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1 The effect of tillage management and its interaction with  
2 site conditions and plant functional traits on plant species  
3 establishment during meadow restoration

4

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14

15 **Abstract**

16 The restoration of grasslands is a key management practice that supports biodiversity

17 across Europe. On species poor grasslands and ex-arable fields, the establishment of plant

18 species is often limited by the availability of habitat niches, in particular space to  
19 germinate. We investigated the impacts of full inversion tillage and its interaction with site  
20 conditions and functional traits on the abundance of 51 plant species sown into a 2 ha ex-  
21 arable site in Poland. Soils of the donor site were characterized by high levels of  
22 heterogeneity in terms of water content and plant availability of N, P and K. One year after  
23 sowing the cover of species typical of semi-natural grasslands was significantly higher on  
24 the tilled plots than on the non-tilled plots. However, in the case of widespread generalist  
25 species the tillage of soil resulted in no significant effect on their establishing percentage  
26 cover. The establishment of plants on the tilled area was more successful where soils were  
27 relatively rich in mineral N. It was also more successful for species with low Ellenberg's N  
28 values. Species indicative of moist soil established poorly where the soil was tilled. This  
29 study has clear implications for the applied restoration of grasslands, demonstrating a  
30 vital role of soil tillage to promote the establishment of species typical of semi-natural  
31 grasslands. This is particularly important where seed mixtures may contain both desirable  
32 and undesirable competitive species that would disproportionately benefit from the  
33 absence of tillage management.

34 **Keywords:** community assembly; ecological filtering; species-rich grassland; plowing; gaps;  
35 seed size

36 **Abbreviations:** ENIV - Ellenberg's nitrogen (nutrients) indicator value; EMIV - Ellenberg's  
37 moisture indicator value

## 38 1. Introduction

39 During the restoration of species-rich grasslands, sowing seeds of the target species is  
40 often preceded by plowing, rotovating, harrowing or other methods of mechanical soil  
41 disturbance that aim to break up the old vegetation cover and help deplete the soil seed  
42 bank (Edwards et al., 2007; Long et al., 2014; Pywell et al., 2007; Schnoor et al., 2015;  
43 Wagner et al., 2011). The main theoretical basis for applying mechanical soil disturbance  
44 before sowing is that gaps in vegetation are necessary for the regeneration of plant  
45 populations. A gap is a competition-free space for seedlings where the requirements for  
46 dormancy-breaking, germination and establishment are fulfilled, while the effects of  
47 predators, competitors and pathogens are reduced (Bullock, 2000; Grubb, 1977; Harper,  
48 1977). However, the openings created with available farming equipment (e.g. a plow) are  
49 different in size, duration, and character from the natural gaps in grasslands that  
50 temporarily appear as a result of plants death, livestock trampling and dung deposition.  
51 One of the major differences is that with the use of agricultural machinery plant-free  
52 spaces at the scale of whole fields can be created almost instantaneously, whereas  
53 naturally occurring gaps in grasslands are typically just a few centimeters or decimeters  
54 across (Bullock, 2000; Grubb, 1977). Therefore in ecological terms, seedbed preparation  
55 for grassland restoration can be considered to be large scale vegetation disturbance that  
56 substantially modifies conditions for the establishment of plants by exposing them to  
57 direct insolation, wind, air temperature fluctuations, and drying of soil surface.

58 On emergence, many seedlings of grassland plants require protection from these extreme  
59 environmental conditions (Gibson, 2009). It remains unclear the extent to which the  
60 presence of few shoots of non-target species co-emerging in a tilled restoration area may  
61 provide such protection. Moreover, herbaceous litter, removed through mechanical  
62 disturbance of old vegetation, has been shown to promote seedlings emergence by  
63 keeping the soil surface moist (Thompson, 1987). However, for some species this surface  
64 vegetation litter can act to inhibit species emergence (Donath et al., 2006; Goldberg and  
65 Werner; 1983). How soil tillage promotes the establishment of plant species particularly in  
66 response to underlying soil conditions remains an important issue in restoration ecology.  
67 In the context of the restoration of temperate grasslands, plowing, rotary cultivation and  
68 harrowing prior to sowing, have all been shown to increase the rate of target species  
69 establishment from sown seed mixes, and in most cases this response was promoted by  
70 higher disturbance levels (Donath et al., 2007; Edwards et al., 2007; Hofmann and  
71 Isselstein, 2004; Hopkins et al., 1999; Poschlod and Biewer, 2005; Schmiede et al., 2012).  
72 However, these studies have typically either focused on a very limited number of species  
73 or are related to specific habitat types (e.g. Donath et al., 2006; Edwards et al., 2007;  
74 Hofmann and Isselstein, 2004; Hutchings and Booth, 1996). Therefore, the effects of  
75 tillage and their interactions with soil conditions on plant species establishment during  
76 grassland restoration has remained largely unexplored.

77 The intrinsic reasons for the differences in establishment success among grassland plant  
78 species following sowing into tilled soil when compared to undisturbed sward also need

79 further elucidation. The evidence for such differences has been collated since the 1950s  
80 (Black, 1958), but an overwhelming majority of the experiments focus on the importance  
81 of small gaps, not larger openings typical of large scale mechanical disturbance.  
82 Differences in survival have been observed at either the germination or the seedling  
83 emergence stage, but when both these stages of the establishment process were  
84 considered together, the results were often complex and inconsistent (Bullock, 2000). In  
85 general, the published literature indicates that seed size may be of particular importance  
86 in this process. Large seeds are assumed to provide individuals with a competitive  
87 advantage in dense turf, as seed reserves allow the seedlings to tolerate prolonged  
88 periods of intense competition from the established vegetation (Burke and Grime, 1996;  
89 Donath et al., 2006; Goldberg, 1987; Gross, 1984). Where large areas of bare ground are  
90 created, differential species establishment on disturbed soil vs. intact vegetation is often  
91 better explained by species association with fertile or infertile soils (Pywell et al., 2003),  
92 specific ecological guilds (Hopkins et al., 1999; Pywell et al., 2003), tolerance to water  
93 stress (Bullock, 2000), as well as again in seed size (Donath et al., 2006). It is also possible  
94 that specific leaf area (SLA) may play a role, as low SLA allows young plants to persist  
95 during summer drought, while high SLA, by contrast, helps species establishing into  
96 existing swards with shady conditions (Lambers et al., 2008).

97 This paper describes a study investigating the initial establishment of 51 grassland plant  
98 species during grassland restoration in response to tillage and mowing management as it  
99 interacts with soil moisture and the availability of mineral nutrients. The sown species are

100 characteristic of a wide range of semi-natural vegetation types typical of the surrounding  
101 dry calcareous grasslands, mesic lowland meadows, and *Molinia* semi-wet meadows. The  
102 study was split into two parts. The first part assessed species level responses and asked  
103 how much tillage (temporal vegetation removal) promotes the establishment of plant  
104 species introduced by sowing, and how many and which species establish successfully  
105 within the sward. In the second part, we tested whether the success of species  
106 establishment on tilled soil vs. intact vegetation is associated with their functional traits,  
107 realized habitat niche or other soil conditions. Assuming that the main effect of tillage lies  
108 in the alleviation of the competitive effect from established vegetation on species  
109 establishment, we hypothesize that (H1) this measure favors the establishment of  
110 competitively weak species which are typical of low-productive, semi-natural grasslands;  
111 (H2) that under dry conditions tillage poses the risk of drought, especially to those species,  
112 which are typically associated with wet habitats, whereas this measure should be  
113 beneficial to all species in moist sites. With respect to the effect of functional traits of  
114 species, we hypothesize that (H3) tillage is more beneficiary for the establishment of  
115 small-seeded, small-stature, and low-SLA species, which are less capable of growth under  
116 dense canopies dominated by grasses.

117

## 118 2. Material and methods

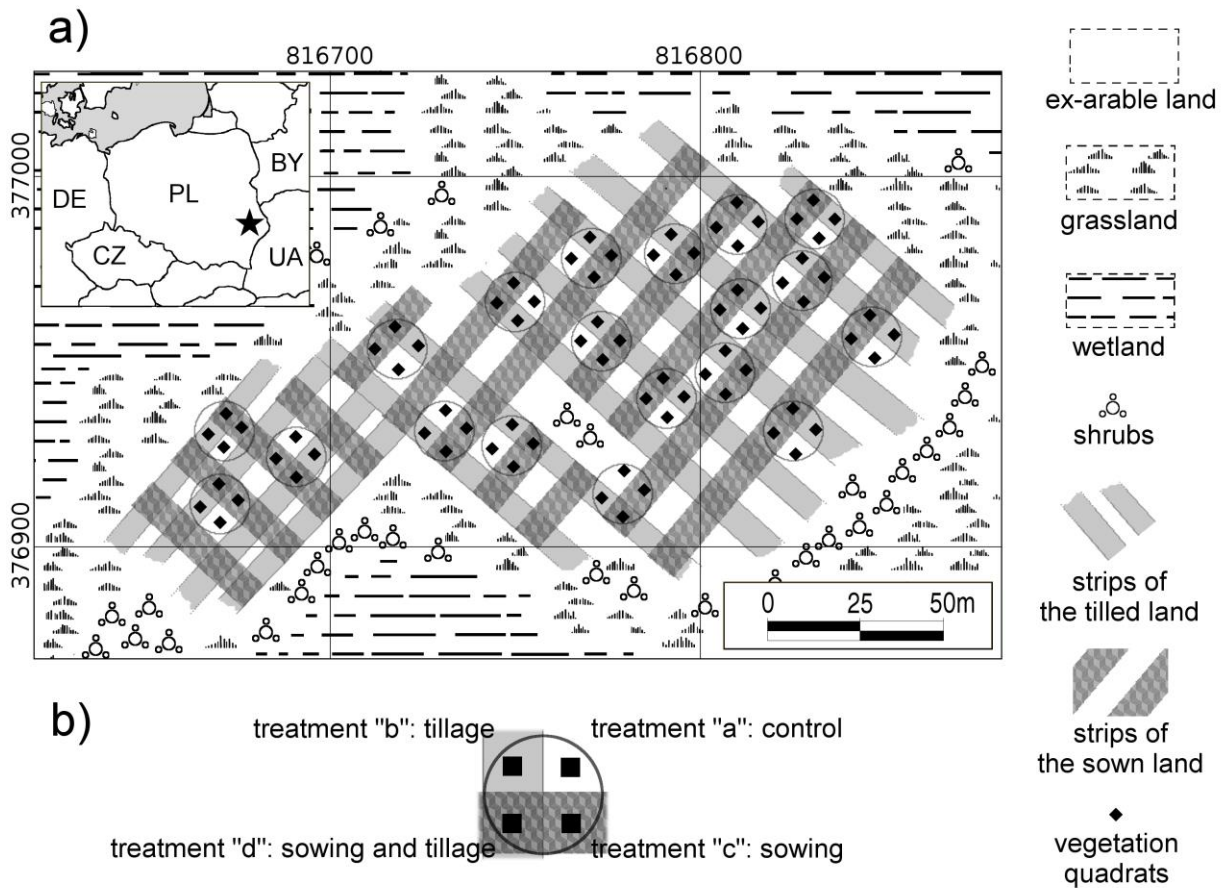
### 119 2.1. Design of the experiment

120 A 2-ha experimental site was located in abandoned fields in Bagno Serebryskie Nature  
121 Reserve, East Poland (51°10'16"N, 23°32'01"E). The terrain is almost flat with height  
122 differences of ca. 1 m and mean elevation of 178 m above sea level. The climate of this  
123 area is warm, humid continental (Köppen's classification, [www.physicalgeography.net](http://www.physicalgeography.net)),  
124 with 574 mm mean annual rainfall and mean annual air temperature of 7.5 °C. For 1.5 ha  
125 of the site the underlying soils were Rendzic Cambic Leptosol, with the remaining 0.5 ha -  
126 Mollic Gleysol (IUSS Working Group WRB, 2007). Before 1990 the area had been used as  
127 an extensive grassland, but was converted to arable agricultural in 1991 and then  
128 abandoned in 2005. Soon after the abandonment the former fields were colonized by  
129 ruderal and common grassland plants (Appendix A). In the autumn of 2008 the whole area  
130 was mown and divided into ca. 8-m-wide strips. Every second strip of land was moldboard  
131 plowed, so that the Ap horizon of the soil (average depth of 24 cm) was completely  
132 inverted. In this way, 11 parallel strips of plowed land, separated with 11 strips of  
133 uncultivated land, were created (Fig. 1a). The introduction of desired plant species was  
134 delayed for a year with the aim of reducing the weed burden to a manageable level (UK  
135 Rural Development Service staff, 2010). This was achieved by leaving the plowed area in  
136 furrows throughout the winter so that the perennating organs of unwanted plant species  
137 were exposed to frost. In the following growing season shallow disking or harrowing was  
138 carried out every 5–6 weeks from June to October to progressively exhaust the weeds'



139 food reserves by stimulating regrowth from the rootstock after each cultivation, and  
140 homogenize the seedbed.

141 In December 2009, the experimental area was hand-sown with seed mixture collected by  
142 means of vacuum harvesting from nearby meadows that represented *Molinietalia* and  
143 *Arrhenatheretalia* orders and *Festuco-Brometea* class (Kącki et al., 2013). The sowing was  
144 conducted in bands perpendicular to the plowed lines, again in ca. 8 m wide strips  
145 separated by 8 m. These created a lattice work of intermittent tilled and untilled strips  
146 going in one directions, overlain with intermittent sown and unsown bands going in the  
147 other direction (Fig. 1a). This lattice of sowing and tillage management allowed us to  
148 establish four experimental treatments (Fig. 1b) in a replicated 2 ( $\pm$ tillage)  $\times$  2 ( $\pm$  sowing)  
149 experimental design. These treatment levels were: 1) control with neither soil tillage or  
150 the addition of vacuum harvested seed, 2) tillage only, 3) vacuum harvested seed addition  
151 only, 4) tillage and vacuum harvested seed addition. Each of these four treatment levels  
152 was positioned in adjoining 8  $\times$  8 m plots to form a replicate block. Nineteen replicate  
153 blocks (representing 76 experimental plots) were randomly located within this lattice of  
154 tillage and sowing management.



155

156 Figure 1 a) The study area and its location; the encircled vegetation quadrats compose a randomized block  
 157 design. b) Design of each experimental block; there were 19 replicate blocks randomly located within the  
 158 lattice of sowing and tillage management; each block contained four experimental treatments: “a”: control  
 159 without soil tillage or the addition of vacuum harvested seed; “b” tillage only; “c” vacuum harvested seed  
 160 only; “d” tillage and vacuum harvested seed addition.

161 The vacuum harvested material was thoroughly homogenized and sampled for the  
 162 analysis of species composition. Seedling emergence tests, which were conducted in a  
 163 greenhouse, showed that the material contained 70 plant species (see Appendix B).  
 164 Within the vacuum harvested seed mix 33 species were already identified as being  
 165 present in the experimental area before sowing. Plant species transfer was planned to  
 166 maximize the probability that all the species present in the vacuumed seed mix were sown  
 167 on every experimental plot, and that seed number of each species was similar across the

168 plots. To achieve this, large amount of seeds were sown with a 5:1 ratio of donor to  
169 receptor site area used. Seeds were harvested twice in the growing season and harvesting  
170 was continued until the majority of seeds were collected from plants. The harvested seed  
171 mix was carefully and thoroughly homogenized during sowing.

172

## 173 2.2.Plant community assessments

174 Plant species composition was assessed within 4 m<sup>2</sup> quadrats situated in the middle of  
175 each of the 76 experimental plots. In September 2010 percentage cover was estimated by  
176 vertical projection using eight-class scale (0–0.1%, 0.1-1%, 1–5%, 5-12.5%, 12.5–25%, 25-  
177 50%, 50-75%, 50–100%) (Appendix C). This was converted into ratio scale by replacing the  
178 classes with their middle values. We focus the analysis on only that sub-set of species that  
179 were identified as being present within the sown seed mixture, regardless of whether they  
180 were or were not present in the experimental area before sowing. We further restricted  
181 the analysis to those 52 species that occurred in at least three experimental plots. Note, of  
182 the 52 species considered in the study, *Plantago major ssp. intermedia* was excluded from  
183 the analysis as the response of this species to tillage was disproportionately high on the  
184 tilled and non-sown plots. This was likely caused by massive recruitment of this species  
185 from the soil seed bank, however, this made it difficult to detect changes in the  
186 abundance as a result of sowing. The exclusion of *P. major ssp. intermedia* did not  
187 qualitatively change the overall trends presented in the results. The ‘ initial species

188 establishment' term used in this paper means successful seed germination and seedling  
189 emergence as well as the survival of juveniles during the summer drought.

190 2.3.The effect of tillage on the abundance of the subsequently sown plant  
191 species ( $E_i$  index)

192 The cover of individual species was scaled into the range [0, 100] to allow the comparisons  
193 of the change of cover among the species as a result of sward destruction and sowing. The  
194 following equation was used for scaling:

$$195 \quad X_i = (x_i - x_{i,min}) / (x_{i,max} - x_{i,min}) \times 100, \quad (1)$$

196 where:  $X_i$  is the scaled percentage cover of species  $i$ , hereafter referred to as the  
197 abundance of plant species  $i$ ;  $x_i$  is the recorded percentage cover of species  $i$ ;  $x_{i,min}$  and  
198  $x_{i,max}$  are the minimum and maximum cover of species  $i$  recorded within the four variants  
199 of plots.

200 The measure of the effect of tillage that preceded sowing on the abundance of the sown  
201 species,  $E_i$  was determined by the following equation:

$$202 \quad E_i = (X_{i,d} - X_{i,b}) - (X_{i,c} - X_{i,a}), \quad (2)$$

203 where:  $X_{i,a}$  is the abundance of sown species  $i$  in the non-tilled and unsown plots;  $X_{i,b}$  is  
204 the abundance of sown species  $i$  in the tilled and unsown plots;  $X_{i,c}$  is the abundance of  
205 sown species  $i$  in the non-tilled and sown plots;  $X_{i,d}$  is the abundance of sown species  $i$  in  
206 the tilled and sown plots. Therefore  $(X_{i,d} - X_{i,b})$  represents the increase in the abundance of  
207 sown species  $i$  on the tilled plots solely as a result of sowing, not as a result of soil

208 diaspore bank activation following tillage. Similarly ( $X_{i,c} - X_{i,a}$ ) represents the increase of  
209 the abundance of species  $i$  on the non-tilled plots solely as a result of sowing, and plants  
210 which were present in the sward before sowing are not taken into account. Positive value  
211 of  $E_i$  indicates a positive effect of tillage on the establishment of a sown species, whereas  
212 negative values denotes a negative effect.

213 The  $E_i$  parameter could be used for all sown plant species, regardless of whether they  
214 were or were not present in the experimental area before sowing.

215

#### 216 2.4. Traits selection

217 Plant functional traits influence plant's survival, fitness, as well as their establishment  
218 success during grassland restorations (Pywell et al., 2003; Woodcock et al., 2011). Trait  
219 data was derived from Bioflor traitbase (Klotz et al., 2002), LEDA traitbase (Kleyer et al.,  
220 2008) and the database of ecological indicator values of vascular plants of Central Europe  
221 and Alps (Ellenberg and Leuschner, 2010). From these data sets we derived for each plant  
222 species: (1) guild - grass, sedge, forb or herbaceous legume (Klotz et al., 2002); (2) realised  
223 ecological optima of plant species in terms of soil moisture, and soil mineral  
224 nitrogen/nutrients content given by Ellenberg's indicator value for N (ENIV) and  
225 Ellenberg's indicator value for moisture (EMIV) (Ellenberg and Leuschner, 2010); (3) seed  
226 mass (Kleyer et al., 2008); 4) canopy height, defined as the distance between the highest  
227 photosynthetic tissue and the base of the plant (Kleyer et al., 2008); 5) SLA (Kleyer et al.,

228 2008), i.e. the one sided area of a fresh leaf divided by its oven-dry mass (Pérez-  
229 Harguindeguy et al., 2013). For this paper, we have chosen for the simplicity and  
230 consistency to use term "trait" in its broad sense (Pywell et al., 2003) to apply to species  
231 Ellenberg's indicator values. It should be noted, though, that Ellenberg's numbers are not  
232 basic traits, but attributes that integrate various ecophysiological and morphological  
233 characteristics of plants (Bartelheimer and Poschlod, 2016).

## 234 2.5. Soil analysis

235 Seven randomly positioned soil samples were taken in January 2011 from each of the 76  
236 experimental plots after the first season of growth. This soil was sampled from the layer  
237 of 0–8 cm, i.e. from the root zone. The depth of rooting was determined in the field by  
238 observing the soil profile in a few different places. The seven subsamples collected from  
239 each experimental plot were then combined into a single averaged sample. The content of  
240 plant-available forms of the main nutrients: nitrogen (N), phosphorus (P) and potassium  
241 (K), as well as pH and texture were determined. The measured content of the nutrients  
242 was referenced to the thresholds for agricultural plant nutrition levels for the assessment  
243 of fertilizer needs (Appendix E).

244 Soil moisture was determined in the field with a 'FOM/mts' meter (the Institute of  
245 Agrophysics of the Polish Academy of Sciences, Lublin). The meter measures volumetric  
246 soil moisture content by responding to changes in the apparent dielectric constant of  
247 moist soil. The moisture was measured in the layer 0-11 cm, six times during the growing  
248 season in 2010 and twice in 2011. Although the recorded relative differences in soil

249 moisture across experimental plots were broadly similar for both these years, we used  
250 only data collected in 2011, because it met the minimum sample size criteria (Appendix F).  
251 In 2011 the measurements were performed in May and July, in four points that were  
252 distributed regularly along the diagonal of each plot, and the results were averaged for  
253 each plot.

254 The availability of soil N for plants was expressed by means of the content of ammonium  
255 ( $\text{NH}_4\text{-N}$ ) and nitrate ( $\text{NO}_3\text{-N}$ ) forms, assayed with the method of segmented-flow  
256 colorimetry. In subsequent regression analysis, the sum of both these forms (soil mineral  
257 N) was used as a predictor. Determination of plant-available forms of P and K was made  
258 with the use of the Egner-Riehm DL method. The methodology of soil analysis is described  
259 in detail in our previous paper (Czerwiński et al., 2015). As the response metric  $E_i$  is  
260 derived from the four plots within each block an average value of each of the soil  
261 parameters was determined for each of the 19 blocks.

## 262 2.6. Data analysis

263 2.6.1. The response of individual species to the conditions caused by tillage  
264 The size of the effect of tillage on the abundance of each of the sown species  $i$  was  
265 expressed by  $E_i$  value. The significance of this effect was estimated by calculating the  
266 significance of the difference in the abundance of a species  $i$  between the tilled plots ( $X_{i,d} -$   
267  $X_{i,b}$ ) and the non-tilled plots ( $X_{i,c} - X_{i,a}$ ). A paired two-sided  $t$ -test at 95% confidence level

268 was used to test the significance of the difference. There were 51 species so the  $t$ -test was  
269 performed 51 times.

### 270 2.6.2. The response of the target vs. non-target species to the site conditions 271 changed by tillage

272 We also analyzed how the conditions caused by tillage affected the establishment of  
273 particularly desired, semi-natural grassland species (“target species”) and non-priority  
274 species (“non-target species”). These were considered as two separate groups. Target  
275 species were those that represent species-rich, semi-natural grasslands, particularly of  
276 *Molinion caeruleae* alliance and *Festuco-Brometea class* (Kącki, 2013). All the other species  
277 were considered non-target, because they were ubiquitous in the region and did not need  
278 to be transferred to the restoration area. To compare the response of the two species  
279 groups, average  $E_i$  value across each of these groups was used. In addition, for each group  
280 the significance of the difference in multivariate species abundance between the tilled  
281 plots ( $X_{i,d} - X_{i,b}$ ) and the non-tilled plots ( $X_{i,c} - X_{i,a}$ ) was calculated, using a multivariate  
282 Hotelling's  $T^2$  test (Zar, 2007).

### 283 2.6.3. The effects of species attributes and site conditions on the 284 establishment success of the sown species on tilled vs. non-tilled soil

285 We tested which trait characteristics of plant species in combination with underlying soil  
286 conditions would predict the effect of tillage on the abundance of plant species ( $E_i$  index).  
287 This was undertaken using a multi-model inference approach with MuMIn (Bartoń, 2013)  
288 in R version 3.0 (R Core Team, 2015) with linear mixed effects models defined by the lme4  
289 package (Bates et al., 2015). The  $E_i$  score of each species within each block was treated as



290 a single data point so that the sample size for the analysis was 19 (number of blocks) × 51  
291 (number of sown species). Fixed effects included in the model were seed mass, canopy  
292 height, SLA, guild, as well as habitat requirements in terms of soil moisture and plant-  
293 available forms of N, P, and K, whereas random effect were blocks. Soil pH was excluded  
294 from the model because it proved to be almost the same across all experimental plots.  
295 The approach runs all possible combinations of these models excluding interactions (1024  
296 models) and uses Akaike's Information Criterion (*AIC*) to compare model fit (Burnham and  
297 Anderson, 2002). Models were ranked on the basis of their *AIC* value. For each of these  
298 models an *AIC* difference ( $\Delta_i$ ) was calculated as  $\Delta_i = AIC_i - AIC_{min}$ , where  $AIC_{min}$  is the lowest  
299 recorded value for any model, and  $AIC_i$  is the model specific *AIC* value.  $\Delta_i$  indicates the  
300 relative support for each model and is used to derive Akaike weights ( $w_i$ ) (Burnham and  
301 Anderson, 2002), which describe the probability that model  $i$  would be selected as the  
302 best fitting model if the data were collected again under identical conditions. The  $w_i$  of all  
303 N models sums to 1, so that the higher the value of this parameter the greater is the  
304 weight of evidence that it has an effect on the response variable of interest. Following  
305 Burnham and Anderson (2002) any model with a  $\Delta_i$  of less than 2 has equivalent power in  
306 explaining variation in the data relative to the identified best fit model. This is referred to  
307 as the  $\Delta AIC < 2$  model sub-set. Within this sub-set individual fixed effects will be  
308 represented to different extents, from inclusion within all models present in the  $\Delta AIC < 2$   
309 model sub-set to none. To assess the relative weight of evidence in support of each fixed  
310 effect a variable importance score was calculated as the sum of the  $w_i$  scores of models

311 containing a given explanatory factor over the sum of  $w_i$  scores from all models within  
312 that  $\Delta AIC < 2$  subset. In addition, averaged parameter estimates weighted by individual  
313 model  $w_i$  scores were calculated (Burnham and Anderson, 2002). Finally, as  $AIC$  provides a  
314 relative measure of model fit we also followed the recommendations of Symonds and  
315 Moussalli (2011) and derived a marginal  $R^2$  value for the global model. This provides an  
316 indication of goodness of fit of the models to the data, and allows an objective assessment  
317 of the importance of the considered variables in explaining responses in  $E_i$ .

### 318 **3. Results**

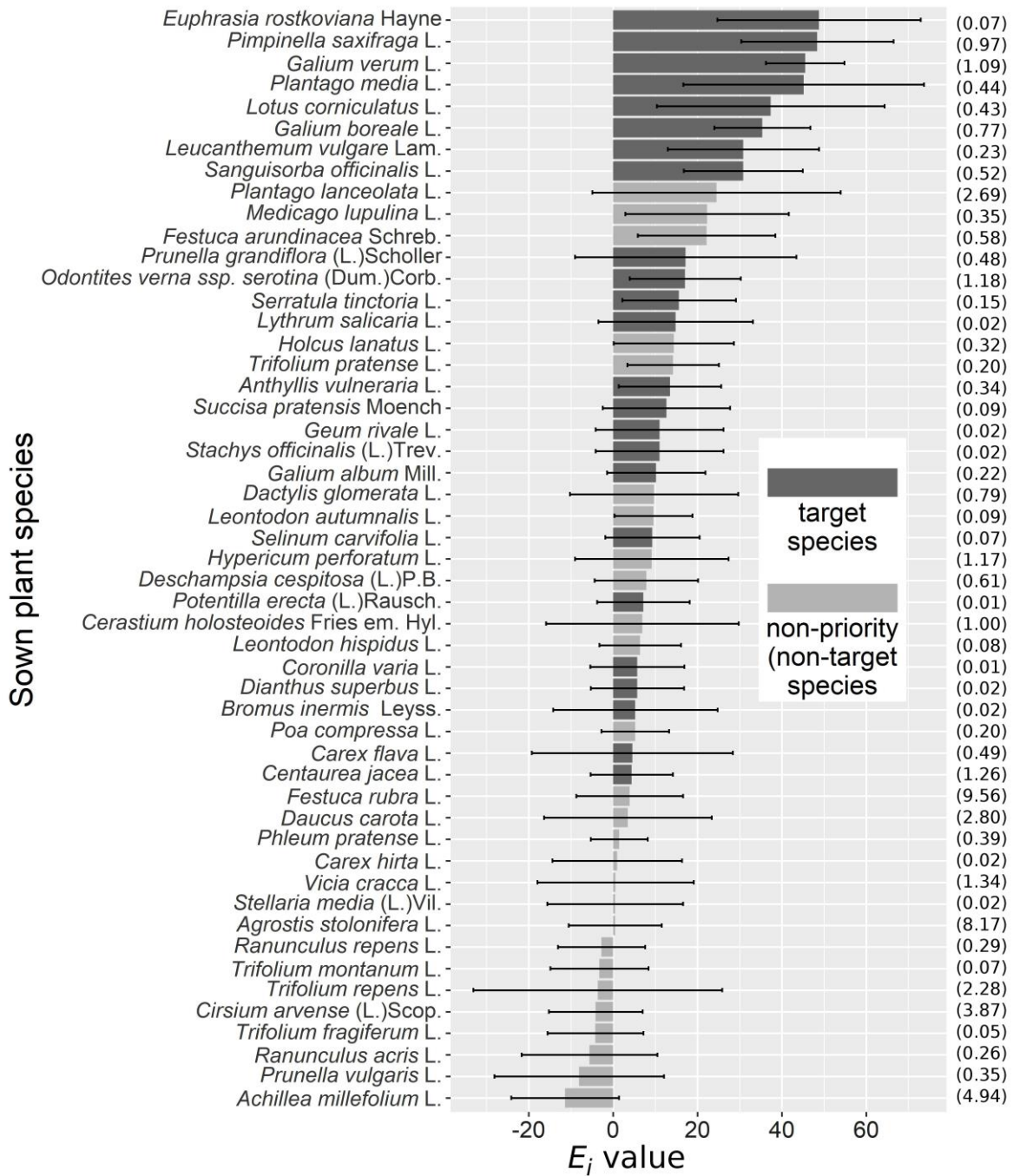
#### 319 3.1. Effects of tillage management on the establishment of individual 320 species

321 The difference in species abundance between the tilled and non-tilled plots ( $E_i$ ) show a  
322 high level of variation across the sown species, which means that full inversion tillage had  
323 a variable effect on the success of species establishment. Over a quarter of plant species  
324 were significantly more abundant on the tilled area. For over two-thirds of species no  
325 significant difference between the control and treatment area was detected (the 95%  
326 confidence interval includes zero). Considerable variation of species response within the  
327 19 blocks was observed, as indicated by wide confidence intervals (Fig. 2). Most of the  
328 plant species that were significantly more abundant on the tilled area were target species,  
329 characteristic of semi-natural grasslands. Also, an overwhelming majority of the species,  
330 for which no significant difference between the control and treatment area was detected,

331 are common, generalist, non-target plants that do not need to be introduced during  
332 grassland restoration (Fig. 2).

333

334



335

336

337

Fig. 2. The difference ( $E_i$ ) between the abundance of sown species on the tilled plots (without plants which emerged as a result of soil diaspore bank activation during the tillage) and on the non-tilled plots (without

338 plants which were present in the sward before sowing). Species abundance is normalized percentage cover  
 339 (see the main text for further details). The size of the difference, averaged across all 19 blocks, is denoted by  
 340 the gray bars. The error bars are confidence intervals constructed for the difference between the means (paired  
 341 two-sided t-test at the 95% confidence level). If the confidence interval includes zero, the difference between  
 342 the means is non-significant. The numbers in brackets on the right denote species percentage cover averaged  
 343 across all blocks and treatments at the experimental site.

344 The observed pattern in species response to the conditions caused by tillage was  
 345 confirmed by the multivariate  $T^2$  test, which showed that the abundance of the target  
 346 species is significantly higher on the tilled plots than on the non-tilled plots, whereas the  
 347 abundance of the non-target species between these two experimental treatments was not  
 348 significantly different (Table 1).

349 Table 1

350 Statistical difference in the abundance of the sown plant species between the group of the tilled and non-tilled  
 351 (control) plots. The significance was assessed separately for the semi-natural grassland species and for the  
 352 other (non-target) species, using the multivariate two-sided Hotelling's  $T^2$  test.

Group of the sown species	Mean abundance in the non-tilled plots, $(X_{i,c} - X_{i,a}), (\%)$	Mean abundance in the tilled plots, $(X_{i,d} - X_{i,b}), (\%)$	Test statistic, $T^2$	Degrees of freedom	$p$ -value
Semi-natural grassland species	1.2	21.4	9.89	24, 13	<0.001
The other (non-target) species	0.1	3.3	1.15	28, 9	0.438

353

354 3.2. Predicting the effect of tillage on plant establishment based on site

355 conditions and species functional traits

356 Of 1024 models explaining the size of the effect of tillage on the abundance of the sown

357 plants ( $E_i$ ), only 17 were represented within the  $\Delta AIC < 2$  confidence set (Table 2). The

358 global model for this relationship explained 7.6% of the variance in the data. Only two

359 explanatory variables were present in all 17 models within the  $\Delta AIC < 2$  confidence set.

360 These were ENIV and soil mineral N content (Table 2).

361 The establishment from seed on tilled soil was more successful for plant species with low

362 ENIV (from 1 to 3), i.e. *Pimpinella saxifraga*, *Galium verum*, *Plantago media*, *Lotus*

363 *corniculatus*, *Galium boreale*, *Leucanthemum vulgare*, *Prunella grandiflora*, *Serratula*

364 *tinctoria*, *Anthyllis vulneraria*, *Succisa pratensis* and *Stachys officinalis* (Appendix D).

365 Moreover, species establishment from seed on a tilled soil was more successful for soils

366 that are richer in mineral N (Table 2), or more specifically,  $\text{NH}_4\text{-N}$  (Appendix E).

367 The dependence of  $E_i$  on species ENIV and soil mineral N content was caused by the

368 response of species that were sown on the tilled plots. The response of the species that

369 were sown into the non-tilled area was similar across the whole gradient of soil N

370 availability and over the whole range of species ENIV (Figures 4a and 4b).

371 Soil moisture measured in the field was the third most important co-variable, being a

372 component of 14 out of 17 models explaining species response to tillage. A slightly

373 negative effect of tillage on the establishment of the introduced plant species was

374 detected for the experimental blocks where soil was the moistest (Table 2 and Fig. 3c).

375 The fourth factor that diversified plant species composition of the experimental area in

376 the first year after sowing was EMIV. This variable occurred in 11 out of 17 best fit models.

377 The moister the realized habitat niche of a species, the poorer was the establishment from

378 sown seed into tilled soil. This result was due largely to the unsuccessful establishment of

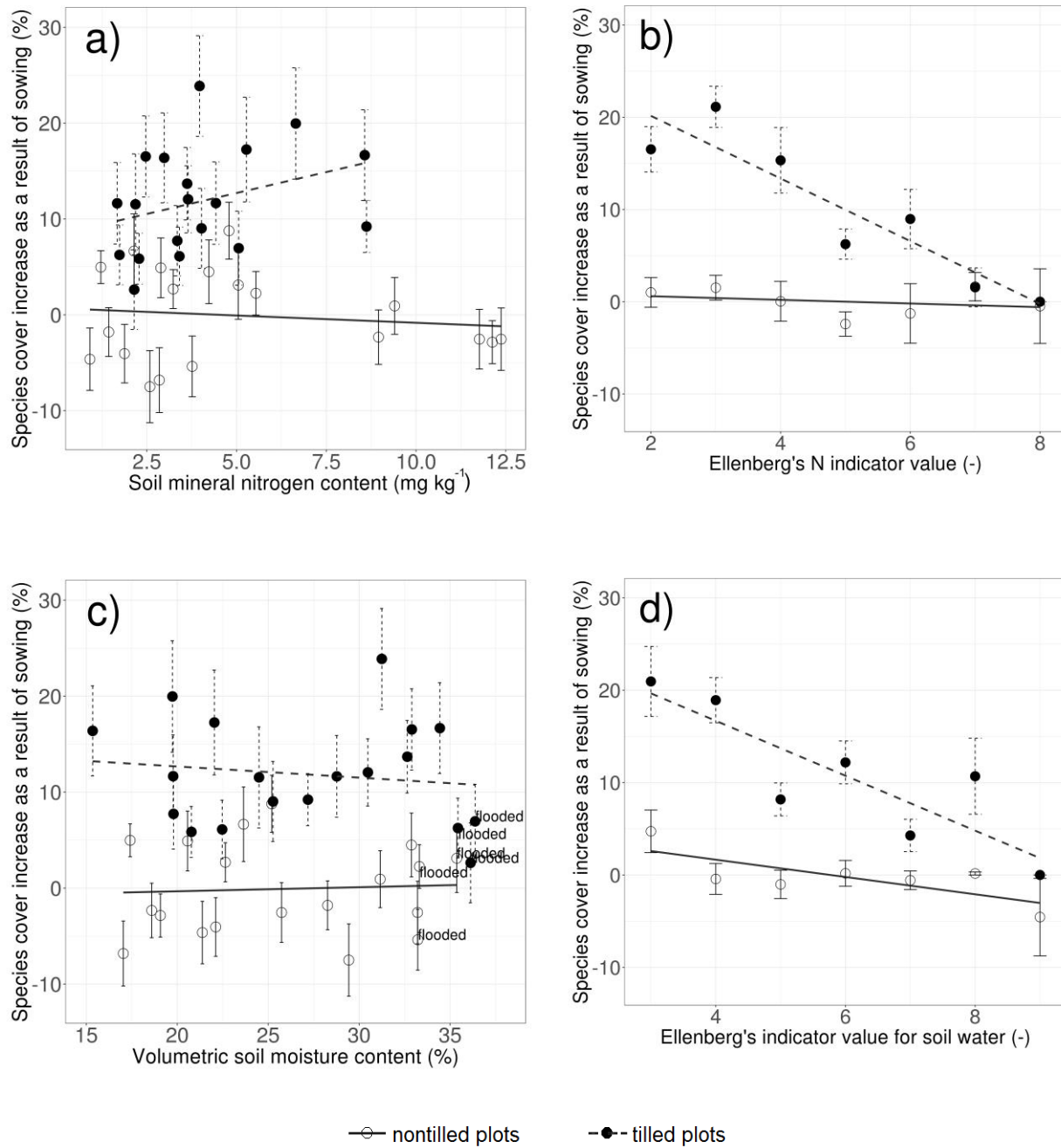
379 plants that are indicative of moist habitats, such as *Carex flava*, *Lythrum salicaria*,  
380 *Trifolium fragiferum*, *Ranunculus repens*, *Potentilla erecta* and *Selinum carvifolia* (where  
381 the EMIV score is 7 or 8). Typically greater establishment success was observed for plants  
382 that occur in semi-dry habitats (EMIV is 3 or 4): *Plantago media*, *Pimpinella saxifraga*,  
383 *Prunella grandiflora*, *Medicago lupulina*, *Hypericum perforatum*, *Daucus carota*,  
384 *Leucanthemum vulgare* (Appendix D). The relationship between  $E_i$  and species EMIV was  
385 shaped mainly by the response of species that were sown on the tilled plots (Fig. 3d).

386

387 Table 2. The 17 linear mixed models (M1-M17) within the  $\Delta AIC < 2$  confidence set that explain the response of individual species establishment success on tilled  
 388 soil to the fixed effects of individual species traits and soil conditions. The inclusion of a fixed effect within each of these models is indicated by 1, while *AIC*  
 389 scores, delta weight ( $\Delta_i$ ) and the model selection probabilities ( $w_i$ ) are provided. Parameter estimates ( $\beta$ ) were generated by averaging across all models within the  
 390  $\Delta AIC < 2$  confidence set and using the selection probabilities to weight this process. VI-scores refer to the variable importance scores derived from summed  $w_i$   
 391 values. Abbreviations: : ENIV = Ellenberg's indicator value for N / nutrients (-); Soil N = Soil mineral N; EMIV = Ellenberg's moisture (-); SLA = Specific leaf  
 392 area; Soil K = Plant-available K content in soil; Soil P – Plant-available P content in soil.

	ENIV	Soil N	Soil moistur e	EMIV	SLA	Seed mass	Soil K	Canopy height	Soil P	<i>AIC</i>	$\Delta_i$	$w_i$
M1	1	1	1	1						9682.2	0	0.10
M2	1	1	1							9682.3	0.12	0.10
M3	1	1	1	1	1					9682.4	0.24	0.09
M4	1	1	1		1					9683.0	0.84	0.07
M5	1	1	1	1		1				9683.2	1.05	0.06
M6	1	1	1			1				9683.3	1.15	0.06
M7	1	1		1						9683.5	1.32	0.05
M8	1	1	1	1			1			9683.6	1.38	0.05
M9	1	1								9683.6	1.45	0.05
M10	1	1	1	1	1	1				9683.6	1.47	0.05
M11	1	1	1				1			9683.7	1.50	0.05
M12	1	1		1	1					9683.7	1.55	0.05
M13	1	1	1	1	1		1			9683.8	1.62	0.05
M14	1	1	1					1		9684.0	1.82	0.04
M15	1	1	1	1				1		9684.0	1.84	0.04
M16	1	1	1	1	1			1		9684.1	1.93	0.04
M17	1	1	1	1					1	9684.1	1.97	0.04
<b>VI- score</b>	1.00	1.00	0.85	0.63	0.35	0.17	0.15	0.12	0.04			
<b><math>\beta</math></b>	-3.013	1.090	-0.342	-1.949	-0.239	-0.779	0.055	-4.984	0.023			





395 Fig. 3.

396 The abundance of the sown plant species on the tilled and non-tilled plots in the function of the most important  
 397 predictors identified in the previous analysis (Table 2). The abundance of the species on the tilled plots refer to ( $X_{i,d} -$   
 398  $X_{i,b}$ ) term in the equation 2; the abundance of the species on the non-tilled plots refer to ( $X_{i,c} - X_{i,a}$ ) term in the  
 399 equation 2. The difference between these two terms is the effect of tillage on the abundance of the subsequently  
 400 sown plant species ( $E_i$ ). The following regressors were used: soil mineral nitrogen/nutrients content (a), Ellenberg's

401 N indicator value (b), volumetric soil moisture content (c), and Ellenberg's indicator value for soil moisture (d).  
402 Species abundance, i.e. the terms  $(X_{i,d} - X_{i,b})$  and  $(X_{i,c} - X_{i,a})$ , were averaged across all plant species having the same  
403 Ellenberg's indicator value (plots a and c) or across all species recorded in the same pair of plots (plots b and d). The  
404 error bars denote the standard error of the mean. Regression lines (dashed line) are for univariate relationships only  
405 and are included to provide a visual reference for the relationship.

406  
407 In addition to these key variables that dominated the best fit models of the  $\Delta AIC < 2$  confidence  
408 set, other factors were also seen to affect establishment. However, these all had low  
409 importance score ( $< 0.4$ ) and weak slope estimates ( $\beta$ ), indicating that these variables were  
410 unlikely to be important predictors of predictors of  $E_i$ . This included SLA, seed mass, canopy  
411 height, and the availability of K and P in the soil. The tillage favored the establishment of species  
412 with relatively low SLA, small seeds and low canopy. Also, the sown species established more  
413 successfully on plots where the soil was richer in plant available K and P. None of the 17 models  
414 that were represented within the  $\Delta AIC < 2$  confidence set included guild (Table 2).

## 415 4. Discussion

### 416 4.1. Effects of tillage management on the establishment of sown plant species

417 The restored vegetation was observed after the sown plant species had survived the first phases  
418 of development: seed germination, seedling emergence and the growth of juveniles. Plant  
419 survival rates in this period shape long-term trajectories of community development and can  
420 determine the ultimate success of the restoration project as small differences in initial species  
421 establishment can result in priority effects with permanent impacts on community composition  
422 (Galatowitsch, 2008; Fukami et al., 2005; Young et al., 2005).

423 In general the comparison of the abundance of individual sown plant species between tilled and  
424 non-tilled plots suggests that soil tillage, used as a restoration management practice before

425 sowing seeds promoted the establishment of semi-natural grassland species (Fig. 2). The  
426 multivariate test of the response of the target vs. non-target species provided evidence for this  
427 hypothesis (Table 1). These findings match results obtained in previous studies (Hofmann and  
428 Isselstein, 2004; Hopkins et al., 1999; Pywell et al., 2007; Schmiede et al., 2012) and are also in  
429 agreement with the rule formulated by Bullock (2000) whereby most species in most  
430 communities will establish better in gaps, although most species can also establish some  
431 seedlings in intact vegetation.

#### 432 4.2. Predicting the effect of tillage on plant establishment: explanatory power of 433 the model

434 Although percentage cover varied considerably across the sown species and experimental  
435 blocks, only 7.6% of the variation in cover was explained by extrinsic environmental conditions  
436 (e.g. soils) and intrinsic species traits. This means that the variations in the abundance among  
437 the sown plant species in the first year following sowing cannot be attributed merely to the  
438 characteristics of those species, so the exclusion of plant species from the sown pool in  
439 continuous sward represents a habitat and trait independent process to a certain degree.  
440 However, ecological filtering (Keddy, 1992) can still continue during the reproductive phase of  
441 plants' life histories. Independent of this, full inversion tillage represents a seedbed preparation  
442 measure that increases the chance that sown semi-natural grassland species will be able to  
443 outcompete common grassland plants.

444 It is highly likely that the variation in  $E_i$  metric, which describes the effect of tillage on the  
445 abundance of the subsequently sown plant species, was influenced by the timing of tillage and

446 seed sowing. On the non-tilled area, the conditions for plant establishment were relatively  
447 constant throughout the first growing season after sowing, whereas on the tilled area, the  
448 chance of successful plant establishment from seed was highest in the spring in the first year  
449 following tillage. This was before the canopy of the developing vegetation had shaded soil  
450 surface. By the following summer and autumn, the conditions for seed germination and seedling  
451 emergence were not so favorable. The time niche for plant establishment which was created by  
452 tillage might have facilitated the establishment of species for which regeneration takes place in  
453 spring the year after their production, while inhibiting species that establish typically in autumn,  
454 shortly after seed shedding (Grime, 2002). The time window created by tillage might have also  
455 supported the establishment of species that quickly respond to the favorable environmental  
456 conditions by massive and rapid recruitment from the released seed, and do not rely on  
457 persistent soil seed bank (Grime, 2002). Since we had monitored the developing vegetation in  
458 spring or early summer after sowing, we were not able to investigate these effects.  
459 Nevertheless, they could have decrease the accuracy ( $R^2$ ) of our model, and, given the possible  
460 priority effects, they should be investigated in future studies.

#### 461 4.3. Predicting the effect of tillage on plant establishment based on site conditions

##### 462 4.3.1 Soil nitrogen and Ellenberg's N indicator value

463 Among the intrinsic and extrinsic (environmental) predictors of species response to tillage, soil  
464 mineral N content was one of the most important factors. On the tilled part of the experiment  
465 area, lower availability of N in soil was accompanied by lower abundance of the sown species  
466 (Table 2, Fig. 3a). The other most important predictor was ENIV. The higher ENIV of a species so  
467 the lower was the abundance of this species on a tilled soil (Table 2, Fig. 3b). It is not clear what

468 kind of environmental limitation underlies the latter relationship, as ENIV may reflect species  
469 response to the availability of nutrients in general, not only to the availability of N (Bartelheimer  
470 and Poschlod, 2016; Ellenberg and Leuschner, 2010; Schaffers and Sykora, 2000). However, the  
471 following findings suggest that ENIVs reflect species response to the availability of N: (1) the role  
472 of soil availability of P and K on species abundance was negligible; (2) the impact of soil N  
473 availability was relatively high, and its direction was the same as that seen for the relationship  
474 with ENIVs (Table 2). Moreover, the significant relationship between ENIVs of sown species and  
475 their abundance cannot be explained in terms of seedling adaptation to emerge in dense sward.  
476 This is because the relationship was determined by the response of species that were sown on  
477 the tilled plots, whereas the response of the species that were sown on the non-tilled area was  
478 similar over the whole range of ENIVs (Fig. 3b). Altogether, the results indicate that plants  
479 establishing on the tilled part of the experiment area grew under N deficiency in the year  
480 following tillage. Plowing grasslands in autumn greatly increases mineralization of soil N and this  
481 effect lasts for about a year. At this time, from 60 to 350 kg ha<sup>-1</sup> is leached in the form of nitrate  
482 (Besnard et al., 2007; Conijn and Taube, 2004; Hatch et al., 2004; Shepherd et al., 2001).  
483 Certainly, the intensity of N mineralization on the studied ex-arable area was not as intense as  
484 reported for fertilized grasslands, because the studied soils were already poor in mineral N  
485 before tillage (Table 1). Also, the biomass which was plowed down was probably smaller than  
486 for fertilized grasslands, because it was produced by ruderal vegetation, which did not develop  
487 dense sod. Nevertheless, the literature cited above supports the hypothesis that in the  
488 experimental area, the rate of N mineralization was elevated in the year following soil inversion,  
489 but its resources liberated to the soil were rapidly leached from the surface layer and were no

490 longer available for plants during the establishment of the sown species. Chemical analysis did  
491 not detect any difference in soil mineral N content between the tilled and non-tilled plots  
492 (Czerwiński et al., 2015). The failure to detect significant effects may have been due to the  
493 limited number of soil samples, with the many values below detection limits in the analyzed  
494 data set, necessitating the use of non-parametric tests which tend to be less sensitive to small  
495 differences than parametric tests (Czerwiński et al., 2015).

496 We were not able to unambiguously identify ecophysiological and morphological characteristics  
497 which lied behind the ENIVs of the sown species and influenced their abundance on the tilled  
498 area. However, among many traits of plant species that correlate with their ENIVs (Bartelheimer  
499 and Poschlod, 2016), the following seem to have played a significant role in our experiment: (1)  
500 N requirements for germination (species with high ENIVs germinate better at high N availability  
501 in soil while species with low ENIVs have optimum germination at lower N availability); (2) N  
502 requirements for the formation of leaves (the requirements are higher for species that have  
503 higher ENIVs); (3) relative growth rate (which is limited by the availability of N or nutrients in  
504 general).

#### 505 4.3.2 Soil moisture and Ellenberg's M indicator value

506 The predictors of species response to tillage linked to soil moisture were the other two most  
507 important factors. The establishment success on the tilled vs. non-tilled area was lower for  
508 species that are indicative of moist habitats and for sites (experiment blocks) where the soil was  
509 moister. These two relationships seem to be contradictory, but further analysis shows that they  
510 complement each other (Fig. 3c and 3d). The former relationship can be easily explained by the  
511 effects of drought that occurred in July in the year when the introduced plants were

512 establishing. The drought seem to have limited the development of the introduced plants,  
513 particularly those that are typical of moist habitats and this limitation must have been stronger  
514 on the tilled area because of the exposure of plants to direct insolation and wind (Fig. 3d). This  
515 explanation is consistent with the second hypothesis of our study. The latter dependence, which  
516 does not support this hypothesis, was shaped by low  $E_i$  scores obtained for three blocks that  
517 were flooded in the first spring after sowing seeds. Within these blocks many introduced plants  
518 must have died from soil anoxia and the mortality was higher on bare soil surface, which was  
519 situated a few centimeters lower than on the non-tilled area due to the lack of the layer of turf  
520 and litter (Fig. 3c).

#### 521 4.3.3 Other soil conditions

522 The positive effect of tillage was more pronounced on the experimental plots where soil K was  
523 more available (Table 2). This indicates that the plants introduced into a tilled area grew under K  
524 deficiency during their establishment. Indeed, in our previous study we observed a decrease in  
525 the content of mobile K in the surface layer of the soil under the influence of tillage operations  
526 (Czerwiński et al., 2015). This decrease should be attributed chiefly to the acceleration of the  
527 chemical weathering of the primary minerals in which nearly all of the soil K is bound, and the  
528 accompanying leaching of K into the deeper soil layers (Mengel, 2007).

529 The influence of soil P content on the cover of the sown plant species on the tilled vs. non-tilled  
530 area was found to be marginal. This could be due to plant growth being limited principally by  
531 the availability of soil mineral N (Table 2), and so according to the Liebig's law of the minimum,  
532 this element determined the results. Alternatively, soil P content was similar for ca. 80% of the

533 experimental plots (Appendices E and G), which could have hampered the detection of the  
534 effect of this element.

535 4.4. Predicting the effect of tillage on plant establishment based on species  
536 functional traits  
537 The difference in cover of the sown plant species between the tilled and non-tilled plots  
538 decreased with the increasing SLA of the species. This relationship can be interpreted in view of  
539 the severeness of the conditions that prevailed on the tilled land, and in the context of plant  
540 species characteristics that are associated with SLA. High SLA is typical for plants that are  
541 relatively sensitive to drought, and occur in shady and wind-sheltered places. Also, plants with  
542 high SLA fail to dominate on nutrient-poor places (Lambers et al., 2008).

543 Tillage was advantageous for the establishment of smaller-seeded species, but the observed  
544 relation was quite weak (Table 2). It is worth noting that the results of studies investigating the  
545 establishment of grassland plants in naturally appearing gaps also failed to sufficiently support  
546 the hypothesis that seed size plays important role in this process (Bullock, 2000).

547 We found that the relationship between canopy height and the effect of tillage on the  
548 abundance of the subsequently sown plant species was quite weak. This may seem somewhat  
549 surprising, since canopy height, similarly to seed mass, affects the competitive vigor of plants.  
550 What is more, for the analyzed species pool these two traits were positively correlated ( $r=0.39$ ).  
551 It should be noted, though, that seed mass influences species competitiveness during seedling  
552 establishment (Kotowski et al., 2010), the phase which was crucial for the outcome of our  
553 experiment, whereas canopy height is associated with competitive vigor throughout the whole  
554 plant life.



555

556 4.5. Implications for practice

557 The results of this study have important implications for grassland restoration, particularly  
558 where seed mixtures contain a diverse range of species. This may be the case where seeds are  
559 harvested from existing species-rich grasslands, using indiscriminate and extensive suction or  
560 brushing methods. Where soil tillage precedes sowing of these seed mixtures, and the time  
561 period between these two restoration measures is sufficiently long, plants typical of low-  
562 productive but diverse communities will be the principal beneficiaries. However, the absence of  
563 tillage is likely to select against such species, creating an establishment bias for common  
564 generalist herbs that while present in many grasslands, do not represent a key target for  
565 restoration. These results favor the inclusions of tillage into environmental management  
566 schemes aimed at promoting grassland restoration.

567

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