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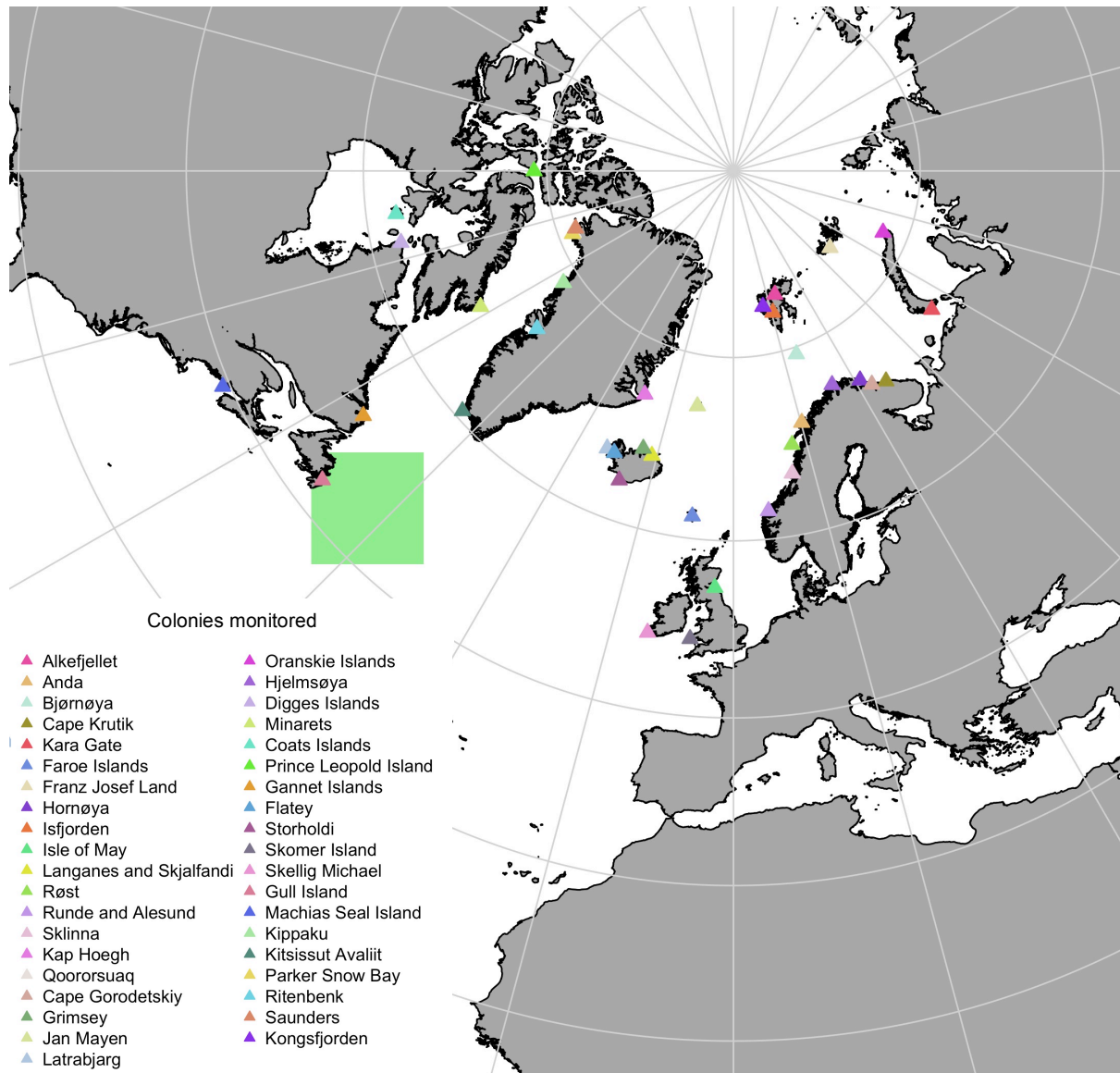


Figure S1. Colonies monitored within the North Atlantic Ocean and adjacent seas related to STAR Methods.

Graticules are set at a 15° intervals and the map is projected North Pole Lambert Azimuthal Equal Area. The 1000km*1000km area off North Newfoundland which was used to investigate the incidence of winter storms on seabird energetics is shown in green.

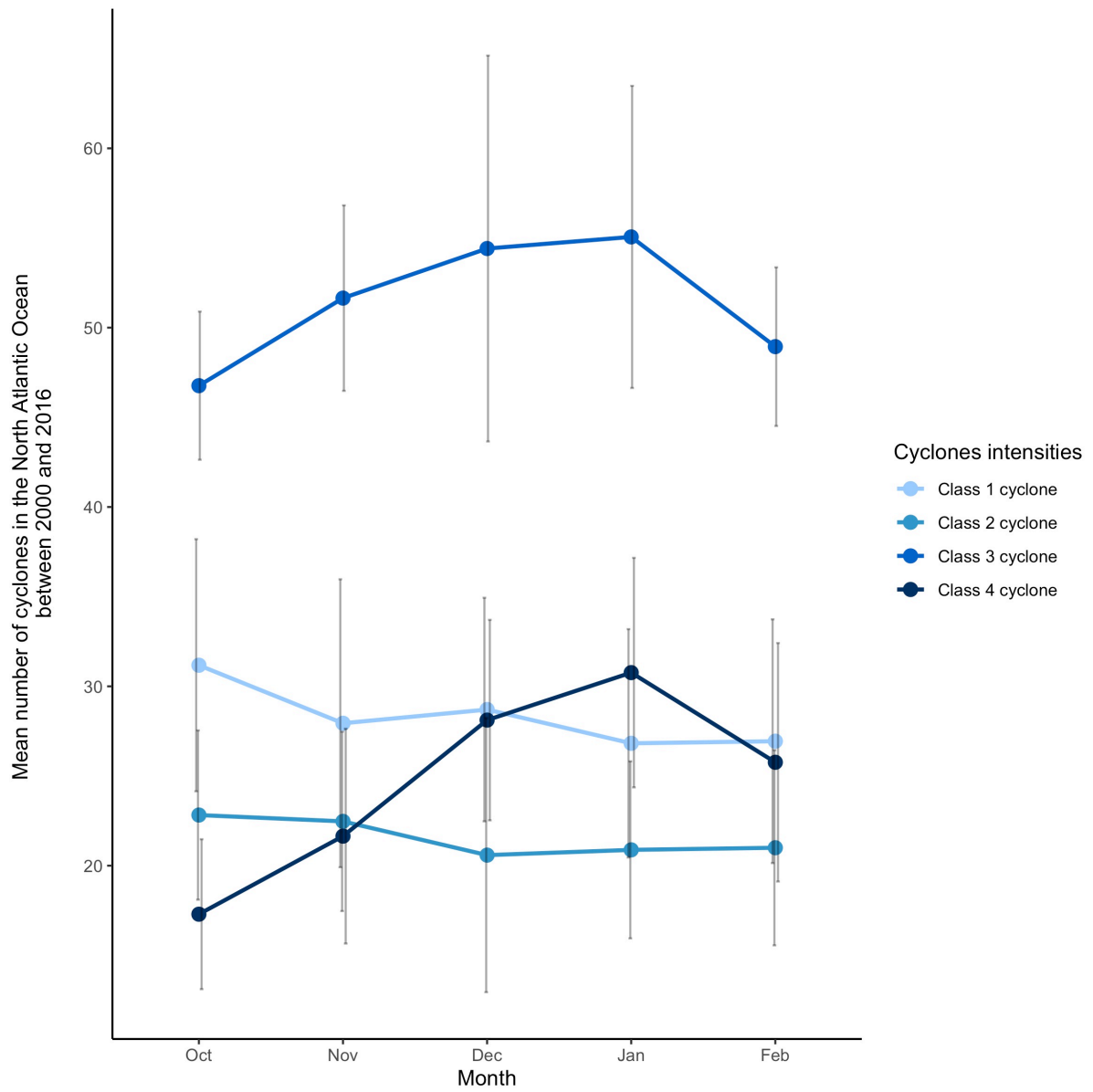


Figure S2. Mean number of cyclones in the North Atlantic Ocean and adjacent seas (100°W-100°E, 30°N-90°N), between 2000 and 2016 for each winter month related to STAR Methods.

Error bars correspond to standard deviations capturing the variation between years.

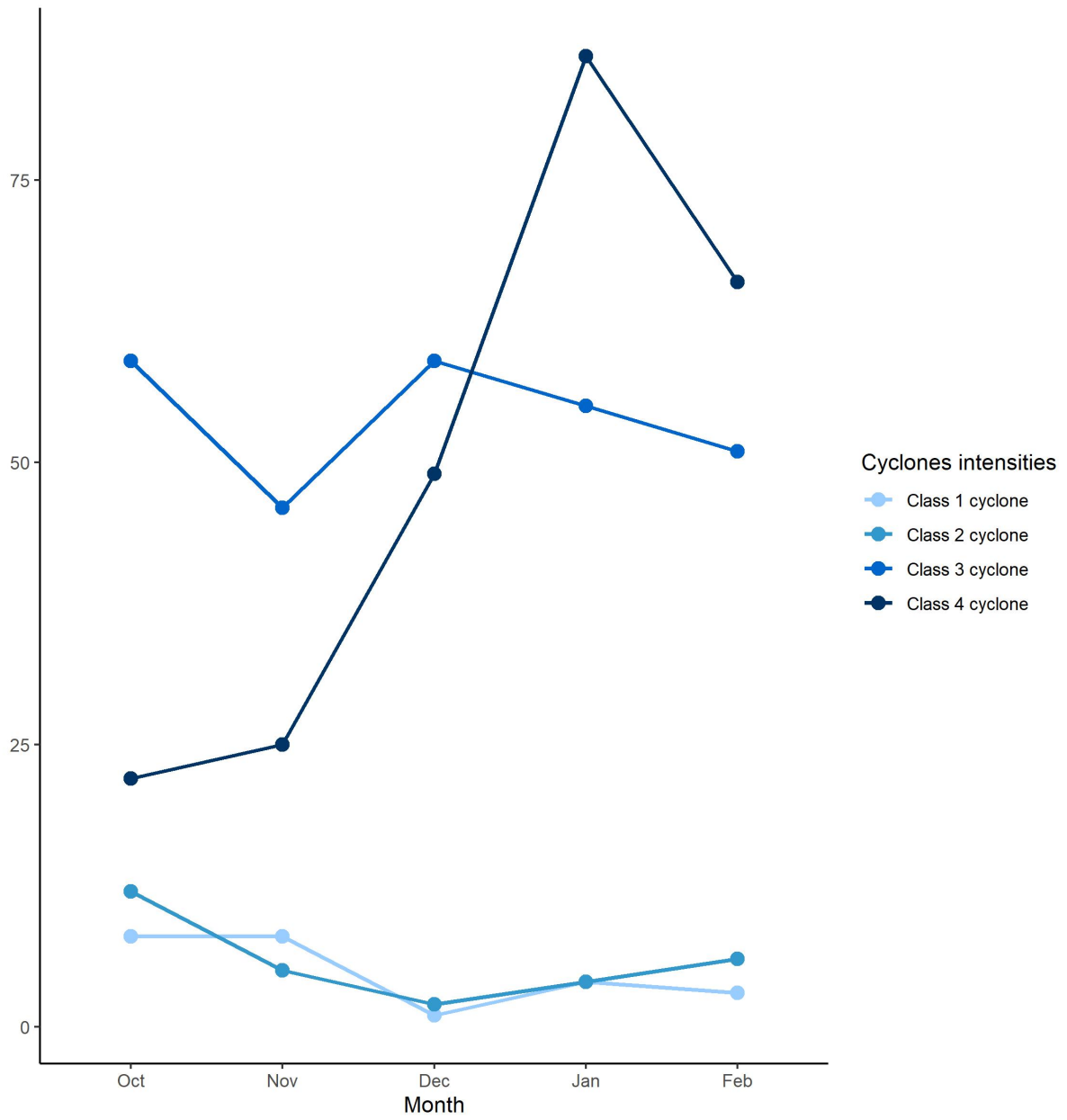


Figure S3. Total number of cyclone in the studied areas off Newfoundland between 2000 and 2016, for each winter month related to STAR Methods.

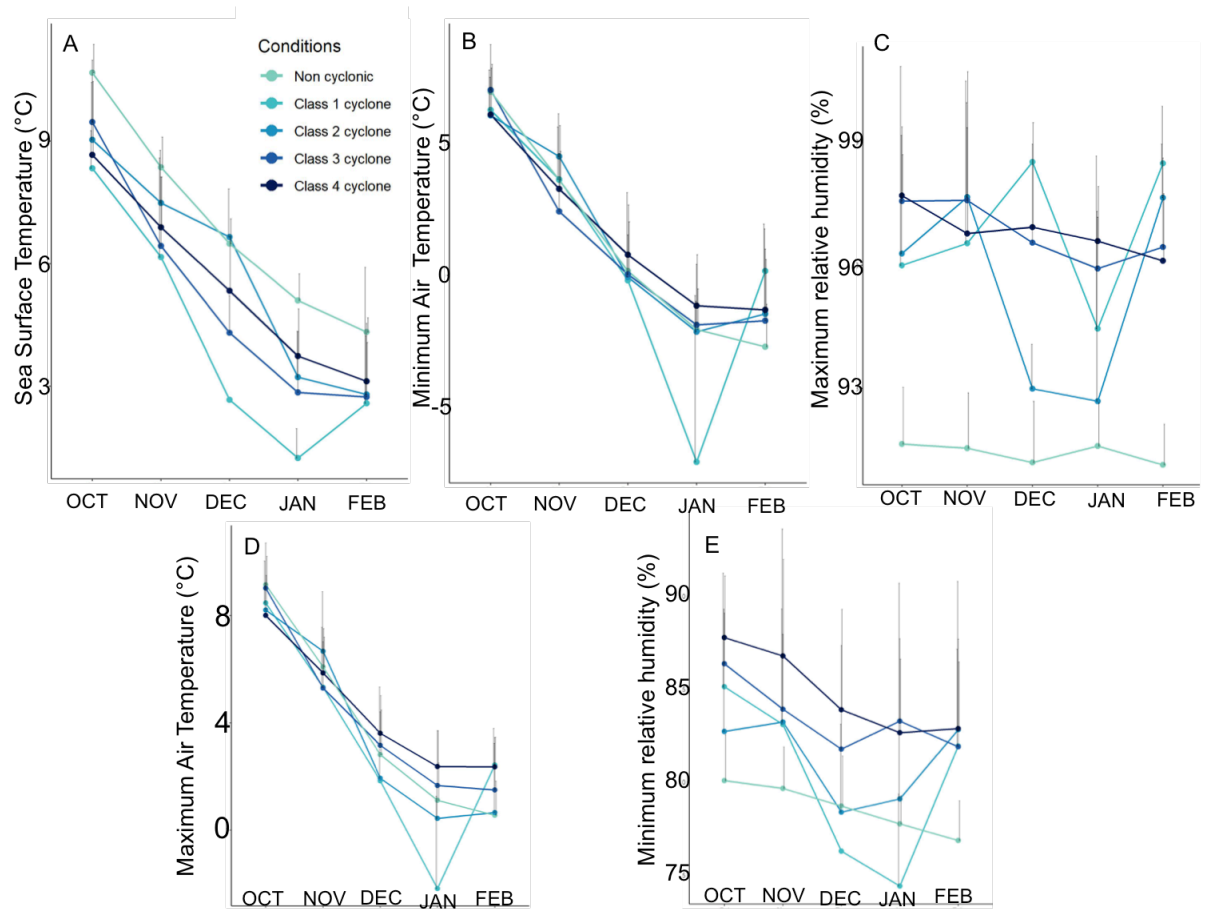


Figure S4. Mean environmental conditions under cyclonic and non-cyclonic conditions related to STAR Methods.

Average sea surface temperature (A), minimum air temperature (B), maximum relative humidity (C), maximum air temperature (D) and minimum relative humidity (E) between 200 and 2016 for each wintering month under cyclonic and non-cyclonic conditions in the studied area off Newfoundland. Error bars were halved for clarity reasons and correspond to standard deviations capturing the variation between years.

| Little auks | | | |
|--|---|------------------------|-----------------------|
| Colony | Number of individuals equipped and retrieved | Years monitored | Software used |
| Kap Hoegh (-21.63°E; 70.72°N) | 135 | 2010-2018 | BASTRACK and GEOLIGHT |
| Qoororsuaq (-68.95°E; 76.27°N) | 39 | 2010-2013 | BASTRACK |
| Atlantic puffins | | | |
| Flatey (-22.92°E ; 65.38°N) | 6 | 2007-2017 | BASTRACK |
| Gull Island (-53.04°E; 47.95°N) | 18 | 2013-2014 | GEOLIGHT |
| Machias Seal Island (-67.10°E; 44.50°N) | 19 | 2014-2016 | BASTRACK |
| Skellig Michael (-10.54°E; 51.77°N) | 30 | 2010-2013 | |
| Skomer Island (-5.30°E; 51.74°N) | 41 | 2007-2014 | |
| Storholdi (-20.27°E; 63.43°N) | 7 | 2007-2009 | |
| Common guillemots | | | |
| Bjørnøya (18.955°E; 74.502°N) | 37 | 2014-2017 | BASTRACK and INTIPROC |
| Cape Gorodetskiy (32.936°E; 69.582°N) | 7 | | BASTRACK |
| Faroe Islands (-6.798°E; 61.95°N) | 7 | 2015-2017 | BASTRACK and INTIPROC |
| Grimsey (-17.99°E; 66.528°N) | 9 | | BASTRACK |
| Hjelmsøya (24.732°E; 71.112°N) | 27 | 2014-2017 | BIOTRACK and INTIPROC |
| Hornøya (31.15°E; 70.383°N) | 37 | | BASTRACK and INTIPROC |
| Jan Mayen (-8.717°E; 70.92°N) | 29 | | |
| Langanes (-15.98°E; 66.179°N) | 27 | 2014-2017 | |
| Latrabjarg (-24.467°E; 65.48°N) | 4 | 2013-2017 | BASTRACK |
| Sklinna (10.995°E; 65.202°N) | 41 | 2013-2017 | BIOTRACK and INTIPROC |

| Brünnich's guillemots | | | |
|---|----|----------------------------|--------------------------|
| Alkefjellet (18.459°E; 79.585°N) | 23 | 2015-2017 | |
| Bjørnøya (18.955°E; 74.502°N) | 31 | 2013-2017 | BASTRACK and INTIPROC |
| Cape Gorodetskiy (32.936°E; 69.582°N) | 14 | 2014-2017 | |
| Coats Islands (-82.75°E; 62.58°N) | 32 | 2008-2010 | |
| Digges Islands (-77.83°E; 62.58°N) | 13 | | BASTRACK |
| Franz Josef Land (51.568°E; 80.143°N) | 4 | 2014-2015 and 2016-2017 | |
| Gannet Islands (-56.51°E; 53.95°N) | 22 | 2008-2011 | |
| Grimsey (-17.99°E; 66.528°N) | 14 | 2015-2017 | |
| Hornøya (31.15°E; 70.383°N) | 48 | 2012-2017 | |
| Isfjorden (15.507°E; 78.252°N) | 17 | 2013-2017 | BASTRACK and INTIPROC |
| Jan Mayen (-8.717°E; 70.92°N) | 44 | | |
| Kara Gate (55.021°E; 70.593°N) | 43 | 2015-2017 | |
| Kippaku (-56.67°E; 73.7°N) | 71 | 2011-2013 | BASTRACK and GEOLIGHT |
| Kitsissut Avaliit (-48.47°E; 60.77°N) | 7 | 2009-2012 | BASTRACK and GEOLIGHT |
| Langanes (-15.98°E; 66.179°N) | 19 | 2014-2017 | BASTRACK and INTIPROC |
| Latrabjarg (-24.467°E; 65.48°N) | 6 | 2015-2016 | |
| Minarets (-61.77°E; 66.93°N) | 14 | 2007-2008 | |
| Oranskie Islands (67.642°E; 77.069°N) | 10 | 2013-2014 and 2016-2017 | BASTRACK |
| Prince Leopold Island (-90°E; 74.03°N) | 14 | 2008-2010 | |
| Parker Snow Bay (-68.67°E; 76.17°N) | 3 | 2010-2011 | |
| Ritenbenk (-51.22°E; 69.78°N) | 7 | 2011-2012 | BASTRACK and GEOLIGHT |
| Saunders (-70.03°E; 76.56°N) | 19 | 2007-2008 and 2012-2013 | |

| Black-legged kittiwakes | | | |
|--|----|-------------------------------|--------------------------|
| Alkefjellet (18.459°E; 79.585°N) | 20 | 2016-2017 | BASTRACK and INTIPROC |
| Anda (15.17°E; 69.065°N) | 56 | 2013-2017 | BASTRACK |
| Bjørnøya (18.955°E; 74.502°N) | 39 | 2013-2017 | |
| Cape Krutik (35.948°E; 69.150°N) | 33 | 2014-2017 | |
| Faroe Islands (-6.798°E; 61.95°N) | 27 | 2014-2017 | |
| Franz Josef Land (51.568°E; 80.143°N) | 54 | 2013-2017 | BASTRACK and INTIPROC |
| Hornøya (31.15°E; 70.383°N) | 53 | 2012-2017 | BASTRACK |
| Isfjorden (15.507°E; 78.252°N) | 27 | 2012-2013 and 2014-2017 | BASTRACK and INTIPROC |
| Isle of May (-2.557°E; 56.185°N) | 36 | 2014-2017 | BASTRACK |
| Kara Gate (55.021°E; 70.593°N) | 7 | 2015-2017 | |
| Kippaku (-56.67°E; 73.7°N) | 20 | 2008-2010 | |
| Kongsfjorden (12.217°E; 78.90°N) | 32 | 2014-2017 | BASTRACK and INTIPROC |
| Langanes (-15.98°E; 66.179°N) | 27 | 2014-2017 | |
| Røst (12.078°E; 67.505°N) | 43 | 2013-2017 | BASTRACK |
| Runde and Ålesund (5.874°E; 62.435°N) | 26 | 2015-2017 | |
| Sklinna (10.995°E; 65.202°N) | 37 | 2014-2017 | BASTRACK and BIOTRACK |

Table S1. Details of the GLS experiment related to STAR methods.

| Little auks | | |
|---|-----------|---|
| Morphological properties | Value | References |
| Body mass (g) | 152 | S1 |
| Body plumage depth (dorsal-ventral) (mm) | 7.4-12.8 | S2 |
| Head plumage depth (d-v) (mm) | 5.2-9.4 | S3 |
| Plumage reflectivity (d-v) (%) | 40.4-65.0 | S2 |
| Body feather length (d-v) (mm) | 20.0-19.2 | S2 |
| Head feather length (d-v) (mm) | 11.6-10.7 | S3 |
| Feather diameter (d-v) (μm) | 33.0-33.0 | S2 |
| Physiological properties | | |
| Body core temperature ($^{\circ}\text{C}$) | 40 | S4 |
| Flesh thermal conductivity ($\text{W}\cdot\text{m}^{-1}\cdot^{\circ}\text{C}^{-1}$) | 0.4-2.8 | S5 |
| Oxygen extraction efficiency (%) | 35 | S6 |
| Bird density ($\text{kg}\cdot\text{m}^{-3}$) | 932.9 | S7 |
| Resting metabolic rate (W) | 2.02 | S4 |
| Flight metabolism (W) | 12.9 | S8 |
| Diving metabolism (W) | 2.5*RMR | S9 |
| Behavioral properties | | |
| Proportion of time spent flying per day during winter under non-cyclonic conditions (%) | 9 | S10 |
| Proportion of time spent diving per day under non-cyclonic conditions (%) | 24 | S11 |
| Environmental data | | |
| Sea surface temperature ($^{\circ}\text{C}$) | | NOAA High Resolution SST |
| Air temperature ($^{\circ}\text{C}$) | | NCEP/NCAR Reanalysis dataset |
| Cloud cover (%) | 0-100 | |
| Relative humidity (%) | | NCEP/NCAR Reanalysis dataset |
| Wind speed ($\text{m}\cdot\text{s}^{-1}$) | | NCEP/NCAR Reanalysis dataset or Dvorak's classification |
| Black-legged kittiwakes | | |
| Morphological properties | Value | References |
| Body mass (g) | 480 | S12 |
| Body plumage depth (dorsal-ventral) (mm) | 7.8-10.3 | Considered as the same as guillemots |
| Head plumage depth (d-v) (mm) | 6.2-6.8 | |
| Plumage reflectivity (d-v) (%) | 29.6-61.4 | This study |
| Body feather length (d-v) (mm) | 48.2-43.3 | Considered as the same as guillemots |
| Head feather length (d-v) (mm) | 16.3-15.7 | |
| Feather diameter (d-v) (μm) | 33.0-33.0 | |
| Physiological properties | | |
| Body core temperature ($^{\circ}\text{C}$) | 40.2 | S4 |
| Flesh thermal conductivity ($\text{W}\cdot\text{m}^{-1}\cdot^{\circ}\text{C}^{-1}$) | 0.5 | Considered as the same as guillemots |
| Oxygen extraction efficiency (%) | 35 | |
| Bird density ($\text{kg}\cdot\text{m}^{-3}$) | 932.9 | S7 |
| Resting metabolic rate (W) | 2.27 | S13 |
| Flight metabolism (W) | 15.03 | Flight software (version 1.25, S14) |
| Diving metabolism (W) | 1.8*BMR | S15 |
| Behavioral properties | | |
| Proportion of time spent flying per day during winter under non-cyclonic conditions (%) | 11.8 | S16 |

| | | |
|---|-----------|---|
| Proportion of time spent diving per day under non-cyclonic conditions (%) | 18.8 | |
| Environmental data | | |
| Sea surface temperature (°C) | | NOAA High Resolution SST |
| Air temperature (°C) | | NCEP/NCAR Reanalysis dataset |
| Cloud cover (%) | 0-100 | |
| Relative humidity (%) | | NCEP/NCAR Reanalysis dataset |
| Wind speed (m.s ⁻¹) | | NCEP/NCAR Reanalysis dataset or Dvorak's classification |
| Atlantic puffins | | |
| Morphological properties | Value | References |
| Body mass (g) | 540 | S17 |
| Body plumage depth (dorsal-ventral) (mm) | 8.1-13.4 | |
| Head plumage depth (d-v) (mm) | 6.2-11.4 | |
| Plumage reflectivity (d-v) (%) | 13.5-58.1 | This study |
| Body feather length (d-v) (mm) | 44.3-38 | |
| Head feather length (d-v) (mm) | 16.3-15.7 | |
| Feather diameter (d-v) (µm) | 33.0-33.0 | Considered as the same as guillemots |
| Physiological properties | | |
| Body core temperature (°C) | 40.1 | S18 |
| Flesh thermal conductivity (W.m ⁻¹ .°C ⁻¹) | 0.5 | Considered as the same as guillemots |
| Oxygen extraction efficiency (%) | 35 | |
| Bird density (kg.m ⁻³) | 932.9 | S7 |
| Resting metabolic rate (W) | 2.57 | S19 |
| Flight metabolism (W) | 27.7 | Flight software (version 1.25, S14) |
| Diving metabolism (W) | 2.6*BMR | S20 |
| Behavioral properties | | |
| Proportion of time spent flying per day during winter under non-cyclonic conditions (%) | 5.71 | During breeding, S21 |
| Proportion of time spent diving per day under non-cyclonic conditions (%) | 16.9 | S22 |
| Environmental data | | |
| Sea surface temperature (°C) | | NOAA High Resolution SST |
| Air temperature (°C) | | NCEP/NCAR Reanalysis dataset |
| Cloud cover (%) | 0-100 | |
| Relative humidity (%) | | NCEP/NCAR Reanalysis dataset |
| Wind speed (m.s ⁻¹) | | NCEP/NCAR Reanalysis dataset or Dvorak's classification |
| Common guillemots | | |
| Morphological properties | Value | References |
| Body mass (g) | 1100 | S23 |
| Body plumage depth (dorsal-ventral) (mm) | 7.8-10.3 | |
| Head plumage depth (d-v) (mm) | 6.2-6.8 | |
| Plumage reflectivity (d-v) (%) | 13.7-52 | This study |
| Body feather length (d-v) (mm) | 48.2-43 | |
| Head feather length (d-v) (mm) | 14-12.5 | |
| Feather diameter (d-v) (µm) | 33.0-33.0 | S2 |
| Physiological properties | | |
| Body core temperature (°C) | 40 | S2 |
| Flesh thermal conductivity (W.m ⁻¹ .°C ⁻¹) | 0.5 | S5 |
| Oxygen extraction efficiency (%) | 35 | S6 |

| | | |
|---|--|---|
| Bird density (kg.m ⁻³) | 932.9 | S7 |
| Resting metabolic rate (W) | 5.07 | S13 |
| Flight metabolism (W) | 88 | S2 |
| Diving metabolism (W) | 1.8*BMR | S9 |
| Behavioral properties | | |
| Proportion of time spent flying per day during winter under non-cyclonic conditions (%) | 4.5 | S24, S25 |
| Proportion of time spent diving per day under non-cyclonic conditions (%) | Jan/Feb/N ov 16.3 Oct14.3 Dec16.9 | S22, S24-S26 |
| Environmental data | | |
| Sea surface temperature (°C) | | NOAA High Resolution SST |
| Air temperature (°C) | | NCEP/NCAR Reanalysis dataset |
| Cloud cover (%) | 0-100 | |
| Relative humidity (%) | | NCEP/NCAR Reanalysis dataset |
| Wind speed (m.s ⁻¹) | | NCEP/NCAR Reanalysis dataset or Dvorak's classification |
| Brünnich's guillemots | | |
| Morphological properties | Value | References |
| Body mass (g) | | |
| Body plumage depth (dorsal-ventral) (mm) | | |
| Head plumage depth (d-v) (mm) | | |
| Plumage reflectivity (d-v) (%) | | |
| Body feather length (d-v) (mm) | | |
| Head feather length (d-v) (mm) | | |
| Feather diameter (d-v) (µm) | | |
| Physiological properties | | |
| Body core temperature (°C) | | |
| Flesh thermal conductivity (W.m ⁻¹ .°C ⁻¹) | | |
| Oxygen extraction efficiency (%) | | |
| Bird density (kg.m ⁻³) | | |
| Resting metabolic rate (W) | | |
| Flight metabolism (W) | | |
| Diving metabolism (W) | 2.4*BMR | S9 |
| Behavioral properties | | |
| Proportion of time spent flying per day during winter under non-cyclonic conditions (%) | | |
| Proportion of time spent diving per day under non-cyclonic conditions (%) | | |
| Environmental data | | |
| Sea surface temperature (°C) | | NOAA High Resolution SST |
| Air temperature (°C) | | NCEP/NCAR Reanalysis dataset |
| Cloud cover (%) | 0-100 | |
| Relative humidity (%) | | NCEP/NCAR Reanalysis dataset |
| Wind speed (m.s ⁻¹) | | NCEP/NCAR Reanalysis dataset or Dvorak classification |

When not provided, values are considered as the same as for common guillemots (see Fort et al., 2009.)

Table S2. Summary of parameters used in NicheMapper™ related to STAR Methods.

| Species | Location | Wind speed | Observed behavior | Observer/Reference | Date |
|------------------------|-------------------------------|---|--|-------------------------------------|-------------|
| Little auk | Kap Høegh-East Greenland | Above 60 km.h ⁻¹ | Stopped flying | David Grémillet and Manon Clairbaux | Summer 2019 |
| European shag | Orkney Islands | Above 103 km.h ⁻¹ | Stopped flying and foraging | David Grémillet | 1990 |
| Brünnich's guillemot | Prince Leopold Island-Nunavut | Above 80 km.h ⁻¹ | Difficulty flying | Mark Mallory | 2015 |
| Black-legged kittiwake | Labrador Coast | Above 80 km.h ⁻¹ | No birds landing on water (few in air, tossed about) | Mark Mallory | 2018 |
| Brünnich's guillemot | Labrador Sea | Above 80 km.h ⁻¹ | Few birds swimming, none flying, did not appear to be diving | Mark Mallory | 2018 |
| Northern fulmar | Flemish Caps | Above 103 km.h ⁻¹ | Birds flying in small groups, difficulty landing or no landing | Ashley Bennison | 2016 |
| Auk spp | Flemish Caps | Above 103 km.h ⁻¹ | Stopped flying | Ashley Bennison | 2016 |
| Little auk | Kap Høegh-East Greenland | Above 50 km.h ⁻¹ | Stopped flying | Jérôme Fort | Summer 2020 |
| Guillemot spp | Hudson Bay | | Any evidence about stop diving even under strong winds. Flying seems to be interrupted when winds become too high. | Kyle Elliott | |
| European shag | Faroes Islands | Above 80 km.h ⁻¹ | Stopped flying and foraging. Remained on land | Bergur Olsen | 2021 |
| Auk spp | Faroes Islands | Above 75 km.h ⁻¹ | Stopped flying | Bergur Olsen | 2021 |
| Northern fulmar | Faroes Islands | Above 50 km.h ⁻¹ | Hungry and aggressive | Bergur Olsen | 2021 |
| European shag | Isle of May | Above 180 km.h ⁻¹ | Stopped flying and foraging. Remained on land | Francis Daunt | April 1998 |
| Atlantic puffin | | Above 150 km.h ⁻¹ | Stopped flying and sat on water | S27 | |
| Common guillemot | Isle of May | Above 33 km.h ⁻¹ | Adults still bringing prey to their chicks | S28 | Summer 1997 |
| Brünnich's guillemot | Kippaku-North West Greenland | Two cyclones with wind speed above 50 km.h ⁻¹ and above 29 km.h ⁻¹ respectively | Strongly reduced traffic of birds returning to the colony, especially during the first and strongest one | S29 | Summer 2010 |

| | | | | | |
|-----------------|--------------------|-----------------------------|---|-----|-------------|
| Atlantic puffin | Røst, North Norway | Above 50 km.h ⁻¹ | Strongly reduced traffic of breeding birds returning to the colony with food for their chicks | S30 | Summer 2002 |
|-----------------|--------------------|-----------------------------|---|-----|-------------|

Table S3. Observations of seabird behavior under cyclonic conditions related to STAR Methods.

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