

1 **Sub-ice shelf sediments record 20th Century retreat history of Pine Island Glacier**

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26 The West Antarctic Ice Sheet represents one of the largest potential sources of future
27 sea-level rise¹. Over the past 40 years, glaciers flowing into the Amundsen Sea sector of
28 the ice sheet have thinned at an accelerating rate², and several numerical models now
29 suggest that unstable and irreversible grounding line retreat is underway³.
30 Understanding the controls on recent retreat requires a detailed understanding of
31 grounding line history⁴, but former positions are poorly dated prior to the advent of
32 satellite monitoring in the 1990s. The grounding line retreat history is required to
33 address the relative roles of contemporaneous ocean forcing and ongoing glacier
34 response to an earlier perturbation in driving ice sheet loss. Here we show that the
35 present thinning and retreat of Pine Island Glacier is part of a climatically forced trend
36 triggered in the 1940s. Our conclusions arise from sediment cores recovered beneath the
37 floating Pine Island Glacier ice shelf, and constrain the pre-satellite timing of
38 grounding-line retreat from a prominent sea-floor ridge. Incursion of marine water
39 beyond the ridge crest occurred in 1945 ± 12 years at the latest and final ungrounding of
40 the ice shelf from the ridge in 1970 ± 4 years. Initial opening of the current sub-ice shelf
41 ocean cavity in the mid-1940s followed a period of strong warming of West Antarctica
42 associated with El Niño activity, implying that even when climate forcing weakened ice
43 sheet retreat continued.

44

45 Pine Island Glacier (PIG, Fig. 1), which drains into the Amundsen Sea, has retreated
46 continuously throughout the short observational record (1992-present)². The coherent
47 thinning of glaciers along the Amundsen Sea coast indicates a response to external forcing⁸
48 and has been attributed to high basal melting of the floating ice shelves by warm Circumpolar
49 Deep Water (CDW)⁹. Thinner ice shelves are less able to buttress inland ice, leading to
50 glacier acceleration and ice sheet thinning^{10,11}.

51

52 Although the ocean has been identified as a key driver of recent ice sheet changes, the longer
53 term context and specifically when the current imbalance was initiated, remains uncertain.
54 Evidence gathered by Autosub, an autonomous under water vehicle operating beneath the ice
55 shelf of PIG, revealed a prominent sea-floor ridge¹² which probably acted as the most recent
56 steady grounding line (GL) position. The earliest visible satellite image from 1973 showed a
57 bump on the ice surface that was interpreted as the last point of grounding on the highest part
58 of the ridge^{12,13}. The bump had disappeared several years later implying that the current phase
59 of thinning was already underway at that time¹².

60

61 This provided the first suggestion that recent retreat could be part of a longer-term process
62 which started decades or even centuries prior to satellite observations. On geological
63 timescales the ice sheet extended up to, or very close to, the continental shelf edge in the
64 eastern Amundsen Sea at the Last Glacial Maximum (LGM; 23-19 kyr ago), and retreat of
65 the GL to a position close to the current calving margin was complete by 10 kyr¹⁴. Retreat of
66 the PIG GL from this point to the ridge is not constrained but it is possible that the GL had
67 retreated to the sea-floor ridge soon after 10 kyr and remained there until some recent, but
68 currently undetermined time in the past.

69

70 On decadal timescales variability in the winds over the outer Amundsen Sea continental
71 shelf, which are thought to drive changes in CDW delivery to Pine Island Bay¹⁵, are linked to
72 sea surface temperature variability in the central tropical Pacific¹⁶. Warm (El Niño)
73 conditions in the central Pacific are thought to create warm oceanic conditions on the
74 Amundsen Sea shelf and the same conditions drive atmospheric warming in West
75 Antarctica¹⁶. The El Niño record includes a major central Pacific warm event in the early
76 1940s, and ice cores show that this was a time of exceptional warmth in West Antarctica¹⁷.

77

78 The implication is that if conditions in the Amundsen Sea were anomalously warm in the
79 past, this could have been the trigger for the current ice thinning. Recent work shows that
80 cooler waters on the Amundsen shelf in 2012 coincided with La Niña conditions, providing
81 observational support for the hypothesised link between conditions in the central Pacific and
82 the Amundsen shelf where El Niño favours enhanced melting¹⁶ and La Niña favours
83 decreased melting⁷.

84

85 However, with only a few decades of satellite data and no direct observations of GL retreat of
86 PIG during the 20th century, it remains difficult to assess fully the relative importance of the
87 various drivers, especially whether the recent changes are indeed a response to past
88 perturbations. Acquiring the data necessary to answer this question was the motivation for
89 recovering sediments beneath the floating part of PIG.

90

91 Three 20-cm-diameter holes were drilled through PIG ice shelf (PIG A-C) during December
92 2012 and January 2013 to access the ocean cavity below¹⁸ (Fig. 1b and c). Sediment cores
93 were recovered at each site using a hand-operated percussion corer. PIG A and C were
94 located on the seaward flank of the prominent sea-floor ridge and PIG B was located on its

95 landward side (Fig. 1b and c). All cores are characterised by two distinct facies (Fig. 2,
96 Extended data Fig. 1) documenting the transition from a grounded glacier to a freely-floating
97 ice shelf^{19,20}.

98

99 Facies 2 is a stratified (facies 2a) to homogenous (facies 2b) sandy-gravelly mud deposited
100 proximal to, but not beneath, grounded ice. The unit is devoid of biogenic material. It is
101 overlain by facies 1, a thin (4-6.5 cm) sedimentologically distinct unit of well-sorted
102 laminated to homogenous terrigenous muds deposited beneath the ice shelf in an ocean cavity
103 (Fig. 2). This unit contains diatom fragments of taxa typical of open ocean and sea-ice
104 environments found in sediments from Pine Island Bay²¹ (Methods). Facies 2 is produced by
105 melt-out of material, current transport and sediment mass flows proximal to grounded ice.
106 Such sediments have been widely documented across the Antarctic shelf, deposited during
107 retreat of the LGM ice sheet^{20,22,23}.

108

109 The lack of coarse clasts in facies 1 (Fig. 2a-c) indicates deposition beneath an ice shelf at a
110 sufficient distance from the GL not to be affected by mass flows. At this 'null zone'²⁰, only
111 the finest particles supplied by plumes from the GL and those advected beneath the ice shelf
112 from the open ocean are deposited. This interpretation is consistent with observations by
113 Autosub that meltwater emanating from the GL carries a signature of increased light
114 attenuation from suspended sediment⁹ and the thick acoustically layered deposits in inner
115 Pine Island Bay which increase in thickness towards the modern GL interpreted as sediment
116 plume deposits²⁴.

117

118 The sedimentary sequences provide the first direct evidence for ungrounding of PIG from the
119 transverse ridge prior to the satellite era. ²¹⁰Pb geochronology (Extended Data Figs. 2-3)

120 constrains the depositions of facies 1 to 1970 ± 4 years at PIG C and to 1945 ± 12 years at
121 PIG B. For PIG B, the ^{210}Pb age-model is further supported by measuring $^{239+240}\text{Pu}$ isotopes
122 which document the onset of widespread nuclear weapons testing in the early 1950s and its
123 peak in the early 1960s (Extended Data Fig. 4, 5). PIG A was not dated due to insufficient
124 material but we assume an identical age to PIG C due to their proximity and similar
125 stratigraphy (Methods). The proposed age for the onset of fine-grained deposition at PIG C
126 (1970 ± 4 years) is clearly supported by observational data. Satellite imagery indicates that
127 part of PIG was still grounded on the transverse ridge until ~ 1973 ¹² and this explains why
128 coarse-grained sediments were still deposited at sites PIG C and PIG A until the ice shelf
129 unpinned in ~ 1973 (Fig. 3b). We propose that the grounded ice bulldozed sediment off the
130 ridge crest, generating down-slope mass flows (facies 2a at PIG C and A). This process can
131 be seen on acoustic imagery of the sea-floor under PIG which confirms that the ridge was a
132 former pinning point, with sediment being scoured from its crest and deposited on its seaward
133 slope^{12,25}. The crude stratification in facies 2a of cores PIG C and A is consistent with this
134 interpretation and contrasts with the homogenous and coarser composition of facies 2b in
135 core PIG B (Fig. 2, Extended Data Fig. 1), deposited at or close to the GL. Modern process
136 studies reveal that similar coarse-grained sediments can extend up to 1.5 km seaward of the
137 GL²³. These constraints place the GL to within 1.5 km when facies 2b was deposited,
138 although the presence of pebble-sized clasts (>8 mm) within the upper part of the sequence
139 suggests the GL was probably closer. Following unpinning of the ice shelf from this ridge in
140 ~ 1973 scouring of the crest ceased, allowing fine-grained material to accumulate at PIG C
141 and A (Fig. 3a, b).

142

143 Deposition of facies 2b at PIG B (Fig. 3a) implies there was accommodation space for the
144 sediment to accumulate prior to 1945. We suggest that the GL started to retreat from the

145 deeper parts of the ridge to the south of our core sites (Fig 1b) immediately prior to 1945. As
146 the ocean cavity on the landward side of the ridge broadened to incorporate areas to the east
147 of the high point, a small hollow was created in the N-S trending saddle landward of PIG B
148 (Fig. 1c) providing space for coarse-grained sediment to accumulate (Fig. 3a). The lack of
149 gradation between the two units indicates that the switch in sedimentation occurred rapidly.
150 Assuming current retreat rates of ~ 1 km/yr;² a switch from coarse-grained GL proximal (i.e.,
151 within 1.5 km) to fine-grained deposition could have occurred in less than 2 years.

152

153 Multi-proxy data also document the change from deposition in a GL proximal setting to
154 sediment-plume (cavity) deposition with an open marine influence (Fig. 2). The clay mineral
155 smectite, along with bromine, which is a proxy for marine productivity²⁶ reflects the
156 increasing influence of marine waters in the ocean cavity as the ice shelf unpinned and a
157 connection across the ridge was established (Fig. 1c, Fig. 3). Smectite has no known source
158 in the PIG catchment²⁷ with surface sediments indicating a dominant offshore source^{27,28}.
159 Increases in smectite and bromine – clearly observed in facies 1 – therefore reflects
160 increasing marine influence in the ocean cavity. Such a transport pathway implies southward
161 water mass advection across the shelf consistent with the dominant flowpath of CDW⁹. This
162 indicates that although the ice shelf remained grounded to at least one part of the ridge in the
163 early 1970s, ocean currents were circulating around the topographic high (Fig 1c). A similar
164 scenario was observed in 2009 where part of the ice shelf remained grounded on a sea-floor
165 high, with the GL located 5-10 km landward of this point⁴.

166

167 Our findings have important implications for understanding the controls on ice sheet retreat.
168 Whilst supporting the inference that PIG ice shelf finally unpinned from the transverse ridge
169 in the early 1970s¹², we observe that the ocean cavity just inland of the seafloor ridge first

170 opened up to ocean waters around 1945, shortly after significant El Niño conditions between
171 1939-42^{16,17} and observed warming in West Antarctica between 1936-45¹⁷. At this time the
172 ice was still firmly grounded on the highest parts of the ridge, where it may have been
173 grounded since the early Holocene, but it must have lifted off towards the south to allow an
174 ocean cavity to develop upstream of the still grounded parts (Fig. 1c); first allowing coarse-
175 grained deposition, then as the ocean cavity enlarged and the GL retreated c.1.5 km inland of
176 PIG B, fine-grained sediments to accumulate. The ice remained in contact with the highest
177 parts of the ridge, bulldozing sediment off the ridge crest and down the seaward slope until
178 the early 1970s, consistent with interpretations of the earliest Landsat imagery^{12,13}.

179

180 Our core data constraining the opening of an ocean cavity to 1945, provides the first
181 quantitative support to the idea that the changes we observe currently in the Amundsen Sea
182 were triggered by a climatic anomaly in the late 1930s to 1940s, which until now has
183 remained largely speculative^{16,29}. Despite a return to pre-1940s climatic conditions in the
184 ensuing decades¹⁷, thinning and glacier retreat has not stopped and is unlikely to be
185 reversible, without a major change in marine or glaciological conditions. This indicates that a
186 period of warming in the Antarctic shelf waters triggered a significant change in the ice sheet,
187 via the mechanism that we see today; ocean driven thinning and retreat of ice shelves leads to
188 inland acceleration and ice sheet thinning^{3,8,30}. Significantly this also suggests that ice sheet
189 retreat can continue even when the forcing reverts to its earlier state.

190

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288
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305 T.P.S conducted the fieldwork. J.A.S and N.F are responsible for sediment core analysis and
306 J.A.S led the writing of the paper. T.J.A measured the ^{210}Pb and ^{137}Cs and developed the age
307 models. A.M.G measured plutonium isotopes on the PIG B core. P.D and A.J provided the
308 bathymetric compilation, multibeam imagery and knowledge of the seafloor beneath Pine
309 Island Glacier and C-.D.H contributed expertise on glacial sedimentology and data
310 interpretation. W.E is responsible for clay mineral and C_{org} and N_{tot} analyses and S.C
311 performed the XRF scanning. All authors contributed to data interpretation and writing of the
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313

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317

318 **Figure 1. Map and location of core sites on the sea-floor ridge.** **a**, Map of Antarctica
319 (inset) and enlargement of the Amundsen Sea, showing seabed elevations⁵ and grounded and
320 floating ice shelves (light grey). The black box shows area in **b**. **b**, Seabed bathymetry (in m)

321 beneath Pine Island Glacier showing drill sites (red triangles; PIG A-C) along the prominent
322 sea-floor ridge. Seabed elevations beneath the ice shelf are derived from⁷ which used
323 Autosub to correct a gravimetric inversion whilst elevations beneath grounded ice are from⁶.
324 The grounding line is indicated by the black line and the ice shelf front by the dotted black
325 line. **c**, Profiles along (Y-Y') and across (X-X') the ridge shown in **b** (dashed line).

326

327 **Figure 2. Core logs and core data for PIG sub-ice shelf cores. a-c**, simplified lithology, >2
328 mm (gray bars) and >8 mm (black bars) grain counts (axis label right to left), percentage of
329 clay mineral smectite (green area), bromine (Br) area counts (grey area). Black horizontal
330 line indicates unit boundary. **d**, X-radiographs of sub-ice shelf sediment cores illustrating the
331 two distinct lithological units present in all three cores. The upper 4-6.5 cm is composed of
332 mud deposited in an ocean cavity. Below this, a sequence of massive to crudely stratified
333 sandy-gravelly mud is present documenting deposition at or close to grounded ice. The onset
334 of fine-grained sedimentation in an ocean cavity is dated to 1970 ± 4 years in PIG C and 1945
335 ± 12 years in PIG B. The onset of fine-grained cavity deposition in PIG A is undated but we
336 assume the transition between facies 2 and facies 1 also occurred in 1970 ± 4 .

337

338 **Figure 3. Schematic representation showing processes and sedimentation beneath the**
339 **PIG ice shelf. a**, pre 1945, grounding line (GL) is located within 1.5 km landward of PIG B
340 depositing proximal sediments (facies 2b = F2b). Deposition at sites PIG C and A dominated
341 by downslope flows (facies 2a = F2a) caused by ice shelf grounding on the ridge. **b**, ~1945-
342 1970, formation of ocean cavity in 1945 ± 12 years and deposition of fine-grained sediment
343 (facies 1 = F1) at PIG B, with GL located over 1.5 km landward of PIG B. Ice shelf remains
344 partially grounded on sea-floor ridge generating downslope flows deposited at PIG C and
345 PIG A (facies 2a). Inflow of marine water over or around ridge brings ²¹⁰Pb, smectite and

346 bromine (Br). **c.** ~1970-present, unpinning of PIG ice shelf from sea-floor ridge in 1970 ± 4
347 years, stopping downslope flows and enabling accumulation of fine grained sediments in PIG
348 C and PIG A.

349

350 **METHODS**

351

352 **Sediment cores.** Sediment cores were recovered using a hand-operated UWITEC percussion
353 corer, utilising access holes drilled during an oceanographic field campaign¹⁸, and returned
354 from Antarctica to the British Antarctic Survey (BAS) for analysis. Physical properties
355 (magnetic susceptibility, wet bulk density (WBD)) were measured on whole cores using
356 GEOTEK multisensor core loggers (MSCL) at the British Ocean Sediment Core Research
357 Facility (BOSCORF, Southampton, UK). Magnetic susceptibility was additionally measured
358 on the split halves of the cores using a BARTINGTON MS2F point sensor. The sediment
359 cores were split, described and sub-sampled at BAS. Diatom content was assessed
360 qualitatively from sediment smear slides. Individual sediment sub-samples (1 cm-thick slices)
361 were then taken every 2-5 cm and used to determine water content, grain size, total carbon
362 (TC), organic carbon (C_{org}) and total nitrogen (N_{tot}). C_{org} and N_{tot} were determined using a
363 Vario EL III Elemental analyser at the Institute for Geophysics and Geology (University of
364 Leipzig, Germany) and are used to calculate C_{org}/N_{tot} . Analytical precision was 1% for the
365 TC measurements and 3% for the C_{org} measurements. Proportions of gravel (>2 mm), sand
366 (63 μm to 2 mm), and mud (<63 μm) were determined on a weight basis. Gravel grains (2
367 mm-8 mm) and pebbles (>8 mm) were also counted on the X-radiographs at 1 cm intervals.
368 An aliquot of the $\leq 2 \mu\text{m}$ fraction was used to determine the relative contents of the clay
369 minerals smectite, illite, chlorite and kaolinite using an automated powder diffractometer
370 system Rigaku MiniFlex with $\text{CoK}\alpha$ radiation (30 kV, 15 mA) at the Institute for Geophysics

371 and Geology (University of Leipzig). The clay mineral identification and quantification
372 followed standard X-ray diffraction methods²⁷.

373

374 X-ray fluorescence (XRF) measurements were carried out using an Avaatech XRF-Core
375 Scanner at the Godwin Laboratory for Palaeoclimate Research, Department of Earth
376 Sciences, University of Cambridge. The flat surface of the core was prepared for analysis by
377 covering it with a 2- μm -thick Ultralene® foil. An Rh anode X-ray tube was used with a
378 silicon drift detector (SDD) with collimation to 8 mm² using a silver collimator. Four
379 powdered standards supplied by the Avaatech company (www.avaatech.com) were analysed
380 every day prior to and after the analysis of the peat to monitor signal drift. The analysis of
381 these four standards showed that the signal remained stable during the analytical runs. Ca, Ti,
382 Cr, Fe, Cu, Zn, Ga, Sr, Y, Cd, Ba and Pb were detected at a resolution of 2.5 mm (2.5 mm
383 downcore window; 12 mm across-core window). Ca, Ti, Cr and Fe were detected at 10 kV;
384 Cu, Zn, Ga and Sr at 30 kV; and Y, Cd, Ba and Pb at 50 kV, with a sampling time of 30s at
385 each energy level. Data were evaluated by analysis of the X-ray spectra generated at each
386 energy level using the WIN AXIL Batchsoftware (www.canberra.com). XRF data is
387 presented as area counts/seconds. The split core halves were X-rayed at the Department of
388 Veterinary Medicine, University of Cambridge.

389

390 **Facies classification and core correlation.** Lithological units were defined on the basis of
391 visual core description, inspection of x-radiographs, physical properties, clay mineral and
392 XRF data. All three cores contain two distinct lithological units (Figs. 2, 3 and Extended Data
393 Fig. 1), with unit boundaries established visually and refined using the x-radiographs and
394 Ca/Ti ratio; the latter providing a precise measure (measured every 2.5 mm) of the change in
395 sedimentation. The uppermost lithological unit (facies 1) in all cores consists of a 4-6.5 cm

396 thick mainly terrigenous light olive brown (2.5YR 5/3) terrigenous mud. Faint laminations (c.
397 1-2 mm thick) are visible in PIG A and B. The unit is characterised by low shear strength (0
398 kPa), 40-50% water content, and 80-100% mud (Extended Data Fig. 1). Grains >2 mm are
399 absent (Fig. 2). The unit contains diatom fragments (<2%) of taxa typical of open ocean and
400 sea-ice environments (e.g., *Fragilariopsis* sp., and *Eucampia antarctica*) and consistent with
401 surface sediments analysed from PIB²¹. Moreover, facies 1 is defined by high smectite and
402 bromine contents as well as low C_{org}/N_{tot} ratios when compared to the underlying sediments.
403 Bromine, exclusively associated with marine organic matter^{26,31} is used here as a proxy for
404 marine influence. Increasing marine input, relative to grounding line sedimentation is also
405 witnessed by the accumulation of nitrogen (observed in the C_{org}/N_{tot} data), which reflects an
406 increase in marine organic matter³², and smectite. Increases in smectite can only reflect input
407 from the ocean, rather than sediments sourced from PIG grounding line as there is no known
408 source of smectite in the PIG catchment²⁷. Locally smectite originates from the erosion of
409 volcanic rocks in Ellsworth Land and western Marie Byrd Land and the surface sediment
410 signature across the Amundsen Sea embayment is over-printed by a more dominant offshore
411 source. Previous work²⁸ documented a supply from Peter I Island, an eastward supply via the
412 Antarctic Circumpolar Current from further west (i.e. from the Ross Sea region), or a
413 southward supply of smectite rich clay from the sub-Antarctic part of the South Pacific basin.
414 On the basis of our multi-proxy dataset, we suggest that the uppermost unit (facies 1) was
415 deposited by meltwater plumes in an ocean cavity beneath the ice shelf. Similar deposits have
416 been described beneath modern²³ and palaeo ice shelves in previously glaciated areas of the
417 continental shelf²⁰, including inner Pine Island Bay²⁴. In addition, oceanographic
418 measurements from the Autosub mission beneath the modern Pine Island Glacier ice shelf
419 support the presence of suspended sediments as well as marine currents capable of fine-
420 grained sediment suspension and transport¹².

421

422 Facies 1 is underlain by a dark grayish brown (2.5YR 4/2) purely terrigenous sandy and
423 gravelly mud, separated by a sharp contact. PIG A and C are crudely stratified (facies 2a),
424 indicating variations in sediment supply²², whilst PIG B is largely homogenous (facies 2b).
425 Coarser gravel layers occur between 17-31 cm, 60-64 cm, 71.5-78 cm and 86-92.5 cm in PIG
426 A and between 25-30 cm in PIG C. Typically the unit is characterised by minor increases in
427 shear strength (up to 4 kPa), magnetic susceptibility and a marked increase in sand and gravel
428 content relative to facies 1 (Extended Data Fig. 1). Smectite and bromine content generally
429 decrease down-core, whilst C_{org}/N_{tot} increases relative to facies 1 which is typical of glacier
430 proximal to distal sediment transitions³³. The sandy–gravelly sediments are likely to represent
431 a mixture of debris flows, rain-out and meltwater-derived sediments that were deposited in a
432 sub-ice shelf environment directly at the grounding line (facies 2b) or in proximity to
433 grounded ice (facies 2a). Ice shelf cover is supported by a lack of marine diatoms and low
434 organic carbon whilst a subglacial genesis is ruled out because of low shear strength and
435 stratification²². Crude stratification in PIG A and C (facies 2a) indicates debris flows, which
436 we suggest were caused by the ice shelf grounding on the seafloor ridge and bulldozing
437 sediment downslope. Subglacial bedforms imaged on the ridge together with debris flows on
438 its seaward side of the ridge support this interpretation^{12,25}. Run-out distances of ~8 km (i.e.,
439 from the ridge crest to PIG C) are well within the measured range of coarse-grained
440 glacialic debris flows in other polar settings³⁴. In contrast, homogenous coarse-grained
441 sediments similar to those occurring in PIG B (facies 2b) are deposited within 1.5 km of the
442 grounding line as modern process studies have revealed²³.

443

444 **²¹⁰Pb dating and age models.** The chronology was established by measuring the ²¹⁰Pb
445 activity at the Gamma Dating Centre, Department of Geosciences and Natural Resource

446 Management, University of Copenhagen (Extended Data Fig. 2-3). The samples were
447 analysed for the activity of ^{210}Pb and ^{137}Cs by way of gamma-spectrometry using Canberra
448 ultra low-background Ge-detectors. ^{210}Pb was measured by way of its gamma-peak at 46.5
449 keV, ^{226}Ra by way of the granddaughter ^{214}Pb (peaks at 295 and 352keV) and ^{137}Cs by way of
450 its peak at 661 keV. The age models are based on samples from 10 levels in PIG B and 8
451 levels in PIG C (between 5-15 g dry material from 0.5 cm thick levels). PIG B showed a
452 monotonous decline in unsupported ^{210}Pb with depth which warrants the use of the CF:CS
453 model (Constant Flux : Constant Sedimentation rate^{35,36}). The age model for PIG C was
454 calculated using the CRS-model (Constant Rate of Supply³⁶) due to the irregular and non-
455 monotonic decline with depth. Error was calculated on the basis of the standard error on the
456 regression line³⁷ (CF:CS) and error-propagation (CRS) according to Appleby³⁸. Asymmetric
457 errors (CF:CS model) have been summed and averaged. The age-models, yield dates of 1945
458 ± 12 years and 1970 ± 4 years for the onset of fine-grained (cavity) deposition at PIG B and
459 PIG C, respectively. We also assume an age of 1970 ± 4 years for the onset of fine-grained
460 sedimentation at PIG A based on the core to core correlation between PIG C and PIG A,
461 evident in the sedimentology, physical properties and XRF data (Extended Data Fig. 6). The
462 antipathetic behaviour of Ca to Ti, and their similar behaviour to water absorption, means
463 they are routinely used for stratigraphic correlations³⁹. Similarly, the high precision and
464 sensitivity of magnetic susceptibility loggers makes this measurement extremely reliable for
465 core-to-core correlation⁴⁰. Thus we are confident that the same sedimentary processes, and
466 consequently the timing of deposition, are recorded at PIG C and A. Calculated
467 sedimentation rates for PIG C and PIG B are 0.95 mm/yr and 0.82 mm/yr respectively. These
468 values are comparable with sedimentation rates observed in cores recovered seaward of the
469 modern PIG calving line (e.g., 0.86 mm/yr;²⁴), interpreted to have been deposited as
470 meltwater plumes proximal to the GL as the glacier retreated inland during deglaciation.

471 ^{137}Cs was below detection in the majority of measured samples (detection limit for ^{137}Cs - was
472 2-3 Bq kg^{-1}) so cannot be used as chronostratigraphic marker. To overcome this and validate
473 the ^{210}Pb age model we measured plutonium (Pu)-isotopes which have an identical source to
474 ^{137}Cs , resulting from nuclear fallout, but are much longer-lived and thus remain at detectable
475 levels in the sediment longer than ^{137}Cs .

476

477 **Pu analysis.** Pu analysis was performed at Lawrence Livermore National Laboratory, CA,
478 USA. For the upper 5 cm of PIG B, pairs of sequential 0.5 cm thick sediment slices were
479 combined to a total of five 1 cm-thick slices. Three 0.5 cm thick samples were analysed from
480 5 to 6.5 cm core depth in PIG B. Two samples from facies 2 were analysed as ‘blank’
481 samples, and were used to confirm the Pu detection limit for this method. Sample masses
482 ranged from 7.1960 g to 12.0329 g.

483 Sediment samples were placed in quartz tubes, the tubes were plugged with quartz wool, and
484 the sediments were thermally ashed in a muffle furnace for 12 hours at 450°C . Sample mass
485 loss during ashing ranged from 1 to 2%, indicating that the samples contained only a small
486 amount of carbonate material. Ashed samples were transferred to Teflon jars, and 20 mL of 8
487 M HNO_3 and ^{244}Pu tracer were added to the samples. The samples were fluxed at 125°C for
488 4 hours, and then centrifuged to separate the leachate from the leached residue. Plutonium
489 was then chemically purified from the sample leachate. All acids used throughout the
490 procedure are ultrapure reagents from Seastar Chemicals, Inc. The first column utilized a 2
491 mL anion exchange resin bed (AG1x8 100-200 mesh). The sample was loaded in 8 M HNO_3 ,
492 and the column was rinsed first with 8 M HNO_3 and then 9 M HCl . Pu was eluted in a 9 M
493 $\text{HCl} + \text{HI}$ mixture. Next, the sample was purified on a second anion exchange column (1 mL
494 resin bed). The sample was dissolved and loaded in 9 M HCl with trace HNO_3 , the column
495 was rinsed in 9 M HCl , and then Pu was eluted in 9 M $\text{HCl} + \text{HI}$. For the final purification

496 step, the sample was loaded on a 0.6 mL resin bed of TEVA selective extraction resin
497 (Eichrom Technologies, Inc.). The sample was dissolved and loaded in 4 M HNO₃ with trace
498 NaNO₂, and the column was rinsed with 4 M HNO₃ followed by 9 M HCl. Pu was eluted
499 with 0.1 M HCl + 0.005 M HF and then 0.1 M HCl + HI. Plutonium recovery ranged from
500 31% to 72%, and recoveries for most samples were between 40% and 60%.

501 Plutonium isotopic analyses were performed using a Nu Plasma II MC-ICP-MS instrument
502 with an array of five electron multiplier ion counters configured specifically for Pu isotopic
503 analysis, which enables static multi-collection of masses 239, 240, 241, 242 and 244 on ion
504 counters. Samples were dissolved in 2% HNO₃ + 0.005 M HF for analysis, and were
505 introduced to the instrument using a Cetac Aridus II desolvating nebulizer. The sample inlet
506 system was rinsed between sample analyses with 5% HNO₃ + 0.05 M HF, 2% HNO₃ + 0.05
507 MHF and 2% HNO₃ + 0.005 M HF. Detector baselines were measured at low- and high-side
508 half masses for 30 s, and the average intensity was subtracted from sample signal intensities.
509 Instrumental blank measurements were measured prior to each sample, on a solution of 2%
510 HNO₃ + 0.005 M HF. Instrumental blank measurements were corrected for detector baselines
511 using the same method as used for sample analyses, and the baseline-corrected blank signals
512 were subtracted from sample signals during data reduction. Sample solutions were analysed
513 for 30 cycles of 10 s integrations. New Brunswick Laboratory certified reference material
514 (NBL CRM) 137 was used to correct analytical results for instrumental mass bias and
515 detector gain factors. Mass bias corrections were made assuming an exponential law. An
516 ultra-high purity (99.98%) ²⁴⁴Pu tracer was used for concentration determinations, so
517 corrections to the Pu isotopic composition from spike-stripping calculations are minimal.
518 NBL CRM 138 was measured as a quality control standard, and results for this standard
519 measured over the course of this investigation were all consistent with the certified values for
520 this standard. Pu concentrations were determined by isotope dilution mass spectrometry. The

521 Pu detection limit for this method is 0.5 fg Pu/mL of sample solution. For a sample mass of
522 10 g, Pu recovery of 50%, and a 3 mL analytical volume, this detection limit corresponds to
523 0.3 fg Pu/g sediment.

524

525 **Pu-isotopes as an independent chronostratigraphic marker in marine sediments.** ²³⁹⁺²⁴⁰Pu
526 concentration data are shown in Extended Data Fig. 4 and reveals: (1) a distinct shift from
527 values that are below detection to values consistent with Southern Hemisphere⁴¹ fallout at
528 5.25-4.5 cm (Extended Data Figure 4, panel c); (2) ²³⁹⁺²⁴⁰Pu concentrations are near-uniform
529 above this transition. According to our ²¹⁰Pb age-model, the observed increase in ²³⁹⁺²⁴⁰Pu (at
530 5.25 cm) occurs at 1951 ± 12, increasing to 5.8 fg/g (equivalent to 0.01905 Bq/kg) by 1960 ±
531 6 (at 4.5 cm) (Extended Data Fig. 4a, b). Nuclear weapons testing was conducted from 1945-
532 1980. Radionuclides were additionally released during the Chernobyl accident in 1986 but
533 are not typically detected in the Southern Hemisphere. Peak ‘atmospheric’ fallout is observed
534 between 1952 and 1956 in Antarctic ice cores^{42,43} whilst the highest overall concentrations of
535 Pu fallout in Antarctica has been recorded in the nearby Thwaites and Pine Island Glacier
536 catchment (Extended Data Fig. 5)⁴³.

537

538 The ²³⁹⁺²⁴⁰Pu data from PIG B clearly show the onset of widespread nuclear weapons testing
539 in the early 1950s, and thereby provide independent validation for the ²¹⁰Pb age model.
540 Whilst the peak concentration for ²³⁹⁺²⁴⁰Pu is clearly delineated in our dataset and agrees with
541 the expected date/depth of maximum fallout, a clear feature of the Pu data is that values then
542 remain largely constant throughout facies 1. We suggest that this reflects the longer residence
543 time of Pu in the ocean compared to the atmosphere. Many marine sediment cores for which
544 a Pu stratigraphy has been determined are taken from areas very close to land such as
545 estuaries and bays. These locations all have a significant terrigenous input, and do not reflect

546 an isolated polar marine environment where a component of fallout is locked-up in the ice
547 sheet. Furthermore, the PIG B sediments show that the marine residence time of Pu, as
548 recorded in the Amundsen Sea, is long enough to buffer the Pu deposition rate so that there
549 are not the large Pu peaks that are observed in ice cores. Highest concentrations of Pu in the
550 world's ocean are observed in the Pacific⁴⁴ which is one of the major source waters for CDW
551 (together with the Indian and North Atlantic oceans). Here, and in other areas, Pu profiles are
552 characterised by a typical surface minimum and sub-surface maxima between 500-1500 m.
553 Importantly, the Pu concentration in the mid and deep ocean has been maintained at nearly
554 constant levels since enrichment in the 1950/60s (measurements between 1973-2001⁴⁵) and in
555 some areas (e.g., North Pacific) might have increased with depth as the sub-surface Pu
556 maximum has deepened. Therefore, although the overall input of Pu to the world's ocean has
557 declined significantly in the last four decades, the long half-life and chemical properties of Pu
558 mean that it has persisted in the main source areas for CDW at levels similar to pre and post
559 moratorium levels⁴⁴. Thus the dominance of CDW on the Amundsen Sea shelf and below
560 PIG, which still has a Pu concentration close to fallout levels, explains the observed profile in
561 PIG B.

562

563 **Data availability.** Bedrock topography used in Fig. 1a can be obtained from
564 http://www.marine-geo.org/link/entry.php?id=Amundsen_Sea_Nitsche whilst seabed
565 elevation beneath the ice shelf (Fig. 1b and c) are derived from the previously published
566 compilation of Dutrieux *et al.*⁷. All sedimentological data, including core logs and X-
567 radiographs as well as tabulated grain-size, shear strength, water content, Br area counts,
568 Ca/Ti and $C_{\text{tot}}/N_{\text{tot}}$ data shown in Fig. 2 and Extended Data Fig. 1 and 6, in addition to ²¹⁰Pb,
569 ¹³⁷Cs and Pu-isotope data in Extended Data Fig. 2, 3 and 4 are available from the
570 corresponding author. Antarctic ice-core data (²³⁹Pu) in Extended Data Fig. 5 are available

571 from NSF Arctic Data Center (<https://arcticdata.io/>) and for the J-9 ice core in tabulated form
572 in Koide *et al.*⁴².

573

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619

620 **Extended Data Figure 1. Core logs and core data for PIG sub-ice shelf cores. a-c,**
621 Simplified lithology, shear strength (closed black squares), water content (open squares),
622 contents of mud (0-63 μm ; black fill), sand (63 μm -2 mm; dark grey fill) and gravel (>2 mm;
623 light grey fill), magnetic susceptibility (measured with a MS2F surface probe; red line),
624 smectite, bromine (Br) area counts and $C_{\text{org}}/N_{\text{tot}}$. Facies classification is shown on the right of
625 the panel. Facies 1 is sedimentological distinct from facies 2, and the measured parameters
626 are consistent in all cores. Dashed horizontal line indicates the unit boundary.

627

628 **Extended Data Figure 2. ^{210}Pb and ^{137}Cs activities as a function of depth. a, PIG C. b,**
629 PIG B. Error bars denote 2 standard deviations of ^{210}Pb and ^{137}Cs concentrations. Note that
630 concentration of ^{137}C is at or below detection limit throughout both cores. **c,** Constant rate of
631 Supply (CRS) modelling of down-core profile of $^{210}\text{Pb}_{\text{xs}}$ in the PIG C core. Black line marks
632 regression to calculate ^{210}Pb concentration below 7 cm. **d,** Constant flux: Constant
633 sedimentation (CF:CS) of down-core $^{210}\text{Pb}_{\text{xs}}$ concentrations in the PIG B core. Regression
634 used to calculate the CF:CS chronology for PIG B. Solid dots: data used in the regression,
635 open dots: data not used in the regression.

636

637 **Extended Data Figure 3. Age-depth models calculated using regression in Extended**
638 **Data Fig. 2. a, PIG C. b, PIG B.** Horizontal dashed line represent unit boundary between
639 facies 1 and facies 2. Error bars calculated on the basis of error-propagation³⁵ (PIG C) and the
640 error on the regression line³⁸ (PIG B) (see Methods).

641

642 **Extended Data Figure 4. Plutonium-isotope data. a** Depth profile of Plutonium
643 concentrations in PIG B (expanded uncertainty is given for the 95% confidence interval in
644 panel c). The abrupt increase in $^{239+240}\text{Pu}$ between 5.25 cm and 4.5 cm from levels below

645 detection (b.d.l) equates to between 1951 ± 12 and 1960 ± 6 according to the age model
646 which is consistent with peak fallout recorded in Antarctica (1952-1956^{42,43}; Extended Data
647 Fig. 5) as well as the global peak observed in 1963. **b** $^{239+240}\text{Pu}$ plotted against ^{210}Pb age-
648 model (age uncertainty derived from the standard error of the linear regression). The dotted
649 horizontal line marks the transition between facies 1 and facies 2. **c** $^{239}\text{Pu}/^{240}\text{Pu}$ in FIG B is
650 consistent with Southern Hemisphere average $^{239}\text{Pu}/^{240}\text{Pu}$ fallout = 0.185 ± 0.047 ⁴¹. Expanded
651 Uncertainty is given for the 95% confidence interval; b.d.l. is below detection limit of 0.5 fg
652 Pu/mL of sample solution. Activity is calculated for sediment dry weight, using the following
653 half-lives: ^{239}Pu $t_{1/2} = 24,110$ years; ^{240}Pu $t_{1/2} = 6,563$ years.

654

655 **Extended Data Figure 5. Relative $^{239+240}\text{Pu}$ concentrations for Antarctic ice cores.** Grey
656 bars represent the J-9 ice core⁴², located on the Ross Ice Shelf. Peak $^{239+240}\text{Pu}$ concentrations
657 are observed between 1952 and 1956. Black line represents a recent composite of 6 Antarctic
658 ice cores, including ice cores from Pine Island (red line) and Thwaites Glaciers (blue line)⁴³.

659

660 **Extended Data Figure 6. Core to core correlation between FIG C (red line) and FIG A**
661 **(black line).** **a**, Ca/Ti. **b**, Magnetic susceptibility (MS). Values have been offset to highlight
662 correlation. The concurrent changes in physical data, matched also by sedimentological
663 changes combined with the proximity of the two cores implies that the transition from coarse
664 to fine-grained sedimentation likely occurred at the same time.

665

666

667

668

669

Figure 1

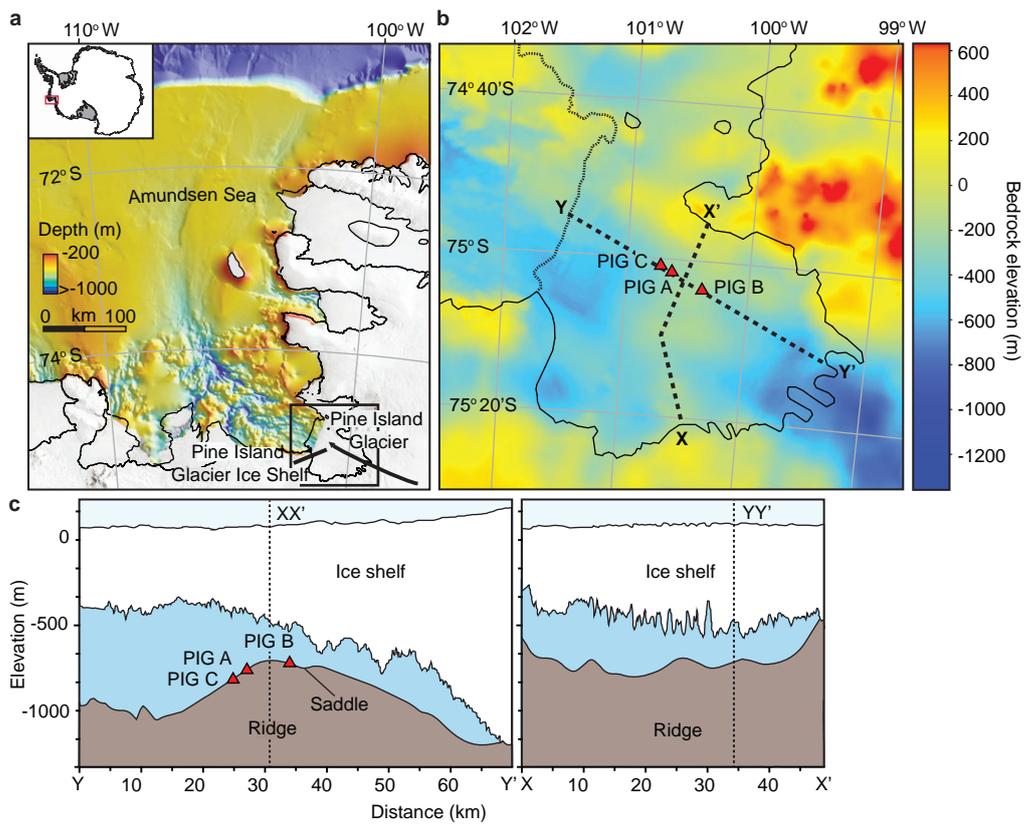


Figure 2

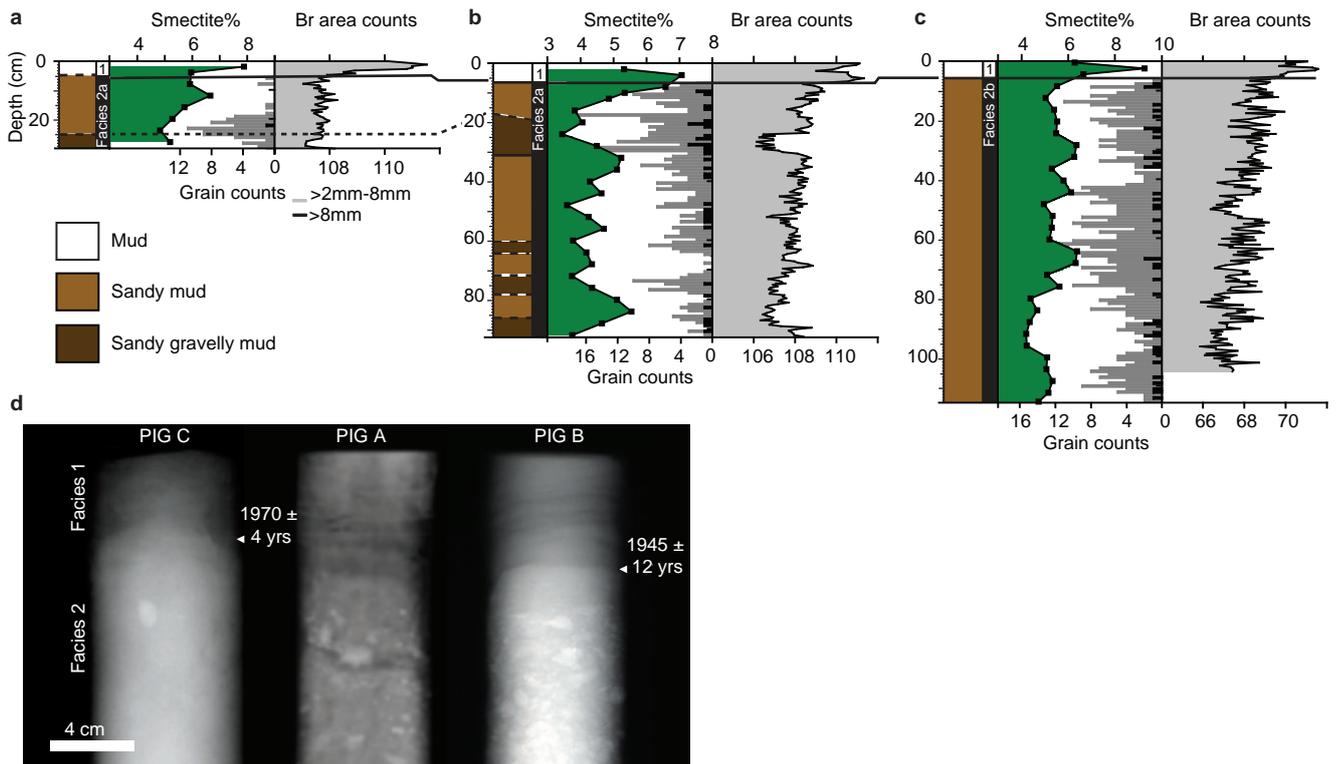


Figure 3

