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# Glacial and paraglacial history of the Troutbeck Valley, Cumbria, UK: integrating airborne LiDAR, multibeam bathymetry, and geological field mapping

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## Abstract

High resolution airborne LiDAR (Light detection and ranging) and multi-beam bathymetry data, supplemented by geomorphological and geological field mapping are used to derive the glacial and post-glacial history of Troutbeck Valley (English Lake District) at a catchment scale. The results inform wider regional and ice sheet wide glacial reconstructions and demonstrate the effectiveness of an integrated approach combining geomorphological and sedimentological signatures with remote sensing. The holistic catchment approach is used to reconstruct palaeo-ice flow and behaviour of a small part of the last British and Irish Ice Sheet, identifying a series of depositional environments that accompanied both ice advance, ice retreat and post-glacial deposition within the Lake District. Drumlins are mapped in the lower catchment and show multiple regional (wider-extent) ice flow events and a

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9 sedimentology consistent with deposition by lodgement processes during the  
10 Main Late Devensian Stadial. Other subglacial deposits include till sequences  
11 formed under variable basal conditions beneath an advancing ice mass. Re-  
12 treat features include a suite of recessional moraines formed by still-stands  
13 or small readvances of an outlet glacier. Following deglaciation, major sed-  
14 iment redistribution led to formation of a large fan delta via paraglacial  
15 and post-glacial fluvial sedimentation. This study indicates that an inte-  
16 grated approach, using geomorphology, sedimentology and remote sensing  
17 on a catchment scale, is capable of deriving a more in-depth understanding  
18 of regional ice sheet reconstructions and highlights the complexity of palaeo-  
19 ice sheet dynamics at a range of spatial scales.

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30 *Keywords:* glacial geomorphology, sedimentology, catchment scale, Lake  
31 District, Troutbeck Valley  
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## 34 35 **1. Introduction** 36 37

38 During the most recent Devensian Glaciation, the Lake District formed a  
39 major independent, upland centre of ice dispersion (Ballantyne et al., 2009)  
40 within the central sector of the last British and Irish Ice Sheet (BIIS), char-  
41 acterised by considerable complexity and dynamic ice-flow (Hubbard et al.,  
42 2009). Recent reconstructions of the complex geomorphological ice-flow sig-  
43 nature within the central sector of the BIIS combine glacial geomorphological  
44 mapping and landform evidence with relative and absolute dating constraints  
45 to provide a broad template of ice-flow dynamics (Livingstone et al., 2008;  
46 Evans et al., 2009; Clark et al., 2012; Livingstone et al., 2012). A number of  
47 studies have used geomorphological mapping and sedimentological evidence  
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9 in the English Lake District to reconstruct regional ice extent and flow dy-  
10 namics of the last BIIS (Clark et al., 2004; Wilson, 2004; Hughes et al., 2010)  
11 and the the Younger Dryas ice masses (YD; equivalent to the Loch Lomond  
12 Stadial or Readvance) (Sissons, 1980; Wilson and Clark, 1998, 1999; Mc-  
13 Dougall, 2001; Brown et al., 2011). Within Windermere, England’s largest  
14 lake, recent research has reconstructed the deglaciation history of the lake  
15 basin based on high-resolution seismic data (Vardy et al., 2010; Lowag et al.,  
16 2012; Pinson et al., 2013) however, little research has focused specifically on  
17 the glacial history of valley catchments draining into Windermere. This paper  
18 aims to build on existing research within Windermere, using high resolution  
19 LiDAR and multibeam bathymetry data supplemented by geomorphological  
20 and geological fieldwork to derive the Late-Quaternary history of a glaciated  
21 valley at a catchment scale. The results are used to investigate whether a  
22 catchment analysis can be used to inform wider regional and ice sheet wide  
23 glacial reconstructions.  
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### 38 *1.1. Regional Setting*

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41 Windermere is the largest natural lake in England and is divided into a  
42 North and South Basin separated by a basement high and a shallow area  
43 with numerous small islands. Troutbeck Valley is located to the east of  
44 the North Basin within the Windermere catchment, north of Bowness in  
45 Windermere, and extends approximately 11km NW towards the Cumbrian  
46 Mountains (Fig. 1). The Troutbeck (river) is an important fluvial input in  
47 the North Basin and has a catchment size of 26km<sup>2</sup> (calculated from hy-  
48 drological analysis in ArcGIS using NEXTMap data). Although Troutbeck  
49 is hydrologically subordinate to other inflows in the North Basin, it is sed-  
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imentologically more important owing to the trapping efficiency of lakes in other feeder valleys, such as Great Langdale and Easedale-Rydal. The upper reaches are located in upland terrain and have been realigned, with embankments and full bank protection in some areas. The lower reaches are less modified and are constrained within a deep valley which limits floodplain extents. A recent Fluvial Audit identified a number of unvegetated temporary bars storing a large volume of coarse sediment in the system (Barlow et al., 2009a,b). Troutbeck Valley is classified as a Site of Special Scientific Interest due to the large variety of habitats found, particularly the range and extent of flushed grassland and fen vegetation types (Natural England). The geological setting of Troutbeck (glacially eroded river valley system with many outcrops of bedrock and deposits of glacial till and boulder clay) provides a range of habitats for several vegetation types.

Figure 1: Location of study area, showing the Troutbeck catchment, Windermere, Haweswater Reservoir and previously published glacier reconstructions digitised from Sissons (1980) and Wilson and Clark (1998). Onshore DEM and catchment area calculated using 5m resolution NEXTMap data. Insert shows location map of the study area in relation to the Lake District and the British Isles, with the location of Great Langdale, Easedale, Rydal, Grasmere, Stock Ghyll and Troutbeck. Boxed area shows the location of the enlarged panel in Figure 2.

Troutbeck Valley can be described as a glacially deepened valley eroded during successive Quaternary Glaciations, with deposits of glacial till (clayey, silty, sandy gravel) on the valley floor and valley sides (BGS, 1998). Areas of ice scoured and in places weathered Ordovician (Borrowdale Volcanic Group) and Silurian (Windermere Supergroup) bedrock frequently crop out along the

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9 valley bottom (Millward et al., 2010). In the upland fells a thin discontinuous  
10 cover of glacial till occurs on ice scoured bedrock. Other glacial deposits  
11 include a number of morainic deposits within the valley formed by successive  
12 glacial retreat, and a drumlinised till sheet extending north and south beyond  
13 the lower reaches of the river. A number of drumlins have been mapped by  
14 Hughes et al. (2010) and are identifiable as elongate elliptical-shaped features  
15 which form large characteristic streamlined hills (Pearsall and Pennington,  
16 1973). Alluvial deposits of gravel, sand, silt and clay are also found in patches  
17 on the valley floor and at the mouth of the river in the form of a prominent  
18 fan delta (BGS, 1998).  
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28 During the Devensian glaciation, the Lake District formed a major upland  
29 ice-dispersal centre of the BIIS, characterised by warm-based glaciers up to  
30 800m thick (Ballantyne et al., 2009). The glacially eroded landforms of the  
31 central mountains include well developed corries, striated and glacially mod-  
32 ified bedrock and overdeepened valleys such as Windermere and Coniston  
33 Water (Pennington, 1978). Glacial landforms (such as drumlins, eskers and  
34 moraines) mantle much of the lowlands in till, interstratified in places with  
35 laminated clays, silts and sands (Pearsall and Pennington, 1973; Pennington,  
36 1978).  
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45 BIIS retreat following the Last Glacial Maximum (LGM), led to com-  
46 plete deglaciation of the Lake District by the onset of the Allerød intersta-  
47 dial (known locally as the Windermere Interstadial). Lithostratigraphical,  
48 biostratigraphical, chronostratigraphical and geochemical evidence from Low  
49 Wray Bay in Windermere has established several ages for the transition to  
50 interstadial conditions (Pennington, 1943, 1947; Coope, 1977; Pennington  
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9 et al., 1977; Huddart and Glasser, 2002). The ages are based on 2 - 7cm  
10 bulk samples from organic sediment overlying glaciogenic units, targeting de-  
11 posits containing pollen and fauna indicative of tundra type environments.  
12 The radiocarbon dates have been calibrated by Knight (2001)( $17.6 \pm 0.4$  cal.  
13 Kyr BP), Vincent et al. (2010) ( $17.7 \pm 1.0$  cal. Kyr BP) and Hughes et al.  
14 (2011) ( $17.7 \pm 0.4$  cal. Kyr BP) using CALIB v4.2, OxCal v4.0 and CALIB  
15 v6.0 respectively (calibration curves ITCAL04, ITCAL09). Although these  
16 dates record the onset of organic sedimentation in the catchment rather than  
17 deglaciation, they provide a maximum constraint for deglaciation to after  
18 18-17 ka BP. These dates broadly agree with cosmogenic  $^{36}\text{Cl}$  exposure ages  
19 from ice-moulded bedrock in the Wasdale valley (NW of Windermere), sug-  
20 gesting a maximum age constraint for deglaciation to the mountain core of  
21 the Lake District after 18.1 ka BP (Ballantyne et al., 2009).  
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34 In the central and southern Lake District, there are very few identifiable  
35 landforms which can be correlated with local BIIS ice retreat (Hughes et al.,  
36 2010). As a result, deglaciation was thought to have been rapid, charac-  
37 terised by ablation and downmelting *in situ* in response to rapid climate  
38 amelioration (Pennington, 1978). More recent studies have identified reces-  
39 sional moraines in Windermere (Pinson et al., 2013), upper Eskdale (Wilson,  
40 2004) and to the south of Windermere (Clark et al., 2004) which are cor-  
41 related with late stage residual BIIS retreat. In Windermere, the moraines  
42 are visible in the multibeam bathymetry as major ridges which cross-cut the  
43 basin creating a stepped topography (Miller et al., 2013). These glaciogenic  
44 landforms are thought to have formed by still-stands and/or small readvances  
45 indicating active ice during glacial retreat rather than *in situ* stagnation and  
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downwasting.

Following the Allerød interstadial, ice readvanced in the form of small valley and cirque glaciers during the YD between *c.* 13-11 ka BP (Coope, 1977; Pennington et al., 1977). The extent of YD glaciers to the north of Troutbeck has been inferred by Sissons (1980) and Wilson and Clark (1998) based on the location of hummocky moraines, flutes and boulder limits (Fig. 1). These glacier reconstructions suggest the Troutbeck catchment was not glaciated during the YD, and consequently the glacial deposits within the valley are thought to relate to retreat of the BIIS prior to the YD.

## 2. Methodology

### 2.1. LiDAR

LiDAR (Light detection and ranging) is an optical remote sensing technology that uses a laser to measure the distance between a sensor (normally airborne) and the ground surface, providing high resolution terrain data. The LiDAR dataset used in this study was collected by the Environment Agency, with the majority of data captured in 2008, covering a total area of 214.5km<sup>2</sup>. The upper reaches of Troutbeck Valley extend beyond the LiDAR data coverage and are not examined in this study. The 2m resolution composite Digital Terrain Model and Digital Surface Model is derived from a combination of all data at 2m or better resolution which has been merged and re-sampled to give the best possible coverage in metres above Ordnance Datum Newlyn. The original laser measurements were transformed from British National Grid format WGS 84 to OSGB 36 using the OSTN02/OSGM02 transformation algorithms provided by Ordnance Survey. ArcGIS was used to convert the

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9 raw data to UTM (WGS 84 datum) and mosaic together the files to create  
10 a seamless Digital Elevation Model (DEM) for analysis.  
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13 Onshore terrain data from NEXTMap Britain, a national IfSAR (inter-  
14 ferometric synthetic aperture radar) digital elevation database, was used at  
15 5m spatial resolution to supplement the LiDAR dataset and used for hydro-  
16 logical analysis in ArcGIS to calculate catchment size. IfSAR is an airborne  
17 radar mapping system which uses pairs of high resolution SAR images to  
18 derive topographic information using phase interferometry methods. Both  
19 LiDAR and IfSAR generate independent measurements of terrain elevation  
20 on a dense grid of sample points providing a high spatial resolution DEM  
21 over a large area.  
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### 30 31 *2.2. Multibeam* 32

33 The swath bathymetry survey in Windermere was undertaken in Septem-  
34 ber 2010 on the British Geological Survey (BGS) vessel R/V White Ribbon  
35 using a SIMRAD Kongsberg EM3002D dual head system providing 100%  
36 coverage of both the North and South Basin to 5m water depth, as de-  
37 tailed in Miller et al. (2013). Post processing was completed using CARIS  
38 HIPS/SIPS and filtered data was gridded at 1m resolution, corrected to Ord-  
39 nance Datum Newlyn using lake level data from an electronic gauge taken  
40 at continuous 15 minute intervals to an accuracy of  $\pm 2$ mm.  
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### 49 *2.3. Field Measurements and Digital Mapping* 50

51 A field survey of Troutbeck Valley and the surrounding area was under-  
52 taken in March 2012. The morphology of the landscape was pre-assessed  
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9 using the 2m LiDAR DEM and BGS large scale geological maps. The dis-  
10 tribution and shape of glacial landforms were mapped and recorded digitally  
11 using a ruggedised tablet PC with a BGS customised version of Arc 9.0. Clast  
12 fabric data (A-B plane) and lithology was recorded at three locations using  
13 a compass-clinometer (Fig. 2). Grain size analysis (PSA) was completed  
14 on sediment samples from each site according to British Standard 812-103.1  
15 (BSI, 1985) (see Appendix for details). Additional geological data (including  
16 striae, field notes and section logs) were recorded in the field. The LiDAR  
17 and multibeam data were merged together in ArcGIS, converted using the  
18 VSI Converter and imported into GeoVisionary 1.0.4.0. Aerial photographs,  
19 OS Maps and the bedrock geology were added as image layers to aid analysis  
20 and interpretation. Glacial landforms were digitised, saved as shape files and  
21 imported into ArcGIS.  
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35 Figure 2: Geomorphological map of Troutbeck Valley with ice flow directions, overlain on  
36 2m resolution LiDAR data and 1m resolution multibeam bathymetry data displayed as  
37 hillshade layers to show shaded relief surface. Onshore NEXTMap data is used in areas  
38 where there is no LiDAR coverage, and the locations of diamict samples (A, B, C) are  
39 shown.  
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### 45 **3. Results**

#### 46 *3.1. Geomorphological Mapping: Troutbeck Valley*

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48 A drumlinised till sheet with more than 20 well developed, generally elon-  
49 gated drumlins is mapped to the east of Windermere, extending across the  
50 fan delta and to the north and south beyond the fan delta (Fig. 2). The  
51 drumlins are morphologically distinct, range in length from 100–500m and  
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9 are generally composed of strongly ice-flow moulded till. Drumlin axes trend  
10 mainly NNE to SSW to the south of the fan delta, and locally trend NW to  
11 SE immediately north of the fan. At the fan apex, Troutbeck has cut into  
12 the southern flank of a drumlin and has exposed a 2m vertical section of  
13 glacial diamict (Figs. 2 and 3A & C). The sedimentology of this diamict is  
14 described in Section 3.2.1. In addition, 3 distinctive bedrock cored drumlins  
15 with a thin mantle of till are mapped on the drumlinised till sheet (Figs. 2  
16 and 3A-C).  
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25 Figure 3: Oblique overviews of Troutbeck alluvial fan delta, comprising merged LiDAR  
26 and multibeam datasets, with major aspects of fan morphology. Features labelled: A,  
27 fan apex; B, till bench; C, drumlin; D, river terraces; E, fan delta complex either side of  
28 main channel; F, main active channel; G, bedrock cored drumlin; H, debris flow; I, palaeo  
29 outflow; J, palaeo benches. Red star shows location of glacial diamict in Panel A and C,  
30 colour effect in upper right of Panel A is due to no LiDAR coverage in this area.  
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36 Glacial deposits spatially confined within the valley, including those com-  
37 prising a suite of moraine ridges or forms are predominantly orientated NW  
38 to SE. The moraines are smeared on the valley side to the north of the river  
39 and extend up to 400m in length (Fig. 2). Till benches, up to 1km in length  
40 and 30m high are also mapped within the valley bottom, and confine the river  
41 and limit the floodplain. Troutbeck has cut into two distinct till benches,  
42 exposing clean sections of glacial diamict (Fig. 2) which is further described  
43 in Sections 3.2.2 and 3.2.3.  
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51 Other mapped features include a large sub-aerial fan delta complex which  
52 extends into Windermere at the point where the river is no longer confined  
53 in a deep valley, defined as the fan apex (Fig. 3A & C). The low angle  
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9 fan is approximately 1.5km in length, with a maximum width of 1.3km,  
10 and is composed of alluvial deposits of gravel, sand, silt and clay. Several  
11 river terrace levels are visible on the alluvial fan (Figs. 2 and 3A-C), and  
12 a number of palaeo benches are identified on the prograding fan front using  
13 the multibeam bathymetry (Fig. 3A-C). A large debris flow is also visible on  
14 the fan front, and palaeo outflow no longer associated with modern outwash  
15 is identified to the north of the river mouth (Fig. 3A-C).  
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### 23 *3.2. Sedimentology*

#### 24 *3.2.1. Diamict A*

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27 A massive, matrix-supported diamicton, approximately 0.6m in vertical  
28 thickness is preserved along the northern bank of Troutbeck at the apex of  
29 the alluvial fan (Figs. 2 and 3A & C). The grey, clast rich diamicton is  
30 overconsolidated, characterised by its strong fissility and strong pervasive  
31 fabric, and is interpreted as a shear fabric, with multiple cracks and sub-  
32 horizontal fracturing. Abundant striated clasts, typically sub-rounded and  
33 bullet shaped are present within the diamicton (Fig. 4). Particle size analysis  
34 of the matrix shows a broad multi-modal grain size distribution with two  
35 distinct groups: fines are predominantly composed of very fine silt and the  
36 coarse fraction is dominated by medium and coarse gravel (Fig. 5A). Clast  
37 lithologies within the diamicton typify the bedrock geology, dominated by  
38 meta-sediment (63%) and slate (27%) originating from Silurian shales and  
39 flags, with smaller proportions of volcanic from the Borrowdale Volcanic  
40 Group (Fig. 6A). Striations are found on all clasts, regardless of lithology.  
41 Clast fabric analyses (Allmendinger et al., 2012) reveal a strong fabric with  
42 67% of clasts clustering between 120-176° with the majority of dips less than  
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9 35° (Fig. 6A). The diamicton is directly overlain by a clast-supported cobble  
10 gravel unit with very little fines, separated by an erosional unconformity.  
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14 Figure 4: Exposures of Diamict A, just above stream level: (A) overview of exposure;  
15 (B) clean exposure 0.6m high showing abundant lodged clasts, arrows indicate direction  
16 of clast dip, Dmm: Matrix-supported diamicton (massive); (C) the majority of clasts are  
17 sub-rounded and bullet shaped, with dips less than 35°. The location of the exposure is  
18 shown in Figure 2.  
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24 Figure 5: Particle size analysis of Diamict A, B and C represented as a frequency and  
25 cumulative plot. The size scale is based on the Wentworth scale (1922). For ease of  
26 visualisation, particle size distribution for each sample is separated into the fine fraction  
27 (upper panel) and the coarse fraction (lower panel) (see Appendix for details).  
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33 Figure 6: Upper panel: clast lithology analysis of Diamict A, B and C. Lower panel: clast  
34 fabric data (lower hemisphere, equal area stereonet projection) showing orientations of  
35 clasts from Diamict A, B and C and inferred palaeo-ice flow derived from the overall trend  
36 of the dipping clasts. Axis orientations consist of a bearing direction and dip (degrees); C  
37 = conglomerate.  
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### 43 3.2.2. *Diamict B*

44 This diamicton is preserved as part of a 30m high till bench along Trout-  
45 beck, located 1.9km upstream of Diamict A (Fig. 2). It is in the form of  
46 two exposures within the river bank, separated by a large slump of vegetated  
47 sediment (Fig. 7). The grey, matrix-supported diamicton is less consolidated  
48 than Diamict A, and is clast rich, with equal quantities of sub-rounded and  
49 sub-angular clasts. A number of clasts (57%) are striated, regardless of  
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9 lithology. Particle size analysis shows a multi-modal grain size distribution,  
10 dominated by very fine and medium silt within the fine fraction and a sand  
11 matrix within the coarse fraction (Fig. 5B). Clast lithologies are similar  
12 to Diamict A, and are dominated by meta-sediment (70%) and slate (17%)  
13 derived from Silurian shales and flags (Fig. 6B). Fabric measurements were  
14 taken from the upper and lower exposure, and reveal a moderately developed  
15 clast fabric with the majority of dips less than 50° (Fig. 6B).  
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23 Figure 7: Exposures of Diamict B: (A) overview of two exposures, separated by a slump of  
24 vegetated sediment; (B) clean exposure with lodged clasts. The location of the exposure  
25 is shown in Figure 2.  
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### 31 3.2.3. *Diamict C*

32 This diamicton is preserved 50m upstream of Diamict B within a 10m  
33 high vegetated till bench along Troutbeck (Fig. 2). The river has cut into  
34 the till bench, and exposed a 2m vertical section above stream level, ap-  
35 proximately 15m in length (Fig. 8). The exposed matrix-supported grey  
36 diamicton is less consolidated than in Diamict A, and is characterised by a  
37 number of high-angle (>30°) shear planes, and areas of fissure filling and sed-  
38 iment deformation. The diamicton is clast rich, with the majority of clasts  
39 (75%) ranging from rounded to sub-rounded. Striations are found on many  
40 (38%) clasts regardless of lithology. Particle size analysis is broadly similar  
41 to Diamict B (Section 3.2.2), characterised by a multi-modal grain size dis-  
42 tribution with sharp peaks of fine, medium and very coarse silt. The coarse  
43 fraction is similarly dominated by a sand matrix with medium gravel (Fig.  
44 5C). Clast lithologies are dominated by meta-sediment and slate, and there  
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is a slightly higher proportion of volcanic clasts (15%) within the diamicton compared to Diamict A and B (Fig. 6C). The diamicton has a weakly developed clast fabric with a wide range of dips (Fig. 6C).

Figure 8: Exposures of Diamict C, just above stream level: (A) overview of exposure, with Tom Bradwell standing in river for scale (from stream level, approximately 1.4m high); (B) clean exposure with lodged clasts. The location of the exposure is shown in Figure 2.

## 4. Interpretation and Glacial History

### 4.1. Ice flow: subglacial deposits

Within the Windermere valley, drumlins are restricted to the low-lying drumlinised till-covered terrain east of the lake, where the valley widens and is not topographically confined. Drumlins represent the deformation, here of subglacial deposits, formed when a thick ice mass was moving southwards directed by topography (Pennington, 1978). We infer drumlin formation took place during the Main Late Devensian Stadial, when warm-based glaciers (up to 800m thick) flowed south (Fig. 2), entering Windermere from the Great Langdale, Grasmere, Stock Ghyll and Troutbeck valley catchments (Fig. 1). The drumlins, some of which may be bedrock cored, formed parallel to ice movement, orientated in the direction of ice flow from the valleys of the Cumbrian Mountains during the last glaciation. Drumlins north of the fan are orientated NW to SE, suggesting that they were modified by ice flowing southwards from Great Langdale, Grasmere and Stock Ghyll and eventually towards the Irish Sea Basin. To the south of the fan near Bowness in Windermere, the orientation of drumlins (NNE to SSW) indicates a slight

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9 deflection of ice flow (Fig. 2). We infer that convergence of ice from the  
10 Troutbeck and northern Windermere catchments caused this slight shift in  
11 ice flow pattern.  
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15 Postglacial fluvial erosion has partially eroded a drumlin located at the  
16 apex of the fan delta, exposing Diamict A (Section 3.2.1) which is inter-  
17 preted as a subglacial lodgement till deposited by the last BIIS during the  
18 Main Late Devensian Stadial. The till properties all suggest that material  
19 has been transported and comminuted at the base of a warm-based glacier  
20 consistent with deposition by subglacial processes, with deformation of the  
21 sub-ice bed a significant component of ice movement. The inferred palaeo-ice  
22 flow based on clast fabric data (Fig. 6A) suggests the drumlin was formed  
23 by a thick ice mass flowing southwards from Great Langdale, Grasmere and  
24 Stock Ghyll. The presence of large striated clasts within the lodgement till  
25 represents eroded material supplied during glacial transport, and suggests  
26 abrasion processes dominated.  
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38 Benches of glacial diamict in Troutbeck Valley (Fig. 2) are interpreted as  
39 subglacial deposits formed during the Main Late Devensian Stadial. Diamict  
40 B and C (Sections 3.2.2 and 3.2.3 respectively) are located within till benches,  
41 and are interpreted as subglacial till. The different diamicton properties  
42 give rise to the possibility that the till sequences in Troutbeck contain clast  
43 fabric signatures of different transport and depositional regimes at the ice-  
44 bed interface. In particular, clast fabric data from Diamict B suggests the till  
45 was formed under ice flowing from NW to SE, whereas the inferred palaeo-  
46 ice flow from Diamict C was from east to west (Figs. 2 and 6B & C).  
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9 clastic bedrock, indicating glacial crushing processes were intense but not as  
10 sustained as further down-valley (Diamict A) where silt/clay predominates  
11 representing the final products of glacial comminution. This demonstrates  
12 the complexity of glacial reconstructions in formerly glaciated terrain and  
13 suggests the different subglacial tills were formed under different conditions  
14 beneath an advancing ice mass, influenced to greater or lesser degree by ice  
15 thickness, valley morphology and topographic slope.  
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#### 23 *4.2. Deglaciation: ice marginal deposits*

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25 BIIS ice retreat in Windermere is believed to have taken place after 18-  
26 17 ka BP (Section 1.1) in the form of individually retreating outlet glaciers  
27 (Pinson et al., 2013). This style of deglaciation, through disintegration into a  
28 number of independent ice caps rather than reduction as a single mass agrees  
29 with observations of wider BIIS deglaciation (Clark et al., 2012; Livingstone  
30 et al., 2012). In Troutbeck, retreat of glacier ice took place in a NE direction.  
31 We infer the ice lobe (in the form of an ice-cap outlet glacier) retreated faster  
32 than the other confluent glaciers (originating in Great Langdale, Easedale  
33 and Stock Ghyll to the north) because it was south facing and sourced at  
34 a lower altitude in the eastern fells with a smaller accumulation area above  
35 the ice-margin. The geomorphological evidence identifies a suite of moraines  
36 within Troutbeck Valley well beyond the published YD limit (Fig. 2). We  
37 interpret these features as recessional moraines, formed at the ice-margin by  
38 still-stands or small readvances of a glacier in Troutbeck Valley. These ice-  
39 marginal positions were probably topographical pinning points during late-  
40 stage retreat of the residual BIIS in Cumbria. This style of retreat supports  
41 the recent findings of Clark et al. (2004), Wilson (2004) and Pinson et al.  
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9 (2013) who identified retreat moraines correlated with late stage residual  
10 BIIS retreat, formed during active glacier retreat by still-stands or small  
11 readvances.  
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#### 15 16 *4.3. Paraglaciatiion and postglaciatiion: alluvial fan delta* 17

18 As the glacier retreated up Troutbeck Valley, a clast-supported coarse-  
19 grade cobble gravel unit was deposited at the then subaqueous mouth of  
20 Troutbeck infilling, at least in part, the drumlinised ground. The unit is  
21 interpreted as a high-energy outwash deposit, derived from melt-waters issu-  
22 ing from the retreating Troutbeck valley glacier (Section 3.2.1). Troutbeck  
23 Valley is believed to have been ice free prior to the onset of the Allerød inter-  
24 stadal (>15.5 ka BP) and glacier reconstructions suggest that the Troutbeck  
25 catchment was not glaciated during the YD (13-11 ka) (Fig. 1). The geo-  
26 morphological evidence in the lower reaches of the valley is consistent with  
27 this interpretation, and the preserved glacial deposits suggest there has been  
28 no significant re-growth of ice following the main period of ice retreat. This  
29 suggests there was a relatively long ice-free period following deglaciation of  
30 the BIIS (around 16 ka BP). We infer paraglacial processes and exposure  
31 of unstable or metastable sediment sources would have created a landscape  
32 liable to rapid and extensive modification, leading to major sediment redistri-  
33 bution and formation of a fan delta via further infilling around the drumlins.  
34 A large proportion of the fan would have formed soon after the valley became  
35 ice-free due to high sediment yields, particularly through slope readjustments  
36 resulting from glacial and deglacial influences (Ballantyne et al., 2009). Late  
37 Devensian paraglacial activity is observed throughout the Lake District, par-  
38 ticularly NW of Troutbeck (Wilson, 2005; Wilson and Smith, 2006). In addi-  
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tion, snow melt in this mountain catchment would have also led to extensive redistribution of the products of periglacial weathering, further building up the fan during the Late-glacial Interstadial and early Holocene.

Following ice retreat, fluvial activity played an important role in building up the fan delta, delivering sediment into the system. In particular, erosion of till benches is particularly seen in the lower reaches of the river where Diamict B and C are exposed (Sections 3.2.2 and 3.2.3 respectively). Palaeo terraces, palaeo outflow no longer associated with modern outwash and a large debris flow on the fan front (Fig. 3A-C) further provide a record of fluvial activity and fan development, and suggest the fan delta has prograded since late glacial ice retreat, forming a fan complex with multiple outflows which transferred sediment into the lake basin. River entrenchment and terracing (Fig. 2) of the pro-glacial fan delta was coincident with fan building, and indicates that the local base level has lowered a number of times during the Holocene possibly in response to changing lake levels. The present day Troutbeck fan delta continues to build as sediment flows into the system, particularly during flood events.

## 5. Conclusions

We derive the Late-Quaternary history of a glaciated valley catchment, using a combination of geomorphology, sedimentology and remote sensing. The results have been used to inform and complement existing glacial reconstructions within the central Lake District, and we demonstrate the complexity of the glacial signature in a single catchment. Our glacial reconstructions identify regional (wider-extent) ice flow events, seen in the orientation and

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9 morphology of drumlins on low ground. The sedimentology of till deposits  
10 within the Troutbeck Valley provides clast fabric signatures of subtly dif-  
11 ferent former ice-flow transportation and deposition processes at the ice-bed  
12 interface, demonstrating the complexity of glacial reconstructions in formerly  
13 glaciated terrain. The suite of recessional moraines mapped within Trout-  
14 beck are believed to have formed by still-stands or small readvances of an  
15 outlet glacier during residual ice cap retreat. The Troutbeck alluvial fan delta  
16 is the major sediment sink and represents the largest single deposit in the  
17 catchment. The fan was formed by a combination of paraglacial and post-  
18 glacial sedimentation, and is representative of the wider scale environmen-  
19 tal response of the landscape following ice retreat in mountainous northern  
20 Britain. Our findings demonstrate that geomorphological and sedimentolog-  
21 ical signatures can be used effectively at a catchment scale to derive local  
22 glacial and environmental histories, and are a valuable tool to supplement  
23 ice sheet wide glacial reconstructions (e.g. Clark et al., 2012).  
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## 39 **6. Acknowledgments**

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42 The authors acknowledge support of the Environment Agency and the  
43 Freshwater Biological Association. Helen Miller is a PhD student at the  
44 University of Southampton, and is partially supported by a BGS BUFI PhD  
45 studentship (reference S177, Determination of modern lacustrine, late-glacial  
46 and post-glacial environments and processes in glacial lake Windermere, UK).  
47  
48 We thank Prof. Jonathan Bull from the University of Southampton, the crew  
49 and hydrographic surveyors of the R/V White Ribbon and BGS Marine Op-  
50 erations, the Windermere Lake Wardens, Martin Dodgson and Charlotte  
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9 Thompson for their support. In addition, we would like to thank Richard  
10 Chiverrell and an anonymous reviewer. CC and TB publish with the per-  
11 mission of the Executive Director, BGS (NERC).  
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## 15 **Appendix A. Grain Size Analysis**

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19 PSA involved oven drying samples at 50°C and wet sieving through a  
20 62µm mesh sieve. The fine component was collected and left to settle in a  
21 1000ml cylinder as detailed in Ingram (1971). Following settling, the distilled  
22 water was siphoned off and a proportion of the remaining sample was mixed  
23 with 100ml of 0.05% Calgon. After 24 hours a sub-sample was extracted,  
24 mixed with 100ml distilled water and analysed through the Beckman Coulter  
25 LS 130 Laser Diffraction Particle Size Analyser. For each sample, three  
26 repeats were completed to give the average size distribution. PSA of the  
27 remaining coarse fraction was determined through dry sieving at half Phi  
28 intervals for ten minutes (BSI, 1985).  
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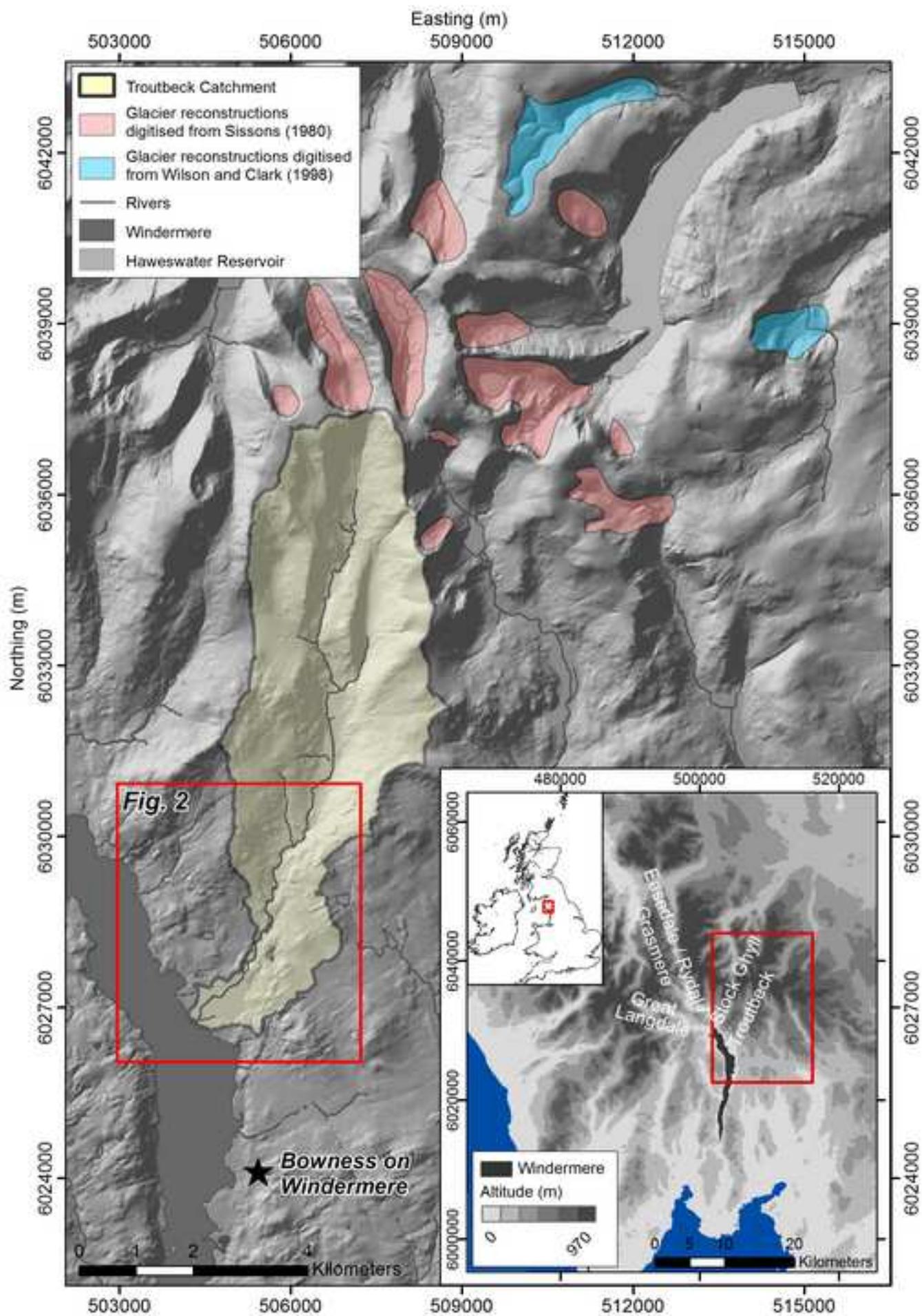


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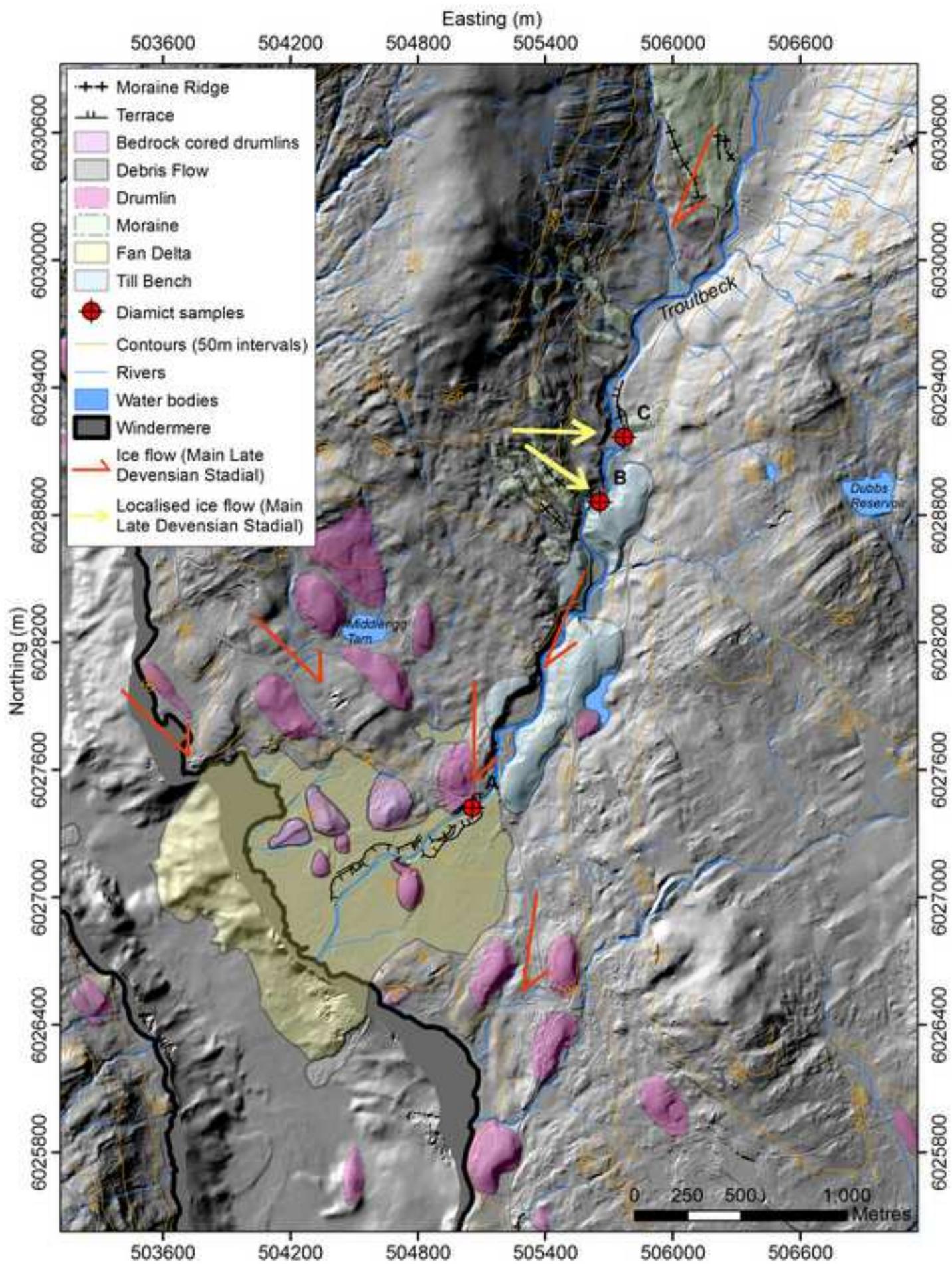


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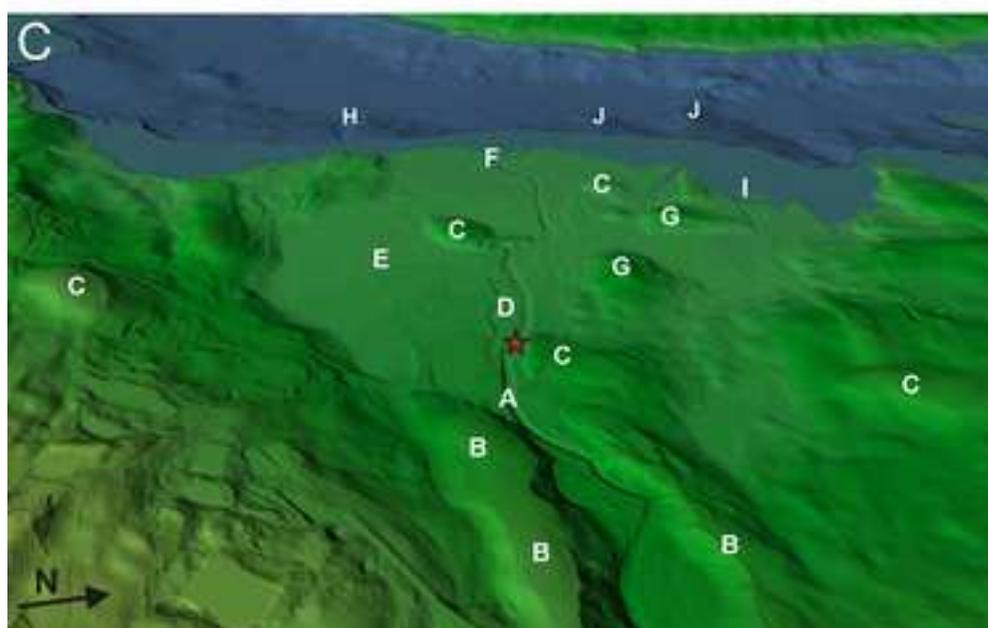
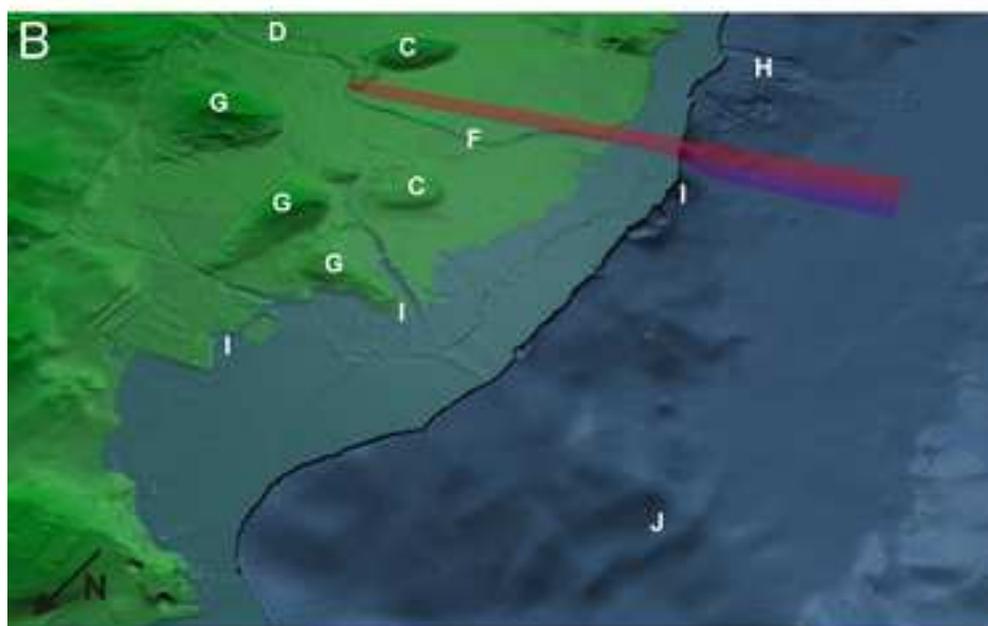
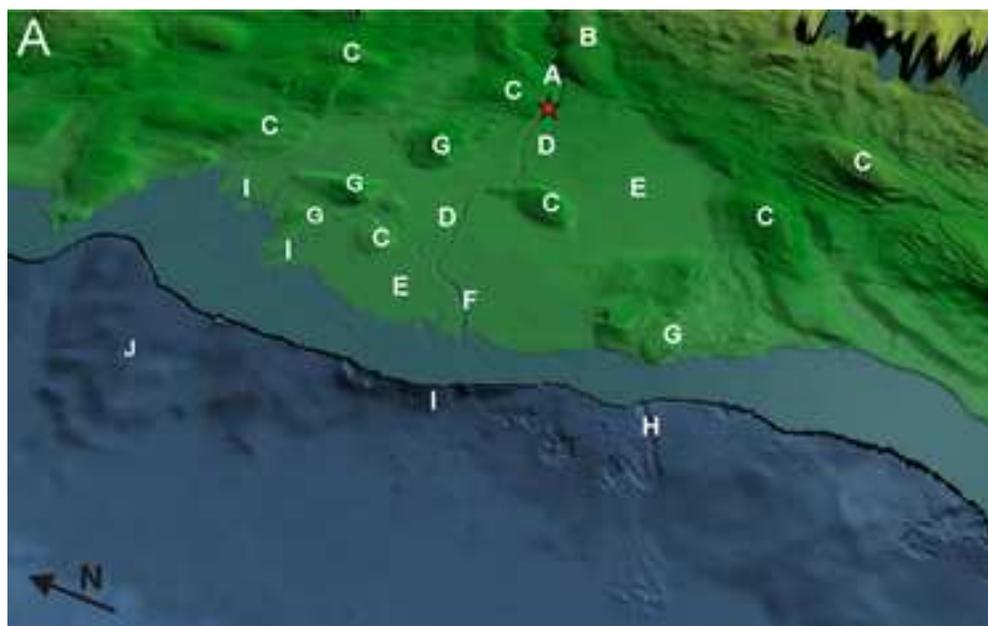


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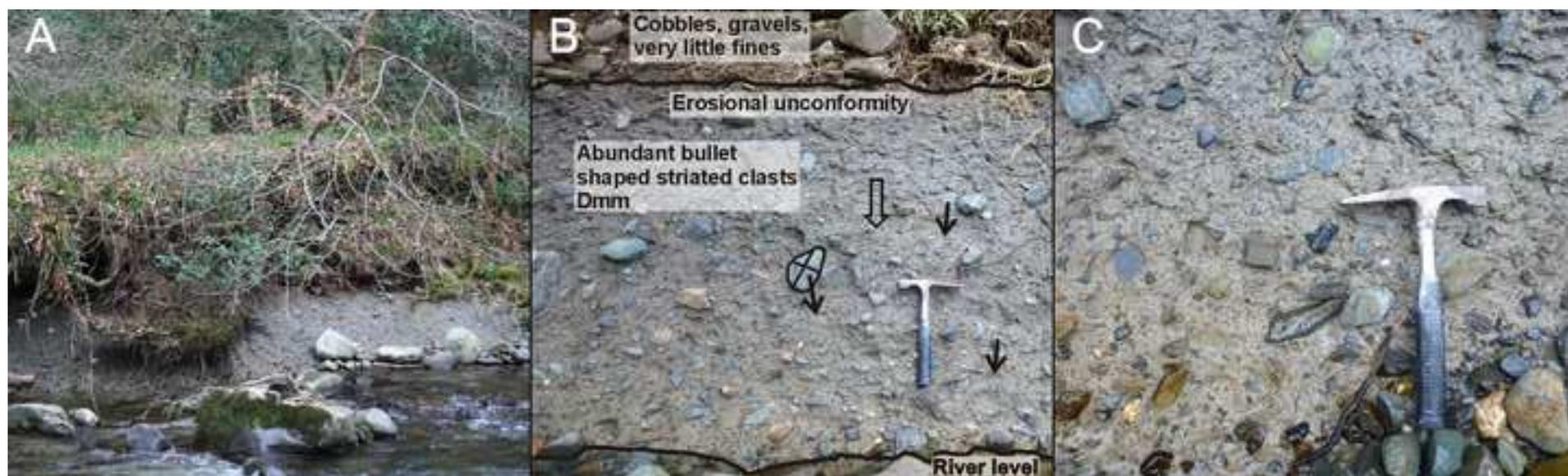
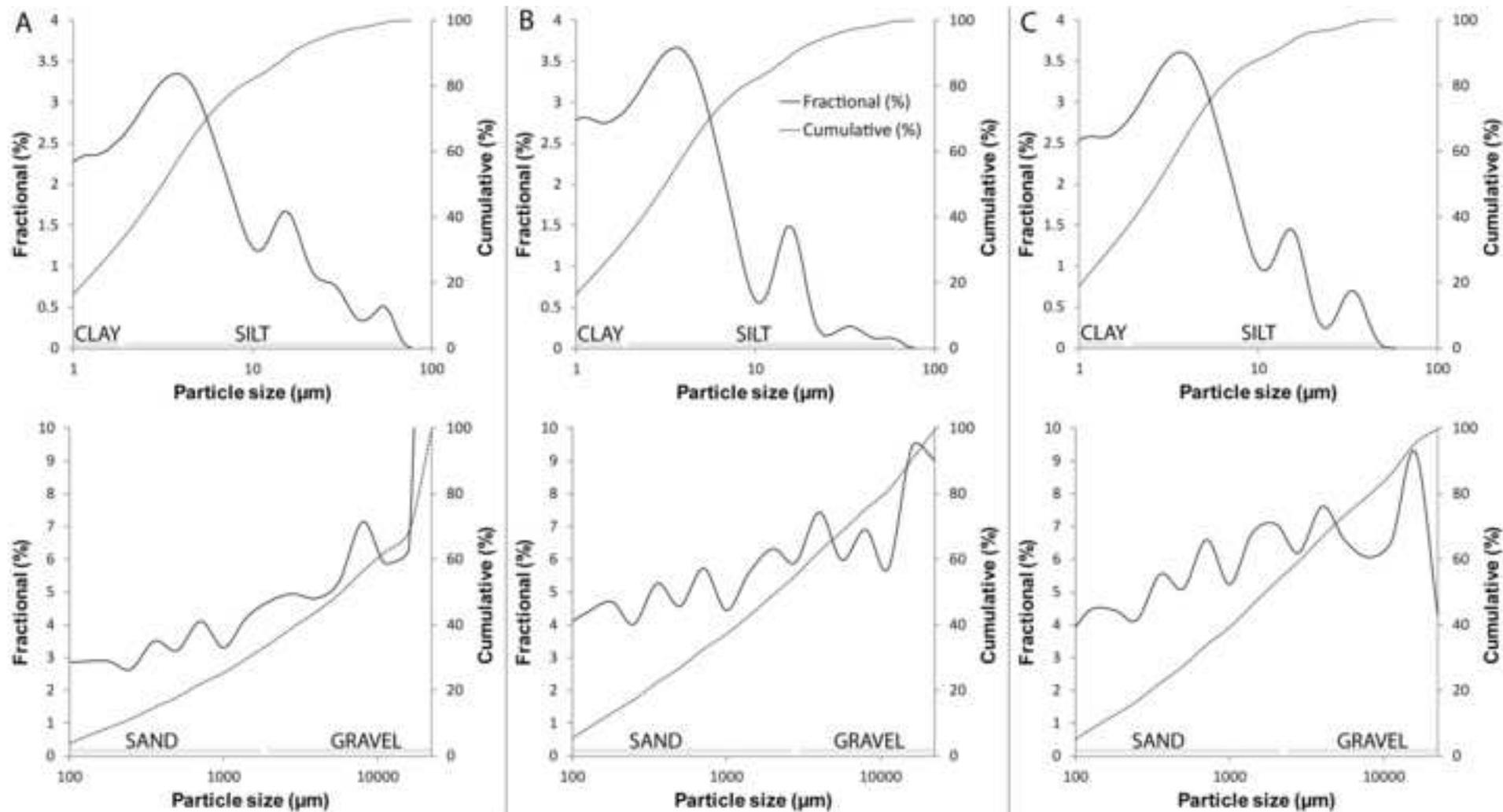


Figure5

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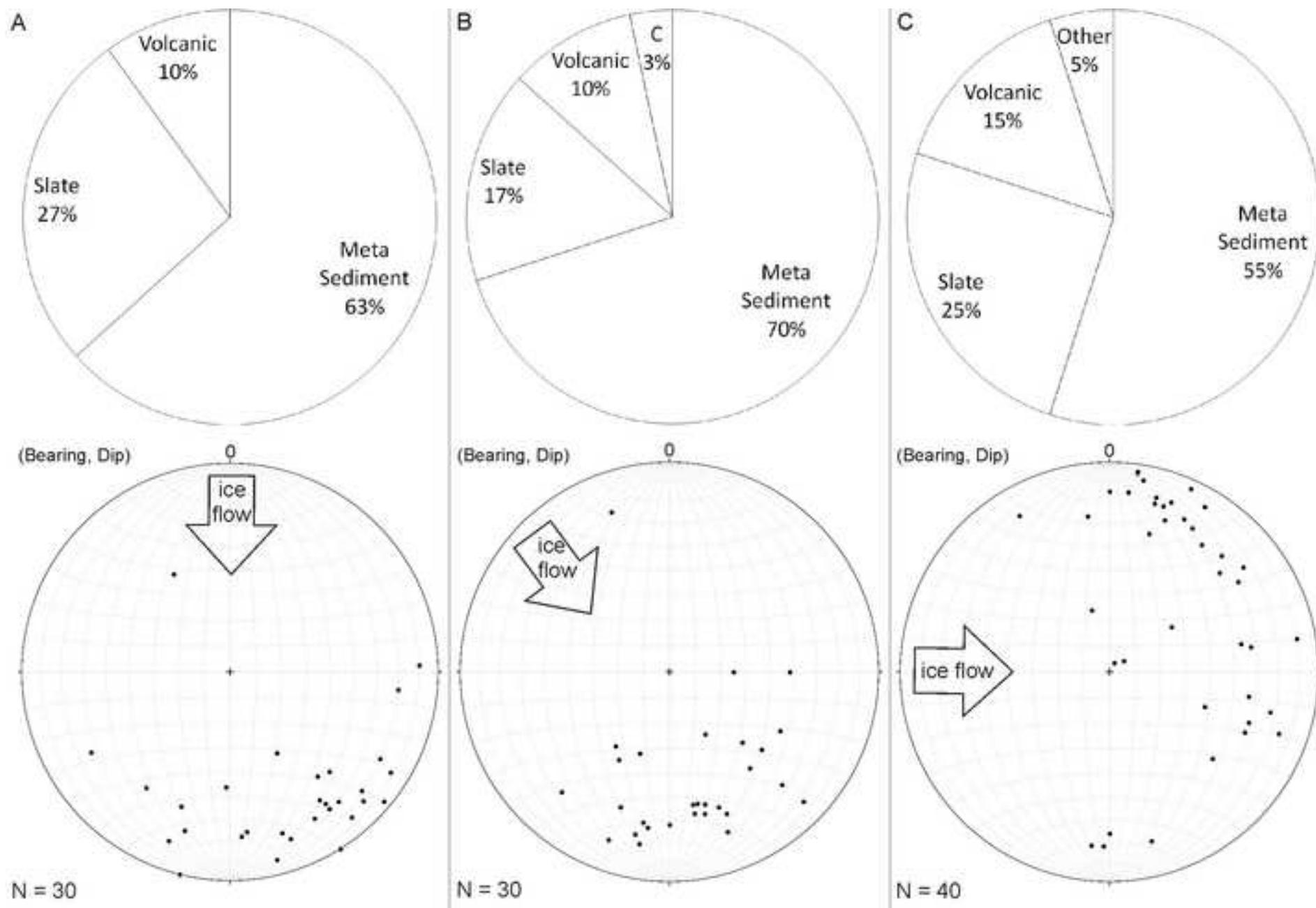


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