

1 Are the Antarctic dipteran, *Eretmoptera murphyi*, and
2 Arctic collembolan, *Megaphorura arctica*, vulnerable
3 to rising temperatures?

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14
15 **Abstract**

16
17 Polar terrestrial invertebrates are suggested as being vulnerable to temperature change relative to
18 lower latitude species, and hence possibly also to climate warming. Previous studies have shown
19 Antarctic and Arctic Collembola and Acari to possess good heat tolerance and survive temperature
20 exposures above 30°C. To test this feature further, the heat tolerance and physiological plasticity of
21 heat stress were explored in the Arctic collembolan, *Megaphorura arctica*, from Svalbard, and the
22 Antarctic midge, *Eretmoptera murphyi*, from Signy Island. The data obtained demonstrate

23 considerable heat tolerance in both species, with upper lethal temperatures $\approx 35^{\circ}\text{C}$ (1 h exposures),
24 and tolerance of exposure to 10 and 15°C exceeding 56 d. This tolerance is far beyond that required in
25 their current environment. Average microhabitat temperatures in August 2011 ranged between 5.1 and
26 8.1°C, and rarely rose above 10°C, in Ny-Ålesund, Svalbard. Summer soil microhabitat temperatures
27 on Signy Island have previously been shown to range between 0 and 10°C. There was also evidence to
28 suggest that *E. murphyi* can recover from high temperature exposure and that *M. arctica* is capable of
29 rapid heat hardening. *Megaphorura arctica* and *E. murphyi* therefore have the physiological capacity
30 to tolerate current environmental conditions, as well as future warming. If the features they express
31 are characteristic more generally, such polar terrestrial invertebrates will likely fare well under
32 climate warming scenarios.

33

34 Keywords: Rapid heat hardening; Acclimation; Thermal sensitivity; Recovery; Diptera; Collembola

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36

37 1. Introduction

38

39 It is becoming increasingly clear that many terrestrial invertebrates resident in the Antarctic and
40 Arctic are remarkably heat tolerant. Block *et al.* (1994), Hodkinson *et al.* (1996) Deere *et al.* (2006),
41 Everatt *et al.* (2013), Sinclair *et al.* (2006) and Slabber *et al.* (2007) have shown survival above 30°C
42 in a number of polar Collembola and Acari, including ‘model’ polar species, such as *Cryptopygus*
43 *antarcticus*, *Megaphorura arctica* (Tullberg) and *Alaskozetes antarcticus*. In the Antarctic, typical
44 summer microhabitat temperatures range between 0 and 10°C, whereas in the Arctic, the temperature
45 range is slightly higher (Davey *et al.*, 1992; Coulson *et al.*, 1996; Hodkinson *et al.*, 1996; Block *et al.*,
46 2009). Temperatures above 30°C have been recorded, but are rare, occurring only in certain
47 microhabitats for brief periods of minutes to hours and not consistently between years (Smith, 1988;
48 Convey, 1996; Hodkinson *et al.*, 1996; Everatt *et al.*, 2013). It is generally assumed that invertebrates
49 respond behaviourally to such temperatures, and rapidly relocate if or when they become stressful

50 (Hayward *et al.*, 2003). Polar Collembola and Acari therefore have ample capacity to tolerate current
51 conditions. Annual mean temperatures have risen by over 2°C in parts of the polar regions in the last
52 50 years and similar, possibly more extreme, increases are predicted to occur over the next half
53 century (Convey *et al.*, 2009; Turner *et al.*, 2009). Such warming is within the physiological
54 thresholds of the resident Collembola and Acari (Block *et al.*, 1994; Hodkinson *et al.*, 1996; Deere *et*
55 *al.*, 2006; Sinclair *et al.*, 2006; Slabber *et al.*, 2007; Everatt *et al.*, 2013).

56

57 The capacity of Antarctic invertebrates to tolerate future warming is in line with Deutsch *et al.* (2008),
58 who suggested that the sensitivity of terrestrial invertebrates to a temperature change decreases with
59 increasing latitude (see also Addo-Bediako *et al.*, 2000). It has even been suggested that climate
60 warming might alleviate the stresses of living in a low temperature environment and benefit some
61 polar species (Convey, 2006, 2011; Bale & Hayward, 2010). This proposal is consistent with the
62 results of some climate manipulation studies which have shown warming to increase populations of
63 invertebrates in Antarctic communities (Convey *et al.*, 2002; Convey & Wynn-Williams, 2002; Day
64 *et al.*, 2009). Convey *et al.* (2002) and Day *et al.* (2009) , however, highlighted that continued water
65 availability during warming is crucial , and some Arctic studies have shown declines or no change
66 following artificial increases in temperature alone (Coulson *et al.*, 1996; Webb *et al.*, 1998).
67 Manipulation studies should therefore be treated with care for they are complex in their effects and
68 often inconsistent in the consequences identified, emphasising that the changes observed are strongly
69 influenced by the specific microhabitat characteristics and invertebrate populations investigated, as
70 well as the seasonal timing and duration of the study (Convey *et al.*, 2002, 2003; Bokhorst *et al.*,
71 2011, 2013). Climate manipulation studies also lack an assessment of the potential impact of possible
72 new colonists as a result of climate change.

73

74 The first studies investigating heat tolerance in polar terrestrial invertebrates concentrated on Arctic
75 species, including three species of Collembola (*M. arctica*, *Onychiurus groenlandicus* and
76 *Hypogastrura tullbergi*) and four species of mite (*Camisia anomia*, *Diapterobates notatus*,
77 *Hermannia reticulata* and *Ceratoppia hoeli*) (Block *et al.*, 1994; Hodkinson *et al.*, 1996). The current

78 study also uses *M. arctica* and, although it revisits this collembolan's short-term and long-term
79 tolerance to heat, the methods used here take into account more ecologically relevant rates of
80 warming and cooling. The ability of the collembolan to acclimate using rapid heat hardening (RHH)
81 is also investigated for the first time. *Megaphorura arctica* (formerly *Onychiurus arcticus*) is a pale
82 yellow collembolan found in the palaeartic regions (Fjellberg, 1994). This collembolan is common
83 under rocks and within moss beneath bird cliffs, where it commonly aggregates in groups of 100 or
84 more individuals (Worland, 1996). Partly because of its ability to cryoprotectively dehydrate, *M.*
85 *arctica* is considered a "model" in Arctic terrestrial invertebrate ecophysiological research (Worland
86 *et al.*, 1998).

87

88 Previous Antarctic studies have examined heat tolerance in Collembola and Acari (Deere *et al.*, 2006;
89 Sinclair *et al.*, 2006; Slabber *et al.*, 2007; Everatt *et al.*, 2013), but have given little attention to
90 Antarctic Diptera. In this study, the capacity of the midge, *Eretmoptera murphyi* (Schaeffer), to
91 respond to high temperature is investigated, including an assessment of its CT_{max}, and its ability to
92 recover from heat stress. *Eretmoptera murphyi* is native and endemic to the sub-Antarctic island of
93 South Georgia (55°S 37°W). Likely as a result of plant transplant experiments in the 1960s, this midge
94 was accidentally transferred to maritime Antarctic Signy Island (60°S 45°W) and is now established as
95 a non-native species there (Block *et al.*, 1984; Convey & Block, 1996). The species has since spread
96 to cover an area > 2000 m² and is now having a significant impact on the local environment (Hughes
97 *et al.*, 2013). *Eretmoptera murphyi* is closely related to the endemic *Belgica antarctica* of the
98 maritime Antarctic (Allegrucci *et al.*, 2012). While heat tolerance has received some attention in the
99 latter species, the subject has not been explored in detail (Hayward *et al.*, 2007; Benoit *et al.*, 2009).

100

101 ~~This study determined the capacity of *M. arctica* and *E. murphyi* to cope with continued climate~~
102 ~~warming by measuring both short (hours) and long term (weeks) heat tolerance, the plasticity of~~
103 ~~tolerance, thermal activity thresholds and the role of recovery. This will help to predict winners and~~
104 ~~losers under different environmental scenarios, and thus how community composition may change in~~
105 ~~a warming climate.~~

106

107 **2. Materials and methods**

108

109 *2.1. Invertebrate collection and storage conditions*

110

111 Summer-acclimatised individuals of *M. arctica* were collected from moss-covered slopes at
112 Krykkefjellet and Stuphallet, near Ny-Ålesund, Spitsbergen, Svalbard (78°55'N, 11°56'E) between
113 14th and 24th August 2011. Summer acclimatised larvae of *E. murphyi* were collected from soil and
114 moss on Signy Island (60°S, 45°W) near to the British Antarctic Survey Signy Research Station
115 between January and March 2012. These were subsequently transported to the University of
116 Birmingham under refrigerated conditions and held in plastic boxes containing substratum from the
117 site of collection at 4-5°C (0:24 L:D). The duration of travel was approximately 2 d from the Arctic
118 and two months from the Antarctic. Numbers of *M. arctica* were limited, and as a result this species
119 was not assessed for the effect of recovery or heat coma (sub-sections 2.4 and 2.6).

120

121 *2.2. Microhabitat temperatures*

122

123 The thermal regime experienced by *M. arctica* during the summer was measured at four different
124 sheltered sites (laid on surface, but covered by rocks), two at Krykkefjellet and two at Stuphallet,
125 between 17th and 24th August 2011. Temperature was measured at each site using a Tinytag Transit 2
126 Datalogger, and data were uploaded using Tinytag Explorer Software (Gemini Data Loggers,
127 Chichester, U.K.). Fieldwork was not conducted on Signy Island as part of this study and microhabitat
128 temperature data for *E. murphyi* are inferred from previous studies.

129

130 *2.3. Upper Lethal Temperatures (ULTs)*

131

132 The upper temperature at which a species is no longer able to survive (ULT) was determined for *M.*
133 *arctica* and *E. murphyi* by warming individuals at $0.2^{\circ}\text{C min}^{-1}$ from 4°C (rearing temperature) to
134 progressively higher temperatures (30 to 36°C for *M. arctica*, 35 to 39°C for *E. murphyi*). Individuals
135 were subsequently held at the target temperature for 1 h, before being cooled back to 4°C at the same
136 rate. Three replicates of 10 individuals of each species were placed in Eppendorf tubes, inserted into
137 glass test tubes that were then plugged with sponges, and placed inside an alcohol bath (Haake
138 Phoenix II C50P, Fisher Scientific UK Ltd, Loughborough, U.K.), prior to each experimental
139 treatment. Control groups were handled, and exposed, in the same way at 4°C . The temperature
140 experienced by the invertebrates was measured by placing a thermocouple within an identical
141 Eppendorf tube into one of the glass test tubes. Humidity typically remains high within this
142 experimental set-up, and is assumed not to impact survival based on previous findings (Everatt *et al.*,
143 2013). At the end of experimental treatments, individuals were rapidly transferred (over ice) from the
144 Eppendorf tubes into plastic universal tubes containing substratum, and returned to the rearing
145 conditions (see also Everatt *et al.* 2013). Survival, defined by individuals moving either spontaneously
146 or in response to gentle contact stimulus, was assessed 72 h after treatment.

147

148 *2.4. Activity thresholds*

149

150 Activity thresholds were assessed for *E. murphyi* only, within an aluminium block arena. The
151 temperature within the arena was regulated using an alcohol bath, and activity monitored using a
152 digital video camera with a macro lens (see Hazell *et al.*, 2008). Thirty larvae in groups of 10 were
153 transferred into the arena and allowed to settle before video recording (Studio Capture DT,
154 Studio86Designs, Lutterworth, UK) and the alcohol bath programme began. The temperature of the
155 arena was raised from 4 to 40°C at two different rates, 0.2 and $0.1^{\circ}\text{C min}^{-1}$. The temperature at which
156 each individual larva last moved its body was recorded.

157

158 *2.5. Long-term heat tolerance*

159

160 Five replicates of 10 individuals of *M. arctica* and *E. murphyi* were transferred to either 4, 9 or 15°C
161 for up to 210 d. Individuals were held in universal tubes with a base of moist Plaster of Paris and a
162 small amount of substratum within an incubator or temperature controlled room (9°C). The
163 temperature inside the incubators and room was checked using a Tinytag Transit 2 Datalogger.
164 Survival was assessed every 7 d (see also Everatt *et al.*, 2013).

165

166 2.6. *The effect of recovery on heat tolerance*

167

168 To test the effect of recovery at cooler temperatures on heat tolerance, three replicates of 10
169 individuals were exposed to one of three treatments: i) 25°C for 10 d, ii) ten 24 h exposure periods at
170 25°C, each separated by 1 h recovery at 4°C and iii) ten 24 h exposure periods at 25°C, each separated
171 by 2 h recovery at 4°C. Larvae were kept in plastic universal tubes with a base of moist Plaster of
172 Paris and substratum. Transfer from and to 25°C was followed and preceded by 1 h at 15°C to avoid
173 cold and heat shock. Survival was assessed after each day (treatment i) or 24 h exposure period
174 (treatment ii and iii).

175

176 2.7. *Rapid Heat Hardening (RHH)*

177

178 2.7.1. *Determination of the discriminating temperature*

179

180 The discriminating temperature is defined as the temperature at which there is 10-20% survival (Lee
181 *et al.*, 1987). Three replicates of 10 individuals of *M. arctica* were exposed directly (without ramping
182 at 4°C) to progressively higher temperatures (30 – 36°C) for 1 h, before cooling to 4°C at 0.2°C min⁻¹.
183 Invertebrate collection and handling, controls, thermocouple use, recovery and survival assessment
184 were as described in sub-section 2.3. Preliminary trials on *E. murphyi* suggested that the midge did
185 not show RHH (data not shown) and so RHH was only assessed in *M. arctica*.

186

187 2.7.2. *Induction of RHH*

188

189 To test for the RHH response, three replicates of 10 individuals were warmed to the discriminating
190 temperature at three different rates, 0.5, 0.2 and 0.1°C min⁻¹. As before, samples were held for 1 h at
191 the discriminating temperature and then cooled back to 4°C at 0.2°C min⁻¹.

192

193 2.8. *Statistical analyses*

194

195 The Kolmogorov-Smirnov test was used to confirm whether survival and heat coma data were
196 normally distributed. Normally distributed data were analysed using analysis of variance (ANOVA)
197 and Tukey's multiple range test, and non-normally distributed data were analysed using either the
198 Mann-Whitney U test or the Kruskal-Wallis test.

199

200 3. Results

201

202 3.1. *Arctic site microhabitat temperatures*

203

204 Temperatures remained above 3°C throughout the period 17th - 24th August 2011 (Fig. 1) at both
205 locations. At Stuphallet, temperatures averaged 6.6°C when combining data from both Tinytag sites,
206 and at Krykkefjellet, 7.8°C. Temperatures deviated considerably from these averages, rising as high as
207 16°C at Krykkefjellet. The first 3 d were noticeably warmer, averaging 0.8 and 1.3°C higher than over
208 the whole period in Stuphallet and Krykkefjellet, respectively. The time at which these temperatures
209 were recorded also coincided with the warmest period on Svalbard to date (Coulson, S. J., personal
210 communication).

211 3.2. *Upper Lethal Temperatures (ULTs)*

212 Individuals of *M. arctica* survived up to 35°C, while larvae of *E. murphyi* survived up to 39°C (Fig.
213 2). The difference in survival between the two species at 35°C was significant ($F_{1,4} = 841.000$, $P <$

214 0.05 one-way ANOVA, variances not equal). Survival in both species declined rapidly, falling by >
215 80%, within 2-3°C as they approached the ULT.

216 3.3. Heat coma

217 The point at which *E. murphyi* larvae no longer showed signs of movement (heat coma) occurred
218 above 31°C under two different rates of warming, 0.1 (31.4 ± 0.14°C) and 0.2°C min⁻¹ (32.3 ±
219 0.18°C). The heat coma temperature was significantly higher under faster warming ($F_{1, 52} = 18.523$, P
220 < 0.05 one-way ANOVA).

221 3.4. Long-term heat tolerance

222 Survival of both species was greatest at 4°C (Fig. 3). *Megaphorura arctica* tolerated 9°C for 91 d,
223 while survival of *E. murphyi* was still above 75% following 56 d, when the experiment finished. Both
224 species tolerated a 15°C exposure for at least 56 d (Fig. 3), at which point survival was greater in *E.*
225 *murphyi* (32%) than in *M. arctica* (13%). Survival of *E. murphyi* larvae at all temperatures was not
226 significantly different after 35 d ($P > 0.05$ Tukey's multiple range test, variances not equal in some
227 cases). However, survival after 56 d was significantly lower for larvae exposed to 15°C compared to
228 4 or 9°C ($P < 0.05$ Tukey's multiple range test). Survival of *E. murphyi* at 9 or 4°C did not differ
229 significantly for any of the durations tested ($P > 0.05$ Tukey's multiple range test).

230 3.5. Effect of recovery on heat tolerance

231 Constant exposure to 25°C was lethal after 8 days, but survival increased with the introduction of
232 daily recovery periods of 1 or 2 h at 4°C (Fig. 4). This was significant overall ($F_2 = 9.064$, $P < 0.05$
233 two-way ANOVA), but the interaction between time and recovery was not significant ($F_{14} = 1.849$, P
234 > 0.05 two-way ANOVA). Survival following a daily 2 h recovery period at 4°C was greater than
235 survival without recovery over the course of the entire experiment (day 2 to day 8), though the
236 difference in survival was only significant after 6 d ($P < 0.05$ Tukey's multiple range test). A 1 h
237 recovery period also gave greater survival for days 3-5 and day 8, but none of these differences were
238 significant when analysed individually.

239 3.6. Rapid Heat Hardening (RHH)

240 3.6.1. Determination of the discriminating temperature

241 The discriminating temperature was determined to be 34.5°C for *M. arctica* (17% survival, Fig. 5).

242 3.6.2. RHH induction

243 Mean survival was significantly higher following warming at a rate of 0.1°C min⁻¹ (73%), compared
244 with survival after direct transfer (17%) to the discriminating temperature ($P < 0.05$ Tukey's multiple
245 range test, variances not equal, Fig. 6). Survival was also raised following warming at a rate of 0.2
246 and 0.5°C min⁻¹, but this was not significant ($P > 0.05$ Tukey's multiple range test, variances not
247 equal).

248

249 4. Discussion

250 As poikilothermic ectotherms, invertebrate body temperatures are determined by, and vary with, the
251 external environment (Speight *et al.*, 2008). Invertebrates are therefore susceptible to injuries, and
252 impaired development and reproduction, resulting from exposure to temperature alterations, such as
253 those that may result from climate change (Bale & Hayward, 2010). Changes in temperatures due to
254 climate warming are already known to affect invertebrate population dynamics and distribution
255 (Parmesan, 1996; Walther *et al.*, 2002). For example, climate warming has led to the occurrence of
256 extreme heat events, which have resulted in the mass mortality of tropical species, such as corals
257 (Walther *et al.*, 2002). Tropical species are particularly vulnerable to temperature change as the upper
258 temperatures they are able to tolerate lie very close to the upper temperatures experienced in their
259 environment (Somero, 2010). Indeed, in some cases, tropical species live at temperatures which
260 exceed their physiological optima (Somero, 2010). The current study considers whether polar species
261 are also vulnerable to climate warming, by examining the heat tolerance and activity thresholds of the
262 dipteran, *E. murphyi*, from the Antarctic, and further examining the heat tolerance capacity of the
263 Arctic collembolan, *M. arctica*.

264 4.1. Basal tolerance

265 Both study species demonstrated considerable heat tolerance and showed survival above 34°C for a
266 period of 1 h (Fig. 2.). The heat coma temperature of *E. murphyi* was also very high, averaging above
267 31°C following warming at 0.1 or 0.2°C min⁻¹. Correspondingly, Everatt *et al.*, (2013) demonstrated
268 survival up to 37°C in the collembolan, *C. antarcticus*, and survival up to 40°C in the mite, *A.*
269 *antarcticus*, with similar results also being demonstrated in other Antarctic species (Deere *et al.*,
270 2006; Sinclair *et al.*, 2006; Slabber *et al.*, 2007). Block *et al.* (1994) and Hodkinson *et al.* (1996)
271 likewise demonstrated high temperature survival in Arctic Acari and Collembola, including in *M.*
272 *arctica*. The survival of *M. arctica* in this study was almost identical to that found by both Block *et al.*
273 (1994) and Hodkinson *et al.* (1996), with all three studies showing virtually 100% survival after a 1 h
274 exposure at 30°C and an upper lethal temperature of 35°C. Extending the exposure time to 3 h shifted
275 survival downwards, but still gave survivorship above 30 °C (Block *et al.*, 1994; Hodkinson *et al.*,
276 1996). These temperatures are considerably higher than the temperatures experienced throughout the
277 year in both the Antarctic and Arctic, including in summer and short duration extreme maxima.
278 Temperature conditions varied across small spatial scales at both the Stuphallet and Krykkefjellet sites
279 (Fig. 1), and microhabitat buffering would further protect terrestrial invertebrates from temperature
280 extremes. *Megaphorura arctica* and *E. murphyi* therefore have considerable capacity to tolerate
281 current summer conditions, including conditions that are unusually warm. These species also have the
282 capacity to tolerate the much higher temperatures that will likely occur as a result of climate warming
283 (Arctic Council, 2005; Convey *et al.*, 2009; Turner *et al.*, 2009), further consolidating the hypothesis
284 set out by Deutsch *et al.* (2008).

285 In addition to the well characterised cellular damage inflicted during acute exposure to temperature
286 extremes, injury can also occur following long-term exposure to more moderate temperatures (e.g.
287 Czajka, 1990). To assess this, in the current study, both *M. arctica* and *E. murphyi* were exposed to 9
288 and 15°C for several weeks. Although mortality occurred at these temperatures, both species survived
289 well for the first 4 weeks, particularly at 9°C (Fig. 3). The collembolan survived until 91 d at 9°C and
290 56 d at 15°C and, while the experiment was only carried out over 56 d for *E. murphyi*, mean survival

291 at 9°C was still above 70%. Hodkinson *et al.* (1996) showed similarly good survival in *M. arctica* at
292 10°C, with the collembolan surviving up to 196 d, with less than 50% mortality after 140 d, in that
293 instance. Some individuals were also able to survive up to 68 d at 25°C. Such tolerance is notable
294 when compared with their Arctic microhabitat temperatures where, for only a few periods of no more
295 than 24 hours, did temperatures exceed 9°C, and at only one point did they exceed 15°C (Fig. 1).
296 Likewise, maximum temperatures 3 cm below the soil surface recorded between 1991 and 1993 did
297 not exceed 14°C (Hodkinson *et al.*, 1996). Temperatures above 9°C are even more unusual on Signy
298 Island or more generally in the maritime Antarctic (Davey *et al.*, 1992; Bokhorst *et al.*, 2008).

299 4.2. Physiological plasticity

300 Polar terrestrial invertebrates are exposed to a highly variable climate. At the extreme, temperatures
301 can vary seasonally by up to 100°C and daily by as much as 50°C (Convey, 1996). Even in buffered
302 microhabitats, there can be considerable variation. Terrestrial invertebrates will therefore not be
303 exposed to either constant low or high temperatures, and will also be exposed to milder transitional
304 temperatures, giving them an opportunity to recover from thermal injuries. It has already been shown
305 in a number of invertebrates, including the firebug, *Pyrrhocoris apterus* (Kostal *et al.*, 2007), the
306 beetle, *Alphitobius diaperinus* (Renault *et al.*, 2004; Kostal *et al.*, 2007; Colinet, 2011; Lalouette *et*
307 *al.*, 2011), the parasitic wasp, *Aphidius colemani* (Colinet *et al.*, 2007), and the flesh fly, *Sarcophaga*
308 *crassipalpis* (Dollo *et al.*, 2010), that pulses at warmer temperatures allow recovery from chilling
309 injury. However, few studies have looked at analogous recovery from higher temperatures. In the
310 current study, larvae of *E. murphyi* exhibited improved survival following daily recovery of 1 h, but
311 particularly following 2 h, at 4°C (Fig. 4). Greater survival with increasing duration of recovery has
312 also been demonstrated in *A. diaperinus* (Colinet *et al.*, 2011). The lethal time (LT₅₀) of the beetle
313 increased significantly from a 0.5 to 4 h recovery period. We speculate that longer recovery times
314 than used in the current study would further enhance survival of *E. murphyi* larvae. Recovery from,
315 and repair of, chilling injury has been shown to involve ion gradient homeostasis (Kostal *et al.*, 2007),
316 induction of antioxidants (Lalouette *et al.*, 2011), and the up-regulation of key proteins (Colinet *et al.*,
317 2007). Analogous responses during recovery from high temperature injury may also occur. The up-

318 regulation of heat shock proteins (HSPs), for example, is a common response to stressful conditions
319 and is known as the ‘heat shock response’ because of its role in repair of heat shock injuries (Clark &
320 Worland, 2008). Heat shock proteins help refold and stabilise proteins and other macromolecules
321 during stress (Clark & Worland, 2008), and may also be involved with the recovery of microfilament
322 dynamics (Tammariello *et al.*, 1999) and the regulation of apoptosis (Yi *et al.*, 2007). However,
323 continuous HSP expression can be detrimental to cell cycle regulation (Hayward *et al.*, 2005), and so
324 recovery periods between stress events are important. ~~An ability of polar terrestrial invertebrates to
325 recover from high temperature conditions adds to their capacity to tolerate future warming.~~

326 A further means by which terrestrial invertebrates show physiological plasticity to high temperatures
327 is through acclimation. However, the benefits of long-term acclimation (weeks to months) have so far
328 been shown to be slight in polar terrestrial invertebrates. Following long-term acclimation, the
329 widespread collembolan, *C. antarcticus*, and mite, *A. antarcticus*, were shown to either exhibit no
330 improvement in their survival, or reduced survival, at high temperatures (Slabber *et al.*, 2007; Everatt
331 *et al.*, 2013). Acclimation to higher temperatures can also occur over shorter timescales in the form of
332 rapid heat hardening (RHH), which is defined as the rapid induction of heat tolerance over minutes to
333 hours (Benoit *et al.*, 2009). Unlike rapid cold hardening, which has now been demonstrated in an
334 increasing number of species (e.g. Kelty and Lee, 1999; Powell and Bale, 2004; Lee *et al.*, 2006;
335 Owen *et al.*, 2013) including *E. murphyi* (Everatt *et al.*, 2012), RHH has been little explored. In polar
336 terrestrial invertebrates, there is evidence for the effect only in *C. antarcticus* and *A. antarcticus*
337 (Everatt *et al.*, 2013). The current study also showed an RHH response in *M. arctica* (Fig. 6).
338 Following a warming rate of $0.1^{\circ}\text{C min}^{-1}$, survival of *M. arctica* at 34.5°C was increased by 56%,
339 compared with survival after a direct transfer to the same temperature. However, survival was not
340 raised at 34.5°C following a rate of 0.2 or $0.5^{\circ}\text{C min}^{-1}$. Greater survival at a rate of $0.1^{\circ}\text{C min}^{-1}$ can be
341 explained by an increased time being available for *M. arctica* to respond physiologically. Greater time
342 at protection-inducing temperatures has also been shown to give greater survival at lower
343 temperatures, including in the western flower thrips, *Frankliniella occidentalis* (McDonald *et al.*,
344 1997). While $0.1^{\circ}\text{C min}^{-1}$ is a slow rate compared with other studies, rates will be slower still in nature

345 (Convey & Worland, 2000, also see Fig. 1). It is therefore speculated that, with more time to
346 acclimate, *M. arctica* will show an even greater RHH response and thereby possess an additional
347 mechanism improving its tolerance of temperature change.

348 **4.3. Water availability and alien species in an era of climate warming**

349 Although the direct impacts of high temperature are important, climate warming in the polar regions
350 is also associated with changes in water availability and a heightened threat of alien species
351 establishment. As climate warming intensifies, precipitation is predicted to increase at mid-high
352 latitudes (Walther *et al.*, 2002; Ávila-Jiménez *et al.*, 2010). Under conditions of increased water
353 availability, Antarctic invertebrates have been shown to thrive under warming, with increases in both
354 Collembola and mite numbers (Convey *et al.*, 2002; Schulte *et al.*, 2008; Day *et al.*, 2009). However,
355 rising temperatures are also expected to reduce snow cover and thaw ice earlier in the season, in turn
356 resulting in the earlier evaporation of meltwater during the summer, which may instead leave
357 invertebrates susceptible to desiccation (Callaghan *et al.*, 1992; Walther *et al.*, 2002; Ávila-Jiménez *et*
358 *al.*, 2010). Under this scenario, polar terrestrial invertebrates have been shown to fare less well. Block
359 *et al.* (1994) and Hodkinson *et al.* (1996) demonstrated the heat tolerance of collembola, including *M.*
360 *arctica*, to be reduced when desiccated, as compared to those which were hydrated, while Coulson *et*
361 *al.* (1996), Convey *et al.* (2002) and Day *et al.* (2009) showed decreasing numbers of Collembola
362 under field conditions. Even so, because the heat tolerance of polar terrestrial invertebrates far
363 exceeds buffered microhabitat temperatures, as shown in the current study, and because their heat
364 tolerance still remains high under desiccation (Block *et al.*, 1994; Hodkinson *et al.*, 1996), we
365 speculate that changes associated with climate warming will result in a positive change to the
366 invertebrate fauna.

367 The probability of alien species establishment is also predicted to increase with climate warming. As
368 temperatures rise, areas which were previously too stressful for invading organisms are beginning to
369 open up (Frenot *et al.*, 2005; Chwedorzewska, 2009). Increasing human activity, as a result of
370 scientific research and, more recently, tourism is also aiding the transfer of alien species by allowing

371 them to bypass geographical and environmental barriers, particularly in the Antarctic (Frenot *et al.*,
372 2005; Chown *et al.*, 2012). Events in the sub-Antarctic provide a glimpse into what might happen,
373 with native invertebrates of many islands suffering in the presence of invasive alien species (Frenot *et*
374 *al.*, 2005; Chwedorzewska, 2009).

375 **5. Conclusion**

376 As with the polar Collembola and Acari that have been studied to date, the Antarctic midge, *E.*
377 *murphyi*, possesses considerable heat tolerance that equips it to survive current and predicted future
378 environmental conditions. This species and the Arctic collembolan, *M. arctica*, also demonstrate
379 physiological plasticity with respect to recovery from high temperature, and RHH, respectively. Polar
380 terrestrial invertebrates may therefore be protected from the harmful consequences of a temperature
381 rise that may result from climate change, at least at a physiological level (Addo-Bediako *et al.*, 2000;
382 Deutsch *et al.*, 2008). However, to identify likely consequences at community level, it is imperative
383 that this is also balanced with other factors, including changes in water availability and competition
384 from alien species, and that the sub-lethal characteristics of invertebrates, including development and
385 reproduction, are also considered.

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584 **Figure and Table Legends**

585 **Fig. 1.** Surface temperature at four sites, two at Stuphallet (A) and two at Krykkefjellet (B), near Ny-
586 Ålesund, Svalbard, between 17th and 24th August 2011.

587 **Fig. 2.** Survival (%) of *M. arctica* and *E. murphyi* following exposure to progressively higher
588 temperatures (30-35°C for *M. arctica*, 35-40°C for *E. murphyi*) for 1 h. Controls (4 °C) are represented
589 by dashed (*M. arctica*) and diagonally lined bars (*E. murphyi*). Means \pm S.E.M. are presented for
590 three replicates of 10 individuals. Survival was assessed 72 h after treatment. Means with the same
591 letter are not significantly different within each species group at $P < 0.05$ (Tukey's multiple range
592 test, variance not equal for *M. arctica*).

593 **Fig. 3.** Survival (%) of *M. arctica* (A) and *E. murphyi* (B) at 4, 10 and 15°C over a period of up to 210
594 d. Means \pm S.E.M. are presented for five replicates of 10 individuals.

595 **Fig. 4.** Survival (%) of *E. murphyi* at 25°C over a period of 9 d. Larvae were either given no recovery
596 period, 1 h at 4°C after each 24 h period or 2 h at 4°C after each 24 h period. Means \pm S.E.M. are
597 presented for three replicates of 10 individuals. Asterisks indicate a recovery treatment significantly
598 different from the constant treatment $P < 0.05$ (Tukey's multiple range test, variances not equal).

599 **Fig. 5.** Survival (%) of *M. arctica* following direct exposure (without ramping) to progressively
600 higher temperatures (30-35°C) for 1 h. Means \pm S.E.M. are presented for three replicates of 10
601 individuals. Survival was assessed 72 h after treatment. Means with the same letter are not
602 significantly different at $P < 0.05$ (Tukey's multiple range test).

603 **Fig. 6.** Survival (%) of *M. arctica*, following exposure to the discriminating temperature (34.5°C) for
604 1 h, after being warmed to the discriminating temperature at one of three rates (0.5, 0.2 or 0.1°C min⁻¹).
605 Survival following these three rates is shown in comparison to direct transfer, which is denoted as
606 34.5. Means \pm S.E.M. are presented for three replicates of 10 individuals. Survival was assessed 72 h
607 after treatment. Means with the same letter are not significantly different at $P < 0.05$ (Tukey's
608 multiple range test).

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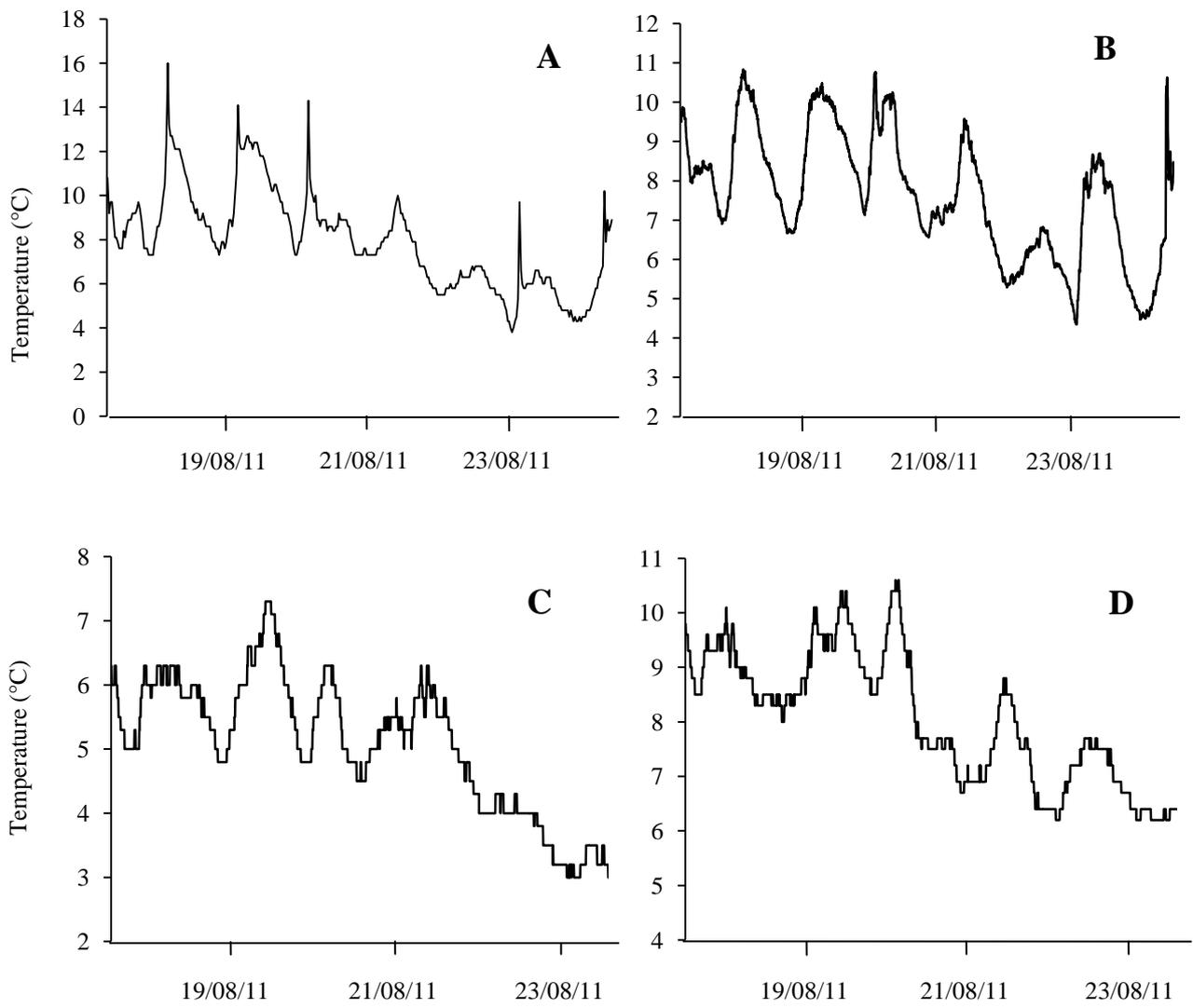


Figure 1

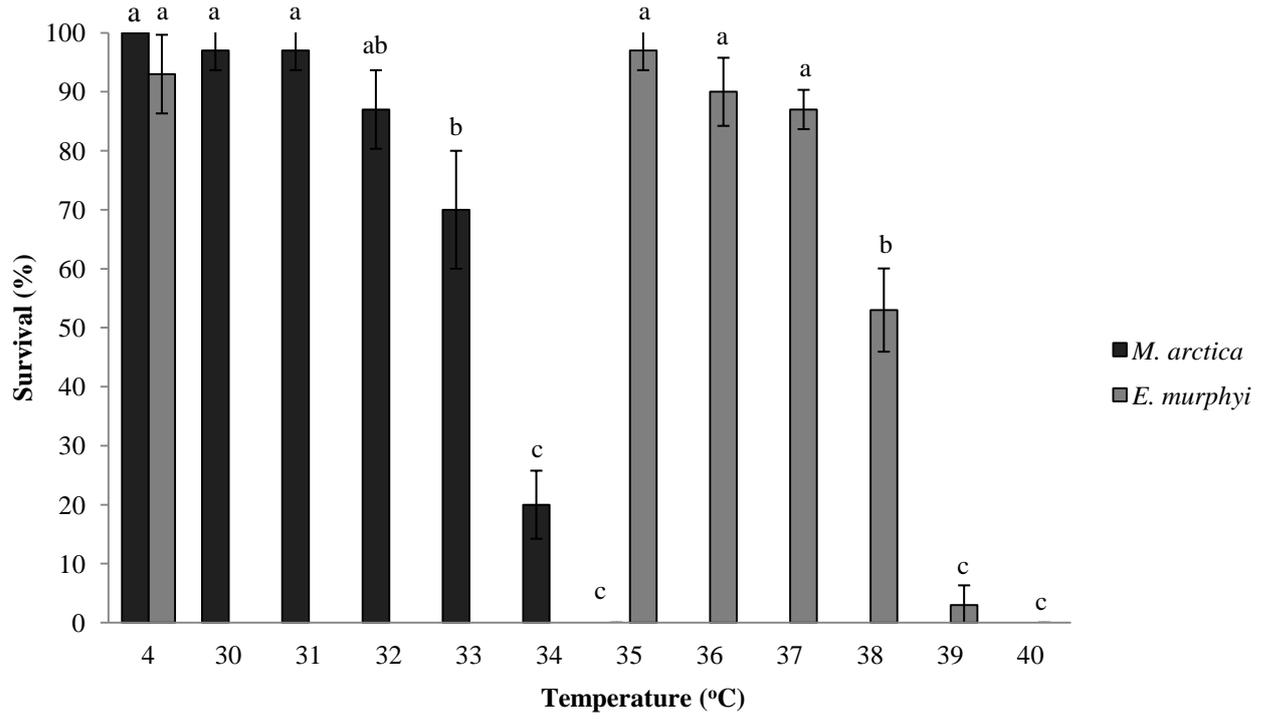


Figure 2

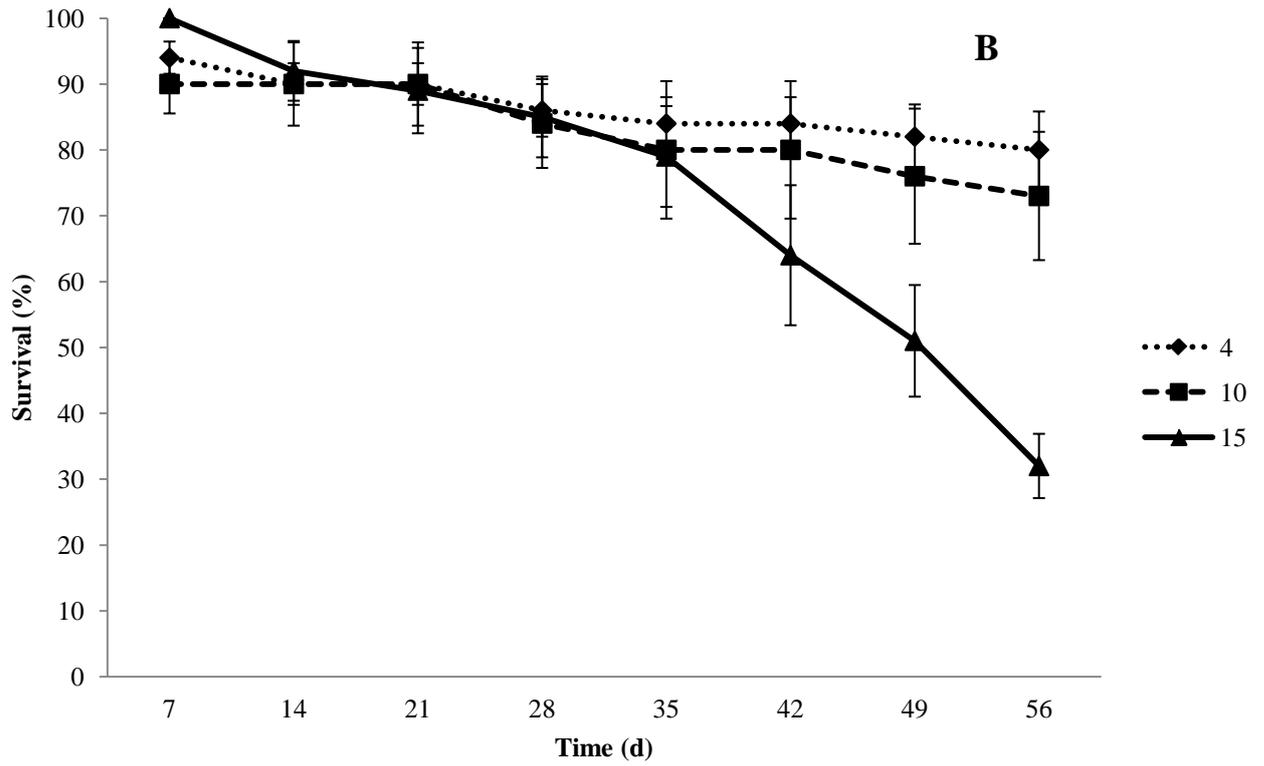
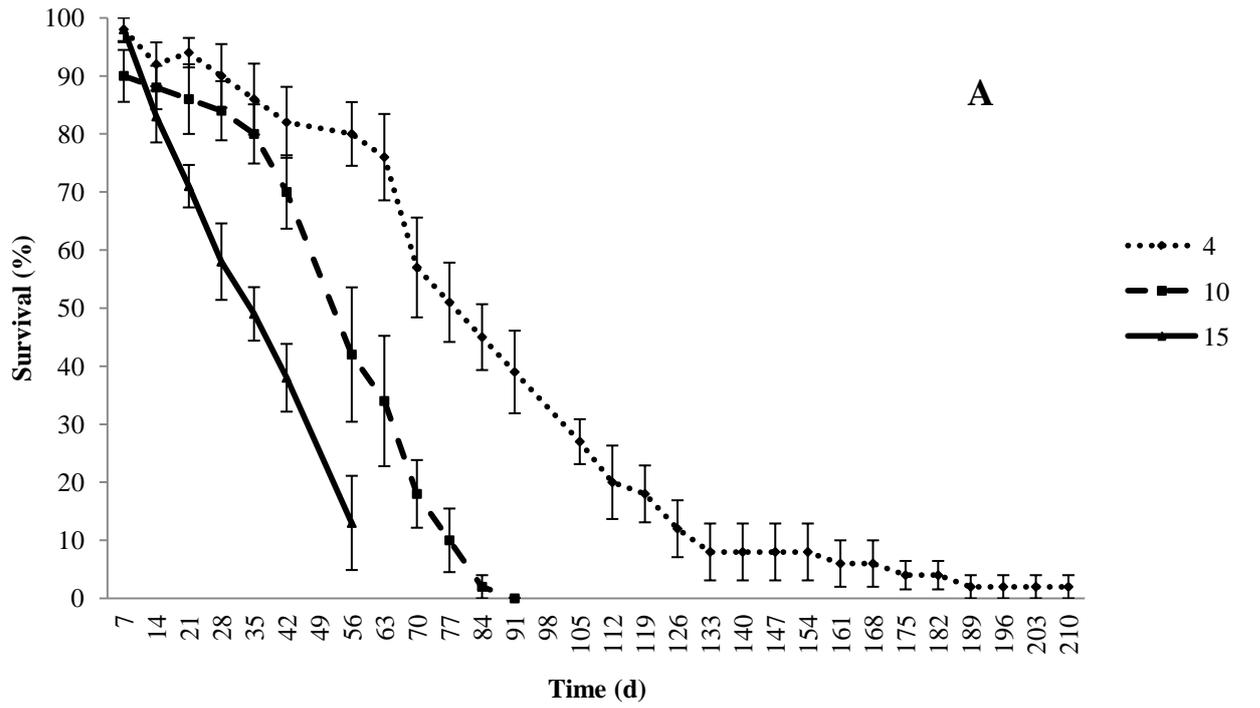


Figure 3

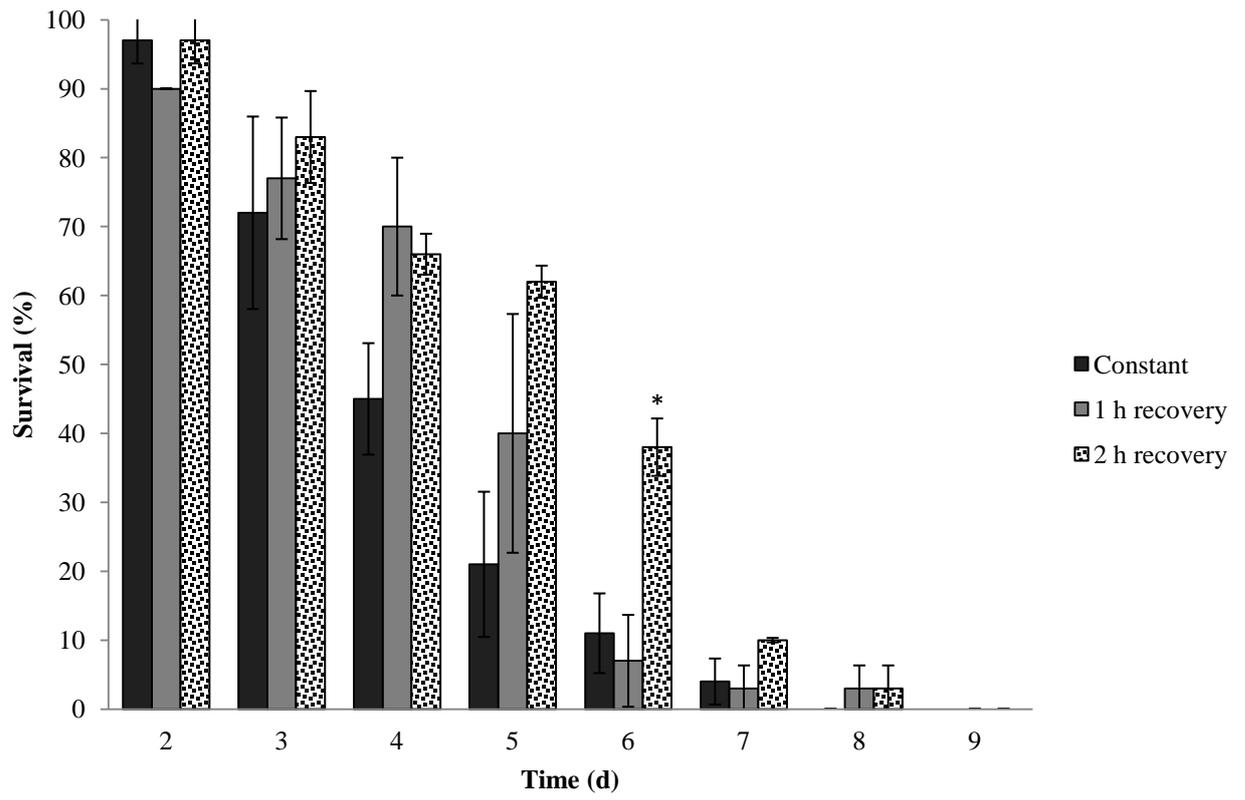


Figure 4

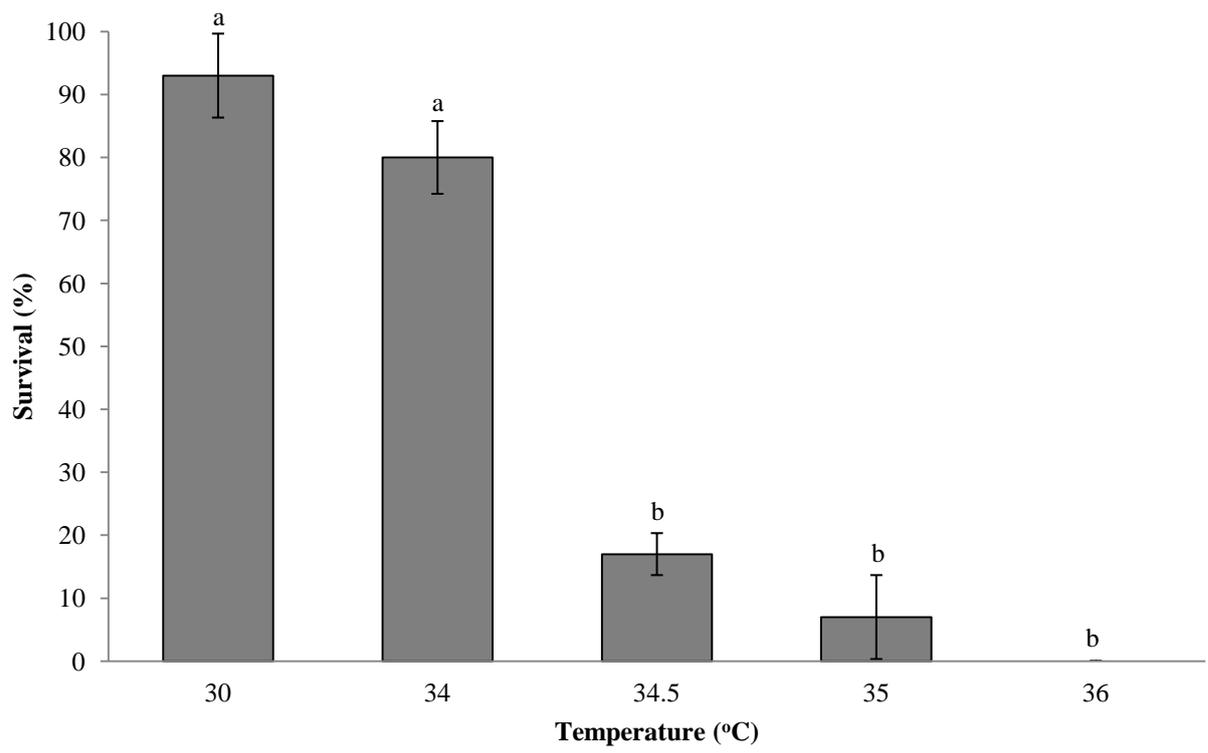


Figure 5

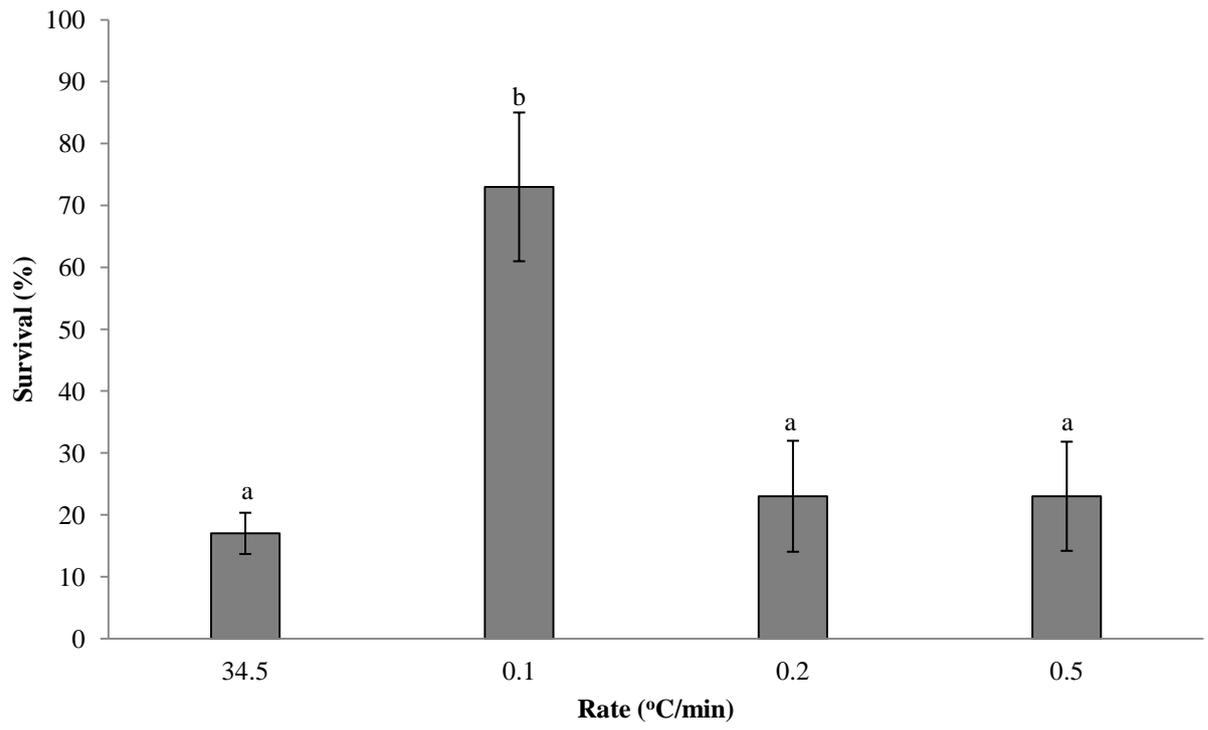


Figure 6

