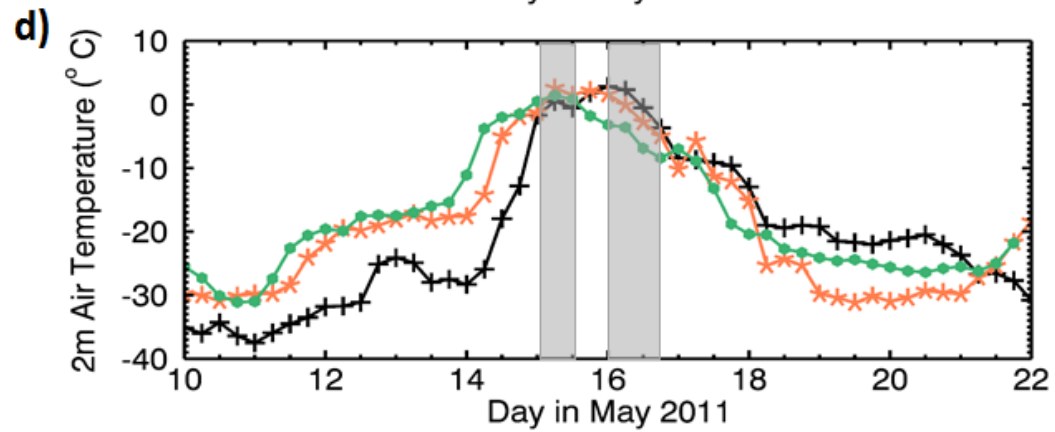
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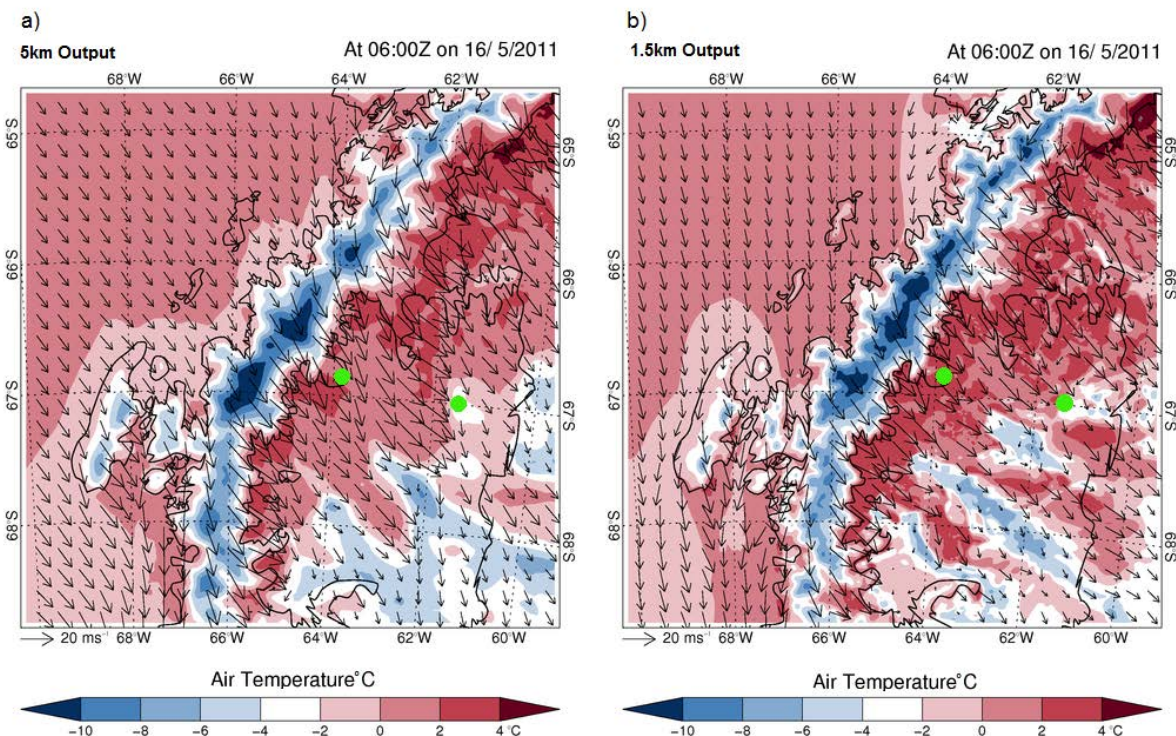
AMS1



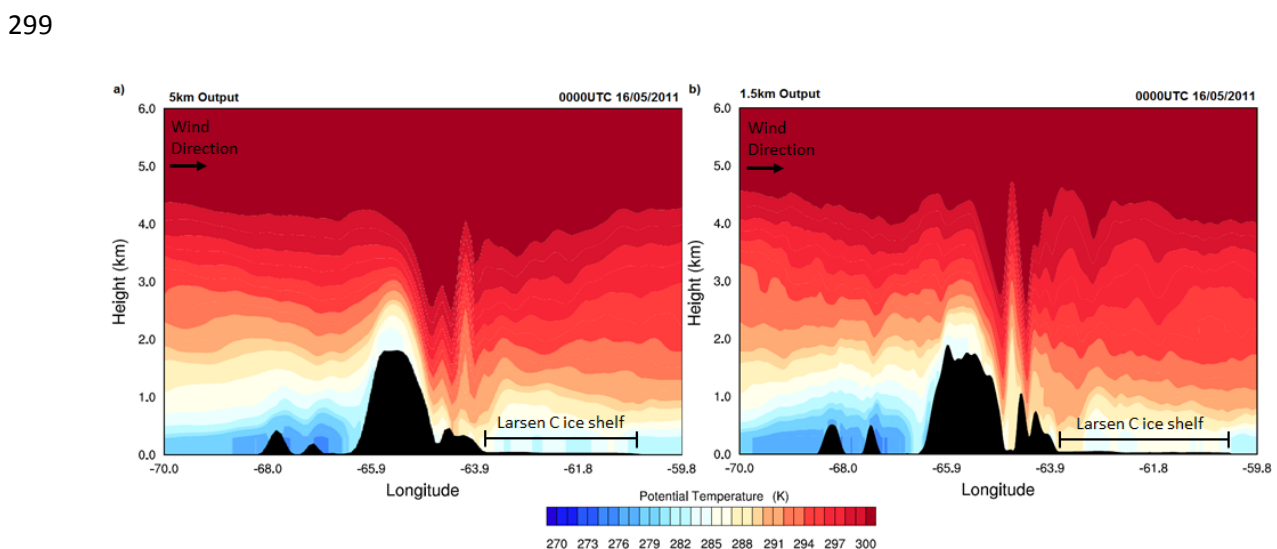
AMS2



290 Figure 3: a) The relative humidity and b) air temperature at AWS1 from the 10<sup>th</sup> to 22<sup>nd</sup> May 2011. c)  
 291 The relative humidity and d) air temperature at AWS2 for the same period. The observations from the  
 292 AWS are shown by black crosses. The '5km' output is shown as green dots, and that from the  
 293 '1.5km' run as orange stars. The grey boxes indicate the periods when two föhn events occurred.  
 294 Föhn #1 and föhn #2 are abbreviated to #1 and #2 for the AWS2 plots.



295  
 296 Figure 4: a) The 2m air temperature and 10m wind speed and direction simulated by the '5km' run  
 297 and b) by the '1.5km' run. Output from both model runs is from 06UTC on the 16<sup>th</sup> May 2011, six-  
 298 hours after the start of the second föhn event at AWS1 and AWS2 (green markers).



300  
 301 Figure 5: Cross section along 67°S of the Antarctic Peninsula of the simulated potential temperature  
 302 (K) during föhn #2 from the '5km' run (a) and the '1.5km' run (b).

303

		Mean			Mean Bias (Model-Obs)			Correlation		
	Data	T	RH	WS	T	RH	WS	T	RH	WS
AWS1	Obs	-10.7	66.9	4.0	-	-	-	-	-	-
	5km	-10.0	72.5	7.0	0.7	5.6	4.1	0.93	0.6	0.53
	1.5km	-10.2	65.6	7.4	0.5	-1.3	4.3	0.93	0.6	0.46
AWS2	Obs	-21.1	92.8	4.0	-	-	-	-	-	-
	5km	-18.0	98.6	5.1	3.1	5.8	1.1	0.84	0.3	0.74
	1.5km	-19.5	80.8	4.8	1.6	-12.1	0.8	0.82	0.08	0.84

304

305 Table 1: The mean values, mean biases and correlation coefficient for air temperature, relative  
 306 humidity and wind speed for the observations and both model runs from 10<sup>th</sup>-22<sup>nd</sup> May 2011. Green  
 307 highlighted boxes are where the 1.5km resolution run was more accurate or the same as the 5km  
 308 run. 'Obs' is the abbreviated version of observations.