

The nitrate time bomb – a numerical way to investigate nitrate storage and lag time in the unsaturated zone

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Abstract

Nitrate pollution in groundwater, which is mainly from agricultural activities, remains an international problem. It threatens environment, economics and human health. There is a rising trend in nitrate concentrations in many UK groundwater bodies. Research has shown it can take decades for leached nitrate from the soil to discharge into groundwater and surface water due to the ‘store’ of nitrate and its potentially long time travel time in the unsaturated and saturated zones. However, this time lag is rarely considered in current water nitrate management and policy development. The aim of this study was to develop a catchment-scale integrated numerical method to investigate the nitrate lag time in the groundwater system, and the Eden Valley, UK was selected as a case study area. The method involves three models, namely, the nitrate time bomb – a process-based model to simulate the nitrate transport in the unsaturated zone (USZ), GISGroundwater – a GIS groundwater flow model, and N-FM – a model to simulate the nitrate transport in the saturated zone. This study answers the scientific questions of when the nitrate currently in the groundwater was loaded into the unsaturated zones and eventually reached the water table; is the rising groundwater nitrate concentration in the study area caused by historic nitrate load; what caused the uneven distribution of groundwater nitrate concentration in the study area; and whether the historic peak nitrate loading has reached the water table in the area. The groundwater nitrate in the area was mainly from 1980s – 2000s, whilst the groundwater nitrate in the most of the Source Protection Zones leached into the system during 1940s – 1970s; large and spatially variable thickness of the USZ is one of the major reasons for unevenly distributed groundwater nitrate concentrations in the study area; the peak nitrate loading around 1983 has affected most of the study area. For areas around the Bowscar, Beacon Edge, Low Plains, Nord Vue, Dale Springs, Gamblesby, Bankwood Springs, and Cliburn, the peak nitrate loading will arrive at the water table in the next 34 years; statistical analysis shows that 8.7% of the Penrith Sandstone and 7.3% of the St Bees Sandstone have not been affected by peak nitrate.

This research can improve the scientific understanding of nitrate processes in the groundwater system, and support the effective management of groundwater nitrate pollution for the study area. With limited number of parameters, the method and models developed in this study are readily-transferable to other areas.

Keywords

Nitrate water pollution · Nitrate transport · Time lag · The unsaturated zone · Nitrate time bomb · Integrated modelling

Introduction

Freshwater is essential for supporting our life and sustaining livelihoods. Nitrate (NO₃) is essential for living matter by acting as a source of nitrogen (N) that forms the building blocks of molecules.

46 However, too much nitrate in water bodies can cause the nitrate water pollution that has been
47 regarded as a remaining problem in many developing and developed countries (Campbell et al.,
48 2004; European Environment Agency, 2000; Rivett et al., 2007). It is not only an environmental
49 issue but also an economic and human health problem (DEFRA, 2002). For example, high
50 concentrations of nitrate in freshwater can cause eutrophication in rivers, lakes and estuaries by
51 igniting huge algae and phytoplankton blooms, and depleting oxygen in water. In Mississippi such
52 blooms are now leading to so-called 'dead zones', where the death of the algae means all the oxygen
53 in the water is used up, killing fish and other aquatic life. Meanwhile, the nitrogen bio-geochemical
54 cycle can produce large amounts of the greenhouse gas 'nitrous oxide'. The costs for UK water
55 industry on nitrate treatment rose from £16 million per year in 2000 to £58 million per year in 2005
56 (DEFRA, 2006a; Pretty *et al.*, 2000). Nitrate concentrations in excess of 10 mg NO₃-N L⁻¹ or 45
57 mg NO₃ L⁻¹ in drinking water may reduce the ability of human blood to carry oxygen and, in the
58 very young, cause 'blue baby syndrome' (Bryan, 2006); and a potential cancer risk from nitrate in
59 drinking water has been reported (Yang et al., 2007).

60 Compared with surface water, groundwater is a more reliable water resource, particularly in dry
61 regions or seasons, with a higher contamination resistance. Groundwater provides one third of
62 public water supply in England and Wales, increasing to up to 80% in Southern England. Nitrate
63 groundwater contamination arises mainly from diffuse agricultural sources (Foster, 2000). During
64 the last century, the pools and fluxes of N in UK ecosystems have been transformed mainly by the
65 fertilizer-based intensification of agriculture (Burt et al., 2011). We have benefit from using N
66 fertilizer in feeding our increasing population, and agricultural yields may be promoted by the
67 shorter time-scale addition of N in fertilizers, leading to fast N leaching into freshwaters. The
68 leached N, however, could cause long-term water pollution and ecosystem damage. For example,
69 China had to gradually increase the N fertilizer application rate from 38 kg N ha⁻¹ in 1975 to 262 kg
70 N ha⁻¹ in 2001 to feed its huge population, and has become the biggest consumer of the N fertilizer
71 in the world, thus causing the significant degradation of many Chinese major lakes including its five
72 largest freshwater lakes (Kahrl et al., 2010). In England, over 70% of nitrate in freshwaters has been
73 shown to be derived from agricultural land (DEFRA, 2006b);

74 Although legislative means were introduced, the nitrate water pollution remains an unsolved
75 problem. For example, despite efforts under the EU Water Framework Directive (Directive
76 2000/60/EC) by 2015 to improve water quality, it is still seen a continuous decline in freshwater
77 quality due to nitrate in the UK. Nitrate concentrations are more than 50 mg NO₃ L⁻¹ EU drinking
78 water standard with a rising trend in many aquifers (Stuart et al., 2007). It is estimated that about
79 60 % of all groundwater bodies in England will fail to achieve good status by 2015 (DEFRA, 2006b;
80 Rivett et al., 2007).

81 Recent research suggests that it could take decades for leached nitrate to discharge into freshwaters
82 due to nitrate storage and long time lag in the unsaturated zone (USZ) and saturated zone (Burt et
83 al., 2011; Howden et al., 2011; Jackson et al., 2007; Wang et al., 2012). This may cause a long time
84 lag between the loading of nitrate from soil and the change of nitrate concentrations in groundwater.
85 In reality, current environmental management strategies rarely consider the nitrate time lag, but rely
86 instead on the predictions of a relatively rapid response of water quality to land management
87 practices (Burt et al., 2011), thus leading to inappropriate controls and conflicts between policy
88 makers, environmentalists and industry. Therefore, there is an urgent need to incorporate the nitrate
89 time lag in the groundwater system into water resource management decision-making processes
90 because of environmental and legislative pressures.

91 The transport and storage of nitrate in the unsaturated zone has been studied from the late 1970s
92 onwards (Brouyère et al., 2004; Foster and Crease, 1974; Geake and Foster, 1989; Hoffmann et al.,
93 2000; Lawrence and Foster, 1986; Ledoux et al., 2007; Oakes et al., 1981; Spears, 1979; Young et

94 al., 1976), and some numerical modelling work was carried out to map the spatial extent of nitrate
95 contamination of groundwater (Rivett et al., 2007), and to assess the vulnerability or risk of
96 groundwater nitrate pollution (e.g. Foster, 1993; Lake et al., 2003; Palmer, 1987; Wang and Yang,
97 2008; Yang and Wang, 2010). Most recently, a national scale nitrate time bomb model was
98 developed to simulate the nitrate transport in the unsaturated zone and predict the loading of nitrate
99 at the water table for the UK (Wang et al., 2012). Nevertheless, the local nitrate groundwater
100 contamination management needs more detailed information, thus requiring a method to apply this
101 model in the catchment scale study.

102 The aim of this study was to develop an integrated modelling method to investigate the nitrate lag
103 time in the groundwater system by simulating the nitrate transport in USZs and the saturated zones
104 at the catchment scale. Three numerical models, i.e., the nitrate time bomb model, GISGroundwater
105 and the nitrate transport model in the saturated zone N-FM, were integrated to verify and support
106 each other to provide information on nitrate lag time in the groundwater system at a catchment scale.
107 The UK Eden Valley, which has thick Permo-Triassic sandstone unsaturated zones and a nitrate
108 groundwater pollution problem, was selected as a case study area. It is demonstrated that the
109 method developed in this study can answer the scientific questions related to the nitrate time lag in
110 the groundwater system, and provide scientific evidence for sustainable groundwater nitrate
111 pollution management in the area.

112 **Methodologies and materials**

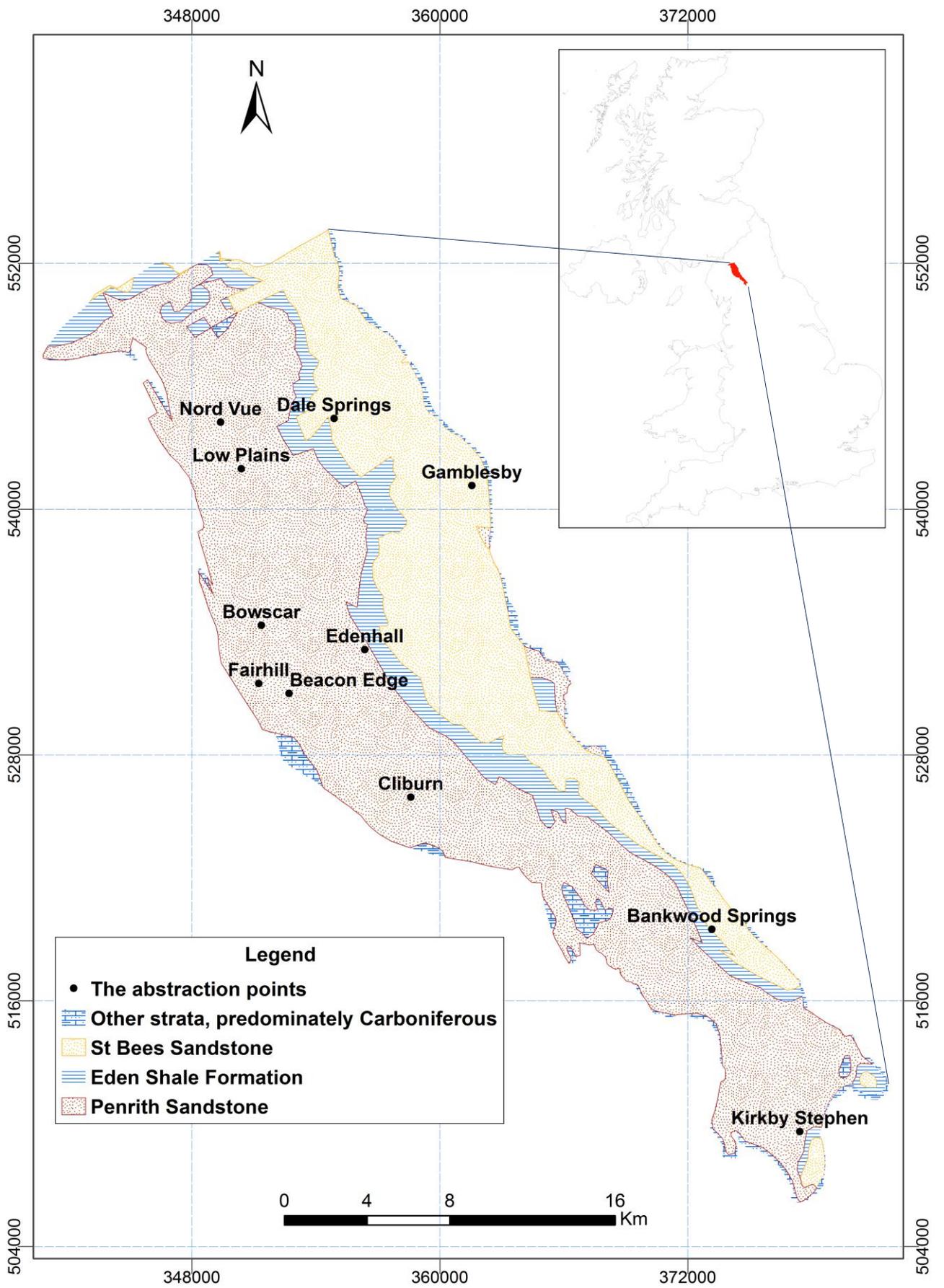
113 **The Eden Valley**

114 The Eden Valley, located in Cumbria in the north-west of England, lies between two upland areas,
115 the Pennines to the east and the English Lake District to the west. It receives an average annual
116 rainfall of about 1000 mm year⁻¹. The River Eden, the main river in the study area, runs from its
117 headwaters in the Pennines to the Solway Firth in the north-west, having three main tributaries, the
118 River Eamont, the River Irthing and the River Calder. The study area is aligned northwest-southeast
119 and is 56 km long and 4.5 – 14 km wide (Fig. 1). Agriculture, tourism and some industry are the
120 major economic activities in the region; it is largely rural and the population density is relatively
121 low at approximately 0.2 persons ha⁻¹; the area is mainly covered by managed grassland, arable land
122 and semi-natural vegetation with small proportions of woodland, and urban land-use (Daily et al.,
123 2006). In recent years the application of slurry to the grazed grasslands has been increased due to
124 more intensive farming activities (Butcher et al, 2003).

125 In the study area, the Permian Penrith Sandstone (up to 900 m thick), dips gently eastwards and is
126 principally red-brown to brick red in colour with well-rounded, well-sorted and medium to coarse
127 grains. It is overlain by the Eden Shale Formation (up to 180 m thick), which is generally red in
128 colour with brown, green and grey beds in places, and consists of mudstone, siltstone, sandstone,
129 breccia and conglomerate. This is overlain by the St Bees Sandstone (up to 350 m thick), which
130 consists of red-brown and grey, fine-grained, cross-bedded sandstone (Allen et al, 1997). Fig. 1
131 shows the bedrock geology of the study area. Many geological and hydrogeological studies in the
132 area have been carried out (e.g. Allen et al., 1997; Arthurton, et al., 1978; Arthurton and Wadge,
133 1981; Millward and McCormac, 2003; Patrick, 1978). Borehole hydrographs from the Penrith
134 Sandstone aquifer in the area show a small annual fluctuation in groundwater levels (GWLs),
135 typically less than 1 m, indicating the groundwater flow type in the aquifer is intergranular with
136 high storage (ESI 2004). Some hydrographs from the same aquifer also show very long-term water
137 level fluctuations (with about 10 years between the peaks and troughs) apparently as a result of
138 long-term changes in recharge (Butcher et al, 2003). Groundwater flow in the study area is
139 dominated by flow to the River Eden. The hydraulic gradients in the Penrith Sandstone aquifer are
140 generally gentle and predictable, whilst the ones in the St Bees Sandstone aquifer are generally

141 steeper, reflecting the aquifer's generally lower permeability (Butcher et al, 2003; Daily et al., 2006).
142 The Penrith Sandstone and St Bees Sandstone form the major aquifers in the region. The hydraulic
143 conductivity (K) values in the aquifers range from $3.5 \times 10^{-5} - 26.2 \text{ m day}^{-1}$ and $0.048 - 3.5 \text{ m day}^{-1}$
144 respectively (Allen et al, 1997). GWLs are close to the surface in the vicinity of the River Eden, but
145 they are as much as 100 m below ground in the north-west part of the study area. According to
146 Daily et al. (2006), there may be some groundwater flow between adjacent and underlying
147 Carboniferous rocks in the area, however, the numerous springs, which arise along the faulted
148 contact, suggest that much of the groundwater is transferred to surface flow.

149



150 Fig. 1 The location and the bedrock geological map for the Eden Valley, UK.
 151
 152

153 Parts of the Eden Valley catchment, located in north Cumbria, UK, have groundwater nitrate
154 pollution problems. The Environment Agency's groundwater monitoring data show that abstracted
155 groundwater in this area has a range of nitrate concentrations; some groundwater exceeds the limit
156 of 50 mg NO₃ l⁻¹ and exhibit a rising trend with time (Butcher et al., 2003; Butcher et al, 2005). In
157 order to make sound decisions for groundwater quality management in the area, it is necessary to
158 answer the scientific questions of when was the nitrate currently in the groundwater loaded into the
159 unsaturated zones; what is the time the historic peak nitrate loading eventually reached or will reach
160 the water table; is the rising groundwater nitrate concentration in the study area caused by historic
161 nitrate load; what caused the uneven distribution of groundwater nitrate concentration in the study
162 area.

163 **The nitrate time bomb model**

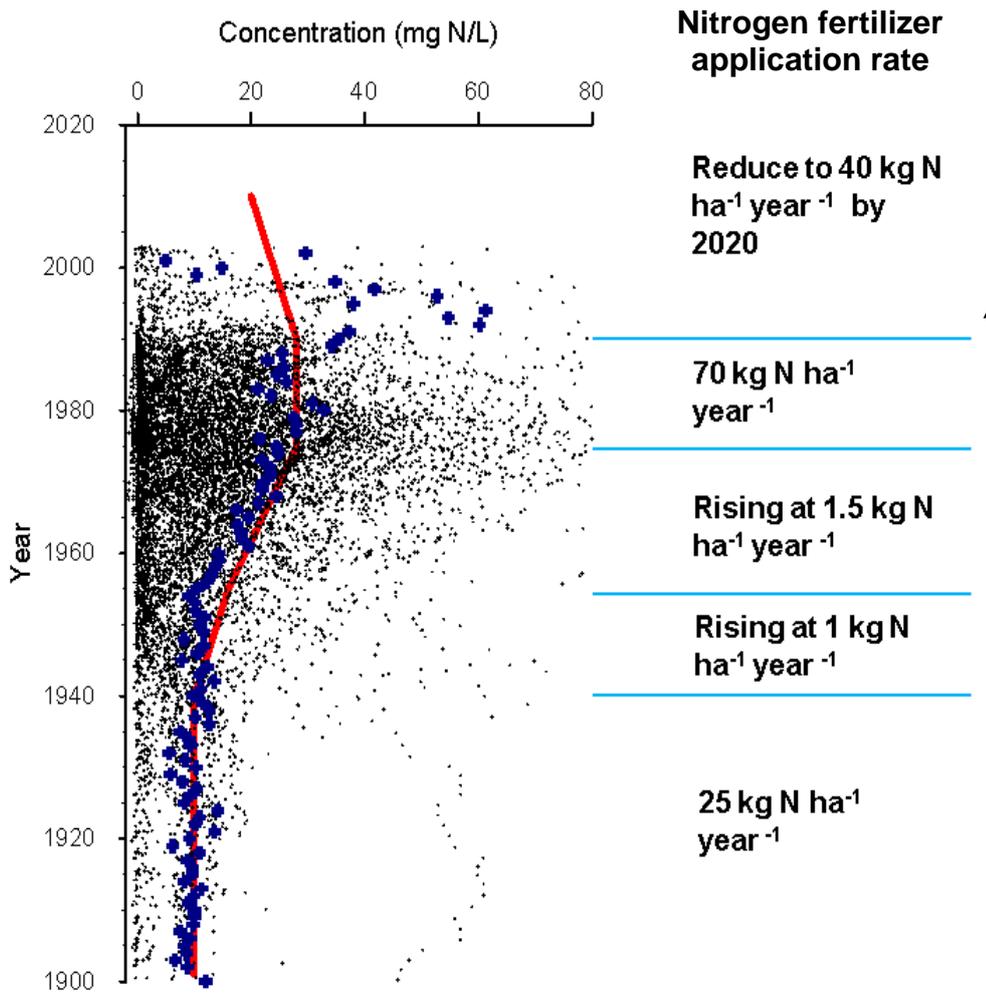
164 The nitrate time bomb, a simple process-based GIS model for simulating the nitrate transport in the
165 unsaturated zones, has been applied in predicting the arriving time for peak nitrate loading at the
166 water table of the UK (Wang et al., 2012). It links a nitrate input function (the temporally varying
167 but spatially uniform leaching of nitrate from the base of the soil), unsaturated zone thickness, and
168 lithologically dependent rate of nitrate USZ transport to estimate the arrival time of nitrate at the
169 water table. The assumptions of this model include: nitrate loading is from the base of the soil;
170 nitrate moves vertically from the land surface to the water table; nitrate movement is through the
171 matrix only in dual-porosity strata; nitrate moves at a constant velocity through the USZ; there is no
172 hydrodynamic dispersion of nitrate in the USZ; and the mass of nitrate in the USZ is preserved.
173 Even if at the local-scale there is some lateral movement, movement of water (and hence nitrate)
174 through the unsaturated zone is predominantly vertical, especially in these unsaturated zones with
175 more than 100m thicknesses; the assumption of vertical movement simplifies the nitrate transport in
176 the unsaturated zone and makes the model to be applied easily in an area with limited datasets. The
177 assumption of a constant velocity implicitly requires an assumption that for each cell in the GIS the
178 unsaturated zone has homogeneous hydrodynamic characteristics, i.e. the velocities used in the
179 model are effective velocities at the resolution of the model associated with a given
180 hydrogeological unit. Hydrodynamic dispersion of nitrate in the unsaturated zone, due to both
181 mechanical dispersion and diffusion, will occur. Both these processes will act to retard or attenuate
182 the nitrate loading so by assuming no hydrodynamic dispersion the predicted arrival times will be
183 the most conservative estimate of the earliest arrival times of nitrate at the water table. Any
184 hydrodynamic dispersion will cause arrival times including peak arrival times at the water table to
185 be delayed beyond those predicted by the model. Although denitrification is the dominant nitrate
186 attenuation process in the subsurface (Rivett et al., 2007), Kinniburgh et al., (1994) regarded this as
187 insignificant beneath the soil zone in the USZ of UK aquifers, and Butcher et al (2005) found no
188 evidence of denitrification in sampled groundwater in the den Valley. The model is written in C++
189 and has an open structure to be integrated with other numerical models.

190 **The nitrate input function**

191 The nitrate input function derived from literature review (Wang et al., 2012) shows an excellent
192 agreement with mean porewater nitrate concentrations from 300 cored boreholes across the UK in
193 the BGS database (Fig. 2). It was selected in this study assuming a single arable land-use is
194 covering the study area. The sudden increase of porewater nitrate concentrations between 1990 and
195 2000 was due to the artefact of both the focus of recent studies on areas with a nitrate problem and
196 relatively less recent data points. In this nitrate input function, a low and constant value (25 kg N
197 ha⁻¹ year⁻¹) between 1925 to 1940 reflects the pre-war low level of industrialisation with very
198 limited use of non-manure-based fertilizers (Addiscott, 2005); from 1940 to 1955, there was a 1 kg
199 N ha⁻¹ year⁻¹ rise in nitrogen input to 40 kg N ha⁻¹ in 1955. This was the result of the gradual

200 intensification of agriculture during and just after World War II (Foster et al., 1982); a more rapid
 201 rise of $1.5 \text{ kg N ha}^{-1} \text{ year}^{-1}$ from 40 kg N ha^{-1} in 1955 to 70 kg N ha^{-1} (a peak value between 1975
 202 and 1990) in 1975 was due to increases in the use of chemical based fertilizers to meet the food
 203 needs of an expanding population (Addiscott et al., 1991); the nitrogen input declines with a rate of
 204 $1 \text{ kg N ha}^{-1} \text{ year}^{-1}$ from 1991 to 2020 (from 70 kg N ha^{-1} in 1991 to 40 kg N ha^{-1}) as a result of
 205 restrictions on fertilizer application in water resource management (Lord et al., 1999); finally, there
 206 is a constant 40 kg N ha^{-1} nitrogen application from 2020 to 2050, assuming a return to nitrogen
 207 input levels similar to those associated with early intensified farming in the mid-1950s.

208



209

210 Fig. 2 Nitrate input function. Red solid line shows nitrate input spans derived from literature data. Black dots show
 211 individual porewater nitrate concentrations from 300 cored boreholes in the BGS database that have been back-plotted to
 212 give nitrate concentrations at the base of the soil zone at their year of recharge calculated using depth in the profile and
 213 estimated USZ travel time. Blue crosses show average nitrate concentration for a given year calculated from the
 214 porewater data. The nitrogen application rate on the right reflects the historic different levels of industrialisation and the
 215 introduction of measures to reduce the fertilizer application rate (Adapted from Wang et al. (2012))

216 GISGroundwater flow model

217 The thickness of the Permo-Triassic sandstone USZs in the Eden Valley is needed in this study. The
 218 USZ thicknesses used in the study of Wang et al. (2012), which were derived mainly from the
 219 contours on published hydrogeological maps (generally at 1:100,000 scale) and have a spatial
 220 resolution of 1km by 1km, are too coarse for a catchment scale study. Therefore, a simple and
 221 easy-to-use groundwater flow model is needed to simulate the long-term average steady-state

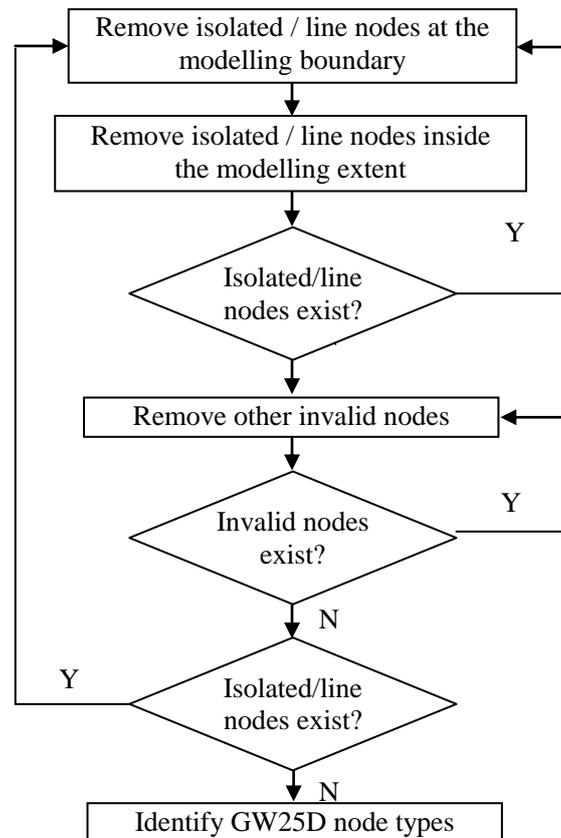
222 GWLs for the area to derive high spatial resolution of the thicknesses of the Permo-Triassic
 223 sandstone USZs.

224 GISGroundwater – a seamless GIS 2-dimensional numerical finite difference groundwater flow
 225 model (Wang et al., 2010) was used in this study. The 2-dimensional steady state groundwater flow
 226 can be expressed by a partial differential equation:

$$227 \quad \frac{d^2 h}{dx^2} + \frac{d^2 h}{dy^2} = \frac{Q^A + Q_z - R \Delta x \Delta y}{Kb \Delta x \Delta y} \quad (1)$$

228 where h is the GWL (L); R is the groundwater recharge ($L T^{-1}$); Q^A is groundwater abstraction rate
 229 ($L^3 T^{-1}$); K is the hydraulic conductivity ($L T^{-1}$) of the aquifer; Q_z is the baseflow rate ($L^3 T^{-1}$); Δx
 230 is the modelling cell size in the x direction; Δy is the modelling cell size in the y direction.

231 The GIS layers can be used directly in GISGroundwater to identify the modelling boundary and
 232 node types, to simplify the process of constructing a groundwater model. The centre of a GIS grid
 233 with a value is treated as a GISGroundwater model node, and some of these nodes calculated from
 234 GIS grids could be invalid for the finite-difference calculation in GISGroundwater. Therefore, a
 235 boundary normalisation process was developed in GISGroundwater to make sure that all GIS grids
 236 are valid for implementing the groundwater flow finite-difference equations. But removing invalid
 237 nodes might create new ones, so an iterative process (Fig. 3) was introduced to fulfil this task. This
 238 means there is no need for users to make efforts to guarantee that a spatial complex shape of
 239 modelling extent are valid for building up a groundwater flow model.



240
 241 Fig. 3 Flow chart for identifying the model boundary in GISGroundwater using a GIS layer

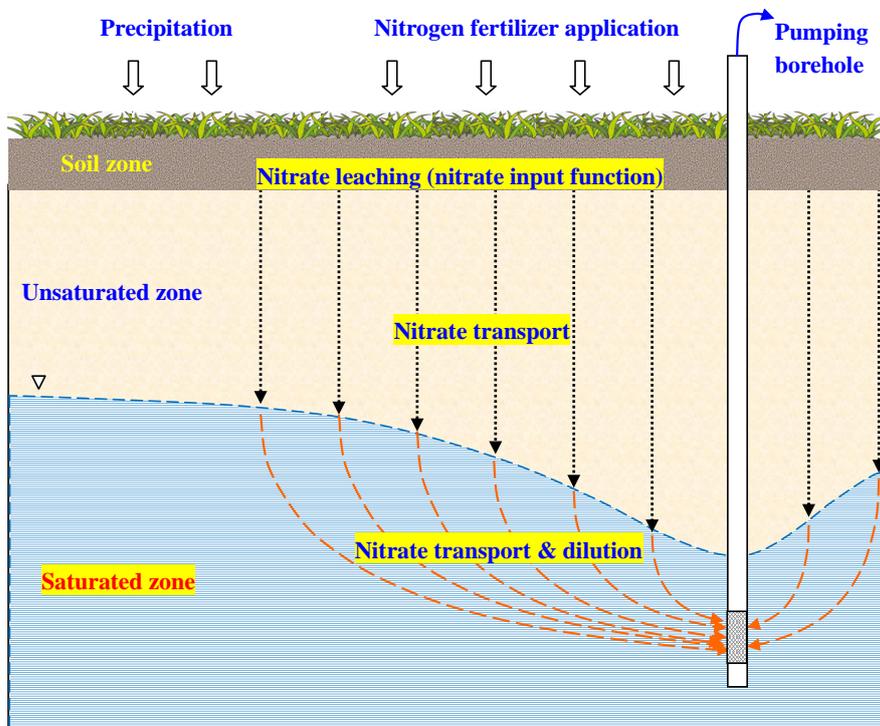
242 GISGroundwater can be easily and efficiently applied to simulate groundwater flow by directly
 243 using GIS format datasets. The Penrith and St Bees Sandstone formations were simplified as a

244 single layer aquifer with a distribution of hydraulic conductivity values. The modelling extent is
245 defined by a (100m by 100m) GIS layer. A GIS layer containing the distributed K values was
246 entered into the model; river nodes and river stages entered were derived from a Centre for Ecology
247 and Hydrology (CEH) river system dataset and a DEM (digital elevation model, 50m by 50m)
248 dataset from CEH; groundwater abstraction data were also entered into the model using a GIS layer.

249 Modelling nitrate dilution in the saturated zone

250 N-FM – a GIS nitrate transport model for the saturated zone was developed to simulate yearly
251 nitrate concentration at a borehole by considering the process of nitrate leaching from the bottom of
252 soil zone, the nitrate movement in the USZ and dilution in the saturated zone. The simulated
253 pumped nitrate concentration in boreholes were compared with observed ones to validate the
254 numerical modelling parameters, such as the nitrate transport velocity in the USZ, the thickness of
255 the USZ, and the aquifer hydraulic conductivity values used for deriving the thickness of the USZ,
256 which will be used to investigate the nitrate lag time in the groundwater system of the study area.

257 Fig. 4 shows the conceptual model of N-FM. The dilution process was simplified by assuming that
258 nitrate arriving at a borehole dilutes in water pumped out of the borehole, and the groundwater flow
259 within a groundwater Source Protection Zone (SPZ) (a groundwater catchment for a pumping
260 borehole), reaches a steady-state, i.e., the long-term recharge volume within a SPZ equals to water
261 pumped out of the borehole in the SPZ. Not all leached nitrate reaches the abstraction borehole due
262 to the attenuation processes in USZs and the saturated zones. Nitrate concentration may be reduced
263 due to denitrification and absorption in USZs; nitrate in the saturated zones will be absorbed by
264 small porous or transports outside of SPZ due to the diffusion and dispersion processes. Therefore a
265 nitrate attenuation coefficient (*NAC*) was introduced into this model. With this conceptual model,
266 the depth of the saturated zone, the thickness of active groundwater zone can be ignored, and the
267 nitrate dispersion and diffusion processes can be simplified in simulating yearly nitrate
268 concentration at a borehole in the SPZ.



269 Fig.4 The sketch map of the conceptual model for the N-FM model.
270

271 The nitrate travel time form the loading point to a borehole is calculated using equations:

272
273

$$TTT_{i,j} = UTT_{i,j} + STT_{i,j} \quad (2)$$

274

$$STT_{i,j} = \frac{Dist_{i,j}}{VS_{i,j}} \quad (3)$$

275

$$VS_{i,j} = \frac{K \times G_{i,j}}{\Phi} \quad (4)$$

276 where $TTT_{i,j}$ (years) is the total nitrate travel time from the ground surface at the modelling cell (i, j)
277 to a borehole; $UTT_{i,j}$ (years) is the nitrate travel time from the loading point at the bottom of soil
278 zone to the water table at the modelling cell (i, j) in the USZ; $STT_{i,j}$ (years) is the nitrate travel time
279 from the water table at the modelling cell (i, j) to a borehole within the saturated zone; Dist (m) is a
280 3D distance between the water table at the modelling cell (i, j) and the screen level of a borehole;
281 $VS_{i,j}$ is the velocity of nitrate transport in saturated zone; K (m day^{-1}) is the hydraulic conductivity
282 for the saturated media in a SPZ; $G_{i,j}$ is the average hydraulic gradient between the water table at
283 the modelling cell (i, j) and the screen level of the borehole; and Φ is the porosity of aquifer
284 media in the SPZ.

285 The amount of nitrate reaching at a borehole in a year N from a cell (i, j) is the nitrate loading in the
286 year (N minus $TTT_{i,j}$) in the cell (determined by nitrate input function); and the total amount of
287 nitrate reaching at the borehole in the year N (TTN_N : mg NO_3) is the sum amount of nitrate for all
288 the modelling cells from different loading years within the SPZ. The actual total nitrate arriving at
289 the borehole ($ATTN_N$: mg NO_3) can be calculated using Equation 5.

290

$$ATTN_N = TTN_N \times (1 - NAC) \quad (5)$$

291 Hence, an average nitrate concentration in year N can be calculated from:

292

$$Ncon_N = \frac{ATTN_N}{Vol} \quad (6)$$

293

$$Vol = PumpRate \times 365 \quad (7)$$

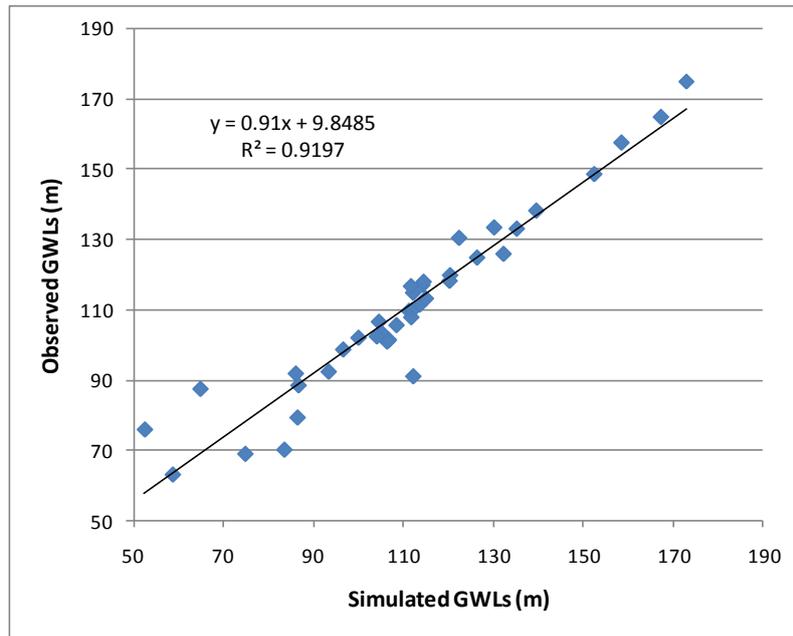
294 where $Ncon_N$ ($\text{mg NO}_3 \text{ l}^{-1}$) is the average nitrate concentration in the water pumped out of a
295 borehole in the year N ; Vol (litre) is the volume of water pumped out from the borehole in a year;
296 and $PumpRate$ (l day^{-1}) is the groundwater pumping rate of the borehole.

297 Results

298 The average groundwater recharge of 1 mm day^{-1} in the UK was used in the groundwater flow
299 modelling using GISGroundwater for the Permo-Triassic sandstone in the Eden Valley. The
300 groundwater flow model was calibrated by comparing the simulated long-term average GWLs with
301 observed ones in 39 boreholes. Fig. 5 shows that the modelled and observed GWLs are in line
302 indicating that the steady-state groundwater flow model for the study area was well calibrated. The
303 K values for modelling the groundwater flow in Penrith Sandstone and St Bees Sandstone are 3.5 m
304 day^{-1} and 0.6 m day^{-1} respectively. The distributed Permo-Triassic sandstone USZ thickness map for
305 the area was then derived by subtracting the modelled long-term average GWLs from the DEM
306 dataset.

307 The calculated USZ thickness, GWLs, and the K values for the Permo-Triassic sandstone from the

308 calibrated groundwater flow model were used in modelling nitrate dilution in saturated zone in the
 309 SPZ of Bowscar to the northwest of the study area (Fig. 1). It is understood that nitrate is travelling
 310 with a velocity of around 3 m year⁻¹ in the Permo-Triassic sandstone USZs from previous study in
 311 the area (Butcher et al 2008); a 400-day zone in Bowscar SPZ was used to simulate the yearly
 312 nitrate concentration in its borehole (with a pumping rate of 1.5 MI day⁻¹ and a screen level of about
 313 117 m AOD); the nitrate input function in Fig. 2 was used in the simulation; the calibrated value for
 314 the nitrate attenuation coefficient is 0.2 (20% nitrate is attenuated in the groundwater system). The
 315 model was calibrated by comparing the simulated with observed yearly nitrate concentrations in the
 316 Bowscar borehole. The modelled result can reflect the trend of nitrate concentration in the borehole
 317 (Fig. 6). This implies that the understanding of the nitrate travel velocity in the Permo-Triassic
 318 sandstone USZs is correct; the thickness of USZs derived from groundwater flow modelling is
 319 reliable; and the nitrate input function can be used for this study area. Based on these validated
 320 parameters and datasets, the detailed nitrate lag time the Permo-Triassic sandstone USZs in the
 321 Eden Valley was simulated using the nitrate time bomb model.

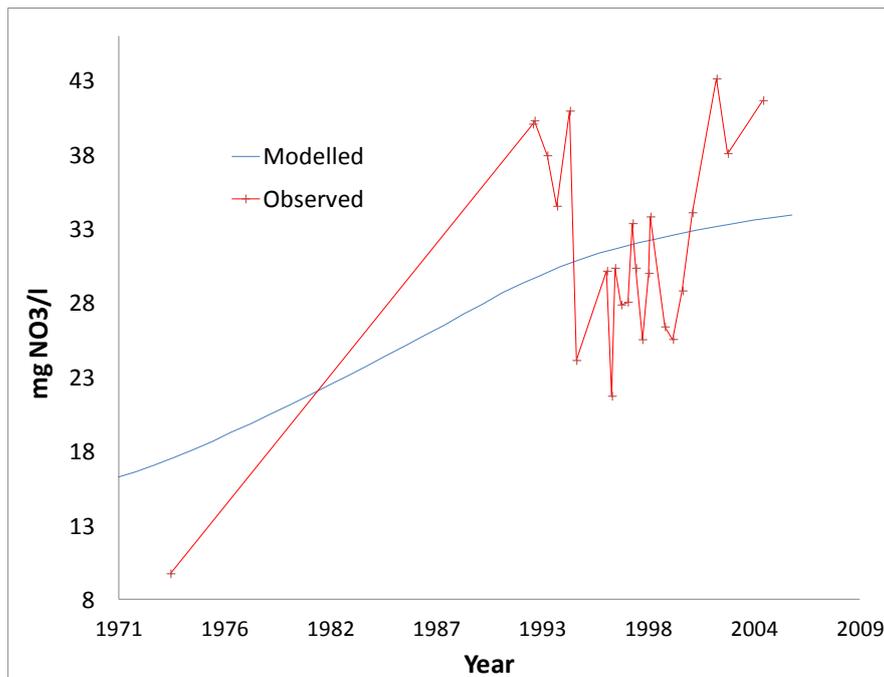


322
 323 Fig. 5 Correlations between observed and modelled long-term steady-state groundwater levels (GWLs).

324 In the study area, the modelled thickness of the Permo-Triassic sandstone USZs is greatest, 183 m
 325 in the northwest of the Eden Valley, and reduces to 0 m (i.e. GWLs are the same elevation as the
 326 river stages) along the River Eden and its tributaries. SPZs generally have a thicker USZ than other
 327 parts of the study area.

328 The nitrate travel time in the Permo-Triassic sandstone USZs correlating with the USZ thickness,
 329 ranges from 0 to 61 years with a mean value of 12 years; strip areas along streams have short travel
 330 times (0-1 year) due to thin USZs, whilst mountainous areas in the east and west of the Eden Valley
 331 have longer nitrate travel times.

332 The nitrate arriving at the water table and entering the saturated zone in the area in 2010 was loaded
 333 into the USZs from the bottom of the soil layer during 1940s – 2000s (Fig. 7). The groundwater
 334 nitrate in the area was mainly from 1980s – 2000s, whilst the groundwater nitrate in the most of
 335 SPZs leached into the system during 1940s – 1970s. The peak nitrate loading around 1983 has
 336 affected most of the study area. For areas around the SPZs of Bowscar, Beacon Edge, Low Plains,
 337 Nord Vue, Dale Springs, Gamblesby, Bankwood Springs, and Cliburn, the peak nitrate loading will
 338 arrive at the water table in the next 34 years (Fig. 8). Statistical analysis shows that 8.7% of the
 339 Penrith Sandstone and 7.3% of the St Bees Sandstone have not been affected by peak nitrate.



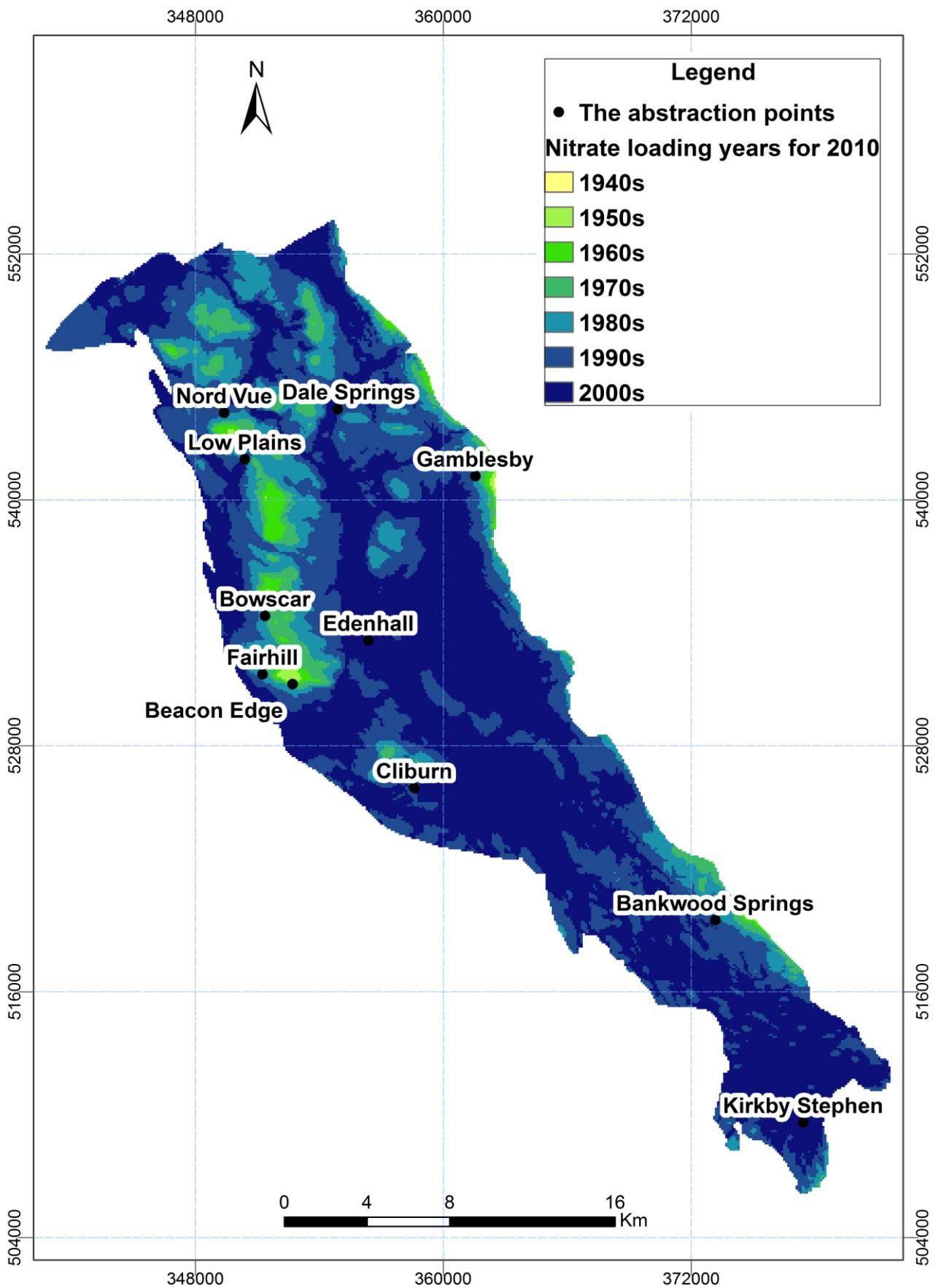
340 Fig. 6 The modelled and observed yearly nitrate concentration in the Bowscar borehole.

341 The distributed maps for nitrate concentration at the water table for each year between 1925 and
 342 2040 were produced. The results show that the average nitrate concentration at the water table
 343 across the study area has reached its peak and will decrease over the next 30 years (Fig. 9). Some of
 344 unaffected areas with thicker USZs around Beacon Edge, Fairhills, Bowscar, Nord Vue, Low Plains,
 345 Gamblesby, and Bankwood Springs, will be affected by peak nitrate loadings between 2020 and
 346 2030, and then retain a high nitrate concentration level ($171.5 \text{ mg NO}_3 \text{ l}^{-1}$) (before any groundwater
 347 dilution) around 2040. Two time series of the average nitrate concentration at the water table of the
 348 two major aquifers of the Eden Valley have been produced (Fig. 10). It suggests that the Penrith
 349 Sandstone and St Bees Sandstone have almost the same trend of average nitrate concentration
 350 change (before any groundwater dilution) at the water table. The nitrate concentrations at the water
 351 table of both aquifers reached the peak around 1995, and have declined since then. It is worth
 352 noting that the unrealistic high nitrate concentration in Fig. 9 is not the bulk groundwater nitrate
 353 concentration but the one at the water table (For modelling purposes it was assumed that nitrate
 354 stays at a very thin layer at the water table before the dilution process). However, the nitrate
 355 concentration at the water table is a good indicator of the trend of nitrate present in the groundwater
 356 regime.

357 Discussion

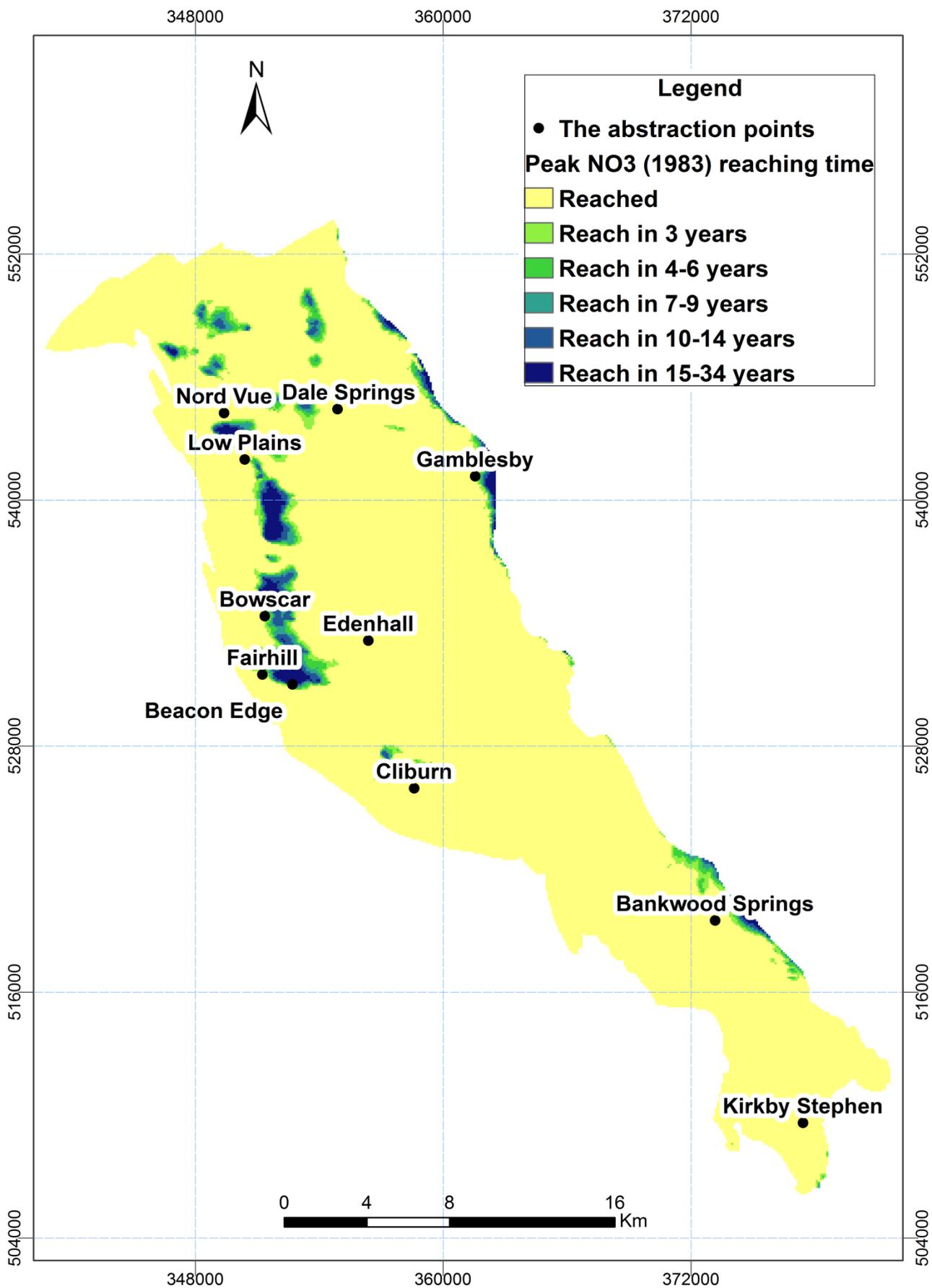
358 A significant and spatially variable thickness of the USZs, which determines the nitrate lag time in
 359 the USZs, is one of the major controls on nitrate groundwater concentrations in the area. This lag
 360 time between surface nitrate loading and entry to groundwater is rarely taken into account in current
 361 environmental management strategies, but it is critical to effective management and control of
 362 nutrient pollution. The method developed in this study can answer the question of when the nitrate
 363 in the groundwater at any a time point was loaded into the unsaturated zones, such as Fig. 7; the
 364 modelled results can also provide the information on the time when the historic peak nitrate loading
 365 has reached (or will reach) the water table in the area (e.g. Fig. 8); according to groundwater quality
 366 observations, whilst most have low nitrate concentrations, there are a significant number of
 367 boreholes where nitrate concentrations are above $50 \text{ mg NO}_3 \text{ l}^{-1}$ but there does not appear to be a
 368 systematic distribution of these higher nitrate groundwater bodies (Butcher et al., 2003). Most parts
 369 of the study area have been affected by the peak nitrate loading (around 1983), and the nitrate

370 entering the groundwater system is now declining. This explains the low nitrate concentration in the
371 most of the study area; but for those SPZs with variable thicker USZs, some of them are being
372 affected or will be affected by the peak nitrate loading showing locally high or increasing nitrate
373 groundwater concentrations. This explains why some boreholes have high and (or) increasing
374 nitrate concentrations. These results are significant in supporting decision making for achieving
375 environmental objectives in much shorter timescales. For example, the decreasing trend of the
376 average groundwater nitrate concentration is good news, however, special attention should be paid
377 to the areas where the historic peak nitrate loading has not yet arrived; the better appreciation of the
378 nitrate lag time in the USZs in the study area could mean that inappropriate controls are avoided as
379 a result of removing conflicts between decision makers, environmentalists and industry. Moreover,
380 the results of studies like this should also help decision makers to define a sensible timescale to
381 witness the effect of an action.



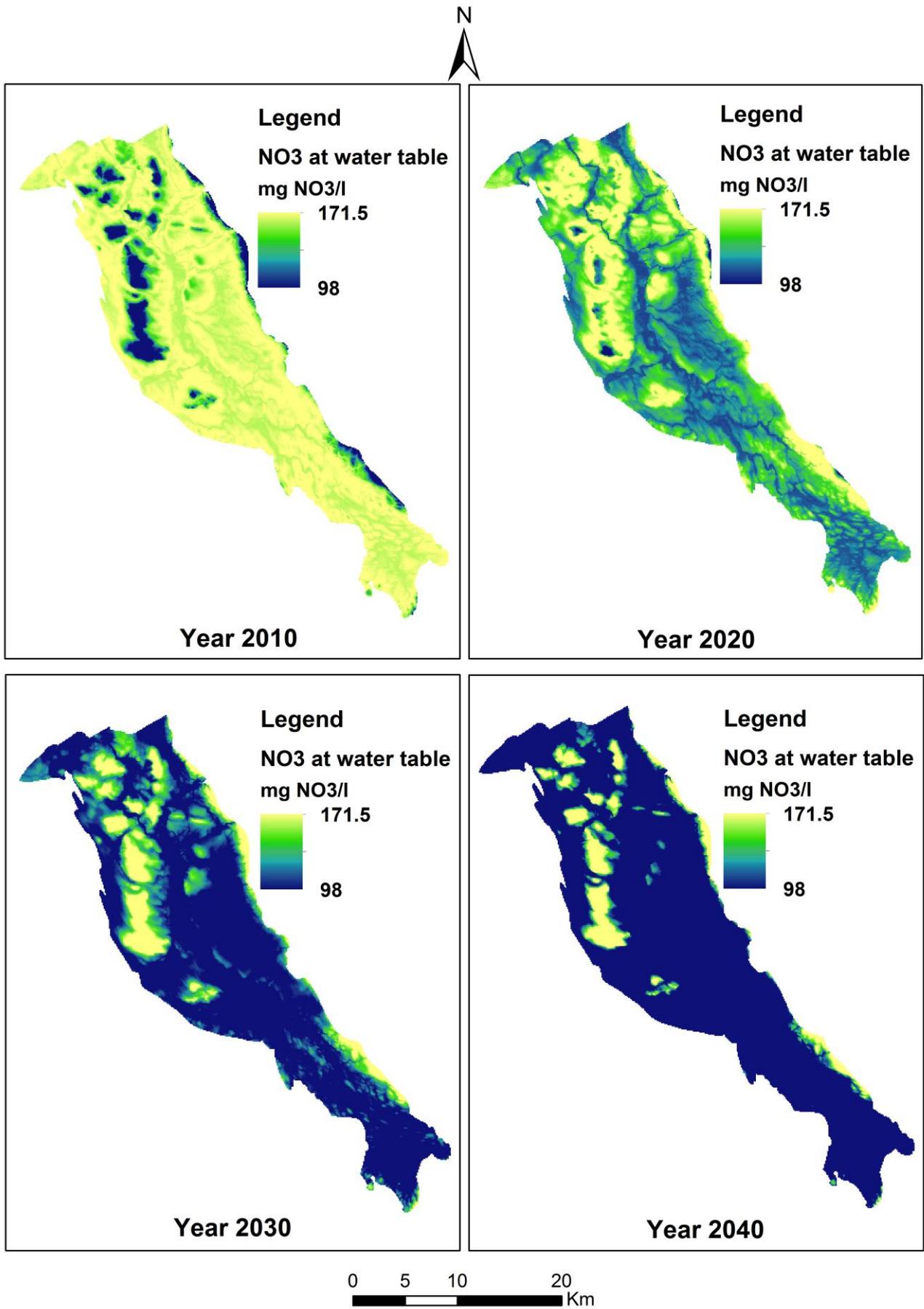
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Fig. 7 The loading time for nitrate arriving at the water table of the Eden Valley in 2010.



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Fig. 8 The future arrival time for the peak nitrate loading (around 1983) from 2010



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Fig. 9 The modelled nitrate concentrations at water table in the next 30 years

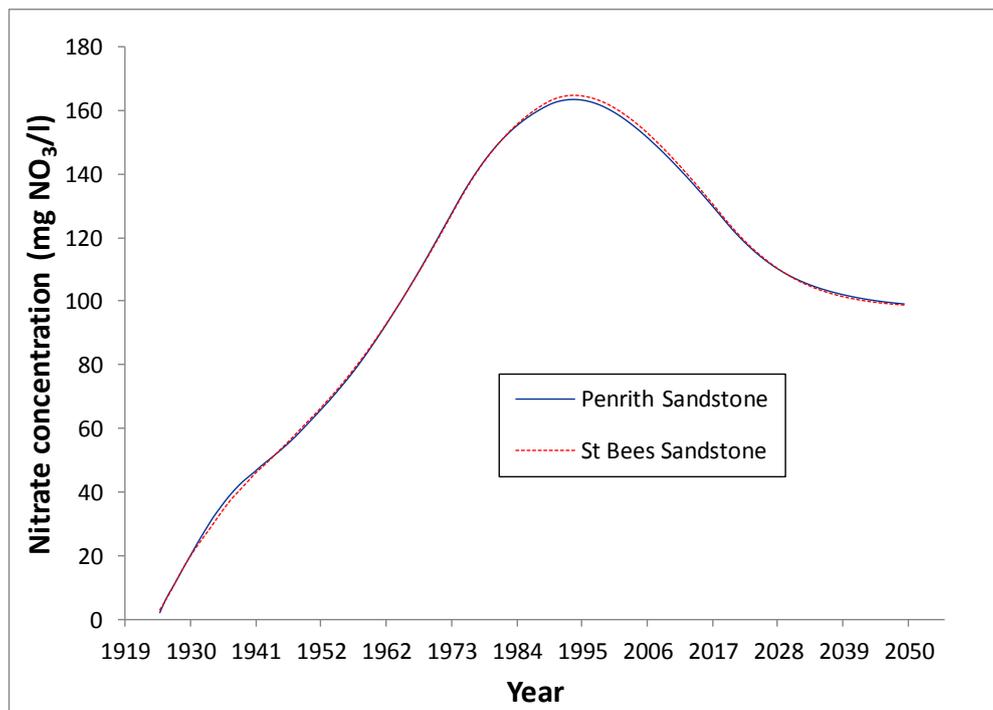


Fig. 10 The time series of the average nitrate concentration at the water table (before groundwater dilution) of two major aquifers in the Eden Valley

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As mentioned above, groundwater and river water may heavily influence each other's qualities through the groundwater-surface water interactions. Therefore, it is necessary to study the impact of nitrate lag time in the USZs on both groundwater and surface water in an integrated way in the future study.

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The method and models developed in this study are readily-transferable to other regions for any diffuse conservative pollutant. In other numerical modelling work that is relevant to our study, most of numeric models have a very large number of parameters (e.g. Almasri and Kaluarachchi, 2007; Krause et al., 2008; Ledoux et al., 2007), but the models adopted in this study have a limited number of parameters that are generally readily available, thus making their applications easier.

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It was assumed in this study that the source of nitrate is from agricultural diffuse source and the land-use in the area were simplified as one single average type hence a single nitrate input function. Butcher et al., (2003) argued that localised nitrate point sources near to small volume abstractions might be another reason for the unevenly distributed groundwater nitrate concentrations. In addition, a constant groundwater recharge value was used in this study. Therefore, it would be useful to consider detailed land-use types, the nitrate point sources and detailed distributed groundwater recharge in the future study.

413 Conclusions

414 The nitrate transport process and its lag time in the thick Permo-Triassic sandstone USZs and
415 saturated zones at a catchment scale can be simulated through an integrated modelling method that
416 involves the nitrate time bomb, GISGroundwater, and N-FM numerical models. This method is
417 readily-transferable to other areas for any diffuse conservative pollutant.

418 The study area has a variable thickness of the USZ (0 – 183 m) hence a large range of nitrate
419 transport time (lag time) in the USZ (up to about 60 years). Groundwater nitrate in most of the area
420 was from the 1980s – 2000s, whilst the groundwater nitrate in some of SPZs was loaded into the
421 system during the 1940s – 1970s; the peak nitrate loading around 1983 has affected most of the

422 study area, and will arrive at the water table in some of SPZs within the next 34 years. Large and
423 spatially variable thickness of the USZ is one of the major reasons for unevenly distributed
424 groundwater nitrate concentrations in the study area. The average nitrate concentration in the whole
425 area, which reached the peak value around 1995, has a declining trend, but the areas with thicker
426 USZs, which have not been affected by the peak nitrate loading, will be subject to a localised high
427 or increasing groundwater nitrate concentrations in the next few decades. These findings are
428 significant in supporting decision making for achieving environmental objectives in shorter
429 timescales and in defining a reasonable timescale before seeing groundwater quality improvements
430 resulting from management actions.

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434 **Conflict of interest**

435 The authors declare that they have no conflict of interest. The guest editors/authors declare that they
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