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Contact CEH NORA team at  
[noraceh@ceh.ac.uk](mailto:noraceh@ceh.ac.uk)



37 **Abstract**

38

39 Phosphorus (P) is a limiting nutrient in freshwater systems and when present in runoff from  
40 agricultural lands or urban centers may contribute to excessive periphyton growth. In this study,  
41 we examined the link between soil erosion and delivery of eroded soil to streams during flow  
42 events, and the impact of that freshly-deposited soil on dissolved reactive P (DRP)  
43 concentrations and periphyton growth under baseflow conditions when the risk of stream  
44 eutrophication is greatest. A microcosm experiment was designed to simulate the release of P  
45 from soil which had been amended with different amounts of P fertilizer to overlying water  
46 during base flow conditions. Unglazed tiles, which were inoculated for 5 days in a second order  
47 stream, were incubated for 7 days in microcosms containing soil with eight levels of soil  
48 Mehlich-3' plant available phosphorus (M3P) ranging from 20 to 679 mg/kg M3P. Microcosm  
49 DRP was monitored. Following incubation tiles were scraped and the periphyton analyzed for  
50 chlorophyll *a*. Microcosm DRP concentrations increased with increasing soil M3P and  
51 equilibrium phosphorus concentration (EPC<sub>0</sub>). Relationships between M3P, EPC<sub>0</sub> and DRP were  
52 non-linear and increases in soil M3P and/or DRP had a greater impact on biomass accumulation  
53 when these parameters were above threshold values of 30 mg/kg M3P and 0.125 mg/L DRP.  
54 Significantly, this ecological threshold corresponds to the agronomic thresholds above which  
55 increased soil M3P does not increase plant response.

56

57

58 **Key terms:** Fluvial-sediment; phosphorus; ecology; freshwater; agriculture; diffuse pollution;  
59 chlorophyll *a*.

## 60 **Introduction**

61

62 Phosphorus (P) is a key limiting nutrient of primary production in many freshwater systems  
63 whose biological availability degrades water quality and limits commercial and recreational  
64 water use (Schindler et al., 2008). Remedial efforts to address this have focused on the control of  
65 point-sources, particularly nutrient loading from urban wastewater treatment plants (Jarvie et al.,  
66 2006b; Bowes et al., 2010; Neal et al., 2010) and nutrient and sediment losses from agricultural  
67 lands (Jarvie et al., 2013b; USDA NRCS, 2012a,b). However, the measurement of water quality  
68 improvements resulting from changes in agricultural management is complicated by “legacy  
69 effects”, which may delay any response to improvements in management practices (Schulte et al.  
70 2010, Jarvie et al. 2013a,b). Streambed sediment and freshly-deposited soil in a streambed may  
71 act as a P sink or source depending on stream dissolved reactive phosphorus (DRP), sediment P  
72 sorption capacity, and degree of P saturation of the soil (Dodds 2003, Jarvie et al., 2005, 2006a).  
73 “Legacy P” is the term given to a portion of P that accumulates at various points throughout the  
74 transport pathways within the terrestrial-freshwater continuum (Sharpley et al. 2013).  
75 Accumulation of legacy P in soils, or along hydrologic flow paths, may take years and, in many  
76 instances, decades to return to equilibrium levels (Jarvie et al. 2013a, Haygarth et al. 2014,  
77 Powers et al., 2016).

78

79 Periphyton are assemblages of algal species, typically diatoms, filamentous green algae, and  
80 cyanobacteria growing on, or attached to stream and river substrates, such as sediment, woody  
81 debris and rocks (Stevenson et al. 1996; Larned 2010). Periphyton comprise a species-rich group  
82 of microalgae, which are considered to be important primary producers at the sediment-water

83 interface within riverine systems (Giller and Malmquist 1998, Scott and Marcarelli 2012).  
84 Periphyton produce oxygen at the sediment surface. Thereby they reduce P transport from  
85 deposited sediment as a result of anaerobic P release (Palmer-Felgate et al., 2010), and serve as a  
86 major source of food for invertebrates (Adey et al. 1993, Giller and Malmquist 1998, Brönmark  
87 and Hansson 2005). Phosphorus is often a limiting element for periphyton (Scott et al. 2009) and  
88 periphyton can play an important role in P cycling through assimilating P from the water column  
89 (Jarvie et al. 2002). Periphyton also influence the exchange of P across the sediment/water  
90 interface (Drake et al. 2011). Periphyton can also intercept P released from benthic sediments  
91 which increases P deposition through altering biochemical conditions within the river system  
92 (Dodds 2003, Withers and Jarvie 2008). In addition periphyton can trap particulate material from  
93 the water column (Adey et al. 1993).

94

95 However, excess inputs of P from anthropogenic sources (Dodds et al. 1997, Shilling 2007),  
96 together with high water temperatures during low flow periods, may result in excessive  
97 periphyton growth in riverine systems (Hilton et al. 2006, Bowes et al., 2007, 2012). Excessive  
98 periphyton growth can negatively impact streams and rivers through changes in particulate and  
99 dissolved organic carbon (C) budgets, nutrient cycling, biological and chemical oxygen demand,  
100 pH (Shilling 2007), and loss of macrophyte and invertebrate communities (Flynn et al., 2002;  
101 Hilton et al. 2006). Periphyton communities vary compositionally with changing nutrient levels,  
102 responding rapidly to changes in environmental conditions. Consequently, they may act as  
103 ecological indicators of increasing nutrient concentrations, particularly those caused by  
104 anthropogenic disturbances (Shilling 2007, Stone et al. 2012). The rate of periphyton  
105 accumulation such as cell volume, number of cells, and biomass of periphyton per unit area

106 (Bowes et al, 2007; McCall et al., 2014; Hilton et al. 2006, van der Valk 2012), are commonly  
107 used metrics to estimate the degree of eutrophication within an aquatic ecosystem.  
108

109 Understanding the P release characteristics of deposited soil particles provides the key link  
110 between non-point P sources delivered especially during the spring/summer storm events (times  
111 of greatest stream eutrophication risk) (Stamm et al, 2014). This study makes the crucial link  
112 between soil erosion and delivery of eroded soil to streams during flow events, and the impact of  
113 that freshly-deposited soil on dissolved P concentrations and periphyton growth under low flows.  
114 The direction and extent of exchange of P between sediment and stream water can be estimated  
115 from the relationship between DRP concentration within the stream and equilibrium P  
116 concentration ( $EPC_0$ ) of suspended and deposited sediment (Jarvie et al. 2005). Sediment  $EPC_0$   
117 is defined as the aqueous phase P concentration at which no net P adsorption or desorption by  
118 sediment occurs (Haggard et al. 1999, Taylor and Kunishi 1971). The combination of  $EPC_0$  and  
119 soil P status, which is measured using Mehlich-3 P (M3P) extraction, accounted for over half of  
120 the variability in DRP concentrations in 22 Ozark streams, USA (Haggard et al. 2007),  
121 suggesting that M3P might be a suitable predictor of P uptake or release from soil. Soil M3P  
122 tests are routinely used in laboratories throughout the world for soil P management decisions. It  
123 can be used for all soils and has been used by researchers as a surrogate test for sediment P  
124 availability to represent legacy sources of P that can become available with time (i.e., 1 to 2  
125 years) (Haggard et al., 2007). Several studies have examined this relationship for stream  
126 sediments (McDowell and Sharpley 2001, McDowell and Sharpley 2003, Ekka et al. 2006).  
127 Although these studies were generally limited by the M3P range of the selected stream sediments  
128 in which they observed increased DRP concentrations with increasing M3P and  $EPC_0$ . Typically

129 stream sediment M3P concentrations range from 2.7 to 39 mg/kg M3P, while soil M3P  
130 concentrations can range from 0.01 to in excess of 900 mg/kg (Table 1).

131

132 Stream-bed sediments typically reflect an unknown depositional history and rapidly reach  
133 equilibrium with the overlying river water (Haggard and Stoner, 2009). Freshly deposited  
134 agricultural soils may pose a greater risk to water quality than stream sediments as such soils  
135 typically have higher soil M3P and EPC<sub>0</sub> than stream sediments (Sharpley et al., 1996). During  
136 erosion and transport to the stream channel, soils undergo particle sorting (Sharpley, 1985), with  
137 changes in particle size distributions, having a potential impact on P-sorption properties of the  
138 deposited soils. In the current study, a fine silt loam soil with relatively low M3P (20 mg/kg),  
139 enriched with P to achieve a range of M3P values from 20 to 679 mg/kg M3P, was used to  
140 determine the impact of freshly-deposited agricultural soil on periphyton biomass accumulation.

141

142 This study was undertaken in order to test the hypothesis that sediment-bound P stimulates  
143 periphyton growth through sorption/desorption processes within the aqueous solution, and  
144 examined: (1) the impact of soil M3P and EPC<sub>0</sub> on P release from soil to overlying-water and (2)  
145 the effect of release P on periphyton biomass and nutrient stoichiometry.

146

## 147 **Materials and Methods**

148

### 149 *Study Approach*

150

151 The conceptual framework shown in Fig. 1 was developed to define the study hypothesis based  
152 on typical chemograph data (Richards et al., 2001; Jordan et al., 2007; Stamm et al., 2014).

153 Specifically we aimed to determine if P bound to eroded soil deposited during storm flow events  
154 stimulated periphyton growth through P sorption/desorption processes during baseflow  
155 conditions (i.e. sustained low flows during spring and summer). During storm flow suspended  
156 sediment (SS) and DRP increase with increasing flow rate (Q). As Q decreases, SS and TP  
157 concentrations which comprise of particulate P (PP) and DRP decrease as sediment is deposited  
158 on stream bottoms. This study addresses a key research gap in understanding the links between P  
159 bound in soils deposited on stream beds, P release from deposited soil to stream water and the  
160 impacts of P release on periphyton biomass and nutrient uptake.

161

162 A microcosm experiment was designed to simulate the release of P from soil deposited in a  
163 stream to overlying water during base flow conditions. Unglazed mosaic tiles were inoculated for  
164 5 days in Mud Creek Tributary which is a low nutrient second order stream that has been  
165 extensively characterized by Rogers et al. (2011). Following this, soil enriched with different soil  
166 M3P concentrations were added to microcosms and allowed to equilibrate before inoculated tiles  
167 were incubated in the microcosm. A Pembroke silt loam soil was chosen because it represents  
168 the main soil type under agricultural use in the Mud Creek watershed, and thus, dominates soil-  
169 related processes occurring in this watershed. Such microcosms are commonly used in nutrient  
170 cycling studies (Drake et al., 2012; Scott et al., 2013) and while they do not replicate exact  
171 stream conditions they have the advantage of allowing for a wide range of treatments to be  
172 examined in controlled conditions.

173

174 *Soil Preparation*

175



176 A Pembroke silt loam soil was collected from the Research Farm, University of Arkansas,  
177 Fayetteville, Arkansas (36°5'50"N, 94°10'44"W). The upper 10-20 cm depth of soil was  
178 collected and air dried before being sieved to pass through a 4-mm sieve. The upper 10 cm was  
179 discarded to minimize the inclusion of grass roots. Following this the loam soil with native M3P  
180 concentration 20 mg/kg (labeled M3P20 hereafter) was spiked with different concentrations of  
181 superphosphate (9 g/kg total phosphorus (TP)) fertilizer. Fertilizer was added to increase M3P  
182 concentrations to 23, 30, 44, 62, 97, 187, 428, and 679 mg/kg (after McDowell et al. 2011). It  
183 was then incubated for 168 days with periodic soil wetting to maintain an approximate soil  
184 moisture content of 30% by weight approximately equivalent to saturated field moisture. Sub-  
185 samples of soil from each of the nine M3P levels were air dried and sieved (<2 mm) and plant  
186 available soil P was determined by M3P extractant (Mehlich 1984). Soil EPC<sub>0</sub> was determined  
187 using the procedure described by Haggard et al. (2007). Two grams of air dried soil were added  
188 to 50 mL of deionized water, spiked with potassium dihydrogen orthophosphate (KH<sub>2</sub>PO<sub>4</sub>) to  
189 give DRP concentrations of 0, 0.1, 0.5, 1.0, 5.0, 10.0 and 20.0 mg/L before shaking in a  
190 reciprocating shaker for 1 h. The soil and water suspension was then allowed to settle for  
191 approximately 30 min before filtering supernatant through 0.45 µm membrane filter. Following  
192 this DRP was determined colorimetrically after Murphy and Reily (1962). The amount of P  
193 absorbed per dry weight soil (mg P/kg soil) was plotted against initial P concentration of the  
194 standard solutions (mg/L) and sediment EPC<sub>0</sub> was estimated as the x-intercept of the linear  
195 portion of this plot (after Haggard et al. 2007).

196

197 *Periphyton inoculation and analysis*

198

199 Two 300 x 300 mm mosaic tiles, each containing thirty-six 50 mm square unglazed tiles, held  
200 together with flexible unreactive bonding material, were placed on the sediment surface in Mud  
201 Creek Tributary (N 36° 06' 45", W 94° 07' 24", Fayetteville, Arkansas, USA) on November 28<sup>th</sup>,  
202 2012 as shown in Fig. 2a. Water within Mud Creek Tributary had low DRP (0.001 mg/L) and TP  
203 (0.024 mg/L) concentrations, with oligotrophic levels of chlorophyll-*a* (0.08 µg/cm) measured  
204 on the inoculated tiles, typical for a mid-order stream with low nutrient inputs. Periphyton were  
205 allowed to accumulate on the tiles until a film of periphyton was visible (five days), after which  
206 they were transported to the laboratory for a benchtop experiment. The bonding material holding  
207 the tiles together in the mosaic was cut using a razor blade, and tiles with grazers  
208 (macroinvertebrates) or outliers (approximately 12 tiles that were visibly different, or damaged)  
209 were excluded from the study.

210

211 Periphyton were scraped from ten arbitrarily selected tiles (50 mm x 50 mm) using a stiff-  
212 bristled brush and then rinsed with aerated tap-water to form a periphyton slurry. The composite  
213 slurry total volume was recorded and the slurry was divided into four subsamples for periphyton  
214 chlorophyll *a* estimation, and determination of total periphyton P, C, and nitrogen (N) (each  
215 conducted in duplicate). Chlorophyll *a* was measured as a proxy for biomass accumulation. It  
216 was determined in duplicate by filtering the chlorophyll *a* subsample onto non-muffled Whatman  
217 GF/F filters and freezing, before chlorophyll *a* concentration was determined using a Turner  
218 Fluorometer (APHA 2007). Periphyton P content was determined by adding peroxodisulfate,  
219 boric acid and sodium hydroxide to samples before autoclaving at 550°C. Phosphorus content of  
220 digestate was determined colorimetrically using the ascorbic acid method (APHA 2007). The  
221 remaining subsample was filtered onto pre-muffled Whatman GF/F filters (500°C for 4 h to

222 desiccate carbon on filter) and frozen. The frozen filter discs were dried for 24 to 48 h (50°C)  
223 and analyzed for C and N content with a Thermo Flash 2000 Organic Elemental Analyzer  
224 (Thermo Fisher Scientific, Delft, The Netherlands). The ratios of C:P, C:N and C:Chlorophyll *a*  
225 (an adapted form of the autrophic index used by Drake et al., 2011) were calculated for analysis  
226 of periphyton stoichiometry. Nutrient limitation status was inferred from stoichiometric ratios  
227 based on the following: C:P > 180 and N:P > 22 indicating P limiting conditions; C:P > 10 and  
228 N:P < 13 indicating N limiting conditions (Hillebrand and Kahlert 2001).

229

230 Stream water grab samples were taken less than 1 m upstream of the tiles three mornings during  
231 the five-day inoculation period (days 1, 2 and 5) to record water quality conditions in Mud Creek  
232 during inoculation. Upon collection, samples were transported to the laboratory and stored at 4  
233 °C until water quality analysis was completed (within 24 h). Samples were filtered through 0.45  
234 µm filter paper and analyzed colorimetrically for DRP, NO<sub>3</sub>-N, chloride (Cl), sulphate (SO<sub>4</sub>) and  
235 NH<sub>4</sub>-N. Dissolved reactive P and TP (following persulphate digestion of unfiltered sample) were  
236 determined colorimetrically after Murphy and Reily (1962). Nitrate-N, Cl, SO<sub>4</sub> and NH<sub>4</sub>-N  
237 concentrations were determined using ion chromatography (Dionex ICS-1600) and turbidity was  
238 determined using a turbidimeter (WTW Turbo 550). Following combustion, TN was determined  
239 using ion chromatography and TOC and DOC were analysed following the EPA-600/4-79-020  
240 procedure (EPA 1979). All samples were analyzed in accordance with Standard Methods (APHA  
241 2007).

242

243 *Microcosm Experiment*

244

245 A microcosm experiment was designed to simulate the release of P from soil deposited in a  
246 stream to overlying water during base flow conditions. The nine levels of soil M3P were  
247 examined in triplicate. For each microcosm, twenty grams of air-dried soil were added to a 1 L  
248 laboratory beaker (27 beakers), before adding 700 mL of aerated tap water with pH of 8.3, DRP  
249 of 0.001 mg/L and NO<sub>3</sub>-N of 0.86 mg/L. The soil and water were allowed to equilibrate for 72 h  
250 (Fig. 2b), before being amended with NO<sub>3</sub>-N (as KNO<sub>3</sub>) to achieve a concentration of 2.5 mg  
251 NO<sub>3</sub>-N/L in the overlying water (to ensure that NO<sub>3</sub>-N did not limit periphyton accumulation  
252 even at high P concentrations). One unglazed tile inoculated with periphyton from Mud Creek  
253 Tributary was then placed in each microcosm (t = 0 d). The tiles were suspended 25 mm above  
254 the soil surface using non-reactive supports, and care was taken to minimize suspension of soil  
255 particles into the overlying water. The microcosms were placed in a temperature-controlled  
256 laboratory (20°C) and artificial lighting (> 500 μE/m<sup>2</sup>/S) with 12 h day / 12 h day night cycle for  
257 168 h (Fig. 2c). This temperature was chosen as it is representative of Ozark streams during  
258 spring/fall, where temperatures generally vary between 17 and 25°C. Aerated tap water was  
259 added daily by hand to replenish evaporative losses and 30 mL samples were collected from  
260 mid-depth of the water overlying the tile at 0, 1, 2, 3, 5, and 7 days after the start of incubation.

261

262 All samples were filtered immediately using 0.45-μm filters and analyzed within 24 h for DRP.  
263 The DRP mass in overlying water was calculated taking into account the dilution effect caused  
264 by addition of water to replenish samples removed as the experiment progressed. Nitrate  
265 concentrations in the overlying water of selected microcosms (M3P20, 23, 62, 427 and 679  
266 treatments) were measured by sampling overlying water throughout the experiment to ensure that  
267 NO<sub>3</sub>-N was not limiting. The experiment was terminated after 168 h, and the tiles (Fig. 2d) were

268 removed from the microcosms. Periphyton biomass was calculated by quantifying the amount of  
269 chlorophyll *a*, total carbon, N and P on each tile. The ratios of C:P, C:N and C:Chlorophyll *a*  
270 were calculated to determine the effect of treatment on periphyton stoichiometry.

271

272 Microcosm experiments allow controlled experiments, with full replication and have been used  
273 to examine nutrient cycling in streams (Drake et al., 2012; Scott et al., 2013; Rodriguez Castro et  
274 al., 2015). This study is unique in that these microcosm experiments were used to simulate the  
275 effects of freshly deposited agricultural eroded soils, whereas most microcosm incubations use  
276 stream/wetland sediments which have already undergone a period of equilibration in the  
277 stream/wetland environment (Reddy et al., 1999; Wang et al., 2013; Li et al., 2013; Lin et al.,  
278 2015). This design allows for examination of a wide range of soil M3P quickly and ensures that  
279 all other factors including are constant.

280

### 281 *Statistical analysis*

282

283 Linear regression analysis was conducted on chlorophyll *a*, M3P, EPC<sub>0</sub>, DRP (at start of  
284 incubation (t=0)), periphyton total carbon, periphyton total nitrogen and periphyton total  
285 phosphorus. For the relationship between EPC<sub>0</sub> and M3P, the linear model was fit using  
286 log(EPC<sub>0</sub>) and log(M3P) and the results were back-transformed for presentation. The  
287 relationships between DRP and M3P as well as between DRP and EPC<sub>0</sub> were also fit on the log-  
288 log scale and then back-transformed for presentation. Significant relationships were plotted and  
289 equations presented in results section. Logarithmic transformations were required for DRP, M3P,  
290 EPC<sub>0</sub> and periphyton total phosphorus data, which were not normally distributed. Quantile plots

291 for the studentized residuals were used as a graphical check for normality. Least square  
292 difference analysis was used to allow comparisons between treatments. Piecewise regression was  
293 used to determine breakpoints in the relationships between DRP and M3P and chlorophyll-a. All  
294 statistical analyses were performed using SAS 9.1 (SAS 2004).

295

## 296 **Results and Discussion**

297

### 298 *Phosphorus release from soil*

299

300 Dissolved reactive P concentrations in overlying water were positively related to P levels in  
301 deposited soil, with DRP concentrations of 0.009 mg/L for the lowest treatment (M3P20) and  
302 1.61 mg/L for the highest treatment (M3P679) after the 72-h equilibrating period (i.e. at the start  
303 of the incubation) (Table 2). In addition to the linear plots between DRP and soil M3P/EPC<sub>0</sub>  
304 these relationships were plotted logarithmically (Fig. 3a and Fig. 4a, respectively) to demonstrate  
305 the nature of the relationship between soil EPC<sub>0</sub> and M3P concentrations and overlying water  
306 DRP at low concentrations. Logarithmic plots magnify the response of DRP to a relatively small  
307 increase in soil EPC<sub>0</sub> /M3P which was of particular interest since threshold responses have been  
308 reported when correlating soil M3P and runoff DRP in rainfall simulation (Vadas et al., 2005)  
309 and laboratory P release studies (Mulqueen et al., 2004). Soil M3P and EPC<sub>0</sub> were positively  
310 correlated, with a gradual increase in soil EPC<sub>0</sub> per unit change in soil M3P. The best fit model  
311 ( $p < 0.001$ ) was:

312

$$313 \text{EPC}_0 = 0.00047(\text{M3P})^{1.64} \quad [1]$$

314

315 Microcosm DRP and soil M3P were positively correlated (Fig.3b) and the best fit model  
316 ( $p<0.001$ ) was:

317

$$318 \text{ DRP}=6.5 \times 10^{-5}(\text{M3P})^{1.59} \quad [2]$$

319

320 DRP and  $\text{EPC}_0$  were positively correlated (Fig. 4b) and the best fit model ( $p<0.001$ ) was:

321

$$322 \text{ DRP}=0.112(\text{EPC}_0)^{0.96} \quad [3]$$

323

324 Relationships between M3P,  $\text{EPC}_0$  and DRP were non-linear and DRP release from soil increased  
325 exponentially with soil M3P values. These findings were similar to those reported by Rogers et al.  
326 (2011). Rogers et al. (2011) examined the relationship between M3P and DRP for five streams in  
327 the Upper Illinois River Watershed (slope: 0.0016,  $R^2=0.75$ ). Haggard et al. (2007) reported a  
328 slope of 0.020 between M3P of benthic sediments and stream water DRP. The  $\text{EPC}_0$  of the M3P679  
329 treatment was 19 mg/L which was an order of magnitude greater than the sediment  $\text{EPC}_0$  in similar  
330 streams in Arkansas (Ekka et al., 2006; Haggard et al., 2007). Sediment  $\text{EPC}_0$  has been reported  
331 to vary from -0.62 mg/L (Smith et al., 2009) to a max of 6.99 mg/L reported downstream of a  
332 wastewater treatment plant discharge point (Ekka et al., 2006). These results were also in  
333 agreement with findings of field runoff studies (Vadas et al., 2006). In a meta-analysis of runoff  
334 studies (rainfall simulation, field, etc.), Vadas et al. (2005) observed a similar break-point  
335 relationship between soil P sorption capacity and surface runoff DRP concentrations in a field-  
336 scale runoff study. Sims et al. (2002) demonstrated that soil P sorption capacity was strongly  
337 correlated with soil M3P ( $R^2=0.72$ ) in rainfall simulations studies. This was consistent with similar

338 findings in column leaching studies (Maguire and Sims, 2002) and rainfall simulation studies  
339 (Torbert et al., 2002). Recently eroded sediments which possess higher soil M3P levels than stream  
340 streams, may pose a risk to water quality during storm events if they are located in a critical source  
341 area, a zone of frequent runoff generation that readily connects high P sources in soils to streams  
342 (Thompson et al., 2012).

343

#### 344 *Impact of DRP released from soils on periphyton accrual*

345 Introduction of inoculated periphyton tiles to the microcosms resulted in a general decrease in  
346 overlying water DRP concentrations during the 168-hr incubation (Table 2). This was not  
347 significant for M3P20, 23, 30, 44, 97, and 187 treatments, while DRP concentrations in M3P428  
348 and 679 treatments were significantly lower at the end of the study (compared to t=0) (Table 2).  
349 Overall, trends showed a sharp decrease in DRP during the first 24 h of incubation (ranging from  
350 <0.001 mg DRP/h (M3P20 treatment) to 0.057 mg DRP/h (M3P679 treatment), followed by a  
351 slower decrease in DRP over the remaining 144 hours (<0.001 mg DRP/h). Overlying water  
352 DRP concentrations decreased for all microcosms with the exception of M3P97 (72 h sample),  
353 M3P428, and M3P679 (120 h samples). In these microcosms, DRP was observed to increase  
354 between the 72 h and 120 h sampling events and decrease for the remainder of the experiment.  
355 This may have been a result of an observed die-off of periphyton between 72 h and 120 h,  
356 followed by a recovery of periphyton (i.e. some of the initial periphyton observed to change  
357 colour and new periphyton developed on tile). However, DRP concentrations at 0 h observed in  
358 microcosms receiving M3P97 (0.078 mg/L), 187 (0.242 mg/L), 428 (0.637 mg/L) and 679 (1.61  
359 mg/L) treatments were significantly higher than those observed in the low M3P treatments with  
360 differences between these treatments also statistically significant ( $p<0.01$ ). Standard deviations



361 were significantly higher in the case of the higher treatments which was perhaps indicative of the  
362 level of variability in soil M3P. The average NO<sub>3</sub>-N concentration of overlying water in the  
363 microcosms was approximately 1.68±0.24 mg/L after 24 h, before gradually decreasing to  
364 0.219±0.283 mg/L at 168 h indicating that periphyton assimilated NO<sub>3</sub>-N during the study.

365

366 Periphyton biomass was greater in the microcosms with higher DRP concentrations (Fig.5) and  
367 soil M3P (Fig. 6). Periphyton biomass followed a log function, with large increases in chlorophyll  
368 *a* concentrations occurring in response to small increases in DRP, followed by potential P-  
369 saturation of the periphyton and little change in chlorophyll *a* concentrations even with large  
370 increases in DRP. These findings were in agreement with previous work that used nutrient  
371 diffusion substrates to directly link nutrient availability to periphyton biomass in streams (Lang et  
372 al. 2012). There was a three-fold increase in chlorophyll *a* biomass when overlying water DRP at  
373 the start of the study increased from 0.009 to 1.61 mg/L. These results are similar to flume  
374 experiments conducted by Bowes et al. (2012), who reported chlorophyll *a* levels between 8 to 12  
375 µg/cm<sup>2</sup> (DRP concentrations between 0.03 and 0.373 mg/L) in river studies, which was higher  
376 than that observed in the current study (0.2 to 1.5 µg/cm<sup>2</sup>). This was likely due to the fact that P  
377 immobilized by periphyton was not replaced by an incoming P flux, as would occur in a running  
378 stream.

379

380 The soil M3P was positively correlated with chlorophyll *a* and total periphyton C, N, and P (Table  
381 3). There was a sharp increase in chlorophyll *a* per unit area of tile in response to increase and  
382 overlying water DRP (Fig. 6) followed by a plateau level of chlorophyll *a* (approximately 0.9  
383 µg/cm<sup>2</sup>), above which there was no increase - even when DRP increased significantly. Total

384 periphyton P was strongly correlated with chlorophyll *a* ( $R^2=0.72$ ), with both having a similar  
385 relationship with DRP, where an initial steep slope was followed by a plateau. Total periphyton C,  
386 and N generally increased with increases in overlying water DRP; however, concentrations were  
387 not strongly correlated with overlying water DRP or chlorophyll *a*. Nitrate-N concentrations were  
388 not limiting during the study, with the exception of the possibility of  $\text{NO}_3\text{-N}$  limitation for the high  
389 P treatments between the 120 and 168 h samplings.

390

#### 391 *Threshold soil M3P and water DRP values*

392

393 A key finding of this study is the threshold response of chlorophyll-*a* to soil M3P and DRP  
394 concentrations. While piecewise regression did not allow determination of a threshold DRP value  
395 using the data shown in Fig. 5, it was possible to determine a threshold M3P of 30 mg/kg using  
396 data shown in Fig. 6. The difficulty obtaining a breakpoint for Fig. 5 data using piecewise  
397 regression was likely a result of the relatively large number of similar DRP concentrations  
398 observed for the lower M3P treatment. Using Equation 2, a threshold value of 0.125 mg/L DRP  
399 was determined. The threshold values observed in this study are specific to a Pembroke soil in an  
400 artificial environment (i.e. microcosm). Following from this the level of response and threshold  
401 value will vary between soils with a range of possible threshold values. The DRP threshold of  
402 0.125 mg/L is higher than the 0.075 mg/L TP mesotrophic-eutrophic boundary suggested by Dodds  
403 et al. (1998) and the upper threshold reported by Evans-White et al. (2013) in a review of stream  
404 nutrient criteria development in the US, which presented P threshold values of between 0.006 and  
405 0.074 mg/L. This value was also greater than the biological breakpoint with median concentrations  
406 of TP (0.033 mg/L) observed by Crain and Caskey (2010). Bowes et al 2007 reported a threshold

407 of 0.090 mg P/L on the River Frome in the UK. In recent unpublished work on the Hampshire  
408 Avon a threshold of ~0.11 mg-P/L was observed (Bowes, *per com.*). This indicated that the  
409 threshold observed in the current study is reasonable.

410

411 The results are in agreement with P runoff studies and show that soils with an M3P greater than  
412 approximately 30 mg/kg pose a risk to water quality both directly (when deposited in stream) and  
413 indirectly (when P mobilized in subsurface and overland flow; Sharpley et al. 1996). The existence  
414 of threshold or breakpoint relationships between soil M3P and water DRP is long established  
415 (Sharpley et al. 1995) and this study has now demonstrated threshold responses of chlorophyll-*a*  
416 to soil M3P and DRP concentrations for the soil examined in this study. This ecological threshold  
417 corresponds to the agronomic thresholds above which increased soil M3P does not increase plant  
418 response, typically between 30 and 70 mg/kg M3P (Sharpley et al., 1996). Future work must  
419 examine these relationships across a wide range of soils, sediments and climatic conditions. This  
420 current research emphasises the need to address P loss from critical source areas (areas with high  
421 connectivity and high soil M3P) within the landscape to mitigate both dissolved and particulate P  
422 losses to streams.

423

#### 424 **Concluding remarks/wider implications**

425

426 These results have implications for catchment managers dealing with ‘legacy P’ within streams  
427 (Sharpley et al. 2013, Haygarth et al. 2014). The greatest risk of periphyton proliferation is under  
428 sustained low flows during spring and summer (Shilling 2007). Thus, if deposited soils release P  
429 to overlying water during this period which favours periphyton biomass accumulation, it could  
430 have a greater impact than P released during high flow periods (Withers and Jarvie 2008, Jarvie

431 et al. 2012). The findings demonstrates that the conceptual framework outlined in this paper  
432 accurately describes the release of DRP following deposition of soil in a stream following a  
433 storm flow event and the subsequent release and uptake by periphyton. These data suggest that  
434 increased soil M3P content within the watershed has the potential to increase available P in the  
435 sediment and overlying water, which is further supported by the observation of increased water  
436 quality degradation with increased human development (agricultural and urban land use;  
437 Giovaaneti et al. 2013).

438

439 While microcosms do not accurately replicate in-stream conditions as overlying water is  
440 stagnant, not reproducing flowing water environment, with implications for periphyton growth  
441 rates, waste accumulation, dissolved oxygen, redox, no replenishment of nutrients from upstream  
442 sources, or periphyton inocula from upstream (Jungmann et al., 2001). This allows development  
443 of robust relationships between M3P and DRP/chlorophyll *a*. This could not be readily achieved  
444 using in-stream studies, where controlling other variables affecting P dynamics is considerably  
445 more challenging. Future work must examine these processes in dynamic systems that allow  
446 water to flow over the periphyton and across a wider range of soils types.

447

448 This study highlights the risk of P release from eroded soil which is deposited in a stream bed  
449 and demonstrates that soil eroded from agricultural landscapes can lead to increased periphyton  
450 biomass. It may be beneficial for catchment managers to focus on reducing erosion of high P  
451 soils to prevent nuisance periphyton growth in streams. Relationships between M3P, EPC<sub>0</sub> and  
452 DRP were non-linear and DRP release from soil increased exponentially with soil M3P values.  
453 Small increases in M3P and/or DRP have a greater impact on biomass accumulation when these

454 parameters are below key threshold 0.125 mg/L DRP and 30 mg/kg M3P found in this study.

455 Periphyton biomass followed a log function, with large increases in chlorophyll *a* concentrations

456 occurring in response to small increases in DRP, followed by potential P-saturation of periphyton

457 and little change in chlorophyll *a* concentrations even with large increases in DRP.

458

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460

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695 **Table 1** Summary of Mehlich-3 phosphorus (M3P), equilibrium phosphorus concentration  
 696 (EPC<sub>0</sub>) and dissolved reactive phosphorus (DRP) from previous studies.  
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Reference	Sediment type	M3P (mg/kg)	EPC <sub>0</sub> (mg/L)	DRP (mg/L)	Comments
Current study	Soil	20 - 679	<0.001 -19	<0.001 - 1.98	Microcosm after 72 h equilibrium phase (no mixing)
McDowell and Sharpley, 2003	Stream	6.8 - 38.6	0.01 - 0.04	0.05 - 0.16	Laboratory re-circulating fluvium after 24 h uptake phase
Haggard et al., 2007	Stream	2.7 - 19.4	<0.001 - 0.329	0.003 - 0.072	Catchment scale study examining 22 streams
Rogers et al., 2011	Stream	13 - 39		0.03 - 0.07	Field study
Ekka et al., 2006	Stream		< 0.01 - 6.99	<0.001 - 7.03	Catchment scale study examining sediment P downstream of WWTP's
McDowell and Sharpley, 2001	Stream	14	0.02		Field study
Sallade and Sims, 1997	Stream	22	0.043		
Sims et al., 2007	Stream	3-62	0.02-0.28	0.04-0.74	Sediments from 17 ditches classified in Delaware
	Soil	0.01-14.7		0-0.4	Runoff experiment
		0.1-75.6		6-10	Column experiment
Smith 1999	Stream	5.7-126	-0.616-0.2	0.001-0.177	Catchment scale study
Zhuan et al., 2009	Stream		0.031-0.052	0.02-0.25	Batch experiment
Palmer-Felgate et al., 2009	Stream		0.003-0.044	0.001-1.3	Stream-bed sediments from three catchments
Range		2.7 - 679	<0.001 -19	<0.001 - 10	Min - Max

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708 **Table 2** Mean dissolved reactive phosphorus (mg/L) in overlying water during the microcosm  
 709 experiment for each soil M3P level of soil added to the microcosm.

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Treatment	Time (hours)					
	0	24	48	72	120	168
M3P 20	0.009 (0.009)	0.001 (0.001)	0.001 (0.001)	0.001 (0.001)	0.001 (0.001)	0.002 (0.002)
M3P 23	0.009 (0.001)	0.001 (0.001)	0.001 (0.001)	0.002 (0.002)	0.001 (0.001)	0.002 (0.002)
M3P 30	0.008 (0.001)	0.002 (0.002)	0.002 (0.000)	0.002 (0.001)	0.001 (0.001)	0.001 (0.001)
M3P 44	0.016 (0.006)	0.012 (0.006)	0.010 (0.005)	0.003 (0.001)	0.002 (0.004)	0.100 (0.001)
M3P 62	0.049 (0.004)	0.034 (0.016)	0.015 (0.006)	0.010 (0.005)	0.002 (0.002)	0.004 (0.008)
M3P 97	0.078 (0.068)	0.041 (0.022)	0.036 (0.023)	0.059 (0.042)	0.028 (0.024)	0.024 (0.029)
M3P 187	0.242 (0.110)	0.114 (0.058)	0.181 (0.163)	0.201 (0.119)	0.143 (0.102)	0.277 (0.281)
M3P 428	0.637 (0.306)	0.345 (0.184)	0.379 (0.207)	0.242 (0.010)	0.489 (0.256)	0.103 (0.091)
M3P 679	1.609 (0.611)	0.367 (0.322)	0.507 (0.012)	0.394 (0.120)	1.352 (0.608)	0.262 (0.093)

LSD to compare means at same M3P level = 0.010; LSD to compare means at different M3P level = 0.0109  
Mean (standard deviations in parentheses); Minimum detection limit for dissolved reactive P analyses was  $\pm$  0.002 mg/L.

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722 **Table 3** Characterization of periphyton following a 168 hour incubation period for each soil  
 723 M3P level of soil added to the microcosm.  
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Treatment	Chlorophyll <i>a</i> content	Carbon total	Nitrogen total	Phosphorus total	C:P by moles	C:N by moles	N:P by moles	<sup>1</sup> AI (C:Chla)
	µg/cm <sup>2</sup>	mg/cm <sup>2</sup>	mg/cm <sup>2</sup>	mg/cm <sup>2</sup>				
M3P20	0.39 (0.08)	0.12 (0.03)	0.016 (0.004)	0.001 (0.001)	275 (15)	9 (12)	32 (6)	0.33
M3P23	0.52 (0.06)	0.16 (0.05)	0.023 (0.005)	0.002 (0.001)	246 (46)	8 (9)	30 (4)	0.32
M3P30	0.79 (0.06)	0.19 (0.03)	0.028 (0.005)	0.002 (0.001)	259 (30)	8 (8)	33 (7)	0.24
M3P44	0.79 (0.17)	0.15 (0.02)	0.022 (0.006)	0.003 (0.002)	166 (61)	8 (8)	21 (7)	0.20
M3P62	0.82 (0.60)	0.22 (0.06)	0.028 (0.005)	0.005 (0.001)	116 (58)	9 (9)	12 (1)	0.39
M3P97	0.76 (0.04)	0.17 (0.04)	0.024 (0.006)	0.005 (0.003)	138 (105)	8 (8)	17 (14)	0.23
M3P187	1.07 (0.19)	0.23 (0.04)	0.031 (0.006)	0.003 (0.001)	203 (84)	9 (8)	24 (11)	0.22
M3P428	0.90 (0.40)	0.19 (0.03)	0.028 (0.005)	0.006 (0.002)	100 (37)	8 (8)	12 (4)	0.24
M3P679	1.20 (0.32)	0.18 (0.04)	0.029 (0.007)	0.009 (0.002)	56 (3)	7 (7)	8 (1)	0.16

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 726 <sup>1</sup>Autotrophic Index (C:Chlorophyll *a*) (standard deviations in parentheses)  
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754 **List of Figures**

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756 **Fig. 1** Chemograph showing conceptual framework of changes in water quality parameters  
757 following a storm event (shaded area indicates the transition between storm and base flow  
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759 **Fig. 2** Photographs showing (a) mosaic tile inoculation, (b) soil equilibration, (c) microcosm  
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761 **Fig. 3** Relationship between dissolved phosphorus (DRP) levels in microcosm water and soil Mehlich-3  
762 extractable phosphorus (M3P) (a) logarithmic plot and (b) linear plot superimposed inside the logarithmic  
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764 **Fig. 4** Relationship between dissolved phosphorus (DRP) levels in microcosm water and  
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766 superimposed inside the logarithmic plot (same units for each graph).

767 **Fig. 5** Relationship between chlorophyll-a and dissolved reactive phosphorus (DRP) during the  
768 microcosm experiment with best fit model.

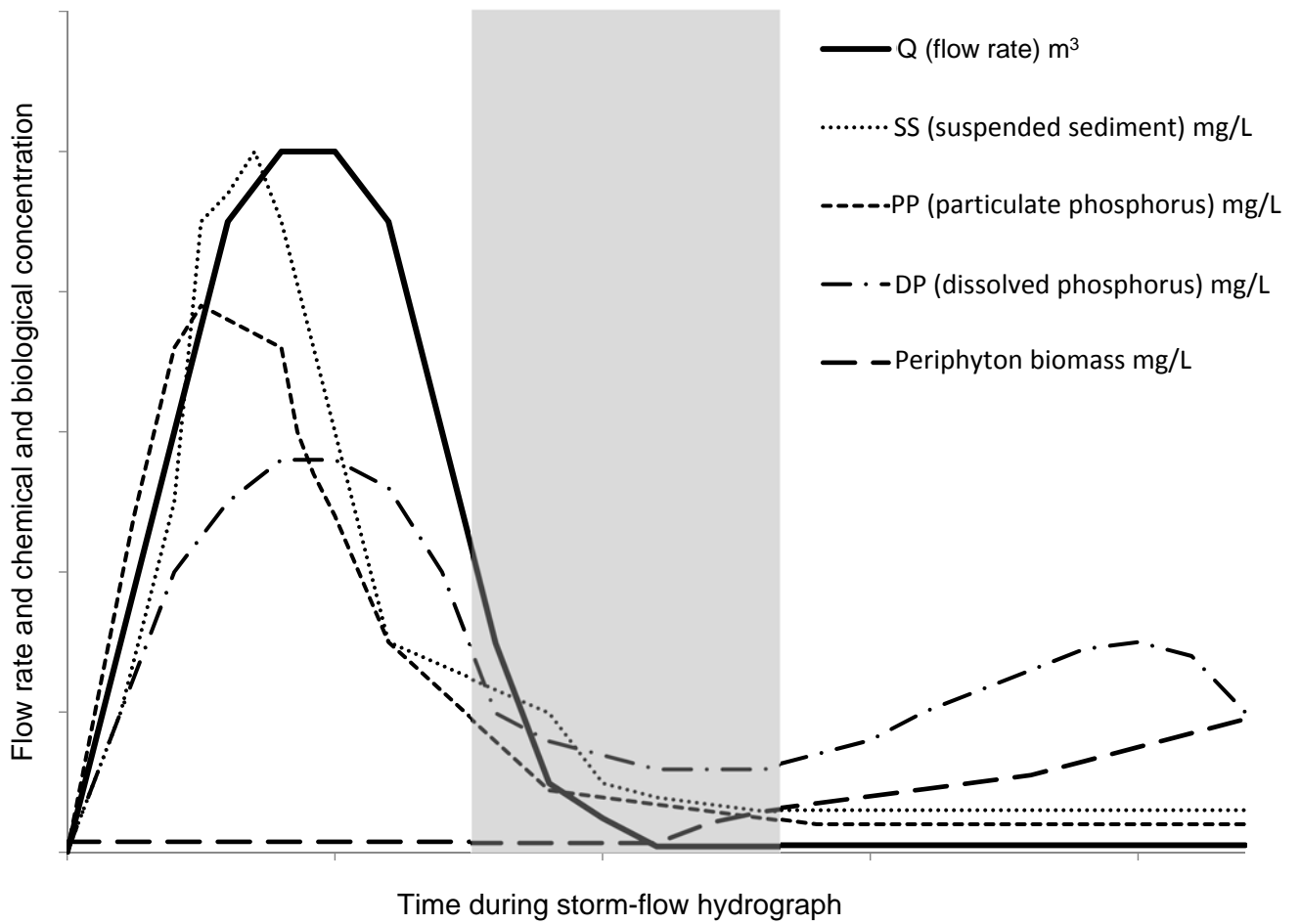
769 **Fig. 6** Relationship between chlorophyll-a and underlying soil Mehlich 3 (M3P) during the  
770 microcosm experiment with best fit model.

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**Fig. 1** Chemograph showing conceptual framework of changes in water quality parameters following a storm event (shaded area indicates the transition between storm and base flow conditions).



**Fig. 2** Photographs showing (a) mosaic tile inoculation, (b) soil equilibration, (c) microcosm setup and (d) tiles at the end of the incubation period.



a. Photo of mosaic tiles inoculated for 120 hrs in Mud Creek in run in approx. 150 mm depth of stream water.



c. Mosaic tiles placed on soil and incubated for 168 hrs at approx. 20 °C and artificial lighting ( $>500 \mu\text{E}/\text{m}^2/\text{S}$ ).

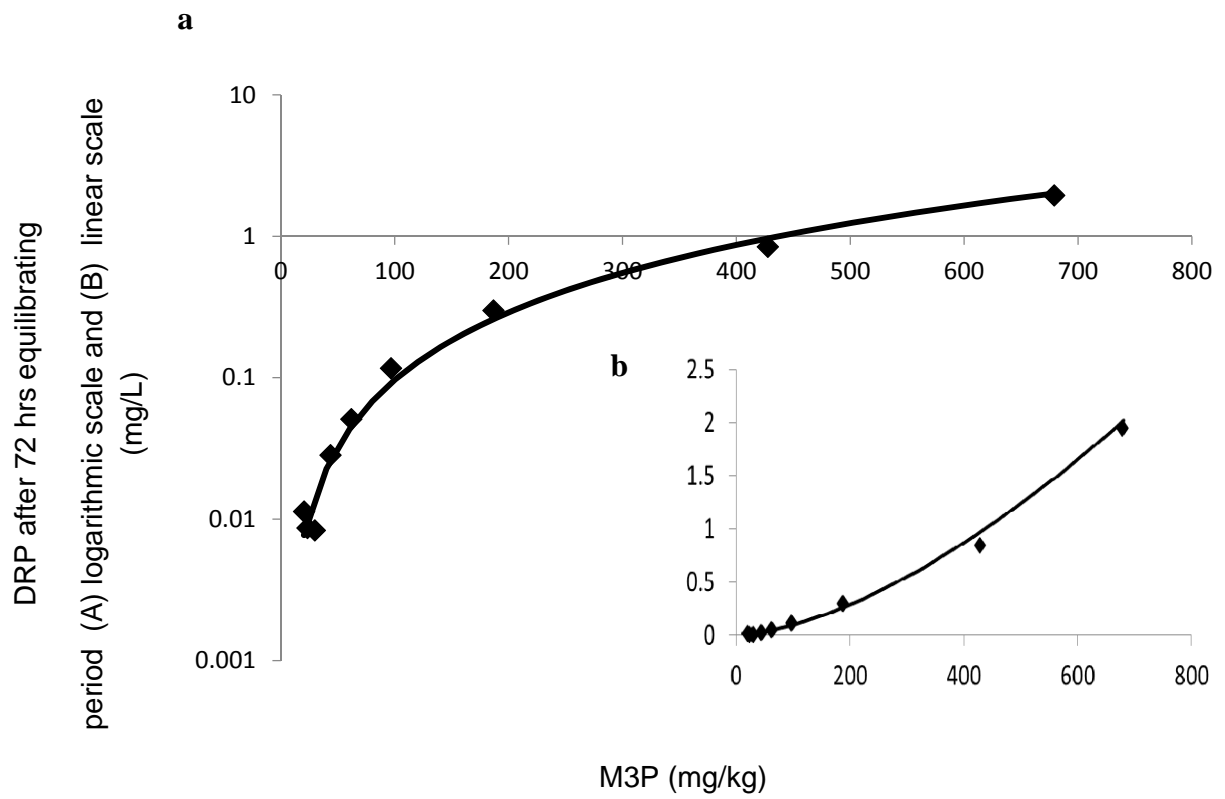


b. Soil placed in beaker, water added and mixture allowed to equilibrate for 72 hrs.

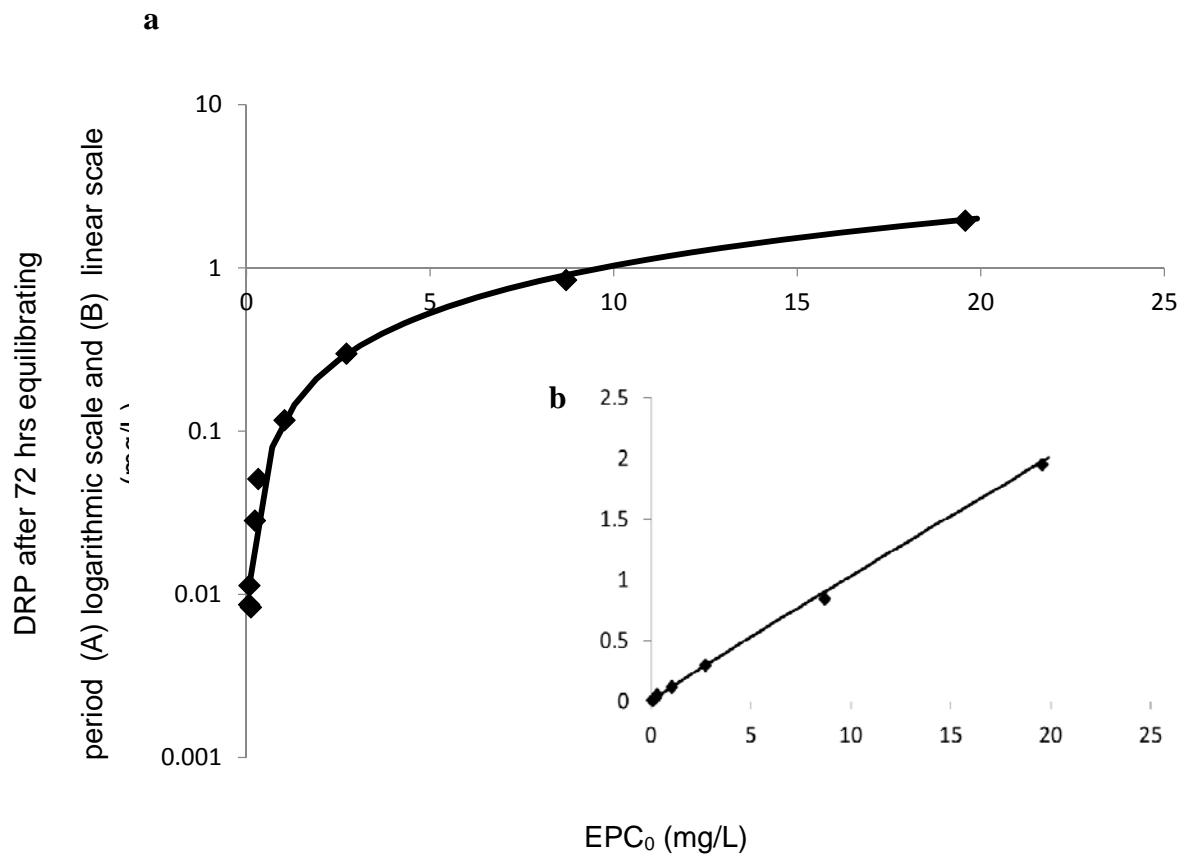


d. Following 168 hrs of incubation mosaic soils removed from microcosm and periphyton destructively sampled.

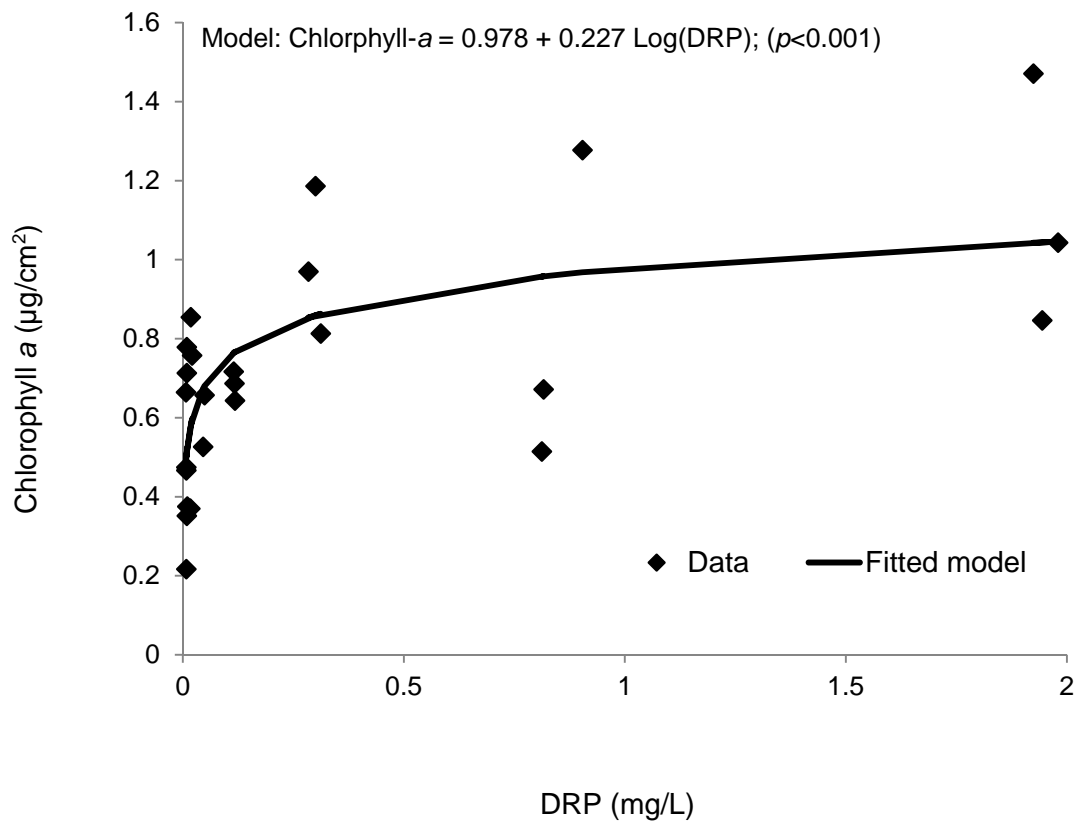
**Fig. 3** Relationship between dissolved phosphorus (DRP) levels in microcosm water and soil Mehlich-3 extractable phosphorus (M3P) (a) logarithmic plot and (b) linear plot superimposed inside the logarithmic plot (same units for each graph).



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**Fig. 5** Relationship between chlorophyll-a and dissolved reactive phosphorus (DRP) during the microcosm experiment with best fit model.



**Fig. 6** Relationship between chlorophyll-a and underlying soil Mehlich 3 (M3P) during the microcosm experiment with best fit model.

