1	Climatic variability during the last millennium in Western Iceland from lake sediment
2	records
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23 Abstract

24 The aim of this research was to create a decadal scale terrestrial quantitative palaeoclimate record 25 for NW Iceland from lake sediments for the last millennium. Geochemical, stable isotope and 26 chironomid reconstructions were obtained from a lake sequence constrained by tephra deposits on 27 the Snæfellsnes peninsula, W Iceland. Obtaining a quantitative record proved problematic, but the 28 qualitative chironomid record showed clear trends associated with past summer temperatures, and 29 the sedimentological records provided evidence for past changes in precipitation, mediated through 30 catchment soil inwash. When the full range of chronological uncertainty is considered, four clear 31 phases of climatic conditions were identified: (1) a relatively warm phase between AD 1020 - 1310; 32 (2) a relatively stable period between AD 1310 and AD 1510, cooler than the preceding period, but 33 still notably warmer that the second half of the millennium; (3) a consistent reduction of 34 temperatures between AD 1560 - 1810, with the coolest period between AD 1680-1810; (4) AD 1840 35 - 2000 has temperatures mainly warmer than in the preceding two centuries, with a rising trend and 36 increased variability from c. AD 1900 onwards. The reconstructions show clearly that the first half of 37 the millennium experienced warmer climatic conditions than the second half, with a return to the 38 warmer climate only occurring in the last c. 100 years. Much of the variability of the chironomid 39 record can be linked to changes in the North Atlantic Oscillation (NAO). The reconstructions 40 presented can track low frequency and long-term trends effectively and consistently but high 41 resolution and calibrated quantitative records remain more of a challenge - not just in finding 42 optimal sedimentary deposits, but also in finding the most reliable proxy. It is this that presents the 43 real challenge for Holocene climate reconstruction from this key area of the North Atlantic. 44 45 46 Keywords 47 Iceland – palaeolimnology – chironomids– Little Ice Age – Medieval Climate Anomaly – North Atlantic 48 Oscillation 49 50 51 52 53 54 55 56

57 Introduction

58 Understanding spatial variability in palaeoclimatic reconstruction relies heavily on high resolution 59 quantitative data provided from climate proxies. Because of the importance of the sensitivity of the 60 arctic and sub-arctic to climate change there have been attempts to derive such reconstructions for 61 the North Atlantic (Kaufman et al., 2009) and a number of sites in Iceland have been examined for 62 their palaeolimnological records to potentially be used for such reconstructions (Axford et al., 2009; 63 2011; Geirsdóttir et al., 2009a; Langdon et al., 2011; Larsen et al., 2011, 2012). Typically it has 64 proved problematic to calibrate Icelandic proxy records into a quantitative temperature record. For 65 example a biogenic silica (BSi) record for the last 2000 years from the Icelandic site Haukadalsvatn 66 has been shown to be a proxy for spring/summer conditions related to diatom productivity 67 (Geirsdóttir et al., 2009b), but it did not prove possible to calibrate this quantitatively. At other lakes 68 in Iceland attempts have been made to provide quantitative data utilising chironomid-inferred July 69 temperatures based on the Icelandic chironomid training set (Axford et al., 2007; Langdon et al., 70 2008, Holmes et al., 2011), and a multi-decadal scale summer temperature record now exists for NW 71 Iceland since AD 1650 (Langdon et al., 2011). Longer records do exist, but at lower resolution 72 (centennial scale) and quantification has relied on DCA axis related temperature correlations (Axford 73 et al., 2009) or using a Norwegian chironomid training set (Caseldine et al., 2003). 74 Palaeolimnological approaches have therefore yet to provide consistent high-resolution quantitative 75 terrestrial temperature records for the later Holocene in Iceland. There are a number of potential 76 reasons for this: 77 (1) It is still unclear what sort of lake provides the best sediments for analysis in Iceland. Axford 78 et al. (2009) have highlighted difficulties with large, deep lakes, especially for chironomid 79 based temperature reconstruction approaches. Additionally, with any transfer function 80 approach, there may be problems associated with secondary gradients (Juggins 2013), and 81 hence caution is required in interpreting such reconstructions; 82 (2) Altitude may also be significant as the only Icelandic lake to produce chironomid based proxy 83 results that correlate well with instrumental data, Mýfluguvatn, lies at 435 m above sea level 84 (Langdon et al., 2011), and may well indicate that it is only at higher altitudes that climate 85 changes will be significant enough to register in the faunal or sedimentary records. If this is 86 the case then these lakes are likely to have relatively low sedimentation rates, and relatively 87

88 (3) Post Settlement (~AD 874) human influences on catchments, particularly soil erosion 89 (McGovern et al., 2007), have been shown to affect chironomid assemblages within lakes

low concentrations of potential proxies;

- 90 (Lawson et al., 2007). Careful site selection, limiting the effects of human settlements, is
 91 important, particularly over the instrumental (calibration) period;
- 92 (4) There are as yet few proxies that have the potential to provide quantitative palaeoclimatic 93 data. % BSi has been interpreted as responding to local diatom productivity, which in turn is 94 a function of climate, especially the duration of the ice-free season and spring temperatures 95 (Geirsdóttir et al., 2009b; Striberger et al., 2012), but does not yet provide a quantitative 96 signal. Similarly at Haukadalsvatn Geirsdóttir et al. (2009b) have shown that the sediment 97 total organic carbon content (TOC) is strongly related to soil erosion and summer 98 temperatures, but again not yet quantified. Chironomid-based calibration models can be 99 used to provide chironomid-inferred temperature (C-IT) reconstructions (Langdon et al., 100 2008; Axford et al., 2007, 2009; Holmes et al., 2011) although they have not yet been widely 101 tested at a variety of locations and lake types in Iceland;
- (5) Chronology and sedimentation rate still play an important role in determining whether lake
 sediments can provide high resolution, robust data. Radiocarbon dating has been found to
 present problems in Iceland (Geirsdóttir et al., 2009b), ideally requiring a sound
 tephrochronology for age-depth profiles, possibly with assistance from palaeomagnetism
 (Ólafsdóttir et al., 2013).
- 107

Multiproxy, tephrochronologically constrained data presented here from Baulárvallavatn, studied as part of the EU-funded MILLENNIUM project, attempt to address the issues raised above. Owing to the location of Iceland in such an important position for the climate of the North Atlantic and the development of high quality marine records that are now available for the region (e.g., Massé et al., 2008; Ólafsdóttir et al., 2010; Sicre et al., 2011; Cunningham et al. 2013) it is important to determine how best to provide the necessary terrestrial equivalent and the results from this study reveal both the potential and problems of such work.

115

116 Study Site

Baulárvallavatn (64°54′N, 22°53′W) in western Iceland (Figure 1a) was selected after preliminary examination of a range of lakes in the region to provide a high-resolution palaeoclimate record for the last 1000 years. The site was chosen because it is located only 20 km from the meteorological station at Stykkishólmur which has an observational record dating back to AD 1845, extended to AD 1823 using data from Reykjavík (available at <u>http://www.vedur.is</u>), providing a good opportunity to validate the proxy record over the observational period. Lakes closer to the station were considered to be more affected by human activity and to likely be less sensitive to temperature variations lying

- 124 close to sea level. Baulárvallavatn, located at 193 m above sea level, was considered more likely to
- 125 be temperature sensitive, whilst retaining a reasonable sedimentation rate. Additional site
- 126 description and data are detailed in Holmes et al. (2009).
- 127

128 Materials and Methods

129 Fieldwork

130 A bathymetric profiling of the lake (Figure 1b) was produced by traversing the lake in a boat with a 131 depth sounder and portable GPS. A 70 cm core (BAUL) was obtained from a water depth of 30 m 132 using a UWITEC corer. The core was not taken from the deepest part of the lake (46m) but was from 133 a relatively flat bottomed part of the lake (Figure 1b), as in the deeper areas the lake bottom shelved 134 steeply and potential problems exist with using the Icelandic temperature transfer function on deep 135 (z_{max} > 30m) sites (Axford et al., 2009). The core was returned to the laboratory where it was stored 136 at 4 °C. Other replicate cores were taken from across the basin, and key stratigraphic changes and/or 137 specific measured parameters are reported below.

138

139 Sediment geochemistry

- 140 On return to the laboratory the core was split in half and analysed using the Itrax micro-XRF core
- 141 scanner (Croudace et al., 2006) at the British Ocean Sediment Core Research Facility (National
- 142 Oceanography Centre, Southampton). These analyses provided X-radiographic images and down-
- $143 \qquad \text{core elemental compositional variations at a 200}\,\mu\text{m}\,\text{resolution}.\,\text{The XRF data were acquired using a}$
- 144 Mo X-ray tube running at 30kV 30mA. A count time of 15 seconds per increment was used.
- 145

146 Chronology

- 147 Despite the well documented problems of radiocarbon dating in Icelandic lakes, primarily due to old
- 148 carbon entering the lake system through terrestrial and/or groundwater pathways, some pilot
- 149 radiocarbon analyses were attempted on BAUL. Due to a lack of terrestrial macrofossils within the
- 150 core five bulk sediment subsamples were sent to the Poznan Radiocarbon laboratory for dating, with
- 151 one level, 47-47.5 cm, also being analysed for the humic acid fraction. A water sample (taken in
- 152 2007) was also analysed for its radiocarbon content.
- 153
- 154 The uppermost samples were freeze dried and analysed for ¹³⁷Cs by gamma spectroscopy using a
- 155 well-type coaxial low background intrinsic germanium detector. ¹³⁷Cs was measured using the 660
- 156 keV gamma energy and counting was for 100 ksec for each sample. The efficiency function of the
- 157 detector was determined using an NPL (Teddington, UK) certified mixed gamma source.

158

159 Tephra analyses can be a useful addition to developing chronological models in Iceland (e.g. Boygle 160 1999; Caseldine et al., 2006), although relatively large volumes of background ash levels can make 161 identifying individual eruptions problematic. In western Iceland relatively few primary ashfalls have 162 been identified (Thordarsson and Höskuldsson, 2008), which is unsurprising given the prevailing 163 westerly winds and that all major volcanic centres, except Snæfellsjökull, are located to the east. 164 Following visual and x-ray inspection of the core, and XRF scanning a number of samples were 165 selected for tephra analyses (cf. Kylander et al., 2012). These samples were sieved (80 and 25 μm) 166 and processed using a heavy-liquid separation method (Turney, 1998) to isolate the 2.3-2.5 g/cm³ 167 and >2.5 g/cm³ fractions. Each fraction was prepared onto slides for geochemical analysis by 168 electron microprobe analysis (EPMA). A Cameca SX-100 microprobe housed at the University of 169 Edinburgh was used for this work and the operating conditions followed those outlined in Hayward 170 (2012). In order to derive a chronological model with estimated age uncertainties throughout the core the chronological information (coring date, ¹³⁷Cs peak and tephra dates) were input into the R 171 172 package Bchron (Haslett and Parnell, 2008). Bchron (MCMC function, 100000 iterations) fits a 173 compound Poisson-gamma distribution to the increments between the dated levels; these are then 174 used to predict ages for depths through the core. The mean chronology was calculated and is the 175 chronology that is used to plot the downcore data from Baulárvallavatn. The full range of 176 chronological models (10000) provides us with chronological uncertainties for the whole core not 177 usually afforded when using historical tephrochronology.

178

179 Magnetic susceptibility

The magnetic susceptibility of discrete samples (0.5 cm freeze dried samples) was measured using a Bartington MS2 Susceptibility system (Dearing, 1994). Both low (χlf) and high (χhf) frequency mass magnetic susceptibility were measured, and percentage frequency dependent susceptibility (χfd%) was calculated.

184

185 $\delta^{13}C$, %TOC, and %TN

186 Bulk sediment organic carbon isotope ratios ($\delta^{13}C_{organic}$), total organic carbon (%TOC) and total

187 nitrogen (%TN) were determined on decarbonated samples using a Carlo Erba Elemental Analyser

- 188 (NA 1500) attached to a VG Optima mass spectrometer and VG Triple Trap. $\delta^{13}C_{\text{organic}}$ values were
- 189 calculated to the VPDB scale using a within-laboratory standard (BROC) (replication precision of
- 190 $\pm 0.12\%$; 2 σ). %TOC and %TN were determined with reference to an Acetanilide standard
- 191 (replication precision 0.16; 2σ). These values were used to calculate weight C/N ratios.

192

193 Diatom and modern water stable isotopes

194 Samples for $\delta^{18}O_{diatom}$ were prepared using a process of chemical digestion, differential settling, 195 sieving and heavy liquid separation loosely based on Morley et al. (2004). Sediment samples were 196 treated with 30% H₂O₂ at 90°C until reactions ceased (to remove organic material), before using 5% 197 HCl to eliminate any carbonates. Following differential settling, all samples were centrifuged in 198 sodium polytungstate (3Na2WO49WO3.H2O) (SPT) heavy liquid, resulting in the separation and 199 suspension of diatoms from the heavier detrital residue. The purified diatom samples were then 200 sieved at 10 µm and checked for purity using microscopy. Multiple cleans were required to ensure 201 that all tephra shards were removed. Purified diatom samples were analysed for $\delta^{18}O_{diatom}$ using the 202 step-wise fluorination method outlined in Leng and Sloane (2008). The outer hydrous layer of the 203 diatom, known to freely exchange isotopically with water (e.g. Juillet-Leclerc and Labeyrie, 1987), 204 was removed in a pre-fluorination stage using BrF₅ at low temperature. This was followed by a full 205 reaction at high temperature to liberate oxygen that was then converted to CO₂ (Clayton and 206 Mayeda, 1963) and measured for $\delta^{18}O_{diatom}$ using a MAT253 dual-inlet mass spectrometer. All $\delta^{18}O$ 207 values were converted to the VSMOW scale using the within-run laboratory standard BFCmod, and 208 are reported here in per mil (‰). Replication precision for δ^{18} O is typically +/–0.3‰

209

210 Oxygen isotope (δ^{18} O) measurements on water samples were made using the CO₂ equilibration 211 method with an Isoprime 100 mass spectrometer plus Aquaprep device. Deuterium isotope (δ D) 212 measurements were made using an online Cr reduction method with a EuroPyrOH-3110 system 213 coupled to a Micromass Isoprime mass spectrometer. Isotope measurements used internal 214 standards calibrated against the international standards VSMOW2 and VSLAP2. Replication 215 precisions are typically +/- 0.05‰ for δ^{18} O and +/-1.0‰ for δ D.

216

217 Subfossil chironomids

218 Samples were prepared for subfossil chironomid analysis using standard techniques (Brooks et al., 219 2007) including ultrasound treatment (Lang et al., 2003). The head capsules were identified using 220 Hofmann (1971), Wiederholm (1983), Schmid (1993), Rieradevall and Brooks (2001) and Brooks et al. 221 (2007). The chironomid diagram was produced using C2 (Juggins, 2007). Principal components 222 analysis (PCA) was undertaken using Canoco (ter Braak and Smilauer, 2002) and both the Icelandic 223 chironomid-inferred July air temperature transfer function (Langdon et al., 2008) and a combined 224 Norwegian-Icelandic chironomid-inferred July air temperature transfer function (Holmes et al., 2011) 225 were applied to the downcore data using C2 (Juggins, 2007). Bchronproxyplot (Parnell and Haslett,

2008) was used to produce inferred climate reconstructions showing the full range of chronologicaluncertainty.

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- 229

230 Results

231 Sediment geochemistry

232 The X-radiographs generated images revealing clear millimetric and sub-millimetric layering (Figure 233 2). The distinct dark bands correspond to denser mineralogical layers that most likely indicate ash 234 layers or in-wash events. The higher density of such layers may relate to composition and/or finer 235 grain size. The identification of relative density variations of layers at medium to high resolution 236 coupled with the elemental analytical capability permits the potential recognition of marker layers, 237 which were investigated further to try and identify well defined tephra layers (see below). The 238 elemental signatures of the layers seen implied that recognition is easiest with intermediate-acid 239 igneous compositions (co-variation in Si, K, Rb and Zr). Two tephras were identified, both from the X-240 radiograph and clear peaks in K and Zr, towards the base of the core, at depths of 55-56 cm and 66-241 67 cm (Figure 2).

242

243 Other elemental signatures and ratios can typically be used to help identify variations in clastic input. 244 For example, Si/Ti are typically used to reflect clastic input associated with grain size variations (e.g. 245 Chawchai et al, submitted), although other researchers have argued it can be a proxy for biological 246 silica (BSi) (Johnson et al. 2011; Liu et al. 2013). Si has multiple roles in geochemical processes, being 247 found in siliceous microfossils and mineral material. Given the large amount of mineral materials in 248 Icelandic lake sediments, notably from (often reworked) basalts and related igneous material, the 249 Itrax data was studied to see if we could see evidence for changes in clastic input, which may be 250 driven by changes in precipitation. Zr/Rb ratios were examined, as Rb is commonly associated with 251 clay, while Zr is enriched in coarse silts, hence high Zr/Rb reflect coarse particles (Schillereff et al. 252 2014). However, the dominant basaltic composition of sediment sources in the Baulárvallavatn 253 catchment makes the use of geochemical proxies for environmental/precipitation changes (e.g. Si/Ti, 254 Zr/Rb) difficult as the Itrax signals for Si and Rb are small (except where there is a contribution from 255 more evolved ash-rich layers of intermediate to silicic composition). So in the current context the 256 Itrax data (geochemistry and radiograph) aid the identification of tephras (especially intermediate-257 silicic), but elemental profiles do not indicate any clear variations that correlate with other proxies 258 for environmental change.

260 Chronology

The ¹³⁷Cs analyses showed a clear peak in levels attributed to 1963 at 2.5 cm depth. Providing a longer chronology for the sediment sequence proved to be problematic. The series of radiocarbon dates showed no regular change through time with all dates providing values between 2600-2100 ¹⁴C yr BP (Table 1). A radiocarbon determination of modern lake water (sampled in 2007) showed considerable input of old carbon from the eroding soils in the catchment and there is little reason to believe that such an ageing effect will not have occurred consistently over the last millennium.

267

268 Eight samples were selected for tephra analyses. The two visible tephra layers (55-56 cm and 66-67 269 cm) were geochemically identified as the Landnám (AD871 ± 2; Grönvold et al., 1995) and Sn-1 (1780 270 ± 35 BP; Larsen et al., 2002) tephras (Figure 3a). Both the basaltic and the rhyolitic component of the 271 Landnám tephra were present. Glass shards from the remaining tephra-rich horizons were 272 geochemically identified as deriving from the Hekla, Snæfellsjökull, Torfajökull, Katla and Veiðivötn 273 volcanic systems (Table 2). The density fractions were dominated by silicic shards (SiO₂ >63%: 2.3-2.5 274 g/cm³) and basaltic shards (SiO₂ 45-52%: >2.5 g/cm³). Intermediate shards (53-62% SiO₂) were found 275 in both density fractions. The silicic samples were dominated by shards from Torfajökull (To) and 276 Snæfellsjökull (Sn). These are interpreted as reworked shards from the Landnám and Sn-1 eruptions 277 (and possibly Sn-2 and Sn-3; Jóhannesson et al., 1981) since no younger tephras from these systems 278 are known (Haflidason et al 2000). Silicic shards from Katla (SILK) occur in some samples. These 279 shards are also interpreted as reworked and can either derive from the youngest silicic eruption of 280 Katla, SILK-YN which is dated to 1676 ± 12 BP or the older SILK-N4 (Larsen et al., 2001, Larsen and 281 Eiríksson 2008). These eruptions had lobes extending to the northwest and it is possible that some 282 shards may have reached western Iceland and the catchment of Baulárvallavatn. Intermediate and 283 silicic shards from Hekla occur in most samples, and are especially abundant at 10-11 and 23-24 cm. 284 However, given the abundance of reworked shards from other older silicic eruptions, a significant 285 part of the Hekla shards can be expected to be reworked, in particular the highly silicic shards (SiO₂ 286 >65%). Basaltic tephra from all the main basaltic volcanic systems occur in the samples, i.e. 287 Grímsvötn, Veidivötn and Katla. However, the dominant basaltic component has high Al₂O₃ (c. 15-16 288 wt %) and K_2O (c. 0.8-1.2 wt %) content and has affinities to basaltic lavas from the Snæfellsnes 289 Volcanic Zone, mostly those of the Ljosufjoll system (Kokfelt et al, 2009; Steinthorsson et al. 1985 290 and unpublished data). It could, however, also originate from the older hyaloclastite formations in 291 the vicinity of the lake and be blown or washed in to the lake. 292

293 All analyses are listed in Table 2 and details can be found in the Supplementary Material. The tephra-294 based age model assumes that some of the analysed tephra shards are primary and represent true 295 isochrons in the sediment. We are aware, however, that the majority of the shards are likely 296 reworked by catchment processes. For example, several of the shards with Hekla affinity could be 297 reworked from prehistoric eruptions which had a westward distribution, e.g. Hekla-B and Hekla-C 298 (Larsen and Eíriksson, 2008). Although each sample contained a mixture of shards thought to 299 originate from different volcanic centres, we pinpoint the specific volcanic eruption based on the 300 abundance of shards and the known dispersal patterns of historical eruptions in Iceland. For 301 example, two samples (3-4 cm and 14-15 cm) contain relatively large amounts of shards from 302 Veiðivötn, but despite these relatively high numbers, we are not aware of any historical eruptions 303 from this centre being dispersed towards northwest Iceland, and hence interpret them as reworked 304 shards from the basaltic part of the Landnám tephra. The samples at 3-4 cm contain a numbers of 305 basaltic grains from Katla. Tephra was dispersed widely from the eruption of Katla in 1918 including 306 one lobe reaching Snæfellsnes (Larsen et al., 2014) and we suggest that the shards in the 3-4 cm 307 sample derive from that eruption. The sample at 10-11 cm has abundant tephra from several 308 volcanic systems. Silicic shards from Hekla, however, are one of the most abundant components 309 within this sample and it is possible that some of these shards (SiO₂ <65%) derive from the relatively 310 large eruption in 1766. Tephra-fall was reported from north and northwest Iceland but the Hekla 311 1766 deposit has as yet, not been found on Snæfellsnes (cf. Larsen et al., 2014). Tephra from the 312 eruption of Katla in 1721 reached western Iceland (Larsen et al., 2014) and we suggest that the few 313 Katla shards in the 14-15 cm may relate to this event. The same sample also contains a reasonable 314 number of shards from the Hekla volcanic system which may be derived from Hekla-1693 event. The 315 Hekla-1693 tephra was carried towards the northwest and has recently been confirmed in lake sites 316 in the Western fjords (Langdon et al., 2011). The sample at 23-24 cm is more difficult to assign to a 317 certain eruption. More than half of the analyses suggest an origin in the Hekla system and indeed 318 several of the analyses show similarities with the Hekla 1510/Loch Portain B tephra, found in 319 Scotland and Ireland (Figure 3b; Dugmore et al., 1995; Pilcher et al., 1996). Reports from Iceland, 320 however, are scarce (Larsen et al., 2014) and indicate a main dispersal axis towards the southwest. 321 Nonetheless, given the good matches identified in Figure 3b, we use Hekla 1510 in our age model 322 (Table 2). Only a few analyses are available from 29-30 cm and the shards with Hekla affinity do not 323 allow a secure correlation with any of the historic eruptions of Hekla. It is possible, however, that the 324 Hekla 1341 eruption reached the area since a tephra fall was reported in west and northwest Iceland 325 at this time (Thorarinsson 1967). We are unable to pinpoint a volcanic eruption for sample 33-34 cm.

The tephra dates (Table 2) were used alongside the ¹³⁷Cs data and coring date to produce a 327 328 chronological model using Bchron, which is presented in Figure 4. Given the uncertainties 329 associated with which Hekla eruption might be represented by the samples at 23-24 cm and 29-30 330 cm (as noted above), three age models were developed, taking into account the maximum 331 uncertainties (i.e. oldest and youngest possible tephras for the less certain Hekla levels). The most 332 parsimonious model is shown in Figure 4, with Hekla 1510 assigned to 23-24 cm, and Hekla 1341 333 assigned to 29-30 cm. This approach allows the estimation of chronological uncertainty through the 334 core; chronological uncertainty is smaller closer to the tephra layers where the chronology is 335 constrained by the most confident tephra matches. There is a reasonably constant sedimentation 336 rate of approximately 0.05 cm yr⁻¹ during the past 1000 years. Although beyond the main timescale 337 focus of this study it can be seen that prior to Settlement the sedimentation rate was lower (c. 0.02 338 cm yr⁻¹), as would be expected from other Icelandic lake sites.

339

340 %TOC, C/N, organic carbon isotope composition and magnetic susceptibility data

The %TOC, C/N, δ^{13} C and magnetic susceptibility data (Figure 5) show clear changes through the 341 342 record. Isolated spikes (low %TOC values at AD 870 and AD 1341) reflect the dominant input of 343 isolated tephra horizons from single eruptions; details also identified from the Itrax elemental data 344 (cf. Kylander et al., 2012). Apart from the effect of the Sn-1 tephra (c. AD 170) prior to Settlement 345 the sedimentary records are relatively uniform implying little variability in catchment dynamics 346 through time, with a δ^{13} C value around –26‰, %TOC of around 3% and C/N of c. 9. After Settlement all these proxies show significant variations with a trend to increasing %TOC, lower δ^{13} C, reaching <-347 348 27‰ at the surface, and C/N values of between 10 and 12, though these decrease to around 9.5 at 349 the surface. Changes are less apparent in the magnetic susceptibility record with greater variability 350 before the last millennium, but slightly higher low frequency susceptibility values following 351 Settlement. A short lived peak in frequency dependent susceptibility c. AD 1210 stands out, which 352 also corresponds with an increased peak in %TOC, C/N and increase in δ^{13} C.

353

354 Modern water and diatom stable isotope composition

Waters for isotope analysis were sampled soon after ice out (April/May 2007), which likely reflects winter precipitation, and also from the preceding summer, July 2006, to compare any seasonal differences. The winter waters had lower δ^{18} O compared to summer, and Baulárvallavatn and the other nearby lakes all plot along the global meteoric water line (GMWL) (Figure 6), indicating the lake waters represent seasonal variation in precipitation and a sub-annual lake water residence time (St Amour et al., 2010). Two of the lakes, Svínavatn and Saurarvatn, have summer isotope 361 compositions that define a local evaporation line (LEL). Both these lakes are smaller and shallower
 362 than Baulárvallavatn, suggesting that these lakes evaporate in the summer but are recharged in the
 363 winter.

364

365 The diatom δ^{18} O data (Figure 5f) cover the period AD 100-1300. No samples were analysed post-366 AD1300 as the background tephra concentrations were too great, prohibiting clean preparations 367 from being obtained, despite several attempts. The data pre-AD 1200 vary between +28.4 to +32‰, 368 with a mean value of +29.7%. A peak value of +32‰ is centred on AD 295, with low values (around 369 +29‰) centred pre-AD 200, and around AD 540, AD 930, and AD 1140. Post-AD 1200, there is a 370 short-lived increase to +40‰ around AD 1205 before a decrease to +26‰, the lowest value 371 measured in the core, c. AD 1295. The extreme high value of +40‰ was replicated in multiple 372 sample analyses and compared with spikes in other sedimentological proxies (Figure 5). The isotopic composition of present day waters (δ^{18} O, δ D) was measured from Baulárvallavatn and nearby lakes 373 374 (Figure 6).

375

376 Chironomid stratigraphy

377 Forty six chironomid taxa were identified in the Baulárvallavatn core; the percentage diagram (Figure 378 7) shows selected taxa only. The chironomid assemblage is dominated by Heterotrissocladius 379 grimshawi-type (between 24-73%) with Psectrocladius sordidellus-type (2-32%), Chironomus 380 anthracinus-type (0-32%), Paracladopelma (0-18%), Eukiefferiella (0-17%) and Micropsectra (0-14%) 381 the next most abundant taxa. These taxa commonly occur in high levels in many other Icelandic 382 lakes (Langdon et al., 2008). The majority of the chironomid taxa present occur throughout the core 383 and although there are no major changes in terms of one taxon replacing another, there are some 384 clear trends and oscillations in certain taxa throughout the core. The base of the sequence is 385 dominated by relatively high abundances (although variable) of thermophilous taxa such as C. 386 anthracinus-type and P. sordidellus-type that lasts until the early 1300s. There is a noticeable change 387 in chironomid assemblage c. AD 1450-1520, with an increase in Chaetocladius. The period from late 388 AD 1500 to mid AD 1800 has a relative increase in *Diamesa*, which typically represent cooler 389 conditions. Head capsule concentration ranged between 19 and 187 head capsules g⁻¹, with the 390 peak concentration of 187 head capsules g^{-1} occurring at c. AD 1220.

391

392 *Chironomid-inferred temperature reconstructions*

393 The most commonly used method to produce a temperature reconstruction from downcore data is

394 to apply a transfer function developed using a modern surface sample training set (e.g., Caseldine et

395 al., 2006; Axford et al., 2007; Langdon et al., 2008; Gathorne-Hardy et al., 2009). The mean July air 396 temperature reconstruction produced by applying the Icelandic transfer function (Langdon et al., 397 2008) to the Baulárvallavatn data (Figure 7) shows a range of reconstructed temperatures of 2.5 °C 398 (maximum = 9.7 °C; minimum= 7.2 °C) during the past 1000 years. The chironomid samples covering 399 the period 1961-1990 infer a mean July air temperature of 8.59 °C. When this is compared with the 400 modelled mean July air temperature of 9.62 °C from 1961-1990 (Björnsson et al. 2003) it is clear 401 there is an under-prediction of over 1 °C (just within the model RMSEP of 1.1 °C). A combined 402 Norwegian-Icelandic transfer function (Holmes et al., 2011) was also applied to the data (Figure 7), 403 as this model may produce more realistic temperature reconstruction (Holmes et al., 2011). The 404 results from this approach were similar to those produced using the Icelandic transfer function, 405 though the range of reconstructed temperatures was slightly smaller (2.2 °C). When compared to 406 the Stykkishólmur instrumental temperature data (corrected for altitude) both the chironomid-407 inferred temperature reconstructions produce values which under-predict by between 0.5 °C and 1 408 °C. It should be remembered that the chronological uncertainty precludes validation of the 409 chironomid data against the instrumental data, and therefore only a visual comparison is used here. 410 It is clear from this approach that the trends and pattern of the C-IT reconstructions are not similar 411 to the instrumental data. Over the whole period studied both the chironomid-inferred temperature 412 reconstructions suggest that the second half of the millennium had higher temperatures, with the 413 warmest period occurring between c. AD 1600-1840 and the warmest temperature reached c. AD 414 1800. This is contrary to what is known about the climate of this time from other data sources; as a 415 result the chironomid-inferred temperature reconstructions are not interpreted any further (cf. 416 Axford et al., 2009) and possible reasons for this are discussed below.

417

418 Ordination of the chironomid data

Detrended correspondence analysis (DCA) revealed a gradient of 0.98 standard deviation units
resulting in the linear treatment of the data in further analyses. PCA was carried out and PCA axis 1
scores are shown in Figures 7 and 8. The PCA axis 1 scores show a remarkable similarity to other
palaeoclimatic proxy data covering the same time period (Figure 9) and have been interpreted as
providing a palaeoclimatic reconstruction with higher PCA axis 1 scores reflecting warmer
temperatures and lower PCA axis 1 scores reflecting cooler temperatures (see below for discussion).
Figure 8 was produced using Bchronproxyplot in Bchron (Haslett and Parnell, 2008) and shows the

427 PCA axis 1 scores plotted using a sample of 1000 chronologies (grey lines) produced for the core.

428 The PCA axis 1 scores are also plotted against the mean chronology (black line); using this, the

429 highest PCA axis 1 score occurred c. AD 1060 while the lowest score occurred c. AD 1780. It can be 430 seen, when taking into consideration chronological uncertainty, that the period c. AD 1000 to c. AD 431 1550 has higher PCA axis 1 scores (and therefore was warmer) than the period c. AD 1550 to AD 432 2006. Looking at the grey plots it seems that the latter period has more variability, though this is 433 possibly due to tighter chronological constraint during this time. It is also clear from this diagram 434 that using data such as these (e.g. non-varved, non-annually resolved data) to perform calibration 435 against instrumental data would be unwise, therefore this has not been attempted as part of this 436 study. A better chronologically constrained core would be needed in order to do this.

437

438 Discussion

439 The sediment record and lake history

440 By combining the %TOC, C/N, δ^{13} C and sedimentation rate results it is possible to infer the changing 441 nature of sedimentation into the lake over the last millennium. Prior to Settlement (~AD 874) 442 sedimentation was low at 0.02 cm yr⁻¹ and %TOC reflects lake productivity as seen in C/N values 443 below 10 (algal material), and δ^{13} C around –26‰ (typical of aquatic plants, Figure 5). Following 444 Settlement the rate of sedimentation increased by a factor of 2.5 to 0.05 cm yr⁻¹, with a rapid 445 doubling in %TOC and a change in C/N to over 10 (suggesting a terrestrial component). From around 446 AD 1400 there was a further gradual rise in C/N peaking at the end of the 19th century, mirroring a change in δ^{13} C to –27‰ (values typical of terrestrial plants). The %TOC, C/N and δ^{13} C records 447 448 correlate well (Figure 9). As %TOC increases, so does C/N, indicating that the increase in %TOC is 449 driven by in-wash of terrestrial organic matter (higher C/N than algae) and hence old soil carbon and 450 terrestrial plant fragments were likely continuously added to the lake system (cf. Axford et al., 2009; 451 Gathorne-Hardy et al., 2009; Geirsdóttir et al., 2009b). The lower δ^{13} C with increased %TOC 452 corroborates this interpretation (Langdon et al. 2010). The alternative explanation, of increasing algal productivity, would have led to increases in δ^{13} C (not decreases), as algae preferentially utilise 453 454 ¹²C (Meyers and Teranes, 2001). Interestingly, it is this latter relationship that Geirsdóttir et al. 455 (2009b) found at Haukadalsvatn, with an associated increase in BSi, suggesting that the lake had 456 undergone a phase of enhanced productivity, perhaps stimulated through the input of increased 457 organic matter.

458

The ability of quite large plant remains to be deposited across the lake can be observed during spring melt when rivers in flood and small debris flows extend over the remaining ice cover. It seems likely that isolated peaks in δ^{13} C could indicate extreme winter/spring flood or flow events that move material directly onto ice over the deeper parts of the lake, as a suite of cores from across the lake 463 showed occasional lenses of poorly humified plant debris. The importance of redeposited C in the 464 lake, both as particulate and dissolved material is evident from the radiocarbon analyses. The lake 465 water currently has a radiocarbon age of almost 3500 years and this, coupled with redeposited plant 466 and/or soil remains from the catchment, gives the relatively uniform set of ages for the lake 467 sediment. Sufficient macrofossil remains for dating were not available from the selected core, although in an adjacent core a date of 2120±30 ¹⁴C BP was obtained from moss remains near the 468 469 base of the core, a date that fits well with the depth and age of the tephra Sn-1 in the sampled core. 470 Nonetheless, given the evidence of increased erosion from the catchment there is no guarantee that 471 ages from terrestrial macrofossils will be contemporaneous between the date of inwash and the 472 material being transported.

473

474 The increased soil erosion through the last millennium at Baulárvallavatn (increase in %TOC etc.) is 475 most likely due to one, or both, of two processes. Settlements at lower altitudes typically introduced 476 sufficient grazing around the lake to initiate severe and persistent soil erosion (e.g. Simpson et al., 477 2004; Lawson et al., 2007), and this is likely a background effect. Superimposed on this are changes 478 in climate, as cooler dry summers can reduce vegetation cover, enhancing aeolian erosion and 479 transport of organic matter into the lake (Geirsdóttir et al., 2009b). Increases in %TOC can thus be 480 interpreted as moving towards cooler summers, with dry windy winters, as exemplified by 481 Geirsdóttir et al. (2009b). Following this line of argument, it seems likely that significant shifts in the 482 δ^{13} C record, as at c. AD 1240 and AD 1550, may well represent a climate driven signal, with the highest %TOC and C/N and the lowest δ^{13} C (outside the most recent sediments) being found around 483 484 AD 1750, a period interpreted as particularly cold (see later discussion) (Figure 9). The emerging 485 interpretation is thus of a lake subject to enhanced organic input derived from the surrounding 486 catchment over the last millennium, in contrast to preceding centuries, which most likely reflects in 487 part an anthropogenic signal, but crucially, a strong climate signal through increased erosion of a less 488 resilient surface soil.

489

490 Climate variability of the last 1000 years

491 The δ^{18} O_{diatom} record (Figures 5 and 9) is interpreted in terms of changes in seasonal precipitation 492 following the arguments outlined in Rosqvist et al. (2013), as Baulárvallavatn is a hydrologically open 493 lake (low residence time, non-evaporative). When cool Arctic air masses dominate, lake waters have 494 low δ^{18} O, whereas higher δ^{18} O would result from southwesterly derived north Atlantic air masses 495 (GNIP database, 2014). Rosqvist et al. (2013) argue that for their δ^{18} O_{diatom} records from Sweden, 496 temperature impacts on the stable isotope record are likely negligible, as the summer temperature 497 changes over the last 1000 years are in the order of 1 °C (Esper et al., 2012). Given the net effect of 498 an increased condensation temperature is in the order of +0.5%/°C (following Rosqvist et al., 2013), 499 and the amplitude of the $\delta^{18}O_{diatom}$ record is 3.6‰ (pre AD 1200), it is likely that temperature is not 500 the main driver of this isotopic signal, compared to changing source of precipitation. The relatively 501 high values around AD 300, AD 650 and from AD 950-1100 likely suggest summer precipitation 502 (south westerly sources) dominated compared to winter Arctic precipitation. Conversely, around AD 503 540, AD 930 and AD 1150, winter precipitation was likely relatively dominant. The sharp peak just 504 after AD 1200, with extremely enriched stable isotopes, can be explained as a period of high evaporation, or higher summer rainfall (with higher $\delta^{18}O_{diatom}$) and lower winter rainfall (lower 505 506 $\delta^{18}O_{diatom}$). In the former scenario of higher evaporation the lake level may have dropped sufficiently 507 to cause the lake to become effectively closed, thus increasing $\delta^{18}O_{diatom}$ further by higher 508 evaporation (Leng and Marshall, 2004). The final sample in the $\delta^{18}O_{diatom}$ dataset, around AD 1300 509 has the lowest $\delta^{18}O_{diatom}$, and thus is indicative of a shift to relative dominance of winter 510 precipitation compared with summer.

511

512 The $\delta^{18}O_{diatom}$ data and interpretation of the sedimentological proxies fits well with the chironomid 513 response (Figure 9). However, it is clear that the transfer function results do not correspond well 514 with the sedimentological data, given they show increased warming between c. AD 1600-1850, 515 when the other proxies suggest enhanced cooling. This is likely related to the increased %TOC, which 516 typically is associated with increased productivity and warming temperatures (e.g. Velle et al., 2010). 517 However, this relationship between productivity and climate can decouple, as argued in Brooks et al. 518 (2012). It is decoupled in the Icelandic transfer function (Langdon et al., 2008), as %TOC plots 519 orthogonal to summer temperature. The Langdon et al. (2008) model includes many lowland lakes, 520 where relatively high levels of organic productivity are associated with warmer temperature lakes. 521 Nonetheless, the large increases in %TOC in Baulárvallavatn, which are likely associated with cooler 522 summers (cf. Geirsdóttir et al., 2009b), does seem to affect the transfer function performance in 523 relation to the presence of a strong secondary gradient (Juggins, 2013), and it is thus not surprising 524 that sensible quantitative results are not generated. There are a number of semi-terrestrial taxa 525 (e.g., Chaetocladius, Limnophyes, Paraphaenocladius/Parametriocnemus and Pseudosmittia) present 526 at various points in the Baulárvallavatn chironomid record which could support the suggestion of 527 increased catchment erosion due to cooler summers and drier winter conditions. These taxa are 528 present in low numbers in the Icelandic training set and have relatively warm temperature optima 529 (Langdon et al., 2008) and may be a factor contributing to the unreliable temperature reconstruction 530 produced using the Icelandic transfer function, while an ecological interpretation (supported by the

531 PCA analyses) supports the assertion that they are responding to temperature. Despite the problems 532 with transfer functions outlined by Juggins (2013), there is strong evidence that chironomids are 533 sensitive to summer temperatures in Iceland (Caseldine et al., 2003, 2006; Langdon et al., 2008, 534 2011; Holmes et al., 2011) and hence in *some* lakes provide a valid temperature reconstruction. 535 Axford et al. (2009) argued for a link with August temperatures through a calibration with the 536 Stykkishólmur temperature record based on a relatively small sample of 10 data points. These 537 analyses showed a stronger relationship with mean annual temperature (possibly acting via the 538 effect of ice thickness and melt-out date on chironomid growing season length and emergence 539 date), but August temperatures were reconstructed due to the known relationship between summer 540 air and water temperature and chironomids (Axford et al., 2009). It has not been possible to carry 541 out a similar calibration exercise here, due to chronological uncertainty in the upper sediments, but 542 the variability seen in this record, compared to other independent proxy data from both terrestrial 543 and marine sources (Figure 10), is strongly suggestive of a climate signal, as for instance is also 544 shown in the high altitude site at Mýfluguvatn (Langdon et al., 2011), where there is co-variation 545 between the C-IT and DCA reconstructions. Thus, although not providing a calibrated quantitative 546 record for Baulárvallavatn the PCA record does provide additional faunally-based climate evidence 547 for the last millennium and has a much stronger chronological control in terms of known 548 uncertainties, than at any other Icelandic site that covers the last 1000 years. Clear periods of long-549 term trends can be identified within the last 1000 years within the chironomid and other records 550 (Figure 10; inferring climate (summer temperature) from the chironomid PCA analyses), and group 551 broadly into four main phases:

552

553 AD 1020-1310

By comparison with the mid- to late 20th century it seems likely that temperatures were slightly warmer in general during this period. The highest temperatures were seen as an isolated peak around AD 1060 with cooling to a clear trough between AD 1130 and AD 1180. The first half of the 13th century was warm, comparable to the end of the 20th century, before a second dip after AD 1260 reaching a minimum around AD 1300. In summary the mean values between AD 1020 and AD 1310 could be interpreted as warmer than the *overall* 20th century mean with two, possibly three phases of decadal cooling centred on c. AD 1060-70, AD 1140-80 and AD 1270-1310.

561

562 AD 1310-1560

Values are relatively stable between AD 1310 and AD 1510, cooler than in the preceding period, but
 still notably warmer that the second half of the millennium. The period ends though with a sharp

decline to the second lowest values in the record centred on AD 1535 before returning to valuesseen in the rest of the period at c. AD 1555.

567

568 AD 1560-1810

From AD 1560 the PCA record suggests a consistent decline in temperatures to a minimum around
AD 1780 with the lowest temperatures in the record. There is no evidence of any even short-term
return to those temperatures preceding AD 1560, with the coldest phase being marked between AD
1680-1810.

573

574 AD 1810 – late 20th century

Apart from an early single peak around AD 1815 values are generally lower than before AD 1560,
although warmer than in the preceding two centuries. The trend from c. AD 1900 onwards is for
rising temperatures with variability between samples comparable to those throughout the record.
By the most recent sample, representing the end of the 20th century and the beginning of the 21st
century, values rise to those found almost a thousand years previously.

580

581 When the full range of chronological uncertainty is considered the four phases of climatic conditions 582 are still valid (Figure 8), and it is clear that the first half of the millennium experienced warmer 583 climatic conditions than the second half, though with a return to the warmer climate occurring in the 584 last c. 100 years. Comparison of existing records with other terrestrial data and especially offshore 585 data reveal broad scale agreements (Figure 10). Axford et al. (2011) showed significant correlations 586 across marine records around Iceland, and that sites in the west of Iceland (and offshore) relate 587 strongly to the Irminger Current and North Atlantic Drift over time (Ólafsdóttir et al., 2010). Regional 588 climatic variations across Iceland during the Holocene have been apparent from a number of studies, 589 especially for earlier in the Holocene (Caseldine et al., 2006; Axford et al., 2007), and Axford et al. 590 (2011) argue that sites in the north of Iceland may be relatively less coupled to the west, although 591 the nature of the seasonal drivers enhancing this variability over millennial timescales is not clear. 592 The Baulárvallavatn record reinforces some of the broader climate reconstructions for the last 593 millennium: peak warmth in the 11th century AD, persisting with decadal variability to the mid-13th 594 century, a period of cooling in the early 14th century with quite variable but not cold temperatures 595 until a sharp drop c. AD 1535 preceding a more steady decline in temperatures through the 17th and 18th centuries, leading to a minimum around AD 1780-1800. Temperatures begin to recover through 596 the 19th and into the 20th century eventually producing conditions comparable to those at the 597 598 beginning of the millennium (cf. Miller et al., 2012).

599

600 The decadal resolution of the chironomid data appears to clearly capture a low frequency signal with 601 multi-decadal variability superimposed on it and occasional rapid excursions. This low frequency 602 signal compares well with the Haukadalsvatn low frequency signal and as such appears to reflect the 603 orbitally driven decrease in summer insolation for this region (PAGES 2k Consortium, 2013). A clear change is observed around the start of the 13th century, shown by the initiation of a new directional 604 605 trend in the chironomid PCA reconstruction, which correlates with a change in magnetic 606 susceptibility and sedimentary proxies around AD 1210. The reconstructed cooling c. AD 1270-1310 607 coincides with a period of decreased summer temperature and increased ice growth (AD 1275-1300) 608 in Arctic Canada (Miller et al., 2012), and the beginning of a period of increased varve thickness in 609 Hvítárvatn (Larsen et al. 2011), thought to be the result of climatic changes started by a period of 610 explosive volcanism and propagated by sea-ice and ocean feedbacks (Miller et al., 2012). Andrews et 611 al. (2009) observe a major change in marine climate variability at this time, and it could be 612 interpreted as marking the climate system reorganisation and initial decline into climates associated 613 with the Little Ice Age.

614

615 The variability of the chironomid PCA axis 1 scores can be investigated further. Some periods exist of 616 relatively stable conditions with variation around a mean value, while at other times there are 617 relatively rapid shifts in regime between these stable periods, and short term severe 'events' likely 618 to be of sub-decadal duration. In order to examine this further, the PCA reconstruction was 619 smoothed using a negative exponential smoother; the analyses used a polynomial regression and 620 weights were computed from the Gaussian density function (sampling proportion 0.1, polynomial 621 degree 1). To best understand the nature of the variability in the chironomid data, the residuals of 622 the smoothed PCA were analysed through rolling windows of 50 years, 100 years and 200 years. The 623 results of each rolling window test were similar, and the 100 year dataset have been plotted against 624 North Atlantic Oscillation (NAO) variability (Trouet et al. 2009) for the last 1000 years (Figure 11). 625 The chironomid record shows a centennial scale variability that is persistent throughout the whole of 626 the last millennium. This variability is based on the residuals, and so exists on top of the long-term 627 trends noted above. Comparison with the NAO reconstruction from Trouet et al. (2009) shows a 628 clear match between the records (within the errors of the age model), especially between AD 1400-629 2000. Before this, the oscillations in the chironomids pervade, while the NAO index shows a period 630 of relatively less variability but was in a phase of enhanced dominant mode. Interestingly the 631 magnitude of the variability of the chironomids is relatively large, and increasing from AD 1000-632 1650, but thereafter reduced in magnitude. The phase of positive NAO is linked to enhanced zonal

633 flow, with westerlies delivering warmer weather to continental Europe, with the storm track moving 634 further north and so Iceland is warmer but wetter in winter. In more negative phases of the NAO sea 635 ice builds up around Iceland so it is cooler but drier. A wetter winter will likely increase snowfall 636 around Baulárvallavatn, which would be melted off in warmer summers, influencing chironomid 637 populations which typically respond to summer temperatures. Thus, the controls of NAO on 638 Icelandic temperature seem to match the variability of the chironomid faunas on a multi-decadal to 639 centennial scale. Other links have been made between NAO and aquatic ecosystems (e.g. Straile, 640 2002; Blenckner et al. 2007), with the dominant argument being for a link through food-webs 641 primarily controlled by faster population growth of algae in warmer waters. The peaks and troughs 642 in NAO at the multi-decadal scale (i.e. warmer/cooler climate) clearly relate to enhanced variability 643 of chironomid communities, suggesting that as the food-web is altered through NAO driven 644 mechanisms, the chironomids also respond in terms of relatively high levels of internal trophic level 645 variability.

646

647 Wider significance and broader issues

648 Examination of the Baulárvallavatn record, especially in comparison with the other available 649 Icelandic terrestrial data (Figure 10), raises a number of issues concerning how best to derive the 650 desired quantitative high resolution terrestrial temperature record that is really needed to compare 651 with onshore and offshore records elsewhere. It seems likely that at present chironomid-based 652 temperature reconstructions provide the best opportunity for calibrated quantitative data but it is 653 not clear whether a transfer function or calibrated PCA/DCA approach offers the best route (e.g., 654 Velle et al., 2010; Brooks et al., 2012; Juggins, 2013; Berntsson et al., 2014). For some lakes the C-IT 655 training set based methodology, however the training set is derived (Holmes et al., 2011), does not 656 appear to be able to reflect likely real temperature changes. Looking for variability in the 657 palaeorecord using PCA/DCA seems to be more appropriate, though it is reliant on accurate and 658 precise chronologies. Alternatively, in some lakes the secondary gradients may be too strong to rely 659 overly on transfer function derived C-IT (Berntsson et al., 2014). If it is assumed that such faunal 660 approaches are the optimal choice then the pressing need is to establish the types of lakes that are 661 best suited. It may be that smaller, higher lakes are more sensitive to temperature change (e.g. 662 Langdon et al. 2011), as they are relatively buffered against human impact. Low altitude, large and 663 deep lakes such as Haukadalsvatn (Geirsdóttir et al., 2009b) and Lögurinn (Striberger et al., 2012) 664 offer important opportunities for proxies such as BSi and %TOC but calibration to temperature may 665 prove difficult, as human activities are likely to impact these proxies, although in the latter case the 666 presence of a chironomid fauna may eventually prove to provide a suitable temperature record.

667 Smaller lakes at relatively low altitudes have been shown to provide sensitive C-IT reconstructions, 668 despite the possible influence of settlement (e.g. Holmes, 2008; Gathorne-Hardy et al. 2009). It 669 remains to be seen whether high productivity (hence relatively high sample resolution), air 670 temperature sensitive lakes can be found at high enough altitudes to meet the necessary criteria. As 671 such the approach followed at Baulárvallavatn offers a promising opportunity for further 672 development at sites with comparable or better dating control, and for which a well developed 673 quantitative recent record would provide the sort of robust calibration required to produce a high 674 quality temperature reconstruction. The challenge remains to produce the sort of high resolution 675 calibrated data set for temperature that both offshore records and modelling studies merit but it is 676 only by the detailed analysis of sites considered potentially suitable that the most valuable records 677 will be discovered.

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- 679

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691

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- 877 Wiederholm T (ed) (1983) Chironomidae of the Holarctic region. Keys and diagnoses. Part I. Larvae.
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- 880 List of Figures
- Figure 1: Location map of Baulárvallavatn (1a) and bathymetry, showing the coring location (1b).

Figure 2: X-radiograph and Itrax data. All elemental data are divided by the counts (kcps) and the relative smoothing of the data are shown. The geochemical data do not reveal any clear variations that can be linked to climate effects owing to the largely monolithic composition of catchment material (weathered basalt). They are successful, however, in identifying likely ash horizons, as shown by changes in the X-radiograph and associated oscillations in associated elements. Note the large spikes in K towards the base of the sequence, which represent the Landnám and Sn-1 tephras (see Table 2).

890

Figure 3: (a) Landnam vs SN-1 tephra plots; (b) Baulárvallavatn 23-24 cm (Hekla geochemistry) vs
Hekla 1510 and Loch Portain B.

893

Figure 4: Chronological model produced in Bchron. Coring date, ¹³⁷Cs (1963) date and tephra dates
(Table 2) were input. The plot shows the mean chronology and the 95% confidence limits (grey
shaded areas).

897

Figure 5: Sedimentological and isotope data. a) sediment %TOC; b) sediment δ^{13} C; c) sediment C/N; d) low frequency magnetic susceptibility; e) frequency dependent susceptibility; f) diatom δ^{18} O.

901 Figure 6: Modern day isotopic composition of Baulárvallavatn and nearby lakes. The black filled 902 circles represent a range of samples taken in April/May 2007 (end of winter) from lakes on the 903 Snæfellsnes peninsula. Catchment sampling locations included lake inflows and outflows, snow beds 904 and peat water inflows. The black filled squares are lake waters from Baulárvallavatn and Svínavatn, 905 sampled in April 2006. The open diamonds reflect lake water samples taken in July 2007 (summer), 906 and show that while most lakes plot on or near to the GMWL, two lakes (Saurarvatn and Svínavatn) 907 plot away from the GMWL, suggesting they can be relatively evaporative in the summer. 908 Baulárvallavatn summer water samples plot on the GMWL. 909 910 Figure 7: Baulárvallavatn chironomid percentage data (selected taxa); Chironomid-inferred 911 temperature reconstructions, and PCA axis 1 scores.

913	Figure 8: Chironomid PCA axis 1 score reconstruction. Reconstruction using mean chronology is in
914	black. Reconstructions using 1000 sample chronologies are in grey.
915	
916	Figure 9: Composite diagram, comparing the chironomid results (PCA axis 1 reconstruction and $\%$
917	head capsule concentration) against the organics proxies from BAUL (%TOC, $\delta^{13}\text{C}$ and C/N) and the
918	diatom δ ¹⁸ O.
919	
920	Figure 10: Composite diagram, showing chironomid results (PCA axis 1 reconstructions) against
921	selected terrestrial and marine proxies from Iceland including Stora Viðarvatn chironomid inferred
922	summer temperature (Axford et al. 2009), Haukadalsvatn BSi (Geirsdottir et al. 2009b), Hvítárvatn
923	ice thickness (Larsen et al. 2011), and offshore alkenone water temperatures (Sicre et al. 2011).
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925	Figure 11: Comparison of chironomid variability against NAO over the last 1000 years.
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927	List of Tables
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929	Table 1. Radiocarbon determinations from the BAUL sequence.
930	
931	Table 2. Details of the tephra found in each depth layer investigated. The different volcanic centres
932	are represented by Ka (Katla), Ve (Vei>ivötn), Gr (Grímsvötn), Sn (Snæfellsnes) To (Torfajökull)
933	and Hk (Hekla). The numbers in parentheses after each eruption centre relate to the number of
934	shards identified from that centre according to the major element results (see Sup. Material). The
935	tephra in the right hand column represents the most likely eruption ascribed to each depth
936	layer, as discussed in the text. Note, for the 14-15 cm layer, both ages are used in the generation
937	of the age model (Figure 4).
938	
939	

- 941 Excel spreadsheet with detailed geochemical data from each tephra shard analysed under EMPA
- 942 from the BAUL sequence.

Fig 1











Year (AD)











Fig 7



Fig 8



Fig 10





