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SUBPOLAR NORTH ATLANTIC OVERTURNING AND GYRE-SCALE

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CIRCULATION IN THE SUMMERS OF 2014 AND 2016

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17 **Key Points**

18 The subpolar North Atlantic Meridional Overturning Circulation was 20.6 ± 4.7 Sv in
19 summer 2014 and 10.6 ± 4.3 Sv in summer 2016

20 The isopycnal circulation was 41.4 ± 8.2 Sv in 2014 and 58.6 ± 7.4 Sv in 2016, carrying up to
21 65% of the total heat and freshwater transport

22 Heat transport increased with overturning circulation (maximum 0.39 PW), freshwater
23 transport increased with isopycnal circulation (maximum -0.25 Sv)

24

25 **Keywords**

26 Subpolar North Atlantic, Atlantic Meridional Overturning Circulation, isopycnal circulation,
27 freshwater transport, heat transport

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29

30 **Abstract**

31 The Atlantic Meridional Overturning Circulation (AMOC) is a key component of the global
32 climate system through its transport of heat and freshwater. The subpolar North Atlantic
33 (SPNA) is a region where the AMOC is actively developed and shaped through mixing and
34 water mass transformation, and where large amounts of heat are released to the atmosphere.
35 Two hydrographic trans-basin sections in the summers of 2014 and 2016 provide highly
36 spatially resolved views of the SPNA velocity and property fields on a line from Canada to
37 Greenland to Scotland. Estimates of the AMOC, isopycnal (gyre-scale) transport, and heat
38 and freshwater transport are derived from the observations. The overturning circulation, the
39 maximum in northward transport integrated from the surface to seafloor and computed in
40 density space, has a high range, with 20.6 ± 4.7 Sv in June-July 2014 and 10.6 ± 4.3 Sv in
41 May-August 2016. In contrast the isopycnal (gyre-scale) circulation was lowest in summer
42 2014: 41.3 ± 8.2 Sv compared to 58.6 ± 7.4 Sv in 2016. The heat transport (0.39 ± 0.08 PW
43 in summer 2014, positive is northwards) was highest for the section with the highest AMOC,
44 and the freshwater transport was largest in summer 2016 when the isopycnal circulation was
45 high (-0.25 ± 0.08 Sv). Up to 65% of the heat and freshwater transport was carried by the
46 isopycnal circulation, with isopycnal property transport highest in the western Labrador Sea
47 and the eastern basins (Iceland Basin to Scotland).

48

49 **1. Introduction**

50 The Atlantic Meridional Overturning Circulation (AMOC) is a key component of the global
51 climate system through its transport of heat and freshwater. The subpolar North Atlantic

52 (SPNA) is a region where the AMOC is actively developed and shaped through mixing and
53 water mass transformation. It is a region where large amounts of heat transported northwards
54 by the ocean are released to the atmosphere thereby modifying the climate of northwest
55 Europe. Changes in SPNA heat content and surface temperature are significant for many
56 climate and weather phenomena including rainfall in the African Sahel, Amazon, western
57 Europe and parts of the US (*Knight et al., 2006, Sutton and Hodson, 2005, Sutton and Dong,*
58 *2012, Zhang and Delworth, 2006, Dunstone et al., 2011, Ducheze et al., 2016*).

59 The SPNA has complex topography with a series of basins (Fig. 1) in which the large scale
60 circulation is characterised by cyclonic boundary currents and interior recirculation. The
61 North Atlantic Current (NAC) develops out of the Gulf Stream extension and turns eastward,
62 crossing the Atlantic in a wide band between about 45° and 55°N (Fig. 1a). There are several
63 branches of the NAC and they flow into an eastern intergyre region in the Bay of Biscay, the
64 Rockall Trough, the Iceland Basin and the Irminger Sea. Part of the NAC flows into the
65 Norwegian Sea, and some recirculates within the boundary currents of the subpolar gyre (e.g.
66 *Hansen and Osterhus, 2000*).

67 The upper layer in the eastern basins contains a variety of Subpolar Mode Waters (SPMW)
68 carried between fronts associated with the NAC branches (*Brambilla and Talley, 2008*). The
69 Rockall Trough contains SPMW from a major southern NAC branch and also Eastern North
70 Atlantic Water (ENAW) from the Biscay intergyre regions (Fig. 1a); this basin contains the
71 highest influence of subtropical water of the OSNAP section (*Holliday et al., 2015*). The
72 Iceland Basin contains two NAC branches, and in its western side there is a southward flow
73 along the east flank of the mid-Atlantic ridge (the East Reykjanes Ridge Current, ERRC, after
74 *Treguier et al., 2005*), which is recirculating and modified NAC water (Fig. 1a). The
75 Irminger Current on the west flank of the Reykjanes Ridge is mainly recirculating ERRC that

76 has turned north having crossed the Ridge, and is also fed in part by a minor northern branch
77 of the NAC (e.g. *Daniault et al.*, 2016). The various NAC branches carry the SPMW
78 cyclonically around the area, with ongoing air-sea interaction cooling and freshening the
79 SPMW, especially in winter when mixing can be up to 800-1300m in the basins east of
80 Greenland (e.g. *Brambilla and Talley*, 2008, *Piron et al.*, 2017).

81 The west Irminger Sea is dominated by the southward flowing East Greenland Current (EGC,
82 Fig. 1a) that has an offshore component formed by the recirculating Irminger Current, and at
83 the shelf break a component that flows south through the Denmark Strait (*Sutherland and*
84 *Pickart*, 2008). The EGC follows the bathymetry around Cape Farewell (*Holliday et al.*,
85 2009) and becomes the West Greenland Current (WGC), which overall traces a path around
86 the rim of the Labrador Sea at the continental shelf break (Fig. 1a), eventually becoming part
87 of the outer, largely barotropic component of the Labrador Current in the western Labrador
88 Sea (*Hall et al.*, 2013). Within the centre of the Irminger and Labrador Seas, away from the
89 relatively saline boundary currents, the upper layers contains fresh, stratified sub-Arctic
90 surface water. This water type becomes subducted as SubArctic Intermediate Water (SAIW)
91 within the NAC zone and forms part of the deeper, permanent thermocline of the basins east
92 of the Reykjanes Ridge (*Harvey*, 1982, *Arhan*, 1990).

93 Around the rims of the western SPNA, two shallow, fresh and buoyant currents advect cold
94 water southward from the Arctic and Nordic Seas. In the Irminger Sea the East Greenland
95 Coastal Current (EGCC) flows southward to Cape Farewell (*Bacon et al.*, 2002, *Sutherland*
96 *and Pickart*, 2008), follows the topography Cape Farewell, after which it becomes known as
97 the West Greenland Coastal Current (WGCC). On the Labrador and Newfoundland coast the
98 Labrador Current has a cold, fresh baroclinic component sitting over the shelf break (*Lazier*
99 *and Wright*, 1993).

100 The intermediate layer of the SPNA is filled with Labrador Sea Water (LSW), formed mainly
101 in the Labrador Sea, but also in the Irminger Sea, from where it spreads into the eastern basins
102 and becomes warmer and saltier through mixing with surrounding water masses (*Yashayaev*
103 *et al.*, 2007, *Kieke and Yashayaev*, 2015). The interior Labrador and Irminger Sea both
104 contain recirculation features especially evident at mid-depths (*Lavender et al.*, 2005). At
105 depth sit the dense northern overflow waters; the Iceland-Scotland Overflow Water (ISOW)
106 that enters the subpolar basins in the east, and the Denmark Strait Overflow Water (DSOW)
107 in the west (*Dickson and Brown*, 1994). Both overflow water types flow cyclonically in deep
108 western boundary currents (Fig 1a.) and are continuously modified by mixing before they
109 leave the region.

110 In its simplest form, the concept of the AMOC is a northwards flow of warm salty water in
111 the upper layers of the ocean balanced by a return flow of denser cold, fresh water in
112 intermediate and deep layers, with much of this transformation of surface to deep water taking
113 place in the SPNA and the Nordic Seas. In the subtropical Atlantic Ocean the AMOC is
114 commonly defined as the total northward transport of the zonally integrated meridional flow
115 (usually the maximum of the overturning streamfunction, $AMOC_z$), where the subscript z
116 indicates that the zonal integral is taken in depth space (e.g. *McCarthy et al.*, 2015). In the
117 subpolar North Atlantic, the prevalence of diapycnal mixing and the region-wide sloping of
118 isopycnals means that the subpolar AMOC is more appropriately considered in density co-
119 ordinates ($AMOC_{\sigma}$; *Mercier et al.*, 2015, *Xu et al.*, 2016, *Li et al.*, 2017). The residuals from
120 the mean transport profile in density co-ordinates describe the gyre-scale or isopycnal
121 circulation (*Mercier et al.*, 2015).

122 A recent international observational program, OSNAP (Overturning in the Subpolar North
123 Atlantic Program), was designed to study the subpolar AMOC and gyre circulation ([www.o-](http://www.osnap.org)
124 snap.org, *Lozier et al., 2017*, *Li et al., 2017*). The OSNAP array was deployed in the summer
125 of 2014 for the purpose of recording continuous trans-basin observations of volume, heat and
126 freshwater in the region. The array uses moored instruments, gliders and floats (RAFOS and
127 Argo) to measure velocity, temperature and salinity along a section from Canada to Greenland
128 to Scotland. The moorings are located in the boundary currents of the four major basins of
129 the subpolar region (the Labrador Sea, Irminger Sea, Iceland Basin and Rockall Trough, Fig.
130 1) and the gliders and floats provide additional information in the regions between. The array
131 will provide monthly estimates of the overturning circulation, heat and freshwater transport,
132 along with the velocity field at low spatial resolution (see *Lozier et al., 2017* for more details).

133 The OSNAP array builds on the knowledge gained from previous and ongoing SPNA
134 measurement programmes, including the following. The 53°N Labrador Sea moored array
135 forms the western end of the OSNAP array and measures the deep western boundary current
136 (DWBC, *Zantopp et al., 2017*). The Extended Ellett Line annual repeat hydrography
137 programme occupied since 1975, forms the eastern end of the OSNAP array in the Rockall
138 Trough (Fig 1, *Holliday et al., 2015*). The OVIDE biennial repeat hydrography programme
139 observes the MOC in the eastern SPNA (Fig. 1a, *Mercier et al., 2015*, *Daniault et al., 2016*).
140 The AR7W section in the Labrador Sea is an annual repeat hydrography section that lies just
141 to the north of the OSNAP line (*Hall et al., 2013*, *Yashayaev and Loder, 2016*). The
142 AR7E/60°N repeat hydrography programme east of Greenland has provided estimates of
143 mean MOC and heat flux in the summer of the 2000s (*Sarafanov et al., 2012*). Ship-of-
144 opportunity measurement of upper ocean currents and surface properties at ~60°N have been
145 analysed for more recent estimates of MOC and property fluxes east of Greenland (*Rosby et*
146 *al., 2017*). The OSNAP array also enhances measurements made by moored arrays at the

147 Greenland to Scotland sill (*Harden et al.*, 2016, *Hansen et al.*, 2017) and by high precision
148 pressure sensors at 47°N (*Roessler et al.*, 2015). Uniquely the OSNAP array measures the
149 circulation over the full depth and full width of the SPNA, including Labrador Sea and east of
150 Greenland, on monthly timescales.

151 In this study we present detailed views of the full-depth temperature, salinity, density and
152 velocity fields from high spatial resolution hydrographic sections along the OSNAP line taken
153 at the start of the programme in June-July 2014, and during mooring turnaround cruises in
154 May-August 2016 (Fig. 1). These sections provide detailed, fine structure observations of
155 temperature, salinity and velocity that will provide independent calibration points for the
156 OSNAP array which is more limited spatially and vertically. No previous study has presented
157 estimates of circulation and volume and property transport from a section that is well resolved
158 spatially and covers both the Labrador Sea and the eastern SPNA. Here we derive estimates
159 of the meridional overturning circulation ($AMOC_{\sigma}$), the isopycnal (gyre-scale) circulation
160 and their components of net heat and freshwater transport, and identify the key parts of the
161 section for heat and freshwater transport. We describe the character of the SPNA AMOC
162 which is complicated by the presence of the cold and fresh shallow boundary currents (LC,
163 EGC, EGCC, WGC and WGCC). We examine the consistency and differences between the
164 two sections, and finally we discuss our results in the context of existing estimates.

165

166 **2. Data**

167 Details of the cruise data used in this analysis are given in Table 1. The uncertainty from
168 using a collection of cruises to construct the 2016 section is discussed in Section 7

169 (Discussion). We refer to the two OSNAP sections as OS2014 and OS2016 to emphasize that
170 the transport estimates and properties refer to the period of time during which the sections
171 were completed. Stations were occupied with horizontal resolution of 30 km or less (closer
172 over rapidly changing bathymetry; Fig. 1), with a full suite of CTD sensor measurements
173 (pressure, temperature, conductivity, dissolved oxygen concentration) and water samples for
174 conductivity calibration (Fig. 1). CTD data were calibrated with Standard Sea Water samples
175 and laboratory calibrations to GO-SHIP standards (salinity 0.002, pressure 1 dbar and
176 temperature 0.002°C, www.go-ship.org). See Table 1 for cruise reports.

177 Lowered (L-) Acoustic Doppler current profilers (ADCPs) measured full-depth currents at
178 each cast except for a small number of very shallow stations. LADCP data on the UK cruises
179 (JR302, DY052, DY054, Table 1) were processed using the Lamont Doherty Earth
180 Observatory IX software v8 (www.ldeo.columbia.edu/~ant/LADCP), and the GEOMAR
181 LADCP processing software V10.12 on the German cruise (MSM54, Table 1). LADCP
182 absolute velocities from these processing methods have an estimated uncertainty of 0.02-0.03
183 m s^{-1} (Holliday *et al.*, 2009; Thurnherr, 2010). The presence of high numbers of scatterers
184 throughout the water column mean that good velocity data were returned at all depths.
185 Shipboard (S-) ADCP data on UK cruises were processed using the University of Hawaii's
186 Common Ocean Data Access System (CODAS), using the heading information from the
187 ship's GPS datastream and calibrated transducer heading misalignment (for more details see
188 King and Holliday, 2015). The barotropic tides at the time of each cast were obtained from
189 the Oregon State University Tidal Prediction software (volkov.oce.orst.edu/tides/otps.html)
190 and once de-tided, the u and v components were rotated to provide the velocity normal to the
191 section, v_{LADCP} (positive values to the north of the section).

192 CTD and LADCP data were interpolated onto a vertical grid with 20 dbar intervals. For
193 velocity, transport and flux calculations we retain the original horizontal station spacing. For
194 examining the difference in properties between the two sections, we interpolated the data to a
195 horizontal grid with 10 km spacing. Salinity is reported on the practical salinity scale, and
196 potential density is referenced to the surface.

197 **3. Methods**

198 **3.1 Derivation of the total velocity field**

199 Vertical geostrophic shear is derived from the density gradient between CTD stations, and
200 further sources of information are needed to obtain the total, absolute velocity field. We
201 compute geostrophic shear from the density field, add an observed reference velocity, add
202 Ekman velocity computed from wind stress, and then apply an adjustment to meet specified
203 volume transport constraints.

204 We derive the initial observed cross-section velocity field v_{obs} as follows:

$$205 \quad v_{obs}(x, z) = v_g(x, z) + v_{ref}(x) + v_{ek}(x, z) \quad (1)$$

206 where v_g is geostrophic velocity, v_{ref} is reference velocity, and v_{ek} is Ekman velocity, x is the
207 along-track direction and z is depth. v_g is computed from the temperature and salinity profile
208 for each station pair, with an initial level of no motion at the seafloor (giving one profile per
209 station pair). We obtain the reference velocity from LADCP data (v_{ref}) and given by:

$$210 \quad v_{ref}(x) = \overline{v_{ladcp}(x, z) - v_g(x, z)} \quad (2)$$

211 where v_{ladcp} is the cross-track component of the station-pair mean LADCP velocity profile
212 (i.e. the average of the two de-tided casts). The overbar represents the average over all depths
213 below 250m (in order to exclude surface motions which are dominated by ageostrophic
214 transient currents). SADCP data are used for a small number of shallow stations with no
215 LADCP data. ADCP-derived reference velocities are particularly valuable in the DWBCs of
216 the Labrador and Irminger Seas, and in the Iceland Basin where there is strong vertical shear.
217 Additionally they provide high horizontal resolution in narrow boundary currents which can
218 be underestimated and under-resolved by altimeter-derived surface reference velocities (e.g.
219 *Gourcuff et al.*, 2011, *Sherwin et al.*, 2015). In the Labrador Sea and Irminger Seas the
220 LADCP reference value adds up to 5 Sv to the transport within the DWBCs over that
221 estimated when using reference velocities from altimeter-derived surface geostrophic velocity
222 (the latter reported for JR302 (Table 1) in *Johnson et al.* (2015)).

223 In the bottom triangles (the area of water below the deepest common level of a station pair
224 where we have neither station-pair mean LADCP nor geostrophic velocity) we assume a
225 constant velocity equal to that at the deepest common level (after *Holliday et al.*, 2009). The
226 transport in the bottom triangles accounts for 1.1 Sv accumulated along the OS2014 section,
227 and -0.17 Sv accumulated along the OS2016 section.

228 Wind data for the time period of the cruise were obtained from European Centre for Medium -
229 Range Weather Forecasts (<http://apps.ecmwf.int/datasets/data/interim-full-daily/>). Ekman
230 transport was then computed from ERA Interim winds, following the method described in
231 *McCarthy et al.* (2015). Zonal and meridional 10 m wind data at grid points matching the
232 cruise track were extracted and rotated to compute cross-track windstress and Ekman
233 transport. We use the reanalysis product rather than the *in situ* wind data because the ship
234 measurements are affected by airflow distortion. Ekman velocity is added to the top 55 m and

235 is obtained by dividing the transport by the cross-sectional area (distance x depth). The net
 236 Ekman transport is near zero at this latitude: 0.04 Sv integrated across OS2014 and 0.02 Sv
 237 integrated across OS2016.

238 The volume transport normal to the section was computed from the velocity field and cross-
 239 sectional area (A , m²) as follows:

$$240 \quad T_{obs} = \sum_{x_w}^{x_e} \sum_{z_{max}}^{z_{min}} v_{obs}(x, z) \cdot A(x, z) \quad (3)$$

241 and is reported in units of Sv (1 Sv = 10⁶ m³ s⁻¹). We derive total volume transport, T_{total} , (and
 242 therefore total velocity, v_{total}) by adding a uniformly distributed adjustment (T_{adj}) to meet
 243 volume transport constraints from the literature.

$$244 \quad T_{total} = T_{obs} + T_{adj}, \quad (4)$$

$$245 \quad v_{total}(x, z) = v_{obs}(x, z) + v_{adj}(x, z). \quad (5)$$

246 Long-term observations show that there is a mean throughflow of 0.8 ± 0.1 Sv through the
 247 Bering Straits into the Arctic Ocean (*Woodgate and Aagaard, 2005*). Since the Arctic basin
 248 is open only to the Pacific through the Bering Strait and to the SPNA through a series of
 249 openings to the north of the OSNAP section, to conserve mass between the Bering Strait and
 250 OSNAP section there must also be a mean throughflow of order -0.8 Sv across the OSNAP
 251 section, ie $T_{total} = -0.8$ Sv. We refine this geographically: long-term measurements through the
 252 Davis Strait into the Labrador Sea have a mean transport of -1.6 ± 0.5 Sv (*Curry et al., 2014*),
 253 and the OVIDE programme estimates a long-term mean of 1.0 ± 0.9 Sv between Greenland
 254 and Portugal (*Mercier et al., 2015*). We compute v_{adj} separately for OSNAP-W and OSNAP-
 255 E to satisfy our constraints of $T_{total} = -0.8$ Sv: $T_{total(OSNAP-W)} = -1.6$ Sv and $T_{total(OSNAP-E)} = 0.8$

256 Sv. The adjustment velocities are applied uniformly across each sub-section: -0.002 m s^{-1} for
257 OSNAP-W and -0.003 m s^{-1} for OSNAP-E in OS2014, and 0.007 m s^{-1} for OSNAP-W and
258 0.001 m s^{-1} for OSNAP-E in OS2016. The final velocity field v_{total} is subsequently used for
259 all the volume and property transport estimates as we describe next.

260 **3.2 Overturning circulation, through-flow and isopycnal transport**

261 The isopycnals of the SPNA slope down from west to east (Figs. 2 and 3) and their gradients
262 change across individual basins and with depth. Any chosen depth range on the OSNAP
263 section thus contains water masses with a wide range of densities, and will include currents
264 flowing in different directions that are not part of the same recirculation features. For this
265 reason we compute transports and circulation metrics in density coordinates, thereby more
266 appropriately describing the subpolar circulation (*Mercier et al.*, 2015, *Xu et al.*, 2016). We
267 re-grid our velocity (v_{total}) and property fields (θ , S) from depth (z) to potential density (σ) at a
268 resolution of 0.01 kg m^{-2} .

269 According to *Bryden and Imawaki* (2001) and adapted by *Mercier et al.* (2015), the volume
270 transport across a (near) zonal coast-to-coast section can be decomposed into the net
271 throughflow (the barotropic component, \bar{v}), a closed vertical cell (the zonally averaged
272 meridional component, $\langle v \rangle$) and a closed 'horizontal' or isopycnal circulation cell (the
273 deviations from the zonal average, v'), where

$$274 \quad v_{total}(x, \sigma) = \bar{v} + \langle v \rangle(\sigma) + v'(x, \sigma). \quad (7)$$

275 Similarly the potential temperature and salinity fields can be decomposed into components
276 associated with the throughflow, the meridional overturning (diapycnal) circulation and the
277 gyre-scale (isopycnal) circulation:

278 $\theta(x, \sigma) = \bar{\theta} + \langle \theta \rangle(\sigma) + \theta'(x, \sigma).$ (8)

279 $S(x, \sigma) = \bar{S} + \langle S \rangle(\sigma) + S'(x, \sigma).$ (9)

280 The volume transport profiles associated with the meridional overturning (T_{amoc}) and
 281 isopycnal circulation (T_{gyre}) are defined as

282 $T_{amoc}(\sigma) = \sum_{x_w}^{x_e} A(x, \sigma) \cdot \langle v \rangle(\sigma)$ (10)

283 $T_{gyre}(x) = \sum_{\sigma_{max}}^{\sigma_{min}} A(x, \sigma) \cdot v'(x, \sigma)$ (11)

284 In the introduction we note that the concept of the AMOC with a northward flowing upper
 285 limb and a southward flowing deeper limb is prevalent, but that the complexity of the
 286 circulation in the SPNA means that the AMOC has at least two potential definitions, resulting
 287 in two views of its mean and variability. We present two definitions of $AMOC_{\sigma}$ which we
 288 discuss later; the first is the maximum value of the overturning streamfunction (T_{amoc}
 289 accumulated from low to high density, $AMOC_{\sigma-max}$ adapted from *Mercier et al., 2015*), the
 290 second is the sum of all the northward transport in the upper layer (lighter than density at the
 291 maximum value of the overturning streamfunction) of T_{amoc} ($AMOC_{\sigma-n}$ adapted from *Li et*
 292 *al., (2017)*). The maximum value of T_{gyre} accumulated from west to east gives a section
 293 estimate of the isopycnal transport.

294 **3.3 Heat and Freshwater Transport**

295 The section temperature transport (HT), and heat transport associated with the closed
 296 overturning (HT_{amoc}) and isopycnal (HT_{gyre}) circulation cells are defined as follows and given
 297 in units of petawatts:

$$298 \quad HT = \iint \rho C_p v_{total} \theta \, dx d\sigma \quad (12)$$

$$299 \quad HT_{moc} = \iint \rho C_p \langle v \rangle \langle \theta \rangle \, dx d\sigma \quad (13)$$

$$300 \quad HT_{gyre} = \iint \rho C_p v' \theta' \, dx d\sigma \quad (14)$$

301 where ρ is seawater density and C_p is specific heat capacity of seawater.

302 Rather than simply computing the salt transport at the OSNAP section, we want to use the
 303 salinity and velocity information to quantify the more climate-relevant freshwater transport.
 304 That is usefully approached by considering a closed ocean basin (the wider Arctic, bounded
 305 by the Bering Strait and the OSNAP section) as described by *Bacon et al.* (2015). Large
 306 amounts of freshwater are added to the ocean while salt is conserved in this bounded Arctic
 307 region; this, along with mixing and cooling, is the process by which the warm, saline,
 308 northbound surface waters are transformed into colder and fresher returning layers. The
 309 boundary approach allows us to compute the freshwater added to the ocean between the
 310 Bering Strait and the OSNAP section without invoking a reference salinity (which is
 311 subjective) and without needing to know the throughflow transport (which we have set to
 312 historical values). The mathematical derivation of the approach is explained and tested in
 313 *Bacon et al.* (2015), and freshwater flux through the boundary (F_A) is defined as

$$314 \quad F_A = - \iint \frac{\{s_A\} \{v_A\}}{\bar{s}_A} \, dx d\sigma \quad (15)$$

315 where subscript A indicates the extended Arctic boundary consisting of the OSNAP section
 316 and the Bering Strait, overbar indicates the boundary area-mean and curly brackets indicate
 317 anomalies with respect to the mean. F_A is the equivalent of the freshwater divergence
 318 described by *McDonagh et al. (2015)*.

319 We use climatological means for the Bering Strait (transport 0.8 Sv and salinity 32.50
 320 (*Woodgate et al., 2005, Woodgate et al., 2006*), together with the measured salinity and
 321 velocity from the OSNAP section to construct the Arctic boundary velocity and salinity fields
 322 (34.269 for OS2014, and 34.876 for OS2016). The freshwater transport at the OSNAP
 323 section (FT) is F_A minus the freshwater transport at the Bering Strait.

324 The freshwater fluxes associated with the overturning circulation, FT_{amoc} , and isopycnal
 325 circulation, FT_{gyre} , at the OSNAP section are defined as:

$$326 \quad FT_{amoc} = - \int \frac{\langle s \rangle - \bar{s}_A}{\bar{s}_A} \langle v \rangle d\sigma \quad (16)$$

$$327 \quad FT_{gyre} = - \iint \frac{s' - \bar{s}_A}{\bar{s}_A} v' dx d\sigma. \quad (17)$$

328 **3.4 Uncertainty estimates**

329 For estimating the uncertainty in top-to-bottom transport we combine errors from sources
 330 assumed to be independent: the LADCP measurements, the mass balance constraints (Bering
 331 Strait and Davis Strait), the presence of internal waves causing isopycnal heave, and bottom
 332 triangles. For the mass constraint uncertainty we use 2 standard deviations of the long-term
 333 measurements : 0.2 Sv at Bering Strait (*Woodgate and Aagaard, 2005*), and 1.0 Sv at Davis
 334 Strait (*Curry et al., 2014*). The combined instrument and processing uncertainty from each

335 individual LADCP velocity profile is estimated as 0.02 m s^{-1} (*Holliday et al.*, 2009;
336 *Thurnherr*, 2010; *Hall et al.*, 2013), and taking this to be consistent in the vertical and
337 random, we compute an uncertainty from the reference velocity for each part of the section
338 (Figs 4 and 5, and Table 2). For the top-to-bottom transport, the reference velocity
339 uncertainty is equivalent to 12.0 Sv for OS2014 (section area $7.2 \times 10^9 \text{ m}^2$, number of stations
340 145) and 11.4 Sv for OS2016 (section area $6.8 \times 10^9 \text{ m}^2$, number of stations 144). Bottom
341 triangle errors are estimated at 0.03 m s^{-1} (after *Holliday et al.*, 2009), giving a small
342 additional uncertainty of 0.3 Sv for both sections. *Ganachaud* (2003) estimated that
343 uncertainty from isopycnal heave as a result of the presence of internal waves could add an
344 uncertainty of ± 3.3 Sv to a section and we adopt that estimate here. Together these give an
345 RMS (root mean squared) uncertainty of 12.4 Sv in the top-to-bottom transport in OS2014,
346 and 11.9 Sv in OS2016.

347 For the AMOC we compute the RMS uncertainty in the layer lighter than the maximum of the
348 overturning streamfunction, giving 4.7 Sv for OS2014 and 4.3 Sv for OS2016. For isopycnal
349 circulation uncertainty we compute the RMS uncertainty for top-to-bottom transport in the
350 eastern gyre area between Scotland and the location of the maximum of the isopycnal
351 circulation in the Irminger Sea, giving 8.2 Sv for OS2014 and 7.4 Sv for OS2016. Since
352 volume transport is the most important factor in determining the property fluxes (eg *Rosby et*
353 *al.* 2017), the heat and freshwater flux uncertainties are estimated as proportional to the
354 volume transport uncertainty.

355

356 **4. Properties and circulation in summer 2014 and summer 2016**

357 We first describe the properties, circulation and transport observed in the two sections,
358 highlighting the consistencies and differences between the two occupations. We approach
359 this by dividing the sections geographically and quasi-vertically into major currents, water
360 masses and basins (Figs 2 to 5 and Table 2). We divide the water column into four main
361 density layers: the upper ocean ($<27.50 \text{ kg m}^{-3}$) which includes a shallow seasonally stratified
362 layer; a shallow to mid-depth layer ($27.50\text{-}27.70 \text{ kg m}^{-3}$); the LSW layer ($27.70\text{-}27.80 \text{ kg m}^{-3}$);
363 and the overflow layer ($>27.80 \text{ kg m}^{-3}$). We delineate the major currents geographically by
364 choosing a location nearest to a zero isotach (Figs. 4 and 5). The estimated transport in
365 currents adjacent to major recirculation features or eddies can be sensitive to this location, and
366 we highlight the cases where the apparent synoptic transport may be affected by recirculation
367 or an eddy. In the following text and figures the sign convention for velocity and transport is
368 such that the positive direction is always towards the north of the section.

369 **4.1 Rockall Trough**

370 This easternmost basin contains the warmest ($> 9.0^\circ\text{C}$) and most saline (>35.20) upper ocean
371 and thermocline waters (Figs. 2 and 3). In both sections a strong northward jet west of mid-
372 basin Anton Dohrn seamount is observed in the mid-depth and upper layer ($<27.70 \text{ kg m}^{-3}$),
373 but the presence of a southward flow east of the seamount in 2016 means that the net
374 transport of upper ocean and thermocline has a very high range, with $7.6 \pm 1.0 \text{ Sv}$ in OS2014
375 and $-0.7 \pm 0.9 \text{ Sv}$ in OS2016 (Figs. 4 and 5, Table 2). There is a core of high salinity water
376 adjacent to the continental shelf break which is usually associated with a shelf-edge current
377 (*Holliday et al.*, 2015), but neither section has a clear northward current there. Below the
378 seasonally stratified layer, the upper 1000m of the Rockall Trough is cooler, fresher and less
379 dense in OS2016 (Fig. 6).

380 The intermediate and deepest layers of the Rockall Trough contain modified LSW (*Holliday*
381 *et al.*, 2000) with low velocity and a small net transport (1.1 ± 0.3 Sv in OS2014 and -2.1 ± 0.3
382 Sv in OS2016).

383 **4.2 Iceland Basin and Hatton-Rockall Basin**

384 There is notable eddy activity in the Iceland Basin but the two NAC jets are observed in
385 consistent locations and with similar transports in both years (Figs. 2 and 3). The NAC jet in
386 the central Iceland Basin carried 5.9 ± 1.9 Sv in OS2014 and 7.8 ± 1.7 Sv in OS2016, and the
387 jet in the east Iceland Basin (on the flank of the Hatton Bank) transported 7.4 ± 1.9 Sv in
388 OS2014 and 7.3 ± 1.7 Sv in OS2016 (Figs 4 and 5). Our transport totals for the east jet
389 includes a small amount of recirculation within the shallow Hatton-Rockall Basin where
390 velocities are very low.

391 Our estimates of the transport of the ERRC are more variable than the NAC jets because of
392 transport introduced by eddies, and the sensitivity of the estimates to the location of the
393 boundary. In OS2014 the net transport of the upper ocean and thermocline within the ERRC
394 and eddies west of the central NAC jet was estimated at -5.8 ± 1.8 Sv, and in OS2016 it was -
395 3.6 ± 1.6 Sv (Figs. 4 and 5).

396 The upper ocean and thermocline of the Iceland Basin show a notable cooling and freshening
397 between OS2014 and OS2016, with the largest changes and greatest increase in density
398 associated with the three major currents in the upper 500m (the ERRC and two NAC jets)
399 (Fig. 6). The cooling and freshening extends into the thermocline layer, which contains
400 SPMW carried by the NAC currents, and SAIW that has origins in the central subpolar gyre.
401 Properties below the thermocline did not change much between the two sections.

402 In the LSW layer the Iceland Basin has low velocities in both sections, with broadly cyclonic
403 flow (Figs. 4 and 5). In OS2014 the net transport through the Iceland Basin below the
404 permanent thermocline was estimated at -2.2 ± 6.3 Sv with -2.9 Sv in the overflow layer, and
405 in OS2016 it was estimated at 3.3 ± 6.3 Sv with 0.1 Sv in the overflow layer.

406 **4.3 Irminger Sea**

407 In contrast with the Iceland Basin, the velocity field in the Irminger Sea shows circulation
408 features that are deep reaching (surface to seafloor), though velocities decrease in magnitude
409 in the intermediate layer, and in the deepest layers in the east of the basin (Figs. 2 and 3).

410 We estimate the Irminger Current system (the main current plus the associated eddies, and
411 including the upper ocean and thermocline) as transporting 10.2 ± 1.3 Sv in OS2014 and 4.4
412 ± 0.6 Sv in OS2016 (Figs. 4 and 5). Interestingly though, unlike the NAC branches in the
413 Iceland Basin, the properties of the Irminger Current are relatively unchanged between
414 OS2014 and OS2016, except in the seasonally stratified layer (here < 27.50 kg m⁻³) (Fig. 6).

415 The intermediate layer of the Irminger Sea is filled with LSW, and consistent with evidence
416 for local deep convection into the LSW density range in the winter of 2014/15 (*de Jong and*
417 *de Steur, 2016, Piron et al., 2017*). The LSW was 0.5°C cooler in OS2016, though only the
418 LSW below 1000m was notably fresher (-0.04) (Fig. 6). The net transport within the LSW
419 layer in the Irminger Sea as a whole was -5.1 ± 3.5 Sv in OS2014 and -3.9 Sv ± 4.2 Sv in
420 OS2016 (Figs. 4 and 5). The net transport through the basin in waters in the overflow layer
421 (denser than 27.80 kg m⁻³) was -6.7 ± 2.8 Sv in OS2014 and -5.7 ± 2.4 Sv in OS2016 (Figs. 4
422 and 5).

423 The western boundary current, formed of the EGCC and the EGC is deep reaching, but in
424 both sections there is evidence of reduced velocity around ~2000m (the base of the LSW)
425 (Figs. 4 and 5). Above the LSW, the transport within the EGC/EGCC was -11.1 ± 0.5 Sv in
426 OS2014 and -6.2 ± 0.3 Sv in OS2016. For the full-depth western boundary current the
427 transport was -27.0 ± 2.7 Sv in OS2014 and -23.5 ± 4.3 Sv in OS2016. Note that these
428 estimates are sensitive to the location of the boundary between the EGC and Irminger Current
429 and the uncertainty estimates indicate no significant change observed from OS2014 to
430 OS2016. In contrast to the NAC water in the Iceland Basin, the EGC/EGCC waters were
431 warmer ($+2.0^{\circ}\text{C}$) and more saline ($+0.6$) in OS2016.

432 **4.4 Labrador Sea**

433 The Labrador Sea is dominated by the fast, deep reaching boundary currents; the WGC and
434 Labrador Current systems, and a strong mid-basin recirculation feature. In OS2014 the WGC
435 system had a top-to-bottom transport of 38.4 ± 2.8 Sv (Fig. 4), while in OS2016 it was
436 estimated as much less (23.5 ± 4.3 Sv) because it includes large recirculation (strong
437 southward velocity adjacent to the northward current, Fig. 5). The full-depth boundary
438 current in the western Labrador Sea transported -41.9 ± 1.8 Sv in OS2014, and -30.8 ± 2.5 Sv
439 in OS2016, with uncertainty in all of these estimates introduced by the interior recirculation
440 and the lack of clarity over the lateral extent of the boundary currents.

441 Similar to the upstream EGC/EGCC, the shallow part of the WGC (shelf and shelf break) was
442 warmer ($+2.0^{\circ}\text{C}$), more saline ($+0.6$), and more dense in OS2016 (Fig. 6). In contrast, the
443 shallow Labrador Current on west side of the basin was lighter, fresher and colder in OS2016
444 (Fig. 6). Below the seasonally stratified surface layer, the upper ocean of the Labrador Sea
445 (the upper 300-500m) was also cooler and fresher in OS2016. The large body of relatively

446 fresh LSW was slightly cooler (-0.25 to -0.5°C) and notably fresher in the deepest layer (-0.04
447 centred on 1500m), which, as we saw in the Irminger Sea, is presumably the signature of
448 deeper winter convective mixing after OS2014. In the Labrador Sea we observe a net
449 southward transport of LSW in OS2014 (-8.3 ± 9.3 Sv), and less in OS2016 (-1.8 ± 9.4 Sv)
450 although the difference lies within our uncertainty range and is not significant.

451 The overflow layer is thicker in the deep Labrador Sea than anywhere else in the section,
452 from around 2000m to the seafloor at $\sim 3800\text{m}$. Here the property changes from OS2014 to
453 OS2016 are positive but very small ($<0.25^{\circ}\text{C}$ and < 0.02 in salinity) (Fig. 6). The circulation
454 is cyclonic and, as expected, the layer had near-zero net transport in both years (1.4 ± 7.1 Sv
455 in OS2014, and 0.5 ± 8.0 Sv in OS2016) (Figs. 4 and 5).

456 **5. Meridional Overturning Circulation and Fluxes**

457 Profiles of transport integrated across the sections in density space are shown in Fig. 7, with
458 the accumulated profiles showing data from 27.10 to 28.00 kg m^{-3} (lighter water not shown).
459 As expected, the majority of the northward transport is in the layer lighter than ~ 27.70 kg m^{-3}
460 which contains the warm and saline NAC upper ocean and thermocline waters in the eastern
461 basins. In OS2014 most of that northward transport is found in the density range 27.25 - 27.50
462 kg m^{-3} , with transport maxima in layers associated with bodies of SPMW e.g. 27.45 kg m^{-3}
463 which is the mode water east of the Irminger Current. In OS2016 the transport in the upper
464 ocean is markedly reduced in total, and shifted to slightly less dense layers (27.20 - 27.35 kg
465 m^{-3}) associated with the cooler and fresher NAC waters described earlier. The lightest layer
466 (< 27.1 kg m^{-3} , not shown) includes some southward transport in both sections: this is the
467 cold, fresh, Arctic-origin waters of the Greenland and Labrador Shelf currents. The density
468 range 27.50 - 27.70 kg m^{-3} (Fig. 7) includes thermocline waters of the eastern basins (east of

469 the Reykjanes Ridge) which are part of the NAC system (Figs. 2 and 3). West of the Ridge
470 however, this layer consists of the fresh and stratified near-surface layers in the Irminger Sea
471 and Labrador Sea, and has a net southward transport.

472 Apart from a small southward transport in the very lightest waters, the northward transport is
473 mainly balanced by southward transport below $\sim 27.70 \text{ kg m}^{-3}$ in the LSW and overflows.
474 Between OS2014 and OS2016 the transport in the LSW switched from lighter to denser
475 layers presumably associated with the deeper winter mixing observed in winter 2014/15 in the
476 Labrador and Irminger Seas. The total LSW transport was also reduced in OS2016. In
477 contrast, the total transport in the overflow layers was markedly similar in both sections.

478 The reduced total transport in the warm, saline upper ocean of the eastern basins in OS2016
479 means that our estimates of net overturning circulation also have a large difference between
480 the two sections (Table 3). The $\text{AMOC}_{\sigma_{\text{max}}}$ was $20.6 \text{ Sv} \pm 4.7$ in OS2014 and $10.6 \pm 4.3 \text{ Sv}$
481 in OS2016. The $\text{AMOC}_{\sigma_{\text{n}}}$ estimates are higher than $\text{AMOC}_{\sigma_{\text{max}}}$; in OS2014 it was $23.3 \pm$
482 0.69 Sv and in OS2016 it was $13.0 \pm 0.67 \text{ Sv}$. We discuss the meaning and relevance of the
483 $\text{AMOC}_{\sigma_{\text{n}}}$ in section 7.

484 The total heat and freshwater transport profiles in density space are also shown in Figure 7;
485 these profiles are the heat and freshwater transport in density bands accumulated from the
486 lightest to most dense layers. The net property transport or flux at the OSNAP section is the
487 value reached at the deepest layer; in OS2014 the heat and freshwater fluxes were 0.39 ± 0.08
488 PW and $-0.21 \pm 0.03 \text{ Sv}$, while in OS2016 they were $0.32 \pm 0.13 \text{ PW}$ and $-0.25 \pm 0.08 \text{ Sv}$
489 respectively. It is clear that the two sets of property transport profiles have different vertical
490 structures that reflect the differences in the transport profiles, and in the case of the OS2016

491 freshwater transport, the salinity distribution, as follows. The upper layer in OS2016 has less
492 northward transport of volume and heat, and less upper layer southward freshwater transport
493 (Fig. 7). The smaller overall heat transport in OS2016 leads intuitively from the smaller
494 overturning circulation; however the freshwater transport has a different vertical structure,
495 with changes in both the upper and deep layers. In OS2014 there was more southward
496 transport of freshwater in the upper layer ($<27.7 \text{ kg m}^{-3}$), and more northward freshwater
497 transport in the deep layer ($>27.7 \text{ kg m}^{-3}$, right-hand panel Fig 7), though the net transport was
498 smaller than OS2016. In the next section we examine the distribution of volume, heat and
499 freshwater transport against distance along the section in order to define the contribution of
500 the gyre-scale circulation to property transport.

501

502 **6. Isopycnal circulation and fluxes**

503 In section 3, we described how the velocity and transport fields can be decomposed into
504 throughflow, overturning (diapycnal) and gyre-scale (isopycnal) circulation. By definition
505 both the overturning and isopycnal circulation sum to zero transport, but their associated heat
506 and freshwater transport components do not because of the temperature and salinity gradients.
507 We find that the isopycnal transport (the maximum in T_{gyre} accumulated from west to east)
508 was $-41.4 \pm 8.2 \text{ Sv}$ in OS2014 and $-58.6 \pm 7.4 \text{ Sv}$ in OS2016 (Table 2 and Figures 8-9). In
509 both sections the maximum was located in the mid-Labrador Sea. The isopycnal heat and
510 freshwater transport estimates are $0.17 \pm 0.03 \text{ PW}$ and $-0.10 \pm 0.02 \text{ Sv}$ for OS2014 and $0.21 \pm$
511 0.03 PW and $-0.16 \pm 0.03 \text{ Sv}$ for OS2016 (Table 2).

512 The west-east profiles of the isopycnal volume, heat and freshwater transport (Figures 8-9)
513 show that the boundary currents especially in the Labrador Sea and the eastern Iceland Basin,
514 Hatton-Rockall Basin and the Rockall Trough, are where the isopycnal property transport is
515 highest. This finding highlights the need for observations in those locations: for example we
516 note that the OS2014 section has more stations close to the coast at the western end of the
517 section, and that a large amount of freshwater transport was observed mid-shelf. These
518 stations were not sampled in OS2016 and it is possible the net freshwater transport for that
519 section is underestimated as a result. It also highlights the importance of variability in the
520 eastern basins to the net property transports; the biggest difference between OS2014 and
521 OS2016 isopycnal and diapycnal heat and freshwater transport is found in the warmest and
522 most saline upper waters of the eastern basins (the blue lines in Figs. 8 and 9) where
523 mesoscale and temporal variability has been observed to be highest (*Holliday et al., 2015,*
524 *Zhao et al., 2018*).

525 Finally, we note that for OS2014 almost all of the isopycnal property transport was found in
526 the upper layer ($< 27.50 \text{ kg m}^{-3}$), while for OS2016 after deep winter convection east of
527 Greenland occurred, the intermediate (thermocline/SAIW) layer also carried significant
528 isopycnal heat and freshwater transport (Figs 8 and 9). It appears to be this extra heat and
529 freshwater transport that leads to the significantly increased total isopycnal heat and
530 freshwater transport in OS2016.

531

532 **7. Discussion**

533 In this section we place our results into context by comparing them with findings from the
534 literature, and we discuss uncertainties in our estimates that are in addition to our quantified
535 methodological uncertainties.

536 From two OSNAP hydrographic sections we have described the details of the velocity,
537 density, temperature and salinity fields. We report estimates of the overturning circulation
538 ($AMOC_{\sigma\text{-max}}$) at the time of the sections that span a large range; 20.6 ± 4.7 Sv for OS2014,
539 and 10.6 ± 4.3 Sv for OS2016. To our knowledge there are no existing estimates of
540 overturning circulation from an equivalent section that includes the Labrador Sea and the
541 eastern subpolar North Atlantic. However our AMOC estimates are similar (within error
542 bounds) to the wide range of estimates reported from the OVIDE section (Greenland to
543 Portugal). That line has been repeated several times with similar measurements to the
544 OSNAP hydrographic section, and provide a mean estimate of the subpolar $AMOC_{\sigma}$ of 16.0
545 Sv with a range of $11.4\text{-}18.5$ Sv (*Mercier et al.*, 2015). In the same analysis (*Mercier et al.*,
546 2015), altimeter-based estimates of $AMOC_{\sigma}$ suggest a range of less than 15 Sv to more than
547 25 Sv. The 2014 occupation of the OVIDE section, taken very close in time to the OS2014
548 section, gives an $AMOC_{\sigma}$ of 18.7 ± 3.0 Sv (*Zunino et al.*, 2017), slightly less than our
549 estimate that includes the Labrador Sea. The 2014 OVIDE estimate is closer to the findings
550 of *Rosby et al.* (2017) that report an $AMOC_{\sigma}$ of 18.3 ± 3.4 Sv from repeated ADCP
551 measurements at 60°N between Greenland and Scotland, and *Sarafanov et al.* (2012) that
552 report an AMOC of 16.5 ± 2.2 Sv from repeated hydrographic sections and altimetry also at
553 60°N east of Greenland.

554 A second way to view diapycnal circulation is using $AMOC_{\sigma\text{-n}}$ which is the sum of all the
555 northward transport in the upper layer (lighter than the density at the maximum value of the

556 overturning streamfunction). $AMOC_{\sigma-n}$ estimates are higher than $AMOC_{\sigma-max}$ because in the
557 latter the net transport of the upper limb includes (is reduced by) the southward transport of
558 very light and shallow waters of the EGC and Labrador Current systems. $AMOC_{\sigma-n}$ represents
559 the total volume of northward flowing warm saline upper ocean water that is diapycnally
560 transformed both into a returning (southward flowing) cold, denser layer and into a returning
561 (southward flowing) cold, fresher and lighter layer. The lighter, fresher return flow layer has
562 been transformed in the Arctic region by mixing, air-sea fluxes, and melt water from land ice
563 and sea ice. In contrast, the $AMOC_{\sigma-max}$ only represents the volume of warm, saline upper
564 layer that through diapycnal transformation becomes a returning cold dense layer.

565 The OS2016 exhibits features that reflect the occurrence of deep convective mixing in the
566 Labrador Sea and the Irminger Sea in the winters following OS2014 (deep mixed layers, with
567 cooling and freshening in the deep LSW recently ventilated). We note however that despite
568 the increased production of LSW in the winters of 2014/15 and 2015/16, the net export of the
569 LSW layer from the full-width Labrador Sea in 2016 appeared to be less during OS2016 (-1.8
570 ± 9.4 Sv) than during OS2014 (-8.3 ± 9.3 Sv), although the difference is not significant
571 because of the large uncertainty range.

572 There are two surprising aspects to the isopycnal heat and freshwater transport estimates; the
573 first is that the isopycnal property transports are up to 65% of the total property transport.
574 This is higher than then 10% and 45% for horizontal heat and freshwater transport observed at
575 26° N and computed in depth space (*McCarthy et al.*, 2015, *McDonagh et al.*, 2015). It is also
576 contrasts with *Mercier et al.* (2015) who find that the isopycnal heat transport is typically
577 10% of the total at the OVIDE section. Figs. 8 and 9 show that the largest isopycnal heat and
578 freshwater transport is found in the west Labrador Sea, not sampled by OVIDE, and this is
579 likely the reason for the difference between these results and those of *Mercier et al.* (2015).

580 The second surprising aspect is the large range in these values from the two OSNAP sections,
581 with higher isopycnal heat and freshwater transport observed in OS2016 when the
582 overturning circulation was lower.

583 The AMOC estimate derived from OS2016 is lower than OS2014 but within the range
584 observed by the OVIDE programme. However there are questions about additional
585 uncertainty associated with a section made up of expeditions collecting data over a 3 month
586 period. We consider two possible sources of additional uncertainty; mismatches in the
587 density field where the cruise data sets join and the seasonal cycle in properties and
588 stratification, as follows. The OS2016 section is comprised of data from 4 cruises (Table 1),
589 with the boundaries located at Greenland (i.e. land), the Reykjanes Ridge (1100m water
590 depth) and Rockall (100m water depth). Potentially erroneous extra transport could result
591 from a significant change in the density structure in the time between the two stations. The
592 choice of Greenland and Rockall Island as two boundary points exclude the possibility of a
593 spurious density gradient at those locations. At the Reykjanes Ridge the two 2016 stations
594 were taken 6 weeks apart, and there was very little change in density structure of those and
595 their immediate neighbour stations, and close to zero transport was observed between them in
596 OS2016 and between the equivalent stations in OS2014 (Figs 4 and 5). All 4 cruises took
597 place in the summer months of May, June, July and August, but there exists the potential for a
598 seasonal cycle in circulation and properties to cause some uncertainty in our results.
599 Information on the seasonal variability in circulation and property transport in this region is
600 sparse because most measurements take place in spring-summer. *Rosby et al. (2017)* find no
601 significant changes in the transport in the May-August period in all the major currents
602 between Greenland and Scotland, except the EGC which has higher transport in May.
603 *Mercier et al., (2015)* find from altimetry data that while the $AMOC_{\sigma}$ has a seasonal cycle,
604 the annual minimum takes place during the months of May to August. *Gary et al. (2018)*

605 show that an expected wind-driven seasonal cycle in transport in the eastern basins is not
606 detectable above the high mesoscale and submesoscale variability there. From these results
607 we conclude that there is no evidence to suggest that the use of OS2016 sampled between
608 May and August introduced an unreasonable uncertainty due to appending 4 cruises, or to
609 undersampling the seasonal cycle in transport.

610 As far as we are aware there have been no previous observation-based estimates of the role of
611 the gyre-scale isopycnal circulation in the transport of heat and freshwater through the full
612 width of the subpolar North Atlantic, including the Labrador Sea. Our finding that isopycnal
613 heat and freshwater transport is high is significantly different from the negligible isopycnal
614 property transport found at this section in a high resolution ocean model (*Xu et al.*, 2016) and
615 at the OVIDE section (*Mercier et al.*, 2015). Similar to our wide range of overturning
616 circulation estimates, we note a wide range of isopycnal circulation from our two sections.
617 While we observe that higher heat flux during OS2014 is associated with higher overturning
618 transport, and higher freshwater flux during OS2016 is associated with the higher isopycnal
619 transport (Table 3) we cannot say with any certainty whether those relationships persist over
620 other time periods.

621 A key finding is that the magnitude of property transport by the isopycnal circulation is
622 sensitive to the geographic extent of the observations, because the highest property fluxes are
623 found in the narrow boundary currents of the Labrador Sea and the basins east of the mid-
624 Iceland Basin. There is some debate in the literature as to whether the eastern boundary
625 currents are part of the subpolar gyre or not. In basin-integrated studies the entire region is
626 often called the subpolar gyre, but other studies seek a boundary of the gyre in order to
627 investigate changes in gyre dynamics. The eastern subpolar gyre boundary is often defined as
628 a density/salinity front in the east Iceland Basin (the Subpolar Front, eg (*Bersch et al.*, 2007,

629 *Lozier and Stewart, 2008, Zunino et al. 2017*)), or recently by closed contours of sea surface
630 height (*Foukal and Lozier, 2017*). The latter definition excludes the shallowest parts of the
631 western boundary currents and all of the eastern basins, i.e. the parts of the isopycnal
632 circulation where our results show that most of the property transport takes place. Our
633 definition of isopycnal circulation includes the central gyre but also allows for a wider
634 regional circulation of the warm, saline eastern waters and returning fresher and cooler
635 western waters.

636 Our two sections add further synoptic views of the transport in the principal circulation
637 features of the region, which we next compare to the literature. The comparison serves the
638 purpose of understanding the context and representativeness of our sections and estimates,
639 without attempting to infer any insight into change over time. The transport in the Rockall
640 Trough has a very high range which hints at the difficulty of measuring transport in a region
641 of energetic mesoscale and sub-mesoscale recirculation. Although the range of our two
642 estimates of transport in the upper layer is high ($< 27.50 \text{ kg m}^3$, $-0.7 \pm 0.9 \text{ Sv}$ and $7.6 \pm 1.0 \text{ Sv}$,
643 Table 2), they lie within the range estimated from four decades of historical temperature and
644 salinity data in the same location (*Holliday et al., 2000, Holliday et al., 2015*). A study of
645 direct observations from SADCs (*Rossby et al., 2017*) shows a similar wide range in directly
646 measured velocity north of the Rockall Trough, which the authors suggest may be related to
647 circulation around seamounts. We cannot yet explain the large range of transports in this
648 eastern basin, and further insight will come from the continuous records from the OSNAP
649 moorings located here. However, our results do show that this is also a key region for heat
650 and freshwater transport because they are very warm and salty, and since transport dominates
651 those terms, it is important that we resolve these variations adequately.

652 In the Iceland Basin the two NAC jets are unusual in their consistency of location and
653 transport in the two sections (6.9-7.9 Sv and 7.3-7.5 Sv, combined upper and thermocline
654 layers <27.70, see Table 2). The NAC total of $14.2-15.4 \pm 4.8$ Sv is very close to an estimate
655 of 15.0 ± 0.8 Sv at 60°N (*Sarafanov et al.*, 2012), and close to the range of the means for these
656 two NAC branches from OVIDE NAC (11.4 ± 5.1 Sv, *Daniault et al.* (2016)).

657 The upper ocean and thermocline of the Iceland Basin, Hatton-Rockall Basin and the Rockall
658 Trough all show notable cooling and freshening between the sections, with largest changes
659 evident in the NAC jets. The source of the freshening is an ongoing research topic and we
660 make no attempt to explain it here: instead we note that there has been evidence of a decadal-
661 scale decline in eastern subpolar North Atlantic salinity since ~2008 (e.g. *Holliday et al.*,
662 2015) which may be related to long-term changes in freshwater transport convergence by the
663 overturning circulation (eg *Robson et al.*, 2016), potentially reinforced by shorter term air-sea
664 flux anomalies (eg *Zunino et al.*, 2017), or related to gyre changes through mechanisms
665 described by *Hatun et al.* (2005). Meanwhile, we note that in contrast to the fresher eastern
666 basins in OS2016, the Greenland boundary currents (the inshore EGC/EGCC and the inshore
667 WGC) are warmer and more saline in OS2016 than in OS2014. It is not clear whether this is
668 a consequence of undersampling of high frequency variability, or represents a longer term
669 trend..

670 The boundary currents of the Irminger and Labrador Seas have deep reaching current systems
671 with a strong barotropic component. Our section estimates lie within the range of other
672 similar hydrography-based estimates, as follows. In the Irminger Sea the full depth western
673 boundary current system transported -23.5 ± 3.2 to -27.0 ± 2.7 Sv, within the literature
674 estimate range of -23.7 to -40.5 Sv (*Daniault et al.*, 2016, *Mercier et al.*, 2015, *Sarafanov et*
675 *al.*, 2012, *Holliday et al.*, 2009). In the Labrador Sea the western boundary current system

676 transported -30.8 ± 2.5 to -41.9 ± 1.8 Sv, while literature estimates range from -56 Sv for the
677 full gyre (*Hall et al.*, 2013) to -30.2 ± 6.6 Sv (>400 m, *Zantopp et al.* (2016)). However we
678 offer two caveats for our new estimates. The first is to reinforce the point made earlier, that
679 the total transport in a current system with a boundary in mid-ocean is highly dependent on
680 the choice of location of the boundary, which can be obscured by the presence of eddies or
681 recirculation features. The second is that the method of data collection (sequential stations
682 over a number of days) undersamples high frequency variability with the boundary currents
683 such as variability introduced by topographic waves (*Fischer et al.*, 2015, *Zantopp et al.*,
684 2017).

685 Finally, we consider transport in the overflow layers and how these compare to literature
686 estimates. In the OS2014 and OS2016 sections, the velocity in the dense overflow layer is
687 rather different compared to the overlying LSW, with narrow currents that are probably
688 highly turbulent (e.g. *Lauderdale et al.*, 2008) and that do not seem well resolved in either
689 space or time by our sections. Along with the issue that measures of transport within these
690 two deep layers are sensitive to the horizontal and vertical (density-based) boundary
691 definitions, our estimates clearly have some uncertainty. However, across the sections they
692 describe a coherent picture of a gradually increasing volume of overflow waters (>27.80 kg
693 m^{-3}) as they circulate cyclonically from the sills to the Labrador Sea. In the Iceland Basin the
694 net overflow transport in OS2014 was -2.9 ± 2.7 Sv of ISOW (though only 0.1 ± 2.4 Sv in
695 OS2016) which is within the range of previous estimates of -2.1 to -3.9 Sv (*Daniault et al.*,
696 2016, *Holliday et al.*, 2015, *Kanzow and Zenk*, 2014 *Sarafanov et al.*, 2012). Our estimates of
697 the overflow layer in the Irminger Sea western boundary current (which includes modified
698 ISOW and DSOW) of -6.9 ± 0.9 to -8.7 ± 1.1 Sv are on the low side compared to equivalent
699 literature estimates of -9.0 to -12.3 Sv (*Holliday et al.*, 2009, *Bacon and Saunders*, 2010,
700 *Lherminier et al.*, 2010, *Sarafanov et al.*, 2012). However our estimates of the western

701 Labrador Sea overflow layer (ISOW and DSOW) of -12.5 ± 1.0 to -15.1 ± 0.5 Sv are
702 consistent with the long-term mean transport in the overflow layer at the 53°N array ($-15.7 \pm$
703 2.7 Sv, Zantopp *et al.*, (2017)).

704

705 **8. Summary**

706 Two highly spatially-resolved CTD/LADCP sections have been analysed to estimate the total
707 full-depth velocity field across the subpolar North Atlantic between Canada, Greenland and
708 Scotland. The velocity fields show the expected cyclonic gyre-scale upper layer circulation
709 and additionally provide accurate new insight into transport and circulation within the
710 intermediate and deep layers. We have computed volume transport and decomposed it into
711 the throughflow, overturning circulation, and gyre-scale isopycnal circulation, and estimated
712 the associated components of heat and freshwater transport.

713 The two sections show a wide range in the estimates of the overturning circulation: the
714 $\text{AMOC}_{\sigma\text{-max}}$ in OS2014 was 20.6 ± 4.7 Sv and in OS2016 was 10.6 ± 4.3 Sv. For both
715 sections the $\text{AMOC}_{\sigma\text{-n}}$ values were ~ 3 Sv higher; 23.3 ± 4.7 Sv in OS2014 and 13.0 ± 4.3 Sv
716 in OS2016. We have found that the strength of the overturning circulation is not an indicator
717 of the strength of the gyre-scale isopycnal circulation; during our two sections the isopycnal
718 circulation was stronger when the overturning was weaker (-41.4 ± 8.2 Sv in OS2014 and -
719 58.6 ± 7.4 Sv in OS2016).

720 The total heat and freshwater fluxes were 0.39 ± 0.08 PW and -0.21 ± 0.03 Sv in OS2014 and
721 0.32 ± 0.13 PW and -0.25 ± 0.08 Sv in OS2016. Thus heat flux was higher when the MOC
722 was largest, but freshwater flux was greater when the isopycnal circulation was increased.

723 The isopycnal components of heat and freshwater transport were major contributors to the
724 total flux: up to 65%, and the majority of the heat and freshwater transport was found in the
725 western Labrador Sea (where water is very cold and fresh) and the eastern basins (east Iceland
726 Basin, Rockall-Hatton Plateau, and Rockall Trough, where water is warm and salty).

727 The upper layer property fields changed between the two sections, with notably cooler and
728 fresher conditions in Iceland Basin and Rockall Trough in OS2016. The deepest layers of the
729 Labrador Sea and Irminger Sea exhibited cooling and freshening after deep winter convection
730 after OS2014; interestingly the development of a thicker layer of ventilated LSW did not
731 result in higher export of LSW from the Labrador Sea in OS2016. However there was more
732 isopycnal transport of freshwater and heat within the intermediate layer in OS2016.

733 The estimates of transports within major currents in our two sections are within the range of
734 observations from the literature. Uniquely however, these two sections provide the first
735 highly spatially-resolved observations of the total velocity field in sections that traverse both
736 the Labrador Sea and the eastern subpolar North Atlantic.

737

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944

945 **Tables**

946 Table 1. Details of cruise data sets used in the analysis. The number of stations refers to those
 947 on the OSNAP section that were used in this analysis; more stations were taken on each
 948 cruise. See Fig. 1 for station positions.

Cruise	Dates	Principal Scientist	Location	Num. stns	Cruise report and data
OS2014 JR302	6 Jun-21 Jul	B. King and N.P. Holliday, UK	Canada to Greenland to Scotland	146	www.bodc.ac.uk/resources/inventories/cruise_inventory/report/15037/
OS2016 MSM54	13 May-7 Jun	J. Karstensen, Germany	Labrador Sea	38	www.pangaea.de/expeditions/cr.php/Merian
DY054	27 Jul-17 Aug	N.P. Holliday, UK	Irminger Sea	34	www.bodc.ac.uk/resources/inventories/cruise_inventory/report/16034/
DY053	29 Jun-23 Jul	S. Cunningham, UK	Iceland Basin and Hatton- Rockall Basin	38	www.bodc.ac.uk/resources/inventories/cruise_inventory/report/16033/
DY052	7 to 24 June	S. Gary, UK	Rockall Trough	34	www.bodc.ac.uk/resources/inventories/cruise_inventory/report/16032/

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951 Table 2. Volume transport in hydrographic features and layers (units are Sv). Density ranges
 952 are: upper ocean <27.50 kg m⁻³; thermocline and Sub Arctic Intermediate Water 27.50-27.70
 953 kg m⁻³; Labrador Sea Water 27.70-27.80 kg m⁻³; overflows, including Iceland-Scotland
 954 Overflow Water and Denmark Strait Overflow Water, >27.80 kg m⁻³. Northward transports
 955 are positive and error bars give uncertainty (see Methods).

Feature		Upper Ocean <27.50 kg m ⁻³	Thermocline and SAIW 27.50-27.70 kg m ⁻³	Labrador Sea Water 27.70-27.80 kg m ⁻³	Overflow Layer >27.80 kg m ⁻³	Full Depth
Labrador Current	2014	-3.7 ± 0.3	-3.9 ± 0.2	-19.1 ± 0.8	-15.1 ± 0.5	-41.9 ± 1.8
	2016	-4.4 ± 0.1	-1.4 ± 0.2	-12.5 ± 1.3	-12.5 ± 1.0	-30.8 ± 2.5
Labrador Sea Interior	2014	0.1 ± 0.1	0.2 ± 1.0	-0.2 ± 6.2	2.0 ± 5.6	1.9 ± 13.0
	2016	0.1 ± 0.1	0.8 ± 0.7	2.5 ± 5.8	2.2 ± 5.4	5.7 ± 12.0
West Greenland Current	2014	4.4 ± 0.1	8.4 ± 0.4	11.0 ± 1.3	14.5 ± 1.0	38.4 ± 2.8
	2016	0.8 ± 0.0	3.6 ± 0.2	8.2 ± 2.3	10.9 ± 1.6	23.5 ± 4.3
East Greenland Current	2014	-2.3 ± 0.1	-9.6 ± 0.4	-8.2 ± 1.2	-6.9 ± 0.9	-27.0 ± 2.7
	2016	-1.8 ± 0.1	-4.4 ± 0.2	-8.5 ± 1.8	-8.7 ± 1.1	-23.5 ± 3.2
Irminger Current	2014	2.8 ± 0.3	7.4 ± 1.0	3.0 ± 2.3	0.2 ± 1.9	13.6 ± 5.5
	2016	1.3 ± 0.1	3.1 ± 0.5	4.6 ± 2.5	3.0 ± 1.3	12.0 ± 4.5
West Iceland Basin (East Reykjanes Ridge Current)	2014	-3.2 ± 0.9	-2.6 ± 0.9	-4.0 ± 1.7	-6.3 ± 1.3	-16.0 ± 4.8
	2016	-1.1 ± 0.6	-2.5 ± 1.0	-3.0 ± 1.7	-4.2 ± 1.0	-10.8 ± 4.3
Central Iceland Basin (North Atlantic Current)	2014	4.0 ± 1.1	1.9 ± 0.8	3.3 ± 1.8	3.4 ± 1.4	12.7 ± 5.2
	2016	4.5 ± 1.0	3.3 ± 0.8	5.6 ± 1.8	4.3 ± 1.4	17.8 ± 5.1
East Iceland Basin (North Atlantic Current)	2014	6.4 ± 1.4	1.0 ± 0.5	1.4 ± 0.1	<i>not present</i>	8.7 ± 2.1
	2016	5.5 ± 1.4	1.8 ± 0.3	0.7 ± 0.2	<i>negligable</i>	8.1 ± 2.0
Rockall Trough (North Atlantic Current)	2014	7.3 ± 0.8	0.3 ± 0.2	1.1 ± 0.3	0.1 ± 0.0	8.7 ± 1.4
	2016	0.2 ± 0.7	-0.9 ± 0.2	-2.1 ± 0.3	<i>negligable</i>	-2.8 ± 1.2

956
957

958 Table 3. Estimates of overturning circulation, isopycnal circulation and heat and freshwater
959 transport with uncertainties (see Methods).

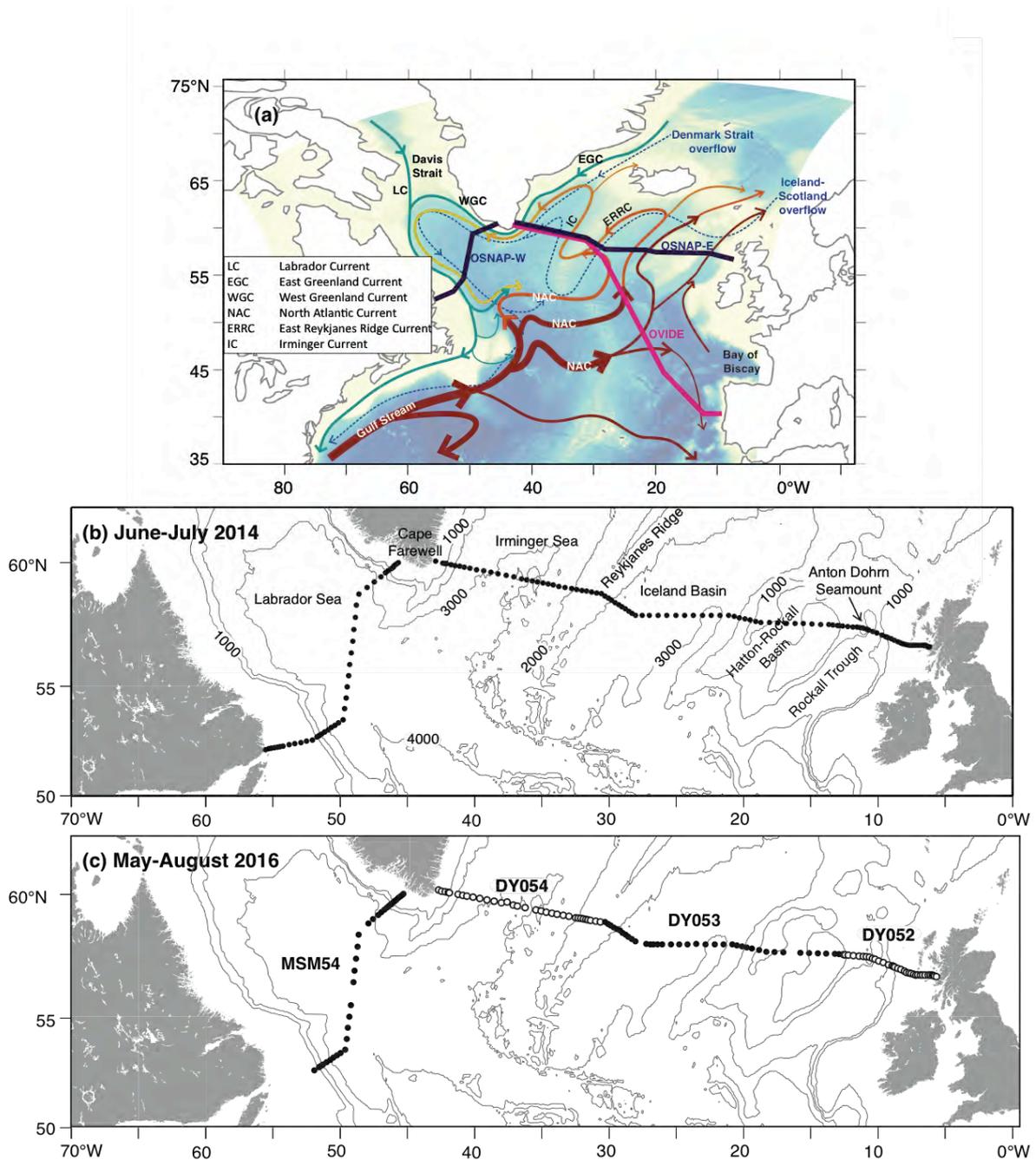
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Parameter	OS2014	OS2016
AMOC _{σ-max}	20.6 ± 4.7 Sv	10.6 ± 4.3 Sv
AMOC _{σ-n}	23.3 ± 4.7 Sv	13.0 ± 4.3 Sv
Maximum isopycnal transport	-41.4 ± 8.2 Sv	-58.6 ± 7.4 Sv
Total heat flux (HT)	0.39 ± 0.08 PW	0.32 ± 0.13 PW
Isopycnal heat transport (HT _{gyre})	0.17 ± 0.02 PW	0.21 ± 0.02 PW
Total freshwater flux at section (FT)	-0.21 ± 0.03 Sv	-0.25 ± 0.08 Sv
Isopycnal freshwater transport (FT _{gyre})	-0.10 ± 0.02 Sv	-0.16 ± 0.03 Sv

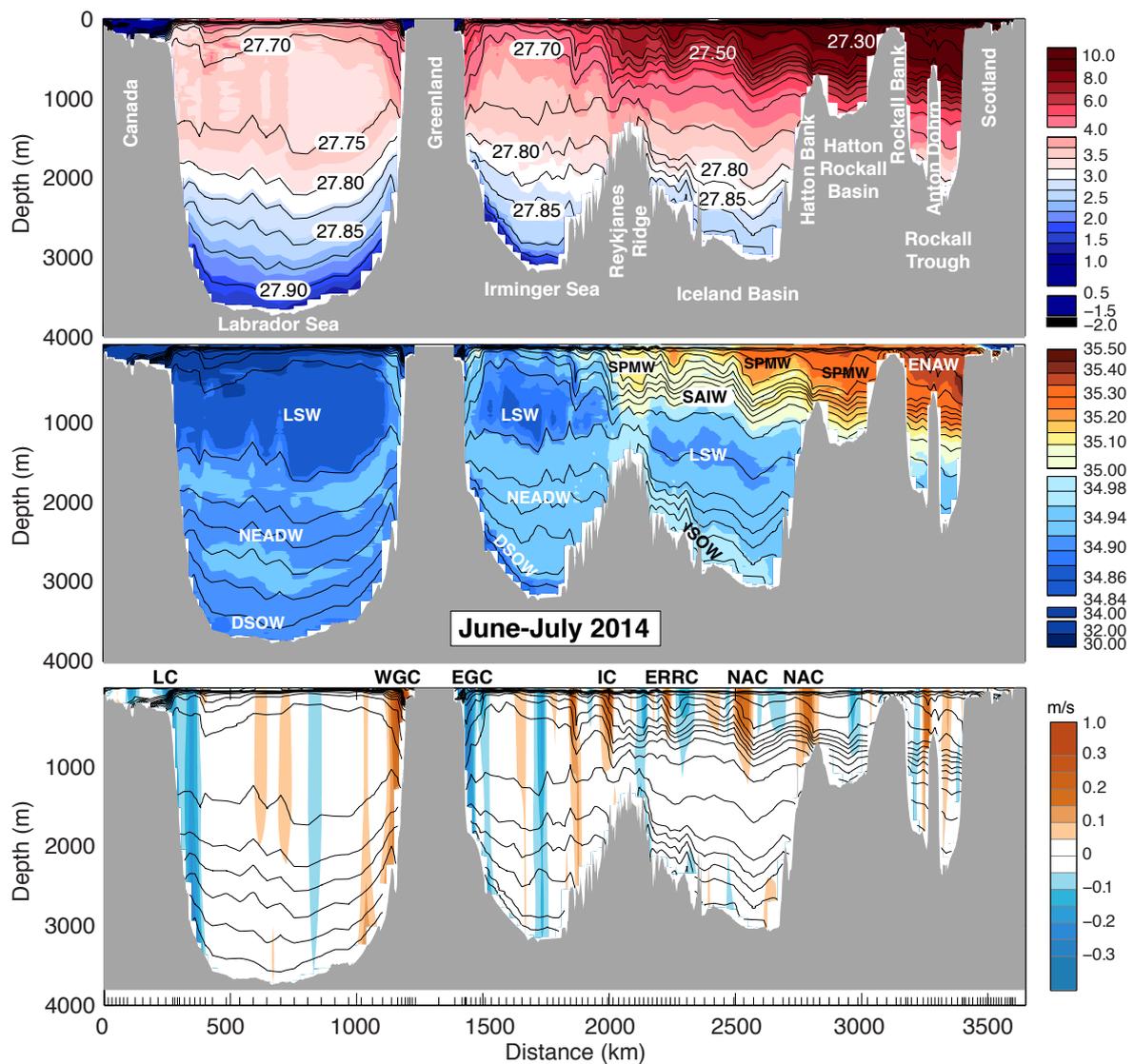
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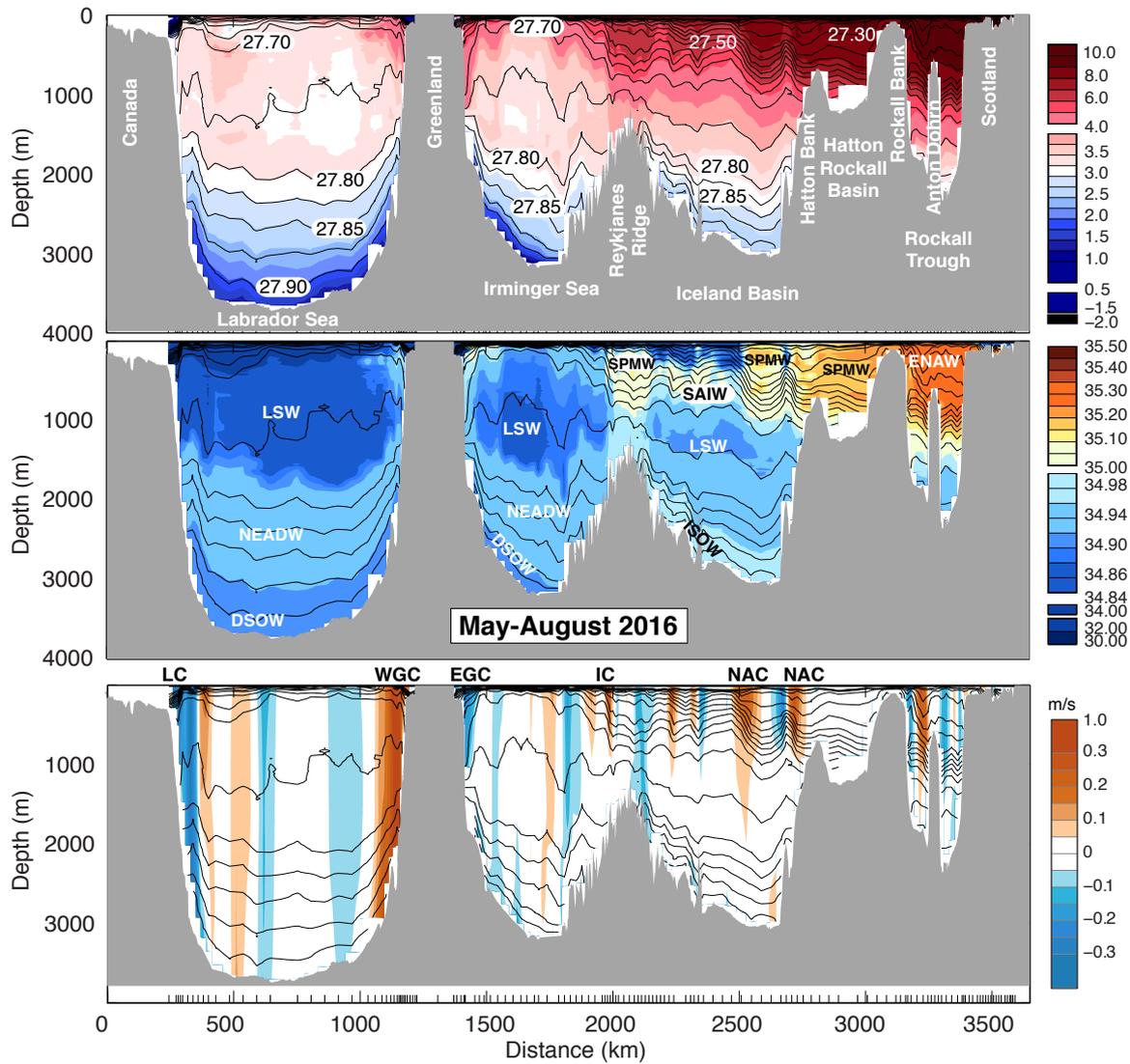
965
 966 *Figure 1. Regional circulation of the subpolar North Atlantic and location of the data used in*
 967 *the study. a) Schematic circulation of the upper layer (solid arrows) and overflows (dashed*
 968 *arrows), superimposed by the location of the OSNAP section and array, and the OVIDE*
 969 *section (adapted from Daniault et al., 2016); b) Location of CTD/LADCP stations taken on*
 970 *JR302 in June-July 2014 (OS2014); c) Location of CTD/LADCP stations taken in May-*
 971 *August 2016 on cruises MSM54, DY054, DY053 and DY052 (OS2016). See Table 1 for more*
 972 *information about the cruises.*



973

974 *Figure 2. The June-July 2014 (OS2014) section. Potential temperature °C (top panel),*
 975 *salinity (middle panel) and velocity orthogonal to the section (bottom panel, positive is to the*
 976 *north of the section). Black lines are contours of potential density (σ_0) at intervals of*
 977 *0.050 for $<27.800 \text{ kg m}^{-3}$, and intervals of 0.025 for denser water. Major water masses are*
 978 *labelled: Labrador Sea Water (LSW), North East Atlantic Deep Water (NEADW), Denmark*
 979 *Strait Overflow Water (DSOW), Sub Polar Mode Water (SPMW), Sub Arctic Intermediate*
 980 *Water (SAIW), Iceland-Scotland Overflow Water (ISOW) and Eastern North Atlantic Water*
 981 *(ENAW). Major current systems are labelled: Labrador Current (LC), West Greenland*
 982 *Current (WGC), East Greenland Current (EGC, including the East Greenland Coastal*
 983 *Current), Irminger Current (IC), East Reykjavik Ridge Current (ERRC), North Atlantic*
 984 *Current (NAC).*

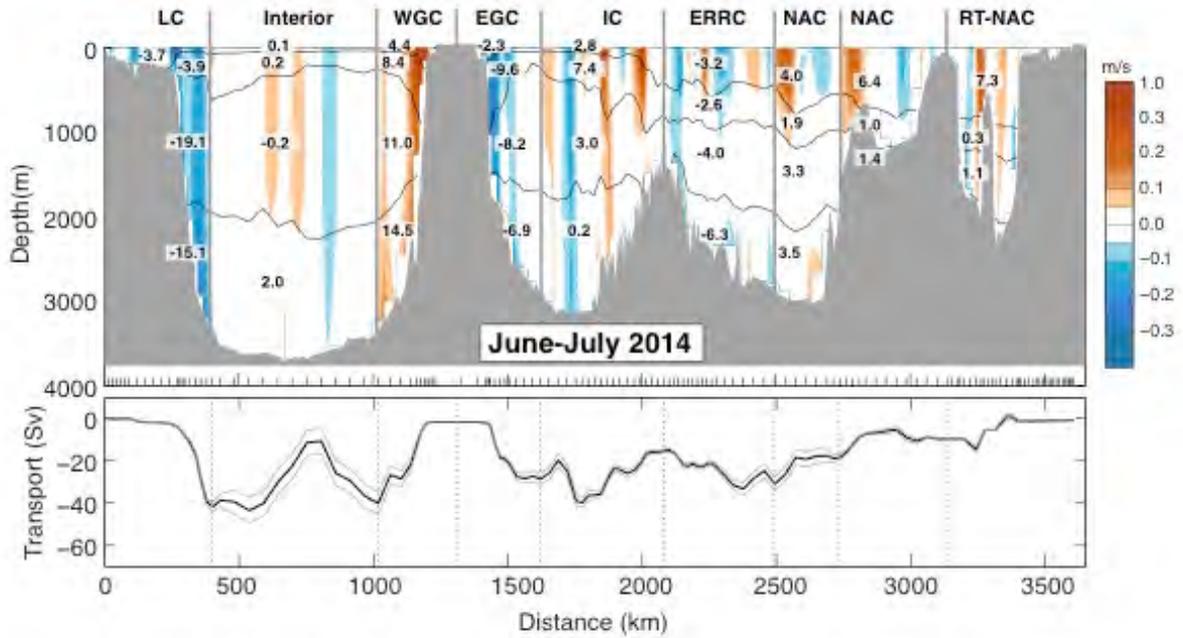
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986

987 *Figure 3. The May-August 2016 (OS2016) section. Potential temperature °C (top panel),*
 988 *salinity (middle panel) and velocity orthogonal to the section (bottom panel, positive is to the*
 989 *north of the section). Black lines are contours of potential density (σ_0) at intervals of*
 990 *0.050 for $<27.800 \text{ kg m}^{-3}$, and intervals of 0.025 for denser water. Major water masses and*
 991 *current systems are labelled as for Fig. 2.*

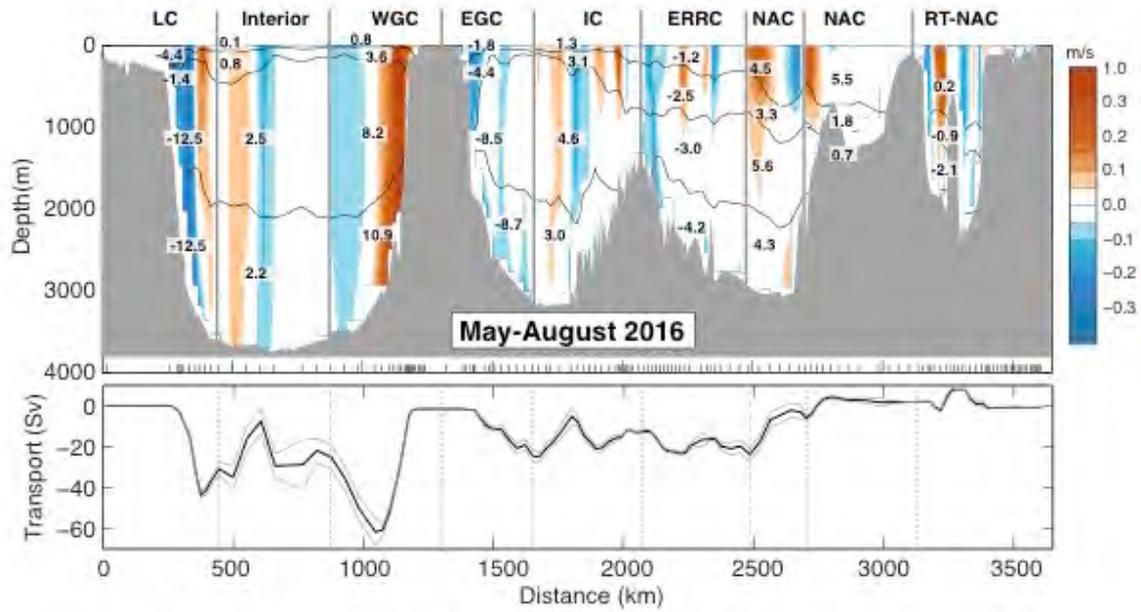
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993
 994 *Figure 4. The June-July 2014 (OS2014) section velocity ($m s^{-1}$) and transport (Sv). Top panel*
 995 *is velocity orthogonal to the section (as shown in Fig.2), overlaid with volume transport in*
 996 *segments separated geographically (vertical lines) and by isopycnals $27.50, 27.70,$ and 27.80*
 997 *$kg m^{-3}$ (black lines, see Fig. 2). See Table 2 for uncertainty estimates. Bottom panel is top-to-*
 998 *bottom accumulated transport (west to east). Positive is to the north of the section;*
 999 *uncertainties are estimated from LADCP measurements. Major current systems are labelled*
 1000 *as for Fig. 2. RT is Rockall Trough.*

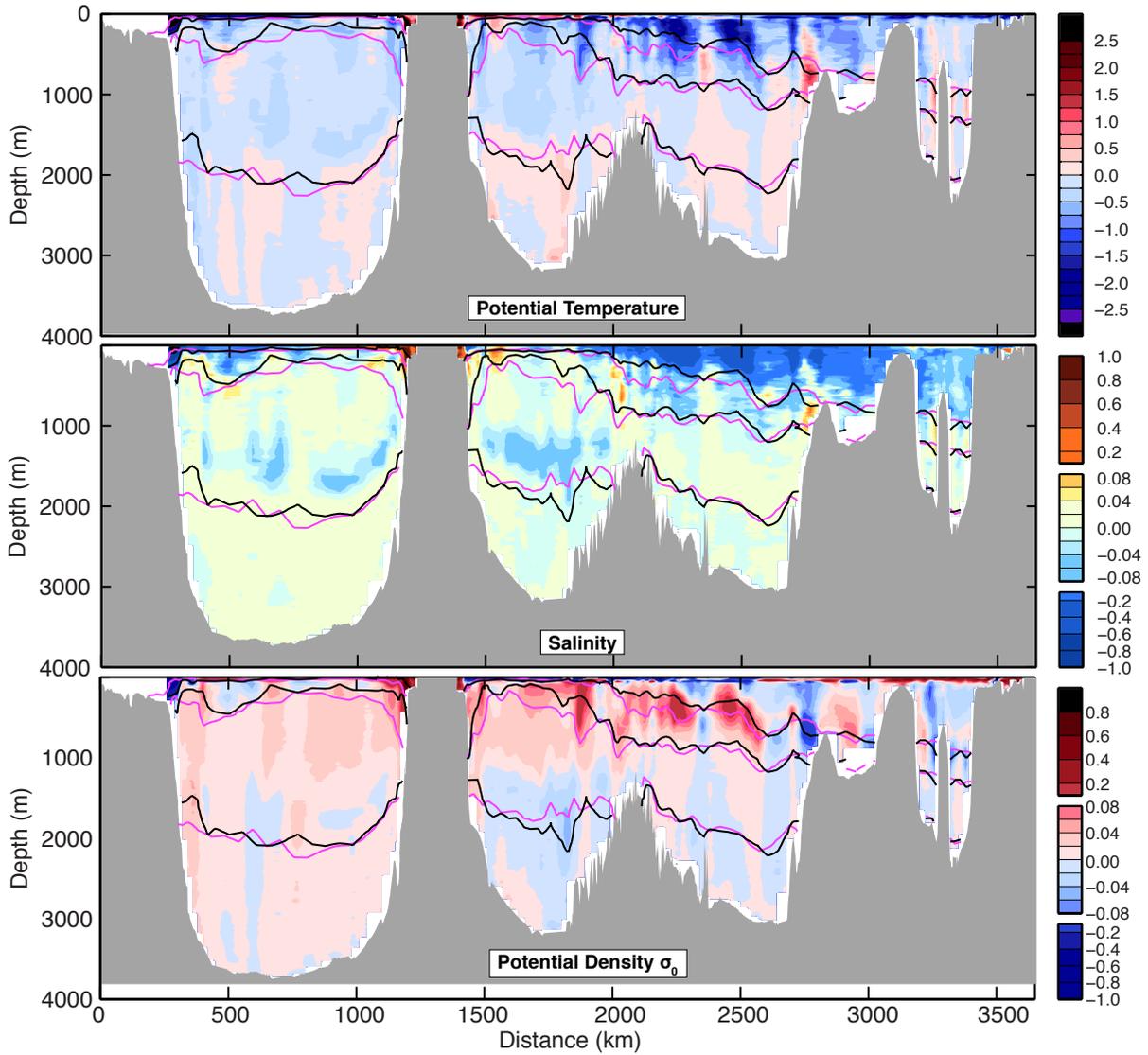
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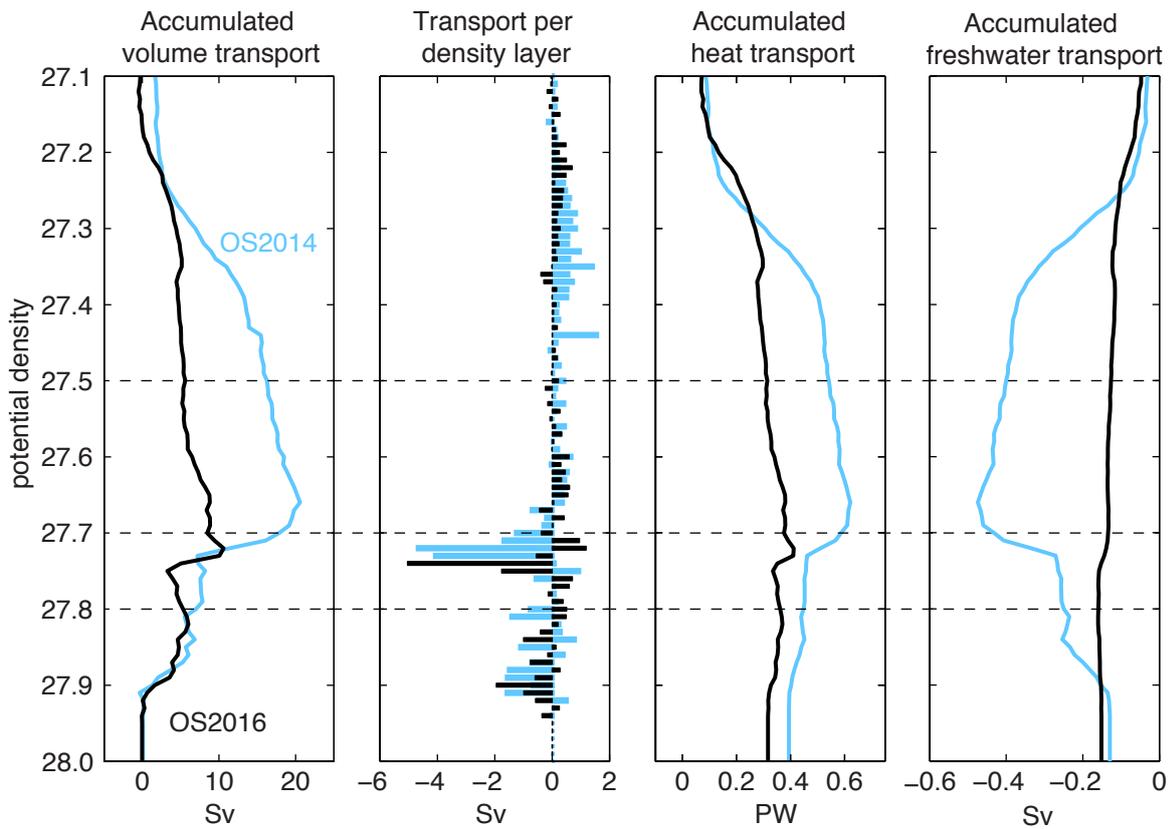
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 1004 *Figure 5. The May-August 2016 (OS2016) section velocity ($m s^{-1}$) and transport (Sv). Top*
 1005 *panel is velocity orthogonal to the section (as shown in Fig. 3), overlaid with volume transport*
 1006 *in segments separated geographically (vertical lines) and by isopycnals 27.50 , 27.70 , and*
 1007 *27.80 kg m^{-3} (black lines, see Fig. 3). See Table 2 for uncertainty estimates. Bottom panel is*
 1008 *top-to-bottom accumulated transport (west to east). Positive is to the north of the section;*
 1009 *uncertainties are estimated from LADCP measurements. Major current systems are labelled*
 1010 *as for Fig. 2. RT is Rockall Trough.*

1011



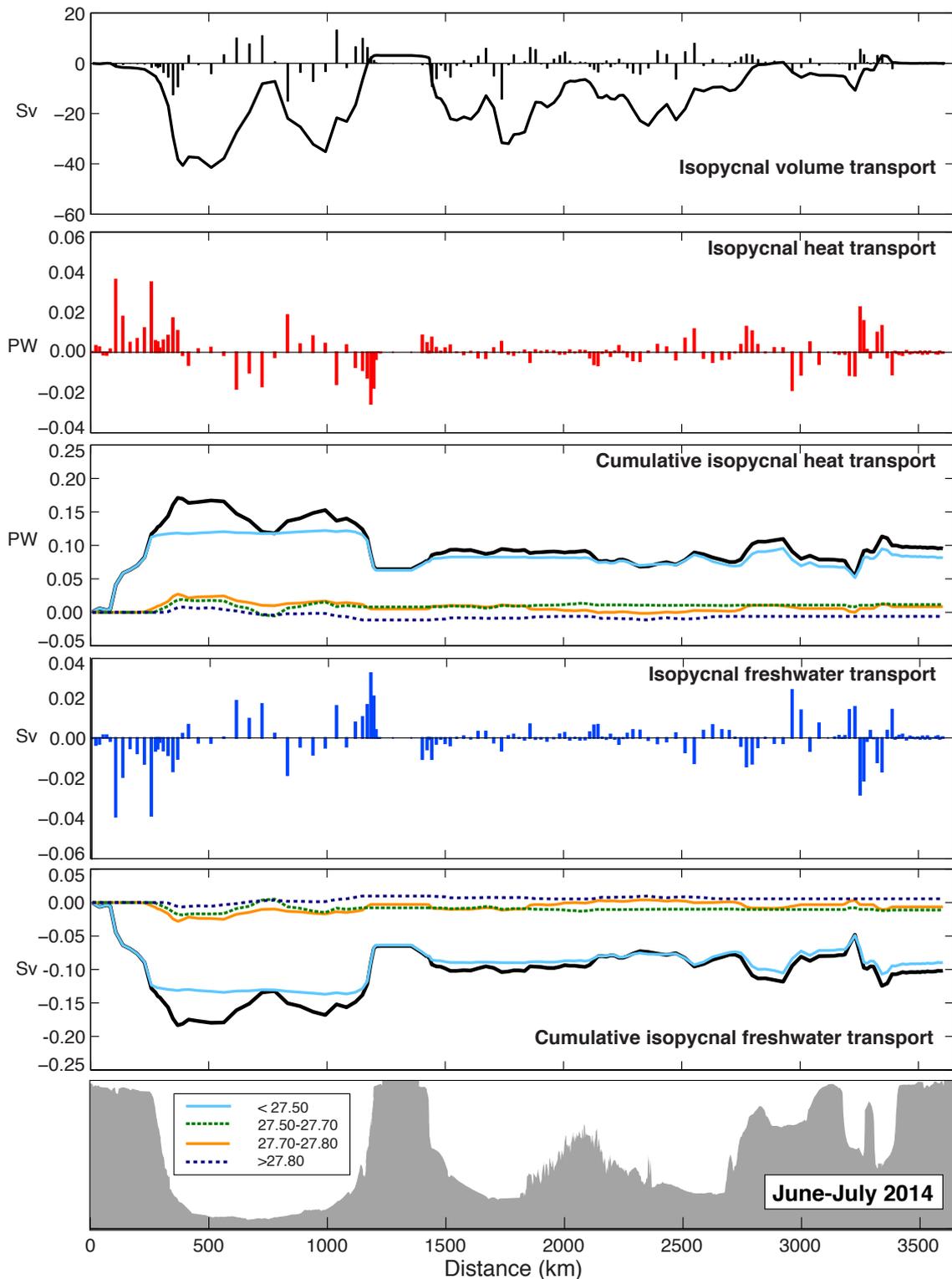
1012
 1013 *Figure 6. Property differences between the two sections (OS2016 minus OS2014). Top panel*
 1014 *is potential temperature ($^{\circ}\text{C}$), middle panel is salinity, bottom panel is potential density*
 1015 *(kg m^{-3}). Isopycnals 27.50, 27.70, and 27.80 kg m^{-3} overlain in magenta (OS2014) and black*
 1016 *(OS2016).*

1017



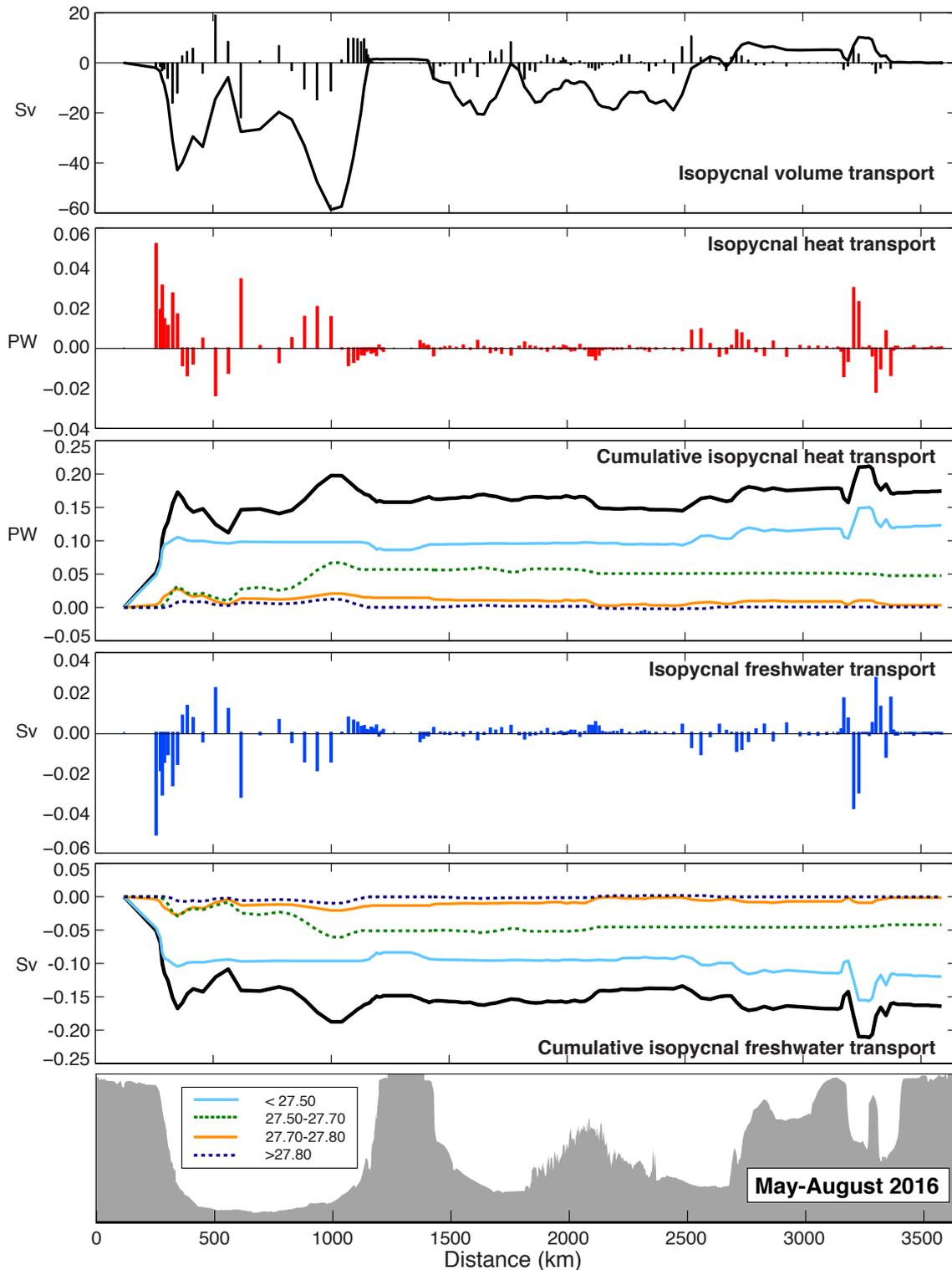
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 1019 *Figure 7. Volume and property transport profiles in potential density space for OS2014 (blue)*
 1020 *and OS2016 (black) (see section 3 for definitions and methods). Variables are accumulated*
 1021 *from low to high density. Key isopycnals marked with dashed lines.*

1022



1023
 1024 *Figure 8. Along-section profiles of isopycnal volume and property transport from OS2014*
 1025 *(see section 3 for definitions and methods). Bars indicate total isopycnal transport at each*
 1026 *station pair along the track. Curves represent transport accumulated from west to east; solid*
 1027 *black lines are surface to seafloor total, and colored lines indicated transport in potential*
 1028 *density ranges (color scale give in bottom panel).*

1029



1030
 1031 *Figure 9. Along-section profiles of isopycnal volume and property transport from OS2016*
 1032 *(see section 3 for definitions and methods). Bars indicate total isopycnal transport at each*
 1033 *station pair along the track. Curves represent transport accumulated from west to east; solid*
 1034 *black lines are surface to seafloor total, and colored lines indicated transport in potential*
 1035 *density ranges (color scale give in bottom panel).*

1036